



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2021-05-28
Cisna
28 km

RZEŹNICZEK

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
1	WINIARCZYK-JADACH Beata	4240	TG SOKÓŁ ZAKOPANE	K40	1	03:05:46.60		6:38	9 (100%)
2	BIENIECKA Anna	4257	BIEG RZEŹNIKA	K40	2	03:15:42.50	+00:09:55 (5.1%)	6:59	8.6 (95.6%)
3	HERBICH-SAR Violetta	5007	FUDU & CO.	K40	3	03:21:37.90	+00:15:51 (7.9%)	7:12	8.3 (92.2%)
4	GARBOWSKA Monika	4655	COMPANEROS ASFALT TEAM	K40	4	03:26:39.70	+00:20:53 (10.1%)	7:22	8.1 (90.0%)
5	KOCHANOWSKA Michalina	4085		K40	5	03:41:08.00	+00:35:21 (16.0%)	7:53	7.6 (84.4%)
6	SOLIŃSKA Magdalena	4320		K40	6	03:43:26.05	+00:37:39 (16.9%)	7:58	7.5 (83.3%)
7	WIERCIOCH Bożena	4829	RACE FIGHTER GOSIR DĘBE WLK.	K40	7	03:44:18.45	+00:38:31 (17.2%)	8:00	7.5 (83.3%)
8	KORZEP-CZEKALSKA Dorota	5038		K40	8	03:46:17.20	+00:40:30 (17.9%)	8:04	7.4 (82.2%)
9	HOŁUBIEC Agnieszka	4470	YULO RUN TEAM SIEDLCE	K40	9	03:51:32.70	+00:45:46 (19.8%)	8:16	7.3 (81.1%)
10	NAZIMEK Lilianna	4972	SUO TEMPORE	K40	10	03:54:36.25	+00:48:49 (20.8%)	8:22	7.2 (80.0%)
11	MARKOWSKA Ewa	4478	SZAKALE BAŁUT	K40	11	03:57:31.90	+00:51:45 (21.8%)	8:28	7.1 (78.9%)
12	FLORCZAK Sylwia	4652	SZAKALE BAŁUT	K40	12	03:58:19.90	+00:52:33 (22.1%)	8:30	7 (77.8%)
13	KADZIDŁOWSKA Aleksandra	4684	EVERRUN	K40	13	03:58:30.50	+00:52:43 (22.1%)	8:31	7 (77.8%)
14	TOMALAK Emilia	4223		K40	14	04:04:00.55	+00:58:13 (23.9%)	8:42	6.9 (76.7%)
15	LEŚNIAK-POPIEL Marta	4720	DZIEWCZYNY Z SANOKA	K40	15	04:04:09.35	+00:58:22 (23.9%)	8:43	6.9 (76.7%)
16	CEBRAT Ewa	4635	DZIEWCZYNY Z SANOKA	K40	16	04:04:31.15	+00:58:44 (24.0%)	8:43	6.9 (76.7%)
17	BURCHARD Beata	4421		K40	17	04:07:16.90	+01:01:30 (24.9%)	8:49	6.8 (75.6%)
18	GMAJ Karolina	5068		K40	18	04:09:44.15	+01:03:57 (25.6%)	8:55	6.7 (74.4%)
19	KSIĘŻNIK Anna	4106		K40	19	04:10:19.60	+01:04:33 (25.8%)	8:56	6.7 (74.4%)
20	KUŹMA Dorota	4714		K40	20	04:10:43.15	+01:04:56 (25.9%)	8:57	6.7 (74.4%)
21	SZCZYPLIŃSKA Anna	4588	SFORA BMK	K40	21	04:12:09.90	+01:06:23 (26.3%)	9:00	6.7 (74.4%)
22	MICHNO Małgorzata	4292	JAROSŁAWSKI BIEGACZ	K40	22	04:13:52.85	+01:08:06 (26.8%)	9:04	6.6 (73.3%)
23	MARCINIAK Anna	4730		K40	23	04:14:57.75	+01:09:11 (27.1%)	9:06	6.6 (73.3%)
24	GRZEGÓRZEK Anna	4270		K40	24	04:15:08.15	+01:09:21 (27.2%)	9:06	6.6 (73.3%)
25	KOZACZUK Maria	4279		K40	25	04:16:53.10	+01:11:06 (27.7%)	9:10	6.5 (72.2%)
26	MARGOŁA Marta	4137		K40	26	04:17:17.05	+01:11:30 (27.8%)	9:11	6.5 (72.2%)
27	SIENKIEWICZ Joanna	4792	GS TEAM	K40	27	04:17:25.15	+01:11:38 (27.8%)	9:11	6.5 (72.2%)
28	MIKOŁAJCZAK Barbara	4737		K40	28	04:18:13.30	+01:12:26 (28.1%)	9:13	6.5 (72.2%)
29	GLICA Monika	4662		K40	29	04:18:20.40	+01:12:33 (28.1%)	9:13	6.5 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
30	SZUBERT-WALENCZAK Magdalena	5087	TEAM ZABIEGANEDNI	K40	30	04:20:24.20	+01:14:37 (28.7%)	9:18	6.5 (72.2%)
31	GODZIMIRSKA Eliza	4663	REEBOK	K40	31	04:20:42.70	+01:14:56 (28.7%)	9:18	6.4 (71.1%)
32	KOCHAŃSKA Joanna	4086		K40	32	04:22:08.65	+01:16:22 (29.1%)	9:21	6.4 (71.1%)
33	KUCHARSKA Aneta	4108	ROZBIEGAJMY RADOMSKO	K40	33	04:24:49.65	+01:19:03 (29.8%)	9:27	6.3 (70.0%)
34	BARSKA-OLSZEWSKA Ewa	4005	ROZBIEGAJMY RADOMSKO	K40	34	04:24:49.90	+01:19:03 (29.9%)	9:27	6.3 (70.0%)
35	CEGLEWSKA Izabela	4021		K40	35	04:25:37.40	+01:19:50 (30.1%)	9:29	6.3 (70.0%)
36	KABALA Joanna	4075	CMKP TEAM	K40	36	04:25:51.85	+01:20:05 (30.1%)	9:29	6.3 (70.0%)
37	STEBELSKA Monika	4806	QUEENS OF CHAMONIX	K40	37	04:28:03.40	+01:22:16 (30.7%)	9:34	6.3 (70.0%)
38	BOCHEN Izabela	4345		K40	38	04:28:05.15	+01:22:18 (30.7%)	9:34	6.3 (70.0%)
39	KARPIŁOWSKA Maria	4537	VICIOUS CIRCLE	K40	39	04:28:24.15	+01:22:37 (30.8%)	9:35	6.3 (70.0%)
40	RZEPNIEWSKA Joanna	4785	MARKOWI BIEGACZE	K40	40	04:28:48.45	+01:23:01 (30.9%)	9:36	6.3 (70.0%)
41	KOSEWSKA Monika	4541	SFORA BMK	K40	41	04:31:17.75	+01:25:31 (31.5%)	9:41	6.2 (68.9%)
42	MIKULSKA Magdalena	4559		K40	42	04:31:30.55	+01:25:43 (31.6%)	9:41	6.2 (68.9%)
43	KNAPCZYK Elżbieta	4084	PĘDZĄCE ŁANIE	K40	43	04:31:38.05	+01:25:51 (31.6%)	9:42	6.2 (68.9%)
44	JANOWSKA Justyna	4071	CB163 LILIOWA TEAM	K40	44	04:33:29.90	+01:27:43 (32.1%)	9:46	6.1 (67.8%)
45	SIEROCIŃSKA Monika	4794	CROSFIT SIEDLCE	K40	45	04:34:50.00	+01:29:03 (32.4%)	9:48	6.1 (67.8%)
46	ROMANOWICZ Katarzyna	4450		K40	46	04:36:03.05	+01:30:16 (32.7%)	9:51	6.1 (67.8%)
47	CZECH Dorota	4263	AFR POLAND	K40	47	04:36:40.65	+01:30:54 (32.9%)	9:52	6.1 (67.8%)
48	MASZKOWSKA Anna	4556		K40	48	04:40:35.25	+01:34:48 (33.8%)	10:01	6 (66.7%)
49	BIAŁEK Kamila	4499		K40	49	04:40:52.00	+01:35:05 (33.9%)	10:01	6 (66.7%)
50	DYŁĄG Katarzyna	4354		K40	50	04:41:58.15	+01:36:11 (34.1%)	10:04	6 (66.7%)
51	HOLIK Iwona	4365		K40	51	04:41:58.30	+01:36:11 (34.1%)	10:04	6 (66.7%)
52	GOŁASZEWSKA Marta	4664		K40	52	04:42:17.90	+01:36:31 (34.2%)	10:04	6 (66.7%)
53	KRÓL Iwona	4373		K40	53	04:42:29.10	+01:36:42 (34.2%)	10:05	5.9 (65.6%)
54	JURAŚ-KMIEĆ Marzena	5089	BIEGAM SOBIE	K40	54	04:42:49.70	+01:37:03 (34.3%)	10:06	5.9 (65.6%)
55	AGNIESZKA Berendt	5034		K40	55	04:43:55.90	+01:38:09 (34.6%)	10:08	5.9 (65.6%)
56	PRZEWORSKA Basia	4312	CZARNECKI RUN TEAM	K40	56	04:44:00.20	+01:38:13 (34.6%)	10:08	5.9 (65.6%)
57	OBARA Aneta	4300		K40	57	04:44:00.50	+01:38:13 (34.6%)	10:08	5.9 (65.6%)
58	SZCZOTKA Agata	4329		K40	58	04:44:40.15	+01:38:53 (34.7%)	10:10	5.9 (65.6%)
59	LEŚNIAKOWSKA Anna	4119	TUR TERKA ULTRA RUNNING	K40	59	04:44:59.30	+01:39:12 (34.8%)	10:10	5.9 (65.6%)
60	MRUCZYŃSKA-PIETRUCZANIS Katarzyna	4897	AKTYWNI WĘGRÓW, DEVI HIMAL TEAM	K40	60	04:45:13.90	+01:39:27 (34.9%)	10:11	5.9 (65.6%)
61	PIASECZYŃSKA-JAMBOR Agata	4759	ŻÓRAWSKI TEAM	K40	61	04:45:27.60	+01:39:41 (34.9%)	10:11	5.9 (65.6%)
62	PAWLAK Beata	4752		K40	62	04:45:27.70	+01:39:41 (34.9%)	10:11	5.9 (65.6%)
63	RÓŻAK-RUKUSZEWICZ Magdalena	4779	DZIKIE GRUBASY SZATANA	K40	63	04:45:41.85	+01:39:55 (35.0%)	10:12	5.9 (65.6%)
64	LATOS Joanna	4551		K40	64	04:45:49.90	+01:40:03 (35.0%)	10:12	5.9 (65.6%)
65	ŁUKASZYK Kamila	4724		K40	65	04:45:57.45	+01:40:10 (35.0%)	10:12	5.9 (65.6%)
66	BURGS Edyta	4633		K40	66	04:46:44.60	+01:40:58 (35.2%)	10:14	5.9 (65.6%)
67	SZYMKIEWICZ Ewa	4402		K40	67	04:48:27.30	+01:42:40 (35.6%)	10:18	5.8 (64.4%)
68	PAPIERNIK Aneta	4749	MARKOWI BIEGACZE	K40	68	04:48:30.35	+01:42:43 (35.6%)	10:18	5.8 (64.4%)
69	FILIPIAK Beata	4042	MGB	K40	69	04:48:46.25	+01:42:59 (35.7%)	10:18	5.8 (64.4%)
70	KRUCZEK Monika	4103	TEAM PAPRY	K40	70	04:49:55.45	+01:44:08 (35.9%)	10:21	5.8 (64.4%)
71	HORODYŃSKA Mirosława	4067	KOTWICA BRZEG	K40	71	04:50:55.05	+01:45:08 (36.1%)	10:23	5.8 (64.4%)
72	PALUSZKIEWICZ Karolina	4303	MAĆKOWIAK TEAM	K40	72	04:50:55.10	+01:45:08 (36.1%)	10:23	5.8 (64.4%)
73	CZARNY Marzena	4638	JAWORZNO ŁBC	K40	73	04:51:34.10	+01:45:47 (36.3%)	10:24	5.8 (64.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
74	BLADOWSKA Katarzyna	4620	RUNEDA	K40	74	04:52:54.75	+01:47:08 (36.6%)	10:27	5.7 (63.3%)
75	PASLAWSKA Irma	4570		K40	75	04:53:30.25	+01:47:43 (36.7%)	10:28	5.7 (63.3%)
76	SZARKOWSKA-LUDEW Katarzyna	4328	3 T BIAŁYSTOK	K40	76	04:54:06.75	+01:48:20 (36.8%)	10:30	5.7 (63.3%)
77	ADAMCZYK Ania	4000		K40	77	04:55:27.00	+01:49:40 (37.1%)	10:33	5.7 (63.3%)
78	LE FELIC Monika	4115		K40	78	04:56:23.90	+01:50:37 (37.3%)	10:35	5.7 (63.3%)
79	MARON Agnieszka	5006	ADIDAS RUNNERS WARSAW	K40	79	04:57:00.00	+01:51:13 (37.4%)	10:36	5.7 (63.3%)
80	LEKS-MASZKOWSKA Ryszarda	4285	OBORYGENI	K40	80	04:58:02.05	+01:52:15 (37.7%)	10:38	5.6 (62.2%)
81	KRZYSZTOFOWICZ Karolina	4545		K40	81	04:59:41.55	+01:53:54 (38.0%)	10:42	5.6 (62.2%)
82	BRZozowska-Gąska Anna	4630		K40	82	05:00:50.65	+01:55:04 (38.2%)	10:44	5.6 (62.2%)
83	RYŻYŃSKA Agnieszka	4914	CHEŁM BIEGA	K40	83	05:01:19.35	+01:55:32 (38.3%)	10:45	5.6 (62.2%)
84	GÓRKA Jolanta	4063	SUSKA GRUPA BIEGOWA	K40	84	05:02:01.00	+01:56:14 (38.5%)	10:47	5.6 (62.2%)
85	KONCA Beata	4696	KB OŻARÓW MAZOWIECKI BIEGA	K40	85	05:03:06.25	+01:57:19 (38.7%)	10:49	5.5 (61.1%)
86	DADAŚ Elżbieta	4640	BP RUNNING TEAM GLIWICE	K40	86	05:03:23.00	+01:57:36 (38.8%)	10:50	5.5 (61.1%)
87	MROczEK Marta	4143	DZICY KONIOWE	K40	87	05:03:39.10	+01:57:52 (38.8%)	10:50	5.5 (61.1%)
88	MIŁKOWSKA Aneta	4950	DZICY KONIOWIE	K40	88	05:03:39.20	+01:57:52 (38.8%)	10:50	5.5 (61.1%)
89	DYMKOWSKA Małgorzata	4997		K40	89	05:03:41.15	+01:57:54 (38.8%)	10:50	5.5 (61.1%)
90	ZIELIŃSKA IGNASZAK Iwona	4845	HEROBOX	K40	90	05:03:48.30	+01:58:01 (38.9%)	10:51	5.5 (61.1%)
91	SYPKO-KUBICKA Katarzyna	4204	KOZŁOWICKI CROSS SIS FABRYKA ZMIAN	K40	91	05:05:36.15	+01:59:49 (39.2%)	10:54	5.5 (61.1%)
92	ZALEWSKA Agnieszka	4496		K40	92	05:07:42.50	+02:01:55 (39.6%)	10:59	5.5 (61.1%)
93	BEDNARSKA-KOZIOŁ Danuta	4977	KOTWICA KRZEG	K40	93	05:09:01.05	+02:03:14 (39.9%)	11:02	5.4 (60.0%)
94	PILECKA Joanna	4761		K40	94	05:09:28.10	+02:03:41 (40.0%)	11:03	5.4 (60.0%)
95	POSTÓŁ Karolina	4769	COMPANEROS ASFALT TEAM	K40	95	05:11:06.85	+02:05:20 (40.3%)	11:06	5.4 (60.0%)
96	GANDECKA Beata	4360	MIĘDZYRZECKIE GAZELE	K40	96	05:12:21.20	+02:06:34 (40.5%)	11:09	5.4 (60.0%)
97	RĘKOSIEWICZ-TOKARZ Monika	4949	GŁOGOVIA	K40	97	05:13:29.40	+02:07:42 (40.7%)	11:11	5.4 (60.0%)
98	GDYNIA Sylwia	4658		K40	98	05:15:06.65	+02:09:20 (41.0%)	11:15	5.3 (58.9%)
99	GRZELAK Karina	4065		K40	99	05:16:43.50	+02:10:56 (41.3%)	11:18	5.3 (58.9%)
100	DOMAŃSKA Katarzyna	4033	ROZBIEGAJMY RADOMSKO	K40	100	05:17:58.70	+02:12:12 (41.6%)	11:21	5.3 (58.9%)
101	CZAJKA Dagmara	4350		K40	101	05:20:12.40	+02:14:25 (42.0%)	11:26	5.2 (57.8%)
102	MAŃCZAK Agnieszka	4554	CZERWONACKIE KIJANKI	K40	102	05:20:16.05	+02:14:29 (42.0%)	11:26	5.2 (57.8%)
103	BURMAN Beata	4506		K40	103	05:20:16.50	+02:14:29 (42.0%)	11:26	5.2 (57.8%)
104	DONIEC Katarzyna	4466	AGARUN	K40	104	05:20:27.30	+02:14:40 (42.0%)	11:26	5.2 (57.8%)
105	CIEŚLIK Malwina	4028	ROZBIEGAJMY RADOMSKO	K40	105	05:20:39.70	+02:14:53 (42.1%)	11:27	5.2 (57.8%)
106	ZELMANOWICZ - SZŁAPA Ewa	4843	IZBICKO W BIEGU	K40	106	05:23:11.30	+02:17:24 (42.5%)	11:32	5.2 (57.8%)
107	KOWALCZYK Anna	4278	DOGOŃ GRODZISK MAZOWIECKI , DKMS	K40	107	05:23:36.60	+02:17:50 (42.6%)	11:33	5.2 (57.8%)
108	PIETRUSZEWSKA Katarzyna	4572	ORANGE POLSKA	K40	108	05:25:18.05	+02:19:31 (42.9%)	11:37	5.2 (57.8%)
109	HERMAN Agnieszka	4526		K40	109	05:26:30.05	+02:20:43 (43.1%)	11:39	5.1 (56.7%)
110	KIJEWSKA Karolina	4372	BRYGADA KRYZYS WIEKU ŚREDNIEGO	K40	110	05:26:46.85	+02:21:00 (43.1%)	11:40	5.1 (56.7%)
111	STANKOWSKA Justyna	4803	KIJKOWE TRZEMESZNO	K40	111	05:26:49.30	+02:21:02 (43.2%)	11:40	5.1 (56.7%)
112	JĘCZMINSKA Anna	4532	SAMI SWOI	K40	112	05:28:22.95	+02:22:36 (43.4%)	11:43	5.1 (56.7%)
113	ŁOCHOWSKA-PIOTROWICZ Magdalena	4128	TEAM PAPRY	K40	113	05:29:32.80	+02:23:46 (43.6%)	11:46	5.1 (56.7%)
114	MONTEWKA DE VALLE Jowita	4142	SLOW JOGGING SIEDLCE	K40	114	05:30:24.90	+02:24:38 (43.8%)	11:48	5.1 (56.7%)
115	ZADROŻNA Dorota	4959	JACK RUNNER	K40	115	05:32:41.75	+02:26:55 (44.2%)	11:52	5 (55.6%)
116	NOWAK Ania	5059		K40	116	05:32:41.90	+02:26:55 (44.2%)	11:52	5 (55.6%)
117	MILLER-GRONIECKA Ilona	4479		K40	117	05:35:09.15	+02:29:22 (44.6%)	11:58	5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
118	WEILAND Emila	5085		K40	118	05:36:46.70	+02:31:00 (44.8%)	12:01	5 (55.6%)
119	WOJCIECHOWSKA Jolanta	4494	YULO RUN TEAM SIEDLCE	K40	119	05:41:23.05	+02:35:36 (45.6%)	12:11	4.9 (54.4%)
120	ZACHAREK Ewelina	4840	HEROBOX	K40	120	05:44:55.30	+02:39:08 (46.1%)	12:19	4.9 (54.4%)
121	STANKIEWICZ Katarzyna	4585	CZERWONACKIE KIJANKI	K40	121	05:48:45.35	+02:42:58 (46.7%)	12:27	4.8 (53.3%)
122	KRAWCZUK Sylwia	4701		K40	122	05:57:25.55	+02:51:38 (48.0%)	12:45	4.7 (52.2%)
123	MÓWIŃSKA Katarzyna	4563		K40	123	05:58:42.45	+02:52:55 (48.2%)	12:48	4.7 (52.2%)
124	PRZEWOSKA Anna	4948	RUN DE GIRARD	K40	124	06:00:00.85	+02:54:14 (48.4%)	12:51	4.7 (52.2%)
125	KOZACZUK Katarzyna	5031	PĘDZĄCE LENIWCE	K40	125	06:00:08.25	+02:54:21 (48.4%)	12:51	4.7 (52.2%)
126	GETLER-STRZYŻOWSKA Małgorzata	5015		K40	126	06:00:08.45	+02:54:21 (48.4%)	12:51	4.7 (52.2%)
127	BOROWIEC-RÓŻYCKA Magdalena	4258	BIEGAJĄCY ŚWIDNIK	K40	127	06:00:32.00	+02:54:45 (48.5%)	12:52	4.7 (52.2%)
128	LEBUDA Sylwia	4117	TEAM PAPRY	K40	128	06:03:04.05	+02:57:17 (48.8%)	12:58	4.6 (51.1%)
129	LENC Kasia	4378		K40	129	06:04:19.35	+02:58:32 (49.0%)	13:00	4.6 (51.1%)
130	KUSMIERCZYK Ewa	5014	ROZBIEGAJMY RADOMSKO	K40	130	06:12:53.45	+03:07:06 (50.2%)	13:19	4.5 (50.0%)
131	LEHMANN Alicja	4377		K40	131	06:14:53.00	+03:09:06 (50.4%)	13:23	4.5 (50.0%)
132	BARAŃSKA Justyna	4343		K40	132	06:15:17.45	+03:09:30 (50.5%)	13:24	4.5 (50.0%)
133	GASIK Wiola	4656	SŁOŃCA JURY	K40	133	06:15:49.60	+03:10:03 (50.6%)	13:25	4.5 (50.0%)
134	GONERA Ewa	4058	ROZBIEGAJMY RADOMSKO	K40	134	06:17:49.65	+03:12:03 (50.8%)	13:29	4.4 (48.9%)
135	BIAŁOKOS Anna	4617	EUROCASH	K40	135	06:18:04.65	+03:12:18 (50.9%)	13:30	4.4 (48.9%)
136	KRÓLIKOWSKA Monika	4435		K40	136	06:18:40.20	+03:12:53 (50.9%)	13:31	4.4 (48.9%)
137	GRZESZCZAK Małgorzata	4469	BIEGAMYRAZEM.PL	K40	137	06:22:08.75	+03:16:22 (51.4%)	13:38	4.4 (48.9%)
138	DANIELEWSKA Magdalena	4510		K40	138	06:22:18.70	+03:16:32 (51.4%)	13:39	4.4 (48.9%)
139	LANGNER Katarzyna	4476		K40	139	06:22:26.60	+03:16:40 (51.4%)	13:39	4.4 (48.9%)
140	WITEK Sylwia	4599		K40	140	06:23:54.25	+03:18:07 (51.6%)	13:42	4.4 (48.9%)
141	FABJANCZYK Agnieszka	4511	GRUPAJURAPL	K40	141	06:26:52.40	+03:21:05 (52.0%)	13:49	4.3 (47.8%)
142	KOKOWSKA-SMOK Dagmara	5053	GRUPA JURA PL	K40	142	06:26:53.20	+03:21:06 (52.0%)	13:49	4.3 (47.8%)
143	BUJNOWSKA Sylwia	4346		K40	143	06:28:14.55	+03:22:27 (52.1%)	13:51	4.3 (47.8%)
144	HYBIŃSKA Joanna	4366		K40	144	06:28:14.90	+03:22:28 (52.2%)	13:51	4.3 (47.8%)
145	RAJKIEWICZ Agnieszka	5061	RGB	K40	145	06:31:41.10	+03:25:54 (52.6%)	13:59	4.3 (47.8%)
146	DWORNICKA Magdalena	5060	RGB	K40	146	06:31:42.45	+03:25:55 (52.6%)	13:59	4.3 (47.8%)
147	ILNICKA-BOROWCZYK Kinga	4068		K40	147	06:36:13.30	+03:30:26 (53.1%)	14:09	4.2 (46.7%)
148	ZIENCINA Agnieszka	4417		K40	148	06:36:58.10	+03:31:11 (53.2%)	14:10	4.2 (46.7%)
149	ORZECHOWSKA Luiza	4388		K40	149	06:36:58.40	+03:31:11 (53.2%)	14:10	4.2 (46.7%)
150	GRUSZECKA Aleksandra	4669		K40	150	06:37:35.45	+03:31:48 (53.3%)	14:11	4.2 (46.7%)
151	WEINER Aleksandra	4828	VIKINGTRENINGCENTER	K40	151	06:37:35.55	+03:31:48 (53.3%)	14:11	4.2 (46.7%)
152	BANAŚ Katarzyna	4613	VIKING TRAINING CENTER	K40	152	06:37:35.65	+03:31:49 (53.3%)	14:11	4.2 (46.7%)
153	WASILUK Ewa	4944	ROZBIEGAJMY RADOMSKO	K40	153	06:37:50.65	+03:32:04 (53.3%)	14:12	4.2 (46.7%)
154	KRZYSZKOWSKA-CUDAK Anna	4946	ROZBIEGAJMY RADOMSKO	K40	154	06:39:10.95	+03:33:24 (53.5%)	14:15	4.2 (46.7%)
155	STANKOWSKA Marzena	4804	KJKOWE TRZEMESZNO	K40	155	06:44:27.85	+03:38:41 (54.1%)	14:26	4.2 (46.7%)
156	SYRYJCZYK-SACZUK Joanna	4814		K40	156	06:49:07.75	+03:43:21 (54.6%)	14:36	4.1 (45.6%)
157	SIERECKA Dorota	4919	TEAM ZABIEGANEDNI // WKURW_TEAM	K40	157	06:50:25.55	+03:44:38 (54.7%)	14:39	4.1 (45.6%)
158	ARABASZ Aneta	4497		K40	158	06:51:06.90	+03:45:20 (54.8%)	14:40	4.1 (45.6%)
159	MARASEK Anna	4286	SAMI SWOI	K40	159	06:51:39.60	+03:45:53 (54.9%)	14:42	4.1 (45.6%)
160	SZOLL Monika	4589	ULTRASZY	K40	160	06:55:57.95	+03:50:11 (55.3%)	14:51	4 (44.4%)
161	GIESZCZYŃSKA Magdalena	4661	12WBOT	K40	161	07:11:02.65	+04:05:16 (56.9%)	15:23	3.9 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
162	PAWŁOWSKA Danuta	4905	WKURW_TEAM	K40	162	07:13:29.95	+04:07:43 (57.1%)	15:28	3.9 (43.3%)
163	CHRAPEK Barbara	4024	ROZBIEGAJMY RADOMSKO	K40	163	07:38:57.30	+04:33:10 (59.5%)	16:23	3.7 (41.1%)
164	LUTOSTAŃSKA Monika	4380		K40	164	07:39:10.10	+04:33:23 (59.5%)	16:23	3.7 (41.1%)
165	ZAŁĘSKA-KĘSY Monika	4974	ROZBIEGAJMY RADOMSKO	K40	165	07:45:51.40	+04:40:04 (60.1%)	16:38	3.6 (40.0%)
	PASZKOWSKA Katarzyna	4390	CB163	K40		DNF		-	- (0.0%)

Znaleziono 166 wynik(ów)