

RZEŹNICZEK INTRO 2017

B4SPORT

Wydarzenie: Festiwal Biegu Rzeźnika
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-06-11
Miejsce: Cisna
Dystans: 28 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 30km	Czas brutto 30km	Różn	Tempo min/km	Tempo km/h
1	MIKOŁAJCZYK Krzysztof	1562		M40	1	03:11:59.85	03:12:14.60		6:24	9.4 (100%)
2	KRZYSZŁOWSKI Rafał	1799		M40	2	03:13:11.00	03:13:28.85	+00:01:14 (0.6%)	6:26	9.3 (98.9%)
3	WĄS Grzegorz	1812		M40	3	03:21:34.15	03:22:00.70	+00:09:46 (4.8%)	6:43	8.9 (94.7%)
4	JARMOLIŃSKI Piotr	1813	WIECZORNE BIEGANIE W SZCZECINIE	M40	4	03:24:19.10	03:24:41.35	+00:12:26 (6.1%)	6:48	8.8 (93.6%)
5	WIERNEK Tomek	1878	ENDURANCE TEAM	M40	5	03:26:07.75	03:26:29.70	+00:14:15 (6.9%)	6:52	8.7 (92.6%)
6	KUCHARSKI Waldemar	1793		M40	6	03:36:58.90	03:37:41.35	+00:25:26 (11.7%)	7:13	8.3 (88.3%)
7	MAJCHROWSKI Jacek	1674	BBL TARNOBRZEG	M40	7	03:38:11.50	03:38:27.75	+00:26:13 (12.0%)	7:16	8.2 (87.2%)
8	SZABLA Marcin	1602	SAINT GOBAIN SQUAD	M40	8	03:40:45.70	03:40:55.30	+00:28:40 (13.0%)	7:21	8.2 (87.2%)
9	PITAS Andrzej	1883	ZAPIERDALACZE	M40	9	03:45:02.75	03:45:52.60	+00:33:38 (14.9%)	7:30	8 (85.1%)
10	GIBAŁA Marcin	1695		M40	10	03:50:30.40	03:50:57.85	+00:38:43 (16.8%)	7:41	7.8 (83.0%)
11	KASPRZYKOWSKI Zbigniew	1829	ORNIS SIEDLCE	M40	11	03:51:14.90	03:51:40.60	+00:39:26 (17.0%)	7:42	7.8 (83.0%)
12	KRUKAR Adam	1646		M40	12	03:53:17.70	03:53:48.20	+00:41:33 (17.8%)	7:46	7.7 (81.9%)
13	KĘDREK Emil	1810	HABYS	M40	13	03:55:01.20	03:55:22.90	+00:43:08 (18.3%)	7:50	7.7 (81.9%)
14	POMORSKI Marcin	1555		M40	14	03:58:27.30	03:58:42.10	+00:46:27 (19.5%)	7:56	7.5 (79.8%)
15	APANOWICZ Piotr	1736		M40	15	03:58:18.45	03:58:53.45	+00:46:38 (19.5%)	7:56	7.6 (80.9%)
16	ANTOSZ Bogdan	1834		M40	16	04:04:48.00	04:05:11.95	+00:52:57 (21.6%)	8:09	7.4 (78.7%)
17	CEGIEŁKO Paweł	1542		M40	17	04:05:26.05	04:06:15.00	+00:54:00 (21.9%)	8:10	7.3 (77.7%)
18	RYZIŃSKI Ryszard	1621		M40	18	04:08:19.90	04:09:02.70	+00:56:48 (22.8%)	8:16	7.2 (76.6%)
19	ZIELASKOWSKI Michał	1628		M40	19	04:08:18.85	04:09:04.35	+00:56:49 (22.8%)	8:16	7.2 (76.6%)
20	WOJCIECHOWSKI Krzysztof	1718		M40	20	04:08:45.85	04:09:05.50	+00:56:50 (22.8%)	8:17	7.2 (76.6%)
21	CORA Krzychu	1866	ENDURANCE TEAM	M40	21	04:08:51.70	04:09:13.45	+00:56:58 (22.9%)	8:17	7.2 (76.6%)
22	KRYGIER Rafał	1625	NZOZ PRZYCHODNIA SPECJALISTYCZNA GEMINI	M40	22	04:13:35.60	04:14:04.90	+01:01:50 (24.3%)	8:27	7.1 (75.5%)
23	KSIAZEK Leszek	1835	MELIORANT	M40	23	04:15:59.70	04:16:36.70	+01:04:22 (25.1%)	8:31	7 (74.5%)
24	PISARCZYK Jakub	1865		M40	24	04:18:20.30	04:18:51.60	+01:06:37 (25.7%)	8:36	7 (74.5%)
25	BRĄGOSZEWSKI Paweł	1682		M40	25	04:18:14.10	04:18:52.65	+01:06:38 (25.7%)	8:36	7 (74.5%)
26	GRZYB Sławek	1842	EKSPEDYCJA MRÓWKA	M40	26	04:20:34.20	04:20:56.75	+01:08:42 (26.3%)	8:41	6.9 (73.4%)
27	ROŚŁON Tomasz	1679	NEW BALANCE ESKA TEAM	M40	27	04:23:09.40	04:23:47.00	+01:11:32 (27.1%)	8:46	6.8 (72.3%)
28	KAWALEC Bartłomiej	1549	WWW.WEDKI.PL	M40	28	04:23:21.50	04:23:53.90	+01:11:39 (27.2%)	8:46	6.8 (72.3%)
29	WRÓBEL Bartłomiej	1500	CISNA	M40	29	04:25:15.75	04:25:31.95	+01:13:17 (27.6%)	8:50	6.8 (72.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 30km	Czas brutto 30km	Różn	Tempo min/km	Tempo km/h
30	ŻUKOWSKI Grzegorz	1641	ENDURANCE TEAM	M40	30	04:25:21.60	04:25:42.45	+01:13:27 (27.6%)	8:50	6.8 (72.3%)
31	SZYMAŃSKI Piotr	1862		M40	31	04:27:03.35	04:27:30.80	+01:15:16 (28.1%)	8:54	6.7 (71.3%)
32	SZYMAŃSKI Artur	1579		M40	32	04:27:05.35	04:27:32.00	+01:15:17 (28.1%)	8:54	6.7 (71.3%)
33	BLAUT Marcin	1855	NIGHT RUNNERS	M40	33	04:28:42.15	04:29:13.60	+01:16:59 (28.6%)	8:57	6.7 (71.3%)
34	NAWROT Waldek	1713		M40	34	04:33:45.45	04:34:18.90	+01:22:04 (29.9%)	9:07	6.6 (70.2%)
35	CZYKAŁSKI Grzegorz	1846		M40	35	04:37:30.90	04:37:55.00	+01:25:40 (30.8%)	9:15	6.5 (69.1%)
36	BILSKI Marek	1754		M40	36	04:38:03.05	04:38:53.45	+01:26:38 (31.1%)	9:16	6.5 (69.1%)
37	MOCZYDŁOWSKI Łukasz	1792	NSZ	M40	37	04:40:34.10	04:40:59.10	+01:28:44 (31.6%)	9:21	6.4 (68.1%)
38	WIERZBICKI Paweł	1634	TSA SANDOMIERZ	M40	38	04:42:57.95	04:43:29.70	+01:31:15 (32.2%)	9:25	6.4 (68.1%)
39	ZEMŁA Piotr	1800		M40	39	04:43:54.40	04:44:41.15	+01:32:26 (32.5%)	9:27	6.3 (67.0%)
40	KALANDYK Robert	1732	WŁÓCZYBIEGI	M40	40	04:44:37.85	04:45:05.90	+01:32:51 (32.6%)	9:29	6.3 (67.0%)
41	RYCHLIK Tomasz	1731		M40	41	04:44:44.65	04:45:28.45	+01:33:13 (32.7%)	9:29	6.3 (67.0%)
42	SIECZKOWSKI Artur	1533	NATURAL BORN RUNNERS	M40	42	04:46:17.00	04:46:51.50	+01:34:36 (33.0%)	9:32	6.3 (67.0%)
43	BRYSIAK Ziemowit	1567		M40	43	04:48:06.65	04:48:38.20	+01:36:23 (33.4%)	9:36	6.2 (66.0%)
44	MIEDZINSKI Piotr	1657	MSD RUNNING CLUB	M40	44	04:48:45.35	04:49:11.90	+01:36:57 (33.5%)	9:37	6.2 (66.0%)
45	BRZEZIŃSKI Mateusz	1509		M40	45	04:49:47.85	04:50:29.45	+01:38:14 (33.8%)	9:39	6.2 (66.0%)
46	GAWRON Bartłomiej	1586	CALLTECH BARTŁOMIEJ GAWRON	M40	46	04:54:00.15	04:54:22.10	+01:42:07 (34.7%)	9:48	6.1 (64.9%)
47	DZIOPA Paweł	1527	WKURW_TEAM	M40	47	04:58:03.50	04:58:45.05	+01:46:30 (35.7%)	9:56	6 (63.8%)
48	KOWALCZYK Mariusz	1566		M40	48	05:06:33.80	05:07:17.95	+01:55:03 (37.4%)	10:13	5.9 (62.8%)
49	MACIEJEWSKI Karol	1779	BIEGIEM RADOM!	M40	49	05:12:05.15	05:12:22.70	+02:00:08 (38.5%)	10:24	5.8 (61.7%)
50	KRZYWICKI Tomasz	1715	SCADOR.COM	M40	50	05:14:05.40	05:14:43.05	+02:02:28 (38.9%)	10:28	5.7 (60.6%)
51	STELMASZCZYK Konrad	1827		M40	51	05:21:22.35	05:21:41.25	+02:09:26 (40.2%)	10:42	5.6 (59.6%)
51	RAFALSKI Marcin	1825		M40	52	05:21:22.15	05:21:41.25	+02:09:26 (40.2%)	10:42	5.6 (59.6%)
53	RZECZKOWSKI Maciej	1711		M40	53	05:21:28.20	05:22:15.55	+02:10:00 (40.3%)	10:42	5.6 (59.6%)
54	KUŚMIERSKI Krzysztof	1721	WKG IM WALEREGO GOETLA	M40	54	05:21:27.90	05:22:15.85	+02:10:01 (40.3%)	10:42	5.6 (59.6%)
55	MITURA Marek	1790		M40	55	05:22:35.05	05:22:56.50	+02:10:41 (40.5%)	10:45	5.6 (59.6%)
56	BARYZA Robert	1560		M40	56	05:22:39.40	05:23:17.70	+02:11:03 (40.5%)	10:45	5.6 (59.6%)
57	BISKUPSKI Błażej	1848	ŁÓDŹ RUNNING TEAM	M40	57	05:26:31.05	05:27:06.05	+02:14:51 (41.2%)	10:53	5.5 (58.5%)
	MIRECKI Jan	1841		M40		DNF	DNF	-	-	(0.0%)

Znaleziono 58 wynik(ów)