

# RZEŹNIK NA RATY - DZIEŃ I

B4SPORT

**Organizator:** OTK Rzeźnik  
**Data:** 2015-06-01  
**Miejsce:** Komańcza  
**Dystans:** 33 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	16.7km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
1	<b>DOMISZEWSKI Ignacy</b>	<b>67</b>	USTRZYKI DOLNE	OPEN	1	01:30:02	<b>02:52:29.75</b>	<b>02:52:29.75</b>		5:13	11.5 (100%)
2	<b>GARDENER Jacek</b>	<b>39</b>	JACEKBIEGA RUNNING TEAM	OPEN	2	01:35:16	<b>02:59:41.80</b>	<b>02:59:41.80</b>	+00:07:12 (4.0%)	5:26	11 (95.7%)
3	<b>JAKUBCZYK Paweł</b>	<b>30</b>	CKBABCIE	OPEN	3	01:37:49	<b>03:06:46.50</b>	<b>03:06:46.50</b>	+00:14:16 (7.6%)	5:39	10.6 (92.2%)
4	<b>CIOSMAK Andrzej</b>	<b>40</b>	PZU SPORT TEAM	OPEN	4	01:45:14	<b>03:13:26.85</b>	<b>03:13:26.85</b>	+00:20:57 (10.8%)	5:51	10.2 (88.7%)
5	<b>PRĘDKI Mirosław</b>	<b>59</b>	JASŁO	OPEN	5	01:47:17	<b>03:17:49.10</b>	<b>03:17:49.10</b>	+00:25:19 (12.8%)	5:59	10 (87.0%)
6	<b>STYCZEŃ Piotr</b>	<b>24</b>	CKBABCIE	OPEN	6	01:45:31	<b>03:20:39.25</b>	<b>03:20:39.25</b>	+00:28:09 (14.0%)	6:04	9.9 (86.1%)
7	<b>JAKUBCZYK Dariusz</b>	<b>31</b>	CKBABCIE	OPEN	7	01:49:35	<b>03:25:29.65</b>	<b>03:25:29.65</b>	+00:32:59 (16.1%)	6:13	9.6 (83.5%)
8	<b>ŚWIERCZYŃSKI Marcin</b>	<b>28</b>	WARSZAWA	OPEN	9	01:57:50	<b>03:46:32.30</b>	<b>03:46:32.30</b>	+00:54:02 (23.9%)	6:51	8.7 (75.7%)
9	<b>JOSYPENKO Jędrzej</b>	<b>66</b>	JACEKBIEGA RUNNING TEAM	OPEN	10	02:10:19	<b>03:55:46.35</b>	<b>03:55:46.35</b>	+01:03:16 (26.8%)	7:08	8.4 (73.0%)
10	<b>WOSIK Marek</b>	<b>68</b>		OPEN	12	02:08:10	<b>03:57:22.65</b>	<b>03:57:22.65</b>	+01:04:52 (27.3%)	7:11	8.3 (72.2%)
11	<b>TOMCZYK Ferdynand</b>	<b>48</b>	MODLITWA BIEGANIA GRYFINO	OPEN	13	02:08:04	<b>03:57:44.25</b>	<b>03:57:44.25</b>	+01:05:14 (27.4%)	7:12	8.3 (72.2%)
12	<b>FIJALKOWSKI Radosław</b>	<b>49</b>	GCW CROSSFIT WARSZAWA	OPEN	14	01:58:07	<b>04:02:37.70</b>	<b>04:02:37.70</b>	+01:10:07 (28.9%)	7:21	8.2 (71.3%)
13	<b>GREWIŃSKI Tomasz</b>	<b>43</b>	RUN KAYAX RUN	OPEN	15	02:07:03	<b>04:02:48.70</b>	<b>04:02:48.70</b>	+01:10:18 (29.0%)	7:21	8.2 (71.3%)
14	<b>CYGANEK Grzegorz</b>	<b>47</b>	BYDGOSZCZ	OPEN	16	02:07:08	<b>04:03:04.55</b>	<b>04:03:04.55</b>	+01:10:34 (29.0%)	7:21	8.1 (70.4%)
15	<b>STAN Marcin</b>	<b>38</b>	WHITE RABBIT RUNNING TEAM	OPEN	17	02:08:08	<b>04:07:07.00</b>	<b>04:07:07.00</b>	+01:14:37 (30.2%)	7:29	8 (69.6%)
16	<b>ZIELIŃSKI Zbigniew</b>	<b>26</b>	WARSZAWA	OPEN	18	02:08:03	<b>04:08:28.95</b>	<b>04:08:28.95</b>	+01:15:59 (30.6%)	7:31	8 (69.6%)
17	<b>STAWIARSKI Jakub</b>	<b>55</b>	LONGPLAY GORZÓW WLKP	OPEN	19	01:57:52	<b>04:12:23.75</b>	<b>04:12:23.75</b>	+01:19:54 (31.7%)	7:38	7.8 (67.8%)
18	<b>RUZIK Rafał</b>	<b>44</b>	WARSZAWA	OPEN	20	02:03:07	<b>04:13:09.65</b>	<b>04:13:09.65</b>	+01:20:39 (31.9%)	7:40	7.8 (67.8%)
19	<b>KRUPCZYŃSKI Michał</b>	<b>37</b>	KRUPOLS TEAM	OPEN	21	02:14:19	<b>04:15:20.65</b>	<b>04:15:20.65</b>	+01:22:50 (32.4%)	7:44	7.8 (67.8%)
20	<b>FAFARA Marek</b>	<b>17</b>	KS KOZIOŁEK	OPEN	22	02:14:14	<b>04:15:20.95</b>	<b>04:15:20.95</b>	+01:22:51 (32.4%)	7:44	7.8 (67.8%)
21	<b>KWIATEK Tomasz</b>	<b>25</b>	JACEKBIEGA RUNNING TEAM	OPEN	23	02:16:55	<b>04:17:13.30</b>	<b>04:17:13.30</b>	+01:24:43 (32.9%)	7:47	7.7 (67.0%)
22	<b>BAŃCZAK Kamil</b>	<b>60</b>		OPEN	24	01:50:27	<b>04:20:08.05</b>	<b>04:20:08.05</b>	+01:27:38 (33.7%)	7:52	7.6 (66.1%)
23	<b>ŁYSAKIEWICZ Paweł</b>	<b>13</b>	NSK PERON	OPEN	25	02:15:08	<b>04:20:13.90</b>	<b>04:20:13.90</b>	+01:27:44 (33.7%)	7:53	7.6 (66.1%)
24	<b>PRÓBAN Robert</b>	<b>64</b>	GLIWICE	OPEN	26	02:18:40	<b>04:22:34.15</b>	<b>04:22:34.15</b>	+01:30:04 (34.3%)	7:57	7.5 (65.2%)
25	<b>KRUPCZYŃSKI Szymon</b>	<b>36</b>	KRUPOLS TEAM	OPEN	28	02:21:00	<b>04:35:35.90</b>	<b>04:35:35.90</b>	+01:43:06 (37.4%)	8:21	7.2 (62.6%)
26	<b>SADOWSKI Rafał</b>	<b>63</b>	BEŁCHATÓW	OPEN	29	02:10:20	<b>04:35:57.75</b>	<b>04:35:57.75</b>	+01:43:28 (37.5%)	8:21	7.2 (62.6%)
27	<b>KRUPCZYŃSKI Mariusz</b>	<b>27</b>	KRUPOLS TEAM	OPEN	30	02:20:58	<b>04:35:58.05</b>	<b>04:35:58.05</b>	+01:43:28 (37.5%)	8:21	7.2 (62.6%)
28	<b>WĘGIELEWSKI Bartosz</b>	<b>52</b>		OPEN	31	02:15:05	<b>04:42:42.95</b>	<b>04:42:42.95</b>	+01:50:13 (39.0%)	8:34	7 (60.9%)
29	<b>STENCEL Piotr</b>	<b>61</b>	WODZISŁAW ŚLĄSKI	OPEN	32	02:35:27	<b>04:48:19.70</b>	<b>04:48:19.70</b>	+01:55:49 (40.2%)	8:44	6.9 (60.0%)
30	<b>SŁOWIŃSKI Karol</b>	<b>72</b>		OPEN	34	02:27:22	<b>04:48:55.30</b>	<b>04:48:55.30</b>	+01:56:25 (40.3%)	8:45	6.9 (60.0%)

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31	<b>PRZYBYLSKI Witek</b>	<b>73</b>	OTK RZEŹNIK	OPEN	36	02:07:53	<b>04:49:32.75</b>	<b>04:49:32.75</b>	+01:57:03 (40.4%)	8:46	6.8 (59.1%)
32	<b>ZOCHNIAK Marek</b>	<b>46</b>	PIASTÓW	OPEN	37	02:30:10	<b>04:51:19.70</b>	<b>04:51:19.70</b>	+01:58:49 (40.8%)	8:49	6.8 (59.1%)
33	<b>KRYSIAK Robert</b>	<b>53</b>		OPEN	38	02:30:09	<b>04:51:19.80</b>	<b>04:51:19.80</b>	+01:58:50 (40.8%)	8:49	6.8 (59.1%)
34	<b>GŁOWACKI Michał</b>	<b>50</b>	ŁĘCZYCA	OPEN	39	02:20:14	<b>04:51:31.85</b>	<b>04:51:31.85</b>	+01:59:02 (40.8%)	8:50	6.8 (59.1%)
35	<b>KOWALCZYK Mariusz</b>	<b>18</b>	RADOM	OPEN	40	02:21:55	<b>04:52:12.05</b>	<b>04:52:12.05</b>	+01:59:42 (41.0%)	8:51	6.8 (59.1%)
36	<b>GRONIECKI Mikołaj</b>	<b>33</b>	WARSZAWA	OPEN	41	02:20:25	<b>04:52:49.85</b>	<b>04:52:49.85</b>	+02:00:20 (41.1%)	8:52	6.8 (59.1%)
37	<b>ANDRZEJEWSKI Maciej</b>	<b>34</b>	WARSZAWA	OPEN	42	02:31:18	<b>04:52:50.20</b>	<b>04:52:50.20</b>	+02:00:20 (41.1%)	8:52	6.8 (59.1%)
38	<b>GAURA Łukasz</b>	<b>11</b>	BYDGOSZCZ	OPEN	43	02:21:34	<b>04:53:49.05</b>	<b>04:53:49.05</b>	+02:01:19 (41.3%)	8:54	6.7 (58.3%)
38	<b>DMOWSKI Paweł</b>	<b>51</b>	ŁĘCZYCA	OPEN	44	02:36:54	<b>04:53:49.05</b>	<b>04:53:49.05</b>	+02:01:19 (41.3%)	8:54	6.7 (58.3%)
40	<b>BUĆKO Artur</b>	<b>21</b>	JELEŃ GÓRA	OPEN	45	02:44:38	<b>05:05:22.90</b>	<b>05:05:22.90</b>	+02:12:53 (43.5%)	9:15	6.5 (56.5%)
41	<b>LENARCZYK Michał</b>	<b>41</b>		OPEN	46	02:36:15	<b>05:15:56.15</b>	<b>05:15:56.15</b>	+02:23:26 (45.4%)	9:34	6.3 (54.8%)
42	<b>LENARCZYK Marcin</b>	<b>42</b>		OPEN	47	02:36:14	<b>05:15:56.45</b>	<b>05:15:56.45</b>	+02:23:26 (45.4%)	9:34	6.3 (54.8%)
43	<b>JABŁOŃSKI Kazimierz</b>	<b>57</b>	PRĄDY	OPEN	48	02:44:28	<b>05:27:59.30</b>	<b>05:27:59.30</b>	+02:35:29 (47.4%)	9:56	6 (52.2%)
44	<b>KONIK Jarosław</b>	<b>56</b>	BBL KRAKÓW-NORAFSPORT	OPEN	50	03:01:55	<b>05:44:53.30</b>	<b>05:44:53.30</b>	+02:52:23 (50.0%)	10:27	5.7 (49.6%)
45	<b>MIRECKI Jan</b>	<b>14</b>		OPEN	56				+00:00:12	5:20	11.3 (98.3%)

Znaleziono 45 wynik(ów)