

RZEŹNICZEK

B4SPORT

Wydarzenie: Festiwal Biegu Rzeźnika
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-06-17
Miejsce: Bieszczady
Dystans: 28 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	FARON Robert	4183	SALCO GARMIN TEAM	M40	1	01:18:52	02:24:43.75	02:24:45.65		5:10	11.6 (100%)
2	KOŚCIELSKI Patryk	3534	MINISTERSTWO GŁUPICH KROKÓW LEGIONOWO	M40	2	01:27:54	02:46:37.15	02:46:40.85	+00:21:55 (13.2%)	5:57	10.1 (87.1%)
3	ZYCH Dariusz	4122	SKŁADAKI / 4 RUN TEAM	M40	3	01:29:23	02:47:49.15	02:47:51.95	+00:23:06 (13.8%)	5:59	10 (86.2%)
4	WALASEK Grzegorz	3585	BIEGUSIEM.PL	M40	4	01:28:27	02:48:31.95	02:48:33.95	+00:23:48 (14.1%)	6:01	10 (86.2%)
5	KOCIOŁEK Witold	3755	PALMER /RUNONLINE.PL TEAM	M40	5	01:30:35	02:55:18.85	02:55:21.35	+00:30:35 (17.4%)	6:15	9.6 (82.8%)
6	KOWALSKI Maciej	3918	MORSY OŚNO LUBUSKIE	M40	6	01:36:39	02:57:14.85	02:57:26.50	+00:32:40 (18.4%)	6:19	9.5 (81.9%)
7	PRZYPOLSKI Paweł	3765	IM-POSSIBLE TEAM	M40	7	01:35:10	02:58:30.95	02:58:43.45	+00:33:57 (19.0%)	6:22	9.4 (81.0%)
8	KNYCHAS Darek	3717	PZU SPORT TEAM	M40	8	01:35:05	03:00:34.75	03:00:42.30	+00:35:56 (19.9%)	6:26	9.3 (80.2%)
9	DZIEDZIC Witold	3540	PRZEBIEGLI JAK WĘŻE	M40	9	01:35:46	03:03:35.95	03:03:38.95	+00:38:53 (21.2%)	6:33	9.2 (79.3%)
10	MAŚLANY Mariusz	3356	ELEKTROMETAL ENERGETYKA SA	M40	10		03:04:30.55	03:04:45.35	+00:39:59 (21.6%)	6:35	9.1 (78.4%)
11	BRUŚ Marcin	3601	SASKA	M40	11	01:36:41	03:04:47.20	03:04:49.35	+00:40:03 (21.7%)	6:35	9.1 (78.4%)
12	KWAŚNY Piotr	3741		M40	12	01:46:03	03:04:51.25	03:05:13.20	+00:40:27 (21.8%)	6:36	9.1 (78.4%)
13	JARECKI Aleksander	4170	COCA-COLA RUNNERS	M40	13	01:38:31	03:06:29.50	03:06:35.00	+00:41:49 (22.4%)	6:39	9 (77.6%)
14	CIOŚMAK Andrzej	3933	PZU SPORT TEAM	M40	14	01:37:37	03:08:12.20	03:08:14.80	+00:43:29 (23.1%)	6:43	8.9 (76.7%)
15	ROGAŁA Grzegorz	3458	KORAL TEAM	M40	15	01:37:17	03:11:04.75	03:11:08.35	+00:46:22 (24.3%)	6:49	8.8 (75.9%)
16	GROCHOWSKI Krystian	4119	SKŁADAKI PIŁA	M40	16	01:41:46	03:14:49.15	03:14:59.95	+00:50:14 (25.8%)	6:57	8.6 (74.1%)
17	WOŹNIAK Grzegorz	4152		M40	17	01:42:48	03:19:22.00	03:19:30.55	+00:54:44 (27.4%)	7:07	8.4 (72.4%)
18	PAJĄK Andrzej	3818	BIEGAM Z ABS	M40	18	01:46:12	03:21:44.95	03:22:02.05	+00:57:16 (28.3%)	7:12	8.3 (71.6%)
19	SALSKI Rafał	3970		M40	19	01:46:01	03:22:02.85	03:22:06.25	+00:57:20 (28.4%)	7:12	8.3 (71.6%)
20	GARCZYŃSKI Darek	3684		M40	20	01:47:08	03:22:03.20	03:22:43.25	+00:57:57 (28.6%)	7:12	8.3 (71.6%)
21	WOJCIECHOWSKI Paweł	4106	BIEGACZE JUNIORA - RUNNER TEAM	M40	21	01:46:33	03:23:41.30	03:23:46.65	+00:59:01 (29.0%)	7:16	8.2 (70.7%)
22	WIERZBICKI Piotr	3622	MINISTERSTWO GŁUPICH KROKÓW LEGIONOWO	M40	22	01:46:52	03:24:30.80	03:25:06.25	+01:00:20 (29.4%)	7:18	8.2 (70.7%)
23	MARCJONIAK Wojtek	4080		M40	23	01:49:44	03:26:05.45	03:26:33.80	+01:01:48 (29.9%)	7:21	8.2 (70.7%)
24	KWAŚNY Janusz	3723		M40	24	01:52:12	03:26:24.85	03:27:37.35	+01:02:51 (30.3%)	7:22	8.1 (69.8%)
25	TORBUS Mateusz	3357	GRASSHOPPER	M40	25	01:47:22	03:27:19.75	03:27:40.90	+01:02:55 (30.3%)	7:24	8.1 (69.8%)
26	DUDEK Tomasz	4116	STARE BABICE BIEGAJĄ	M40	26	01:46:57	03:27:45.50	03:28:10.50	+01:03:24 (30.5%)	7:25	8.1 (69.8%)
27	CEGIEŁKO Paweł	3796		M40	27	01:49:53	03:28:09.45	03:28:25.50	+01:03:39 (30.5%)	7:26	8.1 (69.8%)
28	ODOLIŃSKI Jacek	3456	PSZCZÓŁKOWSKI TEAM	M40	28	01:54:41	03:30:11.25	03:30:32.70	+01:05:47 (31.2%)	7:30	8 (69.0%)
29	SIPIERA Tomasz	3812	LACHO TEAM	M40	29	01:49:05	03:30:36.45	03:30:40.70	+01:05:55 (31.3%)	7:31	8 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
30	CIEŚLA Dawid	3608	AGB TORFY	M40	30	02:00:49	03:36:22.95	03:36:57.65	+01:12:12 (33.3%)	7:43	7.8 (67.2%)
31	KAJDROWICZ Grzegorz	3512	WWW.PRZEMYSLENEPODROZE.PL	M40	31	01:46:44	03:38:19.85	03:38:33.90	+01:13:48 (33.8%)	7:47	7.7 (66.4%)
32	KUBIAK Adam	3671	BIEGAM BO KRZYCZY	M40	32	01:52:14	03:39:08.90	03:39:20.90	+01:14:35 (34.0%)	7:49	7.7 (66.4%)
33	KURCZEK Tomasz	3657		M40	33	01:50:20	03:39:44.35	03:39:51.10	+01:15:05 (34.2%)	7:50	7.6 (65.5%)
34	DOMŻAŁA Konrad	3588		M40	34	01:46:52	03:40:27.80	03:40:39.35	+01:15:53 (34.4%)	7:52	7.6 (65.5%)
35	ZAJĄC Mariusz	4059		M40	35	02:04:56	03:39:56.45	03:41:13.70	+01:16:28 (34.6%)	7:51	7.6 (65.5%)
36	ULICZNY Paweł	3763	REMBERTÓW TEAM	M40	36	01:56:27	03:41:40.90	03:41:55.25	+01:17:09 (34.8%)	7:55	7.6 (65.5%)
37	BUZALSKI Robert	3981	ORANGE POLSKA	M40	37	01:50:22	03:41:29.20	03:42:01.85	+01:17:16 (34.8%)	7:54	7.6 (65.5%)
38	TWORZYDŁO Paweł	3320		M40	38	01:57:36	03:44:39.10	03:45:16.30	+01:20:30 (35.7%)	8:01	7.5 (64.7%)
39	SIÓDMIAK Cezary	4193	KLUB SPARTANIE DZIECIOM	M40	39	01:55:01	03:45:16.10	03:45:32.85	+01:20:47 (35.8%)	8:02	7.5 (64.7%)
40	SZCZEPAŃSKI Marcin	3750	EVERRUN	M40	40	01:57:25	03:45:41.60	03:45:51.25	+01:21:05 (35.9%)	8:03	7.4 (63.8%)
41	DRAŻEK Sławomir	4194		M40	41	01:48:42	03:45:52.70	03:46:15.70	+01:21:30 (36.0%)	8:04	7.4 (63.8%)
42	BOROWIEC Arkadiusz	3398	CHEŁM BIEGA/BRACIA.B	M40	42	01:56:31	03:46:31.90	03:46:44.25	+01:21:58 (36.2%)	8:05	7.4 (63.8%)
43	KRAJEWSKI Przemysław	3923	LECZO TEAM	M40	43	02:02:33	03:46:12.70	03:46:59.55	+01:22:13 (36.2%)	8:04	7.4 (63.8%)
44	PIRÓG Krzysztof	3953	ŻOŁNIERZ ZAWODOWY	M40	44	01:54:34	03:48:59.15	03:49:17.15	+01:24:31 (36.9%)	8:10	7.3 (62.9%)
45	WOJNAR Radek	3881	RUNNERS TEAM QUIBL	M40	45	01:57:38	03:48:04.65	03:49:24.95	+01:24:39 (36.9%)	8:08	7.4 (63.8%)
46	SIERAKOWSKI Igor	3878		M40	46	02:05:15	03:49:24.45	03:50:31.35	+01:25:45 (37.2%)	8:11	7.3 (62.9%)
47	BOROWIEC Mariusz	3407	PZU SPORT TEAM	M40	47	01:52:15	03:50:39.60	03:50:53.05	+01:26:07 (37.3%)	8:14	7.3 (62.9%)
48	BRAUN Tomasz	3974	NIGHT RUNNERS	M40	48	02:05:09	03:51:23.45	03:51:50.45	+01:27:04 (37.6%)	8:15	7.3 (62.9%)
49	ZARUDZKI Łukasz	3411	NOTHING TO FEAR	M40	49	02:00:03	03:51:46.35	03:52:10.15	+01:27:24 (37.6%)	8:16	7.2 (62.1%)
50	BARZYK Mateusz	3605	FUDU CO. SPORT TEAM	M40	50	02:05:41	03:51:50.55	03:52:26.25	+01:27:40 (37.7%)	8:16	7.2 (62.1%)
51	STEFANIAK Artur	3602	FUDU&CO SPORT TEAM	M40	51	02:06:00	03:51:47.00	03:52:26.40	+01:27:40 (37.7%)	8:16	7.2 (62.1%)
52	WOJTOWICZ Daniel	3321		M40	52	02:00:50	03:52:40.55	03:52:56.15	+01:28:10 (37.9%)	8:18	7.2 (62.1%)
53	LASOTA Arkadiusz	3961		M40	53	02:02:01	03:52:28.15	03:53:00.35	+01:28:14 (37.9%)	8:18	7.2 (62.1%)
54	KOSIEK Piotr	3460	KRWAVE SUTY RUN & BIKE	M40	54	01:57:50	03:53:08.45	03:53:59.85	+01:29:14 (38.1%)	8:19	7.2 (62.1%)
55	TOMKIEWICZ Przemysław	3317		M40	55	02:05:51	03:54:07.70	03:55:02.25	+01:30:16 (38.4%)	8:21	7.2 (62.1%)
56	HALAT Andrzej	4197	POSMAKUJ RUN TEAM	M40	56	02:05:04	03:53:30.60	03:55:08.25	+01:30:22 (38.4%)	8:20	7.2 (62.1%)
57	KONIK Tomasz	4003	KONIK TEAM	M40	57	02:01:51	03:54:48.10	03:55:11.60	+01:30:25 (38.5%)	8:23	7.2 (62.1%)
58	KROSNOWSKI Bartosz	3957	PBWUK	M40	58	02:05:48	03:54:53.90	03:55:35.95	+01:30:50 (38.6%)	8:23	7.2 (62.1%)
59	DUDEK Michał	3840		M40	59	02:04:05	03:55:46.35	03:56:10.90	+01:31:25 (38.7%)	8:25	7.1 (61.2%)
60	SKRUDLIK Wojciech	3469	NIGHT RUNNERS	M40	60	02:03:24	03:56:10.35	03:56:19.90	+01:31:34 (38.7%)	8:26	7.1 (61.2%)
61	ZAJĄC Dariusz	4060		M40	61	02:05:01	04:00:21.20	04:01:36.05	+01:36:50 (40.1%)	8:35	7 (60.3%)
62	BUKOWSKI Rafał	3559		M40	62	02:03:41	04:02:00.85	04:02:49.35	+01:38:03 (40.4%)	8:38	6.9 (59.5%)
63	SZMAJDOWICZ Paweł	3566	FACHDOM TEAM	M40	63	02:04:40	04:03:47.95	04:04:00.05	+01:39:14 (40.7%)	8:42	6.9 (59.5%)
64	TOKARZ Marcin	3425		M40	64	02:12:10	04:03:11.95	04:04:30.40	+01:39:44 (40.8%)	8:41	6.9 (59.5%)
65	WACHOWSKI Piotr	3753		M40	65	02:12:00	04:03:43.25	04:04:39.35	+01:39:53 (40.8%)	8:42	6.9 (59.5%)
66	BUGAŁA Robert	3879	SOLID HOUSE	M40	66	02:06:49	04:04:20.40	04:05:05.15	+01:40:19 (40.9%)	8:43	6.9 (59.5%)
67	PRUSZKOWSKI Mariusz	3385	CHEŁM BIEGA ULTRA	M40	67	01:59:52	04:05:22.50	04:05:35.30	+01:40:49 (41.1%)	8:45	6.8 (58.6%)
68	ŚWIDERSKI Sławomir	3669	BEMOVIA	M40	68	02:04:54	04:05:36.30	04:05:56.50	+01:41:10 (41.1%)	8:46	6.8 (58.6%)
69	PLACHA Piotr	3782	CKB TARNOBRZEG	M40	69	02:08:04	04:05:55.25	04:06:42.95	+01:41:57 (41.3%)	8:46	6.8 (58.6%)
70	TKACZ Przemysław	3434	PRZEMYŚL	M40	70	02:13:42	04:06:14.20	04:07:00.25	+01:42:14 (41.4%)	8:47	6.8 (58.6%)
71	BODZIOCH Grzegorz	3334	GORLICKA GRUPA BIEGOWA	M40	71	02:11:28	04:06:43.25	04:07:37.50	+01:42:51 (41.5%)	8:48	6.8 (58.6%)
72	HOŁYSZ Daniel	4008		M40	72	02:11:08	04:07:29.60	04:08:19.05	+01:43:33 (41.7%)	8:50	6.8 (58.6%)
73	ZALEWSKI Paweł	3521	PZU SPORT TEAM	M40	73	02:08:49	04:08:35.55	04:09:32.55	+01:44:46 (42.0%)	8:52	6.8 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
74	BOJARSKI Paweł	3728		M40	74	02:12:27	04:12:08.25	04:12:44.20	+01:47:58 (42.7%)	9:00	6.7 (57.8%)
75	RYGIEL Ryszard	4019		M40	75	02:08:51	04:14:34.85	04:14:51.60	+01:50:05 (43.2%)	9:05	6.6 (56.9%)
76	PAWLAK Rafał	3552	AXA RUNNING TEAM	M40	76	02:07:34	04:17:05.25	04:17:58.65	+01:53:13 (43.9%)	9:10	6.5 (56.0%)
77	SIDOROWICZ Grzegorz	3563	AXA RUNNING TEAM	M40	77	02:14:44	04:19:00.55	04:20:02.45	+01:55:16 (44.3%)	9:15	6.5 (56.0%)
78	DADUŃ Tomasz	4182		M40	78	02:21:18	04:20:08.05	04:21:26.35	+01:56:40 (44.6%)	9:17	6.5 (56.0%)
79	POPŁAWSKI Arkadiusz	3676	CZARNE OWCE HIPOLITÓW	M40	79	02:15:53	04:21:38.05	04:22:08.45	+01:57:22 (44.8%)	9:20	6.4 (55.2%)
80	BEHRENDT Bartek	3927	NIGHT RUNNERS GLIWICE	M40	80	02:13:13	04:21:13.95	04:22:20.20	+01:57:34 (44.8%)	9:19	6.4 (55.2%)
81	BARAN Stefan	3660	WSECHRAD MARATON RYTRO	M40	81	02:11:03	04:22:49.80	04:22:53.70	+01:58:08 (44.9%)	9:23	6.4 (55.2%)
82	KLIŚ Wojciech	3841	DEXTERS TEAM	M40	82	02:11:31	04:22:49.50	04:22:53.75	+01:58:08 (44.9%)	9:23	6.4 (55.2%)
83	NIZIOŁEK Marek	4157	ZABORZE	M40	83	02:18:49	04:23:21.25	04:24:21.95	+01:59:36 (45.2%)	9:24	6.4 (55.2%)
84	ZGOŁA Przemysław	3716	WUEF CLUB DECATHLON SWADZIM	M40	84	02:17:53	04:24:14.65	04:24:52.30	+02:00:06 (45.3%)	9:26	6.4 (55.2%)
85	NOWAKOWSKI Sławomir	3474		M40	85	02:13:18	04:24:45.05	04:25:12.95	+02:00:27 (45.4%)	9:27	6.3 (54.3%)
86	GÓRSKI Piotr	3554	HARDCOROWE WYCHYLYLYBYMY	M40	86	02:13:25	04:26:57.95	04:27:12.75	+02:02:27 (45.8%)	9:32	6.3 (54.3%)
87	KOWALSKI Artur	3780		M40	87	02:21:02	04:25:49.30	04:27:14.85	+02:02:29 (45.8%)	9:29	6.3 (54.3%)
88	SIBIELAK Piotr	4130		M40	88	02:10:56	04:26:42.65	04:27:24.75	+02:02:39 (45.9%)	9:31	6.3 (54.3%)
89	PIĘTKA Piotr	3470	AMERNET.EU	M40	89	02:17:16	04:26:12.45	04:27:33.20	+02:02:47 (45.9%)	9:30	6.3 (54.3%)
90	RONDUDA Janusz	4091		M40	90	02:09:40	04:28:14.50	04:28:14.50	+02:03:28 (46.0%)	9:34	6.3 (54.3%)
91	SZŁAPKA Krystian	3617	SPEED FRED '16	M40	91	02:13:02	04:28:23.85	04:29:13.90	+02:04:28 (46.2%)	9:35	6.3 (54.3%)
92	KUFFEL Michał	4112	DRUŻYNA POWER TRAINING	M40	92	02:17:17	04:28:11.65	04:29:23.55	+02:04:37 (46.3%)	9:34	6.3 (54.3%)
93	SKIERA Krzysztof	3533	RUN BYDGOSZCZ	M40	93	02:09:11	04:29:36.25	04:30:07.00	+02:05:21 (46.4%)	9:37	6.2 (53.4%)
94	DUBASIEWICZ Wojciech	4145	COCA COLA RUNNERS	M40	94	02:09:16	04:30:13.90	04:30:26.05	+02:05:40 (46.5%)	9:39	6.2 (53.4%)
95	STELMASZYK Piotr	3702	PZU SPORT TEAM	M40	95	02:05:48	04:30:34.55	04:31:31.70	+02:06:46 (46.7%)	9:39	6.2 (53.4%)
96	MICHALCZYK Marcin	3618	MONSTON SPORT TEAM	M40	96	02:13:00	04:32:57.95	04:33:11.05	+02:08:25 (47.0%)	9:44	6.2 (53.4%)
97	CHOŁAŚCIŃSKI Wojciech	3347	HUSARIA RACE TEAM	M40	97	02:25:25	04:32:23.80	04:33:15.75	+02:08:30 (47.0%)	9:43	6.2 (53.4%)
98	KAPŁON Jacek	3907		M40	98		04:34:46.40	04:34:46.40	+02:10:00 (47.3%)	9:48	6.1 (52.6%)
99	BAZYDŁO Dariusz	4186		M40	99	02:15:48	04:35:33.30	04:35:51.75	+02:11:06 (47.5%)	9:50	6.1 (52.6%)
100	RUBIN Andrzej	3929	KB MCKIS JAWORZNO	M40	100	02:18:19	04:39:45.50	04:40:45.60	+02:15:59 (48.4%)	9:59	6 (51.7%)
101	STUSIŃSKI Mariusz	3925	PIRORUNNERS	M40	101	02:27:29	04:39:55.15	04:41:17.95	+02:16:32 (48.5%)	9:59	6 (51.7%)
102	STANOSZEK Robert	3420	COCA-COLA RUNNERS	M40	102	02:22:57	04:40:32.45	04:41:21.60	+02:16:35 (48.5%)	10:01	6 (51.7%)
103	MŁODAWSKI Robert	3910	FARTOWN	M40	103	02:25:06	04:41:07.20	04:42:16.60	+02:17:30 (48.7%)	10:02	6 (51.7%)
104	JANUSZAK Przemysław	3754	TEAM JANO	M40	104	02:29:26	04:48:26.70	04:49:30.80	+02:24:45 (50.0%)	10:18	5.8 (50.0%)
105	WAŁEK Piotr	3868	RUNNERS TEAM QUIBL	M40	105	02:23:12	04:48:29.15	04:49:51.10	+02:25:05 (50.1%)	10:18	5.8 (50.0%)
106	ARMATYS Grzegorz	3640	ORANGE POLSKA	M40	106	02:32:26	04:50:33.25	04:51:59.15	+02:27:13 (50.4%)	10:22	5.8 (50.0%)
107	BRODZIAK Arkadiusz	3962		M40	107	02:23:29	04:51:02.40	04:52:31.45	+02:27:45 (50.5%)	10:23	5.8 (50.0%)
108	MAGER Bartosz	3703		M40	108	02:30:09	04:53:14.30	04:54:27.95	+02:29:42 (50.8%)	10:28	5.7 (49.1%)
109	GONET Sebastian	4167	COCA-COLA RUNNERS	M40	109	02:09:12	04:54:35.90	04:54:42.05	+02:29:56 (50.9%)	10:31	5.7 (49.1%)
110	KRUSZYŃSKI Marcin	3627	STADO PĘDZĄCYCH IMADEŁ	M40	110	02:18:35	04:54:13.35	04:55:20.60	+02:30:34 (51.0%)	10:30	5.7 (49.1%)
111	TOWAROWSKI Andrzej	3577		M40	111	02:16:42	04:55:07.75	04:55:52.15	+02:31:06 (51.1%)	10:32	5.7 (49.1%)
112	JÓZEFOWICZ Dariusz	4141	PADŁ NA RYJ TEAM	M40	112	02:26:36	04:54:46.80	04:56:06.55	+02:31:20 (51.1%)	10:31	5.7 (49.1%)
113	MŁODAWSKI Rafał	3909	KLUB POLSKA BIEGA	M40	113	02:34:49	04:55:46.05	04:56:55.55	+02:32:09 (51.2%)	10:33	5.7 (49.1%)
114	KRUK Tomasz	3575	LSB/RUN_HELPERS	M40	114	02:24:59	05:01:26.05	05:02:01.65	+02:37:16 (52.1%)	10:45	5.6 (48.3%)
115	PACAN Jacek	4142		M40	115	02:28:33	05:01:58.75	05:03:18.50	+02:38:32 (52.3%)	10:47	5.6 (48.3%)
116	FRONCZAK Adam	3711		M40	116	02:32:07	05:03:43.55	05:04:23.15	+02:39:37 (52.4%)	10:50	5.5 (47.4%)
117	KOZIELSKI Paweł	3993	HP ACTIVE CREW	M40	117	02:37:58	05:05:40.70	05:06:37.15	+02:41:51 (52.8%)	10:55	5.5 (47.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 15km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
118	CZEMPIŃSKI Krzysztof	4085		M40	118	02:26:20	05:05:40.70	05:06:55.25	+02:42:09 (52.8%)	10:55	5.5 (47.4%)
119	PIERZGALSKI Sebastian	4018		M40	119	02:29:52	05:06:11.85	05:07:22.00	+02:42:36 (52.9%)	10:56	5.5 (47.4%)
120	LUZAR Andrzej	3446	MIA	M40	120	02:36:13	05:06:04.00	05:07:27.10	+02:42:41 (52.9%)	10:55	5.5 (47.4%)
121	DROZDOWSKI Dawid	3395	KB AKTYWNI KONIN	M40	121	02:30:44	05:06:29.75	05:07:45.75	+02:43:00 (53.0%)	10:56	5.5 (47.4%)
122	SIOMAK Michał	3508		M40	122	02:28:43	05:08:54.75	05:09:54.45	+02:45:08 (53.3%)	11:01	5.4 (46.6%)
123	BAJAK Mirosław	3561		M40	123	02:38:03	05:12:24.65	05:13:34.65	+02:48:49 (53.8%)	11:09	5.4 (46.6%)
124	ZIENTEK Wojciech	4038		M40	124	02:46:12	05:14:10.00	05:15:43.20	+02:50:57 (54.1%)	11:13	5.3 (45.7%)
125	PIETRZAK Maciej	3436		M40	125	02:38:22	05:17:57.35	05:19:03.10	+02:54:17 (54.6%)	11:21	5.3 (45.7%)
126	ZAJĄC Grzegorz	3394		M40	126	02:41:35	05:21:20.55	05:22:49.45	+02:58:03 (55.2%)	11:28	5.2 (44.8%)
127	WIĘCZKOWSKI Wojciech	3675	HUSARIA RACE TEAM	M40	127	02:37:22	05:23:23.40	05:24:12.70	+02:59:27 (55.3%)	11:32	5.2 (44.8%)
128	PENAR Arkadiusz	3983		M40	128	02:35:38	05:24:48.35	05:25:41.15	+03:00:55 (55.6%)	11:36	5.2 (44.8%)
129	POSS Marcin	3715		M40	129	02:40:21	05:24:42.45	05:25:58.95	+03:01:13 (55.6%)	11:35	5.2 (44.8%)
130	STASIAK Waldemar	3859		M40	130	02:37:50	05:24:28.25	05:26:01.45	+03:01:15 (55.6%)	11:35	5.2 (44.8%)
131	TABACZKA Piotr	3656	WUEF CLUB DECATHLON SWADZIM	M40	131	02:32:58	05:26:46.20	05:27:26.65	+03:02:41 (55.8%)	11:40	5.1 (44.0%)
132	PIASECKI Grzegorz	3672	AKTYWNI KONIN	M40	132	02:37:25	05:29:44.05	05:31:00.75	+03:06:15 (56.3%)	11:46	5.1 (44.0%)
133	JĘDRZEJCZAK Sławomir	4037		M40	133	02:46:32	05:30:52.75	05:32:25.90	+03:07:40 (56.5%)	11:49	5.1 (44.0%)
134	BIŃKOWSKI Andrzej	4173	COCA-COLA RUNNERS	M40	134	02:45:52	05:35:26.20	05:36:41.50	+03:11:55 (57.0%)	11:58	5 (43.1%)
135	DUKAŁA Arkadiusz	3518	PZU SPORT TEAM	M40	135	02:35:30	05:37:06.55	05:38:00.05	+03:13:14 (57.2%)	12:02	5 (43.1%)
136	SKOŚKIEWICZ Krzysztof	4134		M40	136	02:35:25	05:37:05.50	05:38:00.10	+03:13:14 (57.2%)	12:02	5 (43.1%)
137	STOŃ Daniel	3592	BIEGUSIEM.PL	M40	137	02:43:01	05:40:43.95	05:41:46.45	+03:17:00 (57.6%)	12:10	4.9 (42.2%)
138	SROKA Dominik	3527		M40	138	02:42:04	05:47:16.65	05:48:35.65	+03:23:50 (58.5%)	12:24	4.8 (41.4%)
139	WITKOWSKI Krzysztof	3809	CENTRUM KETTLEBELL TARNOBRZEG	M40	139	02:55:00	05:49:21.65	05:50:17.95	+03:25:32 (58.7%)	12:28	4.8 (41.4%)
140	NOWAK Jarosław	3776		M40	140	02:51:35	05:51:21.50	05:52:08.45	+03:27:22 (58.9%)	12:32	4.8 (41.4%)
141	MAZUR Andrzej	3708	MAZUR FAMILY	M40	141	02:46:11	05:51:09.95	05:52:29.15	+03:27:43 (58.9%)	12:32	4.8 (41.4%)
142	JAKÓBCZYK Andrzej	3928	SKLEPBIEGACZA.PL LUBLIN TEAM	M40	142	02:52:49	05:58:56.85	06:00:29.55	+03:35:43 (59.8%)	12:49	4.7 (40.5%)
143	SZCZERBIŃSKI Marcin	3790	DZIKIE GRUBASY SZATANA	M40	143	02:51:40	06:10:25.50	06:11:10.55	+03:46:24 (61.0%)	13:13	4.5 (38.8%)
144	PUŁKOWSKI Mirosław	4057		M40	144	03:12:35	06:50:59.20	06:51:26.50	+04:26:40 (64.8%)	14:40	4.1 (35.3%)
	MIRECKI Jan	4076		M40		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 145 wynik(ów)