



Wydarzenie: VI FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2020-06-06
Miejsce: Cisna
Dystans: 26 km

RZEŹNICZEK 2020

B4SPORT

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 26km	Różn	Tempo min/km	Tempo km/h
1	KANTOR Martyna	2884	BUFF TEAM POLAND	K30	1	02:26:45.15		5:38	10.6 (100%)
2	WINIARCZYK-JADACH Beata	2876	TG SOKÓŁ ZAKOPANE	K40	1	02:45:25.30	+00:18:40 (11.3%)	6:21	9.4 (88.7%)
3	WOLSKA Katarzyna	2610	OLEJ RUNNING TEAM	K30	2	03:06:35.85	+00:39:50 (21.4%)	7:10	8.4 (79.2%)
4	OSIŃSKA Monika	2242	DZIKIE BORSUKI	K40	2	03:11:20.75	+00:44:35 (23.3%)	7:21	8.2 (77.4%)
5	PAPROCKA Urszula	2239	NOWA HUTA TEAM	K30	3	03:13:56.60	+00:47:11 (24.3%)	7:27	8 (75.5%)
6	SZYBIAK Joanna	2114		K40	3	03:23:14.40	+00:56:29 (27.8%)	7:49	7.7 (72.6%)
7	CHOJKA-BARTOSZKO Karolina	2034		K30	4	03:25:06.75	+00:58:21 (28.5%)	7:53	7.6 (71.7%)
8	MOLTZAN-MAŁKOWSKA Liliana	2738	CROSSFIT TORUŃ	K20	1	03:33:20.05	+01:06:34 (31.2%)	8:12	7.3 (68.9%)
9	SOBIESZEK Sylwia	2505	ZWOLEŃ BIEGA	K30	5	03:35:42.25	+01:08:57 (32.0%)	8:17	7.2 (67.9%)
10	GRZĄDKA Anna	2782		K30	6	03:36:39.05	+01:09:53 (32.3%)	8:19	7.2 (67.9%)
11	ŁAJSZCZAK-GAJDA Dorota	2451		K40	4	03:39:26.90	+01:12:41 (33.1%)	8:26	7.1 (67.0%)
12	SZULC Kamila	2080		K30	7	03:40:01.95	+01:13:16 (33.3%)	8:27	7.1 (67.0%)
13	KOCZUR Tamara	2147	MYSZKÓW BIEGA	K40	5	03:40:43.70	+01:13:58 (33.5%)	8:29	7.1 (67.0%)
14	MUCHA Aleksandra	2134		K20	2	03:43:56.50	+01:17:11 (34.5%)	8:36	7 (66.0%)
15	CHILICKA Marta	2022	RED LION CLUB	K30	8	03:44:13.55	+01:17:28 (34.6%)	8:37	7 (66.0%)
16	CZYŻOWICZ-GOTFRYD Agnieszka	2179	JSC	K40	6	03:45:30.15	+01:18:45 (34.9%)	8:40	6.9 (65.1%)
17	FOSSAERT Sylwia	2457	JJFIT	K30	9	03:46:03.50	+01:19:18 (35.1%)	8:41	6.9 (65.1%)
18	ZYGO Karolina	2759	STAY INSANE	K20	3	03:46:11.45	+01:19:26 (35.1%)	8:42	6.9 (65.1%)
19	PAPUGA Iwona	2108	ZADYSZKA OSWIECIM	K50	1	03:47:22.10	+01:20:36 (35.5%)	8:44	6.9 (65.1%)
20	FRYCA Karolina	2038		K20	4	03:51:22.70	+01:24:37 (36.6%)	8:53	6.7 (63.2%)
21	SZUMNY Nina	2208	72D	K30	10	03:51:45.75	+01:25:00 (36.7%)	8:54	6.7 (63.2%)
22	WOJTKOWIAK Marta	2696		K30	11	03:53:46.20	+01:27:01 (37.2%)	8:59	6.7 (63.2%)
23	MARCINEK Marta	2557		K30	12	03:54:34.05	+01:27:48 (37.4%)	9:01	6.7 (63.2%)
24	HAJDZIONA Agata	2503		K30	13	03:55:30.55	+01:28:45 (37.7%)	9:03	6.6 (62.3%)
25	RZEPKA Aleksandra	2637	WKURW_TEAM	K20	5	03:55:41.70	+01:28:56 (37.7%)	9:03	6.6 (62.3%)
26	NAZIMEK Lilianna	2434		K40	7	03:55:51.30	+01:29:06 (37.8%)	9:04	6.6 (62.3%)
27	GUBERNIAK Renata	2326		K30	14	03:56:01.75	+01:29:16 (37.8%)	9:04	6.6 (62.3%)
28	ADAMSKA Marta	2113		K30	15	03:57:49.00	+01:31:03 (38.3%)	9:08	6.6 (62.3%)
29	CHOLEWA Agnieszka	2317	MATNER RUNNING TEAM	K30	16	03:59:54.05	+01:33:08 (38.8%)	9:13	6.5 (61.3%)

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30	HOŁUBIEC Agnieszka	2188	YULO RUN TEAM SIEDLCE	K40	8	04:00:04.90	+01:33:19 (38.9%)	9:14	6.5 (61.3%)
31	SKŁADANOWSKA Beata	2190	EUROCASH	K30	17	04:02:34.85	+01:35:49 (39.5%)	9:19	6.4 (60.4%)
32	BACZYŃSKA Aneta	2431	ZALEW TEAM& GOŁOBORZ RUNOUT	K30	18	04:02:48.60	+01:36:03 (39.6%)	9:20	6.4 (60.4%)
33	GŁAZOWSKA Anita	2002		K20	6	04:03:31.65	+01:36:46 (39.7%)	9:22	6.4 (60.4%)
34	ADAMOWICZ Agnieszka	2510	ZWOLEŃ BIEGA	K40	9	04:05:41.15	+01:38:56 (40.3%)	9:26	6.3 (59.4%)
35	WEBER Agata	2843	JACEKBIEGA RUNNING TEAM	K40	10	04:06:29.75	+01:39:44 (40.5%)	9:28	6.3 (59.4%)
36	REDKIEWICZ Agnieszka	2115	REEBOK RUN CREW	K30	19	04:08:01.25	+01:41:16 (40.8%)	9:32	6.3 (59.4%)
37	SZUBERT-WALENCZAK Magdalena	2012	PSYCHORUN TEAM	K40	11	04:08:02.90	+01:41:17 (40.8%)	9:32	6.3 (59.4%)
38	KACZMAREK Sandra	2697		K30	20	04:08:23.85	+01:41:38 (40.9%)	9:33	6.3 (59.4%)
39	MIKULSKA Aneta	2635		K40	12	04:09:43.70	+01:42:58 (41.2%)	9:36	6.2 (58.5%)
40	GARDEŁA Justyna	2446	WOLBROM TEAM	K30	21	04:10:28.50	+01:43:43 (41.4%)	9:38	6.2 (58.5%)
41	WAŁACHOWSKA Urszula	2367	SOLINA TEAM	K30	22	04:11:37.60	+01:44:52 (41.7%)	9:40	6.2 (58.5%)
42	ZAJKOWSKA Ewa	2708	VEGE RUNNERS	K30	23	04:12:03.00	+01:45:17 (41.8%)	9:41	6.2 (58.5%)
43	WÓJCIK Monika	2715		K40	13	04:13:49.90	+01:47:04 (42.2%)	9:45	6.1 (57.5%)
44	KONS Katarzyna	2447	POKA & HERKI TEAM	K20	7	04:14:02.50	+01:47:17 (42.2%)	9:46	6.1 (57.5%)
45	GRZYWIŃSKA Marta	2863	CB163	K20	8	04:16:33.35	+01:49:48 (42.8%)	9:52	6.1 (57.5%)
46	RAINER Iwona	2857	ACS-STAL KRZYSZTOF RAINER	K40	14	04:17:04.70	+01:50:19 (42.9%)	9:53	6.1 (57.5%)
47	KAMIŃSKA Ewa	2872	SPRINTEX TEAM	K40	15	04:18:00.65	+01:51:15 (43.1%)	9:55	6 (56.6%)
48	HUDZIK Dominika	2709		K40	16	04:19:03.40	+01:52:18 (43.4%)	9:57	6 (56.6%)
49	BOROWSKA Teresa	2459		K50	2	04:21:23.35	+01:54:38 (43.9%)	10:03	6 (56.6%)
50	PELA Olga	2458	SKY-TRANS	K30	24	04:21:23.55	+01:54:38 (43.9%)	10:03	6 (56.6%)
51	KOSTRZEWSKA Natalia	2173		K30	25	04:22:05.45	+01:55:20 (44.0%)	10:04	6 (56.6%)
52	WYSMOLIŃSKA Karolina	2641		K40	17	04:22:21.75	+01:55:36 (44.1%)	10:05	5.9 (55.7%)
53	JAKUBOWSKA Katarzyna	2090		K20	9	04:22:28.50	+01:55:43 (44.1%)	10:05	5.9 (55.7%)
54	HENDZLIK Monika	2462		K40	18	04:23:37.45	+01:56:52 (44.3%)	10:08	5.9 (55.7%)
55	KUC Anna	2752	BGK	K40	19	04:23:50.50	+01:57:05 (44.4%)	10:08	5.9 (55.7%)
56	DŁUGOSZ Kasia	2127	STAY INSANE	K30	26	04:24:27.55	+01:57:42 (44.5%)	10:10	5.9 (55.7%)
57	GODZIMIRSKA Eliza	2010	REEBOK RUN CREW	K30	27	04:25:37.45	+01:58:52 (44.8%)	10:13	5.9 (55.7%)
58	RYŃ-SOBALA Renata	2594	RMF4RT GLADIATORS	K40	20	04:26:18.60	+01:59:33 (44.9%)	10:14	5.9 (55.7%)
59	POTERA Krystyna	2745		K30	28	04:27:38.35	+02:00:53 (45.2%)	10:17	5.8 (54.7%)
60	KOTLARCZYK Katarzyna	2165		K30	29	04:28:01.80	+02:01:16 (45.2%)	10:18	5.8 (54.7%)
61	WICHLIŃSKA Karolina	2847	NIEWYCHOWANI FIZYCZNIE	K20	10	04:28:03.65	+02:01:18 (45.3%)	10:18	5.8 (54.7%)
62	MIKOŁAJCZYK Agnieszka	2707		K30	30	04:28:09.95	+02:01:24 (45.3%)	10:18	5.8 (54.7%)
63	ANDRZEJEWSKA Monika	2841		K30	31	04:28:24.20	+02:01:39 (45.3%)	10:19	5.8 (54.7%)
64	OSTROWSKA Dorota	2081	YULO RUN TEAM SIEDLCE	K50	3	04:28:53.15	+02:02:08 (45.4%)	10:20	5.8 (54.7%)
65	LIPOWSKA Dorota	2342		K30	32	04:29:01.15	+02:02:16 (45.4%)	10:20	5.8 (54.7%)
66	BAR Aleksandra	2815	GMINA STRZELCE OPOLSKIE	K40	21	04:29:39.95	+02:02:54 (45.6%)	10:22	5.8 (54.7%)
67	DRAB Monika	2551	HEAVYTEAM	K30	33	04:31:09.30	+02:04:24 (45.9%)	10:25	5.8 (54.7%)
68	PROKOPCZUK Anna	2550	HEAVY TEAM	K30	34	04:31:12.80	+02:04:27 (45.9%)	10:25	5.8 (54.7%)
69	ROMANOWSKA Monika	2572	HEAVY TEAM	K30	35	04:31:12.85	+02:04:27 (45.9%)	10:25	5.8 (54.7%)
70	KLEJNOWSKA-KAMIŃSKA Ilona	2903		K30	36	04:31:21.20	+02:04:36 (45.9%)	10:26	5.7 (53.8%)
71	WÓJCIK Monika	2397		K40	22	04:33:18.75	+02:06:33 (46.3%)	10:30	5.7 (53.8%)
72	GŁUSZAK Katarzyna	2851	#BASIASTEAM	K30	37	04:34:02.85	+02:07:17 (46.4%)	10:32	5.7 (53.8%)
73	LIBERKA Larysa	2153		K30	38	04:35:31.95	+02:08:46 (46.7%)	10:35	5.7 (53.8%)

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74	CHRZANOWSKA Olga	2111	PSYCHORUN	K30	39	04:35:32.85	+02:08:47 (46.7%)	10:35	5.7 (53.8%)
75	KARCZ Joanna	2511	BBB (BĘDUSKA BRYGADA BIEGOWA)	K30	40	04:35:55.15	+02:09:10 (46.8%)	10:36	5.7 (53.8%)
76	SEREDOWSKA Ewa	2508		K40	23	04:36:08.70	+02:09:23 (46.9%)	10:37	5.6 (52.8%)
77	ADAMCZYK Ilona	2766	KB BIAŁA BIEGA	K40	24	04:37:44.30	+02:10:59 (47.2%)	10:40	5.6 (52.8%)
78	LERCH Agnieszka	2656		K40	25	04:37:45.20	+02:11:00 (47.2%)	10:40	5.6 (52.8%)
79	MĘTLAK Małgorzata	2712		K20	11	04:38:43.40	+02:11:58 (47.3%)	10:43	5.6 (52.8%)
80	WRÓBLEWSKA Katarzyna	2711		K30	41	04:38:44.20	+02:11:59 (47.4%)	10:43	5.6 (52.8%)
81	MASZTALSKA Joanna	2575		K20	12	04:40:11.95	+02:13:26 (47.6%)	10:46	5.6 (52.8%)
82	NITSCH Joanna	2880	UNTS WARSZAWA	K40	26	04:40:39.35	+02:13:54 (47.7%)	10:47	5.6 (52.8%)
83	PAWLIK Katarzyna	2232	5F TEAM	K30	42	04:40:40.80	+02:13:55 (47.7%)	10:47	5.6 (52.8%)
84	SADŁOWSKA Magda	2270	BIEGACZE SPECJALNEJ TROSKI	K40	27	04:40:51.95	+02:14:06 (47.7%)	10:48	5.6 (52.8%)
85	PIETRUSZEWSKA Katarzyna	2631	ORANGE POLSKA	K40	28	04:40:57.20	+02:14:12 (47.8%)	10:48	5.6 (52.8%)
86	WASIAK Paulina	2381		K20	13	04:41:35.00	+02:14:49 (47.9%)	10:49	5.5 (51.9%)
87	PAWLIK Anna	2515	STARIS	K30	43	04:41:41.45	+02:14:56 (47.9%)	10:50	5.5 (51.9%)
88	PIEKIELNA Angelika	2316		K30	44	04:42:20.85	+02:15:35 (48.0%)	10:51	5.5 (51.9%)
89	DONIEC Katarzyna	2301		K40	29	04:42:21.35	+02:15:36 (48.0%)	10:51	5.5 (51.9%)
90	GÓRKA Jolanta	2085		K40	30	04:42:26.60	+02:15:41 (48.0%)	10:51	5.5 (51.9%)
91	MASZKOWSKA Anna	2538		K40	31	04:42:30.60	+02:15:45 (48.1%)	10:51	5.5 (51.9%)
92	MAĆZKA Krystyna	2852	OTK RZEŹNIK	K60	1	04:43:08.95	+02:16:23 (48.2%)	10:53	5.5 (51.9%)
93	PĘKALA Anna	2501		K40	32	04:43:33.90	+02:16:48 (48.2%)	10:54	5.5 (51.9%)
94	ŚWIDEREK Katarzyna	2393		K40	33	04:43:59.45	+02:17:14 (48.3%)	10:55	5.5 (51.9%)
95	GRUCHOT Małgorzata	2717	WBO	K40	34	04:44:01.50	+02:17:16 (48.3%)	10:55	5.5 (51.9%)
96	MATUKIN-SZUMLIŃSKA Aleksandra	2865		K30	45	04:44:36.25	+02:17:51 (48.4%)	10:56	5.5 (51.9%)
97	CZESKA Karolina	2643	LAMPART TRENING	K30	46	04:45:23.15	+02:18:38 (48.6%)	10:58	5.5 (51.9%)
98	SZCZERBICKA Katarzyna	2404		K40	35	04:46:07.35	+02:19:22 (48.7%)	11:00	5.5 (51.9%)
99	KOZAKIEWICZ Aneta	2530	ZWOLEŃ BIEGA	K40	36	04:46:27.90	+02:19:42 (48.8%)	11:01	5.4 (50.9%)
100	PĘCKA Beata	2445		K40	37	04:46:39.75	+02:19:54 (48.8%)	11:01	5.4 (50.9%)
101	GRZESZCZAK Małgorzata	2592	BIEGAMYRAZEM.PL	K40	38	04:47:02.50	+02:20:17 (48.9%)	11:02	5.4 (50.9%)
102	SUMIEC Krystyna	2527	ZABIEGANI MIELEC	K50	4	04:47:25.60	+02:20:40 (48.9%)	11:03	5.4 (50.9%)
103	SZUBEL Katarzyna	2262		K30	47	04:47:59.10	+02:21:13 (49.0%)	11:04	5.4 (50.9%)
104	JURAŚ-KMIEĆ Marzena	2299	BIEGAM SOBIE	K40	39	04:48:32.85	+02:21:47 (49.1%)	11:05	5.4 (50.9%)
105	SIEDLECKA Wiktoria	2495	VIKIN TRAINING CENTER	K20	14	04:48:42.40	+02:21:57 (49.2%)	11:06	5.4 (50.9%)
106	BULANDA Martyna	2379	VIKING TRAINING CENTER	K30	48	04:48:43.80	+02:21:58 (49.2%)	11:06	5.4 (50.9%)
107	GESS Magdalena	2385		K40	40	04:49:19.25	+02:22:34 (49.3%)	11:07	5.4 (50.9%)
108	KRUPIŃSKA Paulina	2384	ROZBIEGANY GOLENIÓW	K30	49	04:49:20.55	+02:22:35 (49.3%)	11:07	5.4 (50.9%)
109	CZECHOWICZ Magdalena	2192		K30	50	04:50:00.55	+02:23:15 (49.4%)	11:09	5.4 (50.9%)
110	SITAREK Iwona	2051		K50	5	04:50:12.60	+02:23:27 (49.4%)	11:09	5.4 (50.9%)
111	SIEROCIŃSKA Monika	2139	CROSSFIT SIEDLCE	K40	41	04:50:15.10	+02:23:29 (49.4%)	11:09	5.4 (50.9%)
112	BAJOŁEK Aleksandra	2391	AZS AWF MASTERS	K50	6	04:50:22.65	+02:23:37 (49.5%)	11:10	5.4 (50.9%)
113	LEONARSKA Małgorzata	2790		K30	51	04:50:31.95	+02:23:46 (49.5%)	11:10	5.4 (50.9%)
114	GEWALD Danuta	2142	TRENER24H.COM.PL	K30	52	04:50:34.70	+02:23:49 (49.5%)	11:10	5.4 (50.9%)
115	HASZTO Zuzanna	2168		K30	53	04:50:39.55	+02:23:54 (49.5%)	11:10	5.4 (50.9%)
116	KIJEWSKA-RAJ Karolina	2587		K40	42	04:50:49.45	+02:24:04 (49.5%)	11:11	5.4 (50.9%)
117	WYSMOLIŃSKA Barbara	2566		K40	43	04:51:02.40	+02:24:17 (49.6%)	11:11	5.4 (50.9%)

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118	KAMIŃSKA Maria	2375	BEZ FAULU	K30	54	04:51:07.00	+02:24:21 (49.6%)	11:11	5.4 (50.9%)
119	GUSTAW Agnieszka	2293	PZU SPORT TEAM	K30	55	04:52:05.00	+02:25:19 (49.8%)	11:14	5.3 (50.0%)
120	KARBOWSKA Beata	2609		K40	44	04:52:15.60	+02:25:30 (49.8%)	11:14	5.3 (50.0%)
121	KLEPACKA-GANCARZ Barbara	2885		K40	45	04:52:16.15	+02:25:31 (49.8%)	11:14	5.3 (50.0%)
122	ZDANOWSKA Ewelina	2288	CROSFIT SIEDLCE	K30	56	04:52:29.60	+02:25:44 (49.8%)	11:14	5.3 (50.0%)
123	KONCA Beata	2029	KB OŻARÓW MAZOWIECKI BIEGA	K40	46	04:52:30.80	+02:25:45 (49.8%)	11:15	5.3 (50.0%)
124	LECH Daniela	2895		K20	15	04:53:05.10	+02:26:19 (49.9%)	11:16	5.3 (50.0%)
125	PRUSZKOWSKA Katarzyna	2240	CROSSFITTER BOX CHEŁM	K40	47	04:53:21.10	+02:26:35 (50.0%)	11:16	5.3 (50.0%)
126	KUKLA Mańka	2356	CROSFIT SIEDLCE	K30	57	04:53:37.10	+02:26:51 (50.0%)	11:17	5.3 (50.0%)
127	RĘKOSIEWICZ-TOKARZ Monika	2691	TKKF SOKÓŁ	K40	48	04:53:45.00	+02:26:59 (50.0%)	11:17	5.3 (50.0%)
128	OSMOLAK Agnieszka	2026	PRO RUN WROCŁAW	K30	58	04:54:23.85	+02:27:38 (50.2%)	11:19	5.3 (50.0%)
129	LENART Wioleta	2560		K30	59	04:55:19.45	+02:28:34 (50.3%)	11:21	5.3 (50.0%)
130	SAŁAMACHA Izabela	2414	ŻÓRAWSKI TEAM	K30	60	04:55:40.70	+02:28:55 (50.4%)	11:22	5.3 (50.0%)
131	KSIĄŻEK-WOŁYNIEC Magdalena	2006	BIEGACZE SPECJALNEJ TROSKI	K40	49	04:56:22.10	+02:29:36 (50.5%)	11:23	5.3 (50.0%)
132	WIERZBICKA Ewa	2528		K50	7	04:56:36.90	+02:29:51 (50.5%)	11:24	5.3 (50.0%)
133	PAWELEC Krystyna	2180	DOGOŃ GRODZISK MAZ	K60	2	04:57:04.85	+02:30:19 (50.6%)	11:25	5.3 (50.0%)
134	PASZEK Krystyna	2171	DOGOŃ GRODZISK MAZOWIECKI	K50	8	04:57:06.95	+02:30:21 (50.6%)	11:25	5.3 (50.0%)
135	SZNAJDER Joanna	2064		K30	61	04:57:31.05	+02:30:45 (50.7%)	11:26	5.2 (49.1%)
136	KONIECZNY Izabella	2565		K40	50	04:57:33.90	+02:30:48 (50.7%)	11:26	5.2 (49.1%)
137	CIECHAROWSKA Justyna	2723	NIKO_TEAM	K30	62	04:58:32.50	+02:31:47 (50.8%)	11:28	5.2 (49.1%)
138	RADYK Joanna	2584	PRZEMYSKI KLUB BIEGACZA	K30	63	04:58:49.60	+02:32:04 (50.9%)	11:29	5.2 (49.1%)
139	GRZEŚKOWIAK Agnieszka	2516		K40	51	04:59:52.60	+02:33:07 (51.1%)	11:32	5.2 (49.1%)
140	SZYMOWSKA Sylwia	2695	DZIKIE BORSUKI	K30	64	05:00:23.55	+02:33:38 (51.1%)	11:33	5.2 (49.1%)
141	ROMANOWICZ Katarzyna	2698		K40	52	05:01:01.00	+02:34:15 (51.2%)	11:34	5.2 (49.1%)
142	TOKARSKA Bożena	2003	#ADAMCZERWIŃSKITEAM	K40	53	05:02:39.60	+02:35:54 (51.5%)	11:38	5.2 (49.1%)
143	KRZYSZTOFOWICZ Karolina	2975		K40	54	05:02:42.75	+02:35:57 (51.5%)	11:38	5.2 (49.1%)
144	PIETRUSZEWSKA Ewa	2284	RYSIOTEAM	K30	65	05:02:53.00	+02:36:07 (51.5%)	11:38	5.2 (49.1%)
145	MYNC Angelika	2286	RYIOTEAM	K20	16	05:02:53.10	+02:36:07 (51.5%)	11:38	5.2 (49.1%)
146	WILIŃSKA-ZYWERT Agnieszka	2714		K40	55	05:03:15.05	+02:36:29 (51.6%)	11:39	5.1 (48.1%)
147	MURASZEW - DĄBROWSKA Katarzyna	2070	DZIKIE SKRZYDŁO	K40	56	05:03:19.95	+02:36:34 (51.6%)	11:40	5.1 (48.1%)
148	KACZMAREK-BYZDRA Aleksandra	2247	KACZMAREK TEAM	K40	57	05:03:31.25	+02:36:46 (51.6%)	11:40	5.1 (48.1%)
149	STYKOWSKA Wioletta	2398		K40	58	05:05:11.30	+02:38:26 (51.9%)	11:44	5.1 (48.1%)
150	CZECH Dorota	2004	PRO-RUN WROCŁAW	K40	59	05:05:20.15	+02:38:35 (51.9%)	11:44	5.1 (48.1%)
151	SZWIEC Sandra	2339	ZABIEGANI NAUCZYCIELE	K30	66	05:06:12.80	+02:39:27 (52.1%)	11:46	5.1 (48.1%)
152	IWAŃSKA Diana	2861	RUN N FUN	K40	60	05:07:21.05	+02:40:35 (52.3%)	11:49	5.1 (48.1%)
153	GASIEWICZ Anna	2730	KRÓL GÓR	K50	9	05:07:23.55	+02:40:38 (52.3%)	11:49	5.1 (48.1%)
154	KORZENIOWSKA Katarzyna	2475	CHYBA NIE DAM RADY	K40	61	05:07:27.65	+02:40:42 (52.3%)	11:49	5.1 (48.1%)
155	HAJDUK Barbara	2589	W POGONI ZA DUCHEM	K30	67	05:07:28.55	+02:40:43 (52.3%)	11:49	5.1 (48.1%)
156	PRUSZCZAK Dominika	2483		K30	68	05:09:14.20	+02:42:29 (52.5%)	11:53	5 (47.2%)
157	KUBECKA Anna	2380		K20	17	05:09:50.50	+02:43:05 (52.6%)	11:55	5 (47.2%)
158	CZAUADERNA Klaudia	2536	OCHAJORUN @ FRIENDS	K40	62	05:10:11.80	+02:43:26 (52.7%)	11:55	5 (47.2%)
159	WINICKA Daria	2141		K40	63	05:11:48.40	+02:45:03 (52.9%)	11:59	5 (47.2%)
160	KUSZ Gosia	2321		K30	69	05:11:49.45	+02:45:04 (52.9%)	11:59	5 (47.2%)
161	LACHCIK Iwona	2119	7 BATALION KAWALERII POWIETRZNEJ	K30	70	05:12:22.65	+02:45:37 (53.0%)	12:00	5 (47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 26km	Różn	Tempo min/km	Tempo km/h
162	ZAWADZKA Agnieszka	2068	KLUB SPORTOWY PRESTIGE	K30	71	05:12:22.85	+02:45:37 (53.0%)	12:00	5 (47.2%)
163	TREJDER Maria	2735	BAJADERKI KOSZALIN	K40	64	05:12:30.15	+02:45:45 (53.0%)	12:01	5 (47.2%)
164	JANIKOWSKA Dorota	2617		K20	18	05:12:58.50	+02:46:13 (53.1%)	12:02	5 (47.2%)
165	PRYCIŃSKA Wiesława	2765		K40	65	05:13:07.15	+02:46:22 (53.1%)	12:02	5 (47.2%)
166	WAJMAN Katarzyna	2850	EKSTREMALNI OTK NA RELAKSIE	K30	72	05:14:11.20	+02:47:26 (53.3%)	12:05	5 (47.2%)
167	GRACZYK Magdalena	2289		K40	66	05:16:45.10	+02:49:59 (53.7%)	12:10	4.9 (46.2%)
168	PŁUCIENNICZAK Barbara	2421		K40	67	05:16:58.75	+02:50:13 (53.7%)	12:11	4.9 (46.2%)
169	KWIATKOWSKA Kinga	2369		K30	73	05:19:28.00	+02:52:42 (54.1%)	12:17	4.9 (46.2%)
170	GROMEK Bożena	2266	TEAM BOMIKA	K50	10	05:19:34.85	+02:52:49 (54.1%)	12:17	4.9 (46.2%)
171	RYŻYŃSKA Agnieszka	2174	CHEŁM BIEGA	K40	68	05:20:11.60	+02:53:26 (54.2%)	12:18	4.9 (46.2%)
172	PROKOPOWICZ Anna	2545		K30	74	05:20:15.15	+02:53:30 (54.2%)	12:19	4.9 (46.2%)
173	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	2137	WKURW_TEAM	K40	69	05:20:54.65	+02:54:09 (54.3%)	12:20	4.9 (46.2%)
174	DYKTYŃSKA Agnieszka	2894		K20	19	05:21:37.30	+02:54:52 (54.4%)	12:22	4.9 (46.2%)
175	KOSSIŃSKA Aleksandra	2834		K30	75	05:23:19.75	+02:56:34 (54.6%)	12:26	4.8 (45.3%)
176	LASZUK Anna	2470		K40	70	05:24:16.40	+02:57:31 (54.7%)	12:28	4.8 (45.3%)
177	CZARNOCKA Joanna	2263	ROZBIEGANY SULEJÓWEK	K40	71	05:24:38.95	+02:57:53 (54.8%)	12:29	4.8 (45.3%)
178	KOWALCZYK Magdalena	2008	ROZBIEGANY SULEJÓWEK	K30	76	05:24:39.85	+02:57:54 (54.8%)	12:29	4.8 (45.3%)
179	KOZAK Beata	2523	WYBIEGAJ SIEBIE	K40	72	05:24:50.15	+02:58:05 (54.8%)	12:29	4.8 (45.3%)
180	SKROŃSKA Monika	2525	WYBIEGAJ SIEBIE	K40	73	05:24:51.05	+02:58:05 (54.8%)	12:29	4.8 (45.3%)
181	MILLER-GRONIECKA Ilona	2725		K30	77	05:26:15.65	+02:59:30 (55.0%)	12:32	4.8 (45.3%)
182	MORAWSKA Anna	2310		K60	3	05:27:17.55	+03:00:32 (55.2%)	12:35	4.8 (45.3%)
183	PŁOCICA Anna	2562		K40	74	05:28:08.80	+03:01:23 (55.3%)	12:37	4.8 (45.3%)
184	PILECKA Joanna	2069		K40	75	05:28:39.10	+03:01:53 (55.3%)	12:38	4.7 (44.3%)
185	LEŚNIAKOWSKA Anna	2769	TUR	K40	76	05:28:44.50	+03:01:59 (55.4%)	12:38	4.7 (44.3%)
186	LIPIŃSKA Kinga	2870	BEZ FORMY TEAM	K30	78	05:28:44.90	+03:01:59 (55.4%)	12:38	4.7 (44.3%)
187	WTULICH Diana	2351		K50	11	05:29:13.75	+03:02:28 (55.4%)	12:39	4.7 (44.3%)
188	KOBUS Dorota	2362	BIEGAM BO LUBIĘ OSTROŁĘKA	K40	77	05:29:14.85	+03:02:29 (55.4%)	12:39	4.7 (44.3%)
189	PABISEK Anna	2430		K40	78	05:30:51.60	+03:04:06 (55.6%)	12:43	4.7 (44.3%)
190	LASEK Edyta	2464		K40	79	05:30:52.45	+03:04:07 (55.6%)	12:43	4.7 (44.3%)
191	MARCHEL Iwona	2533		K40	80	05:31:08.10	+03:04:22 (55.7%)	12:44	4.7 (44.3%)
192	GRABAREK Justyna	2052		K30	79	05:36:07.65	+03:09:22 (56.3%)	12:55	4.6 (43.4%)
193	GIEŁBAGA Anna	2763		K40	81	05:37:00.00	+03:10:14 (56.5%)	12:57	4.6 (43.4%)
194	SZELAĞ Iwona	2701		K30	80	05:37:04.45	+03:10:19 (56.5%)	12:57	4.6 (43.4%)
195	PAWŁOWSKA-LIS Maria	2468		K40	82	05:38:40.95	+03:11:55 (56.7%)	13:01	4.6 (43.4%)
196	SZOJDA Paulina	2359	VIKING TRAINING CENTER	K30	81	05:41:13.65	+03:14:28 (57.0%)	13:07	4.6 (43.4%)
197	LESZCZYŃSKA Małgorzata	2205		K50	12	05:41:26.40	+03:14:41 (57.0%)	13:07	4.6 (43.4%)
198	ZIELAK Aldona	2336		K40	83	05:42:10.40	+03:15:25 (57.1%)	13:09	4.6 (43.4%)
199	BIAŁOKOS Anna	2267	EUROCASH	K30	82	05:42:14.65	+03:15:29 (57.1%)	13:09	4.6 (43.4%)
200	MUSIAŁ Bożena	2405		K40	84	05:46:08.65	+03:19:23 (57.6%)	13:18	4.5 (42.5%)
201	LESISZ Katarzyna	2409		K40	85	05:46:09.90	+03:19:24 (57.6%)	13:18	4.5 (42.5%)
202	KNEBEL Patrycja	2450		K30	83	05:46:10.15	+03:19:25 (57.6%)	13:18	4.5 (42.5%)
203	BAUMANN-POPCZYK Anna	2802		K40	86	05:47:15.25	+03:20:30 (57.7%)	13:21	4.5 (42.5%)
204	BUDEK Weronika	2875	4MOVE	K20	20	05:47:25.80	+03:20:40 (57.8%)	13:21	4.5 (42.5%)
205	GARGAS-DZIEDZINA Joanna	2440	CLICO TEAM	K40	87	05:48:44.80	+03:21:59 (57.9%)	13:24	4.5 (42.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 26km	Różn	Tempo min/km	Tempo km/h
206	CIESZYŃSKA Jolanta	2297	KLUB BIEGOWY ORŁY Z KNUROWA	K50	13	05:49:01.80	+03:22:16 (58.0%)	13:25	4.5 (42.5%)
207	JĘDRZEJCZYK Justyna	2474	CHYBA NIE DAM RADY	K30	84	05:50:11.60	+03:23:26 (58.1%)	13:28	4.5 (42.5%)
208	WSZELAK Ilona	2298	ŁUBUDUBU	K40	88	05:51:49.75	+03:25:04 (58.3%)	13:31	4.4 (41.5%)
209	KRUZEL Małgorzata	2743	BIEGOWE MISIE	K20	21	05:52:31.90	+03:25:46 (58.4%)	13:33	4.4 (41.5%)
210	BIEL Agnieszka	2788		K40	89	05:53:41.20	+03:26:56 (58.5%)	13:36	4.4 (41.5%)
211	OBARSKA Małgorzata	2612		K50	14	05:53:49.80	+03:27:04 (58.5%)	13:36	4.4 (41.5%)
212	ZŁOCH Izabela	2767	YULO RUN TEAM	K40	90	05:55:28.20	+03:28:43 (58.7%)	13:40	4.4 (41.5%)
213	MATYJEWICZ Klaudia	2033		K20	22	05:55:46.95	+03:29:01 (58.8%)	13:41	4.4 (41.5%)
214	PRZEWOSKA Anna	2163		K40	91	05:56:03.90	+03:29:18 (58.8%)	13:41	4.4 (41.5%)
215	ALBIGOWSKA POZYTYWNIE_ROZBIEGANA Magdalena	2762		K30	85	05:56:26.25	+03:29:41 (58.8%)	13:42	4.4 (41.5%)
216	FABJANCZYK Agnieszka	2619	GRUPA JURA PL	K40	92	05:57:52.85	+03:31:07 (59.0%)	13:45	4.4 (41.5%)
217	GRUCA-MACIĄŻEK Magdalena	2007	GRUPA JURA PL	K40	93	05:58:10.25	+03:31:25 (59.0%)	13:46	4.4 (41.5%)
218	SZCZEPAŃSKA Emilia	2082	AKADEMIA HOLISTYCZNA	K30	86	05:58:13.75	+03:31:28 (59.0%)	13:46	4.4 (41.5%)
219	WIERCHOŁA Joanna	2833		K60	4	05:58:38.45	+03:31:53 (59.1%)	13:47	4.3 (40.6%)
220	BIELECKA Iwona	2236	PRO-RUN WROCLAW	K30	87	05:58:54.50	+03:32:09 (59.1%)	13:48	4.3 (40.6%)
221	PIETRZYKOWSKA Katarzyna	2214		K30	88	05:58:56.25	+03:32:11 (59.1%)	13:48	4.3 (40.6%)
222	KATA Aleksandra	2238		K30	89	05:58:58.10	+03:32:12 (59.1%)	13:48	4.3 (40.6%)
223	DZIERŻANOWSKA Martyna	2155		K20	23	05:58:58.20	+03:32:13 (59.1%)	13:48	4.3 (40.6%)
224	GRABKA Małgorzata	2750	RMF4RT GLADIATORS	K30	90	05:59:11.55	+03:32:26 (59.1%)	13:48	4.3 (40.6%)
225	WEINER Aleksandra	2364	VIKING TRAINING CENTER	K40	94	06:02:38.10	+03:35:52 (59.5%)	13:56	4.3 (40.6%)
226	BANAŚ Katarzyna	2275	VIKING TRAINING CENTER	K40	95	06:02:38.65	+03:35:53 (59.5%)	13:56	4.3 (40.6%)
227	WOJCIECHOWSKA Jolanta	2131	YULO RUN TEAM SIEDLCE	K40	96	06:06:01.65	+03:39:16 (59.9%)	14:04	4.3 (40.6%)
228	SZOŁTYSEK Beata	2377	OCHAJORUN & FRIENDS	K40	97	06:06:24.65	+03:39:39 (59.9%)	14:05	4.3 (40.6%)
229	KUBICA Bożena	2337	ZABIEGANI NAUCZYCIELE	K50	15	06:09:31.00	+03:42:45 (60.3%)	14:12	4.2 (39.6%)
230	LIZAK Oriana	2892	DREAM TEAM	K20	24	06:10:10.05	+03:43:24 (60.4%)	14:14	4.2 (39.6%)
231	DIEBEL Monika	2893	DREAM TEAM	K30	91	06:10:10.40	+03:43:25 (60.4%)	14:14	4.2 (39.6%)
232	MARCOL Dominika	2891	DREAM TEAM	K20	25	06:10:10.65	+03:43:25 (60.4%)	14:14	4.2 (39.6%)
233	FURMAN Agnieszka	2011	OCHAJORUN&FRIENDS	K30	92	06:11:02.20	+03:44:17 (60.4%)	14:16	4.2 (39.6%)
234	LEWICKA Bożena	2561	GONIMY	K60	5	06:12:33.05	+03:45:47 (60.6%)	14:19	4.2 (39.6%)
235	DANIELEWSKA Magdalena	2260	MOLKI	K40	98	06:20:04.60	+03:53:19 (61.4%)	14:37	4.1 (38.7%)
236	WITEK Sylwia	2244		K40	99	06:20:05.75	+03:53:20 (61.4%)	14:37	4.1 (38.7%)
237	HOOG Wioleta	2265	MOLKI	K30	93	06:20:06.30	+03:53:21 (61.4%)	14:37	4.1 (38.7%)
238	CEMBRZYŃSKA Izabela	2212		K40	100	06:26:43.60	+03:59:58 (62.1%)	14:52	4 (37.7%)
239	PAWLIK Agnieszka	2124	CAŁA OLESNICA BIEGA	K40	101	06:27:45.05	+04:00:59 (62.2%)	14:54	4 (37.7%)
240	SZANDAŁA Iza	2229	CAŁA OLEŚNICA BIEGA	K40	102	06:27:45.20	+04:01:00 (62.2%)	14:54	4 (37.7%)
241	JASIUL Mariola	2498		K40	103	06:27:53.40	+04:01:08 (62.2%)	14:55	4 (37.7%)
242	SIERECKA Dorota	2279	TEAM ZABIEGANEDNI // WKURW_TEAM	K40	104	06:30:50.10	+04:04:04 (62.5%)	15:01	4 (37.7%)
243	SKORUPKA Anna	2148		K40	105	06:31:36.70	+04:04:51 (62.5%)	15:03	4 (37.7%)
244	OBIDZIŃSKA Katarzyna	2234		K30	94	06:37:34.40	+04:10:49 (63.1%)	15:17	3.9 (36.8%)
245	SZCZEKALA Katarzyna	2605	RMF4RT GLADIATORS	K20	26	06:37:56.05	+04:11:10 (63.1%)	15:18	3.9 (36.8%)
246	ZIELIŃSKA IGNASZAK Iwona	2306	HEROBOX	K40	106	06:39:26.90	+04:12:41 (63.3%)	15:21	3.9 (36.8%)
247	FILEWSKA Izabela	2305	HEROBOX	K40	107	06:39:27.00	+04:12:41 (63.3%)	15:21	3.9 (36.8%)
248	KILANOWSKA Agnieszka	2425	ROZBIEGAJMY RADOMSKO	K30	95	06:41:33.55	+04:14:48 (63.5%)	15:26	3.9 (36.8%)
249	PIEKARSKA Justyna	2424	ROZBIEGAJMY RADOMSKO	K30	96	06:41:35.20	+04:14:50 (63.5%)	15:26	3.9 (36.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 26km	Różn	Tempo min/km	Tempo km/h
250	DADAŚ Elżbieta	2001	NIGHT RUNNERS GLIWICE	K40	108	06:42:17.35	+04:15:32 (63.5%)	15:28	3.9 (36.8%)
251	WALCZUK Katarzyna	2713		K20	27	06:45:00.85	+04:18:15 (63.8%)	15:34	3.9 (36.8%)
252	KULIGOWSKA Joanna	2441		K40	109	06:49:28.45	+04:22:43 (64.2%)	15:44	3.8 (35.8%)
253	FĄFARA Agnieszka	2021		K40	110	06:52:04.40	+04:25:19 (64.4%)	15:50	3.8 (35.8%)
254	BURZ Jowita	2118	WKURW TEAM	K40	111	06:55:50.55	+04:29:05 (64.7%)	15:59	3.8 (35.8%)
255	OŻÓG Iwona	2862		K40	112	06:58:24.90	+04:31:39 (64.9%)	16:05	3.7 (34.9%)
256	JAKUBOWSKA Anna	2221		K40	113	07:02:18.45	+04:35:33 (65.2%)	16:14	3.7 (34.9%)
257	BRZEZIŃSKA Teresa	2886		K40	114	07:06:27.90	+04:39:42 (65.6%)	16:24	3.7 (34.9%)
258	KOLAKOWSKA Anna	2887	POLACY BIEGAJĄ W NL	K40	115	07:06:28.00	+04:39:42 (65.6%)	16:24	3.7 (34.9%)
259	JEDRYKA-NYKIEL Roksana	2576		K30	97	07:06:29.75	+04:39:44 (65.6%)	16:24	3.7 (34.9%)
260	PRĘDKA Magda	2101		K40	116	07:13:22.00	+04:46:36 (66.1%)	16:40	3.6 (34.0%)
261	TOMALAK Anna	2819		K30	98	07:13:56.55	+04:47:11 (66.2%)	16:41	3.6 (34.0%)
262	FORMELA Justyna	2798		K40	117	07:13:59.35	+04:47:14 (66.2%)	16:41	3.6 (34.0%)
263	KWIATKOWSKA Alicja	2228	MAŁE LWY	K30	99	07:18:56.40	+04:52:11 (66.6%)	16:52	3.6 (34.0%)
264	DOMARADZKA Violetta	2908	RUNVEGAN	K40	118	07:21:36.80	+04:54:51 (66.8%)	16:59	3.5 (33.0%)
265	SMOCZYŃSKA Agnieszka	2412		K50	16	07:31:22.00	+05:04:36 (67.5%)	17:21	3.5 (33.0%)
266	CIESIELSKA Iwona	2413	JESZCZE MOGĘ	K50	17	07:31:23.85	+05:04:38 (67.5%)	17:21	3.5 (33.0%)
267	PAWŁOWSKA Danuta	2213	WKURW_TEAM	K40	119	07:47:24.00	+05:20:38 (68.6%)	17:58	3.3 (31.1%)
268	KOLASA Barbara	2753	KLUB J.SŁOWACKIEGO	K60	6	08:15:34.20	+05:48:49 (70.4%)	19:03	3.1 (29.2%)
269	WĄSOWSKA Jagoda	2900	KS PEGAZ PIASECZNO	K50	18	09:12:10.90	+06:45:25 (73.4%)	21:14	2.8 (26.4%)
	ŚWIERKOSZ-HOŁYSZ Małgorzata	2830		K40		DNF		-	- (0.0%)

Znaleziono 270 wynik(ów)