

**Event:** Runmageddon Góry Sowie  
**Organiser:** Extreme Events, Runmageddon  
**Date:** 2022-07-23  
**Place:** Bielawa  
**Distance:** 42 km



Classification: M30-34

Place	Participant	Number	Club	Category	MCat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Net time 42km	Czas brutto 42km	Gap	Pace min/km	Pace km/h
1	<b>BRZOSKWINIA Wojciech</b>	<b>33</b>	LEMON TEAM	Elite Mężczyzn	1	07:00	01:28:36	02:28:19	04:26:42	<b>05:39:32.15</b>	<b>05:39:32.15</b>		8:05	7.4 (100%)
2	<b>BOROWSKI Michał</b>	<b>79</b>		Elite Mężczyzn	2	07:00	01:39:03	02:42:23	04:35:10	<b>05:45:20.45</b>	<b>05:45:20.45</b>	+00:05:48 (1.7%)	8:13	7.3 (98.6%)
3	<b>BORYCZKA Mateusz</b>	<b>21</b>	FITPARK TEAM	Elite Mężczyzn	3	07:00	01:32:45	02:34:34	04:32:27	<b>05:48:03.40</b>	<b>05:48:03.40</b>	+00:08:31 (2.4%)	8:17	7.2 (97.3%)
4	<b>JANUSZEWSKI Bartosz</b>	<b>43</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	4	07:00	01:34:19	02:39:32	04:45:09	<b>06:03:00.05</b>	<b>06:03:00.05</b>	+00:23:27 (6.5%)	8:38	6.9 (93.2%)
5	<b>GĘBARA Łukasz</b>	<b>48</b>	OCR TEAM DĘBICA	Elite Mężczyzn	5	07:00	01:45:08	02:55:50	05:10:56	<b>06:34:29.50</b>	<b>06:34:29.50</b>	+00:54:57 (13.9%)	9:23	6.4 (86.5%)
6	<b>OLICHOWSKI Mateusz</b>	<b>155</b>	WOLF TEAM	Elite Mężczyzn	6	07:00	01:37:25	02:52:11	05:05:37	<b>06:43:51.90</b>	<b>06:43:51.90</b>	+01:04:19 (15.9%)	9:36	6.2 (83.8%)
7	<b>STANCLIK Krzysztof</b>	<b>9</b>	CARBON SILESIA SPORT	Elite Mężczyzn	9	07:00	01:50:03	03:02:54	05:25:37	<b>06:59:18.10</b>	<b>06:59:18.10</b>	+01:19:45 (19.0%)	9:59	6 (81.1%)
8	<b>MAZUR Damian</b>	<b>60</b>	SOCIOS SILESIA	Elite Mężczyzn	13	07:00	01:50:09	03:06:03	05:29:18	<b>07:05:54.10</b>	<b>07:05:54.10</b>	+01:26:21 (20.3%)	10:08	5.9 (79.7%)
9	<b>KALINOWSKI Krystian</b>	<b>56</b>	RUNMAGEDDON TEAM	Elite Mężczyzn	17	07:00	01:31:15	03:09:14	05:44:32	<b>07:20:14.85</b>	<b>07:20:14.85</b>	+01:40:42 (22.9%)	10:28	5.7 (77.0%)
10	<b>VEPŘEK Martin</b>	<b>96</b>		Elite Mężczyzn	23	07:00	01:57:08	03:22:03	06:04:19	<b>07:43:26.00</b>	<b>07:43:26.00</b>	+02:03:53 (26.7%)	11:02	5.4 (73.0%)
11	<b>KONEWKA Jacek</b>	<b>55</b>	RAJSPOK ACTIVE	Elite Mężczyzn	32	07:00	02:08:43	03:40:01	06:25:05	<b>08:04:20.70</b>	<b>08:04:20.70</b>	+02:24:48 (29.9%)	11:31	5.2 (70.3%)
12	<b>HANUSIAK Leszek</b>	<b>31</b>	KONIU SQUAD	Elite Mężczyzn	35	07:00	02:00:05	03:32:10	06:26:53	<b>08:18:44.00</b>	<b>08:18:44.00</b>	+02:39:11 (31.9%)	11:52	5.1 (68.9%)
13	<b>HUDASZEK Zbigniew</b>	<b>107</b>	DRAGON RUNNERS	Elite Mężczyzn	37	07:10	02:11:34	03:49:59	06:32:04	<b>08:38:35.95</b>	<b>08:38:35.95</b>	+02:59:03 (34.5%)	12:20	4.9 (66.2%)
14	<b>NOWICKI Marcin</b>	<b>77</b>	WOLF TEAM	Elite Mężczyzn	41	07:00	01:55:27	03:41:10	06:37:16	<b>08:57:37.60</b>	<b>08:57:37.60</b>	+03:18:05 (36.8%)	12:48	4.7 (63.5%)
15	<b>MŁYŃSKI Mariusz</b>	<b>44</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	42	07:00	02:11:26	03:50:32	06:56:11	<b>09:02:16.20</b>	<b>09:02:16.20</b>	+03:22:44 (37.4%)	12:54	4.6 (62.2%)

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16	<b>SZATA Łukasz</b>	<b>175</b>		Elite Mężczyzn	43	07:10	01:54:32	03:49:06	06:07:51	<b>09:08:45.65</b>	<b>09:08:45.65</b>	+03:29:13 (38.1%)	13:03	4.6 (62.2%)
17	<b>SZYMEL Jacek</b>	<b>177</b>		Elite Mężczyzn	44	07:10	02:12:30	03:54:39	06:45:48	<b>09:14:05.65</b>	<b>09:14:05.65</b>	+03:34:33 (38.7%)	13:11	4.5 (60.8%)
18	<b>CHADOV Andrey</b>	<b>22</b>	FITPARK TEAM	Elite Mężczyzn	46	07:00	02:22:13	04:32:31	07:21:39	<b>09:27:23.55</b>	<b>09:27:23.55</b>	+03:47:51 (40.2%)	13:30	4.4 (59.5%)
19	<b>KORNAS Szymon</b>	<b>18</b>	FIT MORE RYBNIK	Elite Mężczyzn	50	07:00	02:22:46	04:27:13	07:37:28	<b>09:43:23.30</b>	<b>09:43:23.30</b>	+04:03:51 (41.8%)	13:53	4.3 (58.1%)
20	<b>CHUSTECKI Michał</b>	<b>26</b>	HARDBOX OTWOCK	Elite Mężczyzn	51	07:00	02:05:11	03:50:26	07:14:55	<b>09:44:25.45</b>	<b>09:44:25.45</b>	+04:04:53 (41.9%)	13:54	4.3 (58.1%)
21	<b>ŻUREK Michał</b>	<b>47</b>	OCR TEAM BYDLAKI	Elite Mężczyzn	62	07:00	01:57:09	04:37:26	07:23:06	<b>10:24:51.20</b>	<b>10:24:51.20</b>	+04:45:19 (45.7%)	14:52	4 (54.1%)
22	<b>OLEŚ Rafał</b>	<b>34</b>	LEMON TEAM	Elite Mężczyzn	63	07:00	01:58:02	04:43:43	07:26:29	<b>10:27:25.00</b>	<b>10:27:25.00</b>	+04:47:52 (45.9%)	14:56	4 (54.1%)
23	<b>SIMON Adam</b>	<b>92</b>		Elite Mężczyzn	69	07:00	02:43:30	04:58:30	08:32:30	<b>10:53:13.00</b>	<b>10:53:13.00</b>	+05:13:40 (48.0%)	15:33	3.9 (52.7%)
24	<b>GAGON Denis</b>	<b>12</b>	DENISTEAM	Elite Mężczyzn	74	07:00	02:15:44	04:19:53	08:06:49	<b>11:31:09.85</b>	<b>11:31:09.85</b>	+05:51:37 (50.9%)	16:27	3.6 (48.6%)
25	<b>PIETROŃ Łukasz</b>	<b>130</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	75	07:10	02:32:31	04:58:50	08:08:52	<b>11:37:44.20</b>	<b>11:37:44.20</b>	+05:58:12 (51.3%)	16:36	3.6 (48.6%)
26	<b>PAWLICKI Rafał</b>	<b>24</b>	FITPARK TEAM	Elite Mężczyzn	77	07:00	02:12:00	03:46:32	06:31:27	<b>11:50:11.25</b>	<b>11:50:11.25</b>	+06:10:39 (52.2%)	16:54	3.5 (47.3%)
27	<b>PREWYSZ-KWINTO Mateusz</b>	<b>45</b>	OBSTACLE CENTER TEAM	Elite Mężczyzn	79	07:00	02:27:55	04:30:35	08:12:50	<b>11:57:42.90</b>	<b>11:57:42.90</b>	+06:18:10 (52.7%)	17:05	3.5 (47.3%)
<b>Przekroczony limit czasu: 12:00:00</b>														
28	<b>WIŚNIEWSKI Arkadiusz</b>	<b>219</b>	WARRIORS ŁÓDŹ	Elite Mężczyzn	81	07:10	02:40:21	04:41:19	08:08:50	<b>12:19:43.20</b>	<b>12:19:43.20</b>	+06:40:11 (54.1%)	17:36	3.4 (45.9%)
29	<b>GĄSIOROWSKI Karol</b>	<b>62</b>	UNIT37	Elite Mężczyzn	85	07:00	01:54:10	03:18:12	06:14:18			+01:47:36	10:41	5.6 (75.7%)
	<b>DĄBROWSKI Adam</b>	<b>66</b>	UNITED RUNNERS	Elite Mężczyzn		07:00	02:37:26 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRAWIECKI Mateusz</b>	<b>57</b>	RUNMAGEDDON TEAM	Elite Mężczyzn		07:00	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Total 31 results.