



**Wydarzenie:** VII FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2021-05-28  
**Miejsce:** Cisna  
**Dystans:** 28 km

## RZEŹNICZEK

B4SPORT

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INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 28km	Różn	Tempo min/km	Tempo km/h
1	STAROBRAT Arkadiusz	4324	ALETEMPO	M50	1	03:16:13.15		7:00	8.6 (100%)
2	LASEK Leszek	4885	KALLIPSO RUNERS TEAM	M50	2	03:19:01.65	+00:02:48 (1.4%)	7:06	8.4 (97.7%)
3	PYRKOSZ Damian	4170		M50	3	03:23:14.65	+00:07:01 (3.5%)	7:15	8.3 (96.5%)
4	PODLEŚ Robert	4164	COBI POLAND TEAM	M50	4	03:23:19.50	+00:07:06 (3.5%)	7:15	8.3 (96.5%)
5	ŻMIJEWSKI Dariusz	5057		M50	5	03:27:59.35	+00:11:46 (5.7%)	7:25	8.1 (94.2%)
6	FALKOWSKI Piotr	5097		M50	6	03:29:33.95	+00:13:20 (6.4%)	7:29	8 (93.0%)
7	LUBAŃSKI Robert	4379	BRAK	M50	7	03:31:58.40	+00:15:45 (7.4%)	7:34	7.9 (91.9%)
8	WOŹNIAK Janusz	4338	PORMAT JEDLICZE BIEGA	M50	8	03:32:30.60	+00:16:17 (7.7%)	7:35	7.9 (91.9%)
9	SELWANOWICZ Aleksander	4788	G4	M50	9	03:34:40.80	+00:18:27 (8.6%)	7:40	7.8 (90.7%)
10	LUDWICZAK Mariusz	4553	#WKURW-TEAM	M50	10	03:44:58.20	+00:28:45 (12.8%)	8:02	7.5 (87.2%)
11	WALUŚKIEWICZ Artur	4933	SOLA FIDE	M50	11	03:49:52.80	+00:33:39 (14.6%)	8:12	7.3 (84.9%)
12	SOBOLEWSKI Dariusz	5033	VEGE RUNNERS	M50	12	03:51:17.45	+00:35:04 (15.2%)	8:15	7.3 (84.9%)
13	GRABOWICZ Mirosław	4521	SOKÓLSKA GRUPA BIEGOWA	M50	13	03:52:09.75	+00:35:56 (15.5%)	8:17	7.2 (83.7%)
14	GAWŁOWICZ Robert	4054	DZIKIE BORSUKI	M50	14	03:56:25.05	+00:40:11 (17.0%)	8:26	7.1 (82.6%)
15	SROKA Zbigniew	4322		M50	15	03:57:14.25	+00:41:01 (17.3%)	8:28	7.1 (82.6%)
16	WYCZAWSKI Piotr	5076		M50	16	03:57:21.10	+00:41:07 (17.3%)	8:28	7.1 (82.6%)
17	BOROWSKI Tomasz	4954	MTS HAMER	M50	17	03:59:04.55	+00:42:51 (17.9%)	8:32	7 (81.4%)
18	SZCZĘSNY Rafał	5013		M50	18	04:02:40.85	+00:46:27 (19.1%)	8:40	6.9 (80.2%)
19	MARCINKOWSKI Michał	4383		M50	19	04:03:28.60	+00:47:15 (19.4%)	8:41	6.9 (80.2%)
20	PASTERNAK Robert	4306		M50	20	04:05:48.75	+00:49:35 (20.2%)	8:46	6.8 (79.1%)
21	MADAJ Paweł	4130	MADGOLD TEM	M50	21	04:08:41.00	+00:52:27 (21.1%)	8:52	6.8 (79.1%)
22	GŁOWACKI Andrzej	4519	MŁODY VS STARY	M50	22	04:09:06.35	+00:52:53 (21.2%)	8:53	6.7 (77.9%)
23	KOCON Mariusz	5010	KLINIKA ZDROWIA I URODY CZ.WOŚKO	M50	23	04:11:36.45	+00:55:23 (22.0%)	8:59	6.7 (77.9%)
24	KONIECPOLSKI Krzysztof	4432		M50	24	04:20:49.90	+01:04:36 (24.8%)	9:18	6.4 (74.4%)
25	LIS Krzysztof	5140		M50	25	04:21:02.90	+01:04:49 (24.8%)	9:19	6.4 (74.4%)
26	KŁODZIŃSKI Klaudiusz	4539		M50	26	04:23:53.25	+01:07:40 (25.6%)	9:25	6.4 (74.4%)
27	DROZDEK Włodzimierz	4859	BIEGAJĄCE DROZDKI	M50	27	04:28:14.20	+01:12:01 (26.8%)	9:34	6.3 (73.3%)
28	CZELIŃSKI Leszek	4508	CAMEL W ZALEWIE	M50	28	04:29:38.50	+01:13:25 (27.2%)	9:37	6.2 (72.1%)
29	RUPNIK Janusz	4782	K.B. MARATON TUREK	M50	29	04:32:15.60	+01:16:02 (27.9%)	9:43	6.2 (72.1%)

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30	<b>ROKOSZ Marek</b>	<b>4777</b>		M50	30	<b>04:37:09.40</b>	+01:20:56 (29.2%)	9:53	6.1 (70.9%)
31	<b>PENAR Arkadiusz</b>	<b>4448</b>		M50	31	<b>04:42:59.10</b>	+01:26:45 (30.7%)	10:06	5.9 (68.6%)
32	<b>SZOPA Grzegorz</b>	<b>4490</b>		M50	32	<b>04:43:53.90</b>	+01:27:40 (30.9%)	10:08	5.9 (68.6%)
33	<b>KAZIRÓD Sebastian</b>	<b>4474</b>	STUMBRASIKI	M50	33	<b>04:48:18.80</b>	+01:32:05 (31.9%)	10:17	5.8 (67.4%)
34	<b>KRAWCZYK Sławomir</b>	<b>4100</b>		M50	34	<b>04:49:24.85</b>	+01:33:11 (32.2%)	10:20	5.8 (67.4%)
35	<b>DZIOPA Paweł</b>	<b>4038</b>	WKURW_TEAM	M50	35	<b>04:49:41.85</b>	+01:33:28 (32.3%)	10:20	5.8 (67.4%)
36	<b>GOCYLA Dariusz</b>	<b>4520</b>	DARZYBÓRUNNER-SKA	M50	36	<b>05:00:29.50</b>	+01:44:16 (34.7%)	10:43	5.6 (65.1%)
37	<b>ROSTEK Andrzej</b>	<b>4778</b>	MARKOWI BIEGACZE	M50	37	<b>05:03:07.10</b>	+01:46:53 (35.3%)	10:49	5.5 (64.0%)
38	<b>DENKOWSKI Wojciech</b>	<b>4641</b>	BP RUNNING TEAM	M50	38	<b>05:03:22.80</b>	+01:47:09 (35.3%)	10:50	5.5 (64.0%)
39	<b>GUCWA Jarosław</b>	<b>4066</b>		M50	39	<b>05:13:44.60</b>	+01:57:31 (37.5%)	11:12	5.4 (62.8%)
40	<b>WASZAK Marek</b>	<b>4237</b>		M50	40	<b>05:17:00.40</b>	+02:00:47 (38.1%)	11:19	5.3 (61.6%)
41	<b>WOŹNIAK Mariusz</b>	<b>4602</b>	ULTRASY	M50	41	<b>05:25:03.15</b>	+02:08:50 (39.6%)	11:36	5.2 (60.5%)
42	<b>BUKAŁA Jacek</b>	<b>4018</b>		M50	42	<b>05:27:51.80</b>	+02:11:38 (40.2%)	11:42	5.1 (59.3%)
43	<b>KOSZAŁKA Marcin</b>	<b>4277</b>	KLUB WYSOKOGÓRSKI KRAKÓW	M50	43	<b>05:28:04.85</b>	+02:11:51 (40.2%)	11:43	5.1 (59.3%)
44	<b>Kawecki Dariusz</b>	<b>4370</b>	ETISOFT RUNNING TEAM	M50	44	<b>05:40:35.35</b>	+02:24:22 (42.4%)	12:09	4.9 (57.0%)
45	<b>SREBRO Michał</b>	<b>4193</b>		M50	45	<b>05:58:35.15</b>	+02:42:22 (45.3%)	12:48	4.7 (54.7%)
46	<b>PIOTROWSKI Marek</b>	<b>4762</b>	MORSOWNICY Z LEGNICY	M50	46	<b>05:58:37.35</b>	+02:42:24 (45.3%)	12:48	4.7 (54.7%)
47	<b>WÓJTOWICZ Paweł</b>	<b>4940</b>	-	M50	47	<b>05:59:11.80</b>	+02:42:58 (45.4%)	12:49	4.7 (54.7%)
48	<b>WIATER Krzysztof</b>	<b>4238</b>		M50	48	<b>06:00:44.85</b>	+02:44:31 (45.6%)	12:53	4.7 (54.7%)
49	<b>JAGODA Adam</b>	<b>4528</b>	FUCHS OIL TEAM	M50	49	<b>06:07:05.65</b>	+02:50:52 (46.5%)	13:06	4.6 (53.5%)
50	<b>KURCZEWSKI Aleksander</b>	<b>5045</b>		M50	50	<b>06:13:03.10</b>	+02:56:49 (47.4%)	13:19	4.5 (52.3%)
51	<b>MROZIŃSKI Andrzej</b>	<b>4896</b>	WITAR	M50	51	<b>06:21:21.25</b>	+03:05:08 (48.5%)	13:37	4.4 (51.2%)
52	<b>ELMINOWSKI Wojciech</b>	<b>4357</b>	ELBLĄG	M50	52	<b>06:46:01.90</b>	+03:29:48 (51.7%)	14:30	4.1 (47.7%)
53	<b>WIELGOSZ Mariusz</b>	<b>4934</b>	BRAK	M50	53	<b>06:52:38.85</b>	+03:36:25 (52.4%)	14:44	4.1 (47.7%)
54	<b>KACZMARCZYK Mirosław</b>	<b>4429</b>	TATA I SYN	M50	54	<b>08:48:44.35</b>	+05:32:31 (62.9%)	18:53	3.2 (37.2%)

Znaleziono 54 wynik(ów)