

**Wydarzenie:** Runmageddon Góry Sowie  
**Organizator:** Extreme Events, Runmageddon  
**Data:** 2022-07-23  
**Miejsce:** Bielawa  
**Dystans:** 42 km

Klasyfikacja: Open Mężczyzn

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	<b>TROJANOWSKI Artur</b>	<b>106</b>	CARBON SILESIA SPORT	Open Mężczyzn	1	07:10	01:43:29	03:32:18	05:45:55	<b>07:41:15.50</b>	<b>07:41:15.50</b>		10:58	5.5 (100%)
2	<b>JUSZCZYK Piotr</b>	<b>223</b>	ĆPAJ_SPORT_WWA	Open Mężczyzn	2	07:30	01:56:50	03:22:49	05:58:57	<b>07:49:16.00</b>	<b>07:49:16.00</b>	+00:08:00 (1.7%)	11:10	5.4 (98.2%)
3	<b>SZYMAŃSKI Piotr</b>	<b>322</b>		Open Mężczyzn	3	07:30	01:56:51	03:39:55	06:10:23	<b>07:56:56.60</b>	<b>07:56:56.60</b>	+00:15:41 (3.3%)	11:21	5.3 (96.4%)
4	<b>PRYZYSTAW Maxim</b>	<b>430</b>	OPFERCREW	Open Mężczyzn	4	07:50	02:20:21	03:56:48	06:38:49	<b>08:03:54.10</b>	<b>08:03:54.10</b>	+00:22:38 (4.7%)	11:31	5.2 (94.5%)
5	<b>CIASTOŃ Bartłomiej</b>	<b>444</b>		Open Mężczyzn	5	07:50	02:25:34	04:00:39	06:35:18	<b>08:04:08.40</b>	<b>08:04:08.40</b>	+00:22:52 (4.7%)	11:31	5.2 (94.5%)
6	<b>MORA Karol</b>	<b>7</b>	CARBON SILESIA SPORT	Open Mężczyzn	6	07:00	01:57:24	03:51:25	06:34:05	<b>08:14:44.50</b>	<b>08:14:44.50</b>	+00:33:29 (6.8%)	11:46	5.1 (92.7%)
7	<b>FILIPCZAK Kamil</b>	<b>369</b>		Open Masters Mężczyzn	1	07:40	02:06:19	03:42:00	06:28:28	<b>08:18:01.80</b>	<b>08:18:01.80</b>	+00:36:46 (7.4%)	11:51	5.1 (92.7%)
8	<b>PRZEPIÓRA Przemysław</b>	<b>305</b>		Open Mężczyzn	7	07:30	02:07:45	03:43:06	06:21:23	<b>08:22:10.40</b>	<b>08:22:10.40</b>	+00:40:54 (8.1%)	11:57	5 (90.9%)
9	<b>KRAWIEC Jarosław</b>	<b>291</b>		Open Mężczyzn	8	07:30	02:06:54	03:48:27	06:18:00	<b>08:23:46.50</b>	<b>08:23:46.50</b>	+00:42:31 (8.4%)	11:59	5 (90.9%)
10	<b>PIĘTA Łukasz</b>	<b>69</b>	UNITED RUNNERS	Open Mężczyzn	9	07:00	02:03:27	03:50:43	06:45:20	<b>08:34:41.25</b>	<b>08:34:41.25</b>	+00:53:25 (10.4%)	12:15	4.9 (89.1%)
11	<b>PRYZWARA Paweł</b>	<b>403</b>		Open Masters Mężczyzn	2	07:40	02:11:02	03:50:21	06:47:19	<b>08:35:49.55</b>	<b>08:35:49.55</b>	+00:54:34 (10.6%)	12:16	4.9 (89.1%)
12	<b>FALKOWSKI Łukasz</b>	<b>428</b>	NNJL	Open Mężczyzn	10	07:50	02:09:21	04:09:09	06:53:04	<b>08:36:30.85</b>	<b>08:36:30.85</b>	+00:55:15 (10.7%)	12:17	4.9 (89.1%)
13	<b>SZARY Michał</b>	<b>316</b>		Open Mężczyzn	11	07:30	02:14:01	03:53:42	06:48:20	<b>08:41:12.25</b>	<b>08:41:12.25</b>	+00:59:56 (11.5%)	12:24	4.8 (87.3%)
14	<b>LEWANDOWSKI Patryk</b>	<b>465</b>		Open Mężczyzn	12	07:50	02:05:50	03:36:00	06:33:16	<b>08:42:16.50</b>	<b>08:42:16.50</b>	+01:01:01 (11.7%)	12:26	4.8 (87.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
15	<b>MŁODZIENIAK Dariusz</b>	<b>86</b>		Open Masters Mężczyzn	3	07:00	02:31:05	04:10:47	07:00:59	<b>08:46:13.60</b>	<b>08:46:13.60</b>	+01:04:58 (12.3%)	12:31	4.8 (87.3%)
16	<b>PALUSZEWSKI Piotr</b>	<b>396</b>		Open Mężczyzn	13	07:40	02:16:33	04:04:25	06:43:29	<b>08:47:58.20</b>	<b>08:47:58.20</b>	+01:06:42 (12.6%)	12:34	4.8 (87.3%)
17	<b>GORSIAK Jacek</b>	<b>239</b>	HUSARIA RACE TEAM	Open Mężczyzn	14	07:30	02:07:34	03:53:37	06:52:05	<b>08:51:35.45</b>	<b>08:51:35.45</b>	+01:10:19 (13.2%)	12:39	4.7 (85.5%)
18	<b>FERDYNAND Mateusz</b>	<b>251</b>	MR.TEAM	Open Mężczyzn	15	07:30	02:24:04	04:03:31	07:06:13	<b>08:52:24.85</b>	<b>08:52:24.85</b>	+01:11:09 (13.4%)	12:40	4.7 (85.5%)
19	<b>PYTELEWSKI Radosław</b>	<b>404</b>		Open Mężczyzn	16	07:40	02:08:09	03:57:50	06:49:08	<b>08:52:46.85</b>	<b>08:52:46.85</b>	+01:11:31 (13.4%)	12:41	4.7 (85.5%)
20	<b>DRAŻKOWSKI Piotr</b>	<b>446</b>		Open Masters Mężczyzn	4	07:50	02:20:28	04:05:09	06:57:40	<b>08:54:29.85</b>	<b>08:54:29.85</b>	+01:13:14 (13.7%)	12:43	4.7 (85.5%)
21	<b>KOMISARCZYK Krzysiek</b>	<b>440</b>	WILKI MIĘDZYLESIE	Open Mężczyzn	17	07:50	02:20:31	04:05:18	06:57:43	<b>08:54:30.70</b>	<b>08:54:30.70</b>	+01:13:15 (13.7%)	12:43	4.7 (85.5%)
22	<b>WAJDA Rafał</b>	<b>478</b>		Open Mężczyzn	18	07:50	02:17:50	04:19:57	07:01:13	<b>08:58:53.60</b>	<b>08:58:53.60</b>	+01:17:38 (14.4%)	12:49	4.7 (85.5%)
23	<b>DERA Grzegorz</b>	<b>368</b>		Open Mężczyzn	19	07:40	02:04:23	03:59:36	07:03:07	<b>09:00:52.15</b>	<b>09:00:52.15</b>	+01:19:36 (14.7%)	12:52	4.7 (85.5%)
24	<b>ŻOŁĄDEK Paweł</b>	<b>436</b>	RMG_STG_KOCIEWIE	Open Mężczyzn	20	07:50	02:10:43	04:10:38	06:59:06	<b>09:01:28.60</b>	<b>09:01:28.60</b>	+01:20:13 (14.8%)	12:53	4.7 (85.5%)
25	<b>GROMOTKA Janusz</b>	<b>372</b>		Open Masters Mężczyzn	5	07:40	02:18:35	04:02:54	07:07:22	<b>09:02:20.35</b>	<b>09:02:20.35</b>	+01:21:04 (15.0%)	12:54	4.6 (83.6%)
26	<b>ZADROŻNY Krzysztof</b>	<b>234</b>	HARDER CIECHANÓW	Open Mężczyzn	21	07:30	02:21:57	04:09:17	07:04:26	<b>09:05:35.30</b>	<b>09:05:35.30</b>	+01:24:19 (15.5%)	12:59	4.6 (83.6%)
27	<b>OBUDZIŃSKI Marcin</b>	<b>233</b>	HARDER CIECHANÓW	Open Masters Mężczyzn	6	07:30	02:21:57	04:08:28	07:04:17	<b>09:05:35.35</b>	<b>09:05:35.35</b>	+01:24:19 (15.5%)	12:59	4.6 (83.6%)
28	<b>KANCELARZ Rafał</b>	<b>376</b>		Open Mężczyzn	22	07:40	02:18:23	04:12:46	07:13:02	<b>09:08:39.55</b>	<b>09:08:39.55</b>	+01:27:24 (15.9%)	13:03	4.6 (83.6%)
29	<b>KAMYCZEK Adam</b>	<b>331</b>	DZIADY OCR	Open Masters Mężczyzn	7	07:40	02:18:23	04:13:09	07:12:36	<b>09:08:39.90</b>	<b>09:08:39.90</b>	+01:27:24 (15.9%)	13:03	4.6 (83.6%)
30	<b>KARCZYŃSKI Tomasz</b>	<b>377</b>		Open Mężczyzn	23	07:40	02:18:45	04:09:51	07:12:54	<b>09:08:40.80</b>	<b>09:08:40.80</b>	+01:27:25 (15.9%)	13:03	4.6 (83.6%)
31	<b>WAŃKOWICZ Adrian</b>	<b>324</b>		Open Mężczyzn	24	07:30	02:19:40	04:11:43	07:09:21	<b>09:09:08.30</b>	<b>09:09:08.30</b>	+01:27:52 (16.0%)	13:04	4.6 (83.6%)
32	<b>WOJCIECHOWSKI Adam</b>	<b>420</b>		Open Mężczyzn	25	07:40	02:08:55	04:09:50	06:59:06	<b>09:11:32.40</b>	<b>09:11:32.40</b>	+01:30:16 (16.4%)	13:07	4.6 (83.6%)
33	<b>PASZEK Dawid</b>	<b>224</b>	CSTORE	Open Mężczyzn	26	07:30	02:17:26	04:04:10	07:17:00	<b>09:11:47.80</b>	<b>09:11:47.80</b>	+01:30:32 (16.4%)	13:08	4.6 (83.6%)
34	<b>HOMAN Grzegorz</b>	<b>284</b>		Open Mężczyzn	27	07:30	02:29:14	04:18:49	07:13:14	<b>09:13:30.95</b>	<b>09:13:30.95</b>	+01:32:15 (16.7%)	13:10	4.6 (83.6%)
35	<b>KAMIENIECKI Tristan</b>	<b>286</b>		Open Mężczyzn	28	07:30		04:13:18		<b>09:13:42.95</b>	<b>09:13:42.95</b>	+01:32:27 (16.7%)	13:11	4.6 (83.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
36	<b>GOŁĘBIEWSKI Tomasz</b>	<b>371</b>		Open Masters Mężczyzn	8	07:40	02:24:24	04:21:01	07:21:08	<b>09:14:09.45</b>	<b>09:14:09.45</b>	+01:32:53 (16.8%)	13:11	4.5 (81.8%)
37	<b>MACIĄG Krzysztof</b>	<b>466</b>		Open Masters Mężczyzn	9	07:50	02:34:56	04:22:34	07:27:58	<b>09:14:34.85</b>	<b>09:14:34.85</b>	+01:33:19 (16.8%)	13:12	4.5 (81.8%)
38	<b>DRAPA Rafał</b>	<b>445</b>		Open Masters Mężczyzn	10	07:50	02:26:46	04:11:11	07:05:19	<b>09:15:42.95</b>	<b>09:15:42.95</b>	+01:34:27 (17.0%)	13:13	4.5 (81.8%)
39	<b>SZCZOTKA Adam</b>	<b>317</b>		Open Mężczyzn	29	07:30	02:16:56	04:09:17	07:04:01	<b>09:17:28.60</b>	<b>09:17:28.60</b>	+01:36:13 (17.3%)	13:16	4.5 (81.8%)
40	<b>TIAHNYBOK Paweł</b>	<b>94</b>		Open Masters Mężczyzn	11	07:00	02:20:39	04:09:47	07:17:05	<b>09:18:15.30</b>	<b>09:18:15.30</b>	+01:36:59 (17.4%)	13:17	4.5 (81.8%)
41	<b>MAJEK Bartłomiej</b>	<b>488</b>		Open Mężczyzn	30	07:40	01:59:32	03:48:39	07:02:52	<b>09:18:18.80</b>	<b>09:18:18.80</b>	+01:37:03 (17.4%)	13:17	4.5 (81.8%)
42	<b>KONOWALSKI Dawid</b>	<b>458</b>		Open Mężczyzn	31	07:50	02:34:55	04:31:00	07:27:56	<b>09:18:58.40</b>	<b>09:18:58.40</b>	+01:37:42 (17.5%)	13:18	4.5 (81.8%)
43	<b>DYLEWSKI Sławomir</b>	<b>264</b>	TEAM SPIRIT NOWA SÓL	Open Mężczyzn	32	07:30	02:22:54	04:10:07	07:19:35	<b>09:19:28.70</b>	<b>09:19:28.70</b>	+01:38:13 (17.6%)	13:19	4.5 (81.8%)
44	<b>MAZUR Robert</b>	<b>338</b>	MAZURY_BIEGAJA	Open Mężczyzn	33	07:40	02:29:03	04:21:28	07:22:17	<b>09:20:22.65</b>	<b>09:20:22.65</b>	+01:39:07 (17.7%)	13:20	4.5 (81.8%)
45	<b>RATAJSZCZAK Dominik</b>	<b>306</b>		Open Mężczyzn	34	07:30	02:08:24	03:53:28	06:56:52	<b>09:21:13.50</b>	<b>09:21:13.50</b>	+01:39:58 (17.8%)	13:21	4.5 (81.8%)
46	<b>TUZ Bartosz</b>	<b>249</b>	MODRZYCA HUNTERS	Open Mężczyzn	35	07:30	02:19:20	04:12:21	07:18:01	<b>09:23:29.70</b>	<b>09:23:29.70</b>	+01:42:14 (18.1%)	13:24	4.5 (81.8%)
47	<b>GÓRSKI Tomasz</b>	<b>246</b>	MODRZYCA HUNTERS	Open Masters Mężczyzn	12	07:30	02:19:19	04:12:09	07:15:08	<b>09:23:30.40</b>	<b>09:23:30.40</b>	+01:42:14 (18.1%)	13:25	4.5 (81.8%)
48	<b>M Sławek Sławek</b>	<b>247</b>	MODRZYCA HUNTERS	Open Mężczyzn	36	07:30	02:19:28	04:11:59	07:18:02	<b>09:23:37.25</b>	<b>09:23:37.25</b>	+01:42:21 (18.2%)	13:25	4.5 (81.8%)
49	<b>BARZOWSKI Kamil</b>	<b>327</b>	BRAVERUNNERS OCR	Open Mężczyzn	37	07:40	02:33:01	04:39:02	07:31:49	<b>09:25:04.50</b>	<b>09:25:04.50</b>	+01:43:49 (18.4%)	13:27	4.5 (81.8%)
50	<b>HELLER Ernest</b>	<b>283</b>		Open Mężczyzn	38	07:30	02:24:09	04:25:17	07:22:19	<b>09:26:28.25</b>	<b>09:26:28.25</b>	+01:45:12 (18.6%)	13:29	4.4 (80.0%)
51	<b>PINDEL Piotr</b>	<b>244</b>	ŁOWCY PIEROŻKÓW	Open Mężczyzn	39	07:30	02:24:03	04:24:36	07:39:11	<b>09:33:34.05</b>	<b>09:33:34.05</b>	+01:52:18 (19.6%)	13:39	4.4 (80.0%)
52	<b>POPIOŁEK Piotr</b>	<b>303</b>		Open Mężczyzn	40	07:30	02:22:31	04:16:48	07:27:33	<b>09:34:16.70</b>	<b>09:34:16.70</b>	+01:53:01 (19.7%)	13:40	4.4 (80.0%)
53	<b>SZWAJKOWSKI Karol</b>	<b>321</b>		Open Mężczyzn	41	07:30	02:22:35	04:16:37	07:27:39	<b>09:34:24.50</b>	<b>09:34:24.50</b>	+01:53:09 (19.7%)	13:40	4.4 (80.0%)
54	<b>KURYŁO Kamil</b>	<b>84</b>		Open Mężczyzn	42	07:00	02:19:55	04:22:54	07:27:29	<b>09:34:34.10</b>	<b>09:34:34.10</b>	+01:53:18 (19.7%)	13:40	4.4 (80.0%)
55	<b>TOUŠKA Mirek</b>	<b>323</b>		Open Mężczyzn	43	07:30	02:21:35	04:15:59	07:33:05	<b>09:35:09.00</b>	<b>09:35:09.00</b>	+01:53:53 (19.8%)	13:41	4.4 (80.0%)
56	<b>WROBEL Radał</b>	<b>484</b>		Open Mężczyzn	44	07:50	02:27:46	04:13:06	07:23:59	<b>09:37:45.20</b>	<b>09:37:45.20</b>	+01:56:29 (20.2%)	13:45	4.4 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
57	<b>DUK Marcin</b>	<b>81</b>		Open Mężczyzn	45	07:00	02:30:10	04:23:02	07:31:45	<b>09:37:46.80</b>	<b>09:37:46.80</b>	+01:56:31 (20.2%)	13:45	4.4 (80.0%)
58	<b>LUTEREK Michał</b>	<b>203</b>	OBSTACLE CENTER TEAM	Open Masters Mężczyzn	13	07:10	02:21:35	04:59:10	07:47:32	<b>09:39:25.60</b>	<b>09:39:25.60</b>	+01:58:10 (20.4%)	13:47	4.3 (78.2%)
59	<b>PLUTA Dariusz</b>	<b>271</b>	WINKO SKŁAD	Open Mężczyzn	46	07:30	02:28:51	04:27:00	07:42:59	<b>09:41:07.80</b>	<b>09:41:07.80</b>	+01:59:52 (20.6%)	13:50	4.3 (78.2%)
60	<b>HĄC Łukasz</b>	<b>281</b>		Open Mężczyzn	47	07:30	02:25:18	04:24:52	07:38:35	<b>09:41:08.30</b>	<b>09:41:08.30</b>	+01:59:52 (20.6%)	13:50	4.3 (78.2%)
61	<b>JASKÓLSKI Marek</b>	<b>270</b>	WINKO SKŁAD	Open Mężczyzn	48	07:30	02:28:52	04:28:11	07:42:59	<b>09:41:08.40</b>	<b>09:41:08.40</b>	+01:59:52 (20.6%)	13:50	4.3 (78.2%)
62	<b>STAROSZYŃSKI Dawid</b>	<b>173</b>		Open Mężczyzn	49	07:10	02:24:53	04:07:48	07:17:42	<b>09:42:53.00</b>	<b>09:42:53.00</b>	+02:01:37 (20.9%)	13:52	4.3 (78.2%)
63	<b>ODEJEWSKI Dariusz</b>	<b>394</b>		Open Mężczyzn	50	07:40	02:22:14	04:18:18	07:34:14	<b>09:44:28.30</b>	<b>09:44:28.30</b>	+02:03:12 (21.1%)	13:54	4.3 (78.2%)
64	<b>SZULTKA Tomasz</b>	<b>415</b>		Open Mężczyzn	51	07:40	02:22:14	04:18:33	07:34:19	<b>09:44:29.55</b>	<b>09:44:29.55</b>	+02:03:14 (21.1%)	13:54	4.3 (78.2%)
65	<b>MYRLAK Maciej</b>	<b>118</b>	KONIU SQUAD	Open Masters Mężczyzn	14	07:10	02:27:29	04:26:41	07:37:02	<b>09:45:48.65</b>	<b>09:45:48.65</b>	+02:04:33 (21.3%)	13:56	4.3 (78.2%)
66	<b>GYREK Szczepan</b>	<b>451</b>		Open Mężczyzn	52	07:50	02:27:37	04:28:51	07:52:47	<b>09:52:24.70</b>	<b>09:52:24.70</b>	+02:11:09 (22.1%)	14:06	4.3 (78.2%)
67	<b>MROŹEK Michał</b>	<b>438</b>	SUŁTANI FITNESSU	Open Masters Mężczyzn	15	07:50	02:28:53	04:13:41	07:39:17	<b>09:53:03.20</b>	<b>09:53:03.20</b>	+02:11:47 (22.2%)	14:07	4.2 (76.4%)
68	<b>STANIASZEK Michał</b>	<b>439</b>	SUŁTANI FITNESSU	Open Masters Mężczyzn	16	07:50	02:28:59	04:14:29	07:39:17	<b>09:53:08.60</b>	<b>09:53:08.60</b>	+02:11:53 (22.2%)	14:07	4.2 (76.4%)
69	<b>MACIOCHA Krzysztof</b>	<b>389</b>		Open Mężczyzn	53	07:40	02:26:19	04:36:53	07:32:01	<b>09:55:32.25</b>	<b>09:55:32.25</b>	+02:14:16 (22.5%)	14:10	4.2 (76.4%)
70	<b>KRZYŻANOWSKI Julian</b>	<b>50</b>	POWER TRAINING	Open Masters Mężczyzn	17	07:00	02:20:02	04:34:37	07:34:50	<b>09:55:48.60</b>	<b>09:55:48.60</b>	+02:14:33 (22.6%)	14:11	4.2 (76.4%)
71	<b>FUDALA Damian</b>	<b>450</b>		Open Mężczyzn	54	07:50	02:31:08	04:30:33	07:38:33	<b>09:57:00.80</b>	<b>09:57:00.80</b>	+02:15:45 (22.7%)	14:12	4.2 (76.4%)
72	<b>TARAS Michał</b>	<b>416</b>		Open Mężczyzn	55	07:40	02:26:17	04:23:28	07:58:09	<b>10:00:41.65</b>	<b>10:00:41.65</b>	+02:19:26 (23.2%)	14:18	4.2 (76.4%)
73	<b>OGIERMAN Mariusz</b>	<b>263</b>	SOCIOS SILESIA	Open Mężczyzn	56	07:30	02:23:41	04:15:50	07:48:31	<b>10:00:52.45</b>	<b>10:00:52.45</b>	+02:19:36 (23.2%)	14:18	4.2 (76.4%)
74	<b>KUPREWICZ Grzegorz</b>	<b>383</b>		Open Mężczyzn	57	07:40	02:26:01	04:24:31	07:39:03	<b>10:01:06.90</b>	<b>10:01:06.90</b>	+02:19:51 (23.3%)	14:18	4.2 (76.4%)
75	<b>BIENIEK Kacper</b>	<b>362</b>		Open Mężczyzn	58	07:40	02:28:57	04:53:52	07:44:13	<b>10:04:53.70</b>	<b>10:04:53.70</b>	+02:23:38 (23.7%)	14:24	4.2 (76.4%)
76	<b>BIENIEK Michał</b>	<b>363</b>		Open Mężczyzn	59	07:40	02:28:58	04:53:50	07:44:14	<b>10:04:54.10</b>	<b>10:04:54.10</b>	+02:23:38 (23.7%)	14:24	4.2 (76.4%)
77	<b>FILOCHOWSKI Krystian</b>	<b>449</b>		Open Mężczyzn	60	07:50	02:16:40	04:24:02	07:47:43	<b>10:05:35.15</b>	<b>10:05:35.15</b>	+02:24:19 (23.8%)	14:25	4.2 (76.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
78	<b>LECH Mateusz</b>	<b>334</b>	GOOD VIBES STUDIO TRENINGU KATOWICE ZDROWOZYJ.PL	Open Mężczyzn	61	07:40	02:32:23	04:43:35	08:02:47	<b>10:06:17.45</b>	<b>10:06:17.45</b>	+02:25:01 (23.9%)	14:26	4.2 (76.4%)
79	<b>PAPIERZ Mateusz</b>	<b>397</b>		Open Mężczyzn	62	07:40	02:17:12	04:34:47	08:06:29	<b>10:06:29.10</b>	<b>10:06:29.10</b>	+02:25:13 (23.9%)	14:26	4.2 (76.4%)
80	<b>LEWANDOWSKI Grzegorz</b>	<b>386</b>		Open Mężczyzn	63	07:40	02:37:46	04:36:13	08:00:27	<b>10:08:57.10</b>	<b>10:08:57.10</b>	+02:27:41 (24.3%)	14:29	4.1 (74.5%)
81	<b>ŻUKOWSKI Karol</b>	<b>485</b>		Open Mężczyzn	64	07:50	02:53:03	04:56:19	08:06:55	<b>10:09:26.25</b>	<b>10:09:26.25</b>	+02:28:10 (24.3%)	14:30	4.1 (74.5%)
82	<b>KRÓLAK Kornel</b>	<b>462</b>		Open Mężczyzn	65	07:50	02:24:08	04:36:04	07:51:12	<b>10:09:40.30</b>	<b>10:09:40.30</b>	+02:28:24 (24.3%)	14:30	4.1 (74.5%)
83	<b>BRZOSTEK Tomasz</b>	<b>275</b>		Open Mężczyzn	66	07:30	02:27:35	04:30:11	07:56:54	<b>10:10:40.65</b>	<b>10:10:40.65</b>	+02:29:25 (24.5%)	14:32	4.1 (74.5%)
84	<b>GAŃKO Aleksander</b>	<b>238</b>	HUSARIA RACE TEAM	Open Mężczyzn	67	07:30	02:38:45	04:47:06	08:00:39	<b>10:10:59.20</b>	<b>10:10:59.20</b>	+02:29:43 (24.5%)	14:32	4.1 (74.5%)
85	<b>ROSKIEWICZ Wojciech</b>	<b>405</b>		Open Masters Mężczyzn	18	07:40	02:21:00	04:05:46	07:39:45	<b>10:11:01.10</b>	<b>10:11:01.10</b>	+02:29:45 (24.5%)	14:32	4.1 (74.5%)
86	<b>SIENKIEWICZ Jakub</b>	<b>91</b>		Open Mężczyzn	68	07:00	02:41:41	04:40:07	07:56:48	<b>10:11:03.05</b>	<b>10:11:03.05</b>	+02:29:47 (24.5%)	14:32	4.1 (74.5%)
87	<b>SŁABASZEWSKI Kamil</b>	<b>236</b>	HARPAGAN BEAST	Open Mężczyzn	69	07:30	02:27:37	04:26:45	08:04:27	<b>10:11:03.25</b>	<b>10:11:03.25</b>	+02:29:47 (24.5%)	14:32	4.1 (74.5%)
88	<b>JANOWSKI Kasper</b>	<b>374</b>		Open Mężczyzn	70	07:40	02:27:05	04:35:20	07:52:11	<b>10:12:46.00</b>	<b>10:12:46.00</b>	+02:31:30 (24.7%)	14:35	4.1 (74.5%)
89	<b>PASTUSZKA Jakub</b>	<b>75</b>	WILK TRENUJE FAMILY (WTF)	Open Mężczyzn	71	07:00	02:28:33	04:27:40	07:54:17	<b>10:12:51.25</b>	<b>10:12:51.25</b>	+02:31:35 (24.7%)	14:35	4.1 (74.5%)
90	<b>BATURA Adrian</b>	<b>250</b>	MR.TEAM	Open Mężczyzn	72	07:30	02:28:36	04:29:37	07:57:19	<b>10:13:45.40</b>	<b>10:13:45.40</b>	+02:32:29 (24.8%)	14:36	4.1 (74.5%)
91	<b>FILIPIAK Krzysztof</b>	<b>252</b>	MR.TEAM	Open Mężczyzn	73	07:30	02:28:36	04:29:15	07:57:20	<b>10:13:46.70</b>	<b>10:13:46.70</b>	+02:32:31 (24.8%)	14:36	4.1 (74.5%)
92	<b>OWCZAREK Adam</b>	<b>437</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	74	07:50	02:30:59	04:34:50	07:55:05	<b>10:13:51.20</b>	<b>10:13:51.20</b>	+02:32:35 (24.9%)	14:36	4.1 (74.5%)
93	<b>RAJNIK Daniel</b>	<b>471</b>		Open Mężczyzn	75	07:50	02:21:35	04:26:42	07:55:03	<b>10:13:55.50</b>	<b>10:13:55.50</b>	+02:32:40 (24.9%)	14:37	4.1 (74.5%)
94	<b>KMIECIAK Krzysztof</b>	<b>288</b>		Open Masters Mężczyzn	19	07:30	02:35:24	04:33:40	07:57:50	<b>10:14:00.15</b>	<b>10:14:00.15</b>	+02:32:44 (24.9%)	14:37	4.1 (74.5%)
95	<b>SOWIŃSKI Mikołaj</b>	<b>311</b>		Open Mężczyzn	76	07:30	02:32:45	04:55:49	07:58:49	<b>10:15:37.00</b>	<b>10:15:37.00</b>	+02:34:21 (25.1%)	14:39	4.1 (74.5%)
96	<b>ROJKOWSKI Jerzy</b>	<b>307</b>		Open Masters Mężczyzn	20	07:30	02:34:13	04:43:17	07:54:57	<b>10:16:37.35</b>	<b>10:16:37.35</b>	+02:35:21 (25.2%)	14:40	4.1 (74.5%)
97	<b>SKUPIŃSKI Patryk</b>	<b>474</b>		Open Mężczyzn	77	07:50	02:27:45	04:23:08	07:59:47	<b>10:17:28.25</b>	<b>10:17:28.25</b>	+02:36:12 (25.3%)	14:42	4.1 (74.5%)
98	<b>MACHERA Rafał</b>	<b>388</b>		Open Mężczyzn	78	07:40	02:31:59	04:24:32	07:51:04	<b>10:19:17.20</b>	<b>10:19:17.20</b>	+02:38:01 (25.5%)	14:44	4.1 (74.5%)
99	<b>BEDNARSKI Paweł</b>	<b>340</b>	NA PRZYPALE ALBO WCALE!!!	Open Mężczyzn	79	07:40	02:35:36	04:40:14	08:14:01	<b>10:19:47.30</b>	<b>10:19:47.30</b>	+02:38:31 (25.6%)	14:45	4.1 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
100	<b>ANTONIAK Kamil</b>	<b>126</b>	OBSTACLE CENTER TEAM	Open Mężczyzn	80	07:10	02:26:01	04:53:49	08:10:18	<b>10:20:07.45</b>	<b>10:20:07.45</b>	+02:38:51 (25.6%)	14:45	4.1 (74.5%)
101	<b>CHROMÝ David</b>	<b>365</b>		Open Mężczyzn	81	07:40	02:12:21	04:55:31	08:30:21	<b>10:22:25.40</b>	<b>10:22:25.40</b>	+02:41:09 (25.9%)	14:49	4 (72.7%)
102	<b>GADULA Jakub</b>	<b>370</b>		Open Mężczyzn	82	07:40	02:25:04	04:31:31	08:04:52	<b>10:23:07.30</b>	<b>10:23:07.30</b>	+02:41:51 (26.0%)	14:50	4 (72.7%)
103	<b>HABIB Johnny</b>	<b>280</b>		Open Mężczyzn	83	07:30	02:25:36	04:48:34	08:04:15	<b>10:26:20.25</b>	<b>10:26:20.25</b>	+02:45:04 (26.4%)	14:54	4 (72.7%)
104	<b>SIKORA Mateusz</b>	<b>410</b>		Open Mężczyzn	84	07:40	02:39:04	04:35:27	08:05:14	<b>10:26:33.75</b>	<b>10:26:33.75</b>	+02:45:18 (26.4%)	14:55	4 (72.7%)
105	<b>MAZUREK Maciej</b>	<b>392</b>		Open Mężczyzn	85	07:40	02:39:03	04:35:26	08:05:16	<b>10:26:34.10</b>	<b>10:26:34.10</b>	+02:45:18 (26.4%)	14:55	4 (72.7%)
106	<b>MAJCZYNA Marcin</b>	<b>98</b>	#MUSISZTEAM	Open Masters Mężczyzn	21	07:10	02:30:33	04:45:55	07:57:28	<b>10:26:48.45</b>	<b>10:26:48.45</b>	+02:45:32 (26.4%)	14:55	4 (72.7%)
107	<b>KOKOSZKA Marcin</b>	<b>457</b>		Open Mężczyzn	86	07:40	02:25:23	04:31:09	08:04:54	<b>10:27:32.00</b>	<b>10:27:32.00</b>	+02:46:16 (26.5%)	14:56	4 (72.7%)
108	<b>KOPACZYNSKI Artur</b>	<b>378</b>		Open Mężczyzn	87	07:40	02:27:45	04:25:11	08:01:51	<b>10:27:34.90</b>	<b>10:27:34.90</b>	+02:46:19 (26.5%)	14:56	4 (72.7%)
109	<b>KRUKOWSKI Kamil</b>	<b>381</b>		Open Mężczyzn	88	07:40	02:43:00	05:02:19	08:15:48	<b>10:28:42.35</b>	<b>10:28:42.35</b>	+02:47:26 (26.6%)	14:58	4 (72.7%)
110	<b>POPIELA Mateusz</b>	<b>401</b>		Open Mężczyzn	89	07:40	02:24:05	04:30:52	08:13:11	<b>10:28:55.00</b>	<b>10:28:55.00</b>	+02:47:39 (26.7%)	14:58	4 (72.7%)
111	<b>JURCZAK Piotr</b>	<b>23</b>	FITPARK TEAM	Open Masters Mężczyzn	22	07:00	02:34:32	05:13:04	08:18:11	<b>10:31:00.70</b>	<b>10:31:00.70</b>	+02:49:45 (26.9%)	15:01	4 (72.7%)
112	<b>TOMCZAK Dariusz</b>	<b>28</b>	HELL'S GYM OCR PĘPOWO	Open Mężczyzn	90	07:00	02:17:23	04:52:30	07:34:50	<b>10:31:45.90</b>	<b>10:31:45.90</b>	+02:50:30 (27.0%)	15:02	4 (72.7%)
113	<b>PIOTROWSKI Sławomir</b>	<b>267</b>	TURBO DZIKI NA MEFEDRONIE	Open Mężczyzn	91	07:30	02:32:46	04:53:26	08:25:01	<b>10:32:11.95</b>	<b>10:32:11.95</b>	+02:50:56 (27.0%)	15:03	4 (72.7%)
114	<b>ŁĄCZYKOWSKI Sylwester</b>	<b>463</b>		Open Mężczyzn	92	07:30	02:49:28	04:50:06	08:25:03	<b>10:32:18.40</b>	<b>10:32:18.40</b>	+02:51:02 (27.1%)	15:03	4 (72.7%)
115	<b>OSIŃSKI Marcin</b>	<b>262</b>	RUNMAGEDDONOWE ŚWIRY	Open Mężczyzn	93	07:30	02:49:06	04:51:38	08:16:01	<b>10:32:27.70</b>	<b>10:32:27.70</b>	+02:51:12 (27.1%)	15:03	4 (72.7%)
116	<b>KITALA Radosław</b>	<b>149</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	94	07:10	02:40:14	04:41:02	08:07:58	<b>10:32:47.35</b>	<b>10:32:47.35</b>	+02:51:31 (27.1%)	15:03	4 (72.7%)
117	<b>JAROS Łukasz</b>	<b>453</b>		Open Mężczyzn	95	07:50	02:30:01	04:29:48	08:36:45	<b>10:33:17.60</b>	<b>10:33:17.60</b>	+02:52:02 (27.2%)	15:04	4 (72.7%)
118	<b>AKERMAN Błażej</b>	<b>265</b>	TURBO DZIKI NA MEFEDRONIE	Open Mężczyzn	96	07:30	02:32:58	04:53:30	08:25:03	<b>10:33:39.80</b>	<b>10:33:39.80</b>	+02:52:24 (27.2%)	15:05	4 (72.7%)
119	<b>GRZESIAK Michał</b>	<b>266</b>	TURBO DZIKI NA MEFEDRONIE	Open Mężczyzn	97	07:30	02:32:59	04:53:28	08:25:02	<b>10:33:39.90</b>	<b>10:33:39.90</b>	+02:52:24 (27.2%)	15:05	4 (72.7%)
120	<b>ZAWADZKI Jakub</b>	<b>422</b>		Open Mężczyzn	98	07:40	02:39:17	04:45:13	08:20:41	<b>10:33:44.45</b>	<b>10:33:44.45</b>	+02:52:28 (27.2%)	15:05	4 (72.7%)
121	<b>STASIAK Dawid</b>	<b>413</b>		Open Mężczyzn	99	07:40	02:52:25	04:54:55	08:24:02	<b>10:35:04.25</b>	<b>10:35:04.25</b>	+02:53:48 (27.4%)	15:07	4 (72.7%)
122	<b>DRABCZYK Artur</b>	<b>429</b>	NUTREND TEAM	Open Mężczyzn	100	07:50	02:40:57	04:54:22	08:13:01	<b>10:35:09.85</b>	<b>10:35:09.85</b>	+02:53:54 (27.4%)	15:07	4 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
123	<b>SIKORSKI Mateusz</b>	<b>310</b>		Open Mężczyzn	101	07:30	02:25:56	04:35:07	08:10:31	<b>10:35:49.60</b>	<b>10:35:49.60</b>	+02:54:34 (27.5%)	15:08	4 (72.7%)
124	<b>MWENDELA Filip</b>	<b>468</b>		Open Mężczyzn	102	07:50	02:20:33	04:28:10	08:00:16	<b>10:37:52.60</b>	<b>10:37:52.60</b>	+02:56:37 (27.7%)	15:11	4 (72.7%)
125	<b>MIERZICKI Marcel</b>	<b>51</b>	POWER TRAINING	Open Masters Mężczyzn	23	07:00	02:28:39	04:37:55	08:01:28	<b>10:38:23.95</b>	<b>10:38:23.95</b>	+02:57:08 (27.7%)	15:11	3.9 (70.9%)
126	<b>KOZIOŁ Kamil</b>	<b>5</b>	CARBON SILESIA SPORT	Open Mężczyzn	103	07:00	02:01:41	05:28:25	08:31:44	<b>10:38:26.90</b>	<b>10:38:26.90</b>	+02:57:11 (27.8%)	15:12	3.9 (70.9%)
126	<b>PLUCIŃSKI Jakub</b>	<b>108</b>	DRAGON RUNNERS	Open Mężczyzn	103	07:10	02:30:04	04:33:02	08:17:34	<b>10:38:26.90</b>	<b>10:38:26.90</b>	+02:57:11 (27.8%)	15:12	3.9 (70.9%)
128	<b>BAGDZIŃSKI Daniel</b>	<b>122</b>	MOVE. TEAM	Open Masters Mężczyzn	24	07:10	02:35:22	05:19:47	08:31:33	<b>10:39:10.00</b>	<b>10:39:10.00</b>	+02:57:54 (27.8%)	15:13	3.9 (70.9%)
129	<b>DOBROWOLSKI Piotr</b>	<b>80</b>		Open Mężczyzn	105	07:00	02:06:56	05:07:10	07:57:55	<b>10:41:03.75</b>	<b>10:41:03.75</b>	+02:59:48 (28.0%)	15:15	3.9 (70.9%)
130	<b>NABAGŁO Marcin</b>	<b>30</b>	KOCHAM SŁODKIE	Open Mężczyzn	106	07:00	02:26:56	04:52:45	08:05:11	<b>10:42:12.00</b>	<b>10:42:12.00</b>	+03:00:56 (28.2%)	15:17	3.9 (70.9%)
131	<b>ŁABAS Dawid</b>	<b>293</b>		Open Mężczyzn	107	07:30	02:26:14	04:35:09	08:10:33	<b>10:43:11.40</b>	<b>10:43:11.40</b>	+03:01:55 (28.3%)	15:18	3.9 (70.9%)
132	<b>SKOWRON Mariusz</b>	<b>411</b>		Open Mężczyzn	108	07:40	02:37:03	04:43:45	08:08:15	<b>10:43:17.65</b>	<b>10:43:17.65</b>	+03:02:02 (28.3%)	15:18	3.9 (70.9%)
133	<b>WÓJTOWICZ Dawid</b>	<b>269</b>	WATAHA	Open Mężczyzn	109	07:30	02:40:31	04:50:54	08:37:55	<b>10:44:18.05</b>	<b>10:44:18.05</b>	+03:03:02 (28.4%)	15:20	3.9 (70.9%)
134	<b>OSZCZEPALSKI Krzysztof</b>	<b>300</b>		Open Mężczyzn	110	07:30	02:30:53	04:54:28	08:29:56	<b>10:44:28.55</b>	<b>10:44:28.55</b>	+03:03:13 (28.4%)	15:20	3.9 (70.9%)
135	<b>PALION Marcin</b>	<b>301</b>		Open Masters Mężczyzn	25	07:30	02:33:29	04:39:03	08:10:32	<b>10:47:23.45</b>	<b>10:47:23.45</b>	+03:06:07 (28.8%)	15:24	3.9 (70.9%)
136	<b>WRZOSEK Patryk</b>	<b>11</b>	CARBON SILESIA SPORT	Open Mężczyzn	111	07:00	02:44:22	04:59:18	08:28:52	<b>10:47:42.00</b>	<b>10:47:42.00</b>	+03:06:26 (28.8%)	15:25	3.9 (70.9%)
137	<b>WILCZYŃSKI Artur</b>	<b>482</b>		Open Masters Mężczyzn	26	07:50	02:58:08	04:53:24	08:38:12	<b>10:48:24.95</b>	<b>10:48:24.95</b>	+03:07:09 (28.9%)	15:26	3.9 (70.9%)
138	<b>BARAN Michał</b>	<b>221</b>	BEFIT24TEAM	Open Mężczyzn	112	07:30	02:31:44	04:49:34	08:31:02	<b>10:49:20.30</b>	<b>10:49:20.30</b>	+03:08:04 (29.0%)	15:27	3.9 (70.9%)
139	<b>CABAJ Robert</b>	<b>443</b>		Open Mężczyzn	113	07:50	02:35:31	04:48:44	08:31:43	<b>10:51:45.25</b>	<b>10:51:45.25</b>	+03:10:29 (29.2%)	15:31	3.9 (70.9%)
140	<b>PAWLUCZUK Tomasz</b>	<b>399</b>		Open Masters Mężczyzn	27	07:40	02:39:03	04:35:10	08:24:25	<b>10:52:21.30</b>	<b>10:52:21.30</b>	+03:11:05 (29.3%)	15:31	3.9 (70.9%)
141	<b>RUTKOWSKI Łukasz</b>	<b>406</b>		Open Mężczyzn	114	07:40	02:42:54	04:41:54	08:24:25	<b>10:52:21.55</b>	<b>10:52:21.55</b>	+03:11:06 (29.3%)	15:31	3.9 (70.9%)
142	<b>FERSZTER Piotr</b>	<b>447</b>		Open Mężczyzn	115	07:50	02:35:31	04:48:41	08:31:41	<b>10:52:24.70</b>	<b>10:52:24.70</b>	+03:11:09 (29.3%)	15:32	3.9 (70.9%)
143	<b>MACIOL Piotr</b>	<b>390</b>		Open Mężczyzn	116	07:40	02:55:35	05:03:48	08:39:04	<b>10:52:43.90</b>	<b>10:52:43.90</b>	+03:11:28 (29.3%)	15:32	3.9 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
144	KUREK Andrzej	384		Open Masters Mężczyzn	28	07:40	02:37:17	04:49:35	08:31:46	<b>10:54:23.05</b>	<b>10:54:23.05</b>	+03:13:07 (29.5%)	15:34	3.9 (70.9%)
145	KUCZBORSKI Jacek	382		Open Mężczyzn	117	07:40	02:37:31	04:49:32	08:31:53	<b>10:54:28.50</b>	<b>10:54:28.50</b>	+03:13:13 (29.5%)	15:34	3.9 (70.9%)
146	SAWICKI Gabor	408		Open Mężczyzn	118	07:40	02:45:26	04:57:53	08:46:01	<b>10:54:43.50</b>	<b>10:54:43.50</b>	+03:13:28 (29.5%)	15:35	3.8 (69.1%)
147	ŻYLEWICZ Patrycja	349	NA PRZYPALE ALBO WCALE!!!	Open Masters Mężczyzn	29	07:40	02:44:16	04:51:04	08:35:04	<b>10:55:34.15</b>	<b>10:55:34.15</b>	+03:14:18 (29.6%)	15:36	3.8 (69.1%)
148	LESZKIEWICZ Paweł	345	NA PRZYPALE ALBO WCALE!!!	Open Mężczyzn	119	07:40	02:44:17	04:51:04	08:35:07	<b>10:55:35.25</b>	<b>10:55:35.25</b>	+03:14:19 (29.6%)	15:36	3.8 (69.1%)
149	KUTYŁA Marek	351	OMNIA VANITAS	Open Masters Mężczyzn	30	07:40	02:45:29	05:03:12	08:35:02	<b>10:55:38.85</b>	<b>10:55:38.85</b>	+03:14:23 (29.6%)	15:36	3.8 (69.1%)
150	KUCHNO Tadeusz	256	OBSTACLE CENTER TEAM	Open Masters Mężczyzn	31	07:30	02:55:04	05:04:18	08:56:38	<b>10:59:08.95</b>	<b>10:59:08.95</b>	+03:17:53 (30.0%)	15:41	3.8 (69.1%)
151	NOWIŃSKI Aleksander	434	REPTILIANIE	Open Mężczyzn	120	07:50	02:53:15	05:13:18	08:43:52	<b>10:59:42.90</b>	<b>10:59:42.90</b>	+03:18:27 (30.1%)	15:42	3.8 (69.1%)
152	ZENDEROWSKI Przemysław	325		Open Mężczyzn	121	07:30	02:41:34	05:01:20	08:42:23	<b>11:01:08.85</b>	<b>11:01:08.85</b>	+03:19:53 (30.2%)	15:44	3.8 (69.1%)
153	LIPIEC Paweł	85		Open Mężczyzn	122	07:00	02:09:35	04:11:39	07:54:42	<b>11:01:40.35</b>	<b>11:01:40.35</b>	+03:20:24 (30.3%)	15:45	3.8 (69.1%)
154	BOCZULA Michał	274		Open Mężczyzn	123	07:30	02:39:20	04:49:55	08:21:17	<b>11:02:08.40</b>	<b>11:02:08.40</b>	+03:20:52 (30.3%)	15:45	3.8 (69.1%)
155	BEDNARCZYK Mariusz	273		Open Mężczyzn	124	07:30	02:58:01	05:04:02	08:50:45	<b>11:02:41.60</b>	<b>11:02:41.60</b>	+03:21:26 (30.4%)	15:46	3.8 (69.1%)
156	TOMASZEWSKI Adrian	475		Open Mężczyzn	125	07:50	02:52:14	05:16:05	08:47:42	<b>11:02:59.50</b>	<b>11:02:59.50</b>	+03:21:44 (30.4%)	15:47	3.8 (69.1%)
157	DROST Rafał	261	R&G	Open Masters Mężczyzn	32	07:30	02:34:00	04:47:20	08:37:21	<b>11:03:03.45</b>	<b>11:03:03.45</b>	+03:21:47 (30.4%)	15:47	3.8 (69.1%)
158	SUCHOCKI Kamil	314		Open Mężczyzn	126	07:30	02:55:52	05:12:36	08:50:45	<b>11:03:54.05</b>	<b>11:03:54.05</b>	+03:22:38 (30.5%)	15:48	3.8 (69.1%)
159	PORKUSZEWSKI Konrad	89		Open Mężczyzn	127	07:00	02:30:48	04:51:15	08:45:09	<b>11:04:01.50</b>	<b>11:04:01.50</b>	+03:22:46 (30.5%)	15:48	3.8 (69.1%)
160	REK Patryk	427	LEILA TEAM	Open Mężczyzn	128	07:50	02:34:11	04:28:29	08:43:36	<b>11:04:26.75</b>	<b>11:04:26.75</b>	+03:23:11 (30.6%)	15:49	3.8 (69.1%)
161	JANKOWSKI Remik	373		Open Masters Mężczyzn	33	07:40	02:44:28	04:58:07	08:26:13	<b>11:04:50.40</b>	<b>11:04:50.40</b>	+03:23:34 (30.6%)	15:49	3.8 (69.1%)
162	DYDYNA Krzysztof	341	NA PRZYPALE ALBO WCALE!!!	Open Mężczyzn	129	07:40	02:30:17	04:45:44	08:26:12	<b>11:04:50.50</b>	<b>11:04:50.50</b>	+03:23:35 (30.6%)	15:49	3.8 (69.1%)
163	KOPA Przemysław	343	NA PRZYPALE ALBO WCALE!!!	Open Masters Mężczyzn	34	07:40	03:06:11	05:01:59	09:22:49	<b>11:06:31.15</b>	<b>11:06:31.15</b>	+03:25:15 (30.8%)	15:52	3.8 (69.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
164	<b>CIOCH Krzysztof</b>	<b>366</b>		Open Mężczyzn	130	07:40	03:06:09	05:02:00	09:22:49	<b>11:06:32.05</b>	<b>11:06:32.05</b>	+03:25:16 (30.8%)	15:52	3.8 (69.1%)
165	<b>NIŻAŃSKI Jarosław</b>	<b>230</b>	FITPARK TEAM	Open Masters Mężczyzn	35	07:30	02:48:11	05:13:12	08:44:46	<b>11:06:39.25</b>	<b>11:06:39.25</b>	+03:25:23 (30.8%)	15:52	3.8 (69.1%)
166	<b>CZUBAK Damian</b>	<b>367</b>		Open Mężczyzn	131	07:40	02:42:08	05:10:12	08:52:34	<b>11:07:25.40</b>	<b>11:07:25.40</b>	+03:26:09 (30.9%)	15:53	3.8 (69.1%)
167	<b>STĘPIEŃ Patryk</b>	<b>414</b>		Open Mężczyzn	132	07:40	02:42:06	05:10:14	08:52:30	<b>11:07:25.85</b>	<b>11:07:25.85</b>	+03:26:10 (30.9%)	15:53	3.8 (69.1%)
168	<b>WITKOWSKI Marek</b>	<b>225</b>	DZIADY OCR	Open Masters Mężczyzn	36	07:30	02:49:50	04:54:20	08:50:44	<b>11:07:37.15</b>	<b>11:07:37.15</b>	+03:26:21 (30.9%)	15:53	3.8 (69.1%)
169	<b>PRZESŁAŃSKI Mateusz</b>	<b>245</b>	MIKAMIK CZEWA	Open Masters Mężczyzn	37	07:30	02:48:55	05:05:35	09:00:40	<b>11:11:12.40</b>	<b>11:11:12.40</b>	+03:29:56 (31.3%)	15:58	3.8 (69.1%)
170	<b>MRÓZ Sebastian</b>	<b>297</b>		Open Masters Mężczyzn	38	07:30	02:48:56	05:05:03	09:00:40	<b>11:11:16.40</b>	<b>11:11:16.40</b>	+03:30:00 (31.3%)	15:58	3.8 (69.1%)
171	<b>JEZIOŃEK Daniel</b>	<b>160</b>		Open Mężczyzn	133	07:10	02:36:11	04:42:09	08:35:53	<b>11:11:44.05</b>	<b>11:11:44.05</b>	+03:30:28 (31.3%)	15:59	3.8 (69.1%)
172	<b>ŠANA Radek</b>	<b>407</b>		Open Mężczyzn	134	07:40	03:01:49	05:12:05	09:00:22	<b>11:14:20.70</b>	<b>11:14:20.70</b>	+03:33:05 (31.6%)	16:03	3.7 (67.3%)
173	<b>WINKLER Arkadiusz</b>	<b>483</b>		Open Mężczyzn	135	07:50	02:40:01	05:07:21	09:09:28	<b>11:15:51.65</b>	<b>11:15:51.65</b>	+03:34:36 (31.8%)	16:05	3.7 (67.3%)
174	<b>KARYKOWSKI Michał</b>	<b>425</b>	HUSARIA RACE TEAM	Open Mężczyzn	136	07:50	02:34:53	04:56:05	08:35:37	<b>11:17:42.15</b>	<b>11:17:42.15</b>	+03:36:26 (31.9%)	16:08	3.7 (67.3%)
175	<b>SZKLARSKI Przemysław</b>	<b>105</b>	CARBON SILESIA SPORT	Open Masters Mężczyzn	39	07:10	02:21:26	04:35:31	08:14:42	<b>11:18:19.90</b>	<b>11:18:19.90</b>	+03:37:04 (32.0%)	16:09	3.7 (67.3%)
176	<b>KOPCZA Krzysztof</b>	<b>459</b>		Open Mężczyzn	137	07:50	02:52:30	05:05:29	09:11:34	<b>11:18:29.40</b>	<b>11:18:29.40</b>	+03:37:13 (32.0%)	16:09	3.7 (67.3%)
177	<b>DRASZAWKA Łukasz</b>	<b>433</b>	POWER TRAINING	Open Mężczyzn	138	07:50	03:01:07	05:22:10	09:13:13	<b>11:21:14.20</b>	<b>11:21:14.20</b>	+03:39:58 (32.3%)	16:13	3.7 (67.3%)
178	<b>STEFANIAK Marek</b>	<b>174</b>		Open Masters Mężczyzn	40	07:10	02:51:57	05:09:50	09:01:06	<b>11:21:50.90</b>	<b>11:21:50.90</b>	+03:40:35 (32.4%)	16:14	3.7 (67.3%)
179	<b>CHAPANIOŃEK Krzysztof</b>	<b>277</b>		Open Mężczyzn	139	07:30	02:45:43	05:03:44	09:01:14	<b>11:22:39.10</b>	<b>11:22:39.10</b>	+03:41:23 (32.4%)	16:15	3.7 (67.3%)
180	<b>PAWŁOWSKI Tomasz</b>	<b>231</b>	FURTECA	Open Mężczyzn	140	07:30	02:59:06	05:14:30	09:12:31	<b>11:24:14.15</b>	<b>11:24:14.15</b>	+03:42:58 (32.6%)	16:17	3.7 (67.3%)
181	<b>LIKOS Dawid</b>	<b>387</b>		Open Mężczyzn	141	07:40	03:01:43	05:15:25	09:18:06	<b>11:24:46.90</b>	<b>11:24:46.90</b>	+03:43:31 (32.6%)	16:18	3.7 (67.3%)
182	<b>KUBULUS Tomasz</b>	<b>330</b>	DO PORZYGU OCR TEAM	Open Masters Mężczyzn	41	07:40	02:48:49	05:17:16	09:14:26	<b>11:25:29.80</b>	<b>11:25:29.80</b>	+03:44:14 (32.7%)	16:19	3.7 (67.3%)
183	<b>BARAN Dawid</b>	<b>329</b>	DO PORZYGU OCR TEAM	Open Mężczyzn	142	07:40	02:48:50	05:17:17	09:14:27	<b>11:26:11.95</b>	<b>11:26:11.95</b>	+03:44:56 (32.8%)	16:20	3.7 (67.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
184	<b>MATUSIAK Michał</b>	<b>294</b>		Open Mężczyzn	143	07:30	02:59:01	05:21:25	08:58:37	<b>11:28:57.70</b>	<b>11:28:57.70</b>	+03:47:42 (33.1%)	16:24	3.7 (67.3%)
185	<b>PAKUŁA Bartosz</b>	<b>258</b>	OBSTACLE CENTER TEAM	Open Mężczyzn	144	07:30	02:59:00	05:21:44	08:58:37	<b>11:30:23.20</b>	<b>11:30:23.20</b>	+03:49:07 (33.2%)	16:26	3.7 (67.3%)
186	<b>JOŃCA Kajetan</b>	<b>455</b>		Open Mężczyzn	145	07:50	02:43:24	05:11:56	08:51:54	<b>11:34:05.00</b>	<b>11:34:05.00</b>	+03:52:49 (33.5%)	16:31	3.6 (65.5%)
187	<b>SROCZYŃSKI Igor</b>	<b>312</b>		Open Mężczyzn	146	07:30	02:42:29	05:07:47	09:06:24	<b>11:37:36.70</b>	<b>11:37:36.70</b>	+03:56:21 (33.9%)	16:36	3.6 (65.5%)
188	<b>HORN Rafał</b>	<b>285</b>		Open Masters Mężczyzn	42	07:30	03:01:02	05:13:13	09:15:38	<b>11:37:42.05</b>	<b>11:37:42.05</b>	+03:56:26 (33.9%)	16:36	3.6 (65.5%)
189	<b>SZOSTEK Wojciech</b>	<b>237</b>	HARPAGAN BEAST	Open Mężczyzn	147	07:30	03:25:45	05:21:02	09:40:30	<b>11:37:42.95</b>	<b>11:37:42.95</b>	+03:56:27 (33.9%)	16:36	3.6 (65.5%)
190	<b>PONSKI Cezary</b>	<b>302</b>		Open Mężczyzn	148	07:30	03:25:56	05:21:05	09:40:31	<b>11:37:43.25</b>	<b>11:37:43.25</b>	+03:56:27 (33.9%)	16:36	3.6 (65.5%)
191	<b>SASINOWSKI Krzysztof</b>	<b>308</b>		Open Mężczyzn	149	07:30	03:00:53	05:13:51	09:33:37	<b>11:37:46.55</b>	<b>11:37:46.55</b>	+03:56:31 (33.9%)	16:36	3.6 (65.5%)
192	<b>OŻÓG Mateusz</b>	<b>243</b>	JAK ŻÓŁWIE W GALOPIE	Open Mężczyzn	150	07:30	02:51:28	05:15:44	09:37:37	<b>11:38:05.10</b>	<b>11:38:05.10</b>	+03:56:49 (33.9%)	16:37	3.6 (65.5%)
193	<b>ŁASKAWSKI Michał</b>	<b>222</b>	BEFIT24TEAM	Open Masters Mężczyzn	43	07:30	02:47:54	05:11:21	09:10:44	<b>11:39:07.80</b>	<b>11:39:07.80</b>	+03:57:52 (34.0%)	16:38	3.6 (65.5%)
194	<b>GRUBBA Rafał</b>	<b>253</b>	NIE WIDZĘ PRZESZKÓD!	Open Mężczyzn	151	07:30	03:14:53	05:21:01	09:40:33	<b>11:39:43.60</b>	<b>11:39:43.60</b>	+03:58:28 (34.1%)	16:39	3.6 (65.5%)
195	<b>VEČEŘA Jan</b>	<b>419</b>		Open Mężczyzn	152	07:40	03:09:29	05:17:50	09:20:58	<b>11:39:53.15</b>	<b>11:39:53.15</b>	+03:58:37 (34.1%)	16:39	3.6 (65.5%)
196	<b>KOZON Emil</b>	<b>135</b>	PARAFIANIE RMG	Open Mężczyzn	153	07:10	02:42:00	05:20:50	08:59:33	<b>11:40:44.50</b>	<b>11:40:44.50</b>	+03:59:29 (34.2%)	16:41	3.6 (65.5%)
197	<b>KMIECIAK Grzegorz</b>	<b>150</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	154	07:10	03:06:59	05:12:06	09:12:27	<b>11:41:02.40</b>	<b>11:41:02.40</b>	+03:59:46 (34.2%)	16:41	3.6 (65.5%)
198	<b>SOBUSIAK Iwo</b>	<b>38</b>	NINJA ELEMENTS	Open Mężczyzn	155	07:00	02:50:21	05:28:15	09:08:03	<b>11:41:58.40</b>	<b>11:41:58.40</b>	+04:00:42 (34.3%)	16:42	3.6 (65.5%)
199	<b>SZCZEPAŃSKI Igor</b>	<b>39</b>	NINJA ELEMENTS	Open Mężczyzn	156	07:00	02:49:02	05:14:56	09:53:53	<b>11:42:27.15</b>	<b>11:42:27.15</b>	+04:01:11 (34.3%)	16:43	3.6 (65.5%)
200	<b>JANIKOWSKI Patryk</b>	<b>37</b>	NINJA ELEMENTS	Open Mężczyzn	157	07:00	02:49:03	05:14:50	09:53:56	<b>11:42:33.45</b>	<b>11:42:33.45</b>	+04:01:17 (34.3%)	16:43	3.6 (65.5%)
201	<b>POLUS Piotr Peter</b>	<b>52</b>	POWER TRAINING	Open Mężczyzn	158	07:00	02:30:40	04:58:34	09:00:36	<b>11:44:24.65</b>	<b>11:44:24.65</b>	+04:03:09 (34.5%)	16:46	3.6 (65.5%)
202	<b>OKTABIŃSKI Karol</b>	<b>112</b>	EXTREMALNI MOGILNO	Open Mężczyzn	159	07:10	02:42:04	05:20:13	09:31:12	<b>11:45:00.10</b>	<b>11:45:00.10</b>	+04:03:44 (34.6%)	16:47	3.6 (65.5%)
203	<b>ZALEWSKI Sebastian</b>	<b>421</b>		Open Mężczyzn	160	07:40	03:03:50	05:20:33	09:32:32	<b>11:48:52.95</b>	<b>11:48:52.95</b>	+04:07:37 (34.9%)	16:52	3.6 (65.5%)
204	<b>NOWAKOWSKI Daniel</b>	<b>299</b>		Open Mężczyzn	161	07:30	03:06:09	05:22:06	09:40:30	<b>11:48:58.95</b>	<b>11:48:58.95</b>	+04:07:43 (34.9%)	16:52	3.6 (65.5%)
205	<b>ZAJĄC Tadeusz</b>	<b>337</b>	LATAJĄCE ŚWINIE	Open Mężczyzn	162	07:40	02:55:06	05:08:09	09:32:41	<b>11:49:01.00</b>	<b>11:49:01.00</b>	+04:07:45 (34.9%)	16:52	3.6 (65.5%)
206	<b>MUCHA Patryk</b>	<b>336</b>	LATAJĄCE ŚWINIE	Open Mężczyzn	163	07:40	02:55:25	05:08:06	09:32:20	<b>11:49:07.40</b>	<b>11:49:07.40</b>	+04:07:51 (35.0%)	16:53	3.6 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Punkt Rege 14km	Pętla 21km	Punkt Rege 35km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
207	<b>SCHUBERT Tomasz</b>	<b>409</b>		Open Masters Mężczyzn	44	07:40	03:02:39	05:21:01	09:32:20	<b>11:49:09.95</b>	<b>11:49:09.95</b>	+04:07:54 (35.0%)	16:53	3.6 (65.5%)
208	<b>OGIŃSKI Szymon</b>	<b>73</b>	WARRIORS ŁÓDŹ	Open Mężczyzn	164	07:00	02:12:09	04:55:02	08:17:26	<b>11:52:18.60</b>	<b>11:52:18.60</b>	+04:11:03 (35.2%)	16:57	3.5 (63.6%)
209	<b>KOWALIK Karol</b>	<b>289</b>		Open Mężczyzn	165	07:30	03:00:55	05:13:49	09:40:19	<b>11:57:58.20</b>	<b>11:57:58.20</b>	+04:16:42 (35.8%)	17:05	3.5 (63.6%)
<b>Przekroczony limit czasu: 12:00:00</b>														
210	<b>KRZYŻOWSKI Grzegorz</b>	<b>19</b>	FIT MORE RYBNIK	Open Mężczyzn	166	07:00	02:22:41	04:21:30	07:35:32	<b>12:01:14.75</b>	<b>12:01:14.75</b>	+04:19:59 (36.0%)	17:10	3.5 (63.6%)
211	<b>NIKIEL Dariusz</b>	<b>13</b>	DIRTY SPARROWS	Open Masters Mężczyzn	45	07:00	02:19:01	05:18:31	08:46:16	<b>12:04:16.90</b>	<b>12:04:16.90</b>	+04:23:01 (36.3%)	17:14	3.5 (63.6%)
	<b>ANDRZEJEWSKI Jakub</b>	<b>29</b>	HUSARIA RACE TEAM	Open Mężczyzn		07:00	02:05:07 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 212 wynik(ów)