

# RZEŹNIK SKY 2018

B4SPORT  
INTELEKTUJĄCE ZAWODY SPORTOWE

**Wydarzenie:** IV FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2018-05-31  
**Miejsce:** Bieszczady  
**Dystans:** 53 km

**B4SPORT**  
INTELEKTUJĄCE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 10km	Zubracze 25km	Roztoki 35km	Przysłup 44km	Kara/ bonifikata	Czas netto 53km	Czas brutto 53km	Różn	Tempo min/km	Tempo km/h
1	<b>GORCZYCA Bartosz</b>	<b>1381</b>	SALCO GARMIN TEAM	M20	1	00:58:11	02:29:20	03:27:40	04:24:48		<b>05:22:20.85</b>	<b>05:22:25.55</b>		6:04	9.9 (100%)
2	<b>GUTT Piotr</b>	<b>1380</b>		M20	2	01:04:08	02:33:37	03:36:46	04:38:46		<b>05:40:04.90</b>	<b>05:40:07.55</b>	+00:17:42 (5.2%)	6:24	9.4 (94.9%)
3	<b>FARON Robert</b>	<b>1289</b>	SALCO GARMIN SPORT	M40	1	00:58:54	02:31:32	03:32:50	04:34:15	00:15:00	<b>05:46:10.35</b>	<b>05:46:13.25</b>	+00:23:47 (6.9%)	6:14	9.6 (97.0%)
4	<b>GRZĄDZIEL Dominik</b>	<b>1027</b>	ATTIQ TEAM SALMING	M30	1	00:59:01	02:33:47	03:35:45	04:34:49	00:15:00	<b>05:46:27.70</b>	<b>05:46:30.25</b>	+00:24:04 (6.9%)	6:15	9.6 (97.0%)
5	<b>ŁĄCZAK Magdalena</b>	<b>1403</b>	SALOMON SUNTO TEAM	K40	1	01:05:35	02:52:44	03:57:26	05:00:30		<b>06:06:40.50</b>	<b>06:06:43.15</b>	+00:44:17 (12.1%)	6:55	8.7 (87.9%)
6	<b>MAJER Ewa</b>	<b>1354</b>	SOLGAR POLSKA	K30	1	01:04:48	02:54:11	04:02:00	05:07:45		<b>06:13:42.95</b>	<b>06:13:45.85</b>	+00:51:20 (13.7%)	7:03	8.5 (85.9%)
7	<b>FICEK Roman</b>	<b>1287</b>	KW KRAKÓW	M20	3	01:05:25	02:53:42	04:02:19	05:13:27		<b>06:20:20.00</b>	<b>06:20:25.00</b>	+00:57:59 (15.2%)	7:10	8.4 (84.8%)
8	<b>SWOBODA Marek</b>	<b>1325</b>	BYLEDOBIEC ANIN	M50	1	01:04:42	02:50:24	04:02:43	05:07:51		<b>06:21:44.80</b>	<b>06:21:48.80</b>	+00:59:23 (15.6%)	7:12	8.3 (83.8%)
9	<b>SIKORA Sebastian</b>	<b>1332</b>	ACEL GDYNIA	M40	2	01:04:05	02:52:44	04:00:44	05:09:36		<b>06:24:55.70</b>	<b>06:24:59.50</b>	+01:02:33 (16.3%)	7:15	8.3 (83.8%)
10	<b>PAWŁOWSKI Arkadiusz</b>	<b>1182</b>	ROCK&RUN	M30	2	01:05:32	02:55:38	04:07:18	05:16:35		<b>06:27:53.85</b>	<b>06:27:57.85</b>	+01:05:32 (16.9%)	7:19	8.2 (82.8%)
11	<b>CZUBA Jarek</b>	<b>1299</b>	ABOVE2000	M20	4	01:00:32	02:49:02	04:10:15	05:21:34		<b>06:34:25.60</b>	<b>06:34:29.30</b>	+01:12:03 (18.3%)	7:26	8.1 (81.8%)
12	<b>SOBCZAK Henryk</b>	<b>1416</b>	S.H.T I GORĄCY POTOK	M30	3	01:13:17	02:56:26	04:12:23	05:25:55		<b>06:38:04.75</b>	<b>06:38:07.30</b>	+01:15:41 (19.0%)	7:30	8 (80.8%)
13	<b>MALINOWSKI Mateusz</b>	<b>1323</b>		M30	4	01:04:44	02:55:31	04:15:43	05:32:19		<b>06:46:30.75</b>	<b>06:46:34.45</b>	+01:24:08 (20.7%)	7:40	7.8 (78.8%)
14	<b>KORPALSKI Tomasz</b>	<b>1115</b>	BIEGAJ Z GŁOWĄ	M30	5	01:11:30	03:08:50	04:24:24	05:35:37		<b>06:50:30.65</b>	<b>06:50:44.65</b>	+01:28:19 (21.5%)	7:44	7.7 (77.8%)
15	<b>KĄCKA Anna</b>	<b>1384</b>	BUFF TEAM POLAND	K20	1	01:16:23	03:10:57	04:27:24	05:41:13		<b>06:56:53.60</b>	<b>06:56:56.80</b>	+01:34:31 (22.7%)	7:51	7.6 (76.8%)
16	<b>ŻUCHOWSKI Daniel</b>	<b>1221</b>	NOWA HUTA TEAM	M30	6	01:16:38	03:10:58	04:27:39	05:49:03		<b>07:09:18.05</b>	<b>07:09:22.75</b>	+01:46:57 (24.9%)	8:06	7.4 (74.7%)
17	<b>ŁUŻYŃSKI Tomasz</b>	<b>1128</b>	TT SZCZECIN	M40	3	01:10:01	03:14:24	04:34:53	05:51:55		<b>07:12:55.40</b>	<b>07:12:58.60</b>	+01:50:33 (25.5%)	8:10	7.3 (73.7%)
18	<b>ŻORNIAK Mateusz</b>	<b>1131</b>	MEGA FASON SIENIAWA	M20	5	01:13:55	03:10:10	04:33:29	05:59:08		<b>07:18:56.40</b>	<b>07:19:02.10</b>	+01:56:36 (26.6%)	8:16	7.2 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka				Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
						10km	Zubracze 25km	Roztoki 35km	Przyszlup 44km		netto 53km	brutto 53km			
19	<b>TUROSZ Iwona</b>	<b>1366</b>	GOPR BIESZCZADY	K20	2	01:10:41	03:15:53	04:39:53	05:58:02		<b>07:20:42.80</b>	<b>07:20:46.90</b>	+01:58:21 (26.9%)	8:18	7.2 (72.7%)
20	<b>MAMALA Justyna</b>	<b>1217</b>		K20	3	01:14:02	03:16:21	04:35:44	05:56:31		<b>07:21:27.00</b>	<b>07:21:31.85</b>	+01:59:06 (27.0%)	8:19	7.2 (72.7%)
21	<b>BADOWSKI Aleksander</b>	<b>1371</b>	TEAM MOUNTAIN FUEL POLSKA	M30	7	01:02:15	02:54:43	04:25:06	05:58:13		<b>07:25:45.60</b>	<b>07:25:49.30</b>	+02:03:23 (27.7%)	8:24	7.1 (71.7%)
22	<b>SIEMIENIEC Marcin</b>	<b>1085</b>	NOA	M30	8	01:08:42	03:06:34	04:35:40	05:58:41		<b>07:27:28.10</b>	<b>07:27:32.65</b>	+02:05:07 (28.0%)	8:26	7.1 (71.7%)
23	<b>KOZYRA Paweł</b>	<b>1302</b>	RUNNERPAWCISLAW UME LUB STAY INSANE	M20	6	01:13:34	03:09:18	04:38:53	05:58:41		<b>07:30:03.15</b>	<b>07:30:07.15</b>	+02:07:41 (28.4%)	8:29	7.1 (71.7%)
24	<b>BRZOSKWINIA Wojciech</b>	<b>1388</b>	HUSARIA RACE TEAM	M20	7	01:16:17	03:22:33	04:58:01	06:14:25		<b>07:35:45.35</b>	<b>07:36:02.80</b>	+02:13:37 (29.3%)	8:35	7 (70.7%)
25	<b>KIK Iwona</b>	<b>1367</b>	DANIEL WOSIK TERVEL TEAM	K30	2	01:16:26	03:27:47	05:07:53	06:24:31		<b>07:36:59.80</b>	<b>07:37:04.95</b>	+02:14:39 (29.5%)	8:37	7 (70.7%)
26	<b>ZALEWSKI Dariusz</b>	<b>1258</b>	KWT	M40	4	01:14:11	03:15:58	04:52:37	06:12:33		<b>07:38:21.35</b>	<b>07:38:25.20</b>	+02:15:59 (29.7%)	8:38	6.9 (69.7%)
27	<b>GRYGIEL Marek</b>	<b>1024</b>	JACEKBIEGA RUNNING TEAM	M40	5	01:09:26	03:13:00	04:48:10	06:16:14		<b>07:39:22.35</b>	<b>07:39:30.00</b>	+02:17:04 (29.8%)	8:40	6.9 (69.7%)
28	<b>BADURA Adam</b>	<b>1330</b>	FORMA WODZISLAW ŚLĄSKI	M40	6	01:14:26	03:24:42	04:55:18	06:17:46		<b>07:40:24.90</b>	<b>07:40:32.65</b>	+02:18:07 (30.0%)	8:41	6.9 (69.7%)
29	<b>ZAGLANICZNY Dominik</b>	<b>1247</b>		M30	9	01:12:12	03:24:43	04:56:45	06:22:43		<b>07:42:19.50</b>	<b>07:42:27.60</b>	+02:20:02 (30.3%)	8:43	6.9 (69.7%)
30	<b>KATARZYŃSKI Marek</b>	<b>1290</b>		M30	10	01:16:35	03:25:37	04:58:48	06:23:43		<b>07:46:56.75</b>	<b>07:47:09.90</b>	+02:24:44 (31.0%)	8:48	6.8 (68.7%)
31	<b>OLESIAK Grzegorz</b>	<b>1444</b>	GORCE ULTRA TRAIL	M50	2	01:13:55	03:15:06	04:58:29	06:24:32		<b>07:47:29.50</b>	<b>07:47:40.35</b>	+02:25:14 (31.1%)	8:49	6.8 (68.7%)
32	<b>DOMISZEWSKA Maria</b>	<b>1376</b>		K50	1	01:12:29	03:26:58	05:00:33	06:24:39		<b>07:50:25.05</b>	<b>07:50:32.35</b>	+02:28:06 (31.5%)	8:52	6.8 (68.7%)
33	<b>KACZMAREK Łukasz</b>	<b>1198</b>	KUŹNIA TALENTÓW KAMIENIEC	M20	8	01:15:16	03:27:45	05:02:47	06:28:36		<b>07:51:31.95</b>	<b>07:51:40.40</b>	+02:29:14 (31.6%)	8:53	6.7 (67.7%)
34	<b>NIŻNIK Marcin</b>	<b>1365</b>	NOWY STYL GROUP RUNNING TEAM	M40	7	01:12:50	03:18:41	04:46:48	06:19:27		<b>07:52:51.95</b>	<b>07:52:56.65</b>	+02:30:31 (31.8%)	8:55	6.7 (67.7%)
35	<b>LEWANDOWSKI Paweł</b>	<b>1276</b>		M40	8	01:11:42	03:19:39	05:04:00	06:30:23		<b>07:54:57.10</b>	<b>07:55:11.35</b>	+02:32:45 (32.1%)	8:57	6.7 (67.7%)
36	<b>ORCHOLSKI Witold</b>	<b>1313</b>	T.S. OPATRUNKI TORUŃ	M40	9	01:10:01	03:20:31	05:16:54	06:36:16		<b>07:57:52.60</b>	<b>07:57:58.00</b>	+02:35:32 (32.5%)	9:00	6.7 (67.7%)
37	<b>WOJCIECHOWSKI Jarosław</b>	<b>1092</b>	CZASEM BIEGAM	M50	3	01:14:54	03:26:50	04:59:37	06:28:20		<b>08:00:15.50</b>	<b>08:00:20.95</b>	+02:37:55 (32.9%)	9:03	6.6 (66.7%)
38	<b>KUC Wojciech</b>	<b>1171</b>		M30	11	01:12:20	03:24:40	04:59:06	06:31:46		<b>08:00:33.40</b>	<b>08:00:49.20</b>	+02:38:23 (32.9%)	9:04	6.6 (66.7%)
39	<b>BONDARA Sylwia</b>	<b>1166</b>	JACEKBIEGA RUNNING TEAM	K30	3	01:14:56	03:36:09	05:13:46	06:34:55		<b>08:00:43.15</b>	<b>08:00:50.80</b>	+02:38:25 (32.9%)	9:04	6.6 (66.7%)
40	<b>KONOPKA Sławek</b>	<b>1413</b>	FUNDACJA NA RATUNEK	M40	10	01:15:19	03:30:00	05:08:36	06:36:05		<b>08:01:39.80</b>	<b>08:01:43.95</b>	+02:39:18 (33.1%)	9:05	6.6 (66.7%)
41	<b>WALCZAK Paweł</b>	<b>1238</b>		M20	9	01:15:46	03:21:13	04:57:26	06:29:02		<b>08:02:54.50</b>	<b>08:03:08.20</b>	+02:40:42 (33.3%)	9:06	6.6 (66.7%)
42	<b>STACHURSKI Paweł</b>	<b>1397</b>		M30	12	01:12:41	03:21:09	05:04:32	06:27:39		<b>08:02:53.60</b>	<b>08:03:08.25</b>	+02:40:42 (33.3%)	9:06	6.6 (66.7%)
43	<b>LUBAŃSKI Robert</b>	<b>1132</b>		M50	4	01:12:51	03:28:26	05:06:41	06:35:54		<b>08:04:29.95</b>	<b>08:04:35.00</b>	+02:42:09 (33.5%)	9:08	6.6 (66.7%)
44	<b>TYCZKA Wojciech</b>	<b>1383</b>	CIDRY LOTAJOM	M20	10	01:22:30	03:36:41	05:10:43	06:39:22		<b>08:10:08.75</b>	<b>08:10:26.60</b>	+02:48:01 (34.3%)	9:14	6.5 (65.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						10km	25km	35km	44km		53km	53km			
45	<b>PUDŁO Mateusz</b>	<b>1422</b>	HUSARIA RACE TEAM	M20	11	01:10:40	03:28:56	05:14:52	06:41:11		<b>08:11:10.95</b>	<b>08:11:16.80</b>	+02:48:51 (34.4%)	9:16	6.5 (65.7%)
46	<b>GRABOWSKI Błażej</b>	<b>1336</b>	JACEKBIEGA RUNNING TEAM	M30	13	01:09:42	03:26:54	05:09:10	06:44:45		<b>08:12:43.70</b>	<b>08:12:51.25</b>	+02:50:25 (34.6%)	9:17	6.5 (65.7%)
47	<b>JASŁOWSKA Justyna</b>	<b>1301</b>	MUKS JEDLICZE	K30	4	01:15:20	03:37:10	05:17:41	06:49:48		<b>08:13:28.35</b>	<b>08:13:37.35</b>	+02:51:11 (34.7%)	9:18	6.4 (64.6%)
48	<b>ŚWIERAD Krystian</b>	<b>1231</b>		M20	12	01:15:46	03:29:41	05:14:42	06:44:06		<b>08:14:46.45</b>	<b>08:15:00.35</b>	+02:52:34 (34.9%)	9:20	6.4 (64.6%)
49	<b>FLOREK Natalia</b>	<b>1230</b>		K20	4	01:14:51	03:35:40	05:13:39	06:45:07		<b>08:15:24.50</b>	<b>08:15:29.35</b>	+02:53:03 (34.9%)	9:20	6.4 (64.6%)
50	<b>ZAPŁATA Wojciech</b>	<b>1148</b>		M40	11	01:14:54	03:18:35	04:58:44	06:30:09		<b>08:15:36.80</b>	<b>08:15:48.45</b>	+02:53:22 (35.0%)	9:21	6.4 (64.6%)
51	<b>WALENCIK Grzegorz</b>	<b>1037</b>	KEEPMOVING.PL	M30	14	01:23:54	03:33:03	05:10:42	06:42:18		<b>08:15:20.65</b>	<b>08:15:55.35</b>	+02:53:29 (35.0%)	9:20	6.4 (64.6%)
52	<b>TYPIŃSKI Paweł</b>	<b>1026</b>	PIĄTKOWO NA BIEGOWO	M20	13	01:14:22	03:31:47	05:12:42	06:48:29		<b>08:19:44.70</b>	<b>08:19:52.85</b>	+02:57:27 (35.5%)	9:25	6.4 (64.6%)
53	<b>DEREZIŃSKI Piotr</b>	<b>1106</b>		M30	15	01:18:55	03:38:00	05:22:33	06:48:30		<b>08:19:41.65</b>	<b>08:19:58.00</b>	+02:57:32 (35.5%)	9:25	6.4 (64.6%)
54	<b>JAZŁOCKI Łukasz</b>	<b>1316</b>	TWDW	M30	16	01:15:43	03:27:28	05:07:51	06:44:42		<b>08:20:41.40</b>	<b>08:21:04.95</b>	+02:58:39 (35.7%)	9:26	6.4 (64.6%)
55	<b>SARKA Bartłomiej</b>	<b>1411</b>		M30	17	01:23:20	03:38:51	05:19:55	06:52:26		<b>08:23:05.95</b>	<b>08:23:16.30</b>	+03:00:50 (35.9%)	9:29	6.3 (63.6%)
56	<b>POPIEL Andrzej</b>	<b>1309</b>		M30	18	01:10:14	03:18:37	04:54:59	06:52:52		<b>08:25:12.75</b>	<b>08:25:18.10</b>	+03:02:52 (36.2%)	9:31	6.3 (63.6%)
57	<b>KUCHARSKI Waldemar</b>	<b>1095</b>		M40	12	01:18:26	03:41:44	05:25:33	06:54:14		<b>08:26:07.05</b>	<b>08:26:07.05</b>	+03:03:41 (36.3%)	9:32	6.3 (63.6%)
58	<b>GRABOŚ Nina</b>	<b>1048</b>		K40	2	01:24:06	03:45:17	05:23:44	06:54:35		<b>08:27:26.85</b>	<b>08:27:40.55</b>	+03:05:15 (36.5%)	9:34	6.3 (63.6%)
59	<b>SZAPORÓW Łukasz</b>	<b>1044</b>	SPARTAN RACE TEAM GROUP PROSZOWICE	M30	19	01:12:29	03:28:20	05:14:16	06:50:34		<b>08:32:15.50</b>	<b>08:32:21.45</b>	+03:09:55 (37.1%)	9:39	6.2 (62.6%)
60	<b>PARWA Michał</b>	<b>1038</b>		M30	20	01:24:13	03:45:23	05:35:39	07:06:23		<b>08:32:39.50</b>	<b>08:32:50.00</b>	+03:10:24 (37.1%)	9:40	6.2 (62.6%)
61	<b>GARCZYŃSKI Darek</b>	<b>1164</b>		M40	13	01:22:55	03:38:23	05:20:53	06:58:22		<b>08:32:45.70</b>	<b>08:33:00.25</b>	+03:10:34 (37.1%)	9:40	6.2 (62.6%)
62	<b>PYRKOSZ Damian</b>	<b>1060</b>	G.B.U.R.	M40	14	01:22:00	03:44:25	05:32:16	07:04:28		<b>08:35:55.40</b>	<b>08:36:22.15</b>	+03:13:56 (37.6%)	9:44	6.2 (62.6%)
63	<b>MARS Maksymilian</b>	<b>1379</b>	CODLAKE ACTIVE TEAM	M40	15	01:19:38	03:42:45	05:26:32	06:59:44		<b>08:36:47.90</b>	<b>08:36:54.45</b>	+03:14:28 (37.6%)	9:45	6.2 (62.6%)
64	<b>JURCZAK Roman</b>	<b>1065</b>		M60	1	01:17:10	03:50:51	05:36:25	07:04:56		<b>08:38:11.40</b>	<b>08:38:15.25</b>	+03:15:49 (37.8%)	9:46	6.1 (61.6%)
65	<b>TATARA Marek</b>	<b>1257</b>	KGB	M40	16	01:22:28	03:51:10	05:33:43	07:01:30		<b>08:38:51.20</b>	<b>08:38:54.40</b>	+03:16:28 (37.9%)	9:47	6.1 (61.6%)
66	<b>STANIEK Anna</b>	<b>1318</b>	PIERDZĄCE ZAJĄCE	K30	5	01:26:48	03:50:29	05:42:54	07:10:52		<b>08:39:06.25</b>	<b>08:39:34.80</b>	+03:17:09 (37.9%)	9:47	6.1 (61.6%)
67	<b>GRZĄDKA Przemysław</b>	<b>1359</b>	PZU SPORT TEAM	M30	21	01:14:54	03:33:22	05:31:27	07:01:33		<b>08:40:26.20</b>	<b>08:40:31.85</b>	+03:18:06 (38.1%)	9:49	6.1 (61.6%)
68	<b>SEKUŁA Mirek</b>	<b>1236</b>	INFINITY RUNNER'S TEAM GRYBÓW	M40	17	01:31:09	03:50:49	05:38:25	07:06:57		<b>08:40:19.00</b>	<b>08:40:44.65</b>	+03:18:19 (38.1%)	9:49	6.1 (61.6%)
69	<b>DZIUBAŁA Karolina</b>	<b>1331</b>	HUSARIA RACE TEAM	K20	5	01:23:00	03:49:41	05:26:11	07:07:53		<b>08:40:56.15</b>	<b>08:41:13.80</b>	+03:18:48 (38.1%)	9:49	6.1 (61.6%)
70	<b>GOZDOWSKI Paweł</b>	<b>1326</b>		M40	18	01:18:33	03:34:38	05:16:51	07:01:06		<b>08:43:21.30</b>	<b>08:43:29.55</b>	+03:21:04 (38.4%)	9:52	6.1 (61.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka				Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
						10km	Zubracze 25km	Roztoki 35km	Przyslup 44km		netto 53km	brutto 53km			
71	<b>SALSKI Rafał</b>	<b>1137</b>		M50	5	01:13:56	03:36:14	05:18:15	06:59:15		<b>08:43:30.70</b>	<b>08:43:34.40</b>	+03:21:08 (38.4%)	9:52	6.1 (61.6%)
72	<b>RAJNER Krzysztof</b>	<b>1077</b>	ULTRA KOSZALIN	M30	22	01:14:25	03:38:39	05:26:23	07:05:14		<b>08:43:27.75</b>	<b>08:43:35.85</b>	+03:21:10 (38.4%)	9:52	6.1 (61.6%)
73	<b>KOZA Jan</b>	<b>1400</b>	LOKOMOTIV MAJDAN/ GOPR BIESZCZADY	M20	14	01:11:12	03:36:03	05:26:46	07:07:29		<b>08:44:45.05</b>	<b>08:44:49.20</b>	+03:22:23 (38.6%)	9:54	6.1 (61.6%)
74	<b>RZEPNICKI Łukasz</b>	<b>1385</b>	TORUŃSKI KLUB TRIATHLONOWY	M30	23	01:22:10	03:44:05	05:31:18	07:01:31		<b>08:46:10.30</b>	<b>08:46:44.85</b>	+03:24:19 (38.8%)	9:55	6 (60.6%)
75	<b>ZYZAK Daniel</b>	<b>1338</b>		M30	24	01:19:28	03:35:39	05:25:23	07:06:00		<b>08:46:39.40</b>	<b>08:46:49.65</b>	+03:24:24 (38.8%)	9:56	6 (60.6%)
76	<b>JANOWSKI Mariusz</b>	<b>1147</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M40	19	01:23:20	03:57:41	05:51:07	07:26:24		<b>08:49:30.40</b>	<b>08:49:46.10</b>	+03:27:20 (39.1%)	9:59	6 (60.6%)
77	<b>JAWORSKI Konrad</b>	<b>1264</b>		M30	25	01:13:57	03:35:13	05:20:39	07:03:32		<b>08:49:37.80</b>	<b>08:49:49.55</b>	+03:27:24 (39.1%)	9:59	6 (60.6%)
78	<b>RÓŻAŃSKI Mateusz</b>	<b>1066</b>		M30	26	01:22:45	03:45:00	05:31:37	07:14:37		<b>08:50:11.10</b>	<b>08:50:32.50</b>	+03:28:06 (39.2%)	10:00	6 (60.6%)
79	<b>GESSLER Łukasz</b>	<b>1090</b>	BIESY	M30	27	01:18:50	03:38:53	05:37:42	07:16:04		<b>08:52:25.00</b>	<b>08:52:31.25</b>	+03:30:05 (39.5%)	10:02	6 (60.6%)
80	<b>JANAS Dariusz</b>	<b>1178</b>	BIEGACZE JUNIORA - RUNNERS TEAM	M40	20	01:25:14	04:04:34	05:50:08	07:21:31		<b>08:57:01.55</b>	<b>08:57:08.40</b>	+03:34:42 (40.0%)	10:07	5.9 (59.6%)
81	<b>KRAWCZYK Kamil</b>	<b>1312</b>	LOTOS RUNNING TEAM	M20	15	01:12:25	03:27:42	05:26:05	07:18:20		<b>08:57:47.40</b>	<b>08:58:00.05</b>	+03:35:34 (40.1%)	10:08	5.9 (59.6%)
82	<b>LASKO Łukasz</b>	<b>1089</b>	BIESY	M30	28	01:19:17	03:54:09	05:41:34	07:24:34		<b>08:58:31.10</b>	<b>08:58:37.45</b>	+03:36:11 (40.1%)	10:09	5.9 (59.6%)
83	<b>KORCZ Daniel</b>	<b>1423</b>	JAWORZNO RUNNERS PRO TEAM	M30	29	01:10:39	03:21:57	04:58:15	06:48:26		<b>09:00:17.15</b>	<b>09:00:21.60</b>	+03:37:56 (40.3%)	10:11	5.9 (59.6%)
84	<b>WROBLEWSKI Adrian</b>	<b>1050</b>	3ATHLETE.PL	M30	30	01:22:56	03:50:10	05:45:59	07:35:44		<b>09:00:46.10</b>	<b>09:01:16.80</b>	+03:38:51 (40.4%)	10:12	5.9 (59.6%)
85	<b>MAJER Damian</b>	<b>1112</b>	ROZBIEGANA KRUSZWICA	M40	21	01:15:18	03:50:43	05:41:52	07:20:26		<b>09:03:46.65</b>	<b>09:03:51.80</b>	+03:41:26 (40.7%)	10:15	5.8 (58.6%)
86	<b>KOCZUR Tamara</b>	<b>1305</b>	MYSZKÓW BIEGA	K40	3	01:23:11	03:44:29	05:34:25	07:21:10		<b>09:03:40.00</b>	<b>09:03:54.50</b>	+03:41:28 (40.7%)	10:15	5.8 (58.6%)
87	<b>RAJNER Gosia</b>	<b>1087</b>	ABOVE2000	K30	6	01:23:18	04:11:14	06:08:49	07:38:46		<b>09:04:33.85</b>	<b>09:04:39.80</b>	+03:42:14 (40.8%)	10:16	5.8 (58.6%)
88	<b>KOŁTOWSKI Piotr</b>	<b>1239</b>		M30	31	01:23:31	03:44:53	05:41:36	07:20:29		<b>09:04:48.80</b>	<b>09:05:19.55</b>	+03:42:54 (40.9%)	10:16	5.8 (58.6%)
89	<b>MALEC Dawid</b>	<b>1407</b>	MUAY RUNNING TEAM	M20	16	01:24:28	04:04:35	05:56:56	07:32:16		<b>09:06:05.50</b>	<b>09:06:18.05</b>	+03:43:52 (41.0%)	10:18	5.8 (58.6%)
90	<b>GIERSZEWSKA Anna</b>	<b>1184</b>	KB SZAMOTUŁY	K30	7	01:33:41	03:59:18	05:40:56	07:21:46		<b>09:06:21.75</b>	<b>09:06:39.45</b>	+03:44:13 (41.0%)	10:18	5.8 (58.6%)
91	<b>MOLTZAN Zbigniew</b>	<b>1032</b>		M40	22	01:19:25	03:39:09	06:01:55	07:43:31		<b>09:07:27.00</b>	<b>09:07:43.40</b>	+03:45:17 (41.1%)	10:19	5.8 (58.6%)
92	<b>TITZ-KOZA Julita</b>	<b>1394</b>		K30	8	01:25:10	03:55:36	05:43:53	07:27:56		<b>09:08:22.70</b>	<b>09:08:35.05</b>	+03:46:09 (41.2%)	10:20	5.8 (58.6%)
93	<b>OCHYRA Konrad</b>	<b>1006</b>		M20	17	01:24:00	03:46:13	05:39:01	07:23:18		<b>09:08:26.90</b>	<b>09:08:48.75</b>	+03:46:23 (41.3%)	10:20	5.8 (58.6%)
94	<b>BUDZICH Wojciech</b>	<b>1232</b>	TKKF PROMYK CIECHANÓW	M40	23	01:29:51	03:58:20	05:51:05	07:36:46		<b>09:08:54.80</b>	<b>09:09:14.20</b>	+03:46:48 (41.3%)	10:21	5.8 (58.6%)
95	<b>MASŁOWSKA Katarzyna</b>	<b>1140</b>	ESKADRA KRAKÓW	K40	4	01:30:05	04:08:02	05:51:50	07:31:59		<b>09:10:27.65</b>	<b>09:10:43.45</b>	+03:48:17 (41.5%)	10:23	5.8 (58.6%)
96	<b>NOWAK Dorota</b>	<b>1281</b>	WIECZORNE BIEGANIE W SZCZECINIE	K30	9	01:32:07	04:08:08	05:50:45	07:37:07		<b>09:10:21.10</b>	<b>09:10:56.75</b>	+03:48:31 (41.5%)	10:23	5.8 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka				Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
						10km	Zubracze 25km	Roztoki 35km	Przysłup 44km		netto 53km	brutto 53km			
97	<b>KRZYŻAN Jakub</b>	<b>1121</b>	KW KRAKÓW	M40	24	01:29:46	03:58:09	05:45:57	07:29:15		<b>09:10:56.50</b>	<b>09:11:25.25</b>	+03:48:59 (41.5%)	10:23	5.8 (58.6%)
98	<b>DERUŚ Stanisław</b>	<b>1069</b>	KM TRUCHCIK ŁUBIANKA	M50	6	01:52:31					<b>09:11:57.45</b>	<b>09:12:01.05</b>	+03:49:35 (41.6%)	10:24	5.8 (58.6%)
99	<b>LATOS Marcin</b>	<b>1250</b>		M40	25	01:33:23	04:08:15	05:57:12	07:34:17		<b>09:11:42.45</b>	<b>09:12:18.65</b>	+03:49:53 (41.6%)	10:24	5.8 (58.6%)
100	<b>RONKOWSKA Małgorzata</b>	<b>1154</b>	POLKA SPORT	K20	6	01:30:36	03:55:45	05:42:32	07:31:59		<b>09:13:11.65</b>	<b>09:13:31.10</b>	+03:51:05 (41.7%)	10:26	5.7 (57.6%)
101	<b>GIL Jakub</b>	<b>1222</b>	POZYTYWNIIE ZABIEGANI	M20	18	01:13:12	03:22:43	06:15:36	07:46:07		<b>09:14:17.85</b>	<b>09:14:36.15</b>	+03:52:10 (41.9%)	10:27	5.7 (57.6%)
102	<b>ZAJĄCZKOWSKI Paweł</b>	<b>1019</b>	POWER TRAINING	M30	32	01:13:01	03:38:12	05:43:06	07:28:12		<b>09:15:01.35</b>	<b>09:15:04.85</b>	+03:52:39 (41.9%)	10:28	5.7 (57.6%)
103	<b>GALUSKIN Alexey</b>	<b>1120</b>	GRUPA NOMAX	M30	33	01:28:12	03:57:53	05:54:31	07:33:33		<b>09:15:19.00</b>	<b>09:15:40.05</b>	+03:53:14 (42.0%)	10:28	5.7 (57.6%)
104	<b>WIDZIAK Piotr</b>	<b>1294</b>	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M40	26	01:18:53	03:45:45	05:34:22	07:32:09		<b>09:17:14.70</b>	<b>09:17:24.35</b>	+03:54:58 (42.2%)	10:30	5.7 (57.6%)
105	<b>KWACZ Krzysztof</b>	<b>1007</b>	ON THE MOVE	M40	27	01:27:47	03:58:23	05:58:22	07:37:04		<b>09:20:39.35</b>	<b>09:20:50.20</b>	+03:58:24 (42.5%)	10:34	5.7 (57.6%)
106	<b>PLASKATY Szymon</b>	<b>1320</b>		M20	19	01:13:56	03:37:27	05:43:09	07:32:09		<b>09:22:12.75</b>	<b>09:22:34.15</b>	+04:00:08 (42.7%)	10:36	5.7 (57.6%)
107	<b>SOBOCIŃSKI Karol</b>	<b>1009</b>	PIĘKNI I BESTIE	M20	20	01:27:37	03:58:15	05:54:37	07:40:45		<b>09:22:40.30</b>	<b>09:23:05.50</b>	+04:00:39 (42.7%)	10:36	5.7 (57.6%)
108	<b>SKIBNIEWSKA Adrianna</b>	<b>1234</b>	PIASECZNO RUNNING	K30	10	01:28:13	04:14:56	06:02:56	07:40:27		<b>09:22:55.70</b>	<b>09:23:10.80</b>	+04:00:45 (42.7%)	10:37	5.6 (56.6%)
109	<b>FRAĆKIEWICZ Karol</b>	<b>1260</b>	SCV	M40	28	01:14:52	03:50:58	06:07:33	07:46:17		<b>09:24:51.10</b>	<b>09:24:58.10</b>	+04:02:32 (42.9%)	10:39	5.6 (56.6%)
110	<b>SIWIELA Mateusz</b>	<b>1220</b>	RUNEDA/CIAGNIEWILKADOLASU.PL	M20	21	01:22:26	03:44:31	05:50:22	07:38:21		<b>09:25:27.00</b>	<b>09:25:36.15</b>	+04:03:10 (43.0%)	10:40	5.6 (56.6%)
111	<b>ARMACIŃSKI Filip</b>	<b>1347</b>	WOJAK TEAM***	M20	22	01:30:35	04:13:12	06:06:54	07:48:52		<b>09:26:02.70</b>	<b>09:26:18.85</b>	+04:03:53 (43.1%)	10:40	5.6 (56.6%)
112	<b>ZAKRZEWSKI Marek</b>	<b>1375</b>	EKOBIEGI	M40	29	01:23:21	04:01:23	05:58:01	07:41:18		<b>09:28:15.05</b>	<b>09:28:27.25</b>	+04:06:01 (43.3%)	10:43	5.6 (56.6%)
113	<b>BENESZ Robert</b>	<b>1241</b>	RZESZOWSKIE GAZELE I GEPARDY	M40	30	01:40:03	04:00:52	06:00:21	07:50:42		<b>09:29:09.25</b>	<b>09:29:35.70</b>	+04:07:10 (43.4%)	10:44	5.6 (56.6%)
114	<b>DUTKIEWICZ Marcin</b>	<b>1345</b>	BIEGNIJ DUDEK	M50	7	01:23:54	03:56:45	06:00:52	07:45:21		<b>09:29:26.95</b>	<b>09:29:42.25</b>	+04:07:16 (43.4%)	10:44	5.6 (56.6%)
115	<b>WĘGRZYN Emil</b>	<b>1161</b>	WARBUD RUNNING TEAM	M30	34	01:18:48	03:50:35	05:39:21	07:35:56		<b>09:30:03.90</b>	<b>09:30:11.50</b>	+04:07:45 (43.5%)	10:45	5.6 (56.6%)
116	<b>MALISZEWSKI Jacek</b>	<b>1243</b>	SMASHING PĄPKINS	M40	31	01:34:01	04:01:18	06:00:18	07:50:43		<b>09:30:35.50</b>	<b>09:31:01.05</b>	+04:08:35 (43.5%)	10:45	5.6 (56.6%)
117	<b>GÓRSKI Krzysztof</b>	<b>1279</b>	OSOWA RUN TEAM	M40	32	01:13:27	03:45:09	06:10:03	07:55:15		<b>09:31:11.25</b>	<b>09:31:22.70</b>	+04:08:57 (43.6%)	10:46	5.6 (56.6%)
118	<b>KOWALSKA Joanna</b>	<b>1196</b>		K40	5	01:24:46	04:11:36	06:05:43	07:46:38		<b>09:31:31.05</b>	<b>09:31:37.90</b>	+04:09:12 (43.6%)	10:47	5.6 (56.6%)
119	<b>PIETRASZEK Mirosław</b>	<b>1083</b>		M40	33	01:24:57	04:03:20	05:56:40	07:47:09		<b>09:32:41.35</b>	<b>09:32:47.60</b>	+04:10:22 (43.7%)	10:48	5.6 (56.6%)
120	<b>WYSOCKI Mariusz</b>	<b>1116</b>	FUNDACJA LATARNIA	M30	35	01:35:45	04:28:00	06:16:28	07:52:20		<b>09:33:06.25</b>	<b>09:33:28.80</b>	+04:11:03 (43.8%)	10:48	5.5 (55.6%)
121	<b>MRZYGŁÓD Jurek</b>	<b>1189</b>		M30	36	01:27:33	03:55:58	05:58:20	07:44:10		<b>09:33:58.20</b>	<b>09:34:08.25</b>	+04:11:42 (43.8%)	10:49	5.5 (55.6%)
122	<b>WIERZBICKI Piotr</b>	<b>1210</b>	HOMO SAPIENS CZŁAPIENS	M40	34	01:26:13	03:55:39	06:07:29	07:54:12		<b>09:35:46.25</b>	<b>09:36:13.65</b>	+04:13:48 (44.0%)	10:51	5.5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka				Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
						10km	Zubracze 25km	Roztoki 35km	Przyszlup 44km		netto 53km	brutto 53km			
123	<b>PIASEK Piotr</b>	<b>1261</b>	TRIUNLIMITED	M50	8	01:26:38	03:56:03	05:46:55	07:44:37		<b>09:41:40.45</b>	<b>09:42:06.45</b>	+04:19:40 (44.6%)	10:58	5.5 (55.6%)
124	<b>ŚLIWIŃSKI Andrzej</b>	<b>1187</b>		M60	2	01:24:10	04:05:08	06:11:23	08:08:07		<b>09:44:10.70</b>	<b>09:44:15.90</b>	+04:21:50 (44.8%)	11:01	5.4 (54.5%)
125	<b>MIKOŁAJCZYK-SOWA Monika</b>	<b>1202</b>	SZAKALE BAŁUT ŁÓDŹ	K40	6	01:30:56	04:11:20	06:06:12	07:56:13		<b>09:45:36.65</b>	<b>09:46:05.05</b>	+04:23:39 (45.0%)	11:02	5.4 (54.5%)
126	<b>TORBUS Mateusz</b>	<b>1113</b>		M40	35	01:33:55	04:16:54	06:14:44	08:01:27		<b>09:45:48.25</b>	<b>09:46:10.45</b>	+04:23:44 (45.0%)	11:03	5.4 (54.5%)
127	<b>WAWRZYNIAK Damian</b>	<b>1051</b>	AKTYWNI KAMIENSK	M30	37	01:32:39	03:58:11	06:10:34	07:59:18		<b>09:45:55.50</b>	<b>09:46:24.85</b>	+04:23:59 (45.0%)	11:03	5.4 (54.5%)
128	<b>SĘKOWSKA Agata</b>	<b>1062</b>		K30	11	01:32:51	04:17:31	06:22:23	08:06:34		<b>09:46:24.15</b>	<b>09:46:49.25</b>	+04:24:23 (45.1%)	11:03	5.4 (54.5%)
129	<b>MERCIK Mateusz</b>	<b>1163</b>	NIGHT RUNNERS	M30	38	01:30:25	04:09:05	06:17:11	08:04:22		<b>09:46:56.60</b>	<b>09:47:19.95</b>	+04:24:54 (45.1%)	11:04	5.4 (54.5%)
130	<b>GOŹDZICKI Łukasz</b>	<b>1160</b>	ENDORŚWINKI	M30	39	01:36:29	04:22:41	06:32:29	08:16:45		<b>09:50:57.80</b>	<b>09:51:18.40</b>	+04:28:52 (45.5%)	11:09	5.4 (54.5%)
131	<b>MORUS Tomasz</b>	<b>1415</b>		M40	36	01:27:31	04:06:51	06:07:07	07:54:33		<b>09:51:09.45</b>	<b>09:51:33.55</b>	+04:29:08 (45.5%)	11:09	5.4 (54.5%)
132	<b>OSIKOWSKA Teresa</b>	<b>1373</b>		K30	12	01:33:36	04:20:03	06:20:05	08:07:35		<b>09:51:15.95</b>	<b>09:51:37.45</b>	+04:29:11 (45.5%)	11:09	5.4 (54.5%)
133	<b>FRANASZCZYK Marcin</b>	<b>1389</b>	BUCHARZEWO TEAM	M40	37	01:23:38	03:58:59	05:55:11	07:44:34		<b>09:51:52.75</b>	<b>09:51:57.85</b>	+04:29:32 (45.5%)	11:10	5.4 (54.5%)
134	<b>LIK Marek</b>	<b>1266</b>	CHEŁM BIEGA	M50	9	01:23:08	03:58:05	06:05:47	07:53:19		<b>09:52:10.50</b>	<b>09:52:36.40</b>	+04:30:10 (45.6%)	11:10	5.4 (54.5%)
135	<b>BRUSZEWSKA-GŁOMBIOWSKA Monika</b>	<b>1034</b>		K40	7	01:32:24	04:15:25	06:11:06	07:59:37		<b>09:53:50.15</b>	<b>09:54:05.85</b>	+04:31:40 (45.7%)	11:12	5.4 (54.5%)
136	<b>PŁYWACZYK Maciej</b>	<b>1352</b>		M50	10	01:36:06	04:12:50	06:22:40	08:07:06		<b>09:55:39.20</b>	<b>09:56:04.40</b>	+04:33:38 (45.9%)	11:14	5.3 (53.5%)
137	<b>CZAPSKI Piotr</b>	<b>1317</b>		M50	11	01:34:41	04:15:40	06:13:33	08:04:49		<b>09:55:31.75</b>	<b>09:56:04.60</b>	+04:33:39 (45.9%)	11:14	5.3 (53.5%)
138	<b>KŁOŚ Artur</b>	<b>1031</b>	PKO BANK POLSKI	M30	40	01:30:20	04:04:53	06:12:27	08:04:10		<b>09:57:37.00</b>	<b>09:57:53.85</b>	+04:35:28 (46.1%)	11:16	5.3 (53.5%)
139	<b>LENART-KŁOŚ Katarzyna</b>	<b>1029</b>		K30	13	01:30:21	04:04:54	06:12:26	08:04:09		<b>09:57:37.00</b>	<b>09:57:54.30</b>	+04:35:28 (46.1%)	11:16	5.3 (53.5%)
140	<b>ZIOMEK Marcin</b>	<b>1262</b>		M30	41	01:33:47	04:11:23	06:20:55	08:15:10		<b>09:57:40.70</b>	<b>09:58:14.55</b>	+04:35:49 (46.1%)	11:16	5.3 (53.5%)
141	<b>LICHOŃ Jacek</b>	<b>1285</b>	INFINITY RUNNER'S TEAM GRYBÓW	M30	42	01:32:44	04:08:05	06:17:49	08:12:47		<b>09:57:51.50</b>	<b>09:58:18.65</b>	+04:35:53 (46.1%)	11:16	5.3 (53.5%)
142	<b>LICHOŃ Wojtek</b>	<b>1282</b>	INFINITY RUNNER'S TEAM GRYBÓW	M40	38	01:32:43	04:11:20	06:17:22	08:13:16		<b>09:57:52.05</b>	<b>09:58:19.75</b>	+04:35:54 (46.1%)	11:16	5.3 (53.5%)
143	<b>KRÓLIKOWSKI Wojciech</b>	<b>1355</b>	ZADYSZKA	M40	39	01:24:13	04:19:54	06:19:50	08:09:41		<b>09:58:19.60</b>	<b>09:58:29.20</b>	+04:36:03 (46.1%)	11:17	5.3 (53.5%)
144	<b>MYŚLIŃSKA Anna</b>	<b>1374</b>	EKOBIEGI	K40	8	01:35:18	04:17:19	06:25:19	08:19:29		<b>10:06:06.25</b>	<b>10:06:27.15</b>	+04:44:01 (46.8%)	11:26	5.2 (52.5%)
144	<b>BUCHALSKA Ewa</b>	<b>1041</b>	EKOBIEGI	K40	8	01:41:18	04:26:48	06:26:08	08:19:30		<b>10:06:06.70</b>	<b>10:06:27.15</b>	+04:44:01 (46.8%)	11:26	5.2 (52.5%)
146	<b>CZAJKOWSKI Rafał</b>	<b>1369</b>	EKOBIEGI	M40	40	01:35:14	04:17:22	06:26:28	08:15:53		<b>10:06:07.25</b>	<b>10:06:27.70</b>	+04:44:02 (46.8%)	11:26	5.2 (52.5%)
147	<b>OLEWNIK Łukasz</b>	<b>1346</b>	AGB TORRFY	M30	43	01:27:17	04:08:29	06:07:18	07:59:27		<b>10:06:57.70</b>	<b>10:07:07.50</b>	+04:44:41 (46.9%)	11:27	5.2 (52.5%)
148	<b>SOWA Maciej</b>	<b>1212</b>	SZAKALE BAŁUT ŁÓDŹ	M50	12	01:35:54	04:28:02	06:32:08	08:22:45		<b>10:07:19.65</b>	<b>10:07:48.95</b>	+04:45:23 (47.0%)	11:27	5.2 (52.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						10km	25km	35km	44km		netto 53km	brutto 53km			
149	<b>NOVIKOV Vitaliy</b>	<b>1390</b>		M30	44	01:29:32	04:18:27	06:33:55	08:24:28		<b>10:08:52.40</b>	<b>10:09:21.90</b>	+04:46:56 (47.1%)	11:29	5.2 (52.5%)
150	<b>KOMORKIEWICZ Karol</b>	<b>1218</b>	RUNEDA	M30	45	01:35:52	04:16:07	06:19:21	08:12:08		<b>10:10:09.25</b>	<b>10:10:18.30</b>	+04:47:52 (47.2%)	11:30	5.2 (52.5%)
151	<b>ŻBIKOWSKI Tomasz</b>	<b>1392</b>		M40	41	01:29:30	04:17:22	06:33:53	08:24:27		<b>10:10:15.00</b>	<b>10:10:44.90</b>	+04:48:19 (47.2%)	11:30	5.2 (52.5%)
152	<b>PIETRUSZKA Mariusz</b>	<b>1003</b>		M30	46	01:33:27	04:06:12	06:28:56	08:19:26		<b>10:12:19.55</b>	<b>10:12:50.25</b>	+04:50:24 (47.4%)	11:33	5.2 (52.5%)
153	<b>JAROSZ Marcin</b>	<b>1405</b>		M30	47	01:33:25	04:15:41	06:17:25	08:18:06		<b>10:12:52.20</b>	<b>10:12:52.20</b>	+04:50:26 (47.4%)	11:33	5.2 (52.5%)
154	<b>POGODA Kamil</b>	<b>1253</b>	KLUB BIEGACZA ACCENTURE	M30	48	01:30:23	04:27:13	06:28:17	08:19:34		<b>10:13:03.35</b>	<b>10:13:20.35</b>	+04:50:54 (47.4%)	11:34	5.2 (52.5%)
155	<b>WOJCIECHOWSKI Paweł</b>	<b>1053</b>	BIEGACZE JUNIORA RUNNERS TEAM	M40	42	01:25:14	04:04:41	05:57:10	08:15:30		<b>10:13:23.40</b>	<b>10:13:29.95</b>	+04:51:04 (47.4%)	11:34	5.2 (52.5%)
156	<b>BOGUTA Mateusz</b>	<b>1156</b>		M30	49	01:53:42	04:36:44	06:33:50	08:21:59		<b>10:13:07.25</b>	<b>10:13:33.70</b>	+04:51:08 (47.5%)	11:34	5.2 (52.5%)
157	<b>FILIPOWICZ Ziemowit</b>	<b>1421</b>		M40	43	01:24:40	04:13:03	06:38:07	08:25:31		<b>10:15:42.50</b>	<b>10:16:07.15</b>	+04:53:41 (47.7%)	11:37	5.2 (52.5%)
158	<b>HUBNER Antoni</b>	<b>1067</b>	SPORTOWE ŻULE	M30	50	01:39:07	04:08:12	06:10:07	08:01:34		<b>10:18:33.40</b>	<b>10:19:08.70</b>	+04:56:43 (47.9%)	11:40	5.1 (51.5%)
159	<b>BALIGA Cezary</b>	<b>1013</b>		M20	23	01:39:01	03:59:48	06:17:00	08:21:36		<b>10:19:08.70</b>	<b>10:19:45.70</b>	+04:57:20 (48.0%)	11:40	5.1 (51.5%)
160	<b>JANICKI Tomasz</b>	<b>1190</b>	21DAPLOT JAROSŁAW	M30	51	01:28:23	04:07:58	06:20:57	08:16:42		<b>10:20:28.60</b>	<b>10:20:45.25</b>	+04:58:19 (48.1%)	11:42	5.1 (51.5%)
161	<b>GRADZIK Inga</b>	<b>1306</b>		K20	7	01:29:41	04:20:20	06:39:31	08:24:44		<b>10:21:11.90</b>	<b>10:21:31.05</b>	+04:59:05 (48.1%)	11:43	5.1 (51.5%)
162	<b>PAŃTAK Sławomir</b>	<b>1149</b>	21DAPLOT JAROSŁAW	M40	44	01:28:23	04:19:20	06:20:52	08:16:11		<b>10:21:22.30</b>	<b>10:21:39.30</b>	+04:59:13 (48.1%)	11:43	5.1 (51.5%)
163	<b>BERUS Mikołaj</b>	<b>1175</b>		M20	24	01:24:07	04:03:30	06:29:13	08:35:42		<b>10:21:17.20</b>	<b>10:21:40.35</b>	+04:59:14 (48.1%)	11:43	5.1 (51.5%)
164	<b>BAZYLUK Andrzej</b>	<b>1358</b>	KB ERGO	M40	45	01:24:26	04:04:51	06:25:54	08:22:53		<b>10:23:33.50</b>	<b>10:23:33.50</b>	+05:01:07 (48.3%)	11:45	5.1 (51.5%)
165	<b>KUBISIAK Dariusz</b>	<b>1153</b>		M50	13	01:33:24	04:18:43	06:41:06	08:38:45		<b>10:25:25.35</b>	<b>10:25:53.60</b>	+05:03:28 (48.5%)	11:48	5.1 (51.5%)
166	<b>DEJEWSKI Jakub</b>	<b>1360</b>	GB GALOPUJĄCE ŚLIMAKI	M30	52	01:43:00	04:54:54	06:45:56	08:35:48		<b>10:28:24.65</b>	<b>10:28:56.75</b>	+05:06:31 (48.7%)	11:51	5.1 (51.5%)
167	<b>SZYCMAN Leszek</b>	<b>1203</b>	KLUB BIEGACZA KP	M40	46	01:39:00	04:32:10	06:40:30	08:35:03		<b>10:29:25.60</b>	<b>10:29:53.45</b>	+05:07:27 (48.8%)	11:52	5.1 (51.5%)
168	<b>ŁUKASIK Andrzej</b>	<b>1216</b>		M50	14	01:37:08	04:42:01	06:50:46	08:46:45		<b>10:30:34.25</b>	<b>10:30:42.95</b>	+05:08:17 (48.9%)	11:53	5 (50.5%)
169	<b>WRONA Sylwester</b>	<b>1088</b>		M40	47	01:35:54	04:28:50	06:36:21	08:34:51		<b>10:30:13.00</b>	<b>10:30:45.85</b>	+05:08:20 (48.9%)	11:53	5 (50.5%)
170	<b>MILEWSKI Konrad</b>	<b>1193</b>		M20	25	01:23:11	03:45:48	06:49:10	08:48:22		<b>10:30:31.05</b>	<b>10:30:58.40</b>	+05:08:32 (48.9%)	11:53	5 (50.5%)
171	<b>PIKIEWICZ Bartłomiej</b>	<b>1061</b>	SNAILS OF DOOM	M30	53	01:41:14	04:19:49	06:43:57	08:38:58		<b>10:31:48.10</b>	<b>10:32:14.95</b>	+05:09:49 (49.0%)	11:55	5 (50.5%)
172	<b>TERLECKI Marcin</b>	<b>1207</b>	TERLO	M40	48	01:36:29	04:32:44	06:53:00	08:41:35		<b>10:35:55.70</b>	<b>10:36:19.75</b>	+05:13:54 (49.3%)	11:59	5 (50.5%)
173	<b>KRZYSZTOŃ Eliza</b>	<b>1387</b>	577-101-06-19	K40	10	01:29:01	04:15:26	06:43:18	08:45:04		<b>10:36:05.15</b>	<b>10:36:19.80</b>	+05:13:54 (49.3%)	12:00	5 (50.5%)
174	<b>NOWAK Mariusz</b>	<b>1319</b>		M30	54	01:25:40	04:09:01	06:18:21	08:17:56		<b>10:36:10.10</b>	<b>10:36:38.65</b>	+05:14:13 (49.4%)	12:00	5 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka				Kara/ bonifikata	Czas		Różn	Tempo min/km	Tempo km/h
						10km	Zubracze 25km	Roztoki 35km	Przyszlup 44km		netto 53km	brutto 53km			
175	<b>BROMBOSZCZ Karol</b>	<b>1315</b>	TRUCHTACZ -MYSŁOWICE	M60	3	01:38:43	04:29:03	06:42:21	08:43:50		<b>10:37:35.20</b>	<b>10:37:55.05</b>	+05:15:29 (49.5%)	12:01	5 (50.5%)
176	<b>BAUMANN-POPCZYK Anna</b>	<b>1142</b>		K30	14	01:39:29	04:34:54	06:47:19	08:39:36		<b>10:37:47.35</b>	<b>10:38:05.60</b>	+05:15:40 (49.5%)	12:02	5 (50.5%)
177	<b>POTERA Krystyna</b>	<b>1016</b>	FRYTKÓW!!!!	K30	15	01:41:19	04:48:15	06:47:16	08:46:03		<b>10:39:19.05</b>	<b>10:39:34.30</b>	+05:17:08 (49.6%)	12:03	5 (50.5%)
178	<b>RYBCZYŃSKI Przemysław</b>	<b>1098</b>	BIEGNIJ RYBA, ZNOWU CISNA CIĘ WZYWA!	M50	15	01:35:37	04:30:16	06:50:01	08:46:09		<b>10:39:22.90</b>	<b>10:39:34.40</b>	+05:17:08 (49.6%)	12:03	5 (50.5%)
179	<b>BURCZYK Klaudiusz</b>	<b>1150</b>	FREE RUNERS-OPOLSKIE	M30	55	01:39:43	04:24:21	06:47:09	08:45:51		<b>10:40:14.60</b>	<b>10:40:48.50</b>	+05:18:22 (49.7%)	12:04	5 (50.5%)
180	<b>STAJNIAK-STELIGA Izabela</b>	<b>1417</b>	OBORYGENI	K40	11	01:35:51	04:21:46	06:46:11	08:38:27		<b>10:40:39.80</b>	<b>10:40:52.35</b>	+05:18:26 (49.7%)	12:05	5 (50.5%)
181	<b>MALICKA Angelika</b>	<b>1297</b>		K30	16	01:34:17	04:28:56	06:44:07	08:45:08		<b>10:41:30.60</b>	<b>10:41:45.40</b>	+05:19:19 (49.8%)	12:06	5 (50.5%)
182	<b>MICHNIEWSKI Piotr</b>	<b>1395</b>	GIT EKIPA	M30	56	01:42:09	04:47:49	06:52:21	08:54:55		<b>10:43:54.45</b>	<b>10:44:25.85</b>	+05:22:00 (50.0%)	12:08	4.9 (49.5%)
182	<b>WRÓBLEWSKA Katarzyna</b>	<b>1401</b>		K30	17	01:42:09	04:47:49	06:51:56	08:53:47		<b>10:43:53.30</b>	<b>10:44:25.85</b>	+05:22:00 (50.0%)	12:08	4.9 (49.5%)
184	<b>MAZAN Eliza</b>	<b>1277</b>		K30	18	01:41:00	04:56:20	06:54:02	08:50:46		<b>10:44:57.80</b>	<b>10:45:24.25</b>	+05:22:58 (50.0%)	12:10	4.9 (49.5%)
185	<b>WESOŁOWSKI Robert</b>	<b>1393</b>	FUNDACJA NA RATUNEK	M30	57	01:40:59	04:55:39	06:54:03	08:50:43		<b>10:45:00.00</b>	<b>10:45:26.60</b>	+05:23:01 (50.0%)	12:10	4.9 (49.5%)
186	<b>JAZY Szymon</b>	<b>1040</b>		M30	58	01:37:07	04:30:45	06:54:34	08:45:52		<b>10:45:24.80</b>	<b>10:45:42.80</b>	+05:23:17 (50.1%)	12:10	4.9 (49.5%)
187	<b>JAKUBCZAK Karol</b>	<b>1199</b>	RUNEDA	M30	59	01:14:02	03:43:46	06:04:09	08:26:12		<b>10:46:07.95</b>	<b>10:46:16.75</b>	+05:23:51 (50.1%)	12:11	4.9 (49.5%)
188	<b>ZIÓŁEK Andrzej</b>	<b>1206</b>	RYKOWISKO	M40	49	01:33:55	04:47:50	06:54:41	08:44:23		<b>10:46:56.75</b>	<b>10:47:24.45</b>	+05:24:58 (50.2%)	12:12	4.9 (49.5%)
189	<b>POSŁUSZNA Anna</b>	<b>1028</b>		K20	8	01:30:28	04:25:33	06:50:10	08:44:03		<b>10:48:02.15</b>	<b>10:48:21.55</b>	+05:25:56 (50.3%)	12:13	4.9 (49.5%)
190	<b>STAWIŃSKA Zuzanna</b>	<b>1225</b>		K30	19	01:39:10	04:44:56	06:55:09	08:52:43		<b>10:53:46.65</b>	<b>10:54:23.35</b>	+05:31:57 (50.7%)	12:20	4.9 (49.5%)
191	<b>STAWIŃSKI Piotr</b>	<b>1224</b>		M30	60	01:39:07	04:45:15	06:55:10	08:52:44		<b>10:53:47.80</b>	<b>10:54:23.75</b>	+05:31:58 (50.7%)	12:20	4.9 (49.5%)
192	<b>JARUGA Artur</b>	<b>1176</b>	ROZBIEGANYKOSZALIN	M40	50	01:38:55	04:41:37	06:52:12	08:50:17		<b>10:56:16.45</b>	<b>10:56:51.45</b>	+05:34:25 (50.9%)	12:22	4.8 (48.5%)
193	<b>ZAPART Tomasz</b>	<b>1412</b>		M40	51	01:28:01	04:28:07	06:47:44	08:54:09		<b>10:56:43.95</b>	<b>10:56:53.25</b>	+05:34:27 (50.9%)	12:23	4.8 (48.5%)
194	<b>WRÓBLEWSKA Joanna</b>	<b>1108</b>	SKINLINE	K40	12	01:39:34	04:48:48	06:56:58	08:54:52		<b>11:09:31.10</b>	<b>11:09:41.95</b>	+05:47:16 (51.9%)	12:37	4.7 (47.5%)
195	<b>ISASI-KURAN Agata</b>	<b>1340</b>	MARKOWI BIEGACZE	K40	13	01:38:53	04:40:35	06:55:00	08:55:31		<b>11:09:20.65</b>	<b>11:09:42.40</b>	+05:47:16 (51.9%)	12:37	4.8 (48.5%)
196	<b>WYSOKIŃSKI Jerzy</b>	<b>1406</b>	ORANGE POLSKA	M50	16	01:29:59	04:17:19	06:39:42	08:44:59		<b>11:09:39.35</b>	<b>11:09:42.60</b>	+05:47:17 (51.9%)	12:38	4.7 (47.5%)
197	<b>PALICKI Krzysztof</b>	<b>1183</b>	WKURW_TEAM	M40	52	01:34:59	04:32:38	06:42:16	08:54:41		<b>11:09:25.30</b>	<b>11:09:42.85</b>	+05:47:17 (51.9%)	12:37	4.8 (48.5%)
	<b>DOŁĘGOWSKI Krzysztof</b>	<b>1441</b>	KSHYSIEK@NAPIERAJ TEAM	M30		01:05:34 DNF	02:52:56 DNF	04:20:36 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>PREJZMAR Marcin</b>	<b>1398</b>	MTB MOSIR DUKLA	M30		01:09:51 DNF	03:11:10 DNF	05:02:22 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>ROLBIECKI Piotr</b>	<b>1337</b>	GEOINGS POLSKA	M30		01:04:24 DNF	03:18:39 DNF	05:51:58 DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Różn	Tempo	Tempo
						10km	25km	35km	44km	bonifikata	netto	brutto		53km	53km
	<b>MATYJA Adam</b>	<b>1188</b>	NR+		M30	01:13:36 DNF	03:33:36 DNF	06:36:53 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOPEĆ Paweł</b>	<b>1324</b>	PARKRUN RZESZÓW		M30	01:19:10 DNF	04:11:30 DNF	06:55:03 DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WŁOCH Andrzej</b>	<b>1420</b>	KB MOSIR JASTRZĘBIE ZDRÓJ		M20	01:05:35 DNF	03:07:01 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MATYSIAK Bartłomiej</b>	<b>1372</b>	JACEKBIEGA RUNNING TEAM		M30	01:09:42 DNF	03:30:30 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRAWCZYK Łukasz</b>	<b>1042</b>	BUDAGO.PL		M30	01:28:13 DNF	03:49:45 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SUDNIK Krzysztof</b>	<b>1023</b>			M30	01:22:18 DNF	03:50:46 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MIĘTKIEWICZ Rafał</b>	<b>1011</b>	SPÓJNIA BIAŁE BŁOTA		M20	01:24:08 DNF	03:56:14 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NOWICKI Przemysław</b>	<b>1321</b>	ZABIERZÓW BIEGA		M30	01:24:30 DNF	04:02:17 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ARKUSZYŃSKI Paweł</b>	<b>1046</b>	TIME4RUNNING		M40	01:19:56 DNF	04:03:01 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CUPRIAK Daniel</b>	<b>1272</b>	AGROAS TEAM		M40	01:24:15 DNF	04:03:27 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SOKALSKI Grzegorz</b>	<b>1399</b>			M40	01:18:47 DNF	04:06:24 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>POPŁAWSKI Arkadiusz</b>	<b>1110</b>			M40	01:29:53 DNF	04:07:48 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WAGNER Adam</b>	<b>1248</b>			M30	01:29:38 DNF	04:08:59 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JAWORSKI Paweł</b>	<b>1357</b>			M30	DNF	04:10:38 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CHUDY Michał</b>	<b>1362</b>			M30	01:34:04 DNF	04:11:13 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DANAK Przemek</b>	<b>1256</b>	KGB		M40	01:22:29 DNF	04:11:30 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>POREBA Eugeniusz</b>	<b>1382</b>	MIECHÓW		M50	01:24:09 DNF	04:14:55 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FALKOWSKI Piotr</b>	<b>1111</b>	KS PEGAZ PIASECZNO		M40	01:28:13 DNF	04:15:23 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BIAŁEK Piotr</b>	<b>1255</b>			M30	01:23:12 DNF	04:16:15 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GODLEWSKA Dobrochna</b>	<b>1173</b>			K30	01:31:43 DNF	04:16:47 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRAWCZUK Dawid</b>	<b>1240</b>			M40	01:24:00 DNF	04:19:09 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DZIURKA Tomasz</b>	<b>1280</b>			M30	01:24:27 DNF	04:22:19 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WILK Adam</b>	<b>1200</b>			M40	01:23:21 DNF	04:24:31 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GRABOWSKI Sebastian</b>	<b>1078</b>	ENDORŚWINKI		M30	01:36:29 DNF	04:26:55 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STAN Jacek</b>	<b>1012</b>			M40	01:24:20 DNF	04:27:02 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TRELA Jacek</b>	<b>1328</b>	AZS AWF KRAKÓW MASTERS		M60	01:30:44 DNF	04:27:23 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Różn	Tempo	Tempo	
						10km	25km	35km	44km	bonifikata	netto	brutto		53km	53km	min/km
	<b>ŻOCHOWSKI Piotr</b>	<b>1450</b>			M50	01:30:54 DNF	04:33:44 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>JASIŃSKI Marcin</b>	<b>1368</b>	BIURO USŁUG INFORMATYCZNYCH 'BATNA' MARCIN JASIŃSKI		M30	01:34:04 DNF	04:34:37 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>KUBASIK Rafał</b>	<b>1418</b>			M30	01:26:56 DNF	04:35:36 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>FISZER Jakub</b>	<b>1314</b>			M40	01:23:15 DNF	04:36:02 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>KOSZELNIK Karol</b>	<b>1130</b>			M30	01:24:05 DNF	04:37:49 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>KARPIŃSKI Filip</b>	<b>1172</b>			M30	01:35:57 DNF	04:41:36 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>BŁACH Piotr</b>	<b>1155</b>	BIG BULLS		M30	01:37:02 DNF	04:42:12 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>ARKUSZYŃSKA Beata</b>	<b>1047</b>	TIME4RUNNING		K40	01:34:31 DNF	04:42:38 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>BUDZIŃSKI Krzysztof</b>	<b>1134</b>			M50	01:33:54 DNF	04:42:53 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>SOWA Dariusz</b>	<b>1049</b>	RZESZOWSKIE GAZELE I GEPARDY		M50	01:34:25 DNF	04:43:07 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>CHLEBIO Jarosław</b>	<b>1084</b>			M40	01:36:31 DNF	04:43:26 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>JAWOREK Grzegorz</b>	<b>1025</b>	BBM		M30	01:37:33 DNF	04:43:58 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>WYŻYKOWSKA Agnieszka</b>	<b>1010</b>	NOWA HUTA TEAM		K30	01:39:27 DNF	04:44:41 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>BANASZEWSKA Joanna</b>	<b>1117</b>			K30	01:43:10 DNF	04:44:57 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>MROWIEC Michał</b>	<b>1361</b>	RK ATHLETICS		M40	01:37:33 DNF	04:45:24 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>PRUSACZYK Michał</b>	<b>1414</b>			M30	01:37:35 DNF	04:45:39 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>KOWALSKA Renata</b>	<b>1378</b>			K30	01:34:14 DNF	04:46:35 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>KUCIŃSKA Magdalena</b>	<b>1308</b>			K30	01:35:23 DNF	04:48:12 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>KURKUS Aleksander</b>	<b>1093</b>	DOGOŃ GRODZISK MAZOWIECKI		M40	01:29:36 DNF	04:48:43 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>ROŚŁON Tomasz</b>	<b>1082</b>	ŚWIDERMAJER TEAM		M40	01:37:18 DNF	04:50:57 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>GRONCZEWSKI Artur</b>	<b>1159</b>	FMW RUNNERS		M40	01:31:46 DNF	04:51:22 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>ZAJĄC Grzegorz</b>	<b>1124</b>	POZYTYWNIIE ZABIEGANI SANOK		M40	01:34:04 DNF	04:52:34 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>KLIMAS Andrzej</b>	<b>1408</b>			M40	DNF	04:54:15 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>KANIOWSKI Wojciech</b>	<b>1181</b>			M40	01:34:42 DNF	04:55:35 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>WEILAND Emila</b>	<b>1144</b>			K40	01:39:34 DNF	04:57:11 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)
	<b>MAJOR Sandra</b>	<b>1081</b>			K30	01:32:45 DNF	04:57:20 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Różn	Tempo min/km	Tempo km/h
					10km	25km	35km	44km	bonifikata	netto 53km	brutto 53km			
	<b>GAWĘDA Arkadiusz</b>	<b>1152</b>		M30	01:41:28 DNF	04:57:52 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ŻMUDA Michał</b>	<b>1179</b>		M40	01:24:20 DNF	04:58:06 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>TOMASZEWSKA Anna</b>	<b>1237</b>	777	K30	01:42:38 DNF	04:58:36 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KOCZAJA Artur</b>	<b>1310</b>		M30	01:01:53 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>CZYŻ Michał</b>	<b>1342</b>	USHBA ADIN	M20	01:10:54 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DROŹDZIEL Mariusz</b>	<b>1410</b>		M30	01:15:41 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ZWOLIŃSKI Łukasz</b>	<b>1419</b>		M30	01:22:41 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>POLSKI Jacek</b>	<b>1377</b>	AKADEMIA BIEGANIA GRUDZIĄDZ	M40	01:23:03 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KĄŁUŻA Arkadiusz</b>	<b>1349</b>	INŻYNIERIA BIEGANIA	M40	01:23:35 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STACHURSKI Daniel</b>	<b>1165</b>	KOBYŁKI	M40	01:26:58 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WIŚNIEWSKI Andrzej</b>	<b>1129</b>		M30	01:27:22 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KONSTANTY Katarzyna</b>	<b>1291</b>		K40	01:30:13 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>WÓJTOWICZ Paweł</b>	<b>1223</b>		M40	01:30:30 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STELMASZCZYK Konrad</b>	<b>1133</b>		M40	01:30:55 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KLAMCZYŃSKI Grzegorz</b>	<b>1263</b>		M20	01:31:05 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ZEGARSKI Arkadiusz</b>	<b>1118</b>		M40	01:31:52 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>DĄBROWSKI Marcin</b>	<b>1002</b>		M30	01:32:36 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PTAK Arkadiusz</b>	<b>1322</b>	SPARTANIE DZIECIOM	M30	01:33:18 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MAJSTEREK Paweł</b>	<b>1235</b>		M30	01:33:23 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>CUPRYJAK Adrian</b>	<b>1094</b>	TARCZYŃSKI KLUB BIEGOWY	M30	01:33:47 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>FABIŃSKI Marcin</b>	<b>1283</b>	OTK RZEŹNIK	M40	01:33:56 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>IGNASZEWSKI Przemysław</b>	<b>1284</b>		M40	01:33:57 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ANUSIEWICZ Przemysław</b>	<b>1141</b>	ROZBIEGANA CZWÓRKA	M40	01:34:04 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PAWLUK Daria</b>	<b>1001</b>		K20	01:34:05 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>BUŁAT Adam</b>	<b>1363</b>		M30	01:34:05 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>LENARCIK Łukasz</b>	<b>1052</b>	LEGALIZE IT RUNNING TEAM	M30	01:34:18 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Różn	Tempo	Tempo
						10km	25km	35km	44km	bonifikata	netto	brutto		53km	53km
	<b>KOPYŚĆ Jarosław</b>	<b>1014</b>	PSZCZÓŁKOWSKI TEAM		M40	01:34:26 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZYMAŃSKI Artur</b>	<b>1265</b>			M40	01:34:47 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZYMAŃSKI Piotr</b>	<b>1269</b>			M40	01:34:47 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BŁĘDKOWSKA Katarzyna</b>	<b>1288</b>			K30	01:34:48 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZAJĄC Mariusz</b>	<b>1194</b>			M40	01:34:59 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIKTOR WEREMJEWICZ Marcin</b>	<b>1327</b>			M40	01:35:04 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>LIBUCKI Andrzej</b>	<b>1101</b>			M40	01:35:11 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CHABOWSKI Łukasz</b>	<b>1099</b>			M20	01:35:23 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOWALCZYK Bartłomiej</b>	<b>1271</b>			M20	01:35:41 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BEZAK Magdalena</b>	<b>1370</b>			K30	01:35:56 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>OLSZEWSKI Jacek</b>	<b>1333</b>	GORSZY SORT		M40	01:36:07 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIĄCEK Krzysztof</b>	<b>1298</b>	POWIELARNIA MADAS		M50	01:36:11 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DĄBRÓWKA Radosław</b>	<b>1114</b>	FUNDACJA LATARNIA		M30	01:36:40 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SOŁTYS Krzysztof</b>	<b>1043</b>			M40	01:36:47 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GNIADKOWSKI Paweł</b>	<b>1030</b>	ODJECHANI.COM		M30	01:38:44 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZBOROWSKI Paweł</b>	<b>1020</b>	SPORTOWE ŻULE		M30	01:39:09 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MICHAŁEK Jarosław</b>	<b>1229</b>	ONE WAY TICKET		M50	01:39:11 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DE KRUIJF Teunis</b>	<b>1351</b>			M20	01:39:31 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SALAMON Patryk</b>	<b>1215</b>			M30	01:40:26 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>AMROZKIEWICZ -GROMEK Judyta</b>	<b>1055</b>	AMROZKIEWICZ TEAM		K30	01:40:34 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>AMROŻKIEWICZ Patrycja</b>	<b>1054</b>	AMROŻKIEWICZ TEAM		K20	01:40:34 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DZIERŻEŃSKA Monika</b>	<b>1329</b>			K40	01:41:20 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RUTKIEWICZ Marek</b>	<b>1292</b>	STARGARDZKI KLUB MORSÓW MIEDWIANIE		M50	01:41:21 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PIOTROWSKI Marek</b>	<b>1058</b>	MORSOWNICY Z LEGNICY		M50	01:41:25 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MALEC Piotr</b>	<b>1127</b>	FREE RUNNERS - OPOLSKIE		M30	01:41:26 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZAJĄC Dariusz</b>	<b>1195</b>			M40	01:41:30 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Różn	Tempo	Tempo
						10km	25km	35km	44km	bonifikata	netto	brutto		53km	53km
	<b>BARCZEWSKA Agnieszka</b>	<b>1109</b>	ADIDAS RUNNERS WARSAW	K30		01:41:43 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>OGÓREK Monika</b>	<b>1214</b>		K20		01:41:44 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BRĄGOSZEWSKI Paweł</b>	<b>1008</b>	ŚWIDERMAJER TEAM	M40		01:42:20 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŚLIWIŃSKA Joanna</b>	<b>1391</b>		K20		01:42:27 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TOMASZEWSKI Piotr</b>	<b>1268</b>	777	M30		01:42:36 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DEJEWSKA Arleta</b>	<b>1364</b>	KOBIETY NA 5+	K30		01:43:00 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MORAWSKA Anna</b>	<b>1096</b>		K60		01:43:38 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CICHOCKI Mariusz</b>	<b>1293</b>	SUUNTO RUN TEAM	M50		01:43:45 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SEWINA Dominik</b>	<b>1191</b>	KARATE TSUNAMI BYDGOSZCZ	M40		01:43:51 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KADECKI Marek</b>	<b>1233</b>	DZIDA TYM	M40		01:45:37 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ABRAMCZYK Eliza</b>	<b>1242</b>		K40		01:46:28 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KŁOS Dariusz</b>	<b>1056</b>	KLUB MARATOŃSKI UMK TORUŃ	M50		01:46:48 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BARYZA Robert</b>	<b>1102</b>		M40		01:47:11 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROSA Bartosz</b>	<b>1244</b>	SMASHING PĄPKINS	M30		01:49:40 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZAWADZKI Piotr</b>	<b>1343</b>		M40		01:50:10 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FIGURSKA Honorata</b>	<b>1339</b>	MARKOWI BIEGACZE	K40		01:50:30 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KWIECIEŃ Jacek</b>	<b>1341</b>	MARKOWI BIEGACZE	M60		01:50:31 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MATUZIK Mateusz</b>	<b>1071</b>	NIGHT RUNNERS	M30		01:50:45 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SIEMIENIUK Andrzej</b>	<b>1270</b>		M50		01:50:48 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KACZMAREK Magdalena</b>	<b>1104</b>	NEST TEAM	K40		01:51:00 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SOBOL Agnieszka</b>	<b>1278</b>		K40		01:51:25 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SETKOWICZ Jacek</b>	<b>1017</b>		M30		01:51:34 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SKURSKA Monika</b>	<b>1074</b>		K40		01:52:06 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SYGUŁA Katarzyna</b>	<b>1105</b>	KB MCKIS JAWORZNO	K40		01:52:06 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KACZMAREK Agata</b>	<b>1103</b>	NEST TEAM	K40		01:57:14 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ADAMCZYK Zbigniew</b>	<b>1063</b>	KM TRUCHCIK ŁUBIANKA	M50		01:57:36 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 10km	Zubracze 25km	Roztoki 35km	Przysług 44km	Kara/ bonifikata	Czas netto 53km	Czas brutto 53km	Różn	Tempo min/km	Tempo km/h
	<b>ZABOROWSKA-SOŁTYS Małgorzata</b>	<b>1045</b>		K40		02:00:14 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PEŁSZYŃSKI Marek</b>	<b>1151</b>	ZOŚKA ULTIMATE RUNNERS	M30		02:01:05 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>REIPOLD Klaudia</b>	<b>1033</b>	ZABIEGANI MIELEC	K20		02:07:04 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CIELAK Jerzy</b>	<b>1296</b>	-	M50		02:20:22 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DOMAGAŁA Agnieszka</b>	<b>1409</b>	GRUPA JURA.PL	K30		02:26:32 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FABJANCZYK Agnieszka</b>	<b>1169</b>	GRUPA JURA PL	K30		02:27:12 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JĘDRUSZCZAK Robert</b>	<b>1186</b>		M30		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JUSZCZAK Zbigniew</b>	<b>1386</b>	PKB KMP KALISZ	M50		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>QUIRINI Ewa</b>	<b>1005</b>		K30		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 339 wynik(ów)