

RZEŹNICZEK

B4SPORT

Wydarzenie: Festiwal Biegu Rzeźnika
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-06-17
Miejsce: Bieszczady
Dystans: 28 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	SZECÓWKA Aneta	3931		K30	1	01:31:34	03:00:28.35	03:00:35.75		6:26	9.3 (100%)
2	WALASZCZYK Lucyna	3985	NATURAL BORN RUNNERS	K30	2	01:37:47	03:05:36.10	03:05:40.95	+00:05:05 (2.7%)	6:37	9.1 (97.8%)
3	ZIELIŃSKA Weronika	3766	12TRI.PL / ASICS FRONTRUNNER	K30	3	01:38:19	03:11:26.05	03:11:28.05	+00:10:52 (5.7%)	6:50	8.8 (94.6%)
4	MERCIK Agnieszka	3770	PRZEMYSKI KLUB BIEGACZA	K30	4	01:42:11	03:13:38.10	03:13:40.35	+00:13:04 (6.8%)	6:54	8.7 (93.5%)
5	TITZ KOZA Julita	4013		K30	5	01:45:40	03:19:48.85	03:19:58.10	+00:19:22 (9.7%)	7:08	8.4 (90.3%)
6	MACHALICA Agnieszka	3472		K30	6	01:50:13	03:27:21.20	03:27:22.80	+00:26:47 (12.9%)	7:24	8.1 (87.1%)
7	KOŚNIEWSKA Weronika	4093	OBOZYBIEGOWE.PL / PGE NARODOWY	K30	7	01:57:02	03:32:04.75	03:32:19.40	+00:31:43 (14.9%)	7:34	7.9 (84.9%)
8	KAMIŃSKA Jolanta	4136		K30	8	01:54:09	03:32:08.00	03:32:42.15	+00:32:06 (15.1%)	7:34	7.9 (84.9%)
9	NAUDZIUNAS Agnieszka	3911	NATURAL BORN RUNNERS	K30	9	01:58:17	03:41:04.70	03:41:27.30	+00:40:51 (18.5%)	7:53	7.6 (81.7%)
10	KOWALSKA Joanna	3979		K30	10		03:41:53.55	03:42:16.25	+00:41:40 (18.7%)	7:55	7.6 (81.7%)
11	GADOMSKA Anna	3615	PZU SPORT TEAM	K30	11	01:59:21	03:42:28.15	03:42:41.70	+00:42:05 (18.9%)	7:56	7.6 (81.7%)
12	SŁOWIŃSKA Karolina	3419		K30	12	02:00:03	03:47:25.50	03:48:18.90	+00:47:43 (20.9%)	8:07	7.4 (79.6%)
13	WALKOWIAK Iwona	4138		K30	13	01:57:31	03:49:16.65	03:49:18.75	+00:48:43 (21.2%)	8:11	7.3 (78.5%)
14	BARTŁOMIEJSKA Urszula	3384		K30	14	02:03:21	03:49:56.30	03:50:01.35	+00:49:25 (21.5%)	8:12	7.3 (78.5%)
15	SZUMIGAJ-MIŁOSZ Alicja	3872		K30	15	02:01:30	03:50:46.25	03:51:07.40	+00:50:31 (21.9%)	8:14	7.3 (78.5%)

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16	KOWALSKA Justyna	3917	MORSY OŚNO LUBUSKIE	K30	16	02:06:26	03:52:49.80	03:53:01.50	+00:52:25 (22.5%)	8:18	7.2 (77.4%)
17	LISIECKA Małgorzata	4095	BIEGAM NA TARCHOMINIE	K30	17	02:12:46	03:54:24.75	03:55:11.35	+00:54:35 (23.2%)	8:22	7.2 (77.4%)
18	GRELA Kinga	3798		K30	18	02:10:56	03:54:45.05	03:55:26.95	+00:54:51 (23.3%)	8:23	7.2 (77.4%)
19	STARZYŃSKA Katarzyna	4117	SKŁADAKI PIŁA	K30	19	02:00:57	04:03:08.30	04:03:34.15	+01:02:58 (25.9%)	8:41	6.9 (74.2%)
20	NAPIONTEK Maria	4024		K30	20	02:13:18	04:05:01.75	04:05:43.05	+01:05:07 (26.5%)	8:45	6.9 (74.2%)
21	LEDWOLORZ Anna	3691	VEGE RUNNERS	K30	21	02:13:40	04:07:35.50	04:08:20.25	+01:07:44 (27.3%)	8:50	6.8 (73.1%)
22	ROSZKIEWICZ Agnieszka	3807		K30	22	01:59:21	04:08:36.80	04:08:42.65	+01:08:06 (27.4%)	8:52	6.8 (73.1%)
23	JABŁOŃSKA Iza	3808		K30	23	02:00:17	04:08:36.90	04:08:42.80	+01:08:07 (27.4%)	8:52	6.8 (73.1%)
24	WIĘCIELEWSKA Joanna	3705	BIGYELLOWFOOTADVENTURETEAM	K30	24	02:09:02	04:11:14.80	04:11:43.25	+01:11:07 (28.3%)	8:58	6.7 (72.0%)
25	KUCZEWSKA Eliza	3582		K30	25	02:15:20	04:12:01.50	04:12:50.50	+01:12:14 (28.6%)	9:00	6.7 (72.0%)
26	MIKULSKA Aneta	3353	ROZBIEGANY SULEJÓWEK	K30	26	02:15:40	04:12:49.60	04:13:12.20	+01:12:36 (28.7%)	9:01	6.6 (71.0%)
27	KRAMKOWSKA Agnieszka	3345		K30	27	02:12:54	04:13:23.60	04:13:49.25	+01:13:13 (28.8%)	9:03	6.6 (71.0%)
28	ŁAGOŻNY Jolanta	3495	POZYTYWNE ZABIEGANI SANOK	K30	28	02:09:27	04:14:25.45	04:14:40.70	+01:14:04 (29.1%)	9:05	6.6 (71.0%)
29	WICHERKIEWICZ Ilona	3687		K30	29	02:13:29	04:16:29.40	04:17:00.40	+01:16:24 (29.7%)	9:09	6.6 (71.0%)
30	LAZARSKA Małgorzata	3997	POWER TRAINING	K30	30	02:13:02	04:17:00.40	04:18:12.00	+01:17:36 (30.1%)	9:10	6.5 (69.9%)
31	FIDALI Beata	4090	KLUB PODRÓŻNIKÓW ŚRÓDZIEMIE	K30	31	02:22:06	04:18:22.95	04:18:57.05	+01:18:21 (30.3%)	9:13	6.5 (69.9%)
32	KAWALEC Katarzyna	3861	BRZOSTECKIE OWIECZKI	K30	32	02:15:18	04:18:14.05	04:19:24.85	+01:18:49 (30.4%)	9:13	6.5 (69.9%)
33	HANDERMANDER Agnieszka	3553		K30	33	02:16:40	04:19:32.45	04:19:50.90	+01:19:15 (30.5%)	9:16	6.5 (69.9%)
34	SZYMAŃSKA Agnieszka	3367		K30	34	02:07:07	04:23:54.55	04:24:15.55	+01:23:39 (31.7%)	9:25	6.4 (68.8%)
35	PAWELCZYK Anita	4067	OSTRE SROKI	K30	35	02:13:47	04:24:36.50	04:24:53.65	+01:24:17 (31.8%)	9:27	6.3 (67.7%)
36	KOSIEDOWSKA Marta	3576		K30	36	02:14:55	04:24:25.20	04:25:13.80	+01:24:38 (31.9%)	9:26	6.4 (68.8%)
37	MIŁOWSKA Justyna	3308		K30	37	02:14:14	04:22:53.70	04:27:00.90	+01:26:25 (32.4%)	9:23	6.4 (68.8%)
38	SARNOWSKA Karolina	3646	PRORUNNING PROMOTION	K30	38	02:07:07	04:26:42.10	04:27:04.75	+01:26:29 (32.4%)	9:31	6.3 (67.7%)

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39	NORKOWSKA Aleksandra	3635	ORNAGE POLSKA	K30	39	02:21:00	04:25:48.45	04:27:13.75	+01:26:38 (32.4%)	9:29	6.3 (67.7%)
40	NIERADKA Katarzyna	4180		K30	40	02:23:13	04:25:37.90	04:27:16.05	+01:26:40 (32.4%)	9:29	6.3 (67.7%)
41	SMOŁA Ilona	3498		K30	41	02:21:29	04:25:52.75	04:27:19.30	+01:26:43 (32.4%)	9:29	6.3 (67.7%)
42	BIAŁECKA Urszula	3603	AXA RUNNING TEAM	K30	42	02:16:12	04:26:25.70	04:27:27.00	+01:26:51 (32.5%)	9:30	6.3 (67.7%)
43	ŁATA Katarzyna	4156		K30	43	02:16:13	04:27:15.05	04:27:57.85	+01:27:22 (32.6%)	9:32	6.3 (67.7%)
44	CIESIELSKA Marta	3621		K30	44	02:23:34	04:27:30.05	04:28:18.05	+01:27:42 (32.7%)	9:33	6.3 (67.7%)
45	OSYDA Sylwia	3325		K30	45	02:23:50	04:27:39.25	04:29:03.65	+01:28:27 (32.9%)	9:33	6.3 (67.7%)
46	SIECZKA Renata	3850		K30	46	02:21:07	04:28:27.50	04:29:34.15	+01:28:58 (33.0%)	9:35	6.3 (67.7%)
47	ZAJĄC Anna	3510		K30	47	02:28:02	04:29:52.00	04:30:20.20	+01:29:44 (33.2%)	9:38	6.2 (66.7%)
48	KAWALEC Magdalena	3862	BRZOSTECKIE OWIECZKI	K30	48	02:23:02	04:30:41.70	04:31:52.30	+01:31:16 (33.6%)	9:40	6.2 (66.7%)
49	NOWAK Katarzyna	3666	DZIKIE GRUBASY SZATANA	K30	49	02:17:57	04:33:42.60	04:34:24.95	+01:33:49 (34.2%)	9:46	6.1 (65.6%)
50	WÓJCIK Magdalena	4126		K30	50	02:14:19	04:36:05.40	04:36:20.60	+01:35:44 (34.6%)	9:51	6.1 (65.6%)
51	BARSKA Barbara	3497		K30	51	02:12:45	04:37:10.70	04:37:38.25	+01:37:02 (35.0%)	9:53	6.1 (65.6%)
52	STĘPIEŃ Marlena	4011		K30	52	02:22:10	04:38:03.30	04:38:38.10	+01:38:02 (35.2%)	9:55	6 (64.5%)
53	SOBORSKA Sylwia	3447	SAINT-GOBAIN INNOVATIVE MATERIALS POLSKA SP. Z O.O.	K30	53	02:13:47	04:40:00.55	04:40:04.25	+01:39:28 (35.5%)	10:00	6 (64.5%)
54	PARYS Marzena	3417	BIEGAJĄCE ŻABCIE	K30	54	02:25:33	04:39:38.15	04:40:41.50	+01:40:05 (35.7%)	9:59	6 (64.5%)
55	KUCZYŃSKA Karolina	4020		K30	55	02:28:49	04:39:31.40	04:40:50.00	+01:40:14 (35.7%)	9:59	6 (64.5%)
56	BARTOSIEWICZ Daria	3673	DZIKIE GRUBASY SZATANA	K30	56	02:23:07	04:40:12.90	04:40:54.70	+01:40:18 (35.7%)	10:00	6 (64.5%)
57	TYLUTKI Kinga	3830		K30	57	02:14:48	04:40:10.20	04:40:57.05	+01:40:21 (35.7%)	10:00	6 (64.5%)
58	CIURZYŃSKA Zuzanna	4169	COCA-COLA RUNNERS	K30	58	02:22:39	04:40:49.85	04:41:02.95	+01:40:27 (35.7%)	10:01	6 (64.5%)
59	STUSIŃSKA Jowita	3926	PIRORUNNERS	K30	59	02:27:25	04:39:55.95	04:41:17.95	+01:40:42 (35.8%)	9:59	6 (64.5%)
60	KUCZAKOWSKA Joanna	4190		K30	60	02:28:18	04:41:03.20	04:41:56.25	+01:41:20 (35.9%)	10:02	6 (64.5%)
61	GUZEK Ewa	3697	DZIKIE GRUBASY SZATANA	K30	61	02:31:37	04:43:12.00	04:43:55.45	+01:43:19 (36.4%)	10:06	5.9 (63.4%)

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62	ŻOŁNIEROWICZ Joanna	3873	BIEGAM BO LUBIĘ ZĄBKI TEAM	K30	62	02:29:40	04:45:02.15	04:45:27.25	+01:44:51 (36.7%)	10:10	5.9 (63.4%)
63	WINICKA Daria	3481		K30	63	02:22:02	04:44:26.90	04:45:29.05	+01:44:53 (36.7%)	10:09	5.9 (63.4%)
64	KUSZ Gosia	3397		K30	64	02:22:06	04:44:28.30	04:45:29.40	+01:44:53 (36.7%)	10:09	5.9 (63.4%)
65	BOCIARSKA Magdalena	3912		K30	65	02:26:18	04:44:22.65	04:45:49.45	+01:45:13 (36.8%)	10:09	5.9 (63.4%)
66	MALETKA Joanna	3547		K30	66	02:17:53	04:45:13.65	04:45:56.00	+01:45:20 (36.8%)	10:11	5.9 (63.4%)
67	TUREK Paulina	3647	PRORUNNING PROMOTION	K30	67	02:18:48	04:45:35.65	04:45:58.25	+01:45:22 (36.8%)	10:12	5.9 (63.4%)
68	FRĄCKOWIAK Aneta	3402	MAMY-BIEGAMY	K30	68	02:28:33	04:47:42.30	04:49:09.95	+01:48:34 (37.5%)	10:16	5.8 (62.4%)
69	NOWICKA Iwona	3947	BOOTCAMP POLSKA	K30	69	02:25:02	04:49:09.40	04:49:16.55	+01:48:40 (37.6%)	10:19	5.8 (62.4%)
70	LECH Agnieszka	3593	STRZEGOMSKA DWUNASTKA	K30	70	02:22:55	04:49:03.90	04:49:37.70	+01:49:01 (37.6%)	10:19	5.8 (62.4%)
71	KOŁOSIONEK Dorota	3539	GRUPA ŚMIERCI RZEŹNICZEK	K30	71	02:23:55	04:49:17.30	04:50:31.00	+01:49:55 (37.8%)	10:19	5.8 (62.4%)
72	BARON-CZERWIŃSKA Magda	3663	WUEF CLUB DECATHLON SWADZIM	K30	72	02:22:42	04:49:53.20	04:50:35.10	+01:49:59 (37.9%)	10:21	5.8 (62.4%)
73	ŚNIEGOCKA Magdalena	3433	WUEF CLUB SWADZIM DECATLON/STADO PEDZĄCYCH ŚLIMAKÓW	K30	73	02:29:56	04:50:51.35	04:51:27.85	+01:50:52 (38.0%)	10:23	5.8 (62.4%)
74	ZAKRZEWSKA Monika	3441		K30	74	02:22:49	04:52:06.30	04:52:57.70	+01:52:21 (38.4%)	10:25	5.8 (62.4%)
75	GRABARSKA Lidia	3956		K30	75	02:31:47	04:51:51.70	04:53:12.85	+01:52:37 (38.4%)	10:25	5.8 (62.4%)
76	JAGIELSKA Magdalena	3444	NGB KŁOBUCK	K30	76	02:24:46	04:56:05.10	04:56:36.30	+01:56:00 (39.1%)	10:34	5.7 (61.3%)
77	KRAJEWSKA Justyna	3854	YES MAN TEAM	K30	77	02:30:40	04:56:13.25	04:57:06.45	+01:56:30 (39.2%)	10:34	5.7 (61.3%)
78	WALCZAK Izabela	3370		K30	78	02:31:39	04:58:55.70	04:59:11.95	+01:58:36 (39.6%)	10:40	5.6 (60.2%)
79	MILCZAREK Magdalena	3644	DRUŻYNA ORZECHA ŻYRARDÓW	K30	79	02:22:35	04:59:35.45	05:00:40.40	+02:00:04 (39.9%)	10:42	5.6 (60.2%)
80	PAWŁOWSKA Katarzyna	3514		K30	80		05:02:32.75	05:02:32.75	+02:01:57 (40.3%)	10:48	5.6 (60.2%)
81	BOROWIEC Renata	3378	MAMY BIEGAMY KIELCE	K30	81	02:34:05	05:01:35.45	05:02:54.20	+02:02:18 (40.4%)	10:46	5.6 (60.2%)
82	KAWECKA Magdalena	3789	BIEGAM BO LUBIĘ ZĄBKI TEAM	K30	82	02:37:00	05:03:26.35	05:03:52.05	+02:03:16 (40.6%)	10:50	5.5 (59.1%)
83	GIEDROJC Iwona	3451	PZU SPORT TEAM	K30	83	02:36:53	05:04:01.75	05:04:56.90	+02:04:21 (40.8%)	10:51	5.5 (59.1%)
84	DĄBROWSKA Edyta	4132		K30	84	02:30:38	05:04:03.00	05:05:10.75	+02:04:35 (40.8%)	10:51	5.5 (59.1%)

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85	NIEĆ Melania	4241		K30	85	02:42:57	05:04:13.15	05:05:52.95	+02:05:17 (41.0%)	10:51	5.5 (59.1%)
86	ROSIEK Anna	3908	MKS HALICZ	K30	86	02:41:33	05:05:14.80	05:06:37.10	+02:06:01 (41.1%)	10:54	5.5 (59.1%)
87	BAGIŃSKA Anna	3936		K30	87	02:35:57	05:05:25.10	05:06:57.25	+02:06:21 (41.2%)	10:54	5.5 (59.1%)
88	OKAPIEC Aleksandra	3544	AXA RUNNING TEAM	K30	88	02:36:44	05:06:56.90	05:07:58.95	+02:07:23 (41.4%)	10:57	5.5 (59.1%)
89	ZALEWSKA Katarzyna	3713		K30	89	02:40:18	05:08:14.95	05:09:31.25	+02:08:55 (41.7%)	11:00	5.5 (59.1%)
90	RIEFF Anna	3392		K30	90	02:37:48	05:08:10.10	05:09:32.15	+02:08:56 (41.7%)	11:00	5.5 (59.1%)
91	OSIKOWSKA Aleksandra	3440	POWER TRAINING	K30	91	02:37:49	05:08:10.25	05:09:32.40	+02:08:56 (41.7%)	11:00	5.5 (59.1%)
92	WOJNAROWSKA Weronika	3731	RUNEDA	K30	92	02:34:31	05:08:31.05	05:09:40.35	+02:09:04 (41.7%)	11:01	5.4 (58.1%)
93	SROCZYŃSKA Justyna	4012	OSTRE SROKI	K30	93	02:37:52	05:08:47.30	05:09:41.80	+02:09:06 (41.7%)	11:01	5.4 (58.1%)
94	KOZŁOWSKA Anna	4185	VEGE RUNNERS	K30	94	02:46:47	05:08:47.85	05:10:15.15	+02:09:39 (41.8%)	11:01	5.4 (58.1%)
95	KONOPKA Anna	3466	KASZUBSKA PONIEWIERKA	K30	95	02:32:47	05:11:27.25	05:12:35.20	+02:11:59 (42.2%)	11:07	5.4 (58.1%)
96	GROCHOWSKA Joanna	4124	SKŁADAKI PIŁA	K30	96	02:41:18	05:13:16.60	05:13:46.10	+02:13:10 (42.4%)	11:11	5.4 (58.1%)
97	PIELACHOWSKA Agata	4015		K30	97	02:37:28	05:12:45.50	05:14:04.80	+02:13:29 (42.5%)	11:10	5.4 (58.1%)
98	SKOREK-BILCZYŃSKA Patrycja	3653	#CZELADZBIEGA	K30	98	02:32:18	05:13:18.90	05:14:41.90	+02:14:06 (42.6%)	11:11	5.4 (58.1%)
99	POSIŁA Joanna	3971	COCA-COLA RUNNERS	K30	99	02:43:57	05:15:16.55	05:16:41.80	+02:16:06 (43.0%)	11:15	5.3 (57.0%)
100	ZAJĄC Ewelina	4083		K30	100	02:37:07	05:16:51.85	05:17:20.65	+02:16:44 (43.1%)	11:19	5.3 (57.0%)
101	WOJDYŁ Anna	3599		K30	101	02:44:41	05:16:16.75	05:17:33.50	+02:16:57 (43.1%)	11:17	5.3 (57.0%)
102	SZWARC Barbara	3924	WKURW_TEAM	K30	102	02:38:25	05:16:40.00	05:17:37.70	+02:17:01 (43.1%)	11:18	5.3 (57.0%)
103	MRÓWKA Kasia	4105	HUSARIA RACE TEAM	K30	103	02:37:19	05:21:50.50	05:22:38.50	+02:22:02 (44.0%)	11:29	5.2 (55.9%)
104	MARCINCZAK Anna	3388	MAMY-BIEGAMY	K30	104	02:42:27	05:21:21.75	05:22:49.75	+02:22:14 (44.1%)	11:28	5.2 (55.9%)
105	KOWALEWSKA Katarzyna	3596		K30	105	02:40:36	05:22:33.75	05:23:38.05	+02:23:02 (44.2%)	11:31	5.2 (55.9%)
106	KŁOCEK Ewelina	4176	SKŁADAKI PIŁA	K30	106	02:47:22	05:23:41.60	05:24:12.45	+02:23:36 (44.3%)	11:33	5.2 (55.9%)
107	KOLAJ Ewelina	3738	RUNRACE.PL	K30	107	02:27:21	05:26:13.50	05:27:24.60	+02:26:48 (44.8%)	11:39	5.1 (54.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
108	RADZIĘSKA Kamila	3700	MAMY-BIEGAMY	K30	108	02:43:09	05:25:52.90	05:27:30.75	+02:26:55 (44.9%)	11:38	5.2 (55.9%)
109	BANASZCZYK Maja	4031		K30	109	02:40:29	05:27:29.60	05:28:22.20	+02:27:46 (45.0%)	11:41	5.1 (54.8%)
110	ZIEŃKOWSKA Izabela	3442	LUBLIN BIEGA/WW TEAM	K30	110	02:43:57	05:32:55.45	05:33:13.10	+02:32:37 (45.8%)	11:53	5 (53.8%)
110	LATO Karolina	3318	LUBLIN BIEGA	K30	111	02:43:57	05:32:55.25	05:33:13.10	+02:32:37 (45.8%)	11:53	5 (53.8%)
112	PRÓCHNIAK Joanna	3541	GRUPA ŚMIERCI RZEŹNICZEK	K30	112	02:45:57	05:35:33.35	05:36:48.40	+02:36:12 (46.4%)	11:59	5 (53.8%)
113	BARCZAK Sylwia	3329	PERFECT RUNNER LUBLIN	K30	113	02:56:50	05:35:30.80	05:37:02.50	+02:36:26 (46.4%)	11:58	5 (53.8%)
114	KNAP Ewa	3888	ALBATROSY	K30	114	02:43:42	05:36:21.30	05:37:05.75	+02:36:30 (46.4%)	12:00	5 (53.8%)
115	ZADROŻNA Ania	3619		K30	115	02:42:42	05:36:37.10	05:37:35.10	+02:36:59 (46.5%)	12:01	5 (53.8%)
116	KRZYŚ Justyna	3799	KLUB MATIEGO	K30	116	02:43:40	05:39:42.30	05:40:22.40	+02:39:46 (46.9%)	12:07	4.9 (52.7%)
117	NIESIOBĘDZKA-ROGATKO Karolina	3916	DRAMAT_TEAM	K30	117	02:49:04	05:40:22.95	05:41:31.95	+02:40:56 (47.1%)	12:09	4.9 (52.7%)
118	WIŚNIEWSKA-PIĄTY Katarzyna	4087	5IATKA TEAM	K30	118	02:54:12	05:45:09.25	05:46:49.90	+02:46:14 (47.9%)	12:19	4.9 (52.7%)
119	JUREK Paulina	3543		K30	119	03:04:49	05:45:51.95	05:47:29.25	+02:46:53 (48.0%)	12:21	4.9 (52.7%)
120	KUHN-ZAWADZKA Joanna	3939	KRÓLICZKI W PLECAKU	K30	120	02:39:08	05:47:22.55	05:48:07.90	+02:47:32 (48.1%)	12:24	4.8 (51.6%)
121	ŻAK Agnieszka	3609		K30	121	02:55:15	05:55:59.55	05:57:28.95	+02:56:53 (49.5%)	12:42	4.7 (50.5%)
122	ŚLĘZAK Hanna	4121	SKŁADAKI PIŁA	K30	122	03:02:25	05:57:04.40	05:57:37.05	+02:57:01 (49.5%)	12:45	4.7 (50.5%)
123	DONIEC Katarzyna	3696		K30	123	02:50:40	05:56:20.35	05:57:43.65	+02:57:07 (49.5%)	12:43	4.7 (50.5%)
124	NAROLEWSKA Dorota	3310		K30	124	03:00:14	06:01:14.90	06:01:47.55	+03:01:11 (50.1%)	12:54	4.7 (50.5%)
125	BALCEWICZ Magda	4125	SKŁADAKI PIŁA	K30	125	03:18:37	06:03:54.30	06:04:26.15	+03:03:50 (50.4%)	12:59	4.6 (49.5%)
126	WIECZOREK Beata	3674	DZIKIE GRUBASY SZATANA	K30	126	03:10:57	06:04:09.40	06:04:53.55	+03:04:17 (50.5%)	13:00	4.6 (49.5%)
127	PEDA Kamila	4050	KB DZIK	K30	127	03:01:10	06:05:31.35	06:05:51.85	+03:05:16 (50.6%)	13:03	4.6 (49.5%)
128	JANICKA Katarzyna	3328	4EVERFASTER.PL	K30	128	02:53:42	06:12:18.10	06:13:10.40	+03:12:34 (51.6%)	13:17	4.5 (48.4%)
129	WYSOCKA Ilona	4127	SKŁADAKI PIŁA	K30	129	02:56:18	06:14:19.10	06:14:48.50	+03:14:12 (51.8%)	13:22	4.5 (48.4%)
130	BAŃKOWSKA Monika	3690	BIGYELLOWFOOT ADVENTURE TEAM	K30	130	03:12:35	06:14:33.05	06:14:58.90	+03:14:23 (51.8%)	13:22	4.5 (48.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
131	PUŁKOWSKA Patrycja	4058		K30	131	03:12:37	06:50:59.60	06:51:27.05	+03:50:51 (56.1%)	14:40	4.1 (44.1%)

Znaleziono 131 wynik(ów)