

Event: RUNMAGEDDON TARCZYŃSKI ARENA WROCŁAW
Organiser: Extreme Events, Runmageddon
Date: 2023-04-01
Place: Wrocław
Distance: 6 km



Classification: M30-34

Place	Participant	Number	Club	Category	MCat	Seria	Net time 6km	Czas brutto 6km	Gap	Pace min/km	Pace km/h
1	JACIÓW Paweł	67	WATAHA	Elite Mężczyzn	2	07:20	00:43:12.35	00:43:12.35		7:12	8.3 (100%)
2	BRZOSKWINIA Wojciech	32	LEMON TEAM	Elite Mężczyzn	7	07:20	00:46:46.65	00:46:46.65	+00:03:34 (7.6%)	7:47	7.7 (92.8%)
3	BOROWSKI Michał	75		Elite Mężczyzn	12	07:20	00:48:19.15	00:48:19.15	+00:05:06 (10.6%)	8:03	7.5 (90.4%)
4	SIKORA Adam	39	MAD RUNNERS	Elite Mężczyzn	15	07:20	00:49:23.90	00:49:23.90	+00:06:11 (12.5%)	8:13	7.3 (88.0%)
5	RYBAK Dawid	59	SOCIOS SILESIA	Elite Mężczyzn	20	07:20	00:51:11.40	00:51:11.40	+00:07:59 (15.6%)	8:31	7 (84.3%)
6	WIERZBICKI Łukasz	80		Elite Mężczyzn	21	07:20	00:51:41.65	00:51:41.65	+00:08:29 (16.4%)	8:36	7 (84.3%)
7	MOSTKOWSKI Łukasz	71	WATAHA	Elite Mężczyzn	24	07:20	00:52:20.50	00:52:20.50	+00:09:08 (17.5%)	8:43	6.9 (83.1%)
8	KONEWKA Jacek	65	WARRIORS ŁÓDŹ	Elite Mężczyzn	31	07:20	00:53:52.85	00:53:52.85	+00:10:40 (19.8%)	8:58	6.7 (80.7%)
9	KUPIS Łukasz	25	GORĄCY POTOK TEAM	Elite Mężczyzn	32	07:20	00:53:54.35	00:53:54.35	+00:10:42 (19.8%)	8:59	6.7 (80.7%)
10	VEPŘEK Martin	79		Elite Mężczyzn	35	07:20	00:54:31.00	00:54:31.00	+00:11:18 (20.7%)	9:05	6.6 (79.5%)
11	GINALSKI Igor	275	CARBON SILESIA SPORT	Elite Mężczyzn	36	07:50	00:54:32.75	00:54:32.75	+00:11:20 (20.8%)	9:05	6.6 (79.5%)
12	GAGON Denis	103	DENISTEAM	Elite Mężczyzn	41	07:30	00:55:22.75	00:55:22.75	+00:12:10 (22.0%)	9:13	6.5 (78.3%)
13	SKOWROŃSKI Błażej	287	DZIK KOMANDO	Elite Mężczyzn	42	07:50	00:55:23.90	00:55:23.90	+00:12:11 (22.0%)	9:13	6.5 (78.3%)
14	STROJNY Paweł	34	LEMON TEAM	Elite Mężczyzn	48	07:20	00:56:56.80	00:56:56.80	+00:13:44 (24.1%)	9:29	6.3 (75.9%)
15	PASTUSZKA Michał	24	FORBET RUNNERS	Elite Mężczyzn	49	07:20	00:56:56.85	00:56:56.85	+00:13:44 (24.1%)	9:29	6.3 (75.9%)
16	PSUT Kamil	14	CARBON SILESIA SPORT	Elite Mężczyzn	50	07:20	00:56:56.95	00:56:56.95	+00:13:44 (24.1%)	9:29	6.3 (75.9%)
17	IGNACZAK Rajmund	30	LEGNICA POKONUJE PRZESZKODY	Elite Mężczyzn	52	07:20	00:56:58.40	00:56:58.40	+00:13:46 (24.2%)	9:29	6.3 (75.9%)
18	ZAWILIŃSKI Mateusz	107	DRAGON RUNNERS	Elite Mężczyzn	54	07:30	00:57:22.30	00:57:22.30	+00:14:09 (24.7%)	9:33	6.3 (75.9%)
19	ŚWIERSZCZ Paweł	31	LEGNICA POKONUJE PRZESZKODY	Elite Mężczyzn	59	07:20	00:58:47.50	00:58:47.50	+00:15:35 (26.5%)	9:47	6.1 (73.5%)
20	HABER Patryk	9	CARBON SILESIA SPORT	Elite Mężczyzn	60	07:20	00:58:54.50	00:58:54.50	+00:15:42 (26.7%)	9:49	6.1 (73.5%)
21	KORNAS Szymon	200	FIT MORE RYBNIK	Elite Mężczyzn	62	07:40	00:59:39.10	00:59:39.10	+00:16:26 (27.6%)	9:56	6 (72.3%)
22	FEDYK Patryk	238		Elite Mężczyzn	64	07:40	00:59:56.35	00:59:56.35	+00:16:44 (27.9%)	9:59	6 (72.3%)
23	MADALIŃSKI Michał	306	RAJSPOORT ACTIVE	Elite Mężczyzn	66	07:50	01:00:07.75	01:00:07.75	+00:16:55 (28.1%)	10:01	6 (72.3%)
24	PIWNIK Bartosz	123	LEMON TEAM	Elite Mężczyzn	68	07:30	01:01:21.65	01:01:21.65	+00:18:09 (29.6%)	10:13	5.9 (71.1%)
25	PATYK Tomasz	86	BEFIT24TEAM	Elite Mężczyzn	72	07:30	01:02:38.45	01:02:38.45	+00:19:26 (31.0%)	10:26	5.7 (68.7%)
26	LANGER Piotr	66	WARRIORS ŁÓDŹ	Elite Mężczyzn	73	07:20	01:02:55.85	01:02:55.85	+00:19:43 (31.3%)	10:29	5.7 (68.7%)
27	GOŁĘBIEWSKI Konrad	8	CARBON SILESIA SPORT	Elite Mężczyzn	80	07:20	01:04:20.45	01:04:20.45	+00:21:08 (32.8%)	10:43	5.6 (67.5%)
28	CYNAR Mateusz	209	OCR RZESZÓW	Elite Mężczyzn	84	07:40	01:04:56.25	01:04:56.25	+00:21:43 (33.5%)	10:49	5.5 (66.3%)
29	KOZIOŁ Kamil	94	CARBON SILESIA SPORT	Elite Mężczyzn	86	07:30	01:05:31.25	01:05:31.25	+00:22:18 (34.1%)	10:55	5.5 (66.3%)

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30	KOSTUCHA Damian	283	DRAGON RUNNERS	Elite Mężczyzn	87	07:50	01:05:35.75	01:05:35.75	+00:22:23 (34.1%)	10:55	5.5 (66.3%)
31	SZYMAŃSKI Bartek	127	MAD RUNNERS	Elite Mężczyzn	92	07:30	01:06:40.85	01:06:40.85	+00:23:28 (35.2%)	11:06	5.4 (65.1%)
32	PABIN Paweł	42	OBSTACLE CENTER TEAM	Elite Mężczyzn	93	07:20	01:06:42.55	01:06:42.55	+00:23:30 (35.2%)	11:07	5.4 (65.1%)
33	PODSIADŁY Paweł	100	CARBON SILESIA SPORT	Elite Mężczyzn	95	07:30	01:07:05.90	01:07:05.90	+00:23:53 (35.6%)	11:10	5.4 (65.1%)
34	PIETROŃ Łukasz	130	OBSTACLE CENTER TEAM	Elite Mężczyzn	97	07:30	01:08:06.50	01:08:06.50	+00:24:54 (36.6%)	11:21	5.3 (63.9%)
35	SZTANGA Jarosław	225	SOCIOS SILESIA	Elite Mężczyzn	98	07:40	01:08:14.70	01:08:14.70	+00:25:02 (36.7%)	11:22	5.3 (63.9%)
36	BARAN Konrad	430	WARRIORS ŁÓDŹ	Elite Mężczyzn	101	07:30	01:08:46.35	01:08:46.35	+00:25:34 (37.2%)	11:27	5.2 (62.7%)
37	ZABŁOCKI Dariusz	350		Elite Mężczyzn	103	07:50	01:09:13.00	01:09:13.00	+00:26:00 (37.6%)	11:32	5.2 (62.7%)
38	MAKOWSKI Marek	97	CARBON SILESIA SPORT	Elite Mężczyzn	104	07:30	01:09:42.25	01:09:42.25	+00:26:29 (38.0%)	11:37	5.2 (62.7%)
39	WIELOGÓRSKI Karol	190	BIEGUN OCR	Elite Mężczyzn	108	07:40	01:10:10.60	01:10:10.60	+00:26:58 (38.4%)	11:41	5.1 (61.4%)
40	GOLAŃSKI Piotr	284	DZIK KOMANDO	Elite Mężczyzn	112	07:50	01:11:21.85	01:11:21.85	+00:28:09 (39.5%)	11:53	5 (60.2%)
41	MILEWSKI Szymon	172		Elite Mężczyzn	113	07:30	01:11:42.25	01:11:42.25	+00:28:29 (39.7%)	11:57	5 (60.2%)
42	KOWALSKI Artur	153	WARRIORS ŁÓDŹ	Elite Mężczyzn	114	07:30	01:11:56.80	01:11:56.80	+00:28:44 (39.9%)	11:59	5 (60.2%)
43	WYROBEK Michał	312	SAMEKONIE	Elite Mężczyzn	118	07:50	01:13:09.30	01:13:09.30	+00:29:56 (40.9%)	12:11	4.9 (59.0%)
44	HABRASZKA Mateusz	117	KLONO TEAM	Elite Mężczyzn	119	07:30	01:13:46.05	01:13:46.05	+00:30:33 (41.4%)	12:17	4.9 (59.0%)
45	WIŚNIEWSKI Arkadiusz	231	WARRIORS ŁÓDŹ	Elite Mężczyzn	121	07:40	01:14:26.90	01:14:26.90	+00:31:14 (42.0%)	12:24	4.8 (57.8%)
46	WIETESKA Łukasz	348		Elite Mężczyzn	124	07:50	01:14:32.25	01:14:32.25	+00:31:19 (42.0%)	12:25	4.8 (57.8%)
47	TERESZKIEWICZ Michał	298	KLONO TEAM	Elite Mężczyzn	125	07:50	01:15:14.45	01:15:14.45	+00:32:02 (42.6%)	12:32	4.8 (57.8%)
48	ŚRÓBKA Mateusz	278	CFZ ŻARY	Elite Mężczyzn	126	07:50	01:15:21.60	01:15:21.60	+00:32:09 (42.7%)	12:33	4.8 (57.8%)
49	GARCZYŃSKI Radosław	133	POWER TRAINING	Elite Mężczyzn	130	07:30	01:18:51.95	01:18:51.95	+00:35:39 (45.2%)	13:08	4.6 (55.4%)
50	MARKOWSKI Łukasz	183	ACTIVITY SPORT ELBLĄG	Elite Mężczyzn	137	07:40	01:21:00.90	01:21:00.90	+00:37:48 (46.7%)	13:30	4.4 (53.0%)
51	WITKOWSKI Rafał	160	WATAHA	Elite Mężczyzn	140	07:30	01:23:19.65	01:23:19.65	+00:40:07 (48.1%)	13:53	4.3 (51.8%)
52	JEZIOŃEK Daniel	332		Elite Mężczyzn	144	07:50	01:25:09.65	01:25:09.65	+00:41:57 (49.3%)	14:11	4.2 (50.6%)
53	ŁUKASZCZYKIEWICZ Andrzej	290	GLADIATORS POLSKA	Elite Mężczyzn	145	07:40	01:25:41.15	01:25:48.35	+00:42:36 (49.6%)	14:16	4.2 (50.6%)
54	OSZCZEPALSKI Krzysztof	338		Elite Mężczyzn	153	07:50	01:30:33.70	01:30:33.70	+00:47:21 (52.3%)	15:05	4 (48.2%)
55	BLICHARSKI Michał	269	BEFIT24TEAM	Elite Mężczyzn	154	07:50	01:30:47.90	01:30:47.90	+00:47:35 (52.4%)	15:07	4 (48.2%)
56	ZARZYKA Łukasz	207	KUNOWO GYM	Elite Mężczyzn	155	07:40	01:33:20.25	01:33:20.25	+00:50:07 (53.7%)	15:33	3.9 (47.0%)
57	BOCZULA Michał	320		Elite Mężczyzn	157	07:50	01:34:34.50	01:34:34.50	+00:51:22 (54.3%)	15:45	3.8 (45.8%)
58	KWIATKOWSKI Mateusz	336		Elite Mężczyzn	158	07:50	01:34:41.75	01:34:41.75	+00:51:29 (54.4%)	15:46	3.8 (45.8%)
59	STANEK Mirek	342		Elite Mężczyzn	160	07:50	01:39:14.10	01:39:14.10	+00:56:01 (56.5%)	16:32	3.6 (43.4%)
60	KOWIERSKI Jacek	293	HARPAGAN BEAST	Elite Mężczyzn	162	07:50	01:46:35.80	01:46:35.80	+01:03:23 (59.5%)	17:45	3.4 (41.0%)
61	PUENTE-BARTŁOMIEJCZYK Michał	297	KLONO TEAM	Elite Mężczyzn	164	07:50	01:46:57.05	01:46:57.05	+01:03:44 (59.6%)	17:49	3.4 (41.0%)
62	METZ Piotr	281	CYKCYK	Elite Mężczyzn	170	07:50	01:53:08.70	01:53:08.70	+01:09:56 (61.8%)	18:51	3.2 (38.6%)
63	BILEWICZ Kacper	280	CYKCYK	Elite Mężczyzn	176	07:50	02:13:05.35	02:13:05.35	+01:29:53 (67.5%)	22:10	2.7 (32.5%)

Total 63 results.