



RZEŹNICKI MARSZ Z WALKING LOVERS

B4SPORT

Wydarzenie: IX FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2023-06-08
Miejsce: Cisna
Dystans: 16 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 16km	Czas brutto 16km	Różn	Tempo min/km	Tempo km/h
1	ZAPALSKA-CZARNY Iwona	5015	SPRING HORYNIEC-ZDRÓJ	K50	1	02:02:34.95	02:02:38.45		7:39	7.8 (100%)
2	HOJCZAK Anna	5107	RKATHLETICS	K40	1	02:02:50.25	02:02:53.75	+00:00:15 (0.2%)	7:40	7.8 (100%)
3	PELA Oliwia	5060		K20	1	02:07:23.90	02:07:30.10	+00:04:51 (3.8%)	7:57	7.5 (96.2%)
4	KOKOWSKA-SMOK Dagmara	5068	GRUPA JURA,PL	K40	2	02:17:22.75	02:17:27.20	+00:14:48 (10.8%)	8:35	7 (89.7%)
5	ŚWIĘCH Marlena	5020		K30	1	02:19:05.05	02:19:17.70	+00:16:39 (12.0%)	8:41	6.9 (88.5%)
6	KRÓL Iwona	5115		K40	3	02:19:17.95	02:19:23.20	+00:16:44 (12.0%)	8:42	6.9 (88.5%)
7	BORDUN Barbara	5056		K30	2	02:19:17.55	02:19:25.20	+00:16:46 (12.0%)	8:42	6.9 (88.5%)
8	URBAŃSKA Sylwia	5023	BIEGAM DLA SIEBIE	K40	4	02:19:17.90	02:19:31.20	+00:16:52 (12.1%)	8:42	6.9 (88.5%)
9	WAWRZCZAK Kinga	5117		K20	2	02:19:26.35	02:19:35.75	+00:16:57 (12.1%)	8:42	6.9 (88.5%)
10	GUDANIEC Agnieszka	5030		K40	5	02:19:54.55	02:20:05.10	+00:17:26 (12.5%)	8:44	6.9 (88.5%)
11	MASŁOWSKA Agnieszka	5104	BIEGANIE SZYDERCÓW	K40	6	02:20:03.20	02:20:13.95	+00:17:35 (12.5%)	8:45	6.9 (88.5%)
12	MALCHER Barbara	5037	GRUPA JURA'PL ZAWIERCIE	K40	7	02:20:11.60	02:20:16.60	+00:17:38 (12.6%)	8:45	6.8 (87.2%)
13	KUTA Anna	5087		K40	8	02:20:30.40	02:20:40.40	+00:18:01 (12.8%)	8:46	6.8 (87.2%)
14	FABISIAK Ewa	5029	ZARAŻENI BÓLEM	K50	2	02:20:29.50	02:20:40.65	+00:18:02 (12.8%)	8:46	6.8 (87.2%)
15	FLUKSIK Monika	5018		K50	3	02:20:32.00	02:20:41.30	+00:18:02 (12.8%)	8:47	6.8 (87.2%)
16	ŁOSIŃSKA Gabriela	5011		K50	4	02:20:30.20	02:20:44.50	+00:18:06 (12.9%)	8:46	6.8 (87.2%)
17	SZYMKIEWICZ Ewa	5099		K50	5	02:20:48.15	02:20:53.25	+00:18:14 (13.0%)	8:48	6.8 (87.2%)
18	PLISKOWSKA Anna	5123		K40	9	02:20:56.00	02:21:00.10	+00:18:21 (13.0%)	8:48	6.8 (87.2%)
19	GRZESIK Renata	5108		K30	3	02:21:25.75	02:21:39.85	+00:19:01 (13.4%)	8:50	6.8 (87.2%)
20	HORNOWSKA Agnieszka	5110		K30	4	02:21:36.80	02:21:45.20	+00:19:06 (13.5%)	8:51	6.8 (87.2%)
21	STOŃ Renata	5095		K50	6	02:21:44.70	02:21:59.70	+00:19:21 (13.6%)	8:51	6.8 (87.2%)
22	BOGUSZ Monika	5079		K30	5	02:21:50.10	02:22:03.65	+00:19:25 (13.7%)	8:51	6.8 (87.2%)
23	SKABA-SZKLARSKA Monika	5067		K40	10	02:22:08.70	02:22:13.00	+00:19:34 (13.8%)	8:53	6.8 (87.2%)
24	RADYK Anna	5080	JUMPING STARS TEAM PRZEMYSŁ	K20	3	02:22:29.35	02:22:31.55	+00:19:53 (14.0%)	8:54	6.7 (85.9%)
25	WIELOSIK Anna	5041		K40	11	02:22:20.25	02:22:32.40	+00:19:53 (14.0%)	8:53	6.7 (85.9%)
26	WOJTKOWIAK Dorota	5002		K50	7	02:22:57.65	02:23:02.65	+00:20:24 (14.3%)	8:56	6.7 (85.9%)
27	ANTCZAK Monika	5008		K40	12	02:22:43.55	02:23:04.20	+00:20:25 (14.3%)	8:55	6.7 (85.9%)
28	WALCZYK Iwona	5036		K50	8	02:24:05.05	02:24:15.25	+00:21:36 (15.0%)	9:00	6.7 (85.9%)
29	GRZESZCZAK Małgorzata	5106	BIEGAMYRAZAM.PL	K40	13	02:23:54.35	02:24:15.90	+00:21:37 (15.0%)	8:59	6.7 (85.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 16km	brutto 16km			
30	KORZENIOWSKA Justyna	5121		K40	14	02:24:19.70	02:24:23.10	+00:21:44 (15.1%)	9:01	6.7 (85.9%)
31	KUCZBORSKA Marta	5035	HARPAGAN SOSNOWIEC	K40	15	02:25:32.95	02:25:37.85	+00:22:59 (15.8%)	9:05	6.6 (84.6%)
32	BRAUN Aneta	5013	WKB MARATOŃCZYK WŁOCŁAWEK	K40	16	02:25:34.20	02:25:46.20	+00:23:07 (15.9%)	9:05	6.6 (84.6%)
33	ZAWIŚLAK Anna	5032		K40	17	02:25:43.65	02:25:50.55	+00:23:12 (15.9%)	9:06	6.6 (84.6%)
34	GROSS Agata	5028	FABRYKA DZIKA	K30	6	02:25:36.25	02:25:55.05	+00:23:16 (16.0%)	9:06	6.6 (84.6%)
35	BUJNOWSKA Sylwia	5098		K50	9	02:25:59.90	02:26:07.30	+00:23:28 (16.1%)	9:07	6.6 (84.6%)
36	WAWRZCZAK Anna	5006		K30	7	02:26:28.65	02:26:40.00	+00:24:01 (16.4%)	9:09	6.6 (84.6%)
37	CYGLER Alicja	5092		K50	10	02:27:48.85	02:28:16.70	+00:25:38 (17.3%)	9:14	6.5 (83.3%)
38	MISZCZUK Ewelina	5014		K40	18	02:27:59.40	02:28:20.95	+00:25:42 (17.3%)	9:14	6.5 (83.3%)
39	KARKUT Iwona	5086	NORDIC TEAM DZIAŁDOWO	K50	11	02:28:22.75	02:28:35.75	+00:25:57 (17.5%)	9:16	6.5 (83.3%)
40	KLARECKA Joanna	5007	ASTMA TEAM	K40	19	02:29:37.00	02:29:39.75	+00:27:01 (18.1%)	9:21	6.4 (82.1%)
41	WRÓBEL Bernadeta	5111	CISNA GÓRĄ	K20	4	02:31:10.75	02:31:15.20	+00:28:36 (18.9%)	9:26	6.4 (82.1%)
42	WRÓBEL Barbara	5112	CISNA GÓRĄ	K20	5	02:31:11.60	02:31:16.35	+00:28:37 (18.9%)	9:26	6.3 (80.8%)
43	MAKOWSKA Joanna	5100		K40	20	02:32:42.15	02:32:47.70	+00:30:09 (19.7%)	9:32	6.3 (80.8%)
44	KUREK Magda	5070		K40	21	02:32:46.65	02:32:52.60	+00:30:14 (19.8%)	9:32	6.3 (80.8%)
45	MERKLINGHAUS-KOBER Monika	5066	SPEED FEET '16	K40	22	02:35:32.10	02:35:52.40	+00:33:13 (21.3%)	9:43	6.2 (79.5%)
46	DERKOWSKA Jadwiga	5101		K60	1	02:35:50.40	02:36:02.10	+00:33:23 (21.4%)	9:44	6.2 (79.5%)
47	ŁĘGOWSKA Irena	5064		K60	2	02:38:24.80	02:38:28.25	+00:35:49 (22.6%)	9:54	6.1 (78.2%)
48	BOROWSKA Teresa	5049		K50	12	02:38:25.30	02:38:28.40	+00:35:49 (22.6%)	9:54	6.1 (78.2%)
49	ROSIK Natalia	5065	LUMBERJACKS KOSZALIN	K30	8	02:38:33.75	02:38:41.45	+00:36:03 (22.7%)	9:54	6.1 (78.2%)
50	ROGALA Hanna	5051		K40	23	02:38:35.20	02:38:41.65	+00:36:03 (22.7%)	9:54	6.1 (78.2%)
51	DZIECIELSKA Agnieszka	5034		K40	24	02:38:42.55	02:39:02.15	+00:36:23 (22.9%)	9:55	6 (76.9%)
52	PELA Olga	5021		K30	9	02:39:03.25	02:39:10.70	+00:36:32 (23.0%)	9:56	6 (76.9%)
53	BUZANOWSKA Lena	5062		K20	6	02:42:15.60	02:42:21.60	+00:39:43 (24.5%)	10:08	5.9 (75.6%)
53	BDZIKOT Elżbieta	5055		K50	13	02:42:11.00	02:42:21.60	+00:39:43 (24.5%)	10:08	5.9 (75.6%)
55	PIETRUSZKA Edyta	5122		K40	25	02:42:14.25	02:42:27.10	+00:39:48 (24.5%)	10:08	5.9 (75.6%)
56	MONKIEWICZ-OBZUT Agata	5001		K30	10	02:42:25.80	02:42:40.80	+00:40:02 (24.6%)	10:09	5.9 (75.6%)
57	MONKIEWICZ Zofia	5003		K60	3	02:42:26.75	02:42:42.40	+00:40:03 (24.6%)	10:09	5.9 (75.6%)
58	MADEJ Olga	5012		K40	26	02:43:31.00	02:43:41.00	+00:41:02 (25.1%)	10:13	5.9 (75.6%)
59	OSIŃSKA Agata	5089		K50	14	02:43:25.30	02:43:42.80	+00:41:04 (25.1%)	10:12	5.9 (75.6%)
60	RYCERZ Magdalena	5048		K50	15	02:44:02.80	02:44:11.30	+00:41:32 (25.3%)	10:15	5.9 (75.6%)
61	JAKUBOWICZ Monika	5005	SHM	K40	27	02:47:47.55	02:48:05.05	+00:45:26 (27.0%)	10:29	5.7 (73.1%)
62	OLEJARNIK Monika	5004	SHM	K40	28	02:47:48.15	02:48:05.45	+00:45:27 (27.0%)	10:29	5.7 (73.1%)
63	JÓZWIAK - WĘCLEWSKA Mariola	5073		K40	29	02:48:27.85	02:48:39.95	+00:46:01 (27.3%)	10:31	5.7 (73.1%)
64	ŁOSIŃSKA Izabela	5010		K30	11	02:49:13.25	02:49:27.55	+00:46:49 (27.6%)	10:34	5.7 (73.1%)
65	KADECKA Agnieszka	5075		K40	30	02:49:39.10	02:49:55.05	+00:47:16 (27.8%)	10:36	5.7 (73.1%)
66	HERTEL Karina	5119		K40	31	02:51:36.30	02:51:55.40	+00:49:16 (28.7%)	10:43	5.6 (71.8%)
67	HOFFMANN-ROSA Anita	5022	NW KIEKRZ POLAND	K40	32	02:51:36.75	02:51:55.80	+00:49:17 (28.7%)	10:43	5.6 (71.8%)
68	BDZIKOT Anna	5050		K40	33	02:52:21.85	02:52:30.50	+00:49:52 (28.9%)	10:46	5.6 (71.8%)
69	MOLAK Jolanta	5047		K60	4	02:52:22.70	02:52:30.80	+00:49:52 (28.9%)	10:46	5.6 (71.8%)
70	DITTMAYER-SKLEPOWICZ Izabela	5084		K50	16	02:52:52.35	02:53:07.35	+00:50:28 (29.2%)	10:48	5.6 (71.8%)
71	KRUCZYK Magdalena	5093		K40	34	02:53:29.20	02:53:47.35	+00:51:08 (29.4%)	10:50	5.5 (70.5%)
72	LOOSE Justyna	5019		K30	12	02:53:54.75	02:54:08.60	+00:51:30 (29.6%)	10:52	5.5 (70.5%)
73	GARDOCKA-KACZMARCZYK Milena	5085		K40	35	02:54:25.10	02:54:40.90	+00:52:02 (29.8%)	10:54	5.5 (70.5%)

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74	SZAFRAŃSKA-BLANK Katarzyna	5069		K50	17	03:13:32.80	03:13:50.75	+01:11:12 (36.7%)	12:05	5 (64.1%)
75	DUDEK Barbara	5053		K60	5	03:15:44.05	03:15:51.70	+01:13:13 (37.4%)	12:14	4.9 (62.8%)
76	JEŻEWSKA Ewelina	5078		K30	13	03:37:22.60	03:37:26.00	+01:34:47 (43.6%)	13:35	4.4 (56.4%)
77	DOMAGAŁA Agnieszka	5039	GRUPA JURA'PL	K40	36	03:54:43.30	03:55:01.80	+01:52:23 (47.8%)	14:40	4.1 (52.6%)

Znaleziono 77 wynik(ów)