

RZEŹNICZEK

B4SPORT

Wydarzenie: Festiwal Biegu Rzeźnika
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-06-17
Miejsce: Bieszczady
Dystans: 28 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	SZECÓWKA Aneta	3931		K30	1	01:31:34	03:00:28.35	03:00:35.75		6:26	9.3 (100%)
2	WALASZCZYK Lucyna	3985	NATURAL BORN RUNNERS	K30	2	01:37:47	03:05:36.10	03:05:40.95	+00:05:05 (2.7%)	6:37	9.1 (97.8%)
3	ZIELIŃSKA Weronika	3766	12TRI.PL / ASICS FRONTRUNNER	K30	3	01:38:19	03:11:26.05	03:11:28.05	+00:10:52 (5.7%)	6:50	8.8 (94.6%)
4	MERCIK Agnieszka	3770	PRZEMYSKI KLUB BIEGACZA	K30	4	01:42:11	03:13:38.10	03:13:40.35	+00:13:04 (6.8%)	6:54	8.7 (93.5%)
5	TITZ KOZA Julita	4013		K30	5	01:45:40	03:19:48.85	03:19:58.10	+00:19:22 (9.7%)	7:08	8.4 (90.3%)
6	MAŁKOWSKA Katarzyna	4146	PORANNY PATROL	K20	1	01:47:27	03:26:30.35	03:26:32.85	+00:25:57 (12.6%)	7:22	8.1 (87.1%)
7	MACHALICA Agnieszka	3472		K30	6	01:50:13	03:27:21.20	03:27:22.80	+00:26:47 (12.9%)	7:24	8.1 (87.1%)
8	PAŁUZEWICZ Ewa	3692	VISEGRAD MARATON RYTRO	K40	1	01:52:59	03:32:03.50	03:32:07.60	+00:31:31 (14.9%)	7:34	7.9 (84.9%)
9	KOŚNIEWSKA Weronika	4093	OBOZYBIEGOWE.PL / PGE NARODOWY	K30	7	01:57:02	03:32:04.75	03:32:19.40	+00:31:43 (14.9%)	7:34	7.9 (84.9%)
10	KAMIŃSKA Jolanta	4136		K30	8	01:54:09	03:32:08.00	03:32:42.15	+00:32:06 (15.1%)	7:34	7.9 (84.9%)
11	MARCINKIEWICZ Katarzyna	3774	BÓBR TŁUSZCZ	K40	2	01:57:18	03:38:01.25	03:38:29.00	+00:37:53 (17.3%)	7:47	7.7 (82.8%)
12	KUCHEJDA Katarzyna	4140	RK ATHLETICS	K40	3	01:59:55	03:39:50.85	03:40:19.45	+00:39:43 (18.0%)	7:51	7.6 (81.7%)
13	KASZYCKA Renata	3430		K40	4	01:57:17	03:40:31.00	03:40:49.75	+00:40:14 (18.2%)	7:52	7.6 (81.7%)
14	NAUDZIUNAS Agnieszka	3911	NATURAL BORN RUNNERS	K30	9	01:58:17	03:41:04.70	03:41:27.30	+00:40:51 (18.5%)	7:53	7.6 (81.7%)
15	KOWALSKA Joanna	3979		K30	10		03:41:53.55	03:42:16.25	+00:41:40 (18.7%)	7:55	7.6 (81.7%)

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16	GADOMSKA Anna	3615	PZU SPORT TEAM	K30	11	01:59:21	03:42:28.15	03:42:41.70	+00:42:05 (18.9%)	7:56	7.6 (81.7%)
17	MICHALAK Natalia	4040	WYŻSZA SZKOŁA POLICJI W SZCZYTNIE	K20	2	02:00:50	03:42:21.40	03:42:46.05	+00:42:10 (18.9%)	7:56	7.6 (81.7%)
18	TURCZYŃSKA Monika	3922	LECZO TEAM	K40	5	02:02:31	03:45:22.80	03:46:09.95	+00:45:34 (20.1%)	8:02	7.5 (80.6%)
19	SŁOWIŃSKA Karolina	3419		K30	12	02:00:03	03:47:25.50	03:48:18.90	+00:47:43 (20.9%)	8:07	7.4 (79.6%)
20	WALKOWIAK Iwona	4138		K30	13	01:57:31	03:49:16.65	03:49:18.75	+00:48:43 (21.2%)	8:11	7.3 (78.5%)
21	BARTŁOMIEJSKA Urszula	3384		K30	14	02:03:21	03:49:56.30	03:50:01.35	+00:49:25 (21.5%)	8:12	7.3 (78.5%)
22	SZUMIGAJ-MIŁOSZ Alicja	3872		K30	15	02:01:30	03:50:46.25	03:51:07.40	+00:50:31 (21.9%)	8:14	7.3 (78.5%)
23	KOWALSKA Justyna	3917	MORSY OŚNO LUBUSKIE	K30	16	02:06:26	03:52:49.80	03:53:01.50	+00:52:25 (22.5%)	8:18	7.2 (77.4%)
24	SZYSZKA Anna	3486		K20	3	02:15:47	03:53:10.15	03:54:16.80	+00:53:41 (22.9%)	8:19	7.2 (77.4%)
25	SADOWSKA Edyta	3435	ROZBIEGANY SULEJÓWEK	K40	6	02:05:36	03:54:40.25	03:55:00.00	+00:54:24 (23.2%)	8:22	7.2 (77.4%)
26	LISIECKA Małgorzata	4095	BIEGAM NA TARCHOMINIE	K30	17	02:12:46	03:54:24.75	03:55:11.35	+00:54:35 (23.2%)	8:22	7.2 (77.4%)
27	GRELA Kinga	3798		K30	18	02:10:56	03:54:45.05	03:55:26.95	+00:54:51 (23.3%)	8:23	7.2 (77.4%)
28	SOWULA Magdalena	4028		K20	4	02:08:53	04:02:51.20	04:03:24.45	+01:02:48 (25.8%)	8:40	6.9 (74.2%)
29	STARZYŃSKA Katarzyna	4117	SKŁADAKI PIŁA	K30	19	02:00:57	04:03:08.30	04:03:34.15	+01:02:58 (25.9%)	8:41	6.9 (74.2%)
30	PYZEL Agnieszka	3574	PARKRUN KONSTANCIN	K40	7	02:07:44	04:03:30.80	04:03:48.15	+01:03:12 (25.9%)	8:41	6.9 (74.2%)
31	EPA Karolina	3967	PZU SPORT TEAM	K20	5	02:09:32	04:03:17.25	04:04:08.05	+01:03:32 (26.0%)	8:41	6.9 (74.2%)
32	NAPIONTEK Maria	4024		K30	20	02:13:18	04:05:01.75	04:05:43.05	+01:05:07 (26.5%)	8:45	6.9 (74.2%)
33	GAJOS Anna	3571		K40	8	02:13:24	04:05:03.20	04:06:05.95	+01:05:30 (26.6%)	8:45	6.9 (74.2%)
34	MACIEJEC Dorota	4051		K40	9	02:10:02	04:05:56.10	04:06:12.30	+01:05:36 (26.6%)	8:47	6.8 (73.1%)
35	ODOLIŃSKA Agnieszka	3368	PSZCZÓŁKOWSKI TEAM	K40	10	02:13:01	04:05:52.85	04:06:14.85	+01:05:39 (26.7%)	8:46	6.8 (73.1%)
36	NAWROT Agnieszka	3333	ROZBIEGANY SULEJÓWEK	K40	11	02:04:54	04:05:57.60	04:06:16.95	+01:05:41 (26.7%)	8:47	6.8 (73.1%)
37	KOWALCZYK Aleksandra	3805		K20	6	02:16:07	04:05:37.60	04:06:28.00	+01:05:52 (26.7%)	8:46	6.8 (73.1%)
38	ZAMIATOWSKA Kinga	3404	RUN BYDGOSZCZ	K40	12	02:05:50	04:06:17.75	04:06:48.00	+01:06:12 (26.8%)	8:47	6.8 (73.1%)

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39	SIEDLECKA Urszula	3886	COBI TEAM POLAND	K50	1	02:09:09	04:07:27.40	04:07:44.25	+01:07:08 (27.1%)	8:50	6.8 (73.1%)
40	LEDWOLORZ Anna	3691	VEGE RUNNERS	K30	21	02:13:40	04:07:35.50	04:08:20.25	+01:07:44 (27.3%)	8:50	6.8 (73.1%)
41	ŚWIĆ Małgorzata	3932	TRUCHT TARCHOMIN TEAM	K40	13	02:06:06	04:08:21.15	04:08:39.00	+01:08:03 (27.4%)	8:52	6.8 (73.1%)
42	ROSZKIEWICZ Agnieszka	3807		K30	22	01:59:21	04:08:36.80	04:08:42.65	+01:08:06 (27.4%)	8:52	6.8 (73.1%)
43	JABŁOŃSKA Iza	3808		K30	23	02:00:17	04:08:36.90	04:08:42.80	+01:08:07 (27.4%)	8:52	6.8 (73.1%)
44	WIĘCIELEWSKA Joanna	3705	BIGYELLOWFOOTADVENTURETEAM	K30	24	02:09:02	04:11:14.80	04:11:43.25	+01:11:07 (28.3%)	8:58	6.7 (72.0%)
45	KUCZEWSKA Eliza	3582		K30	25	02:15:20	04:12:01.50	04:12:50.50	+01:12:14 (28.6%)	9:00	6.7 (72.0%)
46	MIKULSKA Aneta	3353	ROZBIEGANY SULEJÓWEK	K30	26	02:15:40	04:12:49.60	04:13:12.20	+01:12:36 (28.7%)	9:01	6.6 (71.0%)
47	KRAMKOWSKA Agnieszka	3345		K30	27	02:12:54	04:13:23.60	04:13:49.25	+01:13:13 (28.8%)	9:03	6.6 (71.0%)
48	ŁAGOŻNY Jolanta	3495	POZYTYWNIIE ZABIEGANI SANOK	K30	28	02:09:27	04:14:25.45	04:14:40.70	+01:14:04 (29.1%)	9:05	6.6 (71.0%)
49	NOBIS Anna	3380		K20	7	02:11:32	04:15:22.30	04:15:42.20	+01:15:06 (29.4%)	9:07	6.6 (71.0%)
50	OMYŁA Edyta	3467		K20	8	02:01:42	04:15:33.80	04:15:55.15	+01:15:19 (29.4%)	9:07	6.6 (71.0%)
51	WICHERKIEWICZ Ilona	3687		K30	29	02:13:29	04:16:29.40	04:17:00.40	+01:16:24 (29.7%)	9:09	6.6 (71.0%)
52	DĄBROWSKA Katarzyna	4131	HW TRI TEAM	K20	9	02:11:44	04:16:35.50	04:17:43.00	+01:17:07 (29.9%)	9:09	6.5 (69.9%)
53	LAZARSKA Małgorzata	3997	POWER TRAINING	K30	30	02:13:02	04:17:00.40	04:18:12.00	+01:17:36 (30.1%)	9:10	6.5 (69.9%)
54	FIDALI Beata	4090	KLUB PODRÓŻNIKÓW ŚRÓDZIEMIE	K30	31	02:22:06	04:18:22.95	04:18:57.05	+01:18:21 (30.3%)	9:13	6.5 (69.9%)
55	RACZYŃSKA Gosia	3421	COCA-COLA RUNNERS	K40	14	02:16:12	04:18:16.70	04:19:04.90	+01:18:29 (30.3%)	9:13	6.5 (69.9%)
56	KAWALEC Katarzyna	3861	BRZOSTECKIE OWIECZKI	K30	32	02:15:18	04:18:14.05	04:19:24.85	+01:18:49 (30.4%)	9:13	6.5 (69.9%)
57	HANDERMANDER Agnieszka	3553		K30	33	02:16:40	04:19:32.45	04:19:50.90	+01:19:15 (30.5%)	9:16	6.5 (69.9%)
58	STRĄK Monika	3938	GRUNWALD TEAM POZNAŃ	K20	10	02:16:46	04:21:39.10	04:22:44.95	+01:22:09 (31.3%)	9:20	6.4 (68.8%)
59	SZYMAŃSKA Agnieszka	3367		K30	34	02:07:07	04:23:54.55	04:24:15.55	+01:23:39 (31.7%)	9:25	6.4 (68.8%)
60	SZCZERBAL Agnieszka	4115	TKKF MPK POZNAŃ	K40	15	02:17:54	04:24:14.65	04:24:52.30	+01:24:16 (31.8%)	9:26	6.4 (68.8%)
61	PAWELCZYK Anita	4067	OSTRE SROKI	K30	35	02:13:47	04:24:36.50	04:24:53.65	+01:24:17 (31.8%)	9:27	6.3 (67.7%)

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62	WNOROWSKA Magdalena	3337		K40	16	02:16:45	04:23:44.25	04:24:58.55	+01:24:22 (31.8%)	9:25	6.4 (68.8%)
63	NOWAKOWSKA Beata	3351		K40	17	02:13:13	04:24:45.30	04:25:13.20	+01:24:37 (31.9%)	9:27	6.3 (67.7%)
64	KOSIEDOWSKA Marta	3576		K30	36	02:14:55	04:24:25.20	04:25:13.80	+01:24:38 (31.9%)	9:26	6.4 (68.8%)
65	KĘCKA Adrianna	3636	NIGHT RUNNERS	K20	11	02:09:04	04:26:20.40	04:26:41.35	+01:26:05 (32.3%)	9:30	6.3 (67.7%)
66	KĘCKA Karolina	3578		K20	12	02:09:23	04:26:20.60	04:26:41.55	+01:26:05 (32.3%)	9:30	6.3 (67.7%)
67	MIŁOWSKA Justyna	3308		K30	37	02:14:14	04:22:53.70	04:27:00.90	+01:26:25 (32.4%)	9:23	6.4 (68.8%)
68	SARNOWSKA Karolina	3646	PRORUNNING PROMOTION	K30	38	02:07:07	04:26:42.10	04:27:04.75	+01:26:29 (32.4%)	9:31	6.3 (67.7%)
69	NORKOWSKA Aleksandra	3635	ORNAGE POLSKA	K30	39	02:21:00	04:25:48.45	04:27:13.75	+01:26:38 (32.4%)	9:29	6.3 (67.7%)
70	NIERADKA Katarzyna	4180		K30	40	02:23:13	04:25:37.90	04:27:16.05	+01:26:40 (32.4%)	9:29	6.3 (67.7%)
71	SMOŁA Ilona	3498		K30	41	02:21:29	04:25:52.75	04:27:19.30	+01:26:43 (32.4%)	9:29	6.3 (67.7%)
72	BIAŁECKA Urszula	3603	AXA RUNNING TEAM	K30	42	02:16:12	04:26:25.70	04:27:27.00	+01:26:51 (32.5%)	9:30	6.3 (67.7%)
73	ŁATA Katarzyna	4156		K30	43	02:16:13	04:27:15.05	04:27:57.85	+01:27:22 (32.6%)	9:32	6.3 (67.7%)
74	CIESIELSKA Marta	3621		K30	44	02:23:34	04:27:30.05	04:28:18.05	+01:27:42 (32.7%)	9:33	6.3 (67.7%)
75	OSYDA Sylwia	3325		K30	45	02:23:50	04:27:39.25	04:29:03.65	+01:28:27 (32.9%)	9:33	6.3 (67.7%)
76	SIECZKA Renata	3850		K30	46	02:21:07	04:28:27.50	04:29:34.15	+01:28:58 (33.0%)	9:35	6.3 (67.7%)
77	ZAJĄC Anna	3510		K30	47	02:28:02	04:29:52.00	04:30:20.20	+01:29:44 (33.2%)	9:38	6.2 (66.7%)
78	PLEŚNIAR Lucyna	4054		K40	18	02:18:59	04:29:53.55	04:30:43.00	+01:30:07 (33.3%)	9:38	6.2 (66.7%)
79	KRUK Małgorzata	3817		K40	19	02:21:22	04:30:31.65	04:31:38.30	+01:31:02 (33.5%)	9:39	6.2 (66.7%)
80	KAWALEC Magdalena	3862	BRZOSTECKIE OWIECZKI	K30	48	02:23:02	04:30:41.70	04:31:52.30	+01:31:16 (33.6%)	9:40	6.2 (66.7%)
81	MAŁEK Hanna	3860		K20	13	02:17:14	04:33:18.60	04:33:50.40	+01:33:14 (34.1%)	9:45	6.1 (65.6%)
81	PARZUCH Magdalena	3342		K20	14	02:17:17	04:33:18.40	04:33:50.40	+01:33:14 (34.1%)	9:45	6.1 (65.6%)
83	NOWAK Katarzyna	3666	DZIKIE GRUBASY SZATANA	K30	49	02:17:57	04:33:42.60	04:34:24.95	+01:33:49 (34.2%)	9:46	6.1 (65.6%)
84	WÓJCIK Magdalena	4126		K30	50	02:14:19	04:36:05.40	04:36:20.60	+01:35:44 (34.6%)	9:51	6.1 (65.6%)

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85	BARSKA Barbara	3497		K30	51	02:12:45	04:37:10.70	04:37:38.25	+01:37:02 (35.0%)	9:53	6.1 (65.6%)
86	BRULIŃSKA Monika	3839	TKKF PŁOCK	K40	20	02:19:46	04:37:59.20	04:38:07.30	+01:37:31 (35.1%)	9:55	6 (64.5%)
87	PUJSZO Agnieszka	3537		K20	15	02:18:00	04:36:51.95	04:38:13.70	+01:37:37 (35.1%)	9:53	6.1 (65.6%)
88	STĘPIEŃ Marlena	4011		K30	52	02:22:10	04:38:03.30	04:38:38.10	+01:38:02 (35.2%)	9:55	6 (64.5%)
89	BALIŃSKA-SANOCKA Aneta	3745		K40	21	02:20:30	04:38:27.30	04:38:51.10	+01:38:15 (35.2%)	9:56	6 (64.5%)
90	SANOCKA Dorota	3743		K40	22	02:20:46	04:38:44.50	04:39:08.00	+01:38:32 (35.3%)	9:57	6 (64.5%)
91	SOBORSKA Sylwia	3447	SAINT-GOBAIN INNOVATIVE MATERIALS POLSKA SP. Z O.O.	K30	53	02:13:47	04:40:00.55	04:40:04.25	+01:39:28 (35.5%)	10:00	6 (64.5%)
92	MORAWSKA Anna	3463		K60	1	02:27:35	04:39:50.95	04:40:06.65	+01:39:30 (35.5%)	9:59	6 (64.5%)
93	PARYS Marzena	3417	BIEGAJĄCE ŻABCIE	K30	54	02:25:33	04:39:38.15	04:40:41.50	+01:40:05 (35.7%)	9:59	6 (64.5%)
94	KUCZYŃSKA Karolina	4020		K30	55	02:28:49	04:39:31.40	04:40:50.00	+01:40:14 (35.7%)	9:59	6 (64.5%)
95	BARTOSIEWICZ Daria	3673	DZIKIE GRUBASY SZATANA	K30	56	02:23:07	04:40:12.90	04:40:54.70	+01:40:18 (35.7%)	10:00	6 (64.5%)
96	TYLUTKI Kinga	3830		K30	57	02:14:48	04:40:10.20	04:40:57.05	+01:40:21 (35.7%)	10:00	6 (64.5%)
97	JANISZ Katarzyna	3448		K20	16	02:29:43	04:40:45.40	04:41:01.05	+01:40:25 (35.7%)	10:01	6 (64.5%)
98	CIURZYŃSKA Zuzanna	4169	COCA-COLA RUNNERS	K30	58	02:22:39	04:40:49.85	04:41:02.95	+01:40:27 (35.7%)	10:01	6 (64.5%)
99	STUSIŃSKA Jowita	3926	PIRORUNNERS	K30	59	02:27:25	04:39:55.95	04:41:17.95	+01:40:42 (35.8%)	9:59	6 (64.5%)
100	KONIK Sylwia	3814		K40	23	02:24:01	04:40:56.80	04:41:19.00	+01:40:43 (35.8%)	10:02	6 (64.5%)
101	KUCZAKOWSKA Joanna	4190		K30	60	02:28:18	04:41:03.20	04:41:56.25	+01:41:20 (35.9%)	10:02	6 (64.5%)
102	FRANKOWSKA Anna	3401	MIECHOWICKA GRUPA BIEGOWA	K50	2	02:23:10	04:41:15.45	04:42:38.30	+01:42:02 (36.1%)	10:02	6 (64.5%)
103	CZAWA Aneta	3890		K40	24	02:26:54	04:42:19.15	04:42:57.85	+01:42:22 (36.2%)	10:04	6 (64.5%)
104	RÓŻAK-RUKUSZEWICZ Magdalena	3665	DZIKIE GRUBASY SZATANA	K40	25	02:29:47	04:42:57.10	04:43:41.90	+01:43:06 (36.3%)	10:06	5.9 (63.4%)
105	PTASZYŃSKA Anna	3629	SPEED FEET '16	K40	26	02:20:39	04:43:00.80	04:43:49.95	+01:43:14 (36.4%)	10:06	5.9 (63.4%)
106	GUZEK Ewa	3697	DZIKIE GRUBASY SZATANA	K30	61	02:31:37	04:43:12.00	04:43:55.45	+01:43:19 (36.4%)	10:06	5.9 (63.4%)
107	ŻOŁNIEROWICZ Joanna	3873	BIEGAM BO LUBIĘ ZĄBKI TEAM	K30	62	02:29:40	04:45:02.15	04:45:27.25	+01:44:51 (36.7%)	10:10	5.9 (63.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
108	WINICKA Daria	3481		K30	63	02:22:02	04:44:26.90	04:45:29.05	+01:44:53 (36.7%)	10:09	5.9 (63.4%)
109	KUSZ Gosia	3397		K30	64	02:22:06	04:44:28.30	04:45:29.40	+01:44:53 (36.7%)	10:09	5.9 (63.4%)
110	BOCIARSKA Magdalena	3912		K30	65	02:26:18	04:44:22.65	04:45:49.45	+01:45:13 (36.8%)	10:09	5.9 (63.4%)
111	MALETKA Joanna	3547		K30	66	02:17:53	04:45:13.65	04:45:56.00	+01:45:20 (36.8%)	10:11	5.9 (63.4%)
112	TUREK Paulina	3647	PRORUNNING PROMOTION	K30	67	02:18:48	04:45:35.65	04:45:58.25	+01:45:22 (36.8%)	10:12	5.9 (63.4%)
113	SZATKOWSKA Ewa	3600	KOBIETYBIEGAJA/WOMEN'SRUNNING	K50	3	02:23:42	04:46:00.15	04:46:06.80	+01:45:31 (36.9%)	10:12	5.9 (63.4%)
114	GOŁOŚ Marta	3494		K20	17	02:25:04	04:47:31.55	04:48:44.95	+01:48:09 (37.5%)	10:16	5.8 (62.4%)
115	CHRUŚCIŃSKA Justyna	3960	NIGHTRUNNERS	K20	18	02:24:44	04:48:40.20	04:49:07.35	+01:48:31 (37.5%)	10:18	5.8 (62.4%)
116	FRAĆKOWIAK Aneta	3402	MAMY-BIEGAMY	K30	68	02:28:33	04:47:42.30	04:49:09.95	+01:48:34 (37.5%)	10:16	5.8 (62.4%)
117	NOWICKA Iwona	3947	BOOTCAMP POLSKA	K30	69	02:25:02	04:49:09.40	04:49:16.55	+01:48:40 (37.6%)	10:19	5.8 (62.4%)
118	JANUSZAK Gosia	3759	TEAM JANO	K40	27	02:30:28	04:48:27.25	04:49:30.80	+01:48:55 (37.6%)	10:18	5.8 (62.4%)
119	LECH Agnieszka	3593	STRZEGOMSKA DWUNASTKA	K30	70	02:22:55	04:49:03.90	04:49:37.70	+01:49:01 (37.6%)	10:19	5.8 (62.4%)
120	KOŁOSIONEK Dorota	3539	GRUPA ŚMIERCI RZEŹNICZEK	K30	71	02:23:55	04:49:17.30	04:50:31.00	+01:49:55 (37.8%)	10:19	5.8 (62.4%)
121	BARON-CZERWIŃSKA Magda	3663	WUEF CLUB DECATHLON SWADZIM	K30	72	02:22:42	04:49:53.20	04:50:35.10	+01:49:59 (37.9%)	10:21	5.8 (62.4%)
122	ŚNIEGOCKA Magdalena	3433	WUEF CLUB SWADZIM DECATLON/STADO PEDZĄCYCH ŚLIMAKÓW	K30	73	02:29:56	04:50:51.35	04:51:27.85	+01:50:52 (38.0%)	10:23	5.8 (62.4%)
123	KALBARCZYK Beata	3628	ORANGE POLSKA	K50	4	02:32:26	04:50:33.40	04:51:58.45	+01:51:22 (38.1%)	10:22	5.8 (62.4%)
124	ZAKRZEWSKA Monika	3441		K30	74	02:22:49	04:52:06.30	04:52:57.70	+01:52:21 (38.4%)	10:25	5.8 (62.4%)
125	GRABARSKA Lidia	3956		K30	75	02:31:47	04:51:51.70	04:53:12.85	+01:52:37 (38.4%)	10:25	5.8 (62.4%)
126	MAGER Olga	3758		K40	28	02:30:18	04:53:14.10	04:54:28.15	+01:53:52 (38.7%)	10:28	5.7 (61.3%)
127	WRÓBEL Aleksandra	3664	DIRTY SPARROWS	K20	19	02:28:22	04:53:22.05	04:54:45.30	+01:54:09 (38.7%)	10:28	5.7 (61.3%)
128	PAKUŁA Agata	3722		K20	20	02:30:20	04:54:31.45	04:54:53.75	+01:54:18 (38.8%)	10:31	5.7 (61.3%)
129	MARCZAK Grażyna	3930		K60	2	02:28:56	04:54:19.65	04:55:07.45	+01:54:31 (38.8%)	10:30	5.7 (61.3%)
130	JAGIELSKA Magdalena	3444	NGB KŁOBUCK	K30	76	02:24:46	04:56:05.10	04:56:36.30	+01:56:00 (39.1%)	10:34	5.7 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 28km	brutto 28km			
131	KRAJEWSKA Justyna	3854	YES MAN TEAM	K30	77	02:30:40	04:56:13.25	04:57:06.45	+01:56:30 (39.2%)	10:34	5.7 (61.3%)
132	CISZAK Daria	3999	KOBIETY BIEGAJĄ	K40	29	02:26:36	04:56:45.90	04:57:25.70	+01:56:49 (39.3%)	10:35	5.7 (61.3%)
132	SOBAŃSKA Patrycja	4006	KOBIETY BIEGAJĄ	K40	30	02:31:21	04:56:46.45	04:57:25.70	+01:56:49 (39.3%)	10:35	5.7 (61.3%)
134	POPŁAWSKA Katarzyna	3678	CZARNE OWCE HIPOLITÓW	K40	31	02:32:42	04:57:07.70	04:57:38.55	+01:57:02 (39.3%)	10:36	5.7 (61.3%)
135	SOSZYŃSKA Małgorzata	3937	CZŁAPACZE	K50	5	02:42:11	04:57:41.35	04:58:54.00	+01:58:18 (39.6%)	10:37	5.6 (60.2%)
136	WIS Modesta	3493		K20	21	02:35:58	04:58:51.45	04:59:04.90	+01:58:29 (39.6%)	10:40	5.6 (60.2%)
137	WALCZAK Izabela	3370		K30	78	02:31:39	04:58:55.70	04:59:11.95	+01:58:36 (39.6%)	10:40	5.6 (60.2%)
138	KRAKOWSKA Katarzyna	3369		K40	32	02:38:15	04:58:32.05	04:59:12.45	+01:58:36 (39.6%)	10:39	5.6 (60.2%)
139	MILCZAREK Magdalena	3644	DRUŻYNA ORZECHA ŻYRARDÓW	K30	79	02:22:35	04:59:35.45	05:00:40.40	+02:00:04 (39.9%)	10:42	5.6 (60.2%)
140	MICHALKIEWICZ Monika	3545		K20	22	02:20:16	05:01:47.20	05:01:54.80	+02:01:19 (40.2%)	10:46	5.6 (60.2%)
141	STARZYŃSKA Marta	3531	PERFECT RUNNER LUBLIN	K40	33	02:28:54	05:01:06.70	05:02:01.75	+02:01:26 (40.2%)	10:45	5.6 (60.2%)
142	KWAŚNA Weronika	3681		K20	23	02:28:38	05:01:04.15	05:02:16.55	+02:01:40 (40.3%)	10:45	5.6 (60.2%)
143	RACZYŃSKA Magdalena	3987		K20	24	02:33:54	05:00:57.70	05:02:29.55	+02:01:53 (40.3%)	10:44	5.6 (60.2%)
144	GLÓDŹ Małgorzata	4030		K20	25	02:33:39	05:01:57.80	05:02:32.20	+02:01:56 (40.3%)	10:47	5.6 (60.2%)
145	PAWŁOWSKA Katarzyna	3514		K30	80		05:02:32.75	05:02:32.75	+02:01:57 (40.3%)	10:48	5.6 (60.2%)
146	BOROWIEC Renata	3378	MAMY BIEGAMY KIELCE	K30	81	02:34:05	05:01:35.45	05:02:54.20	+02:02:18 (40.4%)	10:46	5.6 (60.2%)
147	MATOGA Lucyna	4042		K50	6	02:38:47	05:02:02.15	05:03:10.95	+02:02:35 (40.4%)	10:47	5.6 (60.2%)
148	KAWECKA Magdalena	3789	BIEGAM BO LUBIĘ ZĄBKI TEAM	K30	82	02:37:00	05:03:26.35	05:03:52.05	+02:03:16 (40.6%)	10:50	5.5 (59.1%)
149	GIEDROJC Iwona	3451	PZU SPORT TEAM	K30	83	02:36:53	05:04:01.75	05:04:56.90	+02:04:21 (40.8%)	10:51	5.5 (59.1%)
150	DĄBROWSKA Edyta	4132		K30	84	02:30:38	05:04:03.00	05:05:10.75	+02:04:35 (40.8%)	10:51	5.5 (59.1%)
151	NIEĆ Melania	4241		K30	85	02:42:57	05:04:13.15	05:05:52.95	+02:05:17 (41.0%)	10:51	5.5 (59.1%)
152	PRĘDKA Magdalena	3751	OLA CLUB	K40	34	02:42:55	05:04:12.85	05:05:53.10	+02:05:17 (41.0%)	10:51	5.5 (59.1%)
153	ZAWADZKA Anna	4074		K20	26	02:36:44	05:05:09.40	05:06:07.25	+02:05:31 (41.0%)	10:53	5.5 (59.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
154	SIWEK Aleksandra	3423	COCA-COLA RUNNERS	K40	35	02:26:41	05:05:33.45	05:06:22.30	+02:05:46 (41.1%)	10:54	5.5 (59.1%)
155	ROSIEK Anna	3908	MKS HALICZ	K30	86	02:41:33	05:05:14.80	05:06:37.10	+02:06:01 (41.1%)	10:54	5.5 (59.1%)
156	BAGIŃSKA Anna	3936		K30	87	02:35:57	05:05:25.10	05:06:57.25	+02:06:21 (41.2%)	10:54	5.5 (59.1%)
157	SIERPOWSKA-BARTOSIK Agnieszka	3996	VEGE RUNNERS	K40	36	02:30:23	05:06:10.10	05:07:20.25	+02:06:44 (41.2%)	10:56	5.5 (59.1%)
158	LUZAR Monika	3375	MIA	K40	37	02:36:11	05:06:01.70	05:07:24.70	+02:06:48 (41.3%)	10:55	5.5 (59.1%)
159	SAWCZUK Marta	3995	TUP TEAM/ SGGW RUNNERS	K20	27	02:37:30	05:06:16.55	05:07:51.45	+02:07:15 (41.3%)	10:56	5.5 (59.1%)
160	OKAPIEC Aleksandra	3544	AXA RUNNING TEAM	K30	88	02:36:44	05:06:56.90	05:07:58.95	+02:07:23 (41.4%)	10:57	5.5 (59.1%)
161	ZALEWSKA Katarzyna	3713		K30	89	02:40:18	05:08:14.95	05:09:31.25	+02:08:55 (41.7%)	11:00	5.5 (59.1%)
162	RIEFF Anna	3392		K30	90	02:37:48	05:08:10.10	05:09:32.15	+02:08:56 (41.7%)	11:00	5.5 (59.1%)
163	OSIKOWSKA Aleksandra	3440	POWER TRAINING	K30	91	02:37:49	05:08:10.25	05:09:32.40	+02:08:56 (41.7%)	11:00	5.5 (59.1%)
164	STANOSZEK Agnieszka	3492	COCA-COLA RUNNERS	K40	38	02:26:40	05:08:46.15	05:09:35.05	+02:08:59 (41.7%)	11:01	5.4 (58.1%)
165	WOJNAROWSKA Weronika	3731	RUNEDA	K30	92	02:34:31	05:08:31.05	05:09:40.35	+02:09:04 (41.7%)	11:01	5.4 (58.1%)
166	SROCZYŃSKA Justyna	4012	OSTRE SROKI	K30	93	02:37:52	05:08:47.30	05:09:41.80	+02:09:06 (41.7%)	11:01	5.4 (58.1%)
167	JAMRÓZ Renata	3737	BIGYELLOWFOOT	K40	39	02:23:43	05:09:16.70	05:09:45.75	+02:09:10 (41.7%)	11:02	5.4 (58.1%)
168	BĄK Natalia	3632	BIGYELLOWFOOT ADVENTURE TEAM	K20	28	02:24:38	05:09:15.95	05:09:45.90	+02:09:10 (41.7%)	11:02	5.4 (58.1%)
169	KOZŁOWSKA Anna	4185	VEGE RUNNERS	K30	94	02:46:47	05:08:47.85	05:10:15.15	+02:09:39 (41.8%)	11:01	5.4 (58.1%)
170	HUZIOR Elżbieta	4224		K40	40	02:43:11	05:09:04.20	05:10:28.10	+02:09:52 (41.8%)	11:02	5.4 (58.1%)
171	MATYJEWICZ Klaudia	3326		K20	29	02:42:56	05:08:58.05	05:10:30.65	+02:09:54 (41.8%)	11:02	5.4 (58.1%)
172	RZEPECKA Justyna	3323		K20	30	02:37:35	05:09:55.60	05:11:24.20	+02:10:48 (42.0%)	11:04	5.4 (58.1%)
172	ZIÓLEK Teresa	4242	BONDA GRUDNIA	K50	7	02:45:29	05:09:52.70	05:11:24.20	+02:10:48 (42.0%)	11:04	5.4 (58.1%)
174	KONOPKA Anna	3466	KASZUBSKA PONIEWIERKA	K30	95	02:32:47	05:11:27.25	05:12:35.20	+02:11:59 (42.2%)	11:07	5.4 (58.1%)
175	GROCHOWSKA Joanna	4124	SKŁADAKI PIŁA	K30	96	02:41:18	05:13:16.60	05:13:46.10	+02:13:10 (42.4%)	11:11	5.4 (58.1%)
176	PIELACHOWSKA Agata	4015		K30	97	02:37:28	05:12:45.50	05:14:04.80	+02:13:29 (42.5%)	11:10	5.4 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
177	SKOREK-BILCZYŃSKA Patrycja	3653	#CZELADZBIEGA	K30	98	02:32:18	05:13:18.90	05:14:41.90	+02:14:06 (42.6%)	11:11	5.4 (58.1%)
178	FRANKOWSKA Monika	3389		K20	31	02:36:59	05:13:20.10	05:14:42.35	+02:14:06 (42.6%)	11:11	5.4 (58.1%)
179	ZAGOŃCZYK Dorota	3645		K50	8	02:37:58	05:14:14.25	05:15:16.55	+02:14:40 (42.7%)	11:13	5.3 (57.0%)
180	SYGUŁA Katarzyna	3920	KB MCKIS JAWORZNO	K40	41	02:44:21	05:14:17.05	05:15:17.05	+02:14:41 (42.7%)	11:13	5.3 (57.0%)
181	ŚWIEŻYŃSKA Aleksandra	3589	BIGYELLOWFOOT ADVENTURE TEAM	K20	32	02:33:21	05:15:54.75	05:16:23.85	+02:15:48 (42.9%)	11:16	5.3 (57.0%)
182	POSIŁA Joanna	3971	COCA-COLA RUNNERS	K30	99	02:43:57	05:15:16.55	05:16:41.80	+02:16:06 (43.0%)	11:15	5.3 (57.0%)
183	ZAJĄC Ewelina	4083		K30	100	02:37:07	05:16:51.85	05:17:20.65	+02:16:44 (43.1%)	11:19	5.3 (57.0%)
184	MACIEJAK Anna	4101	HUSARIA RACE TEAM	K20	33	02:36:46	05:16:37.95	05:17:30.35	+02:16:54 (43.1%)	11:18	5.3 (57.0%)
185	WOJDYŁ Anna	3599		K30	101	02:44:41	05:16:16.75	05:17:33.50	+02:16:57 (43.1%)	11:17	5.3 (57.0%)
186	SZWARC Barbara	3924	WKURW_TEAM	K30	102	02:38:25	05:16:40.00	05:17:37.70	+02:17:01 (43.1%)	11:18	5.3 (57.0%)
187	ZĘGOTA Izabela	4072		K20	34	02:36:13	05:16:08.55	05:17:42.60	+02:17:06 (43.2%)	11:17	5.3 (57.0%)
188	KOZIRÓG Agnieszka	3726		K40	42	02:32:06	05:17:45.55	05:18:23.80	+02:17:48 (43.3%)	11:20	5.3 (57.0%)
189	KUREK Aleksandra	3502		K20	35	02:50:19	05:18:28.50	05:18:28.50	+02:17:52 (43.3%)	11:22	5.3 (57.0%)
190	PIETRZAK Agnieszka	3415		K40	43	02:38:20	05:17:57.15	05:19:03.30	+02:18:27 (43.4%)	11:21	5.3 (57.0%)
191	JASZCZUK Edyta	4039	TUP TEAM	K20	36	02:39:26	05:20:42.85	05:22:17.95	+02:21:42 (44.0%)	11:27	5.2 (55.9%)
192	MRÓWKA Kasia	4105	HUSARIA RACE TEAM	K30	103	02:37:19	05:21:50.50	05:22:38.50	+02:22:02 (44.0%)	11:29	5.2 (55.9%)
193	KOWALEWSKA Luiza	4102	HUSARIA RACE TEAM	K20	37	02:37:06	05:21:45.60	05:22:38.60	+02:22:02 (44.0%)	11:29	5.2 (55.9%)
194	MARCINCAK Anna	3388	MAMY-BIEGAMY	K30	104	02:42:27	05:21:21.75	05:22:49.75	+02:22:14 (44.1%)	11:28	5.2 (55.9%)
195	KLOCEK Paulina	4177	SKŁADAKI PIŁA	K20	38	02:32:17	05:22:24.85	05:22:56.00	+02:22:20 (44.1%)	11:30	5.2 (55.9%)
196	JASIŃSKA Justyna	4056	KOTEŁ TEAM	K20	39	02:24:21	05:22:25.40	05:23:33.75	+02:22:58 (44.2%)	11:30	5.2 (55.9%)
197	KOWALEWSKA Katarzyna	3596		K30	105	02:40:36	05:22:33.75	05:23:38.05	+02:23:02 (44.2%)	11:31	5.2 (55.9%)
198	KLOCEK Ewelina	4176	SKŁADAKI PIŁA	K30	106	02:47:22	05:23:41.60	05:24:12.45	+02:23:36 (44.3%)	11:33	5.2 (55.9%)
199	DUNIKOWSKA Olga Małgorzata	3316		K20	40	02:36:55	05:25:20.90	05:26:57.65	+02:26:21 (44.8%)	11:37	5.2 (55.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
200	KOLAJ Ewelina	3738	RUNRACE.PL	K30	107	02:27:21	05:26:13.50	05:27:24.60	+02:26:48 (44.8%)	11:39	5.1 (54.8%)
201	RADZIŃSKA Kamila	3700	MAMY-BIEGAMY	K30	108	02:43:09	05:25:52.90	05:27:30.75	+02:26:55 (44.9%)	11:38	5.2 (55.9%)
202	MACIASZ Weronika	3895	GRUPA ŚMIERCI RZEŹNICZEK	K20	41	02:28:31	05:27:08.00	05:28:21.40	+02:27:45 (45.0%)	11:41	5.1 (54.8%)
203	BANASZCZYK Maja	4031		K30	109	02:40:29	05:27:29.60	05:28:22.20	+02:27:46 (45.0%)	11:41	5.1 (54.8%)
204	OSYDA Sabina	3729		K20	42	02:40:27	05:28:04.70	05:29:28.20	+02:28:52 (45.2%)	11:43	5.1 (54.8%)
205	ZIELIŃSKA CZERBNIAK Izabela	4017	WUEF CLUB DECATHALON SWADZIM	K40	44	02:38:34	05:31:45.90	05:32:22.25	+02:31:46 (45.7%)	11:50	5.1 (54.8%)
206	ZIEŃKOWSKA Izabela	3442	LUBLIN BIEGA/WW TEAM	K30	110	02:43:57	05:32:55.45	05:33:13.10	+02:32:37 (45.8%)	11:53	5 (53.8%)
206	LATO Karolina	3318	LUBLIN BIEGA	K30	111	02:43:57	05:32:55.25	05:33:13.10	+02:32:37 (45.8%)	11:53	5 (53.8%)
208	KARPIŃSKA Anna	3688	DZIKIE GRUBASY SZATANA	K40	45	02:43:40	05:33:27.40	05:34:10.35	+02:33:34 (46.0%)	11:54	5 (53.8%)
209	PRÓCHNIAK Joanna	3541	GRUPA ŚMIERCI RZEŹNICZEK	K30	112	02:45:57	05:35:33.35	05:36:48.40	+02:36:12 (46.4%)	11:59	5 (53.8%)
210	BARCZAK Sylwia	3329	PERFECT RUNNER LUBLIN	K30	113	02:56:50	05:35:30.80	05:37:02.50	+02:36:26 (46.4%)	11:58	5 (53.8%)
211	KNAP Ewa	3888	ALBATROSY	K30	114	02:43:42	05:36:21.30	05:37:05.75	+02:36:30 (46.4%)	12:00	5 (53.8%)
212	ZADROŻNA Ania	3619		K30	115	02:42:42	05:36:37.10	05:37:35.10	+02:36:59 (46.5%)	12:01	5 (53.8%)
213	KAŻMIERCZAK Malwina	3680	DZIKIE GRUBASY SZATANA	K20	43	02:37:20	05:39:33.10	05:40:16.80	+02:39:41 (46.9%)	12:07	4.9 (52.7%)
214	KRZYŚ Justyna	3799	KLUB MATIEGO	K30	116	02:43:40	05:39:42.30	05:40:22.40	+02:39:46 (46.9%)	12:07	4.9 (52.7%)
215	KLEDYŃSKA Aleksandra	3651		K20	44	02:32:35	05:39:02.50	05:40:29.05	+02:39:53 (47.0%)	12:06	5 (53.8%)
216	NIESIOBĘDZKA-ROGATKO Karolina	3916	DRAMAT_TEAM	K30	117	02:49:04	05:40:22.95	05:41:31.95	+02:40:56 (47.1%)	12:09	4.9 (52.7%)
217	PIELAK Agnieszka	3778	PZU SPORT TEAM	K20	45	02:57:52	05:40:55.40	05:41:48.15	+02:41:12 (47.2%)	12:10	4.9 (52.7%)
218	DUKIEWICZ Grażyna	3454		K40	46	02:54:35	05:44:23.10	05:45:59.65	+02:45:23 (47.8%)	12:17	4.9 (52.7%)
219	WIŚNIEWSKA-PIĄTY Katarzyna	4087	SIATKA TEAM	K30	118	02:54:12	05:45:09.25	05:46:49.90	+02:46:14 (47.9%)	12:19	4.9 (52.7%)
220	WOJDASIEWICZ Kasia	3659		K40	47	02:41:59	05:45:37.45	05:47:02.50	+02:46:26 (48.0%)	12:20	4.9 (52.7%)
221	JUREK Paulina	3543		K30	119	03:04:49	05:45:51.95	05:47:29.25	+02:46:53 (48.0%)	12:21	4.9 (52.7%)
222	KUHN-ZAWADZKA Joanna	3939	KRÓLICZKI W PLECAKU	K30	120	02:39:08	05:47:22.55	05:48:07.90	+02:47:32 (48.1%)	12:24	4.8 (51.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
223	PŁATEK Katarzyna	3795		K40	48	02:43:44	05:48:25.05	05:49:08.90	+02:48:33 (48.3%)	12:26	4.8 (51.6%)
224	NAWROCKA Aleksandra	3724		K20	46	02:47:47	05:49:20.70	05:49:58.85	+02:49:23 (48.4%)	12:28	4.8 (51.6%)
225	WITKOWSKA Anetta	3810	CENTRUM KETTLEBELL TARNOBRZEG	K40	49	02:55:02	05:49:21.95	05:50:17.90	+02:49:42 (48.4%)	12:28	4.8 (51.6%)
226	SZANIAWSKA Agata	3327		K20	47	02:53:41	05:50:46.20	05:51:38.60	+02:51:02 (48.6%)	12:31	4.8 (51.6%)
227	GRABOWICZ Anna	3806		K40	50	02:51:31	05:51:22.30	05:52:08.30	+02:51:32 (48.7%)	12:32	4.8 (51.6%)
227	NOWAK Katarzyna	3772		K40	51	02:51:36	05:51:22.50	05:52:08.30	+02:51:32 (48.7%)	12:32	4.8 (51.6%)
229	MAZUR Beata	3701	MAZUR FAMILY	K40	52	02:46:59	05:51:10.40	05:52:28.90	+02:51:53 (48.8%)	12:32	4.8 (51.6%)
230	MAZUR Klaudia	3706	MAZUR FAMILY	K20	48	02:43:53	05:51:10.30	05:52:29.05	+02:51:53 (48.8%)	12:32	4.8 (51.6%)
231	WYSOCKA Agnieszka	3686	PRO RUN	K40	53	02:58:16	05:51:08.55	05:52:44.50	+02:52:08 (48.8%)	12:32	4.8 (51.6%)
232	OBARSKA Małgorzata	4043		K50	9	03:01:56	05:52:05.15	05:53:02.70	+02:52:26 (48.8%)	12:34	4.8 (51.6%)
233	SOWA Sylwia	4075	PZU SPORT TEAM	K40	54	02:54:03	05:56:10.50	05:57:08.60	+02:56:32 (49.4%)	12:43	4.7 (50.5%)
234	ŻAK Agnieszka	3609		K30	121	02:55:15	05:55:59.55	05:57:28.95	+02:56:53 (49.5%)	12:42	4.7 (50.5%)
235	ŚLĘZAK Hanna	4121	SKŁADAKI PIŁA	K30	122	03:02:25	05:57:04.40	05:57:37.05	+02:57:01 (49.5%)	12:45	4.7 (50.5%)
236	DONIEC Katarzyna	3696		K30	123	02:50:40	05:56:20.35	05:57:43.65	+02:57:07 (49.5%)	12:43	4.7 (50.5%)
237	NAROLEWSKA Dorota	3310		K30	124	03:00:14	06:01:14.90	06:01:47.55	+03:01:11 (50.1%)	12:54	4.7 (50.5%)
238	BALCEWICZ Magda	4125	SKŁADAKI PIŁA	K30	125	03:18:37	06:03:54.30	06:04:26.15	+03:03:50 (50.4%)	12:59	4.6 (49.5%)
239	MIŁOSZ Maria	3400		K20	49	03:02:41	06:03:34.00	06:04:51.75	+03:04:16 (50.5%)	12:59	4.6 (49.5%)
240	WIECZOREK Beata	3674	DZIKIE GRUBASY SZATANA	K30	126	03:10:57	06:04:09.40	06:04:53.55	+03:04:17 (50.5%)	13:00	4.6 (49.5%)
241	KAWSKA Ewa	3950		K40	55	02:50:48	06:03:31.45	06:05:03.85	+03:04:28 (50.5%)	12:58	4.6 (49.5%)
242	KUNA Katarzyna	3558		K40	56	02:58:16	06:03:34.30	06:05:13.80	+03:04:38 (50.6%)	12:59	4.6 (49.5%)
243	PEDA Kamila	4050	KB DZIK	K30	127	03:01:10	06:05:31.35	06:05:51.85	+03:05:16 (50.6%)	13:03	4.6 (49.5%)
244	JANICKA Katarzyna	3328	4EVERFASTER.PL	K30	128	02:53:42	06:12:18.10	06:13:10.40	+03:12:34 (51.6%)	13:17	4.5 (48.4%)
245	SEREWA Paulina	3396	OWM LUBLIN	K20	50	02:54:41	06:11:40.60	06:13:16.55	+03:12:40 (51.6%)	13:16	4.5 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
246	WYSOCKA Ilona	4127	SKŁADAKI PIŁA	K30	129	02:56:18	06:14:19.10	06:14:48.50	+03:14:12 (51.8%)	13:22	4.5 (48.4%)
247	BAŃKOWSKA Monika	3690	BIGYELLOWFOOT ADVENTURE TEAM	K30	130	03:12:35	06:14:33.05	06:14:58.90	+03:14:23 (51.8%)	13:22	4.5 (48.4%)
248	GUZIK Magdalena	3570		K40	57	03:05:20	06:13:23.45	06:15:01.05	+03:14:25 (51.8%)	13:20	4.5 (48.4%)
249	BORKOWSKA Ewa	3869		K60	3	03:11:11	06:17:32.45	06:18:17.55	+03:17:41 (52.3%)	13:29	4.4 (47.3%)
250	SZCZEPANIA Lucyna	4123	SKŁADAKI PIŁA	K40	58	03:10:12	06:24:00.35	06:24:32.25	+03:23:56 (53.0%)	13:42	4.4 (47.3%)
251	MAJEWSKA Agnieszka	3769	GRUPA ŚMIERCI RZEŹNICZEK	K40	59	03:02:58	06:32:31.95	06:33:47.45	+03:33:11 (54.1%)	14:01	4.3 (46.2%)
252	PUŁKOWSKA Patrycja	4058		K30	131	03:12:37	06:50:59.60	06:51:27.05	+03:50:51 (56.1%)	14:40	4.1 (44.1%)

Znaleziono 252 wynik(ów)