

RZEŹNIK NA RATY - DZIEŃ III

B4SPORT

Organizator: OTK Rzeźnik
Data: 2015-06-03
Miejsce: Smerek/Kalnica
Dystans: 21 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	DOMISZEWSKI Ignacy	67	USTRZYKI DOLNE	M20	1	01:50:09.05	01:50:09.05		5:14	11.4 (100%)
2	CIOSMAK Andrzej	40	PZU SPORT TEAM	M30	1	02:02:03.85	02:02:03.85	+00:11:54 (9.8%)	5:48	10.3 (90.4%)
3	GARDENER Jacek	39	JACEKBIEGA RUNNING TEAM	M40	1	02:02:13.10	02:02:13.10	+00:12:04 (9.9%)	5:49	10.3 (90.4%)
4	JAKUBCZYK Paweł	30	CKBABCIE	M30	2	02:12:46.60	02:12:46.60	+00:22:37 (17.0%)	6:19	9.5 (83.3%)
5	WĘGIELEWSKI Bartosz	52		M30	3	02:17:27.90	02:17:27.90	+00:27:18 (19.9%)	6:32	9.2 (80.7%)
6	CYGANEK Grzegorz	47	BYDGOSZCZ	M30	4	02:19:06.75	02:19:06.75	+00:28:57 (20.8%)	6:37	9.1 (79.8%)
7	BONDARA Sylwia	71	JACEK BIEGA	K20	1	02:19:12.90	02:19:12.90	+00:29:03 (20.9%)	6:37	9.1 (79.8%)
8	ŚWIERCZYŃSKI Marcin	28	WARSZAWA	M30	5	02:19:22.85	02:19:22.85	+00:29:13 (21.0%)	6:38	9 (78.9%)
9	JOSYPENKO Jędrzej	66	JACEKBIEGA RUNNING TEAM	M20	2	02:21:56.40	02:21:56.40	+00:31:47 (22.4%)	6:45	8.9 (78.1%)
10	JOSYPENKO Bożena	65	JACEKBIEGA RUNNING TEAM	K30	1	02:21:56.65	02:21:56.65	+00:31:47 (22.4%)	6:45	8.9 (78.1%)
11	WOSIK Marek	68		M60	1	02:27:25.30	02:27:25.30	+00:37:16 (25.3%)	7:01	8.5 (74.6%)
12	KRUPCZYŃSKI Michał	37	KRUPOLS TEAM	M20	3	02:28:27.90	02:28:27.90	+00:38:18 (25.8%)	7:04	8.5 (74.6%)
13	ZIELIŃSKI Zbigniew	26	WARSZAWA	M40	2	02:34:40.30	02:34:40.30	+00:44:31 (28.8%)	7:21	8.1 (71.1%)
14	TOMCZYK Ferdynand	48	MODLITWA BIEGANIA GRYFINO	M50	1	02:34:40.40	02:34:40.40	+00:44:31 (28.8%)	7:21	8.1 (71.1%)
15	SADOWSKI Rafał	63	BEŁCHATÓW	M20	4	02:35:39.60	02:35:39.60	+00:45:30 (29.2%)	7:24	8.1 (71.1%)
16	PRZYBYLSKI Witek	73	OTK RZEŹNIK	M30	6	02:38:53.35	02:38:53.35	+00:48:44 (30.7%)	7:33	7.9 (69.3%)
17	STAN Marcin	38	WHITE RABBIT RUNNING TEAM	M40	3	02:39:43.05	02:39:43.05	+00:49:34 (31.0%)	7:36	7.9 (69.3%)
18	BARCEWICZ Marta	54	12TRI.PL DRUŻYNA WILKA OLSZTYN	K20	2	02:41:29.70	02:41:29.70	+00:51:20 (31.8%)	7:41	7.8 (68.4%)
19	KWIATEK Tomasz	25	JACEKBIEGA RUNNING TEAM	M30	7	02:44:33.45	02:44:33.45	+00:54:24 (33.1%)	7:50	7.7 (67.5%)
20	KONSTANTY Katarzyna	10	KRAKÓW	K30	2	02:44:43.30	02:44:43.30	+00:54:34 (33.1%)	7:50	7.6 (66.7%)
20	PRÓBAN Robert	64	GLIWICE	M30	8	02:44:43.30	02:44:43.30	+00:54:34 (33.1%)	7:50	7.6 (66.7%)
22	GAURA Łukasz	11	BYDGOSZCZ	M30	9	02:45:59.95	02:45:59.95	+00:55:50 (33.6%)	7:54	7.6 (66.7%)
23	FĄFARA Marek	17	KS KOZIOŁEK	M30	10	02:48:46.50	02:48:46.50	+00:58:37 (34.7%)	8:02	7.5 (65.8%)
24	GRONIECKI Mikołaj	33	WARSZAWA	M30	11	02:52:27.30	02:52:27.30	+01:02:18 (36.1%)	8:12	7.3 (64.0%)
25	JAKUBCZYK Dariusz	31	CKBABCIE	M30	12	02:53:40.00	02:53:40.00	+01:03:30 (36.6%)	8:16	7.3 (64.0%)
26	LENARCZYK Marcin	42		M30	13	02:53:48.65	02:53:48.65	+01:03:39 (36.6%)	8:16	7.2 (63.2%)
27	STYCZEŃ Piotr	24	CKBABCIE	M30	14	02:53:55.40	02:53:55.40	+01:03:46 (36.7%)	8:16	7.2 (63.2%)
28	SŁOWIŃSKI Karol	72		M30	15	02:54:47.10	02:54:47.10	+01:04:38 (37.0%)	8:19	7.2 (63.2%)
29	STENCEL Piotr	61	WODZISŁAW ŚLĄSKI	M40	4	02:57:44.90	02:57:44.90	+01:07:35 (38.0%)	8:27	7.1 (62.3%)
30	GURAK-STENCEL Izabela	62	WODZISŁAW ŚLĄSKI	K40	1	02:57:45.05	02:57:45.05	+01:07:36 (38.0%)	8:27	7.1 (62.3%)

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31	KRUPCZYŃSKI Mariusz	27	KRUPOLS TEAM	M50	2	03:00:33.30	03:00:33.30	+01:10:24 (39.0%)	8:35	7 (61.4%)
32	KRUPCZYŃSKI Szymon	36	KRUPOLS TEAM	M20	5	03:00:33.40	03:00:33.40	+01:10:24 (39.0%)	8:35	7 (61.4%)
33	GURDEK Weronika	19	KRAKÓW	K20	3	03:01:51.90	03:01:51.90	+01:11:42 (39.4%)	8:39	6.9 (60.5%)
34	ZARZYCKA Monika	12	KB JOGGER NOWY DWÓR MAZOWIECKI	K20	4	03:03:01.25	03:03:01.25	+01:12:52 (39.8%)	8:42	6.9 (60.5%)
35	GŁOWACKI Michał	50	ŁĘCZYCA	M20	6	03:03:58.60	03:03:58.60	+01:13:49 (40.1%)	8:45	6.8 (59.6%)
36	GREWIŃSKI Tomasz	43	RUN KAYAX RUN	M40	5	03:03:58.70	03:03:58.70	+01:13:49 (40.1%)	8:45	6.8 (59.6%)
37	ŁYSAKIEWICZ Paweł	13	NSK PERON	M20	7	03:04:15.65	03:04:15.65	+01:14:06 (40.2%)	8:46	6.8 (59.6%)
38	BUĆKO Artur	21	JELEŃ GÓRA	M50	3	03:04:50.20	03:04:50.20	+01:14:41 (40.4%)	8:48	6.8 (59.6%)
39	PRĘDKI Mirosław	59	JASŁO	M30	16	03:08:02.55	03:08:02.55	+01:17:53 (41.4%)	8:57	6.7 (58.8%)
40	ZOCHNIAK Marek	46	PIASTÓW	M50	4	03:08:35.90	03:08:35.90	+01:18:26 (41.6%)	8:58	6.7 (58.8%)
41	KRYSIAK Robert	53		M40	6	03:08:52.50	03:08:52.50	+01:18:43 (41.7%)	8:59	6.7 (58.8%)
42	DMOWSKI Paweł	51	ŁĘCZYCA	M20	8	03:14:28.00	03:14:28.00	+01:24:18 (43.4%)	9:15	6.5 (57.0%)
43	KOWALCZYK Mariusz	18	RADOM	M30	17	03:15:30.65	03:15:30.65	+01:25:21 (43.7%)	9:18	6.4 (56.1%)
44	STAWIARSKI Jakub	55	LONGPLAY GORZÓW WLKP	M20	9	03:15:30.95	03:15:30.95	+01:25:21 (43.7%)	9:18	6.4 (56.1%)
45	ANDRZEJEWSKI Maciej	34	WARSZAWA	M30	18	03:23:55.15	03:23:55.15	+01:33:46 (46.0%)	9:42	6.2 (54.4%)
46	BRZEZOWSKA Beata	69	ALBATROSY	K40	2	03:30:28.85	03:30:28.85	+01:40:19 (47.7%)	10:01	6 (52.6%)
47	JABŁOŃSKI Kazimierz	57	PRĄDY	M60	2	03:32:32.05	03:32:32.05	+01:42:23 (48.2%)	10:07	5.9 (51.8%)
48	ANTOSZ Monika	20	NORAFSPORT	K40	3	03:36:05.35	03:36:05.35	+01:45:56 (49.0%)	10:17	5.8 (50.9%)
49	KONIK Jarosław	56	BBL KRAKÓW-NORAFSPORT	M40	7	03:36:06.35	03:36:06.35	+01:45:57 (49.0%)	10:17	5.8 (50.9%)
50	LENARCZYK Michał	41		M20	10	03:58:41.45	03:58:41.45	+02:08:32 (53.9%)	11:21	5.3 (46.5%)
51	JEŻAK Joanna	58	NOWA HUTA TEAM	K20	5	04:05:25.90	04:05:25.90	+02:15:16 (55.1%)	11:41	5.1 (44.7%)

Znaleziono 51 wynik(ów)