

Wydarzenie: Zimowy Runmageddon Warszawa Twierdza Modlin
Organizator: Extreme Events, Runmageddon
Data: 2025-01-25
Miejsce: Warszawa
Dystans: 12 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	JACIÓW Paweł	2042	WATAHA	Elite Mężczyzn	1	00:26:51	01:04:47.45	01:04:47.45		5:23	11.1 (100%)
2	OLICHOWSKI Mateusz	2037	RUNMAGEDDON TEAM	Elite Mężczyzn	2	00:26:23	01:04:50.20	01:04:50.20	+00:00:02 (0.1%)	5:24	11.1 (100%)
3	BAK Daniel	2002	BIEGUN OCR TEAM	Elite Mężczyzn	3	00:26:38	01:05:39.00	01:05:39.00	+00:00:51 (1.3%)	5:28	11 (99.1%)
4	KALINOWSKI Krystian	2035	RUNMAGEDDON TEAM	Elite Mężczyzn	4	00:27:17	01:06:51.75	01:06:51.75	+00:02:04 (3.1%)	5:34	10.8 (97.3%)
5	RUTKOWSKI Mariusz	2041	SPICHLERZ	Elite Masters Mężczyzn	1	00:27:22	01:07:49.85	01:07:49.85	+00:03:02 (4.5%)	5:39	10.6 (95.5%)
6	LIUTKUS Dainius	2123	OCR BALTIC WARRIORS	Elite Mężczyzn	5	00:27:54	01:08:53.75	01:08:53.75	+00:04:06 (6.0%)	5:44	10.5 (94.6%)
7	BOROWSKI Michał	2006	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	6	00:28:34	01:09:06.60	01:09:06.60	+00:04:19 (6.2%)	5:45	10.4 (93.7%)
8	KOZŁOWSKI Artur	2000	ASSECO ACTIVE TEAM	Elite Mężczyzn	7	00:29:05	01:10:29.45	01:10:29.45	+00:05:42 (8.1%)	5:52	10.2 (91.9%)
9	CWIRZEN Marcin	2044	WOLF TEAM	Elite Mężczyzn	8	00:28:24	01:10:49.00	01:10:49.00	+00:06:01 (8.5%)	5:54	10.2 (91.9%)
10	ČERKOVSKIS Timurs	2088	SK RUNNINGCOACH.LV	Elite Mężczyzn	9	00:28:32	01:11:01.70	01:11:01.70	+00:06:14 (8.8%)	5:55	10.1 (91.0%)
11	SZCZERBO Walerij	2027	OCR BALTIC WARRIORS	Elite Mężczyzn	10	00:29:03	01:11:14.40	01:11:14.40	+00:06:26 (9.1%)	5:56	10.1 (91.0%)
12	KASIELSKI Rafał	2036	RUNMAGEDDON TEAM	Elite Mężczyzn	11	00:28:17	01:11:47.85	01:11:47.85	+00:07:00 (9.8%)	5:58	10 (90.1%)
13	RUDNICKI Marcin	2012	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	2	00:29:14	01:12:32.05	01:12:32.05	+00:07:44 (10.7%)	6:02	9.9 (89.2%)
14	BRZEZIŃSKI Bartosz	2034	RUNMAGEDDON TEAM	Elite Mężczyzn	12	00:28:53	01:13:28.75	01:13:28.75	+00:08:41 (11.8%)	6:07	9.8 (88.3%)
15	WUDKOWSKI Filip	2039	SOCIOS SILESIA	Elite Mężczyzn	13	00:28:31	01:13:34.45	01:13:34.45	+00:08:47 (11.9%)	6:07	9.8 (88.3%)
16	MAŚLANKIEWICZ Dawid	2010	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	14	00:29:33	01:13:41.55	01:13:41.55	+00:08:54 (12.1%)	6:08	9.8 (88.3%)
17	PSUT Kamil	2016	CHEEKY MONKEY TEAM	Elite Mężczyzn	15	00:31:08	01:14:32.50	01:14:32.50	+00:09:45 (13.1%)	6:12	9.7 (87.4%)

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18	ZIELIŃSKI Bartosz	2018	DYNAMIC STRONG GNIEZNO	Elite Mężczyzn	16	00:30:39	01:14:34.70	01:14:34.70	+00:09:47 (13.1%)	6:12	9.7 (87.4%)
19	TALARKO Mateusz	2058		Elite Mężczyzn	17	00:31:05	01:15:38.25	01:15:38.25	+00:10:50 (14.3%)	6:18	9.5 (85.6%)
20	LIS Tomasz	2009	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	18	00:31:01	01:15:45.70	01:15:45.70	+00:10:58 (14.5%)	6:18	9.5 (85.6%)
21	KYBARTAS Rolandas	2025	OCR BALTIC WARRIORS	Elite Mężczyzn	19	00:29:05	01:16:43.15	01:16:43.15	+00:11:55 (15.5%)	6:23	9.4 (84.7%)
22	PULŠA Artūr	2026	OCR BALTIC WARRIORS	Elite Masters Mężczyzn	3	00:31:07	01:16:51.90	01:16:51.90	+00:12:04 (15.7%)	6:24	9.4 (84.7%)
23	TRUHIN Kiril	2090	SK RUNNINGCOACH.LV	Elite Mężczyzn	20	00:30:51	01:17:31.60	01:17:31.60	+00:12:44 (16.4%)	6:27	9.3 (83.8%)
24	LEONIK Marcin	2357		Open Mężczyzn	1	00:30:25	01:19:46.60	01:19:46.60	+00:14:59 (18.8%)	6:38	9 (81.1%)
25	GAJOCHA Michał	2007	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	4	00:32:09	01:19:55.40	01:19:55.40	+00:15:07 (18.9%)	6:39	9 (81.1%)
26	JUDEK Łukasz	2008	CARBON SILESIA SPORT BY VITARADE	Elite Masters Mężczyzn	5	00:30:56	01:20:03.90	01:20:03.90	+00:15:16 (19.1%)	6:40	9 (81.1%)
27	KROPIDŁOWSKI Grzegorz	2040	SPICHLERZ	Elite Masters Mężczyzn	6	00:31:10	01:20:09.35	01:20:09.35	+00:15:21 (19.2%)	6:40	9 (81.1%)
28	WIELOGÓRSKI Karol	2003	BIEGUN OCR TEAM	Elite Mężczyzn	21	00:32:50	01:20:18.65	01:20:18.65	+00:15:31 (19.3%)	6:41	9 (81.1%)
29	CHROSTOWSKI Krzysztof	2178		Open Mężczyzn	2	00:31:27	01:20:20.20	01:20:20.20	+00:15:32 (19.4%)	6:41	9 (81.1%)
30	WYLĘŻEK Mateusz	2014	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	22	00:32:04	01:21:06.90	01:21:06.90	+00:16:19 (20.1%)	6:45	8.9 (80.2%)
31	CHUDZIAK Sebastian	2020	GŁODNE WILKI	Elite Mężczyzn	23	00:32:55	01:21:11.85	01:21:11.85	+00:16:24 (20.2%)	6:45	8.9 (80.2%)
32	DOBRAWOLSKIS Darius	2080	OCR GARGŽDAI	Elite Masters Mężczyzn	7	00:33:18	01:22:45.65	01:22:45.65	+00:17:58 (21.7%)	6:53	8.7 (78.4%)
33	JASTRZĘBSKI Sławomir	2001	BESTIE OCR LEGIONOWO	Elite Masters Mężczyzn	8	00:33:28	01:23:22.75	01:23:22.75	+00:18:35 (22.3%)	6:56	8.6 (77.5%)
34	CIEPLIŃSKI Tomasz	2047		Elite Masters Mężczyzn	9	00:32:43	01:23:52.20	01:23:52.20	+00:19:04 (22.7%)	6:59	8.6 (77.5%)
35	GIZAK Michał	2038	SOCIOS SILESIA	Elite Mężczyzn	24	00:32:18	01:24:13.60	01:24:13.60	+00:19:26 (23.1%)	7:01	8.5 (76.6%)
36	MOCHNACZ Szymon	2104		Elite Mężczyzn	25	00:29:26	01:24:47.65	01:24:47.65	+00:20:00 (23.6%)	7:03	8.5 (76.6%)
37	ROGALSKI Piotr	2030	PODLASKIE KOCURY	Elite Mężczyzn	26	00:34:49	01:25:43.20	01:25:43.20	+00:20:55 (24.4%)	7:08	8.4 (75.7%)
38	KALINOWSKA Karolina	2119	RUNMAGEDDON TEAM	Elite Kobiet	1	00:34:23	01:26:34.25	01:26:34.25	+00:21:46 (25.2%)	7:12	8.3 (74.8%)
39	KOWALSKI Kamil	2352		Open Mężczyzn	3	00:32:01	01:26:51.65	01:26:51.65	+00:22:04 (25.4%)	7:14	8.3 (74.8%)
40	CZYŻEWSKI Dominik	2342		Open Mężczyzn	4	00:32:00	01:26:59.05	01:26:59.05	+00:22:11 (25.5%)	7:14	8.3 (74.8%)

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41	LIUTKÉ Sandra	2124	OCR BALTIC WARRIORS	Elite Kobiet	2	00:33:07	01:27:08.50	01:27:08.50	+00:22:21 (25.6%)	7:15	8.3 (74.8%)
42	KONIECZNA Żaneta	2112	BEFIT24TEAM	Elite Kobiet	3	00:35:46	01:27:25.90	01:27:25.90	+00:22:38 (25.9%)	7:17	8.2 (73.9%)
43	KUPNIEWSKI Sebastian	2281		Open Mężczyzn	5	00:33:35	01:27:56.65	01:27:56.65	+00:23:09 (26.3%)	7:19	8.2 (73.9%)
44	MORAWSKI Grzegorz	2053		Elite Masters Mężczyzn	10	00:34:26	01:28:10.35	01:28:10.35	+00:23:22 (26.5%)	7:20	8.2 (73.9%)
45	MALCZEWSKI Andrzej	2283		Open Mężczyzn	6	00:36:49	01:28:11.85	01:28:11.85	+00:23:24 (26.5%)	7:20	8.2 (73.9%)
46	SZATKOWSKI Kamil	2069	KOLCZASTY TEAM	Elite Mężczyzn	27	00:34:22	01:28:26.85	01:28:26.85	+00:23:39 (26.7%)	7:22	8.1 (73.0%)
47	ŁUKASIK Łukasz	2082	POWER TRAINING	Elite Mężczyzn	28	00:34:54	01:28:36.60	01:28:36.60	+00:23:49 (26.9%)	7:23	8.1 (73.0%)
48	ZAGRODZKA Magdalena	2114	CARBON SILESIA SPORT BY VITARADE	Elite Masters Kobiet	1	00:35:25	01:29:00.90	01:29:00.90	+00:24:13 (27.2%)	7:25	8.1 (73.0%)
49	PORKUSZEWSKI Konrad	2075	KONRADTRENUJETEAM	Elite Mężczyzn	29	00:34:14	01:29:50.75	01:29:50.75	+00:25:03 (27.9%)	7:29	8 (72.1%)
50	ROPELA Radosław	2045	WOLF TEAM	Elite Masters Mężczyzn	11	00:32:51	01:30:22.75	01:30:22.75	+00:25:35 (28.3%)	7:31	8 (72.1%)
51	PODLEWSKI Marcin	2372		Open Mężczyzn	7	00:30:54	01:30:45.65	01:30:45.65	+00:25:58 (28.6%)	7:33	7.9 (71.2%)
52	PYTEL Piotr	2055		Open Mężczyzn	8	00:31:38	01:31:05.40	01:31:05.40	+00:26:17 (28.9%)	7:35	7.9 (71.2%)
53	ŚNIEŻKO-BŁOCKI Błażej	2091	SOCIOS SILESIA	Elite Mężczyzn	30	00:39:40	01:31:34.55	01:31:34.55	+00:26:47 (29.2%)	7:37	7.9 (71.2%)
54	PIETRZAK Łukasz	2328	SYNOWIE ANARCHII	Open Masters Mężczyzn	1	00:33:44	01:31:47.75	01:31:47.75	+00:27:00 (29.4%)	7:38	7.8 (70.3%)
55	ŁUSZCZYNA Robert	2066	EY OCR TEAM	Elite Mężczyzn	31	00:35:54	01:31:59.10	01:31:59.10	+00:27:11 (29.6%)	7:39	7.8 (70.3%)
56	TASARZ Kamil	2063	CHEEKY MONKEY TEAM	Elite Mężczyzn	32	00:35:16	01:32:08.45	01:32:08.45	+00:27:21 (29.7%)	7:40	7.8 (70.3%)
57	SEKŚCIŃSKI Krzysztof	2654		Open Mężczyzn	9	00:35:02	01:32:09.45	01:32:09.45	+00:27:22 (29.7%)	7:40	7.8 (70.3%)
58	KOSEK Krzysiek	2087	SII RUNNING TEAM	Elite Mężczyzn	33	00:36:44	01:32:10.75	01:32:10.75	+00:27:23 (29.7%)	7:40	7.8 (70.3%)
59	LEP Marek	2046	XRUNNERS	Elite Mężczyzn	34	00:36:28	01:32:11.55	01:32:11.55	+00:27:24 (29.7%)	7:40	7.8 (70.3%)
60	DYKAS Adam	2021	GŁODNE WILKI	Elite Masters Mężczyzn	12	00:35:32	01:32:29.20	01:32:29.20	+00:27:41 (29.9%)	7:42	7.8 (70.3%)
61	BOROWSKI Maciej	2005	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	35	00:38:14	01:32:49.45	01:32:49.45	+00:28:02 (30.2%)	7:44	7.8 (70.3%)
62	MYRCHA Jakub	2079	OBSTACLE CENTER TEAM	Elite Mężczyzn	36	00:36:39	01:32:54.95	01:32:54.95	+00:28:07 (30.3%)	7:44	7.8 (70.3%)
63	RUCHLEWSKI Ryszard	2215		Open Masters Mężczyzn	2	00:34:35	01:33:29.05	01:33:29.05	+00:28:41 (30.7%)	7:47	7.7 (69.4%)

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64	WITKOWSKI Rafał	2043	WATAHA	Elite Mężczyzn	37	00:34:56	01:33:29.45	01:33:29.45	+00:28:42 (30.7%)	7:47	7.7 (69.4%)
65	KĘDZIOR Damian	2191		Open Mężczyzn	10	00:34:43	01:33:47.75	01:33:47.75	+00:29:00 (30.9%)	7:48	7.7 (69.4%)
66	TERCJAK Dariusz	2031	PODLASKIE KOCURY	Elite Mężczyzn	38	00:35:19	01:33:52.45	01:33:52.45	+00:29:05 (31.0%)	7:49	7.7 (69.4%)
67	BOĆKO Jakub	2174	WŚCIEKŁE BOBRY	Open Mężczyzn	11	00:37:44	01:33:53.40	01:33:53.40	+00:29:05 (31.0%)	7:49	7.7 (69.4%)
68	GADULA Jakub	2049		Elite Mężczyzn	39	00:37:21	01:33:57.50	01:33:57.50	+00:29:10 (31.0%)	7:49	7.7 (69.4%)
69	STAROSZYŃSKI Dawid	2013	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	40	00:36:27	01:33:59.20	01:33:59.20	+00:29:11 (31.1%)	7:49	7.7 (69.4%)
70	WIELOGÓRSKI Mateusz	2004	BIGYELLOWFOOT ADVENTURE TEAM	Elite Mężczyzn	41	00:34:38	01:34:04.35	01:34:04.35	+00:29:16 (31.1%)	7:50	7.7 (69.4%)
71	KMIECIAK Grzegorz	2093	WARRIORS ŁÓDŹ	Elite Mężczyzn	42	00:37:18	01:34:11.40	01:34:11.40	+00:29:23 (31.2%)	7:50	7.6 (68.5%)
72	RUDOWSKI Grzegorz	2416	ŻGPT	Open Mężczyzn	12	00:35:51	01:34:20.45	01:34:20.45	+00:29:33 (31.3%)	7:51	7.6 (68.5%)
73	PRUSKO Paulina	2115	WATAHA	Elite Kobiet	4	00:36:55	01:34:53.40	01:34:53.40	+00:30:05 (31.7%)	7:54	7.6 (68.5%)
74	SOKÓŁ Roman	2019	FALCON TEAM	Open Mężczyzn	13	00:33:41	01:34:56.65	01:34:56.65	+00:30:09 (31.8%)	7:54	7.6 (68.5%)
75	MAĆKOWIAK Piotr	2550		Open Mężczyzn	14	00:33:31	01:35:10.95	01:35:10.95	+00:30:23 (31.9%)	7:55	7.6 (68.5%)
76	RUSIŃSKI Szymon	2417	ŻGPT	Open Mężczyzn	15	00:35:45	01:35:15.90	01:35:15.90	+00:30:28 (32.0%)	7:56	7.6 (68.5%)
77	ŚMIAŁKOWSKI Kamil	2056		Elite Mężczyzn	43	00:37:46	01:35:49.55	01:35:49.55	+00:31:02 (32.4%)	7:59	7.5 (67.6%)
78	RZEŹNIK Rafał	2638		Open Mężczyzn	16	00:37:30	01:36:05.55	01:36:05.55	+00:31:18 (32.6%)	8:00	7.5 (67.6%)
79	PIETRZAK Konrad	2370		Open Mężczyzn	17	00:35:39	01:36:25.45	01:36:25.45	+00:31:38 (32.8%)	8:02	7.5 (67.6%)
80	KOWALSKI Piotr	2476		Open Mężczyzn	18	00:36:27	01:36:26.70	01:36:26.70	+00:31:39 (32.8%)	8:02	7.5 (67.6%)
81	NAWROCKI Piotr	2011	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	44	00:35:14	01:36:31.25	01:36:31.25	+00:31:43 (32.9%)	8:02	7.5 (67.6%)
82	TOKAJ Mateusz	2310		Open Mężczyzn	19	00:34:39	01:36:35.00	01:36:35.00	+00:31:47 (32.9%)	8:02	7.5 (67.6%)
83	ANDRZEJEWSKI Grzegorz	2070	KONRADTRENUJETEAM	Elite Masters Mężczyzn	13	00:36:29	01:36:41.05	01:36:41.05	+00:31:53 (33.0%)	8:03	7.4 (66.7%)
84	CZERSKI Grzegorz	2322	DIRTY SPARROWS	Open Mężczyzn	20	00:38:04	01:37:16.80	01:37:16.80	+00:32:29 (33.4%)	8:06	7.4 (66.7%)
85	GŁOGOWSKI Jakub	2412	TARCZYŃSKI ACTIVE TEAM	Open Mężczyzn	21	00:41:12	01:38:04.85	01:38:04.85	+00:33:17 (33.9%)	8:10	7.3 (65.8%)
86	DRÓŹDŹ Andrzej	2421		Open Masters Mężczyzn	3	00:37:08	01:38:43.60	01:38:43.60	+00:33:56 (34.4%)	8:13	7.3 (65.8%)

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							netto 12km	brutto 12km			
87	KOMAJDA Mateusz	2101		Elite Mężczyzn	45	00:39:48	01:38:48.00	01:38:48.00	+00:34:00 (34.4%)	8:14	7.3 (65.8%)
88	BRZozowski Jakub	2262		Open Mężczyzn	22	00:33:56	01:38:51.75	01:38:51.75	+00:34:04 (34.5%)	8:14	7.3 (65.8%)
89	MACHERA Rafał	2201		Open Mężczyzn	23	00:35:40	01:39:33.55	01:39:33.55	+00:34:46 (34.9%)	8:17	7.2 (64.9%)
90	ŚLIWA Marcin	2379		Open Mężczyzn	24	00:35:57	01:39:33.75	01:39:33.75	+00:34:46 (34.9%)	8:17	7.2 (64.9%)
91	WOLSKI Jakub	2564		Open Mężczyzn	25	00:37:18	01:39:39.80	01:39:39.80	+00:34:52 (35.0%)	8:18	7.2 (64.9%)
92	KLODA Mikołaj	2277		Open Mężczyzn	26	00:37:58	01:39:49.65	01:39:49.65	+00:35:02 (35.1%)	8:19	7.2 (64.9%)
93	WITCZAK Krzysiek	2487		Open Masters Mężczyzn	4	00:35:04	01:39:56.85	01:39:56.85	+00:35:09 (35.2%)	8:19	7.2 (64.9%)
94	FIDOREK Piotr	2423		Open Masters Mężczyzn	5	00:38:24	01:40:24.20	01:40:24.20	+00:35:36 (35.5%)	8:22	7.2 (64.9%)
95	JAZ Ernest	2273		Open Masters Mężczyzn	6	00:37:32	01:41:18.75	01:41:18.75	+00:36:31 (36.0%)	8:26	7.1 (64.0%)
96	WOJCIECHOWSKI Kamil	2314		Open Masters Mężczyzn	7	00:37:16	01:41:19.55	01:41:19.55	+00:36:32 (36.1%)	8:26	7.1 (64.0%)
97	BĄK Damian	2015	CHEEKY MONKEY TEAM	Elite Mężczyzn	46	00:36:45	01:41:20.45	01:41:20.45	+00:36:33 (36.1%)	8:26	7.1 (64.0%)
98	POCZTA Daniel	2371		Open Mężczyzn	27	00:35:38	01:41:24.85	01:41:24.85	+00:36:37 (36.1%)	8:27	7.1 (64.0%)
99	NAGŁOWSKI Tomasz	2207		Open Masters Mężczyzn	8	00:34:55	01:41:26.65	01:41:26.65	+00:36:39 (36.1%)	8:27	7.1 (64.0%)
100	BOGUSKI Adam	2081	OSPRO OCR	Elite Mężczyzn	47	00:38:37	01:41:33.00	01:41:33.00	+00:36:45 (36.2%)	8:27	7.1 (64.0%)
101	SHAPOVAL Vladyslav	2218		Open Mężczyzn	28	00:36:16	01:41:35.40	01:41:35.40	+00:36:47 (36.2%)	8:27	7.1 (64.0%)
102	MALEK Jarosław	2203		Open Mężczyzn	29	00:38:11	01:41:41.75	01:41:41.75	+00:36:54 (36.3%)	8:28	7.1 (64.0%)
103	NABIAŁCZYK Sylwester	2125	OSTROPEST PLAMISTY	Elite Masters Mężczyzn	14	00:38:57	01:41:51.95	01:41:51.95	+00:37:04 (36.4%)	8:29	7.1 (64.0%)
104	KAMIŃSKI Artur	2475		Open Masters Mężczyzn	9	00:38:15	01:41:52.90	01:41:52.90	+00:37:05 (36.4%)	8:29	7.1 (64.0%)
105	NOGAJ Piotr	2630		Open Mężczyzn	30	00:38:51	01:41:53.65	01:41:53.65	+00:37:06 (36.4%)	8:29	7.1 (64.0%)
106	KLEJNA Patryk	2543		Open Mężczyzn	31	00:37:40	01:42:14.95	01:42:14.95	+00:37:27 (36.6%)	8:31	7 (63.1%)
107	SZ Adrian	2445		Open Mężczyzn	32	00:39:52	01:42:16.85	01:42:16.85	+00:37:29 (36.7%)	8:31	7 (63.1%)
108	BIZOŃ Mariusz	2338		Open Mężczyzn	33	00:38:36	01:42:28.35	01:42:28.35	+00:37:40 (36.8%)	8:32	7 (63.1%)
109	ABRAMCZYK Bernard	2065	EY OCR TEAM	Elite Mężczyzn	48	00:37:53	01:42:56.05	01:42:56.05	+00:38:08 (37.1%)	8:34	7 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
110	ZIMIŃSKI Paweł	2098	WOLF TEAM	Elite Mężczyzn	49	00:39:56	01:43:00.15	01:43:00.15	+00:38:12 (37.1%)	8:35	7 (63.1%)
111	SKIBOWSKI Grzegorz	2222		Open Mężczyzn	34	00:38:33	01:43:15.45	01:43:15.45	+00:38:28 (37.3%)	8:36	7 (63.1%)
112	BORUCINSKI Tomasz	2156	FC GRYFINO	Open Mężczyzn	35	00:39:25	01:43:16.65	01:43:16.65	+00:38:29 (37.3%)	8:36	7 (63.1%)
113	WYBRANIEC Mateusz	2032	POWER TRAINING	Elite Mężczyzn	50	00:35:32	01:43:21.30	01:43:21.30	+00:38:33 (37.3%)	8:36	7 (63.1%)
114	WIETESKA Łukasz	2029	OSPRO OCR	Elite Mężczyzn	51	00:35:21	01:43:52.25	01:43:52.25	+00:39:04 (37.6%)	8:39	6.9 (62.2%)
115	SŁODKOWSKI Marek	2067	HARDCORY	Open Mężczyzn	36	00:35:37	01:44:40.70	01:44:40.70	+00:39:53 (38.1%)	8:43	6.9 (62.2%)
116	KREFTA Izabela	2197		Open Kobiet	1	00:37:39	01:44:42.70	01:44:42.70	+00:39:55 (38.1%)	8:43	6.9 (62.2%)
117	FALISZEK Tomasz	2184		Open Mężczyzn	37	00:38:29	01:45:32.65	01:45:32.65	+00:40:45 (38.6%)	8:47	6.8 (61.3%)
117	KRAWCZYK Marcin	2196		Open Mężczyzn	37	00:38:28	01:45:32.65	01:45:32.65	+00:40:45 (38.6%)	8:47	6.8 (61.3%)
119	BANASZEK Paweł	2335		Open Masters Mężczyzn	10	00:40:42	01:45:37.00	01:45:37.00	+00:40:49 (38.7%)	8:48	6.8 (61.3%)
120	KLIMCZAK Maciej	2059	BIGYELLOWFOOT ADVENTURE TEAM	Elite Mężczyzn	52	00:38:52	01:45:49.75	01:45:49.75	+00:41:02 (38.8%)	8:49	6.8 (61.3%)
121	KUCHARCZYK Piotr	2062	CHEEKY MONKEY TEAM	Elite Mężczyzn	53	00:39:36	01:45:49.80	01:45:49.80	+00:41:02 (38.8%)	8:49	6.8 (61.3%)
122	OBUDZIŃSKI Marcin	2512	OCR CROSSFIT CIECHANÓW	Open Masters Mężczyzn	11	00:38:33	01:46:06.55	01:46:06.55	+00:41:19 (38.9%)	8:50	6.8 (61.3%)
123	ROGOWSKI Kamil	2514	OCR CROSSFIT CIECHANÓW	Open Masters Mężczyzn	12	00:38:31	01:46:06.75	01:46:06.75	+00:41:19 (38.9%)	8:50	6.8 (61.3%)
124	OŁDAKOWSKI Hubert	2513	OCR CROSSFIT CIECHANÓW	Open Mężczyzn	39	00:38:33	01:46:07.35	01:46:07.35	+00:41:19 (38.9%)	8:50	6.8 (61.3%)
125	MAŃKOWSKI Marcin	2073	KONRADTRENUJETEAM	Elite Mężczyzn	54	00:40:09	01:46:10.70	01:46:10.70	+00:41:23 (39.0%)	8:50	6.8 (61.3%)
126	KUCHARSKI Maciej	2198		Open Mężczyzn	40	00:38:32	01:46:45.70	01:46:45.70	+00:41:58 (39.3%)	8:53	6.7 (60.4%)
127	KARCZYŃSKI Tomasz	2540		Open Mężczyzn	41	00:39:59	01:46:56.20	01:46:56.20	+00:42:08 (39.4%)	8:54	6.7 (60.4%)
128	JANISZEWSKI Grzegorz	2064	DZIADY OCR	Elite Masters Mężczyzn	15	00:39:47	01:47:10.00	01:47:10.00	+00:42:22 (39.5%)	8:55	6.7 (60.4%)
129	KUŁAK Michał	2354		Open Mężczyzn	42	00:34:24	01:47:10.55	01:47:10.55	+00:42:23 (39.5%)	8:55	6.7 (60.4%)
130	STERNA Maciej	2245	MACAMA	Open Mężczyzn	43	00:39:27	01:47:14.90	01:47:14.90	+00:42:27 (39.6%)	8:56	6.7 (60.4%)
131	BISKUPSKI Karol	2536		Open Mężczyzn	44	00:38:35	01:47:18.05	01:47:18.05	+00:42:30 (39.6%)	8:56	6.7 (60.4%)
132	LUPA Dariusz	2437		Open Mężczyzn	45	00:40:10	01:47:21.65	01:47:21.65	+00:42:34 (39.7%)	8:56	6.7 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
133	SZUMOWSKI Piotr	2448		Open Mężczyzn	46	00:35:50	01:47:25.80	01:47:25.80	+00:42:38 (39.7%)	8:57	6.7 (60.4%)
134	GIERAS Wiktor	2346		Open Mężczyzn	47	00:38:51	01:47:34.50	01:47:34.50	+00:42:47 (39.8%)	8:57	6.7 (60.4%)
135	RYTEL Mateusz	2376		Open Mężczyzn	48	00:38:40	01:47:45.35	01:47:45.35	+00:42:57 (39.9%)	8:58	6.7 (60.4%)
136	SZYMAŃSKI Adam	2386		Open Mężczyzn	49	00:38:40	01:47:45.85	01:47:45.85	+00:42:58 (39.9%)	8:58	6.7 (60.4%)
137	BAGIŃSKI Radosław	2334		Open Mężczyzn	50	00:37:46	01:47:57.35	01:47:57.35	+00:43:09 (40.0%)	8:59	6.7 (60.4%)
138	DĄBROWSKI Sławomir	2599		Open Mężczyzn	51		01:47:59.45	01:47:59.45	+00:43:12 (40.0%)	8:59	6.7 (60.4%)
139	STAWINOGA Sebastian	2225		Open Mężczyzn	52	00:41:12	01:47:59.65	01:47:59.65	+00:43:12 (40.0%)	8:59	6.7 (60.4%)
140	MARKOWICZ Ewelina	2113	CARBON SILESIA SPORT BY VITARADE	Elite Kobiet	5	00:39:16	01:48:11.10	01:48:11.10	+00:43:23 (40.1%)	9:00	6.7 (60.4%)
141	BRUCHMANN Andrzej	2339		Open Mężczyzn	53	00:40:41	01:48:11.35	01:48:11.35	+00:43:23 (40.1%)	9:00	6.7 (60.4%)
142	BRILLOWSKI Karol	2327	SRK	Open Masters Mężczyzn	13	00:41:29	01:48:20.35	01:48:20.35	+00:43:32 (40.2%)	9:01	6.6 (59.5%)
143	WILGA Marcin	2455	OSPRO OCR	Open Mężczyzn	54	00:35:16	01:48:20.80	01:48:20.80	+00:43:33 (40.2%)	9:01	6.6 (59.5%)
144	SEMUHA Aleksandr	2302		Open Mężczyzn	55	00:42:49	01:48:35.20	01:48:35.20	+00:43:47 (40.3%)	9:02	6.6 (59.5%)
145	ROMBEL Agata	2116		Open Kobiet	2	00:42:50	01:48:57.95	01:48:57.95	+00:44:10 (40.5%)	9:04	6.6 (59.5%)
146	ROSIŃSKI Piotr	2406	SALAMANDRA TEAM	Open Mężczyzn	56	00:41:18	01:49:11.05	01:49:11.05	+00:44:23 (40.7%)	9:05	6.6 (59.5%)
147	KOWALCZYK Krystian	2430		Open Mężczyzn	57	00:43:45	01:49:18.40	01:49:18.40	+00:44:30 (40.7%)	9:06	6.6 (59.5%)
148	KUZMINS Antons	2282		Open Mężczyzn	58	00:42:55	01:49:19.15	01:49:19.15	+00:44:31 (40.7%)	9:06	6.6 (59.5%)
149	NASIŁOWSKI Paweł	2628		Open Mężczyzn	59	00:37:23	01:49:33.45	01:49:33.45	+00:44:46 (40.9%)	9:07	6.6 (59.5%)
150	SZOT Maksymilian	2057		Elite Mężczyzn	55	00:42:22	01:49:37.90	01:49:37.90	+00:44:50 (40.9%)	9:08	6.6 (59.5%)
151	CIESIELSKI Robert	2467		Open Mężczyzn	60	00:37:08	01:49:42.95	01:49:42.95	+00:44:55 (40.9%)	9:08	6.6 (59.5%)
152	PAWLUCZUK Szymon	2296		Open Mężczyzn	61	00:42:33	01:49:45.95	01:49:45.95	+00:44:58 (41.0%)	9:08	6.6 (59.5%)
153	MIRKA Adrian	2287		Open Mężczyzn	62	00:42:33	01:49:46.25	01:49:46.25	+00:44:58 (41.0%)	9:08	6.6 (59.5%)
154	KSIĘŻAK Maciej	2477		Open Mężczyzn	63	00:42:35	01:50:46.90	01:50:46.90	+00:45:59 (41.5%)	9:13	6.5 (58.6%)
155	CISZEWSKI Rafał	2468		Open Mężczyzn	64	00:37:08	01:50:49.55	01:50:49.55	+00:46:02 (41.5%)	9:14	6.5 (58.6%)

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156	OGORZAŁEK Andrzej	2054		Open Mężczyzn	65	00:38:34	01:51:00.35	01:51:00.35	+00:46:12 (41.6%)	9:15	6.5 (58.6%)
157	TAJDUŚ Agata	2449		Open Kobiet	3	00:44:10	01:50:02.20	01:51:14.10	+00:46:26 (41.8%)	9:10	6.5 (58.6%)
158	KAZMIERCZAK Kamil	2541		Open Mężczyzn	66	00:39:46	01:51:17.75	01:51:17.75	+00:46:30 (41.8%)	9:16	6.5 (58.6%)
159	PAMPUCH Kamil	2502	GOGUSIE	Open Mężczyzn	67	00:39:57	01:51:33.95	01:51:33.95	+00:46:46 (41.9%)	9:17	6.5 (58.6%)
160	Mrozik	2501	GOGUSIE	Open Mężczyzn	68	00:39:58	01:51:35.20	01:51:35.20	+00:46:47 (41.9%)	9:17	6.5 (58.6%)
161	CZERWIŃSKI Dominik	2179		Open Mężczyzn	69	00:41:26	01:51:50.00	01:51:50.00	+00:47:02 (42.1%)	9:19	6.4 (57.7%)
162	WIECZERZAK Mariusz	2450		Open Mężczyzn	70	00:39:37	01:51:53.05	01:51:53.05	+00:47:05 (42.1%)	9:19	6.4 (57.7%)
163	KULPA Henryk	2436		Open Mężczyzn	71	00:44:33	01:50:57.20	01:51:55.60	+00:47:08 (42.1%)	9:14	6.5 (58.6%)
164	VENGRAITIS Algirdas	2312		Open Mężczyzn	72	00:43:45	01:52:18.50	01:52:18.50	+00:47:31 (42.3%)	9:21	6.4 (57.7%)
165	WESOŁOWSKI Jerzy	2017	CHEEKY MONKEY TEAM	Elite Masters Mężczyzn	16	00:43:03	01:52:21.10	01:52:21.10	+00:47:33 (42.3%)	9:21	6.4 (57.7%)
166	JABLONKA Radosław	2239	DZIADY OCR	Open Masters Mężczyzn	14	00:40:38	01:52:26.80	01:52:26.80	+00:47:39 (42.4%)	9:22	6.4 (57.7%)
167	DAŁKOWSKI Paweł	2048		Open Masters Mężczyzn	15	00:36:40	01:52:42.50	01:52:42.50	+00:47:55 (42.5%)	9:23	6.4 (57.7%)
168	ZYNDUL Tomasz	2317		Open Mężczyzn	73	00:42:46	01:53:08.15	01:53:08.15	+00:48:20 (42.7%)	9:25	6.4 (57.7%)
169	KOWALCZYK Daniel	2052		Open Mężczyzn	74	00:38:42	01:53:21.60	01:53:21.60	+00:48:34 (42.8%)	9:26	6.4 (57.7%)
170	JEZIORSKI Marcin	2100		Elite Masters Mężczyzn	17	00:40:38	01:53:25.60	01:53:25.60	+00:48:38 (42.9%)	9:27	6.3 (56.8%)
171	WÓJCIK Jakub	2452		Open Mężczyzn	75	00:41:11	01:53:32.00	01:53:32.00	+00:48:44 (42.9%)	9:27	6.3 (56.8%)
172	KALINKA Radosław	2051		Elite Mężczyzn	56	00:40:26	01:53:47.90	01:53:47.90	+00:49:00 (43.1%)	9:28	6.3 (56.8%)
173	KACZMAREK Jan	2050		Open Mężczyzn	76	00:39:44	01:53:54.00	01:53:54.00	+00:49:06 (43.1%)	9:29	6.3 (56.8%)
174	POŁUDNIAK Adrian	2106		Elite Mężczyzn	57	00:42:24	01:54:08.95	01:54:08.95	+00:49:21 (43.2%)	9:30	6.3 (56.8%)
175	BRODZIAK Andrzej	2466		Open Masters Mężczyzn	16	00:44:45	01:54:13.90	01:54:13.90	+00:49:26 (43.3%)	9:31	6.3 (56.8%)
176	RASZTAR Bartłomiej	2214		Open Mężczyzn	77	00:40:26	01:54:27.00	01:54:27.00	+00:49:39 (43.4%)	9:32	6.3 (56.8%)
177	ZIMNY Adam	2111		Open Mężczyzn	78	00:36:14	01:54:52.10	01:54:52.10	+00:50:04 (43.6%)	9:34	6.3 (56.8%)
178	GARINA Natalja	2267		Open Masters Kobiet	1	00:42:56	01:54:53.50	01:54:53.50	+00:50:06 (43.6%)	9:34	6.3 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
179	ASTAPENKO Sergejs	2260		Open Masters Mężczyzn	17	00:42:56	01:54:54.40	01:54:54.40	+00:50:06 (43.6%)	9:34	6.3 (56.8%)
180	ELGALAL Maciej	2344		Open Mężczyzn	79	00:44:10	01:54:59.50	01:54:59.50	+00:50:12 (43.7%)	9:34	6.3 (56.8%)
181	WORWA Dawid	2233		Open Mężczyzn	80	00:44:44	01:55:05.85	01:55:05.85	+00:50:18 (43.7%)	9:35	6.3 (56.8%)
182	SZURGOT Sebastian	2309		Open Mężczyzn	81	00:44:29	01:55:08.25	01:55:08.25	+00:50:20 (43.7%)	9:35	6.3 (56.8%)
183	ZALAS Anna	2525	SUŁTANI FITNESU	Open Masters Kobiet	2	00:45:19	01:55:15.15	01:55:15.15	+00:50:27 (43.8%)	9:36	6.2 (55.9%)
184	PIECHOWSKI Ryszard	2557		Open Mężczyzn	82	00:37:58	01:55:52.40	01:55:52.40	+00:51:04 (44.1%)	9:39	6.2 (55.9%)
185	GWIAZDA Damian	2608		Open Mężczyzn	83	00:42:50	01:55:55.15	01:55:55.15	+00:51:07 (44.1%)	9:39	6.2 (55.9%)
186	PALA Agnieszka	2211		Open Kobiet	4	00:43:26	01:55:56.05	01:55:56.05	+00:51:08 (44.1%)	9:39	6.2 (55.9%)
187	SERAFIN Antoni	2126	TEAM PRIMABIOTIC	Elite Mężczyzn	58	00:38:42	01:56:08.45	01:56:08.45	+00:51:21 (44.2%)	9:40	6.2 (55.9%)
188	NOGA Bartłomiej	2118	KANCELARIA NIK NOGA I KACZMAREK	Elite Mężczyzn	59	00:38:41	01:56:08.55	01:56:08.55	+00:51:21 (44.2%)	9:40	6.2 (55.9%)
189	KACZMAREK Piotr	2573	LEDWOATLECI UEK	Open Masters Mężczyzn	18	00:42:27	01:56:13.10	01:56:13.10	+00:51:25 (44.3%)	9:41	6.2 (55.9%)
190	MAREK Zbigniew	2574	LEDWOATLECI UEK	Open Masters Mężczyzn	19	00:42:28	01:56:13.35	01:56:13.35	+00:51:25 (44.3%)	9:41	6.2 (55.9%)
191	DORYŃ Kamil	2181		Open Mężczyzn	84	00:44:11	01:56:14.60	01:56:14.60	+00:51:27 (44.3%)	9:41	6.2 (55.9%)
192	PABLO Pablo	2481		Open Mężczyzn	85	00:41:54	01:56:24.20	01:56:24.20	+00:51:36 (44.3%)	9:42	6.2 (55.9%)
193	ROSALSKI Paweł Łukasz	2374		Open Masters Mężczyzn	20	00:43:12	01:56:26.80	01:56:26.80	+00:51:39 (44.4%)	9:42	6.2 (55.9%)
194	KOTUŁA Patryk	2024	LEGNICA POKONUJE PRZESZKODY	Open Mężczyzn	86	00:36:13	01:56:30.55	01:56:30.55	+00:51:43 (44.4%)	9:42	6.2 (55.9%)
195	MIELOWSKI Krystian	2360		Open Masters Mężczyzn	21	00:42:42	01:56:30.90	01:56:30.90	+00:51:43 (44.4%)	9:42	6.2 (55.9%)
196	DYBAŁA Grzegorz	2470		Open Mężczyzn	87	00:42:02	01:56:34.40	01:56:34.40	+00:51:46 (44.4%)	9:42	6.2 (55.9%)
197	STAWNY Sebastian	2155	DRZECIN	Open Mężczyzn	88	00:40:40	01:56:43.70	01:56:43.70	+00:51:56 (44.5%)	9:43	6.2 (55.9%)
198	ŁAJEWSKI Piotr	2200		Open Mężczyzn	89	00:42:06	01:56:47.35	01:56:47.35	+00:51:59 (44.5%)	9:43	6.2 (55.9%)
199	CYGAN Kamil	2420		Open Mężczyzn	90	00:43:45	01:56:59.65	01:56:59.65	+00:52:12 (44.6%)	9:44	6.2 (55.9%)
200	ROŹKO Klaudiusz	2107		Open Mężczyzn	91	00:34:01	01:57:07.55	01:57:07.55	+00:52:20 (44.7%)	9:45	6.1 (55.0%)
201	KUCHARZ Robert	2458	ROSSMANN	Open Mężczyzn	92	00:42:05	01:57:10.25	01:57:10.25	+00:52:22 (44.7%)	9:45	6.1 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
202	SZPAKOWSKI Jacek	2446		Open Masters Mężczyzn	22	00:42:41	01:57:13.80	01:57:13.80	+00:52:26 (44.7%)	9:46	6.1 (55.0%)
203	OBOJSKI Paweł	2293		Open Mężczyzn	93	00:43:41	01:57:24.85	01:57:24.85	+00:52:37 (44.8%)	9:47	6.1 (55.0%)
204	GÓRECKI Jacek	2347		Open Masters Mężczyzn	23	00:40:34	01:57:31.20	01:57:31.20	+00:52:43 (44.9%)	9:47	6.1 (55.0%)
205	ROGOZIŃSKI Tomasz	2658		Open Mężczyzn	94	00:39:46	01:57:41.05	01:57:41.05	+00:52:53 (44.9%)	9:48	6.1 (55.0%)
206	BANASIK Sebastian	2593		Open Masters Mężczyzn	24	00:43:54	01:57:47.65	01:57:47.65	+00:53:00 (45.0%)	9:48	6.1 (55.0%)
207	CIUPKO Andrzej	2264		Open Masters Mężczyzn	25	00:42:01	01:57:48.55	01:57:48.55	+00:53:01 (45.0%)	9:49	6.1 (55.0%)
208	SATEIKIS Donatas	2028	OCR GARGŽDAI	Elite Mężczyzn	60	00:37:52	01:57:52.95	01:57:52.95	+00:53:05 (45.0%)	9:49	6.1 (55.0%)
209	PŁONKA Wojciech	2527	SZMACIURY	Open Mężczyzn	95	00:43:52	01:57:54.15	01:57:54.15	+00:53:06 (45.0%)	9:49	6.1 (55.0%)
210	ŁĘCKI Marcin	2526	SZMACIURY	Open Mężczyzn	96	00:43:53	01:57:55.80	01:57:55.80	+00:53:08 (45.1%)	9:49	6.1 (55.0%)
211	VERIKAITĖ Diana	2117		Open Kobiet	5	00:40:42	01:58:04.15	01:58:04.15	+00:53:16 (45.1%)	9:50	6.1 (55.0%)
212	BUCHOLC Jakub	2263		Open Mężczyzn	97	00:45:16	01:58:07.00	01:58:07.00	+00:53:19 (45.1%)	9:50	6.1 (55.0%)
213	COLLINS Greg	2469		Open Mężczyzn	98	00:44:11	01:58:20.05	01:58:20.05	+00:53:32 (45.2%)	9:51	6.1 (55.0%)
214	STANIASZEK Michał	2461	SUŁTANI FITNESSU	Open Masters Mężczyzn	26	00:41:31	01:58:22.85	01:58:22.85	+00:53:35 (45.3%)	9:51	6.1 (55.0%)
215	MROŻEK Michał	2460	SUŁTANI FITNESSU	Open Masters Mężczyzn	27	00:41:31	01:58:23.10	01:58:23.10	+00:53:35 (45.3%)	9:51	6.1 (55.0%)
216	JANISZEWSKI Marcin	2271		Open Mężczyzn	99	00:41:09	01:58:28.90	01:58:28.90	+00:53:41 (45.3%)	9:52	6.1 (55.0%)
217	POPCZYK Mariusz	2298		Open Mężczyzn	100	00:37:33	01:58:50.40	01:58:50.40	+00:54:02 (45.5%)	9:54	6.1 (55.0%)
218	CZARNOWICZ Piotr	2597		Open Mężczyzn	101	00:44:24	01:58:50.95	01:58:50.95	+00:54:03 (45.5%)	9:54	6.1 (55.0%)
219	SAWICKI Bartłomiej	2575	M&B	Open Mężczyzn	102	00:42:49	01:58:51.40	01:58:51.40	+00:54:03 (45.5%)	9:54	6.1 (55.0%)
220	SOCHA Paweł	2443		Open Masters Mężczyzn	28	00:41:14	01:58:52.45	01:58:52.45	+00:54:05 (45.5%)	9:54	6.1 (55.0%)
221	ŁOPACIŃSKI Damian	2077	LEGNICA POKONUJE PRZESZKODY	Elite Mężczyzn	61	00:46:08	01:59:10.65	01:59:10.65	+00:54:23 (45.6%)	9:55	6 (54.1%)
222	GURDEK Maciej	2348		Open Mężczyzn	103	00:41:41	01:59:12.75	01:59:12.75	+00:54:25 (45.7%)	9:56	6 (54.1%)
223	SUMERA Grzegorz	2305		Open Masters Mężczyzn	29	00:44:16	01:59:12.95	01:59:12.95	+00:54:25 (45.7%)	9:56	6 (54.1%)
224	SZEMRAJ Robert	2561		Open Mężczyzn	104	00:43:56	01:59:15.35	01:59:15.35	+00:54:27 (45.7%)	9:56	6 (54.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
225		2532		Open Mężczyzn	105	00:44:00	01:59:57.05	01:59:57.05	+00:55:09 (46.0%)	9:59	6 (54.1%)
226	PTASZYNSKA Magdalena	2373		Open Kobiet	6	00:44:02	02:00:06.15	02:00:06.15	+00:55:18 (46.1%)	10:00	6 (54.1%)
227	FLIP Luca	2345		Open Mężczyzn	106	00:44:01	02:00:07.00	02:00:07.00	+00:55:19 (46.1%)	10:00	6 (54.1%)
228	KWIATKOWSKI Konrad	2356		Open Mężczyzn	107	00:42:41	02:00:11.15	02:00:11.15	+00:55:23 (46.1%)	10:00	6 (54.1%)
229	KOZIOŁ Kamil	2086	RUNMAGEDDON TEAM	Open Mężczyzn	108	00:37:41	02:00:18.80	02:00:18.80	+00:55:31 (46.1%)	10:01	6 (54.1%)
230	BIEDALAK Krzysztof	2535		Open Masters Mężczyzn	30	00:45:51	02:00:22.60	02:00:22.60	+00:55:35 (46.2%)	10:01	6 (54.1%)
231	JANISZEWSKI Rafał	2474		Open Mężczyzn	109	00:44:48	02:00:22.70	02:00:22.70	+00:55:35 (46.2%)	10:01	6 (54.1%)
232	PERYT Łukasz	2151	AVE JA	Open Masters Mężczyzn	31	00:47:33	02:00:27.65	02:00:27.65	+00:55:40 (46.2%)	10:02	6 (54.1%)
233	CZAJKA Piotr	2454	CZAJKA TEAM	Open Mężczyzn	110	00:46:16	02:00:32.10	02:00:32.10	+00:55:44 (46.2%)	10:02	6 (54.1%)
234	PETERA Adam	2482		Open Masters Mężczyzn	32	00:46:15	02:00:32.35	02:00:32.35	+00:55:44 (46.2%)	10:02	6 (54.1%)
235	OLESZCZYK Benedykt	2554		Open Mężczyzn	111	00:43:35	02:00:34.55	02:00:34.55	+00:55:47 (46.3%)	10:02	6 (54.1%)
236	LUTO Maciej	2549		Open Mężczyzn	112	00:43:36	02:00:47.95	02:00:47.95	+00:56:00 (46.4%)	10:03	6 (54.1%)
237	WOŹNIAK Tomasz	2531	WOŹNIAKI +	Open Mężczyzn	113	00:45:25	02:01:03.50	02:01:03.50	+00:56:16 (46.5%)	10:05	5.9 (53.2%)
238	RURAŃSKA Joanna	2122	SOCIOS SILESIA	Elite Masters Kobiet	2	00:43:02	02:01:06.70	02:01:06.70	+00:56:19 (46.5%)	10:05	5.9 (53.2%)
239	ZDUŃSKI Jarosław	2169	POGOTOWIE MEDICOVER	Open Masters Mężczyzn	33	00:44:50	02:01:21.15	02:01:21.15	+00:56:33 (46.6%)	10:06	5.9 (53.2%)
240	SZKODZIŃSKI Łukasz	2061	CARBON SILESIA SPORT BY VITARADE	Elite Mężczyzn	62	00:45:06	02:01:45.60	02:01:45.60	+00:56:58 (46.8%)	10:08	5.9 (53.2%)
241	WIŚNIEWSKI Arkadiusz	2095	WARRIORS ŁÓDŹ	Elite Mężczyzn	63	00:45:06	02:01:46.30	02:01:46.30	+00:56:58 (46.8%)	10:08	5.9 (53.2%)
242	MOSTOWSKI Radosław	2094	WARRIORS ŁÓDŹ	Elite Masters Mężczyzn	18	00:45:05	02:01:46.70	02:01:46.70	+00:56:59 (46.8%)	10:08	5.9 (53.2%)
243	ZIELIŃSKI Michał	2110		Elite Mężczyzn	64	00:43:05	02:01:49.95	02:01:49.95	+00:57:02 (46.8%)	10:09	5.9 (53.2%)
244	KRAMEK Radek	2581	R.AMBO DRUGA CREW	Open Masters Mężczyzn	34	00:40:48	02:01:59.50	02:01:59.50	+00:57:12 (46.9%)	10:09	5.9 (53.2%)
245	DUBLASZEWSKI Marcin	2580	R.AMBO DRUGA CREW	Open Masters Mężczyzn	35	00:40:53	02:02:00.40	02:02:00.40	+00:57:12 (46.9%)	10:10	5.9 (53.2%)
246	AMBO Rafał	2579	R.AMBO DRUGA CREW	Open Mężczyzn	114	00:40:48	02:02:00.60	02:02:00.60	+00:57:13 (46.9%)	10:10	5.9 (53.2%)
247	JANISZEWSKI Marcin	2349		Open Mężczyzn	115	00:42:12	02:02:08.75	02:02:08.75	+00:57:21 (47.0%)	10:10	5.9 (53.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
248	PACEK Michał	2210		Open Mężczyzn	116	00:47:22	02:02:28.20	02:02:28.20	+00:57:40 (47.1%)	10:12	5.9 (53.2%)
249	BIJOK Michał	2023	KLONO TEAM	Open Mężczyzn	117	00:39:11	02:02:29.55	02:02:29.55	+00:57:42 (47.1%)	10:12	5.9 (53.2%)
250	WIŚNIEWSKI Paweł	2649		Open Masters Mężczyzn	36	00:42:26	02:02:49.50	02:02:49.50	+00:58:02 (47.2%)	10:14	5.9 (53.2%)
251	KRÓLAK Kornel	2621		Open Mężczyzn	118	00:42:09	02:02:49.55	02:02:49.55	+00:58:02 (47.2%)	10:14	5.9 (53.2%)
252	WOŁOSZYN Marcin	2563		Open Mężczyzn	119	00:40:25	02:03:12.00	02:03:12.00	+00:58:24 (47.4%)	10:16	5.8 (52.3%)
253	BOGDAŃSKI Mariusz	2538		Open Mężczyzn	120	00:45:28	02:03:12.35	02:03:12.35	+00:58:24 (47.4%)	10:16	5.8 (52.3%)
254	KK Teigren	2429		Open Mężczyzn	121	00:43:46	02:03:24.25	02:03:24.25	+00:58:36 (47.5%)	10:17	5.8 (52.3%)
255	SZOSTEK Wojciech	2226		Open Mężczyzn	122	00:38:21	02:03:25.15	02:03:25.15	+00:58:37 (47.5%)	10:17	5.8 (52.3%)
256	MAGDA Łukasz	2359		Open Masters Mężczyzn	37	00:44:09	02:03:28.65	02:03:28.65	+00:58:41 (47.5%)	10:17	5.8 (52.3%)
257	DYKTY Krzysztof	2602		Open Mężczyzn	123	00:43:01	02:03:40.25	02:03:40.25	+00:58:52 (47.6%)	10:18	5.8 (52.3%)
258	KANIA Łukasz	2612		Open Mężczyzn	124	00:42:14	02:03:43.60	02:03:43.60	+00:58:56 (47.6%)	10:18	5.8 (52.3%)
259	NIEMOJEWSKI Michał	2208		Open Mężczyzn	125	00:43:18	02:03:50.75	02:03:50.75	+00:59:03 (47.7%)	10:19	5.8 (52.3%)
260	NAGIEL Oskar	2366		Open Mężczyzn	126	00:46:03	02:03:53.25	02:03:53.25	+00:59:05 (47.7%)	10:19	5.8 (52.3%)
261	JANKE Paweł	2321	BOBRY MOCY	Open Mężczyzn	127	00:43:44	02:04:02.15	02:04:02.15	+00:59:14 (47.8%)	10:20	5.8 (52.3%)
262	RZEPECKA Inez	2256	WAŻNE Z KIM	Open Kobiet	7	00:48:54	02:04:27.35	02:04:27.35	+00:59:39 (47.9%)	10:22	5.8 (52.3%)
262	TYTOŃ Jakub	2257	WAŻNE Z KIM	Open Mężczyzn	128	00:48:54	02:04:27.35	02:04:27.35	+00:59:39 (47.9%)	10:22	5.8 (52.3%)
264	GOŁASZEWSKI Jacek	2099		Elite Mężczyzn	65	00:45:17	02:00:08.80	02:04:42.00	+00:59:54 (48.0%)	10:00	6 (54.1%)
265	BESSER Olga	2255	WARRIORS ŁÓDŹ	Open Kobiet	8	00:47:20	02:04:43.20	02:04:43.20	+00:59:55 (48.1%)	10:23	5.8 (52.3%)
266	KWAPIEŃ Dominik	2355		Open Mężczyzn	129	00:40:31	02:04:52.25	02:04:52.25	+01:00:04 (48.1%)	10:24	5.8 (52.3%)
267	MISZTAL Dominik	2361		Open Mężczyzn	130	00:40:30	02:04:52.70	02:04:52.70	+01:00:05 (48.1%)	10:24	5.8 (52.3%)
268	BARCIKOWSKI Jarosław	2337		Open Masters Mężczyzn	38	00:48:18	02:05:08.05	02:05:08.05	+01:00:20 (48.2%)	10:25	5.8 (52.3%)
269	NIEDZIELA Dominik	2290		Open Mężczyzn	131	00:45:20	02:05:08.90	02:05:08.90	+01:00:21 (48.2%)	10:25	5.8 (52.3%)
270	IZDEBSKI Kacper	2270		Open Mężczyzn	132	00:45:21	02:05:09.40	02:05:09.40	+01:00:21 (48.2%)	10:25	5.8 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
271	TOMCZAK Kamil	2068	INFLOW RZESZÓW	Open Mężczyzn	133	00:40:04	02:05:11.20	02:05:11.20	+01:00:23 (48.2%)	10:25	5.8 (52.3%)
272	NOWICKI Kamil	2292		Open Mężczyzn	134	00:47:33	02:05:15.70	02:05:15.70	+01:00:28 (48.3%)	10:26	5.7 (51.4%)
273	ROSZKOWSKA Oliwia	2299		Open Kobiet	9	00:47:34	02:05:16.00	02:05:16.00	+01:00:28 (48.3%)	10:26	5.7 (51.4%)
274	GROMADA Mariusz	2268		Open Masters Mężczyzn	39	00:45:52	02:05:17.75	02:05:17.75	+01:00:30 (48.3%)	10:26	5.7 (51.4%)
275	JEZIOREK Łukasz	2610		Open Mężczyzn	135	00:54:12	02:05:21.65	02:05:21.65	+01:00:34 (48.3%)	10:26	5.7 (51.4%)
276	GROMADA Łukasz	2425		Open Masters Mężczyzn	40	00:40:52	02:05:28.85	02:05:28.85	+01:00:41 (48.4%)	10:27	5.7 (51.4%)
277	CHROMIK Patryk	2340		Open Mężczyzn	136	00:45:08	02:05:36.75	02:05:36.75	+01:00:49 (48.4%)	10:28	5.7 (51.4%)
278	POLAK Jarosław	2060	BIGYELLOWFOOT ADVENTURE TEAM	Open Mężczyzn	137	00:41:15	02:05:50.95	02:05:50.95	+01:01:03 (48.5%)	10:29	5.7 (51.4%)
279	KOCHANEK Jarosław	2351		Open Masters Mężczyzn	41	00:45:08	02:05:54.00	02:05:54.00	+01:01:06 (48.5%)	10:29	5.7 (51.4%)
280	DĄBROWSKI Tomasz	2343		Open Masters Mężczyzn	42	00:43:48	02:05:56.65	02:05:56.65	+01:01:09 (48.6%)	10:29	5.7 (51.4%)
281	KAROL Wojtek	2076	LEGNICA POKONUJE PRZESZKODY	Open Mężczyzn	138	00:46:28	02:06:06.55	02:06:06.55	+01:01:19 (48.6%)	10:30	5.7 (51.4%)
282	JUSIŃSKI Krystian	2274		Open Mężczyzn	139	00:44:05	02:06:25.40	02:06:25.40	+01:01:37 (48.8%)	10:32	5.7 (51.4%)
283	CHYLAŁ Adam	2237	BRACTWO BIEGOWE BGK	Open Mężczyzn	140	00:44:04	02:06:26.30	02:06:26.30	+01:01:38 (48.8%)	10:32	5.7 (51.4%)
284	RUDNICKI Bartłomiej	2560		Open Mężczyzn	141	00:44:31	02:06:32.55	02:06:32.55	+01:01:45 (48.8%)	10:32	5.7 (51.4%)
285	SKRZYPCZYK Rafał	2249	OJCOWIE ZE ŚLĄSKA 2025	Open Masters Mężczyzn	43	00:50:42	02:07:09.40	02:07:09.40	+01:02:21 (49.0%)	10:35	5.7 (51.4%)
286	MIERZICKI Marcel	2083	POWER TRAINING	Open Masters Mężczyzn	44	00:46:00	02:07:22.95	02:07:22.95	+01:02:35 (49.1%)	10:36	5.7 (51.4%)
287	SZCZECH Tomasz	2486		Open Mężczyzn	142	00:49:01	02:07:41.10	02:07:41.10	+01:02:53 (49.3%)	10:38	5.6 (50.5%)
288	PACHULSKI Jan	2632		Open Mężczyzn	143	00:43:08	02:07:49.45	02:07:49.45	+01:03:02 (49.3%)	10:39	5.6 (50.5%)
289	KLASA Karolina	2276		Open Kobiet	10	00:51:35	02:07:57.10	02:07:57.10	+01:03:09 (49.4%)	10:39	5.6 (50.5%)
290	MAJ Kajetan	2202		Open Mężczyzn	144	00:47:03	02:07:58.35	02:07:58.35	+01:03:10 (49.4%)	10:39	5.6 (50.5%)
291	BOGUSŁAWSKI Kamil	2175		Open Mężczyzn	145	00:47:04	02:07:58.45	02:07:58.45	+01:03:11 (49.4%)	10:39	5.6 (50.5%)
292	ZELL Jacek	2235		Open Masters Mężczyzn	45	00:46:50	02:08:00.50	02:08:00.50	+01:03:13 (49.4%)	10:40	5.6 (50.5%)
293	KOZARSKI Krzysztof	2399	DZIKI Z OLESINA	Open Masters Mężczyzn	46	00:44:42	02:08:03.25	02:08:03.25	+01:03:15 (49.4%)	10:40	5.6 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
294	KOBYLARCZYK Grzegorz	2398	DZIKI Z OLESINA	Open Masters Mężczyzn	47	00:44:44	02:08:03.40	02:08:03.40	+01:03:15 (49.4%)	10:40	5.6 (50.5%)
295	KWIECIŃSKI Zbigniew	2401	DZIKI Z OLESINA	Open Masters Mężczyzn	48	00:44:31	02:08:03.45	02:08:03.45	+01:03:16 (49.4%)	10:40	5.6 (50.5%)
296	DE NISAU Maciej	2397	DZIKI Z OLESINA	Open Masters Mężczyzn	49	00:44:18	02:08:03.65	02:08:03.65	+01:03:16 (49.4%)	10:40	5.6 (50.5%)
296	KWIECIŃSKI Michał	2400	DZIKI Z OLESINA	Open Masters Mężczyzn	49	00:44:31	02:08:03.65	02:08:03.65	+01:03:16 (49.4%)	10:40	5.6 (50.5%)
298	BARCIKOWSKI Jakub	2336		Open Mężczyzn	146	00:49:44	02:08:17.70	02:08:17.70	+01:03:30 (49.5%)	10:41	5.6 (50.5%)
299	DYOLOG Sergiy	2182		Open Mężczyzn	147	00:48:35	02:08:21.60	02:08:21.60	+01:03:34 (49.5%)	10:41	5.6 (50.5%)
300	MATERA Paweł	2284		Open Mężczyzn	148	00:47:14	02:08:25.15	02:08:25.15	+01:03:37 (49.5%)	10:42	5.6 (50.5%)
301	MAKURYNA Marharyta	2585	VILNI	Open Kobiet	11	00:50:17	02:09:00.20	02:09:00.20	+01:04:12 (49.8%)	10:45	5.6 (50.5%)
302	CHABAN Seweryna	2584	VILNI	Open Kobiet	12	00:50:13	02:09:00.30	02:09:00.30	+01:04:12 (49.8%)	10:45	5.6 (50.5%)
303	CHABAN Oleksandr	2583	VILNI	Open Mężczyzn	149	00:50:15	02:09:04.45	02:09:04.45	+01:04:17 (49.8%)	10:45	5.6 (50.5%)
304	CHABAN Valerii	2530	VILNI	Open Mężczyzn	150	00:50:21	02:09:10.70	02:09:10.70	+01:04:23 (49.8%)	10:45	5.6 (50.5%)
304	RAGA Andrey	2586	VILNI	Open Mężczyzn	150	00:50:12	02:09:10.70	02:09:10.70	+01:04:23 (49.8%)	10:45	5.6 (50.5%)
306	SAKOWSKA Zuzanna	2377		Open Kobiet	13	00:51:48	02:09:18.95	02:09:18.95	+01:04:31 (49.9%)	10:46	5.6 (50.5%)
307	MARCZUK Rafał	2625		Open Mężczyzn	152	00:49:22	02:09:23.40	02:09:23.40	+01:04:35 (49.9%)	10:46	5.6 (50.5%)
308	SZYMAŃSKA Maja	2647		Open Kobiet	14	00:49:31	02:09:24.05	02:09:24.05	+01:04:36 (49.9%)	10:47	5.6 (50.5%)
309	RAJSKI Albert	2636		Open Mężczyzn	153	00:49:27	02:09:24.35	02:09:24.35	+01:04:36 (49.9%)	10:47	5.6 (50.5%)
310	IWANEK Piotr	2609		Open Masters Mężczyzn	51	00:49:23	02:09:25.05	02:09:25.05	+01:04:37 (49.9%)	10:47	5.6 (50.5%)
311	RYSZCZYK Adam	2216		Open Masters Mężczyzn	52	00:52:20	02:09:41.45	02:09:41.45	+01:04:54 (50.0%)	10:48	5.6 (50.5%)
312	RORAT Przemysław	2637		Open Masters Mężczyzn	53	00:44:14	02:10:27.00	02:10:27.00	+01:05:39 (50.3%)	10:52	5.5 (49.5%)
313	SZEWCZYK Paweł	2308		Open Masters Mężczyzn	54	00:47:28	02:10:34.55	02:10:34.55	+01:05:47 (50.4%)	10:52	5.5 (49.5%)
314	SZYMCZUK Bogusław	2227		Open Mężczyzn	154	00:47:28	02:10:34.95	02:10:34.95	+01:05:47 (50.4%)	10:52	5.5 (49.5%)
315	GRABAN Marta	2566	BIEGAMY MAŁO I WOLNO	Open Kobiet	15	00:48:11	02:10:54.20	02:10:54.20	+01:06:06 (50.5%)	10:54	5.5 (49.5%)
316	KRZYWOBŁOCKI Mateusz	2567	BIEGAMY MAŁO I WOLNO	Open Mężczyzn	155	00:48:12	02:10:54.65	02:10:54.65	+01:06:07 (50.5%)	10:54	5.5 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
317	STOLECKI Piotr	2383		Open Mężczyzn	156	00:48:22	02:10:56.80	02:10:56.80	+01:06:09 (50.5%)	10:54	5.5 (49.5%)
318	MROŹEK Marcin	2365		Open Mężczyzn	157	00:48:23	02:10:57.30	02:10:57.30	+01:06:09 (50.5%)	10:54	5.5 (49.5%)
319	OSADZIN Sebastian	2369		Open Mężczyzn	158	00:48:23	02:10:58.95	02:10:58.95	+01:06:11 (50.5%)	10:54	5.5 (49.5%)
320	MASHENTSEV Andrii	2395	CHINKALI	Open Mężczyzn	159	00:41:29	02:11:04.15	02:11:04.15	+01:06:16 (50.6%)	10:55	5.5 (49.5%)
321	DŁUGOŁECKI Adam	2394	CHINKALI	Open Mężczyzn	160	00:42:05	02:11:04.45	02:11:04.45	+01:06:17 (50.6%)	10:55	5.5 (49.5%)
322	LUDWICZAK Krzysztof	2326	RUN4FUN	Open Mężczyzn	161	00:51:21	02:11:05.85	02:11:05.85	+01:06:18 (50.6%)	10:55	5.5 (49.5%)
323	MASHENTSEV Oleksii	2396	CHINKALI	Open Mężczyzn	162	00:41:14	02:11:06.65	02:11:06.65	+01:06:19 (50.6%)	10:55	5.5 (49.5%)
324	JAKOBY Paweł	2571	DO CELU	Open Masters Mężczyzn	55	00:52:33	02:11:18.15	02:11:18.15	+01:06:30 (50.7%)	10:56	5.5 (49.5%)
325	CZUBEK Bartłomiej	2570	DO CELU	Open Mężczyzn	163	00:52:33	02:11:18.20	02:11:18.20	+01:06:30 (50.7%)	10:56	5.5 (49.5%)
326	BECKHAUS Krzysztof	2595		Open Mężczyzn	164	00:52:19	02:11:19.60	02:11:19.60	+01:06:32 (50.7%)	10:56	5.5 (49.5%)
327	HORN Rafał	2187		Open Masters Mężczyzn	56	00:53:22	02:11:24.60	02:11:24.60	+01:06:37 (50.7%)	10:57	5.5 (49.5%)
328	GWIZDAŁA Katarzyna	2471		Open Kobiet	16	00:47:35	02:11:29.55	02:11:29.55	+01:06:42 (50.7%)	10:57	5.5 (49.5%)
329	HOLK Brajan	2472		Open Mężczyzn	165	00:47:40	02:11:29.70	02:11:29.70	+01:06:42 (50.7%)	10:57	5.5 (49.5%)
330	SAWIAK Janusz	2639		Open Mężczyzn	166	00:47:47	02:11:39.15	02:11:39.15	+01:06:51 (50.8%)	10:58	5.5 (49.5%)
331	PISKORZ Wojciech	2297		Open Masters Mężczyzn	57	00:48:09	02:11:50.65	02:11:50.65	+01:07:03 (50.9%)	10:59	5.5 (49.5%)
332	SIEJK Łukasz	2303		Open Mężczyzn	167	00:44:27	02:11:56.90	02:11:56.90	+01:07:09 (50.9%)	10:59	5.5 (49.5%)
333	IWAŃSKI Jacek	2426		Open Masters Mężczyzn	58	00:48:43	02:12:01.65	02:12:01.65	+01:07:14 (50.9%)	11:00	5.5 (49.5%)
334	MOCHOL Krzysztof	2363		Open Mężczyzn	168	00:45:28	02:12:22.10	02:12:22.10	+01:07:34 (51.1%)	11:01	5.4 (48.6%)
335	CHODUN Paweł	2177		Open Mężczyzn	169	00:46:15	02:12:27.60	02:12:27.60	+01:07:40 (51.1%)	11:02	5.4 (48.6%)
336	MYSIAKOWSKI Marcin	2074	KONRADTRENUJETEAM	Elite Mężczyzn	66	00:46:17	02:12:29.70	02:12:29.70	+01:07:42 (51.1%)	11:02	5.4 (48.6%)
337	MOTYLEWSKI Radosław	2288		Open Masters Mężczyzn	59	00:53:08	02:12:30.55	02:12:30.55	+01:07:43 (51.1%)	11:02	5.4 (48.6%)
338	MLAK Bernadeta	2362		Open Kobiet	17	00:54:53	02:12:41.00	02:12:41.00	+01:07:53 (51.2%)	11:03	5.4 (48.6%)
339	CIECIAK Dominika	2341		Open Masters Kobiet	3	00:55:16	02:12:41.20	02:12:41.20	+01:07:53 (51.2%)	11:03	5.4 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
339	ŁOPATA Agnieszka	2358		Open Kobiet	18	00:55:13	02:12:41.20	02:12:41.20	+01:07:53 (51.2%)	11:03	5.4 (48.6%)
341	TROJAK Maciej	2170	SPIESZSIEPOWOLI	Open Mężczyzn	170	00:54:10	02:12:42.70	02:12:42.70	+01:07:55 (51.2%)	11:03	5.4 (48.6%)
342	WARDECKI Piotr	2171	SPIESZSIEPOWOLI	Open Mężczyzn	171	00:54:02	02:12:42.80	02:12:42.80	+01:07:55 (51.2%)	11:03	5.4 (48.6%)
343	PODGÓRSKA Karolina	2456	PSYCHIATRYK KOPERNIKA	Open Kobiet	19	00:45:27	02:12:45.50	02:12:45.50	+01:07:58 (51.2%)	11:03	5.4 (48.6%)
344	PODGÓRSKI Michał	2457	PSYCHIATRYK KOPERNIKA	Open Mężczyzn	172	00:45:28	02:12:45.70	02:12:45.70	+01:07:58 (51.2%)	11:03	5.4 (48.6%)
345	PLUTA Piotr	2213		Open Mężczyzn	173	00:47:47	02:12:46.05	02:12:46.05	+01:07:58 (51.2%)	11:03	5.4 (48.6%)
346	ZAWADZKI Jakub	2234		Open Masters Mężczyzn	60	00:48:02	02:12:46.55	02:12:46.55	+01:07:59 (51.2%)	11:03	5.4 (48.6%)
347	GREGOROWICZ Mariusz	2424		Open Mężczyzn	174	00:43:34	02:12:47.40	02:12:47.40	+01:07:59 (51.2%)	11:03	5.4 (48.6%)
348	KRZYSZTOFIAK Maciej	2434		Open Mężczyzn	175	00:43:28	02:12:47.45	02:12:47.45	+01:08:00 (51.2%)	11:03	5.4 (48.6%)
349	PAWELEC Krzysztof	2212		Open Mężczyzn	176	00:47:52	02:12:57.20	02:12:57.20	+01:08:09 (51.3%)	11:04	5.4 (48.6%)
350	PAWELEC Radosław	2165	KTÓRĘDY NA OIOM	Open Masters Mężczyzn	61	00:47:52	02:12:59.25	02:12:59.25	+01:08:11 (51.3%)	11:04	5.4 (48.6%)
351	OPATŘIL Lukáš	2368		Open Mężczyzn	177	00:49:56	02:13:14.85	02:13:14.85	+01:08:27 (51.4%)	11:06	5.4 (48.6%)
352	ELIASZ Tomasz	2183		Open Masters Mężczyzn	62	00:45:23	02:13:17.30	02:13:17.30	+01:08:29 (51.4%)	11:06	5.4 (48.6%)
353	WOJCIECHOWSKI Karol	2168	MIASTECZKO POLUSA	Open Mężczyzn	178	00:46:49	02:13:17.40	02:13:17.40	+01:08:29 (51.4%)	11:06	5.4 (48.6%)
354	Magohor	2418		Open Mężczyzn	179	00:52:04	02:13:22.80	02:13:22.80	+01:08:35 (51.4%)	11:06	5.4 (48.6%)
355	GRABAŁOWSKI Michał	2607		Open Mężczyzn	180	00:48:30	02:13:32.40	02:13:32.40	+01:08:44 (51.5%)	11:07	5.4 (48.6%)
356	KARPINSKI Radoslaw	2072	KONRADTRENUJETEAM	Elite Mężczyzn	67	00:47:21	02:13:32.75	02:13:32.75	+01:08:45 (51.5%)	11:07	5.4 (48.6%)
357	SZTACHAŃSKI Bartosz	2447		Open Mężczyzn	181	00:49:16	02:13:39.10	02:13:39.10	+01:08:51 (51.5%)	11:08	5.4 (48.6%)
358	PASTERNAK Daniel	2295		Open Mężczyzn	182	00:49:23	02:13:47.75	02:13:47.75	+01:09:00 (51.6%)	11:08	5.4 (48.6%)
358	STARZEC Aneta	2304		Open Kobiet	20	00:49:23	02:13:47.75	02:13:47.75	+01:09:00 (51.6%)	11:08	5.4 (48.6%)
360	KARNILUK Magdalena	2190		Open Kobiet	21	00:49:43	02:13:47.95	02:13:47.95	+01:09:00 (51.6%)	11:08	5.4 (48.6%)
361	SIKORA Kacper	2220		Open Mężczyzn	183	00:47:07	02:13:49.10	02:13:49.10	+01:09:01 (51.6%)	11:09	5.4 (48.6%)
362	SIKORA Andrzej	2219		Open Masters Mężczyzn	63	00:47:06	02:13:49.35	02:13:49.35	+01:09:01 (51.6%)	11:09	5.4 (48.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
363	OLEJNIK Mariusz	2439		Open Masters Mężczyzn	64	00:47:31	02:13:57.80	02:13:57.80	+01:09:10 (51.6%)	11:09	5.4 (48.6%)
364	MIRKOWICZ Aleksandra	2205		Open Kobiet	22	00:50:28	02:14:00.35	02:14:00.35	+01:09:12 (51.7%)	11:10	5.4 (48.6%)
365	SOBASZEK Michał	2078	NINJA ARENA	Open Masters Mężczyzn	65	00:41:56	02:14:01.25	02:14:01.25	+01:09:13 (51.7%)	11:10	5.4 (48.6%)
366	BORYS Kacper	2539		Open Mężczyzn	184	00:52:37	02:14:11.65	02:14:11.65	+01:09:24 (51.7%)	11:10	5.4 (48.6%)
366	KILIAN Michał	2542		Open Mężczyzn	184	00:52:38	02:14:11.65	02:14:11.65	+01:09:24 (51.7%)	11:10	5.4 (48.6%)
368	PŁAWIAK Wojciech	2634		Open Mężczyzn	186	00:53:19	02:14:14.25	02:14:14.25	+01:09:26 (51.7%)	11:11	5.4 (48.6%)
369	DĄBROWSKI Michał	2598		Open Mężczyzn	187	00:53:16	02:14:14.40	02:14:14.40	+01:09:26 (51.7%)	11:11	5.4 (48.6%)
370	GRALIŃSKI Marek	2490	DRZAZGA W NAPLETKU	Open Mężczyzn	188	00:49:48	02:14:30.85	02:14:30.85	+01:09:43 (51.8%)	11:12	5.4 (48.6%)
371	SZADKOWSKI Dawid	2384		Open Mężczyzn	189	00:50:13	02:14:43.90	02:14:43.90	+01:09:56 (51.9%)	11:13	5.3 (47.7%)
372	LIS Miłosz	2582	ROSSMANN	Open Mężczyzn	190	00:48:58	02:14:49.80	02:14:49.80	+01:10:02 (51.9%)	11:14	5.3 (47.7%)
373	LALIK Błażej	2547		Open Mężczyzn	191	00:48:20	02:14:53.55	02:14:53.55	+01:10:06 (52.0%)	11:14	5.3 (47.7%)
374	JASIUK Maciek	2272		Open Mężczyzn	192	00:47:14	02:15:14.60	02:15:14.60	+01:10:27 (52.1%)	11:16	5.3 (47.7%)
375	STRUNEVSKA Jelena	2444		Open Kobiet	23	00:52:53	02:15:20.20	02:15:20.20	+01:10:32 (52.1%)	11:16	5.3 (47.7%)
376	RAKOCZY Stanisław	2495	DRZAZGA W NAPLETKU	Open Mężczyzn	193	00:49:49	02:15:34.40	02:15:34.40	+01:10:46 (52.2%)	11:17	5.3 (47.7%)
377	WYSOCKI Łukasz	2316		Open Mężczyzn	194	00:44:31	02:15:39.05	02:15:39.05	+01:10:51 (52.2%)	11:18	5.3 (47.7%)
378	LEONARCIK Kuba	2478		Open Mężczyzn	195	00:50:24	02:15:45.95	02:15:45.95	+01:10:58 (52.3%)	11:18	5.3 (47.7%)
379	LEONARCIK Michał	2479		Open Mężczyzn	196	00:50:24	02:15:47.05	02:15:47.05	+01:10:59 (52.3%)	11:18	5.3 (47.7%)
380	KRÓLIK Mariusz	2433		Open Mężczyzn	197	00:48:08	02:15:49.00	02:15:49.00	+01:11:01 (52.3%)	11:19	5.3 (47.7%)
381	OLCZYK Marcin	2438		Open Mężczyzn	198	00:48:18	02:15:49.05	02:15:49.05	+01:11:01 (52.3%)	11:19	5.3 (47.7%)
382	NOWICKA Angelika	2291		Open Kobiet	24	00:55:09	02:15:58.05	02:15:58.05	+01:11:10 (52.3%)	11:19	5.3 (47.7%)
383	KARPIŃSKI Marek	2275		Open Mężczyzn	199	00:43:55	02:16:20.25	02:16:20.25	+01:11:32 (52.5%)	11:21	5.3 (47.7%)
384	PRZYŻYCKI Łukasz	2484		Open Mężczyzn	200	00:46:13	02:16:24.25	02:16:24.25	+01:11:36 (52.5%)	11:22	5.3 (47.7%)
385	LISIAK Sebastian	2548		Open Masters Mężczyzn	66	00:50:35	02:16:25.25	02:16:25.25	+01:11:37 (52.5%)	11:22	5.3 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
386	BIENIEK Wojciech	2419		Open Mężczyzn	201	00:57:13	02:16:29.90	02:16:29.90	+01:11:42 (52.5%)	11:22	5.3 (47.7%)
387	FORC Łukasz	2185		Open Mężczyzn	202	00:52:53	02:16:35.75	02:16:35.75	+01:11:48 (52.6%)	11:22	5.3 (47.7%)
388	PIWOWAREK Grzegorz	2254	PRZEPIÓRKI WIKTORA	Open Mężczyzn	203	00:48:02	02:16:44.15	02:16:44.15	+01:11:56 (52.6%)	11:23	5.3 (47.7%)
389	KOWALSKI Jakub	2432		Open Mężczyzn	204	00:52:06	02:16:46.00	02:16:46.00	+01:11:58 (52.6%)	11:23	5.3 (47.7%)
390	OLAWIŃSKI Paweł	2553		Open Mężczyzn	205	00:52:28	02:16:54.65	02:16:54.65	+01:12:07 (52.7%)	11:24	5.3 (47.7%)
391	BISKUPSKI Robert	2537		Open Masters Mężczyzn	67	00:52:28	02:16:55.75	02:16:55.75	+01:12:08 (52.7%)	11:24	5.3 (47.7%)
392	ZAREMBA Marcin	2163	KS OGIEŃ Z DUPY	Open Mężczyzn	206	00:52:49	02:17:10.05	02:17:10.05	+01:12:22 (52.8%)	11:25	5.2 (46.8%)
393	LISIAK Julia	2494	DRZAZGA W NAPLETKU	Open Kobiet	25	00:51:02	02:17:14.55	02:17:14.55	+01:12:27 (52.8%)	11:26	5.2 (46.8%)
394	ZAREMBA Mateusz	2164	KS OGIEŃ Z DUPY	Open Mężczyzn	207	00:52:52	02:17:32.55	02:17:32.55	+01:12:45 (52.9%)	11:27	5.2 (46.8%)
395	WOJAS Łukasz	2451		Open Mężczyzn	208	00:47:37	02:17:36.25	02:17:36.25	+01:12:48 (52.9%)	11:28	5.2 (46.8%)
396	WOLA Adam	2453		Open Masters Mężczyzn	68	00:47:37	02:17:37.35	02:17:37.35	+01:12:49 (52.9%)	11:28	5.2 (46.8%)
397	MUSZYŃSKI Przemek	2289		Open Mężczyzn	209	00:51:29	02:17:38.85	02:17:38.85	+01:12:51 (52.9%)	11:28	5.2 (46.8%)
398	BARSKI Dawid	2261		Open Mężczyzn	210	00:50:24	02:17:39.60	02:17:39.60	+01:12:52 (52.9%)	11:28	5.2 (46.8%)
399	OŻÓG Mateusz	2166	MIASTECZKO POLUSA	Open Mężczyzn	211	00:50:19	02:17:42.35	02:17:42.35	+01:12:54 (52.9%)	11:28	5.2 (46.8%)
400	SOBCZYK Kamil	2223		Open Mężczyzn	212	00:52:26	02:17:42.60	02:17:42.60	+01:12:55 (53.0%)	11:28	5.2 (46.8%)
401	JACHNIEWICZ Remigiusz	2413	VITARADE TEAM	Open Masters Mężczyzn	69	00:53:26	02:17:48.85	02:17:48.85	+01:13:01 (53.0%)	11:29	5.2 (46.8%)
402	MULTIMEDIA Mw	2414	VITARADE TEAM	Open Mężczyzn	213	00:53:27	02:17:48.95	02:17:48.95	+01:13:01 (53.0%)	11:29	5.2 (46.8%)
403	ZAREMBA Sławek	2415	VITARADE TEAM	Open Masters Mężczyzn	70	00:53:27	02:17:49.10	02:17:49.10	+01:13:01 (53.0%)	11:29	5.2 (46.8%)
404	TAŻBIREK Adrian	2496	DRZAZGA W NAPLETKU	Open Mężczyzn	214	00:50:17	02:17:59.05	02:17:59.05	+01:13:11 (53.0%)	11:29	5.2 (46.8%)
405	ŻUCHOWSKI Mariusz	2568	BODY PRIME	Open Mężczyzn	215	00:46:02	02:17:59.75	02:17:59.75	+01:13:12 (53.0%)	11:29	5.2 (46.8%)
406	ANASZEWSKI Adam	2592		Open Mężczyzn	216	00:45:20	02:17:59.90	02:17:59.90	+01:13:12 (53.0%)	11:29	5.2 (46.8%)
406	STASINSKI Hubert	2643		Open Mężczyzn	216	00:46:58	02:17:59.90	02:17:59.90	+01:13:12 (53.0%)	11:29	5.2 (46.8%)
408	ŻUCHOWSKI Mariusz	2569	BODY PRIME	Open Mężczyzn	218	00:45:18	02:18:00.05	02:18:00.05	+01:13:12 (53.1%)	11:30	5.2 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
409	GRADEK Zuzanna	2489	DRZAZGA W NAPLETKU	Open Kobiet	26	00:51:42	02:18:11.85	02:18:11.85	+01:13:24 (53.1%)	11:30	5.2 (46.8%)
409	KNOPIK Mateusz	2492	DRZAZGA W NAPLETKU	Open Mężczyzn	219	00:51:43	02:18:11.85	02:18:11.85	+01:13:24 (53.1%)	11:30	5.2 (46.8%)
411	GWIAZDA Krzysztof	2269		Open Mężczyzn	220	00:53:57	02:18:17.55	02:18:17.55	+01:13:30 (53.1%)	11:31	5.2 (46.8%)
412	KONOPACKI Piotr	2545		Open Mężczyzn	221	00:48:48	02:18:37.10	02:18:37.10	+01:13:49 (53.3%)	11:33	5.2 (46.8%)
413	KOT Bartosz	2464	ZKP	Open Mężczyzn	222	00:39:59	02:18:45.95	02:18:45.95	+01:13:58 (53.3%)	11:33	5.2 (46.8%)
414	KALINOWSKI Filip	2462	ZKP	Open Mężczyzn	223	00:36:10	02:18:46.10	02:18:46.10	+01:13:58 (53.3%)	11:33	5.2 (46.8%)
415	KAZIULEWICZ Kacper	2463	ZKP	Open Mężczyzn	224	00:40:31	02:18:46.30	02:18:46.30	+01:13:58 (53.3%)	11:33	5.2 (46.8%)
416	OPRAWKO Jakub	2465	ZKP	Open Mężczyzn	225	00:48:56	02:18:46.40	02:18:46.40	+01:13:58 (53.3%)	11:33	5.2 (46.8%)
417	KAMIŃSKI Jakub	2518	PELCZARÓWKA	Open Mężczyzn	226	00:49:48	02:18:51.15	02:18:51.15	+01:14:03 (53.3%)	11:34	5.2 (46.8%)
418	BEDNARSKI Szymon	2517	PELCZARÓWKA	Open Mężczyzn	227	00:49:49	02:18:52.35	02:18:52.35	+01:14:04 (53.3%)	11:34	5.2 (46.8%)
419	MACIĄG Krzysztof	2480		Open Masters Mężczyzn	71	00:54:01	02:19:00.55	02:19:00.55	+01:14:13 (53.4%)	11:35	5.2 (46.8%)
420	CZERNIKOWSKI Daniel	2459	RUNMAGEDDONOWE ŚWIRY	Open Masters Mężczyzn	72	00:54:00	02:19:00.95	02:19:00.95	+01:14:13 (53.4%)	11:35	5.2 (46.8%)
421	JABŁOŃSKA Sylwia	2473		Open Kobiet	27	00:53:59	02:19:01.40	02:19:01.40	+01:14:13 (53.4%)	11:35	5.2 (46.8%)
422	BETA Oliwia	2140	DRZAZGA W NAPLETKU	Open Kobiet	28	00:51:05	02:19:17.15	02:19:17.15	+01:14:29 (53.5%)	11:36	5.2 (46.8%)
423	KRAJEWSKI Mateusz	2493	DRZAZGA W NAPLETKU	Open Mężczyzn	228	00:50:48	02:19:17.95	02:19:17.95	+01:14:30 (53.5%)	11:36	5.2 (46.8%)
424	GRABOWSKI Mariusz	2186		Open Masters Mężczyzn	73	00:54:22	02:19:20.15	02:19:20.15	+01:14:32 (53.5%)	11:36	5.2 (46.8%)
425	PŁÓCIENNIK Lena	2483		Open Kobiet	29	00:54:51	02:19:20.35	02:19:20.35	+01:14:32 (53.5%)	11:36	5.2 (46.8%)
426	KITTA Damian	2616		Open Mężczyzn	229	00:48:43	02:20:01.25	02:20:01.25	+01:15:13 (53.7%)	11:40	5.1 (45.9%)
427	OSIKA Dariusz	2631		Open Mężczyzn	230	00:48:38	02:20:01.40	02:20:01.40	+01:15:13 (53.7%)	11:40	5.1 (45.9%)
428	RUPIEWICZ Aleksander	2442		Open Mężczyzn	231	00:49:05	02:20:06.50	02:20:06.50	+01:15:19 (53.8%)	11:40	5.1 (45.9%)
429	WOJTKIEWICZ Łukasz	2238	CHEEKY MONKEY TEAM	Open Masters Mężczyzn	74	00:56:33	02:20:15.65	02:20:15.65	+01:15:28 (53.8%)	11:41	5.1 (45.9%)
430	SALAJCZYK Aleksy	2217		Open Mężczyzn	232	00:48:48	02:20:24.60	02:20:24.60	+01:15:37 (53.9%)	11:42	5.1 (45.9%)
431	ŁABA Jan	2199		Open Mężczyzn	233	00:43:31	02:20:24.70	02:20:24.70	+01:15:37 (53.9%)	11:42	5.1 (45.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
432	KWIATEK Karol	2103		Open Mężczyzn	234	00:53:14	02:20:40.30	02:20:40.30	+01:15:52 (53.9%)	11:43	5.1 (45.9%)
433	MINKIEWICZ Piotr	2626		Open Mężczyzn	235	00:50:04	02:21:01.95	02:21:01.95	+01:16:14 (54.1%)	11:45	5.1 (45.9%)
434	WIKTOR Kacper	2520	PROJECT X	Open Mężczyzn	236	00:51:50	02:21:22.95	02:21:22.95	+01:16:35 (54.2%)	11:46	5.1 (45.9%)
435	SŁOWIŃSKI Jakub	2519	PROJECT X	Open Mężczyzn	237	00:51:51	02:21:26.00	02:21:26.00	+01:16:38 (54.2%)	11:47	5.1 (45.9%)
436	BARANOWSKI Jakub	2657	PROJECT X	Open Mężczyzn	238	00:51:51	02:21:26.45	02:21:26.45	+01:16:39 (54.2%)	11:47	5.1 (45.9%)
437	MIROWSKI Adam	2206		Open Masters Mężczyzn	75	00:47:47	02:21:29.35	02:21:29.35	+01:16:41 (54.2%)	11:47	5.1 (45.9%)
438	WAWROWICZ Krzysztof	2229		Open Masters Mężczyzn	76	00:53:14	02:21:37.45	02:21:37.45	+01:16:50 (54.3%)	11:48	5.1 (45.9%)
439	WAWROWICZ Paweł	2230		Open Mężczyzn	239	00:53:14	02:21:37.60	02:21:37.60	+01:16:50 (54.3%)	11:48	5.1 (45.9%)
440	FRANIEWSKI Jacek	2604		Open Mężczyzn	240	00:50:03	02:21:55.65	02:21:55.65	+01:17:08 (54.3%)	11:49	5.1 (45.9%)
441	SĘDROWSKI Michał	2485		Open Mężczyzn	241	00:50:08	02:21:58.25	02:21:58.25	+01:17:10 (54.4%)	11:49	5.1 (45.9%)
442	MATYJASIK Michał	2285		Open Mężczyzn	242	00:47:11	02:22:17.00	02:22:17.00	+01:17:29 (54.5%)	11:51	5.1 (45.9%)
443	GREIBIG Michaela	2250	OPFERCREW	Open Kobiet	30	00:52:32	02:22:18.10	02:22:18.10	+01:17:30 (54.5%)	11:51	5.1 (45.9%)
444	KASCHE Denny	2251	OPFERCREW	Open Mężczyzn	243	00:52:32	02:22:19.75	02:22:19.75	+01:17:32 (54.5%)	11:51	5.1 (45.9%)
445	URBAŃCZYK Wojciech	2228		Open Mężczyzn	244	00:57:21	02:22:20.85	02:22:20.85	+01:17:33 (54.5%)	11:51	5.1 (45.9%)
446	RUDZINSKI Krzysiek	2375		Open Mężczyzn	245	00:56:00	02:22:43.50	02:22:43.50	+01:17:56 (54.6%)	11:53	5 (45.0%)
447	WITKOWSKA Natalia	2388		Open Kobiet	31	00:55:52	02:22:43.85	02:22:43.85	+01:17:56 (54.6%)	11:53	5 (45.0%)
448	PRYZSTAW Maxim	2252	OPFERCREW	Open Mężczyzn	246	00:52:30	02:22:55.00	02:22:55.00	+01:18:07 (54.7%)	11:54	5 (45.0%)
449	SOBIERAJSKI Julian	2642		Open Mężczyzn	247	00:55:48	02:23:04.70	02:23:04.70	+01:18:17 (54.7%)	11:55	5 (45.0%)
450	NESTEROWICZ Magdalena	2320	BIEGUN OCR TEAM	Open Kobiet	32	00:52:11	02:23:15.15	02:23:15.15	+01:18:27 (54.8%)	11:56	5 (45.0%)
451	ŚWIST Agnieszka	2645		Open Kobiet	33	00:53:04	02:23:27.65	02:23:27.65	+01:18:40 (54.8%)	11:57	5 (45.0%)
452	BABECKI Szymon	2333		Open Mężczyzn	248	00:46:17	02:23:27.85	02:23:27.85	+01:18:40 (54.8%)	11:57	5 (45.0%)
453	NAWROCKI Mateusz	2523	ROCKFIN	Open Mężczyzn	249	00:51:29	02:23:28.90	02:23:28.90	+01:18:41 (54.8%)	11:57	5 (45.0%)
454	WIŚNIEWSKI Mariusz	2524	ROCKFIN	Open Mężczyzn	250	00:51:34	02:23:29.00	02:23:29.00	+01:18:41 (54.8%)	11:57	5 (45.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
455	KULWIŃSKI Paweł	2522	ROCKFIN	Open Mężczyzn	251	00:51:35	02:23:29.55	02:23:29.55	+01:18:42 (54.8%)	11:57	5 (45.0%)
456	PANKOWSKI Roch	2236	BŁOTNA FURIA	Open Mężczyzn	252	00:46:10	02:23:39.85	02:23:39.85	+01:18:52 (54.9%)	11:58	5 (45.0%)
457	MIKULENAS Edvardas	2121	OCR BALTIC WARRIORS	Open Mężczyzn	253	00:39:33	02:23:41.10	02:23:41.10	+01:18:53 (54.9%)	11:58	5 (45.0%)
458	GIL Andrzej	2096	WOLF TEAM	Open Masters Mężczyzn	77	00:37:28	02:24:05.35	02:24:05.35	+01:19:17 (55.0%)	12:00	5 (45.0%)
459	PUCHALSKA Katarzyna	2242	GRUPA BIEGOWA NDI	Open Kobiet	34	00:53:41	02:24:13.90	02:24:13.90	+01:19:26 (55.1%)	12:01	5 (45.0%)
460	WOŁOSZ Michał	2315		Open Mężczyzn	254	00:53:40	02:24:14.10	02:24:14.10	+01:19:26 (55.1%)	12:01	5 (45.0%)
461	KUSIAK Rafał	2241	GRUPA BIEGOWA NDI	Open Mężczyzn	255	00:53:41	02:24:14.30	02:24:14.30	+01:19:26 (55.1%)	12:01	5 (45.0%)
462	EJZEMBERG Cezary	2240	GRUPA BIEGOWA NDI	Open Mężczyzn	256	00:53:40	02:24:14.40	02:24:14.40	+01:19:26 (55.1%)	12:01	5 (45.0%)
463	ŻYLIŃSKI Dawid	2243	GRUPA BIEGOWA NDI	Open Masters Mężczyzn	78	00:53:41	02:24:14.55	02:24:14.55	+01:19:27 (55.1%)	12:01	5 (45.0%)
464	DUKOWICZ Patryk	2422		Open Mężczyzn	257	00:48:39	02:24:26.40	02:24:26.40	+01:19:38 (55.1%)	12:02	5 (45.0%)
465	KUSIAK Monika	2332	ZEMSTA PREZESA	Open Kobiet	35	00:50:54	02:24:27.60	02:24:27.60	+01:19:40 (55.1%)	12:02	5 (45.0%)
466	JANIEC Kamil	2329	ZEMSTA PREZESA	Open Mężczyzn	258	00:50:43	02:24:27.75	02:24:27.75	+01:19:40 (55.2%)	12:02	5 (45.0%)
466	KACZMARSKI Mirosław	2331	ZEMSTA PREZESA	Open Masters Mężczyzn	79	00:51:21	02:24:27.75	02:24:27.75	+01:19:40 (55.2%)	12:02	5 (45.0%)
468	JĘDRZEJEWSKI Łukasz	2330	ZEMSTA PREZESA	Open Masters Mężczyzn	80	00:50:46	02:24:28.05	02:24:28.05	+01:19:40 (55.2%)	12:02	5 (45.0%)
469	OBREŃBSKI Artur	2325	RAJSKA TEAM	Open Mężczyzn	259	00:50:14	02:24:32.00	02:24:32.00	+01:19:44 (55.2%)	12:02	5 (45.0%)
470	SZAFRAŃSKA Oliwia	2385		Open Kobiet	36	00:52:13	02:24:32.95	02:24:32.95	+01:19:45 (55.2%)	12:02	5 (45.0%)
471	NOWAK Michał	2367		Open Mężczyzn	260	00:52:13	02:24:33.40	02:24:33.40	+01:19:45 (55.2%)	12:02	5 (45.0%)
472	GOLA Mikołaj	2606		Open Mężczyzn	261	00:50:23	02:24:39.95	02:24:39.95	+01:19:52 (55.2%)	12:03	5 (45.0%)
473	MIŚTA Marcin	2403	MARSZRUTKI	Open Mężczyzn	262	00:45:48	02:25:12.65	02:25:12.65	+01:20:25 (55.4%)	12:06	5 (45.0%)
474	KASYAN Daniel	2402	MARSZRUTKI	Open Mężczyzn	263	00:45:48	02:25:13.05	02:25:13.05	+01:20:25 (55.4%)	12:06	5 (45.0%)
475	KOWALSKI Bartłomiej	2431		Open Masters Mężczyzn	81	00:56:08	02:25:25.20	02:25:25.20	+01:20:37 (55.4%)	12:07	5 (45.0%)
476	KITA Grzegorz	2428		Open Masters Mężczyzn	82	00:51:16	02:25:43.25	02:25:43.25	+01:20:55 (55.5%)	12:08	4.9 (44.1%)
477	KACZYŃSKI Zbigniew	2350		Open Mężczyzn	264	00:49:45	02:26:06.35	02:26:06.35	+01:21:18 (55.7%)	12:10	4.9 (44.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
478	KRYSZTOFIK Paweł	2353		Open Mężczyzn	265	00:49:46	02:26:06.85	02:26:06.85	+01:21:19 (55.7%)	12:10	4.9 (44.1%)
479	KOBUS Arkadiusz	2247	MPK POZNAŃ	Open Masters Mężczyzn	83	00:56:25	02:26:12.90	02:26:12.90	+01:21:25 (55.7%)	12:11	4.9 (44.1%)
480	MAJCHRZYCKI Sławomir	2248	MPK POZNAŃ	Open Masters Mężczyzn	84	00:56:43	02:26:13.05	02:26:13.05	+01:21:25 (55.7%)	12:11	4.9 (44.1%)
481	WOCH Kinga	2159	GŁODNE WILKI	Open Kobiet	37	00:54:57	02:26:17.50	02:26:17.50	+01:21:30 (55.7%)	12:11	4.9 (44.1%)
482	KALETA Adrian	2189		Open Mężczyzn	266	01:01:51	02:26:22.50	02:26:22.50	+01:21:35 (55.7%)	12:11	4.9 (44.1%)
483	KUSZTEŁAK Adrian	2546		Open Mężczyzn	267	00:42:10	02:26:26.70	02:26:26.70	+01:21:39 (55.8%)	12:12	4.9 (44.1%)
484	BALBUS Mateusz	2533		Open Mężczyzn	268	00:42:10	02:26:26.95	02:26:26.95	+01:21:39 (55.8%)	12:12	4.9 (44.1%)
485	KOZŁOWSKI Kamil	2503	JRG PUŁTUSK	Open Mężczyzn	269	00:51:09	02:26:48.80	02:26:48.80	+01:22:01 (55.9%)	12:14	4.9 (44.1%)
486	PIECOWSKA Zuzanna	2440		Open Kobiet	38	00:56:17	02:26:57.55	02:26:57.55	+01:22:10 (55.9%)	12:14	4.9 (44.1%)
487	MAJSZCZYK Sebastian	2624		Open Mężczyzn	270	00:53:21	02:27:33.35	02:27:33.35	+01:22:45 (56.1%)	12:17	4.9 (44.1%)
488	BARSZCZ Patryk	2594		Open Mężczyzn	271	00:56:18	02:27:33.55	02:27:33.55	+01:22:46 (56.1%)	12:17	4.9 (44.1%)
489	LISZATYŃSKI Emil	2158	FOODLOVERS	Open Mężczyzn	272	00:54:00	02:27:38.95	02:27:38.95	+01:22:51 (56.1%)	12:18	4.9 (44.1%)
490	MAŁKIEWICZ Leszek	2551		Open Masters Mężczyzn	85	00:58:40	02:27:42.90	02:27:42.90	+01:22:55 (56.1%)	12:18	4.9 (44.1%)
491	SERWATKA Patryk	2378		Open Mężczyzn	273	00:53:57	02:27:47.20	02:27:47.20	+01:22:59 (56.2%)	12:18	4.9 (44.1%)
492	MYSŁOWSKI Kacper	2552		Open Mężczyzn	274	00:50:49	02:27:51.20	02:27:51.20	+01:23:03 (56.2%)	12:19	4.9 (44.1%)
493	KUCZBORSKI Jacek	2085	PRUSZKOWSKI TEAM	Elite Mężczyzn	68	00:42:40	02:28:44.55	02:28:44.55	+01:23:57 (56.4%)	12:23	4.8 (43.2%)
494	BATKO Wojciech	2153	FOODLOVERS	Open Masters Mężczyzn	86	00:54:00	02:28:52.65	02:28:52.65	+01:24:05 (56.5%)	12:24	4.8 (43.2%)
495	PAWELCZYK Michał	2556		Open Masters Mężczyzn	87	00:58:34	02:30:13.70	02:30:13.70	+01:25:26 (56.9%)	12:31	4.8 (43.2%)
496	STACH Kamil	2382		Open Mężczyzn	275	00:56:31	02:30:54.55	02:30:54.55	+01:26:07 (57.1%)	12:34	4.8 (43.2%)
497	STACH Gabriel	2381		Open Mężczyzn	276	00:56:27	02:30:55.30	02:30:55.30	+01:26:07 (57.1%)	12:34	4.8 (43.2%)
498	SPAŁEK Szymon	2380		Open Mężczyzn	277	00:56:31	02:30:57.00	02:30:57.00	+01:26:09 (57.1%)	12:34	4.8 (43.2%)
499	REJOWSKI Jan	2441		Open Mężczyzn	278	00:50:28	02:31:33.35	02:31:33.35	+01:26:45 (57.2%)	12:37	4.8 (43.2%)
500	KNOPIK Łukasz	2544		Open Masters Mężczyzn	88	00:58:34	02:31:36.00	02:31:36.00	+01:26:48 (57.3%)	12:38	4.7 (42.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
501	WIDUCH Ryszard	2231		Open Masters Mężczyzn	89	00:57:30	02:31:40.90	02:31:40.90	+01:26:53 (57.3%)	12:38	4.7 (42.3%)
502	SZWAJKOWSKI Karol	2108		Open Mężczyzn	279	00:41:07	02:31:58.50	02:31:58.50	+01:27:11 (57.4%)	12:39	4.7 (42.3%)
503	WISŁAWSKI Mariusz	2232		Open Mężczyzn	280	00:54:55	02:32:09.40	02:32:09.40	+01:27:21 (57.4%)	12:40	4.7 (42.3%)
504	PAWŁOWSKA Agnieszka	2653		Open Masters Kobiet	4	00:50:18	02:32:30.25	02:32:30.25	+01:27:42 (57.5%)	12:42	4.7 (42.3%)
505	BEDRA Grzegorz	2534		Open Masters Mężczyzn	90	00:50:18	02:32:30.45	02:32:30.45	+01:27:43 (57.5%)	12:42	4.7 (42.3%)
506	BILŃSKI Bartosz	2071	KONRADTRENUJETEAM	Open Mężczyzn	281	00:47:21	02:32:34.35	02:32:34.35	+01:27:46 (57.5%)	12:42	4.7 (42.3%)
507	DOMAGAŁA Dominik	2600		Open Mężczyzn	282	00:50:48	02:32:36.50	02:32:36.50	+01:27:49 (57.5%)	12:43	4.7 (42.3%)
508	MUDLAFF Przemysław	2097	WOLF TEAM	Elite Mężczyzn	69	00:53:13	02:32:37.20	02:32:37.20	+01:27:49 (57.5%)	12:43	4.7 (42.3%)
509	SUDER Tomasz	2507	JRG PUŁTUSK	Open Mężczyzn	283	00:51:08	02:32:43.70	02:32:43.70	+01:27:56 (57.6%)	12:43	4.7 (42.3%)
510	MROCZKOWSKI Hubert	2505	JRG PUŁTUSK	Open Mężczyzn	284	00:51:32	02:32:48.05	02:32:48.05	+01:28:00 (57.6%)	12:44	4.7 (42.3%)
511	MERDA Piotr	2504	JRG PUŁTUSK	Open Mężczyzn	285	00:51:33	02:32:48.30	02:32:48.30	+01:28:00 (57.6%)	12:44	4.7 (42.3%)
512	SITARSKI Tomasz	2506	JRG PUŁTUSK	Open Mężczyzn	286	00:51:32	02:32:50.35	02:32:50.35	+01:28:02 (57.6%)	12:44	4.7 (42.3%)
513	MOROŃ Krzysztof	2364		Open Mężczyzn	287	00:57:42	02:32:50.55	02:32:50.55	+01:28:03 (57.6%)	12:44	4.7 (42.3%)
514	TRYKOZKO Izabela	2562		Open Kobiet	39	00:56:58	02:33:52.95	02:33:52.95	+01:29:05 (57.9%)	12:49	4.7 (42.3%)
515	DĄBROWSKI Kacper	2659		Open Mężczyzn	288	00:56:58	02:33:54.55	02:33:54.55	+01:29:07 (57.9%)	12:49	4.7 (42.3%)
516	WIŚNIEWSKA Anna	2313		Open Kobiet	40	00:56:24	02:34:06.75	02:34:06.75	+01:29:19 (58.0%)	12:50	4.7 (42.3%)
517	KOCHAŃSKI Artur	2278		Open Mężczyzn	289	00:56:24	02:34:06.90	02:34:06.90	+01:29:19 (58.0%)	12:50	4.7 (42.3%)
518	SZCZUR Bartłomiej	2306		Open Mężczyzn	290	00:52:17	02:34:30.55	02:34:30.55	+01:29:43 (58.1%)	12:52	4.7 (42.3%)
519	MISZTAL Sebastian	2120	GŁODNE WILKI	Open Mężczyzn	291	00:43:46	02:34:31.85	02:34:31.85	+01:29:44 (58.1%)	12:52	4.7 (42.3%)
520	GNICH Jacek	2253	PEKA LINA, NIE KOMANDOS	Open Mężczyzn	292	00:52:17	02:34:47.40	02:34:47.40	+01:29:59 (58.1%)	12:53	4.7 (42.3%)
521	HODYRA Michał	2410	STUDENCI DPD	Open Mężczyzn	293	00:51:08	02:35:30.20	02:35:30.20	+01:30:42 (58.3%)	12:57	4.6 (41.4%)
522	STARZYŃSKI Dawid	2411	STUDENCI DPD	Open Mężczyzn	294	00:51:09	02:35:32.15	02:35:32.15	+01:30:44 (58.3%)	12:57	4.6 (41.4%)
523	PAZIEWSKI Jakub	2633		Open Mężczyzn	295	00:55:00	02:35:48.40	02:35:48.40	+01:31:00 (58.4%)	12:59	4.6 (41.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
524	LASOCKI Robert	2622		Open Mężczyzn	296	00:54:29	02:35:48.55	02:35:48.55	+01:31:01 (58.4%)	12:59	4.6 (41.4%)
525	PYTEL Filip	2635		Open Mężczyzn	297	00:55:55	02:35:57.40	02:35:57.40	+01:31:09 (58.5%)	12:59	4.6 (41.4%)
526	ZALEWSKI Kosma	2572	KARLIKI	Open Mężczyzn	298	00:51:20	02:35:57.90	02:35:57.90	+01:31:10 (58.5%)	12:59	4.6 (41.4%)
527	KOWALSKI Rafał	2619		Open Mężczyzn	299	00:54:18	02:36:04.50	02:36:04.50	+01:31:17 (58.5%)	13:00	4.6 (41.4%)
528	SZUBIERAJSKI Mateusz	2646		Open Mężczyzn	300	00:56:19	02:36:06.55	02:36:06.55	+01:31:19 (58.5%)	13:00	4.6 (41.4%)
529	KARGUL Marcin	2614		Open Mężczyzn	301	00:54:16	02:36:06.65	02:36:06.65	+01:31:19 (58.5%)	13:00	4.6 (41.4%)
530	GŁOS Grzegorz	2161	KARATECKIE DIAMENTY	Open Mężczyzn	302	00:54:21	02:36:10.50	02:36:10.50	+01:31:23 (58.5%)	13:00	4.6 (41.4%)
531	JENDRZEJ Jasmin	2162	KARATECKIE DIAMENTY	Open Kobiet	41	00:54:32	02:36:10.80	02:36:10.80	+01:31:23 (58.5%)	13:00	4.6 (41.4%)
532	BEWKO Mateusz	2160	KARATECKIE DIAMENTY	Open Mężczyzn	303	00:54:25	02:36:10.90	02:36:10.90	+01:31:23 (58.5%)	13:00	4.6 (41.4%)
533	KOMAR Tomasz	2323	NA PRZYPALE ALBO WCALE!!!	Open Masters Mężczyzn	91	00:56:51	02:37:13.90	02:37:13.90	+01:32:26 (58.8%)	13:06	4.6 (41.4%)
534	PALLUTH Maciej	2555		Open Mężczyzn	304	00:57:59	02:37:14.95	02:37:14.95	+01:32:27 (58.8%)	13:06	4.6 (41.4%)
535	KORKOWSKA Aleksandra	2188		Open Kobiet	42	01:02:30	02:37:30.60	02:37:30.60	+01:32:43 (58.9%)	13:07	4.6 (41.4%)
536	LASOK Łukasz	2623		Open Masters Mężczyzn	92	01:02:30	02:37:37.70	02:37:37.70	+01:32:50 (58.9%)	13:08	4.6 (41.4%)
537	KABERU Danai	2611		Open Kobiet	43	01:02:32	02:37:38.80	02:37:38.80	+01:32:51 (58.9%)	13:08	4.6 (41.4%)
538	DĄBROWSKI Bogusław	2389	BSB INDUSTRY	Open Mężczyzn	305	00:57:42	02:37:47.75	02:37:47.75	+01:33:00 (58.9%)	13:08	4.6 (41.4%)
539	NICZYPORUK Karol	2629		Open Mężczyzn	306	00:57:06	02:37:51.60	02:37:51.60	+01:33:04 (59.0%)	13:09	4.6 (41.4%)
540	KOLBOWSKI Cyprian	2617		Open Mężczyzn	307	00:57:05	02:37:51.65	02:37:51.65	+01:33:04 (59.0%)	13:09	4.6 (41.4%)
541	OGRODOWSKI Blazej	2152	BAŚNIOWY OGRÓD	Open Masters Mężczyzn	93	01:02:29	02:37:58.00	02:37:58.00	+01:33:10 (59.0%)	13:09	4.6 (41.4%)
542	HINCA Natalia	2405	ROSSMANN	Open Kobiet	44	00:57:42	02:38:05.95	02:38:05.95	+01:33:18 (59.0%)	13:10	4.6 (41.4%)
543	LIHS Patryk	2391	BSB INDUSTRY	Open Mężczyzn	308	00:57:40	02:38:45.35	02:38:45.35	+01:33:57 (59.2%)	13:13	4.5 (40.5%)
544	KARCZEWSKI Patryk	2092	WARRIORS ŁÓDŹ	Open Mężczyzn	309	00:48:55	02:39:46.75	02:39:46.75	+01:34:59 (59.4%)	13:18	4.5 (40.5%)
545	PACHOTA Paweł	2324	NA PRZYPALE ALBO WCALE!!!	Open Mężczyzn	310	00:56:53	02:39:47.75	02:39:47.75	+01:35:00 (59.5%)	13:18	4.5 (40.5%)
546	RYBAKOWSKI Patryk	2392	BSB INDUSTRY	Open Mężczyzn	311	00:59:55	02:39:54.05	02:39:54.05	+01:35:06 (59.5%)	13:19	4.5 (40.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
547	KALATA Andrzej	2390	BSB INDUSTRY	Open Masters Mężczyzn	94	00:58:51	02:40:52.50	02:40:52.50	+01:36:05 (59.7%)	13:24	4.5 (40.5%)
548	KRAWCZYK Michał	2620		Open Mężczyzn	312	01:01:24	02:41:24.60	02:41:24.60	+01:36:37 (59.9%)	13:27	4.5 (40.5%)
549	DZIEKOŃSKI Adrian	2603		Open Mężczyzn	313	01:01:18	02:41:25.15	02:41:25.15	+01:36:37 (59.9%)	13:27	4.5 (40.5%)
550	STOCKI Radosław	2644		Open Mężczyzn	314	01:00:55	02:41:27.75	02:41:27.75	+01:36:40 (59.9%)	13:27	4.5 (40.5%)
551	KULECZKA Jacek	2102		Open Masters Mężczyzn	95	00:55:35	02:41:28.05	02:41:28.05	+01:36:40 (59.9%)	13:27	4.5 (40.5%)
552	PIOTRKOWICZ Michał	2105		Elite Masters Mężczyzn	19	00:55:38	02:41:28.10	02:41:28.10	+01:36:40 (59.9%)	13:27	4.5 (40.5%)
553	DROZD Dominik	2022	KAITO TEAM	Open Mężczyzn	315	00:34:58	02:41:47.65	02:41:47.65	+01:37:00 (60.0%)	13:28	4.5 (40.5%)
554	RAUROWICZ Ewa	2559		Open Masters Kobiet	5	00:52:00	02:44:00.90	02:44:00.90	+01:39:13 (60.5%)	13:40	4.4 (39.6%)
555	WIŚNIEWSKI Konrad	2591	WŚCIEKŁEDZIKI	Open Mężczyzn	316	00:59:33	02:45:09.75	02:45:09.75	+01:40:22 (60.8%)	13:45	4.4 (39.6%)
556	MACIASZEK Grzegorz	2589	WŚCIEKŁEDZIKI	Open Mężczyzn	317	00:59:34	02:45:10.00	02:45:10.00	+01:40:22 (60.8%)	13:45	4.4 (39.6%)
557	POLAKIEWICZ Paweł	2590	WŚCIEKŁEDZIKI	Open Mężczyzn	318	00:59:17	02:45:14.15	02:45:14.15	+01:40:26 (60.8%)	13:46	4.4 (39.6%)
558	SYRYCZYK Tomasz	2588	WŚCIEKŁE DZIKI	Open Mężczyzn	319	00:59:19	02:45:17.70	02:45:17.70	+01:40:30 (60.8%)	13:46	4.4 (39.6%)
559	ENERLICH Piotr	2587	WŚCIEKŁE DZIKI	Open Mężczyzn	320	00:59:18	02:46:46.10	02:46:46.10	+01:41:58 (61.1%)	13:53	4.3 (38.7%)
560	KACZMARSKA Alicja	2427		Open Masters Kobiet	6	01:01:18	02:49:23.65	02:49:23.65	+01:44:36 (61.8%)	14:06	4.3 (38.7%)
561	TOMASZEWSKI Sławomir	2656	MAXIMUS SMT	Open Mężczyzn	321	00:59:49	02:50:30.85	02:50:30.85	+01:45:43 (62.0%)	14:12	4.2 (37.8%)
561	CHLEBIŃSKA Agnieszka	2176		Open Kobiet	45	00:59:49	02:50:30.85	02:50:30.85	+01:45:43 (62.0%)	14:12	4.2 (37.8%)
563	KRASKA Dominika	2195		Open Kobiet	46	01:06:20	02:50:31.65	02:50:31.65	+01:45:44 (62.0%)	14:12	4.2 (37.8%)
564	KELER Jakub	2192		Open Mężczyzn	322	01:06:21	02:51:12.80	02:51:12.80	+01:46:25 (62.2%)	14:16	4.2 (37.8%)
565	MINKINA Paweł	2627		Open Masters Mężczyzn	96	00:59:02	02:55:49.75	02:55:49.75	+01:51:02 (63.2%)	14:39	4.1 (36.9%)
566	DEMCZUK Tomasz	2265		Open Mężczyzn	323	00:51:28	02:56:19.30	02:56:19.30	+01:51:31 (63.3%)	14:41	4.1 (36.9%)
567	KOWALSKI Jędrzej	2279		Open Mężczyzn	324	00:51:27	02:56:34.80	02:56:34.80	+01:51:47 (63.3%)	14:42	4.1 (36.9%)
568	SOCHA Joanna	2224		Open Kobiet	47	01:13:33	02:57:41.05	02:57:41.05	+01:52:53 (63.5%)	14:48	4.1 (36.9%)
569	PIECHOWSKI Michał	2258	WROCŁAWSKIE KARMINADLE	Open Mężczyzn	325	00:51:28	02:58:24.85	02:58:24.85	+01:53:37 (63.7%)	14:52	4 (36.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
570	KAPICA Łukasz	2613		Open Mężczyzn	326	00:54:22	02:59:24.50	02:59:24.50	+01:54:37 (63.9%)	14:57	4 (36.0%)
571	DRAPAŁA Radosław	2601		Open Mężczyzn	327	00:54:58	02:59:24.55	02:59:24.55	+01:54:37 (63.9%)	14:57	4 (36.0%)
572	KRAJEWSKI Mateusz	2280		Open Mężczyzn	328	00:59:22	02:59:26.20	02:59:26.20	+01:54:38 (63.9%)	14:57	4 (36.0%)
573	MIŁOSZEWSKI Łukasz	2204		Open Mężczyzn	329	00:59:22	02:59:26.30	02:59:26.30	+01:54:38 (63.9%)	14:57	4 (36.0%)
574	BORO Patryk	2596		Open Mężczyzn	330	00:54:25	02:59:26.40	02:59:26.40	+01:54:38 (63.9%)	14:57	4 (36.0%)
575	DOCZEKALSKI Mateusz	2180		Open Mężczyzn	331	01:12:12	03:00:59.05	03:00:59.05	+01:56:11 (64.2%)	15:04	4 (36.0%)
576	KAZUBSKI Kacper	2497	EVIDEN	Open Mężczyzn	332	01:10:23	03:01:37.65	03:01:37.65	+01:56:50 (64.3%)	15:08	4 (36.0%)
577	PIECZYŃSKA Marlena	2499	EVIDEN	Open Kobiet	48	01:10:25	03:01:38.50	03:01:38.50	+01:56:51 (64.3%)	15:08	4 (36.0%)
578	SŁOWAKIEWICZ Miłosz	2500	EVIDEN	Open Mężczyzn	333	01:10:25	03:01:39.05	03:01:39.05	+01:56:51 (64.3%)	15:08	4 (36.0%)
579	KOCHAŃSKI Rafał	2498	EVIDEN	Open Masters Mężczyzn	97	01:10:23	03:01:39.30	03:01:39.30	+01:56:51 (64.3%)	15:08	4 (36.0%)
580	Ponczu2.0	2508	KRÓLOWIE GIMNASTYKI	Open Mężczyzn	334	01:04:51	03:05:45.10	03:05:45.10	+02:00:57 (65.1%)	15:28	3.9 (35.1%)
581	KOSMAŁSKI Wojciech	2510	KRÓLOWIE GIMNASTYKI	Open Mężczyzn	335	01:04:53	03:05:45.60	03:05:45.60	+02:00:58 (65.1%)	15:28	3.9 (35.1%)
582	KILANOWSKI Dawid	2528	TRANSFORMERS	Open Mężczyzn	336	00:56:53	03:07:23.35	03:07:23.35	+02:02:35 (65.4%)	15:36	3.8 (34.2%)
583	MORAWSKI Krzysztof	2529	TRANSFORMERS	Open Mężczyzn	337	00:56:53	03:08:21.15	03:08:21.15	+02:03:33 (65.6%)	15:41	3.8 (34.2%)
584	BRONISZEWSKA Maja	2154	CARBON SILESIA SPORT BY VITARADE	Open Kobiet	49	01:10:38	03:10:19.00	03:10:19.00	+02:05:31 (66.0%)	15:51	3.8 (34.2%)
585	PĘKALA Aleksandra	2167	MIASTECZKO POLUSA	Open Kobiet	50	01:11:25	03:10:19.15	03:10:19.15	+02:05:31 (66.0%)	15:51	3.8 (34.2%)
586	HELUSZKA Monika	2577	MIKAMIK CZEWA	Open Kobiet	51	01:07:50	03:13:18.15	03:13:18.15	+02:08:30 (66.5%)	16:06	3.7 (33.3%)
587	BAJOR Maciej	2576	MIKAMIK CZEWA	Open Mężczyzn	338	01:06:49	03:13:19.40	03:13:19.40	+02:08:31 (66.5%)	16:06	3.7 (33.3%)
588	PRZESŁAŃSKI Mateusz	2578	MIKAMIK CZEWA	Open Masters Mężczyzn	98	01:07:51	03:13:22.45	03:13:22.45	+02:08:35 (66.5%)	16:06	3.7 (33.3%)
589	GANSZCZYK Maria	2172	UCIEKAMY PRZED MARYSIĄ	Open Kobiet	52	01:10:37	03:18:11.75	03:18:11.75	+02:13:24 (67.3%)	16:30	3.6 (32.4%)
590	MYTNIK Lidia	2246	MIASTECZKO POLUSA	Open Kobiet	53	01:10:38	03:18:14.50	03:18:14.50	+02:13:27 (67.3%)	16:31	3.6 (32.4%)
591	RYBIŃSKA Agata	2651	BANCKI	Open Kobiet	54	01:12:02	03:18:41.95	03:18:41.95	+02:13:54 (67.4%)	16:33	3.6 (32.4%)
592	KACZMARZYK Magdalena	2650	BANCKI	Open Kobiet	55	01:12:02	03:18:42.25	03:18:42.25	+02:13:54 (67.4%)	16:33	3.6 (32.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	6km	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
593	NOWAKOWSKI Sebastian	2652	SMAKOSZE HARNASIA	Open Mężczyzn	339	01:09:15	03:21:14.25	03:21:14.25	+02:16:26 (67.8%)	16:46	3.6 (32.4%)
593	KADO Mateusz	2408	SMAKOSZE HARNASIA	Open Mężczyzn	339	01:09:13	03:21:14.25	03:21:14.25	+02:16:26 (67.8%)	16:46	3.6 (32.4%)
595	CHABROS Jan	2407	SMAKOSZE HARNASIA	Open Mężczyzn	341	01:09:07	03:21:14.35	03:21:14.35	+02:16:26 (67.8%)	16:46	3.6 (32.4%)
596	- -	2661				01:09:33	03:21:14.40	03:21:14.40	+02:16:26 (67.8%)	16:46	3.6 (32.4%)
597	WLAZŁO Jakub	2409	SMAKOSZE HARNASIA	Open Mężczyzn	342	01:09:08	03:21:14.65	03:21:14.65	+02:16:27 (67.8%)	16:46	3.6 (32.4%)
598	PIRAS Jakub	2173	UCIEKAMY PRZED MARYSIĄ	Open Mężczyzn	343	01:10:38	03:21:28.95	03:21:28.95	+02:16:41 (67.8%)	16:47	3.6 (32.4%)
599	TOMICA Martyna	2387		Open Kobiet	56		03:48:44.50	03:48:44.50	+02:43:57 (71.7%)	19:03	3.1 (27.9%)
Przekroczony limit czasu: 04:00:00											
600		2664				00:58:12	02:18:15.40	04:27:03.30	+03:22:15 (75.7%)	11:31	5.2 (46.8%)
601		2663				00:55:51	02:37:26.20	04:29:34.85	+03:24:47 (76.0%)	13:07	4.6 (41.4%)
602		2662				01:04:27	02:32:15.05	04:40:44.70	+03:35:57 (76.9%)	12:41	4.7 (42.3%)
603	GAŁKA Mateusz	2266		Open Mężczyzn	344	00:43:33	01:26:02.95	04:48:22.35	+03:43:34 (77.5%)	7:10	8.4 (75.7%)
604		2665				01:00:34	02:45:15.30	04:53:37.95	+03:48:50 (77.9%)	13:46	4.4 (39.6%)
605		2660				01:04:59	02:52:37.00	05:01:12.65	+03:56:25 (78.5%)	14:23	4.2 (37.8%)
DQ	MACEVIČS Deniss	2089	SK RUNNINGCOACH.LV	Elite Mężczyzn		00:28:37 DQ	01:26:21.80 DQ	DQ		0:00	8.3 (74.8%)
	WILK Izabela	2648		Open Kobiet		DNF	DNF	DNF		-	- (0.0%)
	STEMPCZYŃSKA Justyna	2655	BIEGUN OCR TEAM	Open Masters Kobiet		00:49:41 DNF	DNF	DNF		-	- (0.0%)
	MICH-K Dawid	2286		Open Mężczyzn		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 609 wynik(ów)