

Event: RUNMAGEDDON TARCZYŃSKI ARENA WROCŁAW
Organiser: Extreme Events, Runmageddon
Date: 2023-04-01
Place: Wrocław
Distance: 6 km



Classification: Open Masters Kobiet

Place	Participant	Number	Club	Category	MCat	Seria	Net time 6km	Czas brutto 6km	Gap	Pace min/km	Pace km/h
1	TELAŻKA Beata	2731	RAWLPLUGPL	Open Masters Kobiet	1	13:00	01:10:04.35	01:10:04.35		11:40	5.1 (100%)
2	PIETRAS Mariola	375	CARBON SILESIA SPORT	Open Masters Kobiet	2	07:55	01:24:09.35	01:24:09.35	+00:14:05 (16.7%)	14:01	4.3 (84.3%)
3	KNAPIK Anna	1515	WINKO SKŁAD DIMA TEAM	Open Masters Kobiet	3	10:15	01:24:14.75	01:24:14.75	+00:14:10 (16.8%)	14:02	4.3 (84.3%)
4	WICHER Sylwia	363	BEFIT24TEAM	Open Masters Kobiet	4	07:55	01:24:38.35	01:24:38.35	+00:14:34 (17.2%)	14:06	4.3 (84.3%)
5	DENDRA Beata	369	CARBON SILESIA SPORT	Open Masters Kobiet	5	07:55	01:28:41.25	01:28:41.25	+00:18:36 (21.0%)	14:46	4.1 (80.4%)
6	KWIATEK Magdalena	463	OUTDOOR TRAINING	Open Masters Kobiet	6	08:00	01:28:57.30	01:28:57.30	+00:18:52 (21.2%)	14:49	4 (78.4%)
7	PATON Iwona	1519	WINKO SKŁAD DIMA TEAM	Open Masters Kobiet	7	10:15	01:29:39.45	01:29:39.45	+00:19:35 (21.8%)	14:56	4 (78.4%)
8	CZERNIAWSKA Małgorzata	1631		Open Masters Kobiet	8	10:30	01:30:16.65	01:30:16.65	+00:20:12 (22.4%)	15:02	4 (78.4%)
9	ŁAMRAD Żaneta	1514	WINKO SKŁAD DIMA TEAM	Open Masters Kobiet	9	10:15	01:30:52.40	01:30:52.40	+00:20:48 (22.9%)	15:08	4 (78.4%)
10	MALCHIKHINA Marina	1374	SAMEKONIE	Open Masters Kobiet	10	10:00	01:32:52.25	01:32:52.25	+00:22:47 (24.5%)	15:28	3.9 (76.5%)
11	GOMOŁA-PARADOWSKA Anna	401	POWER TRAINING	Open Masters Kobiet	11	07:55	01:33:07.05	01:33:07.05	+00:23:02 (24.7%)	15:31	3.9 (76.5%)
12	WALCZAK Danuta	576	POZNAŃ RACE TEAM	Open Masters Kobiet	12	08:15	01:33:37.80	01:33:37.80	+00:23:33 (25.2%)	15:36	3.8 (74.5%)
13	OZGA Patrycja	1518	WINKO SKŁAD DIMA TEAM	Open Masters Kobiet	13	10:15	01:34:54.45	01:34:54.45	+00:24:50 (26.2%)	15:49	3.8 (74.5%)
14	WYNALEK Elena	1934		Open Masters Kobiet	14	11:00	01:35:27.40	01:35:27.40	+00:25:23 (26.6%)	15:54	3.8 (74.5%)
15	WIŚNIEWSKA Arleta	1376	STUDIO ENERGIA TEAM RYBNIK	Open Masters Kobiet	15	10:00	01:35:32.00	01:35:32.00	+00:25:27 (26.7%)	15:55	3.8 (74.5%)

Place	Participant	Number	Club	Category	MCat	Seria	Net time 6km	Czas brutto 6km	Gap	Pace min/km	Pace km/h
16	POGŁODZIŃSKA Anna	1803		Open Masters Kobiet	16	10:45	01:36:00.65	01:36:00.65	+00:25:56 (27.0%)	16:00	3.8 (74.5%)
17	ZGLEJSZEWSKA Wiktoria	1366	LEGNICA POKONUJE PRZESZKODY	Open Masters Kobiet	17	10:00	01:37:39.25	01:37:39.25	+00:27:34 (28.2%)	16:16	3.7 (72.5%)
18	SZCZEPAŃSKA Małgorzata	2879		Open Masters Kobiet	18	12:45	01:38:46.40	01:38:46.40	+00:28:42 (29.1%)	16:27	3.6 (70.6%)
19	NOWAK Iwona	1552		Open Masters Kobiet	19	10:15	01:40:08.70	01:40:08.70	+00:30:04 (30.0%)	16:41	3.6 (70.6%)
20	DOMAGALSKA Jadwiga	756	LATAJĄCE WALENIE ŚMIERCI	Open Masters Kobiet	20	08:45	01:41:03.90	01:41:03.90	+00:30:59 (30.7%)	16:50	3.6 (70.6%)
21	MAZUROWSKA Barbara	1267	ZAWSZE MŁODZI	Open Masters Kobiet	21	09:45	01:42:33.55	01:42:33.55	+00:32:29 (31.7%)	17:05	3.5 (68.6%)
22	PETELA Kamila	2386		Open Masters Kobiet	22	12:00	01:42:43.05	01:42:43.05	+00:32:38 (31.8%)	17:07	3.5 (68.6%)
23	MŁYNARCZAK Karolina	353	„TO SIEDZI W GŁOWIE”	Open Masters Kobiet	23	07:55	01:42:45.90	01:42:45.90	+00:32:41 (31.8%)	17:07	3.5 (68.6%)
24	WRÓBEL Elwira	2740	RAWLPLUGPL	Open Masters Kobiet	24	13:00	01:42:58.85	01:42:58.85	+00:32:54 (32.0%)	17:09	3.5 (68.6%)
25	DOBROWOLSKA Dorota	355	ACTIVE FLOW	Open Masters Kobiet	25	07:55	01:43:37.25	01:43:37.25	+00:33:32 (32.4%)	17:16	3.5 (68.6%)
26	ŻÓŁĆ Beata	2240	ŻÓŁĆ	Open Masters Kobiet	26	11:45	01:43:40.30	01:43:40.30	+00:33:35 (32.4%)	17:16	3.5 (68.6%)
27	KOSTRZEWSKA Beata	1121	PCO RUNNERS TEAM	Open Masters Kobiet	27	09:30	01:45:32.25	01:45:32.25	+00:35:27 (33.6%)	17:35	3.4 (66.7%)
28	WYSOCKA Magdalena	550		Open Masters Kobiet	28	08:00	01:47:19.60	01:47:19.60	+00:37:15 (34.7%)	17:53	3.4 (66.7%)
29	NOWAK Izabela	2026		Open Masters Kobiet	29	11:15	01:47:44.50	01:47:44.50	+00:37:40 (35.0%)	17:57	3.3 (64.7%)
30	LISIAK Katarzyna	2144		Open Masters Kobiet	30	11:30	01:48:40.50	01:48:40.50	+00:38:36 (35.5%)	18:06	3.3 (64.7%)
31	ŚWIĘTEK Agnieszka	470	SOCIOS SILESIA	Open Masters Kobiet	31	08:00	01:49:05.70	01:49:05.70	+00:39:01 (35.8%)	18:10	3.3 (64.7%)
32	RONER Agnieszka	2033		Open Masters Kobiet	32	11:15	01:49:10.40	01:49:10.40	+00:39:06 (35.8%)	18:11	3.3 (64.7%)
33	PENTOŚ Edyta	1072		Open Masters Kobiet	33	09:15	01:49:15.35	01:49:15.35	+00:39:11 (35.9%)	18:12	3.3 (64.7%)
34	BORYS Ewelina	1624		Open Masters Kobiet	34	10:15	01:49:20.70	01:49:20.70	+00:39:16 (35.9%)	18:13	3.3 (64.7%)
35	ZARZYCKA Magdalena	472	SOCIOS SILESIA	Open Masters Kobiet	35	08:00	01:49:36.25	01:49:36.25	+00:39:31 (36.1%)	18:16	3.3 (64.7%)
36	SPYCHAJ Anna	3203	PCC	Open Masters Kobiet	36	12:15	01:51:09.65	01:51:09.65	+00:41:05 (37.0%)	18:31	3.2 (62.7%)
37	DURAJ Anna	892	TANGUEROS	Open Masters Kobiet	37	09:00	01:51:13.15	01:51:13.15	+00:41:08 (37.0%)	18:32	3.2 (62.7%)
38	PAWLICKA Żaneta	1270	ZIELENIECKA13TEAM	Open Masters Kobiet	38	09:45	01:52:31.20	01:52:31.20	+00:42:26 (37.7%)	18:45	3.2 (62.7%)

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39	BOUCHNEROVÁ Alena	808		Open Masters Kobiet	39	08:45	01:52:59.80	01:52:59.80	+00:42:55 (38.0%)	18:49	3.2 (62.7%)
40	NOWAK Dagmara	3187	PCC	Open Masters Kobiet	40	12:15	01:53:53.40	01:53:53.40	+00:43:49 (38.5%)	18:58	3.2 (62.7%)
41	IZYDOREK Katarzyna	595		Open Masters Kobiet	41	08:15	01:53:56.00	01:53:56.00	+00:43:51 (38.5%)	18:59	3.2 (62.7%)
42	JÓZEFOWICZ Ewa	3167	PCC	Open Masters Kobiet	42	12:15	01:54:19.10	01:54:19.10	+00:44:14 (38.7%)	19:03	3.1 (60.8%)
43	MATUSIAK Magdalena	2855		Open Masters Kobiet	43	13:15	01:54:43.60	01:54:43.60	+00:44:39 (38.9%)	19:07	3.1 (60.8%)
44	SAMCZUK Iwona	2392		Open Masters Kobiet	44	12:00	01:54:53.30	01:54:53.30	+00:44:48 (39.0%)	19:08	3.1 (60.8%)
45	PILICHOWSKA Magdalena	2076	FITNESS FABRYKA KONSTANTYNÓW	Open Masters Kobiet	45	11:30	01:55:28.75	01:55:28.75	+00:45:24 (39.3%)	19:14	3.1 (60.8%)
46	WOLAŃSKA Beata	2739	RAWLPLUGPL	Open Masters Kobiet	46	13:00	01:55:33.00	01:55:33.00	+00:45:28 (39.4%)	19:15	3.1 (60.8%)
47	ŚRUTWA Agnieszka	2727	RAWLPLUGPL	Open Masters Kobiet	47	13:00	01:55:33.65	01:55:33.65	+00:45:29 (39.4%)	19:15	3.1 (60.8%)
48	HUDZIAK-OWCZAREK Ewa	3164	PCC	Open Masters Kobiet	48	12:15	01:55:34.10	01:55:34.10	+00:45:29 (39.4%)	19:15	3.1 (60.8%)
49	DAWIDOWICZ Izabela	3159	PCC	Open Masters Kobiet	49	12:15	01:55:35.50	01:55:35.50	+00:45:31 (39.4%)	19:15	3.1 (60.8%)
50	KOWALISZYN Beata	3174	PCC	Open Masters Kobiet	50	12:15	01:55:36.85	01:55:36.85	+00:45:32 (39.4%)	19:16	3.1 (60.8%)
51	WIĘCEK Urszula	2806	SAME KONIE	Open Masters Kobiet	51	13:00	01:56:45.00	01:56:45.00	+00:46:40 (40.0%)	19:27	3.1 (60.8%)
52	SZATKOWSKA Agnieszka	1481	KRA KARLINO	Open Masters Kobiet	52	10:15	01:57:20.65	01:57:20.65	+00:47:16 (40.3%)	19:33	3.1 (60.8%)
53	KUCZYŃSKA Magdalena	893	TANGUEROS	Open Masters Kobiet	53	09:00	01:58:11.40	01:58:11.40	+00:48:07 (40.7%)	19:41	3 (58.8%)
54	KUKUCKA Edyta	598		Open Masters Kobiet	54	08:15	01:58:46.85	01:58:46.85	+00:48:42 (41.0%)	19:47	3 (58.8%)
55	RAŁOWSKA Iwona	1677		Open Masters Kobiet	55	10:30	01:59:01.15	01:59:01.15	+00:48:56 (41.1%)	19:50	3 (58.8%)
56	KIJAS Magdalena	510		Open Masters Kobiet	56	08:00	01:59:03.75	01:59:03.75	+00:48:59 (41.1%)	19:50	3 (58.8%)
57	FUDAŁA Iwona	1859		Open Masters Kobiet	57	11:00	01:59:04.55	01:59:04.55	+00:49:00 (41.2%)	19:50	3 (58.8%)
58	JASTRZĘBSKA Agnieszka	506		Open Masters Kobiet	58	08:00	01:59:06.25	01:59:06.25	+00:49:01 (41.2%)	19:51	3 (58.8%)
59	BABICZ-BRETSZNAJDER Angelika	484		Open Masters Kobiet	59	08:00	01:59:06.55	01:59:06.55	+00:49:02 (41.2%)	19:51	3 (58.8%)
60	GOSCINIAK Anna	501		Open Masters Kobiet	60	10:30	01:59:07.50	01:59:07.50	+00:49:03 (41.2%)	19:51	3 (58.8%)
61	NOWAK Marta	639	GLADIATORS POLSKA	Open Masters Kobiet	61	08:30	02:00:49.35	02:00:49.35	+00:50:45 (42.0%)	20:08	3 (58.8%)

						Net time 6km	Czas brutto 6km	Gap	Pace min/km	Pace km/h
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62	DANIELEWICZ Iwona	1484	LEGNICA POKONUJE PRZESZKODY	Open Masters Kobiet	62	10:00	02:01:52.90	02:01:52.90	+00:51:48 (42.5%)	20:18 3 (58.8%)
63	DUERSCHLAG Iwona	386	FIT MORE RYBNIK	Open Masters Kobiet	63	07:55	02:02:19.90	02:02:19.90	+00:52:15 (42.7%)	20:23 2.9 (56.9%)
64	WIENIEWSKA Anna	2737	RAWLPLUGPL	Open Masters Kobiet	64	13:00	02:02:44.25	02:02:44.25	+00:52:39 (42.9%)	20:27 2.9 (56.9%)
65	STOKŁOSA Magdalena	877	BODY CHANGE CENTER	Open Masters Kobiet	65	09:00	02:02:54.00	02:02:54.00	+00:52:49 (43.0%)	20:29 2.9 (56.9%)
66	CHUPKA Anetta	1626		Open Masters Kobiet	66	10:30	02:02:58.75	02:02:58.75	+00:52:54 (43.0%)	20:29 2.9 (56.9%)
67	KOLAN Iza	861	BODY CHANGE CENTER	Open Masters Kobiet	67	09:00	02:03:14.25	02:03:14.25	+00:53:09 (43.1%)	20:32 2.9 (56.9%)
68	GOLA Izabela	635	GLADIATORS POLSKA	Open Masters Kobiet	68	08:30	02:04:35.15	02:04:35.15	+00:54:30 (43.8%)	20:45 2.9 (56.9%)
69	GUGAŁA Edyta	2508		Open Masters Kobiet	69	12:30	02:05:11.15	02:05:11.15	+00:55:06 (44.0%)	20:51 2.9 (56.9%)
70	STACHOWICZ Monika	379	DENISTEAM	Open Masters Kobiet	70	07:55	02:05:23.00	02:05:23.00	+00:55:18 (44.1%)	20:53 2.9 (56.9%)
71	MACKO Joanna	522		Open Masters Kobiet	71	08:00	02:06:08.10	02:06:08.10	+00:56:03 (44.4%)	21:01 2.9 (56.9%)
72	CHARYŁO Jolanta	1333	CARDIO HEROES	Open Masters Kobiet	72	10:00	02:06:53.35	02:06:53.35	+00:56:49 (44.8%)	21:08 2.8 (54.9%)
73	SZCZEPANKOWSKA Marta	1334	CARDIO HEROES	Open Masters Kobiet	73	10:00	02:06:54.25	02:06:54.25	+00:56:49 (44.8%)	21:09 2.8 (54.9%)
74	ŁUKASZEWSKA Sylwia	830		Open Masters Kobiet	74	09:00	02:06:57.10	02:06:57.10	+00:56:52 (44.8%)	21:09 2.8 (54.9%)
75	WRZESIŃSKA Małgorzata	3218	PCC	Open Masters Kobiet	75	12:15	02:07:03.20	02:07:03.20	+00:56:58 (44.8%)	21:10 2.8 (54.9%)
76	DONIEC Aleksandra	852	BODY CHANGE CENTER	Open Masters Kobiet	76	09:00	02:07:14.90	02:07:14.90	+00:57:10 (44.9%)	21:12 2.8 (54.9%)
77	TROJNIAR Justyna	879	BODY CHANGE CENTER	Open Masters Kobiet	77	09:00	02:07:33.10	02:07:33.10	+00:57:28 (45.1%)	21:15 2.8 (54.9%)
78	GALAS Anna	2893	RAWLPLUGPL	Open Masters Kobiet	78	13:00	02:08:44.95	02:08:44.95	+00:58:40 (45.6%)	21:27 2.8 (54.9%)
79	KANSY Monika	2927	ALUTORNADO	Open Masters Kobiet	79	09:45	02:09:03.70	02:09:03.70	+00:58:59 (45.7%)	21:30 2.8 (54.9%)
80	BIERNAT Joanna	1348	LEGNICA POKONUJE PRZESZKODY	Open Masters Kobiet	80	10:00	02:09:19.25	02:09:19.25	+00:59:14 (45.8%)	21:33 2.8 (54.9%)
81	DULEBA Marzanna	1532		Open Masters Kobiet	81	10:15	02:10:04.65	02:10:04.65	+01:00:00 (46.1%)	21:40 2.8 (54.9%)
82	NIEDZIELA Monika	1842	ROSSMANN	Open Masters Kobiet	82	11:00	02:10:08.05	02:10:08.05	+01:00:03 (46.2%)	21:41 2.8 (54.9%)
83	ZYBOWSKA Sylwia	1843	ROSSMANN	Open Masters Kobiet	83	11:00	02:10:08.85	02:10:08.85	+01:00:04 (46.2%)	21:41 2.8 (54.9%)
84	BEŃKO Anna	1390		Open Masters Kobiet	84	10:00	02:12:05.20	02:12:05.20	+01:02:00 (46.9%)	22:00 2.7 (52.9%)

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85	KASZA-KUDELA Agnieszka	2238	WILDPUNCHERS	Open Masters Kobiet	85	11:45	02:14:11.45	02:14:11.45	+01:04:07 (47.8%)	22:21	2.7 (52.9%)
86	JEDLIŃSKA Marta	1537		Open Masters Kobiet	86	10:15	02:16:11.05	02:16:11.05	+01:06:06 (48.5%)	22:41	2.6 (51.0%)
87	MIGDALSKA Małgorzata	896	TANGUEROS	Open Masters Kobiet	87	09:00	02:16:33.85	02:16:33.85	+01:06:29 (48.7%)	22:45	2.6 (51.0%)
88	WOJCIECHOWSKA Anna	899	TANGUEROS	Open Masters Kobiet	88	09:00	02:16:35.25	02:16:35.25	+01:06:30 (48.7%)	22:45	2.6 (51.0%)
89	KOŁACIŃSKA-WAGNER Magdalena	860	BODY CHANGE CENTER	Open Masters Kobiet	89	09:00	02:17:14.05	02:17:14.05	+01:07:09 (48.9%)	22:52	2.6 (51.0%)
90	KOCIOŁEK Małgorzata	2757		Open Masters Kobiet	90	13:00	02:17:22.85	02:17:22.85	+01:07:18 (49.0%)	22:53	2.6 (51.0%)
91	FRANIAK Ewa	1050		Open Masters Kobiet	91	09:15	02:19:19.65	02:19:19.65	+01:09:15 (49.7%)	23:13	2.6 (51.0%)
92	GUZ Anna	1598	MSOL	Open Masters Kobiet	92	10:30	02:21:09.35	02:21:09.35	+01:11:05 (50.4%)	23:31	2.6 (51.0%)
93	AUMÜLLER Joanna	1704	GANG NIEDOŁĘŻNYCH DZIURKOPODOBNYCH ŚLIMAKÓW	Open Masters Kobiet	93	10:45	02:21:42.75	02:21:42.75	+01:11:38 (50.6%)	23:37	2.5 (49.0%)
94	ŚWIADEK Agnieszka	2189	DRUŻYNA AGI	Open Masters Kobiet	94	11:45	02:21:45.65	02:21:45.65	+01:11:41 (50.6%)	23:37	2.5 (49.0%)
95	KOWOL Małgorzata	1877		Open Masters Kobiet	95	11:00	02:22:09.15	02:22:09.15	+01:12:04 (50.7%)	23:41	2.5 (49.0%)
96	BURYŚ Ewa	674		Open Masters Kobiet	96	08:30	02:22:55.60	02:22:55.60	+01:12:51 (51.0%)	23:49	2.5 (49.0%)
97	WOŹNICKA Lucyna	1373	SAME KONIE	Open Masters Kobiet	97	10:00	02:24:01.95	02:24:01.95	+01:13:57 (51.3%)	24:00	2.5 (49.0%)
98	JUDEK Danuta	2242	ZWIERZAK TEAM	Open Masters Kobiet	98	11:45	02:26:28.40	02:26:28.40	+01:16:24 (52.2%)	24:24	2.5 (49.0%)
99	SZAFRANOWSKA Justyna	982	CHARAKTERNIKI	Open Masters Kobiet	99	09:15	02:28:59.25	02:28:59.25	+01:18:54 (53.0%)	24:49	2.4 (47.1%)
100	WYSZKONI Barbara	2780		Open Masters Kobiet	100	13:00	02:29:16.00	02:29:16.00	+01:19:11 (53.1%)	24:52	2.4 (47.1%)
101	WOLAK-ŁAKOMY Dominika	1932		Open Masters Kobiet	101	11:15	02:29:21.05	02:29:21.05	+01:19:16 (53.1%)	24:53	2.4 (47.1%)
Przekroczony limit czasu: 02:30:00											
102	MILC Anna	2274		Open Masters Kobiet	102	11:45	02:32:35.45	02:32:35.45	+01:22:31 (54.1%)	25:25	2.4 (47.1%)
103	ABDELJALIL Viktoriya	2579	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	103	12:45	02:38:36.15	02:38:36.15	+01:28:31 (55.8%)	26:26	2.3 (45.1%)
104	WIECZERZAK Magdalena	2640	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	104	12:45	02:38:36.30	02:38:36.30	+01:28:31 (55.8%)	26:26	2.3 (45.1%)
105	DIESNER Marzena	2586	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	105	12:45	02:38:36.65	02:38:36.65	+01:28:32 (55.8%)	26:26	2.3 (45.1%)
106	KMONK Magdalena	2598	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	106	12:45	02:38:38.75	02:38:38.75	+01:28:34 (55.8%)	26:26	2.3 (45.1%)
107	GRODZKA Monika	2593	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	107	12:45	02:38:39.25	02:38:39.25	+01:28:34 (55.8%)	26:26	2.3 (45.1%)

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108	LUBOWIECKA Kamila	2604	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	108	12:45	02:38:39.40	02:38:39.40	+01:28:35 (55.8%)	26:26	2.3 (45.1%)
109	PILARSKA Hanna	569	PIKOSRIKO	Open Masters Kobiet	109	08:15					(0.0%)
110	URBANIK Zuza	383	DZIADY OCR	Open Masters Kobiet	110	07:55					(0.0%)
111	DRECZKO Ewa	2587	UNITED KRAV MAGA WROCŁAW	Open Masters Kobiet	111	12:45					(0.0%)
112	URBAŃSKA-KULON Katarzyna	362	BEFIT24TEAM	Open Masters Kobiet	112	07:55					(0.0%)

Total 112 results.