

# RZEŹNIK NA RATY - DZIEŃ II

B4SPORT

**Wydarzenie:** Festiwal Biegu Rzeźnika  
**Organizator:** Fundacja Rzeźnika  
**Data:** 2017-06-13  
**Miejsce:** Ustrzyki Górne  
**Dystans:** 23 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	<b>PIECH Kacper</b>	<b>2134</b>	ETAPOWATRIADA.PL/ASICS FRONTRUNNER POLSKA	M20	1	<b>02:11:59.45</b>	<b>02:12:03.15</b>		5:44	10.5 (100%)
2	<b>POLAŃSKI Tomasz</b>	<b>2005</b>	B4SPORT	M40	1	<b>02:20:05.55</b>	<b>02:20:09.30</b>	+00:08:06 (5.8%)	6:05	9.9 (94.3%)
3	<b>PAŁKA Tomasz</b>	<b>2023</b>	LUZYX	M30	1	<b>02:24:24.20</b>	<b>02:24:37.75</b>	+00:12:34 (8.7%)	6:16	9.6 (91.4%)
4	<b>MOĆKO Jacek</b>	<b>2026</b>		M20	2	<b>02:25:31.65</b>	<b>02:25:35.35</b>	+00:13:32 (9.3%)	6:19	9.5 (90.5%)
5	<b>PAWĘZKA Mirosław</b>	<b>2039</b>	BANDA GRUDNIA / ORANGE POLSKA	M30	2	<b>02:28:50.10</b>	<b>02:28:54.25</b>	+00:16:51 (11.3%)	6:28	9.3 (88.6%)
6	<b>LUBAŃSKI Robert</b>	<b>2073</b>		M50	1	<b>02:34:09.85</b>	<b>02:34:15.25</b>	+00:22:12 (14.4%)	6:42	9 (85.7%)
7	<b>PYRKOSZ Damian</b>	<b>2029</b>		M40	2	<b>02:40:31.60</b>	<b>02:40:37.00</b>	+00:28:33 (17.8%)	6:58	8.6 (81.9%)
8	<b>SKALSKI Radosław</b>	<b>2155</b>	KB AKTYWNI KONIN	M40	3	<b>02:41:10.85</b>	<b>02:41:15.45</b>	+00:29:12 (18.1%)	7:00	8.6 (81.9%)
9	<b>RYCHTER Karol</b>	<b>2131</b>	RYCHTEROWIE	M40	4	<b>02:42:37.70</b>	<b>02:42:44.50</b>	+00:30:41 (18.9%)	7:04	8.5 (81.0%)
10	<b>PAPUGA Dariusz</b>	<b>2037</b>	ZADYSZKA OŚWIĘCIM	M50	2	<b>02:43:27.60</b>	<b>02:43:32.50</b>	+00:31:29 (19.3%)	7:06	8.4 (80.0%)
11	<b>GURGUL Sebastian</b>	<b>2019</b>	AROMAT NÓG	M30	3	<b>02:44:10.80</b>	<b>02:44:15.60</b>	+00:32:12 (19.6%)	7:08	8.4 (80.0%)
11	<b>MAJER Damian</b>	<b>2088</b>	ROZBIEGANA KRUSZWICA	M40	5	<b>02:44:11.25</b>	<b>02:44:15.60</b>	+00:32:12 (19.6%)	7:08	8.4 (80.0%)
13	<b>BUCZYŃSKI Adam</b>	<b>2097</b>	NOKIA KRAKÓW	M40	6	<b>02:46:54.15</b>	<b>02:47:00.40</b>	+00:34:57 (20.9%)	7:15	8.3 (79.0%)
14	<b>SAMEREK Dariusz</b>	<b>2136</b>		M30	4	<b>02:48:25.75</b>	<b>02:48:31.70</b>	+00:36:28 (21.6%)	7:19	8.2 (78.1%)
15	<b>SALSKI Rafał</b>	<b>2076</b>	1968	M40	7	<b>02:52:43.00</b>	<b>02:52:47.50</b>	+00:40:44 (23.6%)	7:30	8 (76.2%)
16	<b>CEGIEŁKO Paweł</b>	<b>2121</b>		M40	8	<b>02:57:16.35</b>	<b>02:57:26.60</b>	+00:45:23 (25.6%)	7:42	7.8 (74.3%)
17	<b>SYDORUK Aleksander</b>	<b>2046</b>	12TRI.PL SS DRUŻYNA WILKA	M40	9	<b>02:59:04.95</b>	<b>02:59:09.00</b>	+00:47:05 (26.3%)	7:47	7.7 (73.3%)
18	<b>CZELNY Tomasz</b>	<b>2016</b>	SMASHING PĄPKINS	M30	5	<b>02:59:51.65</b>	<b>02:59:59.10</b>	+00:47:55 (26.6%)	7:49	7.7 (73.3%)
19	<b>STODOLNY Krzysztof</b>	<b>2074</b>		M50	3	<b>03:01:35.70</b>	<b>03:01:42.25</b>	+00:49:39 (27.3%)	7:53	7.6 (72.4%)
20	<b>JASKULSKI Karol</b>	<b>2119</b>	MARMEL	M30	6	<b>03:03:20.65</b>	<b>03:03:27.75</b>	+00:51:24 (28.0%)	7:58	7.5 (71.4%)
21	<b>SEICHTER Adam</b>	<b>2110</b>	PRORUNNING PROMOTION	M40	10	<b>03:04:19.20</b>	<b>03:04:25.35</b>	+00:52:22 (28.4%)	8:00	7.5 (71.4%)
22	<b>STASICA Arkadiusz</b>	<b>2099</b>	NIEZRZESZONY	M50	4	<b>03:05:02.30</b>	<b>03:05:19.85</b>	+00:53:16 (28.7%)	8:02	7.5 (71.4%)
23	<b>PODLASZEWSKI Jacek</b>	<b>2077</b>	VENI,CUCURRI,VICI	M40	11	<b>03:07:58.00</b>	<b>03:08:11.90</b>	+00:56:08 (29.8%)	8:10	7.3 (69.5%)
24	<b>NOWAK Jarosław</b>	<b>2032</b>	SPC TORUŃ	M40	12	<b>03:07:58.60</b>	<b>03:08:12.15</b>	+00:56:09 (29.8%)	8:10	7.3 (69.5%)
25	<b>MAJOR Zby</b>	<b>2015</b>	NIGHT RUNNERS	M40	13	<b>03:08:19.80</b>	<b>03:08:29.35</b>	+00:56:26 (29.9%)	8:11	7.3 (69.5%)
26	<b>DZIEDZINA Tomasz</b>	<b>2021</b>	NIGHT RUNNERS	M30	7	<b>03:08:20.40</b>	<b>03:08:29.45</b>	+00:56:26 (29.9%)	8:11	7.3 (69.5%)
27	<b>DOMINIAK Michał</b>	<b>2138</b>	KB OŻARÓW MAZOWIECKI BIEGA	M30	8	<b>03:11:06.00</b>	<b>03:11:14.55</b>	+00:59:11 (31.0%)	8:18	7.2 (68.6%)
28	<b>SZOŁTYSEK Wojciech</b>	<b>2047</b>	OCHAJORUN&FRIENDS	M40	14	<b>03:12:13.00</b>	<b>03:12:23.45</b>	+01:00:20 (31.4%)	8:21	7.2 (68.6%)
29	<b>KOZIŃSKI Marek</b>	<b>2111</b>	RUN BYDGOSZCZ	M30	9	<b>03:12:48.50</b>	<b>03:12:54.35</b>	+01:00:51 (31.5%)	8:23	7.2 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
30	<b>ODYA Marcin</b>	<b>2080</b>	EASY RUNNER	M40	15	<b>03:16:23.70</b>	<b>03:16:33.30</b>	+01:04:30 (32.8%)	8:32	7 (66.7%)
31	<b>SLENDAK Jacek</b>	<b>2041</b>	HUSARIA RACE TEAM	M20	3	<b>03:17:59.95</b>	<b>03:18:08.20</b>	+01:06:05 (33.4%)	8:36	7 (66.7%)
32	<b>SZPAIDEL Pawel</b>	<b>2014</b>		M30	10	<b>03:18:49.90</b>	<b>03:18:58.85</b>	+01:06:55 (33.6%)	8:38	6.9 (65.7%)
33	<b>ZAJAC Andrzej</b>	<b>2130</b>	NOKIA KRAKÓW	M40	16	<b>03:19:38.30</b>	<b>03:20:23.00</b>	+01:08:19 (34.1%)	8:40	6.9 (65.7%)
34	<b>ZAMOJSKI Bogumił</b>	<b>2057</b>		M40	17	<b>03:23:35.65</b>	<b>03:23:50.35</b>	+01:11:47 (35.2%)	8:51	6.8 (64.8%)
35	<b>RYCHTER Marcin</b>	<b>2115</b>	RYCHTEROWIE	M40	18	<b>03:25:09.75</b>	<b>03:25:20.50</b>	+01:13:17 (35.7%)	8:55	6.7 (63.8%)
36	<b>LEHMANN Lukasz</b>	<b>2133</b>		M30	11	<b>03:29:30.80</b>	<b>03:29:40.95</b>	+01:17:37 (37.0%)	9:06	6.6 (62.9%)
37	<b>SIEDLACZEK Zbigniew</b>	<b>2024</b>	SKLEP BIEGACZA LUBLIN TEAM	M60	1	<b>03:35:39.70</b>	<b>03:35:46.85</b>	+01:23:43 (38.8%)	9:22	6.4 (61.0%)
38	<b>USZYŃSKI Grzegorz</b>	<b>2141</b>	OTK RZEŹNIK	M40	19	<b>03:35:29.15</b>	<b>03:35:55.15</b>	+01:23:52 (38.8%)	9:22	6.4 (61.0%)
39	<b>WOJCIUK Tomasz</b>	<b>2109</b>		M30	12	<b>03:36:21.80</b>	<b>03:36:34.05</b>	+01:24:30 (39.0%)	9:24	6.4 (61.0%)
40	<b>ZIELIŃSKI Łukasz</b>	<b>2103</b>		M40	20	<b>03:37:47.15</b>	<b>03:37:59.40</b>	+01:25:56 (39.4%)	9:28	6.3 (60.0%)
41	<b>BALICKI Marcin</b>	<b>2083</b>		M30	13	<b>03:38:13.65</b>	<b>03:38:28.35</b>	+01:26:25 (39.6%)	9:29	6.3 (60.0%)
42	<b>GULAN Norbert</b>	<b>2129</b>	MOYA MATCHA	M30	14	<b>03:38:16.85</b>	<b>03:38:40.40</b>	+01:26:37 (39.6%)	9:29	6.3 (60.0%)
43	<b>PLASZCZYK Tomasz</b>	<b>2125</b>	SZTAFETA NADZIEI	M40	21	<b>03:42:46.35</b>	<b>03:43:06.05</b>	+01:31:02 (40.8%)	9:41	6.2 (59.0%)
44	<b>SREBRNY Mirosław</b>	<b>2075</b>		M40	22	<b>03:42:47.15</b>	<b>03:43:06.20</b>	+01:31:03 (40.8%)	9:41	6.2 (59.0%)
45	<b>PRYCINSKI Krzysztof</b>	<b>2113</b>	CAFE SZKOLNA 16	M40	23	<b>03:45:16.20</b>	<b>03:45:26.50</b>	+01:33:23 (41.4%)	9:47	6.1 (58.1%)
46	<b>TRZCIŃSKI Sebastian</b>	<b>2066</b>	PEŁZACZ NIZINNY	M30	15	<b>03:49:16.10</b>	<b>03:49:36.30</b>	+01:37:33 (42.5%)	9:58	6 (57.1%)
47	<b>MILCZAREK Jacek</b>	<b>2067</b>	PEŁZACZ NIZINNY	M30	16	<b>03:52:47.70</b>	<b>03:53:06.80</b>	+01:41:03 (43.4%)	10:07	5.9 (56.2%)
48	<b>LASKOWSKI Marcin</b>	<b>2068</b>	PEŁZACZ NIZINNY	M40	24	<b>03:52:47.10</b>	<b>03:53:08.20</b>	+01:41:05 (43.4%)	10:07	5.9 (56.2%)
49	<b>COFALSKI Jakub</b>	<b>2081</b>		M30	17	<b>03:53:31.65</b>	<b>03:53:46.80</b>	+01:41:43 (43.5%)	10:09	5.9 (56.2%)
50	<b>PRZYBYŁO Janusz</b>	<b>2090</b>		M60	2	<b>03:55:03.15</b>	<b>03:55:24.70</b>	+01:43:21 (43.9%)	10:13	5.9 (56.2%)
51	<b>JUSZCZAK Zbigniew</b>	<b>2101</b>	NIEZRZESZONY	M50	5	<b>03:55:44.90</b>	<b>03:56:10.75</b>	+01:44:07 (44.1%)	10:15	5.9 (56.2%)
52	<b>SAWICKI Bartosz</b>	<b>2093</b>	JACEKBIEGA RUNNING TEAM	M30	18	<b>03:59:18.70</b>	<b>03:59:27.25</b>	+01:47:24 (44.9%)	10:24	5.8 (55.2%)
53	<b>ŁYSAKIEWICZ Paweł</b>	<b>1886</b>	JACEKBIEGA RUNNING TEAM	M30	19	<b>03:59:21.75</b>	<b>03:59:29.55</b>	+01:47:26 (44.9%)	10:24	5.8 (55.2%)
54	<b>SUŁEK Cezary</b>	<b>2033</b>		M40	25	<b>04:03:18.35</b>	<b>04:03:32.80</b>	+01:51:29 (45.8%)	10:34	5.7 (54.3%)
55	<b>RACZKOWSKI Jacek</b>	<b>2079</b>		M50	6	<b>04:04:41.05</b>	<b>04:04:55.50</b>	+01:52:52 (46.1%)	10:38	5.6 (53.3%)
56	<b>JAWORSKI Bartłomiej</b>	<b>2034</b>	SPC	M20	4	<b>04:08:02.70</b>	<b>04:08:23.25</b>	+01:56:20 (46.8%)	10:47	5.6 (53.3%)
57	<b>SZCZEPKOWSKI Paweł</b>	<b>2056</b>	ARTEQUIPMENT	M60	3	<b>04:08:35.45</b>	<b>04:08:53.10</b>	+01:56:49 (46.9%)	10:48	5.6 (53.3%)
58	<b>OBARSKI Norbert</b>	<b>2096</b>		M50	7	<b>04:15:09.10</b>	<b>04:15:31.20</b>	+02:03:28 (48.3%)	11:05	5.4 (51.4%)
59	<b>ZAWROTNIAK Mariusz</b>	<b>2105</b>		M30	20	<b>04:18:29.45</b>	<b>04:18:53.30</b>	+02:06:50 (49.0%)	11:14	5.3 (50.5%)
60	<b>PERKOWSKI Tomasz</b>	<b>2122</b>	EUROCASH	M30	21	<b>04:18:28.60</b>	<b>04:18:53.55</b>	+02:06:50 (49.0%)	11:14	5.3 (50.5%)
61	<b>ŁADNIAK Jerzy</b>	<b>2098</b>	NIEZRZESZONY	M50	8	<b>04:18:39.95</b>	<b>04:18:58.05</b>	+02:06:54 (49.0%)	11:14	5.3 (50.5%)
62	<b>PIĄTEK Filip</b>	<b>2118</b>	SZATANY	M30	22	<b>04:20:22.25</b>	<b>04:20:27.20</b>	+02:08:24 (49.3%)	11:19	5.3 (50.5%)
63	<b>BAKA Mateusz</b>	<b>2022</b>	GTS TRADYCJA	M20	5	<b>04:24:25.25</b>	<b>04:24:52.05</b>	+02:12:48 (50.1%)	11:29	5.2 (49.5%)
64	<b>BAK Andrzej</b>	<b>2137</b>	SPC	M40	26	<b>04:24:31.55</b>	<b>04:24:52.95</b>	+02:12:49 (50.1%)	11:30	5.2 (49.5%)
65	<b>BAKA Marcin</b>	<b>2017</b>	GTS TRADYCJA	M50	9	<b>04:24:30.95</b>	<b>04:24:58.05</b>	+02:12:54 (50.2%)	11:30	5.2 (49.5%)
66	<b>ŁUCZAK Adrian</b>	<b>2132</b>	THE CAKE IS A LIE	M20	6	<b>04:26:54.20</b>	<b>04:27:15.60</b>	+02:15:12 (50.6%)	11:36	5.2 (49.5%)
67	<b>PODKÓWKA Zbigniew</b>	<b>2108</b>		M50	10	<b>04:38:24.25</b>	<b>04:38:35.75</b>	+02:26:32 (52.6%)	12:06	5 (47.6%)
68	<b>STRZELECKI Artur</b>	<b>2139</b>		M50	11	<b>04:46:06.80</b>	<b>04:46:22.25</b>	+02:34:19 (53.9%)	12:26	4.8 (45.7%)
69	<b>DUBAS Mateusz</b>	<b>2089</b>	SPORTID	M20	7	<b>04:47:07.40</b>	<b>04:47:15.80</b>	+02:35:12 (54.0%)	12:29	4.8 (45.7%)
69	<b>NOWOWIEJSKI Grzegorz</b>	<b>2085</b>		M40	27	<b>04:47:07.25</b>	<b>04:47:15.80</b>	+02:35:12 (54.0%)	12:29	4.8 (45.7%)

Znaleziono 70 wynik(ów)