

RZEŹNICZEK

B4SPORT

Wydarzenie: Festiwal Biegu Rzeźnika
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-06-17
Miejsce: Bieszczady
Dystans: 28 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	PAŁUZEWICZ Ewa	3692	VISEGRAD MARATON RYTRO	K40	1	01:52:59	03:32:03.50	03:32:07.60		7:34	7.9 (100%)
2	MARCINKIEWICZ Katarzyna	3774	BÓBR TŁUSZCZ	K40	2	01:57:18	03:38:01.25	03:38:29.00	+00:06:21 (2.9%)	7:47	7.7 (97.5%)
3	KUCHEJDA Katarzyna	4140	RK ATHLETICS	K40	3	01:59:55	03:39:50.85	03:40:19.45	+00:08:11 (3.7%)	7:51	7.6 (96.2%)
4	KASZYCKA Renata	3430		K40	4	01:57:17	03:40:31.00	03:40:49.75	+00:08:42 (3.9%)	7:52	7.6 (96.2%)
5	TURCZYŃSKA Monika	3922	LECZO TEAM	K40	5	02:02:31	03:45:22.80	03:46:09.95	+00:14:02 (6.2%)	8:02	7.5 (94.9%)
6	SADOWSKA Edyta	3435	ROZBIEGANY SULEJÓWEK	K40	6	02:05:36	03:54:40.25	03:55:00.00	+00:22:52 (9.7%)	8:22	7.2 (91.1%)
7	PYZEL Agnieszka	3574	PARKRUN KONSTANCIN	K40	7	02:07:44	04:03:30.80	04:03:48.15	+00:31:40 (13.0%)	8:41	6.9 (87.3%)
8	GAJOS Anna	3571		K40	8	02:13:24	04:05:03.20	04:06:05.95	+00:33:58 (13.8%)	8:45	6.9 (87.3%)
9	MACIEJEC Dorota	4051		K40	9	02:10:02	04:05:56.10	04:06:12.30	+00:34:04 (13.8%)	8:47	6.8 (86.1%)
10	ODOLIŃSKA Agnieszka	3368	PSZCZÓŁKOWSKI TEAM	K40	10	02:13:01	04:05:52.85	04:06:14.85	+00:34:07 (13.9%)	8:46	6.8 (86.1%)
11	NAWROT Agnieszka	3333	ROZBIEGANY SULEJÓWEK	K40	11	02:04:54	04:05:57.60	04:06:16.95	+00:34:09 (13.9%)	8:47	6.8 (86.1%)
12	ZAMIATOWSKA Kinga	3404	RUN BYDGOSZCZ	K40	12	02:05:50	04:06:17.75	04:06:48.00	+00:34:40 (14.0%)	8:47	6.8 (86.1%)
13	ŚWIĆ Małgorzata	3932	TRUCHT TARCHOMIN TEAM	K40	13	02:06:06	04:08:21.15	04:08:39.00	+00:36:31 (14.7%)	8:52	6.8 (86.1%)
14	RACZYŃSKA Gosia	3421	COCA-COLA RUNNERS	K40	14	02:16:12	04:18:16.70	04:19:04.90	+00:46:57 (18.1%)	9:13	6.5 (82.3%)
15	SZCZERBAL Agnieszka	4115	TKKF MPK POZNAŃ	K40	15	02:17:54	04:24:14.65	04:24:52.30	+00:52:44 (19.9%)	9:26	6.4 (81.0%)
16	WNOROWSKA Magdalena	3337		K40	16	02:16:45	04:23:44.25	04:24:58.55	+00:52:50 (19.9%)	9:25	6.4 (81.0%)
17	NOWAKOWSKA Beata	3351		K40	17	02:13:13	04:24:45.30	04:25:13.20	+00:53:05 (20.0%)	9:27	6.3 (79.7%)
18	PLEŚNIAR Lucyna	4054		K40	18	02:18:59	04:29:53.55	04:30:43.00	+00:58:35 (21.6%)	9:38	6.2 (78.5%)
19	KRUK Małgorzata	3817		K40	19	02:21:22	04:30:31.65	04:31:38.30	+00:59:30 (21.9%)	9:39	6.2 (78.5%)
20	BRULIŃSKA Monika	3839	TKKF PŁOCK	K40	20	02:19:46	04:37:59.20	04:38:07.30	+01:05:59 (23.7%)	9:55	6 (75.9%)
21	BALIŃSKA-SANOCKA Aneta	3745		K40	21	02:20:30	04:38:27.30	04:38:51.10	+01:06:43 (23.9%)	9:56	6 (75.9%)
22	SANOCKA Dorota	3743		K40	22	02:20:46	04:38:44.50	04:39:08.00	+01:07:00 (24.0%)	9:57	6 (75.9%)
23	KONIK Sylwia	3814		K40	23	02:24:01	04:40:56.80	04:41:19.00	+01:09:11 (24.6%)	10:02	6 (75.9%)
24	CZAWA Aneta	3890		K40	24	02:26:54	04:42:19.15	04:42:57.85	+01:10:50 (25.0%)	10:04	6 (75.9%)
25	RÓŻAK-RUKUSZEWICZ Magdalena	3665	DZIKIE GRUBASY SZATANA	K40	25	02:29:47	04:42:57.10	04:43:41.90	+01:11:34 (25.2%)	10:06	5.9 (74.7%)
26	PTASZYŃSKA Anna	3629	SPEED FEET '16	K40	26	02:20:39	04:43:00.80	04:43:49.95	+01:11:42 (25.3%)	10:06	5.9 (74.7%)
27	JANUSZAK Gosia	3759	TEAM JANO	K40	27	02:30:28	04:48:27.25	04:49:30.80	+01:17:23 (26.7%)	10:18	5.8 (73.4%)
28	MAGER Olga	3758		K40	28	02:30:18	04:53:14.10	04:54:28.15	+01:22:20 (28.0%)	10:28	5.7 (72.2%)
29	CISZAK Daria	3999	KOBIETY BIEGAJĄ	K40	29	02:26:36	04:56:45.90	04:57:25.70	+01:25:18 (28.7%)	10:35	5.7 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
29	SOBAŃSKA Patrycja	4006	KOBIETY BIEGAJĄ	K40	30	02:31:21	04:56:46.45	04:57:25.70	+01:25:18 (28.7%)	10:35	5.7 (72.2%)
31	POPŁAWSKA Katarzyna	3678	CZARNE OWCE HIPOLITÓW	K40	31	02:32:42	04:57:07.70	04:57:38.55	+01:25:30 (28.7%)	10:36	5.7 (72.2%)
32	KRAKOWSKA Katarzyna	3369		K40	32	02:38:15	04:58:32.05	04:59:12.45	+01:27:04 (29.1%)	10:39	5.6 (70.9%)
33	STARZYŃSKA Marta	3531	PERFECT RUNNER LUBLIN	K40	33	02:28:54	05:01:06.70	05:02:01.75	+01:29:54 (29.8%)	10:45	5.6 (70.9%)
34	PRĘDKA Magdalena	3751	OLA CLUB	K40	34	02:42:55	05:04:12.85	05:05:53.10	+01:33:45 (30.7%)	10:51	5.5 (69.6%)
35	SIWEK Aleksandra	3423	COCA-COLA RUNNERS	K40	35	02:26:41	05:05:33.45	05:06:22.30	+01:34:14 (30.8%)	10:54	5.5 (69.6%)
36	SIERPOWSKA-BARTOSIK Agnieszka	3996	VEGE RUNNERS	K40	36	02:30:23	05:06:10.10	05:07:20.25	+01:35:12 (31.0%)	10:56	5.5 (69.6%)
37	LUZAR Monika	3375	MIA	K40	37	02:36:11	05:06:01.70	05:07:24.70	+01:35:17 (31.0%)	10:55	5.5 (69.6%)
38	STANOSZEK Agnieszka	3492	COCA-COLA RUNNERS	K40	38	02:26:40	05:08:46.15	05:09:35.05	+01:37:27 (31.5%)	11:01	5.4 (68.4%)
39	JAMRÓZ Renata	3737	BIGYELLOWFOOT	K40	39	02:23:43	05:09:16.70	05:09:45.75	+01:37:38 (31.5%)	11:02	5.4 (68.4%)
40	HUZIOR Elżbieta	4224		K40	40	02:43:11	05:09:04.20	05:10:28.10	+01:38:20 (31.7%)	11:02	5.4 (68.4%)
41	SYGUŁA Katarzyna	3920	KB MCKIS JAWORZNO	K40	41	02:44:21	05:14:17.05	05:15:17.05	+01:43:09 (32.7%)	11:13	5.3 (67.1%)
42	KOZIRÓG Agnieszka	3726		K40	42	02:32:06	05:17:45.55	05:18:23.80	+01:46:16 (33.4%)	11:20	5.3 (67.1%)
43	PIETRZAK Agnieszka	3415		K40	43	02:38:20	05:17:57.15	05:19:03.30	+01:46:55 (33.5%)	11:21	5.3 (67.1%)
44	ZIELIŃSKA CZERBNIAK Izabela	4017	WUEF CLUB DECATHALON SWADZIM	K40	44	02:38:34	05:31:45.90	05:32:22.25	+02:00:14 (36.2%)	11:50	5.1 (64.6%)
45	KARPIŃSKA Anna	3688	DZIKIE GRUBASY SZATANA	K40	45	02:43:40	05:33:27.40	05:34:10.35	+02:02:02 (36.5%)	11:54	5 (63.3%)
46	DUKIEWICZ Grażyna	3454		K40	46	02:54:35	05:44:23.10	05:45:59.65	+02:13:52 (38.7%)	12:17	4.9 (62.0%)
47	WOJDASIEWICZ Kasia	3659		K40	47	02:41:59	05:45:37.45	05:47:02.50	+02:14:54 (38.9%)	12:20	4.9 (62.0%)
48	PŁATEK Katarzyna	3795		K40	48	02:43:44	05:48:25.05	05:49:08.90	+02:17:01 (39.2%)	12:26	4.8 (60.8%)
49	WITKOWSKA Anetta	3810	CENTRUM KETTLEBELL TARNOBRZEG	K40	49	02:55:02	05:49:21.95	05:50:17.90	+02:18:10 (39.4%)	12:28	4.8 (60.8%)
50	GRABOWICZ Anna	3806		K40	50	02:51:31	05:51:22.30	05:52:08.30	+02:20:00 (39.8%)	12:32	4.8 (60.8%)
50	NOWAK Katarzyna	3772		K40	51	02:51:36	05:51:22.50	05:52:08.30	+02:20:00 (39.8%)	12:32	4.8 (60.8%)
52	MAZUR Beata	3701	MAZUR FAMILY	K40	52	02:46:59	05:51:10.40	05:52:28.90	+02:20:21 (39.8%)	12:32	4.8 (60.8%)
53	WYSOCKA Agnieszka	3686	PRO RUN	K40	53	02:58:16	05:51:08.55	05:52:44.50	+02:20:36 (39.9%)	12:32	4.8 (60.8%)
54	SOWA Sylwia	4075	PZU SPORT TEAM	K40	54	02:54:03	05:56:10.50	05:57:08.60	+02:25:01 (40.6%)	12:43	4.7 (59.5%)
55	KAWSKA Ewa	3950		K40	55	02:50:48	06:03:31.45	06:05:03.85	+02:32:56 (41.9%)	12:58	4.6 (58.2%)
56	KUNA Katarzyna	3558		K40	56	02:58:16	06:03:34.30	06:05:13.80	+02:33:06 (41.9%)	12:59	4.6 (58.2%)
57	GUZIK Magdalena	3570		K40	57	03:05:20	06:13:23.45	06:15:01.05	+02:42:53 (43.4%)	13:20	4.5 (57.0%)
58	SZCZEPANIA Lucyna	4123	SKŁADAKI PIŁA	K40	58	03:10:12	06:24:00.35	06:24:32.25	+02:52:24 (44.8%)	13:42	4.4 (55.7%)
59	MAJEWSKA Agnieszka	3769	GRUPA ŚMIERCI RZEŹNICZEK	K40	59	03:02:58	06:32:31.95	06:33:47.45	+03:01:39 (46.1%)	14:01	4.3 (54.4%)

Znaleziono 59 wynik(ów)