

**Wydarzenie:** Runmageddon Wrocław  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2019-04-13  
**Miejsce:** Wrocław  
**Dystans:** 6 km

Klasyfikacja: 12:45

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
1	KAPUŚCIŃSKI Jakub	2853		Open Mężczyzn	67	12:45	00:56:31.60	00:56:31.60		9:25	6.4 (100%)
2	KOPEĆ Tomasz	2859		Open Mężczyzn	88	12:45	00:58:03.75	00:58:03.75	+00:01:32 (2.6%)	9:40	6.2 (96.9%)
3	DYBA Jacek	2787	CROSSFIT LUBIN	Open Masters Mężczyzn	25	12:45	00:59:47.50	00:59:47.50	+00:03:15 (5.5%)	9:57	6 (93.8%)
4	KRZYSTYŃIAK Grzegorz	2868		Open Mężczyzn	185	12:45	01:03:16.00	01:03:16.00	+00:06:44 (10.7%)	10:32	5.7 (89.1%)
5	KOWALCZYK Maciej	2862		Open Mężczyzn	201	12:45	01:04:18.35	01:04:18.35	+00:07:46 (12.1%)	10:43	5.6 (87.5%)
6	KAWAŁKO Karol	2854		Open Mężczyzn	205	12:45	01:04:30.25	01:04:30.25	+00:07:58 (12.4%)	10:45	5.6 (87.5%)
7	PAWLAK Aleksander	2880		Open Mężczyzn	277	12:45	01:06:57.75	01:06:57.75	+00:10:26 (15.6%)	11:09	5.4 (84.4%)
8	KLEIN Jakub	2856		Open Mężczyzn	283	12:45	01:07:10.00	01:07:10.00	+00:10:38 (15.8%)	11:11	5.4 (84.4%)
9	MATUSZCZYK Łukasz	2871		Open Mężczyzn	300	12:45	01:07:35.15	01:07:35.15	+00:11:03 (16.4%)	11:15	5.3 (82.8%)
10	MISIEC Tadeusz	2876		Open Mężczyzn	312	12:45	01:07:55.60	01:07:55.60	+00:11:24 (16.8%)	11:19	5.3 (82.8%)
11	STASIEWICZ Grzegorz	2887		Open Mężczyzn	315	12:45	01:07:56.55	01:07:56.55	+00:11:24 (16.8%)	11:19	5.3 (82.8%)
12	MISIEC Andrzej	2875		Open Mężczyzn	316	12:45	01:07:57.05	01:07:57.05	+00:11:25 (16.8%)	11:19	5.3 (82.8%)
13	DOBRYŃSKI Damian	2842		Open Mężczyzn	387	12:45	01:10:12.90	01:10:12.90	+00:13:41 (19.5%)	11:42	5.1 (79.7%)
14	KONICKI Grzegorz	3643	MUSZE LECIEĆ	Open Mężczyzn	424	12:45	01:10:54.85	01:10:54.85	+00:14:23 (20.3%)	11:49	5.1 (79.7%)
15	GABOR Michał	2810	MUSZE LECIEĆ	Open Mężczyzn	425	12:45	01:10:54.90	01:10:54.90	+00:14:23 (20.3%)	11:49	5.1 (79.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
16	<b>JAŚKIEWICZ Krzysztof</b>	<b>2789</b>	CROSSFIT LUBIN	Open Masters Mężczyzn	88	12:45	<b>01:12:48.65</b>	<b>01:12:48.65</b>	+00:16:17 (22.4%)	12:08	4.9 (76.6%)
17	<b>PIĄTEK Łukasz</b>	<b>2881</b>		Open Mężczyzn	624	12:45	<b>01:15:44.05</b>	<b>01:15:44.05</b>	+00:19:12 (25.4%)	12:37	4.8 (75.0%)
18	<b>MROCZKOWSKA Renata</b>	<b>2877</b>		Open Kobiet	126	12:45	<b>01:16:20.75</b>	<b>01:16:20.75</b>	+00:19:49 (26.0%)	12:43	4.7 (73.4%)
19	<b>DUKIEL Przemysław</b>	<b>2844</b>		Open Masters Mężczyzn	114	12:45	<b>01:16:21.75</b>	<b>01:16:21.75</b>	+00:19:50 (26.0%)	12:43	4.7 (73.4%)
20	<b>STARZEC Sławomir</b>	<b>2886</b>		Open Mężczyzn	666	12:45	<b>01:16:45.30</b>	<b>01:16:45.30</b>	+00:20:13 (26.4%)	12:47	4.7 (73.4%)
21	<b>DUKIEL Artur</b>	<b>2994</b>		Open Masters Mężczyzn	117	12:45	<b>01:17:00.00</b>	<b>01:17:00.00</b>	+00:20:28 (26.6%)	12:50	4.7 (73.4%)
22	<b>TORBUS Marcin</b>	<b>2890</b>		Open Mężczyzn	689	12:45	<b>01:17:14.95</b>	<b>01:17:14.95</b>	+00:20:43 (26.8%)	12:52	4.7 (73.4%)
23	<b>CZERECH Łukasz</b>	<b>2840</b>		Open Mężczyzn	692	12:45	<b>01:17:18.80</b>	<b>01:17:18.80</b>	+00:20:47 (26.9%)	12:53	4.7 (73.4%)
24	<b>HANISZ Krzysztof</b>	<b>2849</b>		Open Mężczyzn	694	12:45	<b>01:17:20.15</b>	<b>01:17:20.15</b>	+00:20:48 (26.9%)	12:53	4.7 (73.4%)
25	<b>RATAJSKI Przemek</b>	<b>2882</b>		Open Mężczyzn	740	12:45	<b>01:18:15.45</b>	<b>01:18:15.45</b>	+00:21:43 (27.8%)	13:02	4.6 (71.9%)
26	<b>KACHEL Agata</b>	<b>2817</b>	SZTURM	Open Kobiet	156	12:45	<b>01:18:19.40</b>	<b>01:18:19.40</b>	+00:21:47 (27.8%)	13:03	4.6 (71.9%)
27	<b>MUREK Łukasz</b>	<b>2797</b>	FABRYKA FORMY BYTOM	Open Mężczyzn	742	12:45	<b>01:18:19.75</b>	<b>01:18:19.75</b>	+00:21:48 (27.8%)	13:03	4.6 (71.9%)
28	<b>GRZEGORZEWSKI Michał</b>	<b>2809</b>	MANDOLINA	Open Mężczyzn	806	12:45	<b>01:19:42.20</b>	<b>01:19:42.20</b>	+00:23:10 (29.1%)	13:17	4.5 (70.3%)
29	<b>SIWY Piotr</b>	<b>2767</b>	CROSSFIT LUBIN	Open Masters Mężczyzn	138	12:45	<b>01:20:16.05</b>	<b>01:20:16.05</b>	+00:23:44 (29.6%)	13:22	4.5 (70.3%)
30	<b>SIWA Aleksandra</b>	<b>2766</b>	CROSSFIT LUBIN	Open Kobiet	191	12:45	<b>01:20:16.30</b>	<b>01:20:16.30</b>	+00:23:44 (29.6%)	13:22	4.5 (70.3%)
31	<b>STARZYK Klaudia</b>	<b>2791</b>	CROSSFIT LUBIN	Open Kobiet	192	12:45	<b>01:20:17.00</b>	<b>01:20:17.00</b>	+00:23:45 (29.6%)	13:22	4.5 (70.3%)
32	<b>RODAK Agnieszka</b>	<b>2790</b>	CROSSFIT LUBIN	Open Masters Kobiet	39	12:45	<b>01:20:55.60</b>	<b>01:20:55.60</b>	+00:24:24 (30.2%)	13:29	4.4 (68.8%)
33	<b>GRZEGORZEWSKI Krzysztof</b>	<b>2788</b>	CROSSFIT LUBIN	Open Masters Mężczyzn	144	12:45	<b>01:20:56.25</b>	<b>01:20:56.25</b>	+00:24:24 (30.2%)	13:29	4.4 (68.8%)
34	<b>BISKUPSKI Karol</b>	<b>2833</b>		Open Mężczyzn	863	12:45	<b>01:20:59.80</b>	<b>01:20:59.80</b>	+00:24:28 (30.2%)	13:29	4.4 (68.8%)
35	<b>GRABARCZYK Łukasz</b>	<b>2808</b>	MANDOLINA	Open Mężczyzn	865	12:45	<b>01:21:04.75</b>	<b>01:21:04.75</b>	+00:24:33 (30.3%)	13:30	4.4 (68.8%)
36	<b>GAMBAL Adrian</b>	<b>2845</b>		Open Mężczyzn	879	12:45	<b>01:21:17.15</b>	<b>01:21:17.15</b>	+00:24:45 (30.5%)	13:32	4.4 (68.8%)
37	<b>SPYRKA Grzegorz</b>	<b>2885</b>		Open Mężczyzn	881	12:45	<b>01:21:17.50</b>	<b>01:21:17.50</b>	+00:24:45 (30.5%)	13:32	4.4 (68.8%)
38	<b>RUDNICKI Piotr</b>	<b>2883</b>		Open Mężczyzn	884	12:45	<b>01:21:18.95</b>	<b>01:21:18.95</b>	+00:24:47 (30.5%)	13:33	4.4 (68.8%)

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39	<b>DZIERŻAK Arkadiusz</b>	<b>2803</b>	HUSARIA RACE TEAM	Open Masters Mężczyzn	151	12:45	<b>01:21:28.40</b>	<b>01:21:28.40</b>	+00:24:56 (30.6%)	13:34	4.4 (68.8%)
40	<b>DZIERŻAK Elżbieta</b>	<b>2804</b>	HUSARIA RACE TEAM	Open Masters Kobiet	42	12:45	<b>01:21:29.30</b>	<b>01:21:29.30</b>	+00:24:57 (30.6%)	13:34	4.4 (68.8%)
41	<b>SZLĘZAK Magdalena</b>	<b>2764</b>	BYŁYBYŚMY PIERWSZE ALE POMAGAŁYŚMY CHŁOPAKOM	Open Kobiet	235	12:45	<b>01:22:46.95</b>	<b>01:22:46.95</b>	+00:26:15 (31.7%)	13:47	4.3 (67.2%)
42	<b>KAMIŃSKA Aleksandra</b>	<b>2763</b>	BYŁYBYŚMY PIERWSZE ALE POMAGAŁYŚMY CHŁOPAKOM	Open Kobiet	236	12:45	<b>01:22:47.85</b>	<b>01:22:47.85</b>	+00:26:16 (31.7%)	13:47	4.3 (67.2%)
43	<b>HALBA Grażyna</b>	<b>2762</b>	BYŁYBYŚMY PIERWSZE ALE POMAGAŁYŚMY CHŁOPAKOM	Open Kobiet	237	12:45	<b>01:22:48.40</b>	<b>01:22:48.40</b>	+00:26:16 (31.7%)	13:48	4.3 (67.2%)
44	<b>BARCZEWSKA Karolina</b>	<b>2832</b>		Open Kobiet	280	12:45	<b>01:23:57.50</b>	<b>01:23:57.50</b>	+00:27:25 (32.7%)	13:59	4.3 (67.2%)
45	<b>WIŚNIEWSKI Arkadiusz</b>	<b>2894</b>		Open Mężczyzn	1001	12:45	<b>01:23:59.15</b>	<b>01:23:59.15</b>	+00:27:27 (32.7%)	13:59	4.3 (67.2%)
46	<b>STROJNA Brygida</b>	<b>2786</b>	CROSSFIT HELLWOOD	Open Kobiet	320	12:45	<b>01:25:00.90</b>	<b>01:25:00.90</b>	+00:28:29 (33.5%)	14:10	4.2 (65.6%)
47	<b>DRUŻYŃSKA Olena</b>	<b>2768</b>	CROSSFIT HELLWOOD	Open Kobiet	321	12:45	<b>01:25:02.00</b>	<b>01:25:02.00</b>	+00:28:30 (33.5%)	14:10	4.2 (65.6%)
48	<b>NOWAKOWSKA-TRZASKA Joanna</b>	<b>2781</b>	CROSSFIT HELLWOOD	Open Kobiet	322	12:45	<b>01:25:02.05</b>	<b>01:25:02.05</b>	+00:28:30 (33.5%)	14:10	4.2 (65.6%)
49	<b>IGNASIAK Aleksandra</b>	<b>2773</b>	CROSSFIT HELLWOOD	Open Kobiet	323	12:45	<b>01:25:02.30</b>	<b>01:25:02.30</b>	+00:28:30 (33.5%)	14:10	4.2 (65.6%)
50	<b>MICHALIK Natalia</b>	<b>2780</b>	CROSSFIT HELLWOOD	Open Kobiet	324	12:45	<b>01:25:02.65</b>	<b>01:25:02.65</b>	+00:28:31 (33.5%)	14:10	4.2 (65.6%)
51	<b>KRENT Maciej</b>	<b>3284</b>		Open Mężczyzn	1068	12:45	<b>01:25:13.20</b>	<b>01:25:13.20</b>	+00:28:41 (33.7%)	14:12	4.2 (65.6%)
52	<b>DOBRZRŃSKI Krystian</b>	<b>2622</b>	DPD RUNN	Open Mężczyzn	1098	12:45	<b>01:25:58.40</b>	<b>01:25:58.40</b>	+00:29:26 (34.3%)	14:19	4.2 (65.6%)
53	<b>RAFALSKA-LESZNAR Ewelina</b>	<b>2784</b>	CROSSFIT HELLWOOD	Open Kobiet	346	12:45	<b>01:24:00.00</b>	<b>01:26:00.00</b>	+00:29:28 (34.3%)	14:00	4.3 (67.2%)
54	<b>KRAMCZYŃSKI Mateusz</b>	<b>2866</b>		Open Mężczyzn	1159	12:45	<b>01:27:02.60</b>	<b>01:27:02.60</b>	+00:30:31 (35.1%)	14:30	4.1 (64.1%)
55	<b>BOROWIEC Paulina</b>	<b>2836</b>		Open Kobiet	387	12:45	<b>01:27:38.80</b>	<b>01:27:38.80</b>	+00:31:07 (35.5%)	14:36	4.1 (64.1%)
55	<b>BOCZNIEWICZ Agnieszka</b>	<b>2835</b>		Open Kobiet	387	12:45	<b>01:27:38.80</b>	<b>01:27:38.80</b>	+00:31:07 (35.5%)	14:36	4.1 (64.1%)
57	<b>BURAS Łukasz</b>	<b>2837</b>		Open Mężczyzn	1179	12:45	<b>01:27:39.00</b>	<b>01:27:39.00</b>	+00:31:07 (35.5%)	14:36	4.1 (64.1%)
58	<b>KOPKA Marcin</b>	<b>2860</b>		Open Mężczyzn	1180	12:45	<b>01:27:39.65</b>	<b>01:27:39.65</b>	+00:31:08 (35.5%)	14:36	4.1 (64.1%)
59	<b>DUBIAK Marcin</b>	<b>3970</b>		Open Mężczyzn	1181	12:45	<b>01:27:40.45</b>	<b>01:27:40.45</b>	+00:31:08 (35.5%)	14:36	4.1 (64.1%)
60	<b>MICHALSKI Mateusz</b>	<b>2874</b>		Open Mężczyzn	1182	12:45	<b>01:27:40.85</b>	<b>01:27:40.85</b>	+00:31:09 (35.5%)	14:36	4.1 (64.1%)
61	<b>BITNER Łukasz</b>	<b>2621</b>	DPD RUNN	Open Mężczyzn	1192	12:45	<b>01:27:58.20</b>	<b>01:27:58.20</b>	+00:31:26 (35.7%)	14:39	4.1 (64.1%)

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62	<b>OSMÓLSKI Daniel</b>	<b>2627</b>	DPD RUNN	Open Mężczyzn	1193	12:45	<b>01:27:58.90</b>	<b>01:27:58.90</b>	+00:31:27 (35.8%)	14:39	4.1 (64.1%)
63	<b>LANGE Ela</b>	<b>2626</b>	DPD RUNN	Open Masters Kobiet	69	12:45	<b>01:28:10.70</b>	<b>01:28:10.70</b>	+00:31:39 (35.9%)	14:41	4.1 (64.1%)
64	<b>TAMECKI Artur</b>	<b>2628</b>	DPD RUNN	Open Mężczyzn	1205	12:45	<b>01:28:11.15</b>	<b>01:28:11.15</b>	+00:31:39 (35.9%)	14:41	4.1 (64.1%)
65	<b>HRYSHKEVICH Dzmitry</b>	<b>2624</b>	DPD RUNN	Open Mężczyzn	1206	12:45	<b>01:28:11.35</b>	<b>01:28:11.35</b>	+00:31:39 (35.9%)	14:41	4.1 (64.1%)
65	<b>BARTOSIAK Angelika</b>	<b>2620</b>	DPD RUNN	Open Kobiet	403	12:45	<b>01:28:11.35</b>	<b>01:28:11.35</b>	+00:31:39 (35.9%)	14:41	4.1 (64.1%)
67	<b>KOZŁOWSKI Sebastian</b>	<b>2625</b>	DPD RUNN	Open Mężczyzn	1207	12:45	<b>01:28:11.75</b>	<b>01:28:11.75</b>	+00:31:40 (35.9%)	14:41	4.1 (64.1%)
68	<b>DUDZIŃSKA Iwona</b>	<b>2623</b>	DPD RUNN	Open Kobiet	405	12:45	<b>01:28:11.90</b>	<b>01:28:11.90</b>	+00:31:40 (35.9%)	14:41	4.1 (64.1%)
69	<b>BARSUKOVA Daria</b>	<b>2983</b>		Open Kobiet	406	12:45	<b>01:18:40.80</b>	<b>01:28:17.85</b>	+00:31:46 (36.0%)	13:06	4.6 (71.9%)
70	<b>MAJCHRZAK Damian</b>	<b>2824</b>	ZEC	Open Mężczyzn	1243	12:45	<b>01:28:47.30</b>	<b>01:28:47.30</b>	+00:32:15 (36.3%)	14:47	4.1 (64.1%)
71	<b>MAJCHRZAK Agnieszka</b>	<b>2823</b>	ZEC	Open Kobiet	427	12:45	<b>01:28:53.50</b>	<b>01:28:53.50</b>	+00:32:21 (36.4%)	14:48	4.1 (64.1%)
72	<b>WAJSZCZYK Tomasz</b>	<b>2891</b>		Open Mężczyzn	1294	12:45	<b>01:29:58.50</b>	<b>01:29:58.50</b>	+00:33:26 (37.2%)	14:59	4 (62.5%)
73	<b>NOWIŃSKI Paweł</b>	<b>2878</b>		Open Mężczyzn	1296	12:45	<b>01:29:59.65</b>	<b>01:29:59.65</b>	+00:33:28 (37.2%)	14:59	4 (62.5%)
74	<b>TERMENA-POLKOWSKA Marta</b>	<b>2802</b>	GROŻNE TERMENIĄTKA	Open Kobiet	487	12:45	<b>01:30:34.85</b>	<b>01:30:34.85</b>	+00:34:03 (37.6%)	15:05	4 (62.5%)
75	<b>TERMENA Marcin</b>	<b>2800</b>	GROŻNE TERMENIĄTKA	Open Mężczyzn	1320	12:45	<b>01:30:35.05</b>	<b>01:30:35.05</b>	+00:34:03 (37.6%)	15:05	4 (62.5%)
76	<b>POLKOWSKI Krzysztof</b>	<b>2799</b>	GROŻNE TERMENIĄTKA	Open Mężczyzn	1325	12:45	<b>01:30:36.30</b>	<b>01:30:36.30</b>	+00:34:04 (37.6%)	15:06	4 (62.5%)
77	<b>KRETOWICZ Michał</b>	<b>2821</b>	ZBICKO	Open Mężczyzn	1392	12:45	<b>01:32:29.05</b>	<b>01:32:29.05</b>	+00:35:57 (38.9%)	15:24	3.9 (60.9%)
78	<b>JASIAK Agnieszka</b>	<b>2820</b>	ZBICKO	Open Kobiet	548	12:45	<b>01:32:30.85</b>	<b>01:32:30.85</b>	+00:35:59 (38.9%)	15:25	3.9 (60.9%)
79	<b>BERENT Krzysztof</b>	<b>2819</b>	ZBICKO	Open Mężczyzn	1393	12:45	<b>01:32:31.30</b>	<b>01:32:31.30</b>	+00:35:59 (38.9%)	15:25	3.9 (60.9%)
80	<b>STILLER Edyta</b>	<b>2822</b>	ZBICKO	Open Kobiet	549	12:45	<b>01:32:31.85</b>	<b>01:32:31.85</b>	+00:36:00 (38.9%)	15:25	3.9 (60.9%)
81	<b>WRONA Tomasz</b>	<b>2752</b>		Open Masters Mężczyzn	250	12:45	<b>01:37:07.40</b>	<b>01:37:07.40</b>	+00:40:35 (41.8%)	16:11	3.7 (57.8%)
82	<b>KANIA Michał</b>	<b>2852</b>		Open Mężczyzn	1554	12:45	<b>01:37:07.60</b>	<b>01:37:07.60</b>	+00:40:36 (41.8%)	16:11	3.7 (57.8%)
83	<b>KOCIEMBA Małgorzata</b>	<b>2858</b>		Open Kobiet	668	12:45	<b>01:37:11.40</b>	<b>01:37:11.40</b>	+00:40:39 (41.8%)	16:11	3.7 (57.8%)
84	<b>KOCIEMBA Karolina</b>	<b>2857</b>		Open Kobiet	669	12:45	<b>01:37:11.95</b>	<b>01:37:11.95</b>	+00:40:40 (41.8%)	16:11	3.7 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
85	<b>HOFMAN-DWOJAK Agnieszka</b>	<b>2827</b>	ZIELONY TEAM	Open Kobiet	676	12:45	<b>01:37:26.15</b>	<b>01:37:26.15</b>	+00:40:54 (42.0%)	16:14	3.7 (57.8%)
86	<b>KOWALSKI Piotr</b>	<b>2864</b>		Open Mężczyzn	1573	12:45	<b>01:37:41.15</b>	<b>01:37:41.15</b>	+00:41:09 (42.1%)	16:16	3.7 (57.8%)
87	<b>SZUBA Jarosław</b>	<b>2888</b>		Open Mężczyzn	1574	12:45	<b>01:37:41.50</b>	<b>01:37:41.50</b>	+00:41:09 (42.1%)	16:16	3.7 (57.8%)
88	<b>JANICKA Joanna</b>	<b>2776</b>	CROSSFIT HELLWOOD	Open Kobiet	686	12:45	<b>01:37:48.55</b>	<b>01:37:48.55</b>	+00:41:16 (42.2%)	16:18	3.7 (57.8%)
89	<b>DYMOPULOS-KUSTO Nela</b>	<b>2769</b>	CROSSFIT HELLWOOD	Open Kobiet	687	12:45	<b>01:37:50.80</b>	<b>01:37:50.80</b>	+00:41:19 (42.2%)	16:18	3.7 (57.8%)
90	<b>MRÓWCZYŃSKI Paweł</b>	<b>2829</b>	ZIELONY TEAM	Open Mężczyzn	1585	12:45	<b>01:37:52.45</b>	<b>01:37:52.45</b>	+00:41:20 (42.2%)	16:18	3.7 (57.8%)
91	<b>TROJANOWSKA Dominika</b>	<b>2830</b>	ZIELONY TEAM	Open Kobiet	690	12:45	<b>01:37:53.40</b>	<b>01:37:53.40</b>	+00:41:21 (42.3%)	16:18	3.7 (57.8%)
92	<b>GARCZAREK Ewa</b>	<b>2826</b>	ZIELONY TEAM	Open Masters Kobiet	103	12:45	<b>01:37:54.65</b>	<b>01:37:54.65</b>	+00:41:23 (42.3%)	16:19	3.7 (57.8%)
93	<b>WIĘCEK Urszula</b>	<b>2831</b>	ZIELONYTEAM	Open Kobiet	693	12:45	<b>01:37:55.60</b>	<b>01:37:55.60</b>	+00:41:24 (42.3%)	16:19	3.7 (57.8%)
94	<b>GRAMACKI Wojciech</b>	<b>2847</b>		Open Mężczyzn	1605	12:45	<b>01:38:28.55</b>	<b>01:38:28.55</b>	+00:41:56 (42.6%)	16:24	3.7 (57.8%)
95	<b>GRAMACKI Piotr</b>	<b>2846</b>		Open Mężczyzn	1606	12:45	<b>01:38:29.05</b>	<b>01:38:29.05</b>	+00:41:57 (42.6%)	16:24	3.7 (57.8%)
96	<b>WĄSIK Nina</b>	<b>2893</b>		Open Kobiet	714	12:45	<b>01:38:29.30</b>	<b>01:38:29.30</b>	+00:41:57 (42.6%)	16:24	3.7 (57.8%)
97	<b>HĘĆKA Katarzyna</b>	<b>2850</b>		Open Kobiet	715	12:45	<b>01:38:29.90</b>	<b>01:38:29.90</b>	+00:41:58 (42.6%)	16:24	3.7 (57.8%)
98	<b>KARBOWNIK Piotr</b>	<b>2777</b>	CROSSFIT HELLWOOD	Open Mężczyzn	1629	12:45	<b>01:39:11.10</b>	<b>01:39:11.10</b>	+00:42:39 (43.0%)	16:31	3.6 (56.3%)
99	<b>BOCZKOWSKA Edyta</b>	<b>2834</b>		Open Kobiet	732	12:45	<b>01:39:14.60</b>	<b>01:39:14.60</b>	+00:42:43 (43.0%)	16:32	3.6 (56.3%)
100	<b>CHOLEWA Monika</b>	<b>2839</b>		Open Kobiet	733	12:45	<b>01:39:14.95</b>	<b>01:39:14.95</b>	+00:42:43 (43.0%)	16:32	3.6 (56.3%)
101	<b>KOWALSKI Rafał</b>	<b>2865</b>		Open Mężczyzn	1709	12:45	<b>01:41:46.30</b>	<b>01:41:46.30</b>	+00:45:14 (44.5%)	16:57	3.5 (54.7%)
102	<b>PAWLUK Grzegorz</b>	<b>3016</b>		Open Mężczyzn	1710	12:45	<b>01:41:47.20</b>	<b>01:41:47.20</b>	+00:45:15 (44.5%)	16:57	3.5 (54.7%)
103	<b>KOWALSKA Izabela</b>	<b>2863</b>		Open Kobiet	773	12:45	<b>01:41:47.50</b>	<b>01:41:47.50</b>	+00:45:15 (44.5%)	16:57	3.5 (54.7%)
104	<b>JACHYMOWSKI Jacek</b>	<b>2775</b>	CROSSFIT HELLWOOD	Open Mężczyzn	1741	12:45	<b>01:43:29.50</b>	<b>01:43:29.50</b>	+00:46:57 (45.4%)	17:14	3.5 (54.7%)
105	<b>JACHOWSKI Andrzej</b>	<b>2774</b>	CROSSFIT HELLWOOD	Open Masters Mężczyzn	275	12:45	<b>01:43:29.90</b>	<b>01:43:29.90</b>	+00:46:58 (45.4%)	17:14	3.5 (54.7%)
106	<b>MATEJA Paweł</b>	<b>2779</b>	CROSSFIT HELLWOOD	Open Mężczyzn	1748	12:45	<b>01:43:39.70</b>	<b>01:43:39.70</b>	+00:47:08 (45.5%)	17:16	3.5 (54.7%)
107	<b>KRZESAJ Agnieszka</b>	<b>2867</b>		Open Kobiet	817	12:45	<b>01:44:19.05</b>	<b>01:44:19.05</b>	+00:47:47 (45.8%)	17:23	3.5 (54.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
108	<b>SZYMAŃSKI Dariusz</b>	<b>2889</b>		Open Mężczyzn	1768	12:45	<b>01:44:20.20</b>	<b>01:44:20.20</b>	+00:47:48 (45.8%)	17:23	3.5 (54.7%)
109	<b>ŚPIKOWSKA Małgorzata</b>	<b>2884</b>		Open Masters Kobiet	126	12:45	<b>01:44:24.35</b>	<b>01:44:24.35</b>	+00:47:52 (45.9%)	17:24	3.4 (53.1%)
110	<b>KAMINSKI Mateusz</b>	<b>2760</b>	BIALI MURZYNI	Open Mężczyzn	1776	12:45	<b>01:45:01.35</b>	<b>01:45:01.35</b>	+00:48:29 (46.2%)	17:30	3.4 (53.1%)
111	<b>ZAWISTOWSKI Mariusz</b>	<b>2761</b>	BIALI MURZYNI	Open Mężczyzn	1777	12:45	<b>01:45:01.70</b>	<b>01:45:01.70</b>	+00:48:30 (46.2%)	17:30	3.4 (53.1%)
112	<b>CHMIELEWSKI Tomasz</b>	<b>2838</b>		Open Mężczyzn	1784	12:45	<b>01:45:38.15</b>	<b>01:45:38.15</b>	+00:49:06 (46.5%)	17:36	3.4 (53.1%)
113	<b>KICIŃSKI Emilian</b>	<b>2855</b>		Open Mężczyzn	1785	12:45	<b>01:45:39.00</b>	<b>01:45:39.00</b>	+00:49:07 (46.5%)	17:36	3.4 (53.1%)
114	<b>KOTRA Aneta</b>	<b>2805</b>	HUSARIA RACE TEAM	Open Kobiet	840	12:45	<b>01:46:13.60</b>	<b>01:46:13.60</b>	+00:49:42 (46.8%)	17:42	3.4 (53.1%)
115	<b>KUTARNIA Dariusz</b>	<b>2869</b>		Open Mężczyzn	1798	12:45	<b>01:46:14.65</b>	<b>01:46:14.65</b>	+00:49:43 (46.8%)	17:42	3.4 (53.1%)
116	<b>BORCZ Fabian</b>	<b>2113</b>		Open Mężczyzn	1824	12:45	<b>01:47:16.95</b>	<b>01:47:16.95</b>	+00:50:45 (47.3%)	17:52	3.4 (53.1%)
117	<b>NOWAK Marcin</b>	<b>2081</b>	KOJOTY	Open Mężczyzn	1825	12:45	<b>01:47:17.30</b>	<b>01:47:17.30</b>	+00:50:45 (47.3%)	17:52	3.4 (53.1%)
118	<b>LAKSA Agnieszka</b>	<b>2778</b>	CROSSFIT HELLWOOD	Open Kobiet	864	12:45	<b>01:48:04.45</b>	<b>01:48:04.45</b>	+00:51:32 (47.7%)	18:00	3.3 (51.6%)
119	<b>PLUTA Grzegorz</b>	<b>2783</b>	CROSSFIT HELLWOOD	Open Mężczyzn	1835	12:45	<b>01:48:04.75</b>	<b>01:48:04.75</b>	+00:51:33 (47.7%)	18:00	3.3 (51.6%)
120	<b>OSIECKI Paweł</b>	<b>2782</b>	CROSSFIT HELLWOOD	Open Mężczyzn	1837	12:45	<b>01:48:17.50</b>	<b>01:48:17.50</b>	+00:51:45 (47.8%)	18:02	3.3 (51.6%)
121	<b>GAJEWSKA Justyna</b>	<b>2770</b>	CROSSFIT HELLWOOD	Open Kobiet	868	12:45	<b>01:48:21.75</b>	<b>01:48:21.75</b>	+00:51:50 (47.8%)	18:03	3.3 (51.6%)
122	<b>VOYTOVYCH Halyna</b>	<b>2814</b>	RUNMAGEDDONOWE ŚWIRY	Open Kobiet	888	12:45	<b>01:50:36.40</b>	<b>01:50:36.40</b>	+00:54:04 (48.9%)	18:26	3.3 (51.6%)
123	<b>WIECZOREK Michał</b>	<b>3645</b>	NA MCHU PAPROCI	Open Mężczyzn	1869	12:45	<b>01:50:51.90</b>	<b>01:50:51.90</b>	+00:54:20 (49.0%)	18:28	3.2 (50.0%)
124	<b>WÓJCIK Zbyszek</b>	<b>3646</b>	NA MCHU PAPROCI	Open Mężczyzn	1873	12:45	<b>01:50:57.70</b>	<b>01:50:57.70</b>	+00:54:26 (49.1%)	18:29	3.2 (50.0%)
125	<b>ŻUREK Marta</b>	<b>3648</b>	NA MCHU PAPROCI	Open Kobiet	889	12:45	<b>01:50:58.45</b>	<b>01:50:58.45</b>	+00:54:26 (49.1%)	18:29	3.2 (50.0%)
126	<b>PATALONG Rafał</b>	<b>3644</b>	NA MCHU PAPROCI	Open Mężczyzn	1874	12:45	<b>01:51:00.30</b>	<b>01:51:00.30</b>	+00:54:28 (49.1%)	18:30	3.2 (50.0%)
126	<b>WRZESIEŃ Aleksandra</b>	<b>3647</b>	NA MCHU PAPROCI	Open Kobiet	890	12:45	<b>01:51:00.30</b>	<b>01:51:00.30</b>	+00:54:28 (49.1%)	18:30	3.2 (50.0%)
128	<b>NORWA Michał</b>	<b>2813</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	1895	12:45	<b>01:52:23.00</b>	<b>01:52:23.00</b>	+00:55:51 (49.7%)	18:43	3.2 (50.0%)
129	<b>KOSTRZEWA Lidia</b>	<b>3995</b>		Open Kobiet	903	12:45	<b>01:52:29.20</b>	<b>01:52:29.20</b>	+00:55:57 (49.7%)	18:44	3.2 (50.0%)
130	<b>SIWY Tomasz</b>	<b>2785</b>	CROSSFIT HELLWOOD	Open Mężczyzn	1920	12:45	<b>01:54:41.85</b>	<b>01:54:41.85</b>	+00:58:10 (50.7%)	19:06	3.1 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Czas netto 6km	Czas brutto 6km	Różn	Tempo min/km	Tempo km/h
131	<b>JĘCZALIK Michał</b>	<b>2812</b>	RUNANYWHERE	Open Mężczyzn	1923	12:45	<b>01:54:20.90</b>	<b>01:55:32.10</b>	+00:59:00 (51.1%)	19:03	3.1 (48.4%)
132	<b>PIĄTEK Przemysław</b>	<b>2807</b>	HUSARIA RACE TEAM	Open Mężczyzn	2004	12:45					(0.0%)
133	<b>HANDY Samanta</b>	<b>2848</b>		Open Kobiet	972	12:45					(0.0%)

Znaleziono 133 wynik(ów)