

RZEŹNIK NA RATY - DZIEŃ I

B4SPORT

Organiser: OTK Rzeźnik
Date: 2015-06-01
Place: Komańcza
Distance: 33 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	16.7km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
1	DOMISZEWSKI Ignacy	67	USTRZYKI DOLNE	OPEN	1	01:30:02	02:52:29.75	02:52:29.75		5:13	11.5 (100%)
2	GARDENER Jacek	39	JACEKBIEGA RUNNING TEAM	OPEN	2	01:35:16	02:59:41.80	02:59:41.80	+00:07:12 (4.0%)	5:26	11 (95.7%)
3	JAKUBCZYK Paweł	30	CKBABCIE	OPEN	3	01:37:49	03:06:46.50	03:06:46.50	+00:14:16 (7.6%)	5:39	10.6 (92.2%)
4	CIOSMAK Andrzej	40	PZU SPORT TEAM	OPEN	4	01:45:14	03:13:26.85	03:13:26.85	+00:20:57 (10.8%)	5:51	10.2 (88.7%)
5	PRĘDKI Mirosław	59	JASŁO	OPEN	5	01:47:17	03:17:49.10	03:17:49.10	+00:25:19 (12.8%)	5:59	10 (87.0%)
6	STYCZEŃ Piotr	24	CKBABCIE	OPEN	6	01:45:31	03:20:39.25	03:20:39.25	+00:28:09 (14.0%)	6:04	9.9 (86.1%)
7	JAKUBCZYK Dariusz	31	CKBABCIE	OPEN	7	01:49:35	03:25:29.65	03:25:29.65	+00:32:59 (16.1%)	6:13	9.6 (83.5%)
8	BONDARA Sylwia	71	JACEK BIEGA	OPEN	8	01:58:03	03:39:51.85	03:39:51.85	+00:47:22 (21.5%)	6:39	9 (78.3%)
9	ŚWIERCZYŃSKI Marcin	28	WARSZAWA	OPEN	9	01:57:50	03:46:32.30	03:46:32.30	+00:54:02 (23.9%)	6:51	8.7 (75.7%)
10	JOSYPENKO Jędrzej	66	JACEKBIEGA RUNNING TEAM	OPEN	10	02:10:19	03:55:46.35	03:55:46.35	+01:03:16 (26.8%)	7:08	8.4 (73.0%)
11	JOSYPENKO Bożena	65	JACEKBIEGA RUNNING TEAM	OPEN	11	02:10:17	03:55:46.65	03:55:46.65	+01:03:16 (26.8%)	7:08	8.4 (73.0%)
12	WOSIK Marek	68		OPEN	12	02:08:10	03:57:22.65	03:57:22.65	+01:04:52 (27.3%)	7:11	8.3 (72.2%)
13	TOMCZYK Ferdynand	48	MODLITWA BIEGANIA GRYFINO	OPEN	13	02:08:04	03:57:44.25	03:57:44.25	+01:05:14 (27.4%)	7:12	8.3 (72.2%)
14	FIJALKOWSKI Radosław	49	GCW CROSSFIT WARSZAWA	OPEN	14	01:58:07	04:02:37.70	04:02:37.70	+01:10:07 (28.9%)	7:21	8.2 (71.3%)
15	GREWIŃSKI Tomasz	43	RUN KAYAX RUN	OPEN	15	02:07:03	04:02:48.70	04:02:48.70	+01:10:18 (29.0%)	7:21	8.2 (71.3%)
16	CYGANEK Grzegorz	47	BYDGOSZCZ	OPEN	16	02:07:08	04:03:04.55	04:03:04.55	+01:10:34 (29.0%)	7:21	8.1 (70.4%)
17	STAN Marcin	38	WHITE RABBIT RUNNING TEAM	OPEN	17	02:08:08	04:07:07.00	04:07:07.00	+01:14:37 (30.2%)	7:29	8 (69.6%)
18	ZIELIŃSKI Zbigniew	26	WARSZAWA	OPEN	18	02:08:03	04:08:28.95	04:08:28.95	+01:15:59 (30.6%)	7:31	8 (69.6%)
19	STAWIARSKI Jakub	55	LONGPLAY GORZÓW WLKP	OPEN	19	01:57:52	04:12:23.75	04:12:23.75	+01:19:54 (31.7%)	7:38	7.8 (67.8%)
20	RUZIK Rafał	44	WARSZAWA	OPEN	20	02:03:07	04:13:09.65	04:13:09.65	+01:20:39 (31.9%)	7:40	7.8 (67.8%)
21	KRUPCZYŃSKI Michał	37	KRUPOLS TEAM	OPEN	21	02:14:19	04:15:20.65	04:15:20.65	+01:22:50 (32.4%)	7:44	7.8 (67.8%)
22	FAFARA Marek	17	KS KOZIOŁEK	OPEN	22	02:14:14	04:15:20.95	04:15:20.95	+01:22:51 (32.4%)	7:44	7.8 (67.8%)
23	KWIATEK Tomasz	25	JACEKBIEGA RUNNING TEAM	OPEN	23	02:16:55	04:17:13.30	04:17:13.30	+01:24:43 (32.9%)	7:47	7.7 (67.0%)
24	BAŃCZAK Kamil	60		OPEN	24	01:50:27	04:20:08.05	04:20:08.05	+01:27:38 (33.7%)	7:52	7.6 (66.1%)
25	ŁYSAKIEWICZ Paweł	13	NSK PERON	OPEN	25	02:15:08	04:20:13.90	04:20:13.90	+01:27:44 (33.7%)	7:53	7.6 (66.1%)
26	PRÓBAN Robert	64	GLIWICE	OPEN	26	02:18:40	04:22:34.15	04:22:34.15	+01:30:04 (34.3%)	7:57	7.5 (65.2%)
27	KONSTANTY Katarzyna	10	KRAKÓW	OPEN	27	02:17:19	04:22:34.30	04:22:34.30	+01:30:04 (34.3%)	7:57	7.5 (65.2%)
28	KRUPCZYŃSKI Szymon	36	KRUPOLS TEAM	OPEN	28	02:21:00	04:35:35.90	04:35:35.90	+01:43:06 (37.4%)	8:21	7.2 (62.6%)
29	SADOWSKI Rafał	63	BEŁCHATÓW	OPEN	29	02:10:20	04:35:57.75	04:35:57.75	+01:43:28 (37.5%)	8:21	7.2 (62.6%)
30	KRUPCZYŃSKI Mariusz	27	KRUPOLS TEAM	OPEN	30	02:20:58	04:35:58.05	04:35:58.05	+01:43:28 (37.5%)	8:21	7.2 (62.6%)

Place	Participant	Number	Club	Category	MCat	16.7km	Net time 33km	Czas brutto 33km	Gap	Pace min/km	Pace km/h
31	WĘGIELEWSKI Bartosz	52		OPEN	31	02:15:05	04:42:42.95	04:42:42.95	+01:50:13 (39.0%)	8:34	7 (60.9%)
32	STENCEL Piotr	61	WODZISŁAW ŚLĄSKI	OPEN	32	02:35:27	04:48:19.70	04:48:19.70	+01:55:49 (40.2%)	8:44	6.9 (60.0%)
33	GURAK-STENCEL Izabela	62	WODZISŁAW ŚLĄSKI	OPEN	33	02:35:29	04:48:19.85	04:48:19.85	+01:55:50 (40.2%)	8:44	6.9 (60.0%)
34	SŁOWIŃSKI Karol	72		OPEN	34	02:27:22	04:48:55.30	04:48:55.30	+01:56:25 (40.3%)	8:45	6.9 (60.0%)
35	GURDEK Weronika	19	KRAKÓW	OPEN	35	02:32:08	04:48:58.40	04:48:58.40	+01:56:28 (40.3%)	8:45	6.9 (60.0%)
36	PRZYBYLSKI Witek	73	OTK RZEŹNIK	OPEN	36	02:07:53	04:49:32.75	04:49:32.75	+01:57:03 (40.4%)	8:46	6.8 (59.1%)
37	ZOCHNIAK Marek	46	PIASTÓW	OPEN	37	02:30:10	04:51:19.70	04:51:19.70	+01:58:49 (40.8%)	8:49	6.8 (59.1%)
38	KRYSIAK Robert	53		OPEN	38	02:30:09	04:51:19.80	04:51:19.80	+01:58:50 (40.8%)	8:49	6.8 (59.1%)
39	GŁOWACKI Michał	50	ŁĘCZYCA	OPEN	39	02:20:14	04:51:31.85	04:51:31.85	+01:59:02 (40.8%)	8:50	6.8 (59.1%)
40	KOWALCZYK Mariusz	18	RADOM	OPEN	40	02:21:55	04:52:12.05	04:52:12.05	+01:59:42 (41.0%)	8:51	6.8 (59.1%)
41	GRONIECKI Mikołaj	33	WARSZAWA	OPEN	41	02:20:25	04:52:49.85	04:52:49.85	+02:00:20 (41.1%)	8:52	6.8 (59.1%)
42	ANDRZEJEWSKI Maciej	34	WARSZAWA	OPEN	42	02:31:18	04:52:50.20	04:52:50.20	+02:00:20 (41.1%)	8:52	6.8 (59.1%)
43	GAURA Łukasz	11	BYDGOSZCZ	OPEN	43	02:21:34	04:53:49.05	04:53:49.05	+02:01:19 (41.3%)	8:54	6.7 (58.3%)
43	DMOWSKI Paweł	51	ŁĘCZYCA	OPEN	44	02:36:54	04:53:49.05	04:53:49.05	+02:01:19 (41.3%)	8:54	6.7 (58.3%)
45	BUĆKO Artur	21	JELEŃ GÓRA	OPEN	45	02:44:38	05:05:22.90	05:05:22.90	+02:12:53 (43.5%)	9:15	6.5 (56.5%)
46	LENARCZYK Michał	41		OPEN	46	02:36:15	05:15:56.15	05:15:56.15	+02:23:26 (45.4%)	9:34	6.3 (54.8%)
47	LENARCZYK Marcin	42		OPEN	47	02:36:14	05:15:56.45	05:15:56.45	+02:23:26 (45.4%)	9:34	6.3 (54.8%)
48	JABŁOŃSKI Kazimierz	57	PRĄDY	OPEN	48	02:44:28	05:27:59.30	05:27:59.30	+02:35:29 (47.4%)	9:56	6 (52.2%)
49	ANTOSZ Monika	20	NORAFSPORT	OPEN	49	03:02:05	05:44:53.25	05:44:53.25	+02:52:23 (50.0%)	10:27	5.7 (49.6%)
50	KONIK Jarosław	56	BBL KRAKÓW-NORAFSPORT	OPEN	50	03:01:55	05:44:53.30	05:44:53.30	+02:52:23 (50.0%)	10:27	5.7 (49.6%)
51	BARCEWICZ Marta	54	12TRI.PL DRUŻYNA WILKA OLSZTYN	OPEN	51	03:53:42	06:08:16.30	06:08:16.30	+03:15:46 (53.2%)	11:09	5.4 (47.0%)
52	BRZEZOWSKA Beata	69	ALBATROSY	OPEN	52	02:44:38	06:27:45.00	06:27:45.00	+03:35:15 (55.5%)	11:45	5.1 (44.3%)
53	ZARZYCKA Monika	12	KB JOGGER NOWY DWÓR MAZOWIECKI	OPEN	53	02:46:28	06:52:45.00	06:52:45.00	+04:00:15 (58.2%)	12:30	4.8 (41.7%)
54	SOBIESKA Aleksandra	15		OPEN	54	02:44:32			+01:14:30	9:51	6.1 (53.0%)
55	OBARSKA Małgorzata	32		OPEN	55	03:14:17			+01:44:15	11:38	5.2 (45.2%)
56	MIRECKI Jan	14		OPEN	56				+00:00:12	5:20	11.3 (98.3%)

Total 56 results.