

RZEŹNICZEK INTRO 2017

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: Festiwal Biegu Rzeźnika
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-06-11
Miejsce: Cisna
Dystans: 28 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 30km	Czas brutto 30km	Różn	Tempo min/km	Tempo km/h
1	SIEMIĄTKOWSKA Katarzyna	1808		K30	1	03:21:37.60	03:22:07.05		6:43	8.9 (100%)
2	PIĄTEK Beata	1717		K30	2	03:35:11.45	03:35:31.25	+00:13:24 (6.2%)	7:10	8.4 (94.4%)
3	WAŁACH-BIŚTA Zuza	1615		K30	3	03:41:41.00	03:42:19.90	+00:20:12 (9.1%)	7:23	8.1 (91.0%)
4	JAROMIRSKA Elżbieta	1882		K30	4	03:44:14.45	03:44:28.80	+00:22:21 (10.0%)	7:28	8 (89.9%)
5	SZAŁAS Ewa	1753		K30	5	03:54:55.90	03:55:13.55	+00:33:06 (14.1%)	7:49	7.7 (86.5%)
6	QUIRINI Ewa	1769		K30	6	03:59:43.15	04:00:19.80	+00:38:12 (15.9%)	7:59	7.5 (84.3%)
7	SKORUPIŃSKA Katarzyna	1644	KLUB BIEGACZA BOLESŁAWIEC	K30	7	04:17:06.25	04:17:34.30	+00:55:27 (21.5%)	8:34	7 (78.7%)
8	LENART-KŁOŚ Katarzyna	1760	PKO BANK POLSKI	K30	8	04:17:01.10	04:17:35.15	+00:55:28 (21.5%)	8:34	7 (78.7%)
9	MIĄDZEL Katarzyna	1828	ZAGNAŃSK BIEGA	K30	9	04:18:20.30	04:18:59.20	+00:56:52 (22.0%)	8:36	7 (78.7%)
10	GADAMSKA-KABATA Paulina	1598		K30	10	04:18:43.85	04:19:19.75	+00:57:12 (22.1%)	8:37	7 (78.7%)
11	GMAJ Karolina	1507		K30	11	04:20:11.05	04:20:38.40	+00:58:31 (22.5%)	8:40	6.9 (77.5%)
12	SZYMELFENIG Gabriela	1544		K30	12	04:25:11.05	04:25:40.95	+01:03:33 (23.9%)	8:50	6.8 (76.4%)
13	LISOWSKA Kamila	1635	CROSSFIT ZABRZE	K30	13	04:26:07.70	04:26:27.95	+01:04:20 (24.1%)	8:52	6.8 (76.4%)
14	MAZAN Eliza	1844		K30	14	04:26:29.85	04:27:03.40	+01:04:56 (24.3%)	8:53	6.8 (76.4%)
15	WILK Monika	1726		K30	15	04:28:31.15	04:29:17.70	+01:07:10 (24.9%)	8:57	6.7 (75.3%)
16	KOWALEWSKA Izabela	1840	PIASECZNO RUNNING	K30	16	04:29:15.85	04:29:55.00	+01:07:47 (25.1%)	8:58	6.7 (75.3%)
17	WOJTYCZKA Katarzyna	1648	AMCSS	K30	17	04:29:34.05	04:29:55.40	+01:07:48 (25.1%)	8:59	6.7 (75.3%)
18	CYGAN Sylwia	1788		K30	18	04:29:48.00	04:30:17.90	+01:08:10 (25.2%)	8:59	6.7 (75.3%)
19	WUJDA Magdalena	1712		K30	19	04:33:44.60	04:34:18.50	+01:12:11 (26.3%)	9:07	6.6 (74.2%)
20	KOSTERA Katarzyna	1614	VEGE RUNNERS	K30	20	04:33:54.40	04:34:33.35	+01:12:26 (26.4%)	9:07	6.6 (74.2%)
20	BRZOZOWSKA Magdalena	1613	TRENERBIEGANIA.PL	K30	21	04:33:54.60	04:34:33.35	+01:12:26 (26.4%)	9:07	6.6 (74.2%)
22	GONCERZEWICZ Anna	1582	STARE BABICE BIEGAJĄ	K30	22	04:35:57.60	04:36:25.50	+01:14:18 (26.9%)	9:11	6.5 (73.0%)
23	SZABLA Magdalena	1603	BIEGAJ Z BANANEM	K30	23	04:36:59.55	04:37:14.50	+01:15:07 (27.1%)	9:14	6.5 (73.0%)
24	KARASEK Magdalena	1601	BIEGAJ Z BANANEM	K30	24	04:36:59.15	04:37:14.65	+01:15:07 (27.1%)	9:13	6.5 (73.0%)
25	TERZONI Karina	1616	SLOW SPORT	K30	25	04:37:03.20	04:37:31.95	+01:15:24 (27.2%)	9:14	6.5 (73.0%)
26	KRASOWSKA Matylda	1516		K30	26	04:37:21.00	04:38:00.10	+01:15:53 (27.3%)	9:14	6.5 (73.0%)
27	BARANIAK Izabela	1654		K30	27	04:40:26.65	04:41:08.20	+01:19:01 (28.1%)	9:20	6.4 (71.9%)
28	HORGAN Tara	1723		K30	28	04:43:16.55	04:43:48.30	+01:21:41 (28.8%)	9:26	6.4 (71.9%)
29	SŁOTA Małgorzata	1568		K30	29	04:43:19.90	04:43:51.40	+01:21:44 (28.8%)	9:26	6.4 (71.9%)

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30	WOŹNIAK Katarzyna	1545		K30	30	04:46:56.45	04:47:26.10	+01:25:19 (29.7%)	9:33	6.3 (70.8%)
31	KURAS-SMOLNIK Magdalena	1669	SIERADZBIEGA.PL	K30	31	04:46:50.10	04:47:35.65	+01:25:28 (29.7%)	9:33	6.3 (70.8%)
32	PABISEK Anna	1588		K30	32	04:49:33.20	04:50:16.70	+01:28:09 (30.4%)	9:39	6.2 (69.7%)
33	ROSZKOWSKA Sylwia	1546		K30	33	04:50:15.45	04:50:45.65	+01:28:38 (30.5%)	9:40	6.2 (69.7%)
34	CZEPIEC Agata	1832	NIGHT RUNNERS	K30	34	04:50:32.80	04:51:03.90	+01:28:56 (30.6%)	9:41	6.2 (69.7%)
35	KRAWCZYK Sylwia	1685	BIEGAJĄCE SMS-KI	K30	35	04:54:41.95	04:55:19.30	+01:33:12 (31.6%)	9:49	6.1 (68.5%)
36	ALEKSANDER Sylwia	1688	32 BLT	K30	36	04:54:41.50	04:55:19.35	+01:33:12 (31.6%)	9:49	6.1 (68.5%)
37	WOLSKA Milena	1541	BIEGAM NA TARCHOMINIE	K30	37	04:55:15.60	04:56:00.80	+01:33:53 (31.7%)	9:50	6.1 (68.5%)
38	ROGALA Magdalena	1619		K30	38	05:02:23.55	05:02:38.75	+01:40:31 (33.2%)	10:04	6 (67.4%)
39	STUDZIŃSKA Sylwia	1847	HUSARIA RACE TEAM	K30	39	05:02:36.20	05:02:56.65	+01:40:49 (33.3%)	10:05	5.9 (66.3%)
40	PAWŁOWSKA Anna	1720		K30	40	05:05:21.15	05:05:41.55	+01:43:34 (33.9%)	10:10	5.9 (66.3%)
41	LAMM Magdalena	1794	GYM BOX OPOLE	K30	41	05:09:16.95	05:09:36.75	+01:47:29 (34.7%)	10:18	5.8 (65.2%)
42	GADAJ Magdalena	1703		K30	42	05:17:12.80	05:17:36.10	+01:55:29 (36.4%)	10:34	5.7 (64.0%)
43	GAGAS Aleksandra	1686	KITA TEAM/CELIRONMAN	K30	43	05:26:23.65	05:27:00.30	+02:04:53 (38.2%)	10:52	5.5 (61.8%)
44	PRZYBYLSKA Magdalena	1774		K30	44	05:26:37.30	05:27:08.45	+02:05:01 (38.2%)	10:53	5.5 (61.8%)
45	GAJDA Ewa	1528	OBOZYBIEGOWE.PL	K30	45	05:26:52.00	05:27:31.40	+02:05:24 (38.3%)	10:53	5.5 (61.8%)
46	KIJEWSKA- RAJ Karolina	1670		K30	46	05:37:59.75	05:38:44.75	+02:16:37 (40.3%)	11:15	5.3 (59.6%)
47	RYBIENIK Anna	1727		K30	47	05:38:00.10	05:38:45.00	+02:16:37 (40.3%)	11:16	5.3 (59.6%)
48	OTOROWSKA Aleksandra	1631	WKURW_TEAM	K30	48	05:50:47.55	05:51:21.60	+02:29:14 (42.5%)	11:41	5.1 (57.3%)
	GARGAS-DZIEDZINA Joanna	1513	NIGHT RUNNERS	K30		DNF	DNF	-	-	- (0.0%)

Znaleziono 49 wynik(ów)