

## RZEŹNIK SKY 2019

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**Wydarzenie:** V FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-06-20  
**Miejsce:** Cisna  
**Dystans:** 52.5 km

**B4SPORT**  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przysłup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
1	<b>MISIAK Bartosz</b>	<b>1000</b>	ALPIN SPORT HOKA ONE ONE TEAM	M30	1	00:57:59	02:30:19	03:31:02	04:35:18		<b>05:47:06.30</b>	<b>05:47:08.05</b>		6:37	9.1 (100%)
2	<b>PIECH Kacper</b>	<b>1001</b>	ASICS FRONTRUNNER POLAND/ETAPOWA TRIADA	M20	1	00:58:52	02:36:14	03:43:48	04:49:18		<b>05:58:25.25</b>	<b>05:58:26.35</b>	+00:11:18 (3.2%)	6:50	8.8 (96.7%)
3	<b>HUZIOR Piotr</b>	<b>1527</b>	ATTIQ/SALMING	M40	1	01:05:35	02:52:27	03:57:58	05:03:14		<b>06:09:11.15</b>	<b>06:09:12.45</b>	+00:22:04 (6.0%)	7:02	8.5 (93.4%)
4	<b>MOCZEK Tomasz</b>	<b>1301</b>	CROSS STRACEŃCÓW TEAM	M40	2	01:05:34	02:56:49	04:08:00	05:17:06		<b>06:25:21.95</b>	<b>06:25:25.65</b>	+00:38:17 (9.9%)	7:21	8.2 (90.1%)
5	<b>ŻORNIAK Mateusz</b>	<b>1078</b>	MEGA FASON SIENIAWA	M30	2	01:06:17	02:54:25	04:08:22	05:17:53		<b>06:32:10.50</b>	<b>06:32:12.80</b>	+00:45:04 (11.5%)	7:29	8 (87.9%)
6	<b>SYCHOWICZ Daniel</b>	<b>1082</b>		M40	3	01:05:21	02:58:11	04:11:24	05:26:30		<b>06:38:06.90</b>	<b>06:38:08.45</b>	+00:51:00 (12.8%)	7:35	7.9 (86.8%)
7	<b>SZWAJA Mateusz</b>	<b>1532</b>	OTK RZEZNIK	M20	2	01:07:01	03:03:40	04:18:40	05:37:57		<b>06:56:29.10</b>	<b>06:56:30.40</b>	+01:09:22 (16.7%)	7:56	7.5 (82.4%)
8	<b>BADOWSKI Aleksander</b>	<b>1247</b>	TEAM MOUNTAIN FUEL POLSKA	M30	3	01:01:18	02:48:42	04:05:06	05:35:44		<b>06:58:50.15</b>	<b>06:58:51.60</b>	+01:11:43 (17.1%)	7:59	7.5 (82.4%)
9	<b>KAPAON Łazarz</b>	<b>1128</b>	CAZZO CLUB RUNNING TEAM	M20	3	01:05:20	03:05:29	04:22:06	05:40:41		<b>07:00:51.70</b>	<b>07:00:54.20</b>	+01:13:46 (17.5%)	8:01	7.5 (82.4%)
10	<b>KOSTERKIEWICZ Marcin</b>	<b>1290</b>	KOSTER I FAMILIA	M40	4	01:07:26	03:03:16	04:22:26	05:41:06		<b>07:01:58.15</b>	<b>07:01:59.85</b>	+01:14:51 (17.7%)	8:03	7.5 (82.4%)
11	<b>SAWICKI Szymon</b>	<b>1408</b>	TKN TATRA TEAM	M40	5	01:06:07	02:55:56	04:15:58	05:40:08		<b>07:08:39.95</b>	<b>07:08:42.55</b>	+01:21:34 (19.0%)	8:10	7.3 (80.2%)
12	<b>TOPOLSKI Marcin</b>	<b>1072</b>	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M40	6	01:17:19	03:15:45	04:34:14	05:50:03		<b>07:09:41.30</b>	<b>07:09:45.40</b>	+01:22:37 (19.2%)	8:12	7.3 (80.2%)
13	<b>DUCKI Piotr</b>	<b>1535</b>	OTK RZEZNIK	M30	4	01:11:28	03:07:33	04:28:16	05:50:47		<b>07:11:11.15</b>	<b>07:11:14.30</b>	+01:24:06 (19.5%)	8:13	7.3 (80.2%)
14	<b>BOTKIEWICZ Jarosław</b>	<b>1297</b>		M40	7	01:06:01	03:06:50	04:27:35	05:49:06		<b>07:11:57.55</b>	<b>07:12:03.75</b>	+01:24:55 (19.7%)	8:14	7.3 (80.2%)
15	<b>KAPAON Aleksander</b>	<b>1131</b>	CAZZO CLUB RUNNING TEAM	M20	4	01:09:26	03:13:23	04:35:12	05:54:44		<b>07:17:29.30</b>	<b>07:17:38.20</b>	+01:30:30 (20.7%)	8:20	7.2 (79.1%)
16	<b>CAŁKA Bartłomiej</b>	<b>1329</b>	INOBE	M30	5	01:15:02	03:21:08	04:43:25	06:01:08		<b>07:18:54.90</b>	<b>07:18:59.65</b>	+01:31:51 (20.9%)	8:22	7.2 (79.1%)
17	<b>MACHALSKI Sebastian</b>	<b>1050</b>		M40	8	01:16:49	03:18:07	04:39:49	06:00:42		<b>07:23:25.90</b>	<b>07:23:35.80</b>	+01:36:27 (21.7%)	8:27	7.1 (78.0%)
18	<b>DUDEK Mirosław</b>	<b>1088</b>	SNG WILD DUCKS	M30	6	01:08:16	03:09:39	04:37:02	06:00:48		<b>07:24:39.15</b>	<b>07:24:41.90</b>	+01:37:33 (21.9%)	8:29	7.1 (78.0%)
19	<b>ZARZYŃSKI Artur</b>	<b>1194</b>	MPK WYBIEGANIE	M40	9	01:09:55	03:11:11	04:36:58	06:04:46		<b>07:31:26.20</b>	<b>07:31:27.80</b>	+01:44:19 (23.1%)	8:36	7 (76.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka				Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h	
						9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km		netto 52.4km	brutto 52.4km			Różn
20	<b>NIKITINA Tatiana</b>	<b>1481</b>	TRAIL RUNNING SCHOOL	K30	1	01:16:17	03:25:39	04:48:24	06:08:55		<b>07:33:20.70</b>	<b>07:33:23.20</b>	+01:46:15 (23.4%)	8:39	6.9 (75.8%)
21	<b>SIEMASZKO Wojtek</b>	<b>1499</b>		M40	10	01:20:29	03:30:52	04:57:57	06:15:09		<b>07:33:21.25</b>	<b>07:33:25.95</b>	+01:46:17 (23.4%)	8:39	6.9 (75.8%)
22	<b>CUDZICH Mirosław</b>	<b>1422</b>	SYMPTOM	M40	11	01:15:37	03:23:27	04:47:18	06:08:21		<b>07:33:28.40</b>	<b>07:33:31.80</b>	+01:46:23 (23.5%)	8:39	6.9 (75.8%)
23	<b>POPIEL Andrzej</b>	<b>1390</b>	POPSMART.PL	M30	7	01:16:31	03:24:57	04:49:03	06:11:36		<b>07:33:32.50</b>	<b>07:33:35.15</b>	+01:46:27 (23.5%)	8:39	6.9 (75.8%)
24	<b>DUDA Konrad</b>	<b>1143</b>		M30	8	01:13:50	03:16:36	04:40:50	06:08:32		<b>07:37:07.40</b>	<b>07:37:13.25</b>	+01:50:05 (24.1%)	8:43	6.9 (75.8%)
25	<b>SNARSKI Bogdan</b>	<b>1495</b>	ALBATROSY	M40	12	01:16:25	03:23:27	04:50:16	06:18:34		<b>07:38:42.10</b>	<b>07:38:44.05</b>	+01:51:36 (24.3%)	8:45	6.9 (75.8%)
26	<b>KRAJEWSKI Wojtek</b>	<b>1296</b>		M40	13	01:17:28	03:27:14	04:53:34	06:16:55		<b>07:39:40.90</b>	<b>07:39:46.15</b>	+01:52:38 (24.5%)	8:46	6.8 (74.7%)
27	<b>PODGÓRSKI Bogusz</b>	<b>1375</b>	CZARNAMILA	M30	9	01:08:07	03:10:01	04:35:42	06:11:50		<b>07:40:15.50</b>	<b>07:40:23.30</b>	+01:53:15 (24.6%)	8:47	6.8 (74.7%)
28	<b>GÓRYŃSKI Rafał</b>	<b>1235</b>	EKO OKNA RUNNERS	M20	5	01:09:52	03:16:27	04:44:53	06:11:21		<b>07:40:45.00</b>	<b>07:40:50.55</b>	+01:53:42 (24.7%)	8:47	6.8 (74.7%)
29	<b>KOZYRA Paweł</b>	<b>1073</b>	TEAMMOUNTAINFUEL RUNNERPAWCISLAW	M20	6	01:07:55	03:00:39	04:25:56	05:51:08		<b>07:41:30.25</b>	<b>07:41:32.10</b>	+01:54:24 (24.8%)	8:48	6.8 (74.7%)
30	<b>ANDRZEJEWSKA Magdalena</b>	<b>7 X</b>	RETRO TEAM KOZICE	K40	1	01:16:02	03:26:06	04:50:17	06:15:28		<b>07:42:22.45</b>	<b>07:42:25.30</b>	+01:55:17 (24.9%)	8:49	6.8 (74.7%)
31	<b>WRONA Mariusz</b>	<b>1489</b>		M40	14	01:15:48	03:27:07	04:58:47	06:21:57		<b>07:43:04.75</b>	<b>07:43:08.90</b>	+01:56:00 (25.0%)	8:50	6.8 (74.7%)
32	<b>GOC Milan</b>	<b>1376</b>	SOUTH WEST ROAD RUNNERS	M40	15	01:27:30	03:40:54	05:06:50	06:24:45		<b>07:42:56.70</b>	<b>07:43:13.40</b>	+01:56:05 (25.1%)	8:50	6.8 (74.7%)
33	<b>WOŹNIAK Radosław</b>	<b>1190</b>	SKAWINA BIEGA	M30	10	01:13:41	03:21:31	04:50:33	06:17:12		<b>07:46:29.55</b>	<b>07:46:35.25</b>	+01:59:27 (25.6%)	8:54	6.7 (73.6%)
34	<b>OBERLAN-MARON Joanna</b>	<b>1252</b>		K40	2	01:23:05	03:31:30	04:56:03	06:18:38		<b>07:46:20.00</b>	<b>07:46:53.05</b>	+01:59:45 (25.6%)	8:53	6.7 (73.6%)
35	<b>PETRYNA Jagoda</b>	<b>1146</b>	NOA	K30	2	01:16:54	03:27:21	04:52:48	06:20:05		<b>07:48:12.65</b>	<b>07:48:13.90</b>	+02:01:05 (25.9%)	8:56	6.7 (73.6%)
36	<b>PYTLOS Marcin</b>	<b>1470</b>		M30	11	01:16:27	03:29:53	04:58:15	06:18:49		<b>07:49:39.60</b>	<b>07:49:42.25</b>	+02:02:34 (26.1%)	8:57	6.7 (73.6%)
37	<b>MIELOCH Tamara</b>	<b>1502</b>		K40	3	01:15:18	03:30:53	05:00:30	06:24:58		<b>07:50:32.30</b>	<b>07:50:35.60</b>	+02:03:27 (26.2%)	8:58	6.7 (73.6%)
38	<b>SIEMIENIEC Marcin</b>	<b>1152</b>	NOA WILD RUNNERS	M30	12	01:13:45	03:25:53	04:52:19	06:17:31		<b>07:50:40.85</b>	<b>07:50:42.00</b>	+02:03:33 (26.3%)	8:58	6.7 (73.6%)
39	<b>KUBICZAK Jan</b>	<b>1378</b>	PARUM CANIS DELTA	M30	13	01:08:01	03:13:26	04:50:13	06:21:26		<b>07:50:23.95</b>	<b>07:50:43.40</b>	+02:03:35 (26.3%)	8:58	6.7 (73.6%)
40	<b>BASAĞ Marek</b>	<b>1122</b>		M30	14	01:20:11	03:29:14	04:58:49	06:26:03		<b>07:53:29.05</b>	<b>07:53:55.20</b>	+02:06:47 (26.8%)	9:02	6.6 (72.5%)
41	<b>LUBAŃSKI Robert</b>	<b>1484</b>		M50	1	01:13:48	03:25:14	04:56:30	06:25:39		<b>07:54:14.20</b>	<b>07:54:18.70</b>	+02:07:10 (26.8%)	9:03	6.6 (72.5%)
42	<b>SIEMIĄTKOWSKA Katarzyna</b>	<b>1239</b>		K30	3	01:18:59	03:33:01	05:01:21	06:28:26		<b>07:56:02.25</b>	<b>07:56:10.05</b>	+02:09:02 (27.1%)	9:05	6.6 (72.5%)
43	<b>ZAWADZKI Andrzej</b>	<b>1289</b>	MKS SIECHNICE	M30	15	01:12:19	03:24:57	04:58:38	06:25:42		<b>07:56:01.25</b>	<b>07:56:10.55</b>	+02:09:02 (27.1%)	9:05	6.6 (72.5%)
44	<b>KWIATKOWSKI Michael</b>	<b>1074</b>		M30	16	01:09:56	03:13:54	04:44:13	06:14:18		<b>07:57:53.95</b>	<b>07:57:55.70</b>	+02:10:47 (27.4%)	9:07	6.6 (72.5%)
45	<b>CIEŚLIK Sebastian</b>	<b>1497</b>		M30	17	01:21:45	03:19:38	04:42:25	06:03:54	00:30:00	<b>07:57:20.35</b>	<b>07:58:05.10</b>	+02:10:57 (27.4%)	8:32	7 (76.9%)
46	<b>NOWACKI Piotr</b>	<b>1480</b>		M40	16	01:13:29	03:25:20	04:53:56	06:25:44		<b>07:59:12.30</b>	<b>07:59:36.70</b>	+02:12:28 (27.6%)	9:08	6.6 (72.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
47	<b>GANIEVA Aigul</b>	<b>1482</b>	TRAIRUNNINGCLUB	K30	4	01:21:10	03:36:07	05:01:47	06:26:19		<b>07:59:50.40</b>	<b>07:59:52.85</b>	+02:12:44 (27.7%)	9:09	6.6 (72.5%)
48	<b>DAJEK Łukasz</b>	<b>1208</b>		M30	18	01:19:46	03:31:43	05:08:29	06:38:11		<b>08:00:28.15</b>	<b>08:01:05.30</b>	+02:13:57 (27.8%)	9:10	6.5 (71.4%)
49	<b>STACHURSKI Paweł</b>	<b>1487</b>		M30	19	01:15:31	03:34:56	05:08:19	06:35:55		<b>08:01:33.60</b>	<b>08:01:48.60</b>	+02:14:40 (28.0%)	9:11	6.5 (71.4%)
50	<b>PŁOSKONKA Jakub</b>	<b>1508</b>		M20	7	01:16:29	03:21:44	05:01:43	06:28:21		<b>08:02:03.80</b>	<b>08:02:20.95</b>	+02:15:12 (28.0%)	9:11	6.5 (71.4%)
51	<b>SEMENIUK Piotr</b>	<b>1255</b>	WESOŁA	M40	17	01:16:32	03:22:33	04:53:11	06:21:53		<b>08:02:17.75</b>	<b>08:02:24.10</b>	+02:15:16 (28.0%)	9:12	6.5 (71.4%)
52	<b>LITWIN Bartłomiej</b>	<b>1324</b>	WKURW_TEAM	M30	20	01:23:13	03:41:55	05:13:43	06:41:14		<b>08:04:03.65</b>	<b>08:04:27.60</b>	+02:17:19 (28.3%)	9:14	6.5 (71.4%)
53	<b>LASEK Leszek</b>	<b>1357</b>		M50	2	01:19:15	03:37:35	05:12:35	06:37:46		<b>08:04:54.75</b>	<b>08:04:57.55</b>	+02:17:49 (28.4%)	9:15	6.5 (71.4%)
54	<b>PIĄTEK Beata</b>	<b>1479</b>	ULTRA ŁAŃCUT/TRENINGFIZJOTERAPIA.PL	K30	5	01:30:25	03:51:34	05:19:12	06:41:18		<b>08:06:42.90</b>	<b>08:06:46.00</b>	+02:19:37 (28.7%)	9:17	6.5 (71.4%)
55	<b>CHOJNACKI Wiktor</b>	<b>1270</b>		M30	21	01:13:38	03:25:02	04:57:27	06:30:35		<b>08:08:01.55</b>	<b>08:08:13.05</b>	+02:21:05 (28.9%)	9:18	6.4 (70.3%)
56	<b>KOPEL Rafał</b>	<b>1222</b>	7	M30	22	01:12:24	03:28:09	05:00:16	06:36:00		<b>08:10:05.70</b>	<b>08:10:11.55</b>	+02:23:03 (29.2%)	9:21	6.4 (70.3%)
57	<b>BONIKOWSKI Tomasz</b>	<b>1218</b>		M40	18	01:21:44	03:42:56	05:15:01	06:44:17		<b>08:10:03.70</b>	<b>08:10:11.90</b>	+02:23:03 (29.2%)	9:21	6.4 (70.3%)
58	<b>NOWICKI Tomasz</b>	<b>1108</b>		M30	23	01:26:06	03:42:06	05:15:05	06:45:41		<b>08:16:24.45</b>	<b>08:16:34.90</b>	+02:29:26 (30.1%)	9:28	6.3 (69.2%)
59	<b>WRÓBLEWSKI Mateusz</b>	<b>1407</b>		M20	8	01:18:23	03:35:47	05:07:27	06:44:09		<b>08:17:10.40</b>	<b>08:17:21.75</b>	+02:30:13 (30.2%)	9:29	6.3 (69.2%)
60	<b>PRZYDANEK Karol</b>	<b>1096</b>		M30	24	01:09:21	03:27:02	05:07:06	06:47:05		<b>08:19:32.40</b>	<b>08:19:34.60</b>	+02:32:26 (30.5%)	9:31	6.3 (69.2%)
61	<b>FURTEK Iwona</b>	<b>1232</b>	LACHO TEAM	K30	6	01:21:43	03:32:52	05:02:05	06:45:36		<b>08:20:17.20</b>	<b>08:20:29.05</b>	+02:33:21 (30.6%)	9:32	6.3 (69.2%)
62	<b>PRZYBYLSKA Katarzyna</b>	<b>1359</b>		K20	1	01:34:00	03:56:08	05:22:27	06:49:15		<b>08:21:10.25</b>	<b>08:21:23.45</b>	+02:34:15 (30.8%)	9:33	6.3 (69.2%)
63	<b>GOLAS Grażyna</b>	<b>1024</b>	DUDYCZ RUN	K40	4	01:26:00	03:52:12	05:25:48	06:54:21		<b>08:21:23.90</b>	<b>08:21:36.45</b>	+02:34:28 (30.8%)	9:34	6.3 (69.2%)
64	<b>SAWICKI Marcin</b>	<b>1409</b>		M30	25	01:17:55	03:37:29	05:14:56	06:52:03		<b>08:22:21.30</b>	<b>08:22:25.30</b>	+02:35:17 (30.9%)	9:35	6.3 (69.2%)
65	<b>MIKUŚKIEWICZ Piotr</b>	<b>1144</b>	WKURW_TEAM	M30	26	01:32:57	03:52:56	05:29:48	06:55:51		<b>08:22:13.70</b>	<b>08:22:29.20</b>	+02:35:21 (30.9%)	9:35	6.3 (69.2%)
66	<b>CIEŚLIK Sławomir</b>	<b>1069</b>		M20	9	01:18:12	03:22:54	04:56:51	06:45:27		<b>08:24:04.85</b>	<b>08:24:19.55</b>	+02:37:11 (31.2%)	9:37	6.2 (68.1%)
67	<b>SADOWSKI Rafał</b>	<b>1520</b>	KB SPARTAKUS	M30	27	01:16:35	03:31:50	05:17:17	06:50:55		<b>08:24:10.25</b>	<b>08:24:20.50</b>	+02:37:12 (31.2%)	9:37	6.2 (68.1%)
68	<b>STASZCZAK Łukasz</b>	<b>1251</b>	TRI TEAM LUBAŃ	M40	19	01:06:03	03:12:18	04:56:30	06:46:58		<b>08:24:59.95</b>	<b>08:25:05.25</b>	+02:37:57 (31.3%)	9:38	6.2 (68.1%)
69	<b>KRAWCZYK Adriana</b>	<b>1013</b>		K30	7	01:20:39	03:41:03	05:19:01	06:49:40		<b>08:25:09.00</b>	<b>08:25:14.90</b>	+02:38:06 (31.3%)	9:38	6.2 (68.1%)
70	<b>DĄBKOWSKI Wojciech</b>	<b>1531</b>	DĄBEKTEAM	M30	28	01:24:56	03:42:17	05:18:39	06:52:27		<b>08:25:15.70</b>	<b>08:25:38.45</b>	+02:38:30 (31.3%)	9:38	6.2 (68.1%)
71	<b>ŻBIK Bartosz</b>	<b>1365</b>	SMART THERAPY	M30	29	01:24:49	03:45:47	05:22:34	06:54:28		<b>08:27:24.75</b>	<b>08:27:34.35</b>	+02:40:26 (31.6%)	9:41	6.2 (68.1%)
72	<b>NOWAK Karol</b>	<b>1517</b>	16 BPD	M20	10	01:29:43	03:53:24	05:26:26	06:58:25		<b>08:28:22.95</b>	<b>08:28:44.20</b>	+02:41:36 (31.8%)	9:42	6.2 (68.1%)
73	<b>MIKOŁAJCZYK Robert</b>	<b>1041</b>	DRUŻYNA ORZECHA ŻYRARDÓW	M40	20	01:12:57	03:21:52	04:59:55	06:45:50		<b>08:28:45.70</b>	<b>08:29:06.70</b>	+02:41:58 (31.8%)	9:42	6.2 (68.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
74	<b>GOC Paweł</b>	<b>1292</b>		M30	30	01:12:56	03:13:51	04:48:02	06:51:24		<b>08:29:08.90</b>	<b>08:29:16.25</b>	+02:42:08 (31.8%)	9:42	6.2 (68.1%)
75	<b>MICHALCZYK Paweł</b>	<b>1362</b>		M40	21	01:18:40	03:43:32	05:18:38	06:53:52		<b>08:29:25.75</b>	<b>08:29:34.10</b>	+02:42:26 (31.9%)	9:43	6.2 (68.1%)
76	<b>GRONO Krzysztof</b>	<b>1414</b>	V-MAX ADAMÓW	M40	22	01:17:56	03:37:27	05:14:56	06:51:51		<b>08:31:54.15</b>	<b>08:31:58.45</b>	+02:44:50 (32.2%)	9:46	6.1 (67.0%)
77	<b>GROSFELD Karol</b>	<b>1335</b>	ZABIEGANI CZĘSTOCHOWA	M30	31	01:24:38	03:43:20	05:15:24	06:52:19		<b>08:32:37.85</b>	<b>08:32:53.20</b>	+02:45:45 (32.3%)	9:46	6.1 (67.0%)
78	<b>SZPUNAR Marek</b>	<b>1398</b>		M40	23	01:27:48	03:57:40	05:39:02	07:07:31		<b>08:33:00.90</b>	<b>08:33:40.15</b>	+02:46:32 (32.4%)	9:47	6.1 (67.0%)
79	<b>SIKORA Łukasz</b>	<b>1211</b>	GRUPA NOMAX	M30	32	01:27:56	03:56:33	05:37:41	07:10:04		<b>08:34:13.20</b>	<b>08:34:28.05</b>	+02:47:20 (32.5%)	9:48	6.1 (67.0%)
80	<b>HYRNIK Wojciech</b>	<b>1417</b>		M30	33	01:20:14	03:45:50	05:22:37	06:58:35		<b>08:37:59.00</b>	<b>08:38:07.80</b>	+02:50:59 (33.0%)	9:53	6.1 (67.0%)
81	<b>IDZIAK Jakub</b>	<b>1166</b>		M20	11	01:26:22	03:48:55	05:21:38	06:58:37		<b>08:38:43.40</b>	<b>08:38:51.15</b>	+02:51:43 (33.1%)	9:53	6.1 (67.0%)
82	<b>SUDNIK Krzysztof</b>	<b>1093</b>		M30	34	01:26:02	03:47:32	05:29:55	07:07:50		<b>08:40:23.55</b>	<b>08:40:46.70</b>	+02:53:38 (33.3%)	9:55	6 (65.9%)
83	<b>SIKORA Bożka</b>	<b>1025</b>	TKKF UKLEJNA MYŚLENICE	K30	8	01:26:13	03:55:25	05:34:21	07:06:50		<b>08:41:14.45</b>	<b>08:41:20.60</b>	+02:54:12 (33.4%)	9:56	6 (65.9%)
84	<b>DAMPS Sylwester</b>	<b>1404</b>		M40	24	01:26:01	03:52:52	05:26:18	07:00:13		<b>08:41:08.60</b>	<b>08:41:21.30</b>	+02:54:13 (33.4%)	9:56	6 (65.9%)
85	<b>KLAPPHOLZ Adriana</b>	<b>1004</b>	BIEGIEM PRZEZ CHYBIE	K40	5	01:27:13	04:01:46	05:41:38	07:12:58		<b>08:42:37.50</b>	<b>08:42:40.90</b>	+02:55:32 (33.6%)	9:58	6 (65.9%)
86	<b>BARCZYK Andrzej</b>	<b>1448</b>	BARCZYK WOLBROM	M40	25	01:27:54	04:01:02	05:39:29	07:10:48		<b>08:42:13.65</b>	<b>08:42:41.90</b>	+02:55:33 (33.6%)	9:57	6 (65.9%)
87	<b>BIELOV Yuriy</b>	<b>1534</b>		M20	12	01:14:27	03:46:52	05:26:29	06:59:42		<b>08:42:30.30</b>	<b>08:42:48.70</b>	+02:55:40 (33.6%)	9:58	6 (65.9%)
88	<b>KIERNICKI Łukasz</b>	<b>1083</b>	FUN&RUN	M30	35	01:29:59	03:55:59	05:32:04	07:06:06		<b>08:44:26.05</b>	<b>08:44:46.90</b>	+02:57:38 (33.9%)	10:00	6 (65.9%)
89	<b>KOWALSKI Łukasz</b>	<b>1160</b>		M30	36	01:29:21	03:57:13	05:37:01	07:09:16		<b>08:45:39.05</b>	<b>08:46:26.95</b>	+02:59:18 (34.1%)	10:01	6 (65.9%)
90	<b>SZYMCZAK Łukasz</b>	<b>1427</b>	SSW TEAM KROŚNICE	M30	37	01:26:17	03:51:38	05:26:42	07:05:47		<b>08:46:29.65</b>	<b>08:46:36.75</b>	+02:59:28 (34.1%)	10:02	6 (65.9%)
91	<b>WARĘCKA Kasia</b>	<b>1320</b>		K20	2	01:28:47	04:04:51	05:44:39	07:13:15		<b>08:48:28.85</b>	<b>08:48:33.85</b>	+03:01:25 (34.3%)	10:05	5.9 (64.8%)
92	<b>ZAJĄC Paweł</b>	<b>1488</b>		M30	38	01:24:59	03:45:34	05:25:51	07:03:47		<b>08:49:00.65</b>	<b>08:49:36.25</b>	+03:02:28 (34.5%)	10:05	5.9 (64.8%)
93	<b>KOCIUMBAS Bartosz</b>	<b>1045</b>	KB SOBÓTKA	M40	26	01:25:41	03:45:05	05:29:34	07:07:36		<b>08:49:27.60</b>	<b>08:50:09.85</b>	+03:03:01 (34.5%)	10:06	5.9 (64.8%)
94	<b>POROWSKI Waldek</b>	<b>1276</b>		M40	27	01:25:41	03:46:17	05:30:02	07:07:32		<b>08:49:28.15</b>	<b>08:50:10.25</b>	+03:03:02 (34.5%)	10:06	5.9 (64.8%)
95	<b>MAJCHROWSKI Jacek</b>	<b>1155</b>	CKB TARNOBRZEG	M40	28	01:22:02	04:02:40	05:36:59	07:12:11		<b>08:50:15.25</b>	<b>08:50:29.45</b>	+03:03:21 (34.6%)	10:07	5.9 (64.8%)
96	<b>KRUPA Piotr</b>	<b>1433</b>	KOPALNIA MOCY	M30	39	01:29:13	03:57:49	05:36:57	07:12:16		<b>08:50:14.65</b>	<b>08:50:30.95</b>	+03:03:22 (34.6%)	10:07	5.9 (64.8%)
97	<b>MOLTZAN Zbigniew</b>	<b>1338</b>	CROSSFIT TORUŃ	M40	29	01:33:04	04:12:33	05:55:39	07:27:17		<b>08:50:08.55</b>	<b>08:50:32.25</b>	+03:03:24 (34.6%)	10:07	5.9 (64.8%)
98	<b>GRUPA Jarek</b>	<b>1307</b>	SZWLA	M30	40	01:20:39	03:54:45	05:30:16	07:07:09		<b>08:51:08.80</b>	<b>08:51:11.45</b>	+03:04:03 (34.6%)	10:08	5.9 (64.8%)
99	<b>SEKUŁA Mirek</b>	<b>1081</b>	INFINITY RUNNER'S TEAM GRYBÓW	M40	30	01:25:46	04:02:24	05:43:33	07:19:52		<b>08:51:31.65</b>	<b>08:51:40.05</b>	+03:04:32 (34.7%)	10:08	5.9 (64.8%)
100	<b>STARZYK Sebastian</b>	<b>1079</b>	OCR TEAM DĘBICA	M30	41	01:29:27	04:05:11	05:46:45	07:24:08		<b>08:50:43.15</b>	<b>08:52:10.65</b>	+03:05:02 (34.8%)	10:07	5.9 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
101	<b>BŁAKAŁA Tomasz</b>	<b>1490</b>		M40	31	01:19:10	03:44:24	05:30:41	07:11:10		<b>08:52:12.55</b>	<b>08:52:19.30</b>	+03:05:11 (34.8%)	10:09	5.9 (64.8%)
102	<b>STOPYRA Urszula</b>	<b>1401</b>		K20	3	01:27:48	03:57:27	05:39:00	07:15:41		<b>08:51:49.50</b>	<b>08:52:28.50</b>	+03:05:20 (34.8%)	10:08	5.9 (64.8%)
103	<b>DĄBROWA Piotr</b>	<b>1183</b>	DECATHLON	M30	42	01:26:00	03:51:02	05:28:51	07:08:48		<b>08:52:44.35</b>	<b>08:52:50.20</b>	+03:05:42 (34.9%)	10:10	5.9 (64.8%)
104	<b>JANKOWSKI Adrian</b>	<b>413 X</b>	BIRELL ISOTONIC TEAM	M30	43	01:27:00	03:54:48	05:42:28	07:19:45		<b>08:52:52.15</b>	<b>08:53:02.30</b>	+03:05:54 (34.9%)	10:10	5.9 (64.8%)
105	<b>PACHO Sylwester</b>	<b>1387</b>	PAPIKI	M40	32	01:15:54	03:36:37	05:15:15	06:48:38	00:30:00	<b>08:54:40.90</b>	<b>08:54:42.20</b>	+03:07:34 (35.1%)	9:37	6.2 (68.1%)
106	<b>OCHYRA Konrad</b>	<b>1348</b>	SOLINA TEAM	M20	13	01:17:04	03:36:04	05:25:04	07:09:05		<b>08:55:38.45</b>	<b>08:55:41.95</b>	+03:08:33 (35.2%)	10:13	5.9 (64.8%)
107	<b>DŁUGAJ Andrzej</b>	<b>1350</b>		M40	33	01:31:11	03:56:18	05:33:41	07:13:07		<b>08:55:28.85</b>	<b>08:55:52.10</b>	+03:08:44 (35.2%)	10:13	5.9 (64.8%)
108	<b>OLBERT Ireneusz</b>	<b>1423</b>	PCC ULTRA RUNNERS	M40	34	01:16:37	03:39:19	05:26:04	07:11:31		<b>08:56:12.40</b>	<b>08:56:16.10</b>	+03:09:08 (35.3%)	10:13	5.9 (64.8%)
109	<b>KOPEĆ Paweł</b>	<b>1267</b>	RZESZOWSKIE GAZELE I GEPARDY	M30	44	01:25:12	03:57:23	05:44:47	07:22:05		<b>08:56:47.65</b>	<b>08:57:08.50</b>	+03:10:00 (35.4%)	10:14	5.9 (64.8%)
110	<b>MAZURKIEWICZ Maks</b>	<b>1077</b>	KS BERO / FORFIT	M30	45	01:39:06	04:13:26	05:48:38	07:24:23		<b>08:59:54.00</b>	<b>09:00:37.30</b>	+03:13:29 (35.8%)	10:18	5.8 (63.7%)
111	<b>SKURATKO Adrian</b>	<b>1253</b>	RONAL POLSKA RUN	M30	46	01:12:30	03:46:14	05:40:10	07:25:32		<b>09:01:53.30</b>	<b>09:02:00.25</b>	+03:14:52 (36.0%)	10:20	5.8 (63.7%)
112	<b>FOGT Monika</b>	<b>1496</b>		K40	6	01:31:16	04:05:07	05:49:49	07:31:38		<b>09:02:29.05</b>	<b>09:02:37.95</b>	+03:15:29 (36.0%)	10:21	5.8 (63.7%)
113	<b>SUWEZDA Jacek</b>	<b>1393</b>		M50	3	01:30:42	04:06:44	05:51:05	07:26:37		<b>09:03:51.60</b>	<b>09:04:32.15</b>	+03:17:24 (36.3%)	10:22	5.8 (63.7%)
114	<b>MELLER Joanna</b>	<b>1380</b>	DRUŻYNA WILKA	K40	7	01:37:37	04:11:11	05:53:16	07:28:27		<b>09:06:45.45</b>	<b>09:07:04.75</b>	+03:19:56 (36.5%)	10:26	5.8 (63.7%)
115	<b>AUGUSTYNIAK Marek</b>	<b>1213</b>	KOLEGA RYŚKA	M50	4	01:29:28	03:58:23	05:42:57	07:26:29		<b>09:07:54.90</b>	<b>09:08:44.45</b>	+03:21:36 (36.7%)	10:27	5.7 (62.6%)
116	<b>GRUNWALD Sebastian</b>	<b>1468</b>		M40	35		04:29:55	06:10:01	07:38:18		<b>09:09:14.30</b>	<b>09:09:51.20</b>	+03:22:43 (36.9%)	10:28	5.7 (62.6%)
117	<b>JARZĄB Marcin</b>	<b>1046</b>		M30	47	01:36:07	04:07:29	05:57:13	07:34:20		<b>09:11:27.85</b>	<b>09:11:44.30</b>	+03:24:36 (37.1%)	10:31	5.7 (62.6%)
118	<b>PRZYBYLSKI Piotr</b>	<b>1360</b>		M40	36	01:34:00	04:08:44	05:52:28	07:34:11		<b>09:11:33.75</b>	<b>09:11:47.35</b>	+03:24:39 (37.1%)	10:31	5.7 (62.6%)
119	<b>POPŁAWSKA Katarzyna</b>	<b>1061</b>	CZARNE OWCE HIPOLITÓW/MPK WYBIEGANIE	K40	8	01:30:52	04:07:19	05:53:04	07:32:49		<b>09:11:24.90</b>	<b>09:12:04.40</b>	+03:24:56 (37.1%)	10:31	5.7 (62.6%)
120	<b>OKRUTNIAK Sławomir</b>	<b>1053</b>		M30	48	01:31:33	04:04:22	05:43:30	07:31:15		<b>09:13:05.40</b>	<b>09:13:08.80</b>	+03:26:00 (37.2%)	10:33	5.7 (62.6%)
121	<b>URBANIK Łukasz</b>	<b>1500</b>	KITA TEAM	M40	37	01:22:56	04:09:12	06:01:43	07:42:32		<b>09:12:56.90</b>	<b>09:13:15.50</b>	+03:26:07 (37.3%)	10:33	5.7 (62.6%)
122	<b>MAGOŃ Łukasz</b>	<b>1227</b>	HUSARIA RACE TEAM	M30	49	01:36:06	04:06:05	05:52:45	07:33:00		<b>09:14:20.05</b>	<b>09:14:56.80</b>	+03:27:48 (37.4%)	10:34	5.7 (62.6%)
123	<b>BORYS Andrzej</b>	<b>1537</b>		M40	38	01:20:08	03:45:29	05:41:59	07:29:06		<b>09:15:16.95</b>	<b>09:16:05.15</b>	+03:28:57 (37.6%)	10:35	5.7 (62.6%)
124	<b>FEDORCZAK Jacek</b>	<b>1127</b>		M30	50	01:42:44	04:25:24	06:05:12	07:41:34		<b>09:15:39.45</b>	<b>09:16:13.75</b>	+03:29:05 (37.6%)	10:36	5.7 (62.6%)
125	<b>GASIK Leszek</b>	<b>1156</b>	HUMAN&HUNTER RUNNERS TEAM	M40	39	01:23:41	04:07:55	05:51:05	07:35:23		<b>09:15:36.40</b>	<b>09:16:15.30</b>	+03:29:07 (37.6%)	10:36	5.7 (62.6%)
126	<b>NOWAK Agnieszka</b>	<b>1182</b>	CB163	K30	9	01:39:29	04:16:27	05:59:12	07:39:10		<b>09:15:32.50</b>	<b>09:16:17.50</b>	+03:29:09 (37.6%)	10:36	5.7 (62.6%)
127	<b>KOWALCZYK Mariusz</b>	<b>1451</b>	WOLFPACK	M40	40	01:42:07	04:08:36	05:59:02	07:38:58		<b>09:18:25.20</b>	<b>09:19:21.90</b>	+03:32:13 (37.9%)	10:39	5.6 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
128	<b>GLEBOCKI Konrad</b>	<b>1474</b>		M40	41	01:22:57	03:58:09	05:48:01	07:31:58		<b>09:20:39.50</b>	<b>09:20:47.20</b>	+03:33:39 (38.1%)	10:41	5.6 (61.5%)
129	<b>URBANEK Patryk</b>	<b>1518</b>		M20	14	01:13:49	03:51:32	05:51:22	07:40:44		<b>09:21:07.10</b>	<b>09:21:09.35</b>	+03:34:01 (38.1%)	10:42	5.6 (61.5%)
130	<b>BERTINO Francesco</b>	<b>1125</b>	CAZZO CLUB RUNNING TEAM	M20	15	01:25:06	04:09:04	05:54:43	07:39:49		<b>09:21:08.85</b>	<b>09:21:19.40</b>	+03:34:11 (38.2%)	10:42	5.6 (61.5%)
131	<b>POŚNIK Tomek</b>	<b>1200</b>	WORKFIT ADVENTURE TEAM	M40	42	01:32:37	04:09:57	05:56:11	07:43:57		<b>09:21:57.30</b>	<b>09:22:30.45</b>	+03:35:22 (38.3%)	10:43	5.6 (61.5%)
132	<b>SOWA Paweł</b>	<b>1170</b>		M40	43	01:29:06	04:06:16	05:51:53	07:38:46		<b>09:22:40.65</b>	<b>09:22:52.15</b>	+03:35:44 (38.3%)	10:44	5.6 (61.5%)
133	<b>DASZCZUK Tomasz</b>	<b>1308</b>		M40	44	01:47:28	04:28:30	06:11:41	07:46:46		<b>09:22:14.50</b>	<b>09:23:02.85</b>	+03:35:54 (38.3%)	10:43	5.6 (61.5%)
134	<b>PORĘBA Eugeniusz</b>	<b>1505</b>		M50	5	01:32:11	04:16:17	06:12:35	07:52:50		<b>09:25:48.15</b>	<b>09:26:05.00</b>	+03:38:56 (38.7%)	10:47	5.6 (61.5%)
135	<b>GAWIN Krzysztof</b>	<b>162 Y</b>	HARDCORY	M30	51	01:33:09	04:22:08	06:10:51	07:53:41		<b>09:27:31.25</b>	<b>09:27:38.65</b>	+03:40:30 (38.8%)	10:49	5.5 (60.4%)
136	<b>TUREK Maciej</b>	<b>1010</b>	#PIWONAMECIE	M30	52	01:32:50	04:27:52	06:10:24	07:55:29		<b>09:27:29.25</b>	<b>09:27:50.90</b>	+03:40:42 (38.9%)	10:49	5.5 (60.4%)
137	<b>KĄKOL Łukasz</b>	<b>1521</b>		M30	53	01:38:53	04:21:17	06:18:13	08:02:15		<b>09:27:32.90</b>	<b>09:27:51.90</b>	+03:40:43 (38.9%)	10:49	5.5 (60.4%)
137	<b>ŚWIĘCICKI Marcin</b>	<b>1522</b>		M40	45	01:38:54	04:21:16	06:18:13	08:02:17		<b>09:27:32.85</b>	<b>09:27:51.90</b>	+03:40:43 (38.9%)	10:49	5.5 (60.4%)
139	<b>BARAŃCZAK Kamil</b>	<b>1438</b>		M30	54	01:20:27	03:51:22	05:26:13	07:05:12	00:30:00	<b>09:31:14.35</b>	<b>09:31:57.25</b>	+03:44:49 (39.3%)	10:19	5.8 (63.7%)
140	<b>DROŹDZIEL Mariusz</b>	<b>1466</b>		M30	55	01:32:47	04:10:24	05:56:22	07:32:47		<b>09:31:40.60</b>	<b>09:32:18.40</b>	+03:45:10 (39.3%)	10:54	5.5 (60.4%)
141	<b>PAŁACHA Anna</b>	<b>1169</b>	TAKLUBIĘ SANDOMIERZ/TSA	K40	9	01:33:37	04:22:09	06:09:18	07:53:21		<b>09:33:00.85</b>	<b>09:33:15.25</b>	+03:46:07 (39.4%)	10:56	5.5 (60.4%)
142	<b>BEDNAREK Piotr</b>	<b>1210</b>		M20	16	01:18:23	03:42:30	05:42:08	07:34:46		<b>09:33:07.90</b>	<b>09:33:19.70</b>	+03:46:11 (39.5%)	10:56	5.5 (60.4%)
143	<b>MATYSIAK Łukasz</b>	<b>1443</b>		M30	56	01:25:23	04:01:35	05:45:10	07:39:39		<b>09:34:52.95</b>	<b>09:35:05.00</b>	+03:47:56 (39.6%)	10:58	5.5 (60.4%)
144	<b>JASIŃSKI Marcin</b>	<b>1483</b>		M40	46	01:25:19	03:54:38	05:50:31	07:39:46		<b>09:37:27.75</b>	<b>09:37:33.00</b>	+03:50:24 (39.9%)	11:01	5.4 (59.3%)
145	<b>ŚLIWIŃSKI Andrzej</b>	<b>1493</b>		M60	1	01:32:13	04:22:27	06:21:41	08:14:42		<b>09:38:33.50</b>	<b>09:38:49.25</b>	+03:51:41 (40.0%)	11:02	5.4 (59.3%)
146	<b>SIWIEC Stanisław</b>	<b>1018</b>		M60	2	01:29:55	04:26:41	06:11:52	07:51:26		<b>09:39:24.10</b>	<b>09:39:27.50</b>	+03:52:19 (40.1%)	11:03	5.4 (59.3%)
147	<b>KUCHARSKI Paweł</b>	<b>1536</b>	PLANETA NISKO	M40	47	01:33:08	04:16:44	06:08:20	07:53:42		<b>09:39:30.60</b>	<b>09:39:40.55</b>	+03:52:32 (40.1%)	11:03	5.4 (59.3%)
148	<b>WAŃKOWICZ Adrian</b>	<b>1063</b>		M30	57	01:29:56	04:06:04	06:03:30	07:51:27		<b>09:39:20.50</b>	<b>09:39:41.45</b>	+03:52:33 (40.1%)	11:03	5.4 (59.3%)
149	<b>GRUCA Ryszard</b>	<b>1388</b>	PAPIKI	M50	6	01:33:20	04:27:36	06:17:02	07:57:49		<b>09:40:13.80</b>	<b>09:40:22.45</b>	+03:53:14 (40.2%)	11:04	5.4 (59.3%)
150	<b>FRĄCZEK Krzysztof</b>	<b>1044</b>		M30	58	01:26:56	04:06:14	05:54:25	07:41:36		<b>09:42:42.20</b>	<b>09:42:47.25</b>	+03:55:39 (40.4%)	11:07	5.4 (59.3%)
151	<b>MILCZAREK Marcin</b>	<b>1029</b>		M30	59	01:32:36	04:07:33	06:04:10	07:50:13		<b>09:42:29.50</b>	<b>09:43:02.00</b>	+03:55:53 (40.5%)	11:06	5.4 (59.3%)
152	<b>PELA Dariusz</b>	<b>1463</b>		M30	60	01:30:45	04:02:11	06:09:17	07:53:33		<b>09:43:33.85</b>	<b>09:43:49.50</b>	+03:56:41 (40.5%)	11:08	5.4 (59.3%)
153	<b>RYGIEL Grzegorz</b>	<b>1506</b>		M30	61	01:27:57	04:11:49	06:05:21	07:53:05		<b>09:44:23.35</b>	<b>09:44:41.75</b>	+03:57:33 (40.6%)	11:09	5.4 (59.3%)
154	<b>WIECZOREK Piotr</b>	<b>1099</b>		M30	62	01:44:46	04:25:21	06:16:27	07:57:19		<b>09:44:07.20</b>	<b>09:44:53.90</b>	+03:57:45 (40.7%)	11:08	5.4 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka Zubracze Roztoki Przyslup				Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h	
						9.68km	25km	33.7km	42.8km		netto 52.4km	brutto 52.4km			Różn
155	<b>SZYMALA-LIPKA Magdalena</b>	<b>1007</b>		K30	10	01:33:33	04:18:05	06:14:13	08:00:18		<b>09:45:07.85</b>	<b>09:45:11.75</b>	+03:58:03 (40.7%)	11:10	5.4 (59.3%)
156	<b>SZUBERT Dariusz</b>	<b>1372</b>	MIRAZ RACE TEAM	M20	17	01:25:07	03:56:20	05:48:06	07:44:55		<b>09:45:12.85</b>	<b>09:45:20.25</b>	+03:58:12 (40.7%)	11:10	5.4 (59.3%)
157	<b>KAMIŃSKI Daniel</b>	<b>1304</b>		M30	63	01:29:50	04:24:16	06:12:56	07:57:05		<b>09:45:31.60</b>	<b>09:45:43.90</b>	+03:58:35 (40.7%)	11:10	5.4 (59.3%)
158	<b>PIERZCHALSKA Julia</b>	<b>1091</b>	ABOVE 2000	K30	11	01:29:20	04:13:43	06:11:12	07:58:40		<b>09:46:06.35</b>	<b>09:46:13.50</b>	+03:59:05 (40.8%)	11:11	5.4 (59.3%)
159	<b>WÓJCIK Paweł</b>	<b>1419</b>	KASZUBSKIE DZIKI	M20	18	01:31:30	04:16:50	06:05:05	07:58:12		<b>09:48:44.15</b>	<b>09:49:21.40</b>	+04:02:13 (41.1%)	11:14	5.3 (58.2%)
160	<b>OSTROWSKI Marcin</b>	<b>1109</b>	PZU SPORT TEAM	M30	64	01:40:39	04:33:16	06:21:07	07:58:17		<b>09:48:56.45</b>	<b>09:49:23.15</b>	+04:02:15 (41.1%)	11:14	5.3 (58.2%)
161	<b>WOŹNICA Adrian</b>	<b>1207</b>	GRUPA NOMAX	M30	65	01:43:44	04:25:19	06:08:44	07:55:30		<b>09:48:40.90</b>	<b>09:49:23.50</b>	+04:02:15 (41.1%)	11:14	5.3 (58.2%)
162	<b>ZYGMUNT Paweł</b>	<b>1220</b>		M40	48	01:27:20	04:04:02	05:48:52	07:44:33		<b>09:50:33.20</b>	<b>09:50:40.00</b>	+04:03:31 (41.2%)	11:16	5.3 (58.2%)
163	<b>KMITA Krzysztof</b>	<b>1201</b>		M30	66	01:24:40	04:04:05	05:55:23	07:51:10		<b>09:53:18.20</b>	<b>09:53:30.50</b>	+04:06:22 (41.5%)	11:19	5.3 (58.2%)
164	<b>KASKA-ŁOBODOWSKA Ewelina</b>	<b>1530</b>	RACEFIGHTER	K30	12	01:30:30	04:09:20	06:20:45	08:04:51		<b>09:53:43.40</b>	<b>09:54:00.85</b>	+04:06:52 (41.6%)	11:19	5.3 (58.2%)
165	<b>ROJEK Maciej</b>	<b>1371</b>		M30	67	01:32:02	04:18:10	06:13:07	08:08:54		<b>09:53:48.00</b>	<b>09:54:01.80</b>	+04:06:53 (41.6%)	11:19	5.3 (58.2%)
166	<b>ZIĘBA Tomasz</b>	<b>1467</b>	JACEKBIEGA RUNNING TEAM	M40	49	01:40:00	04:37:02	06:31:09	08:24:06		<b>09:53:32.95</b>	<b>09:54:10.35</b>	+04:07:02 (41.6%)	11:19	5.3 (58.2%)
167	<b>TURLEJ Dariusz</b>	<b>1173</b>	KONDYCJA	M60	3	01:43:32	04:36:31	06:21:48	08:04:11		<b>09:53:46.20</b>	<b>09:54:15.30</b>	+04:07:07 (41.6%)	11:19	5.3 (58.2%)
168	<b>BONIKOWSKI Mateusz</b>	<b>1509</b>		M30	68	01:26:13	04:19:36	06:18:09	08:10:16		<b>09:54:36.55</b>	<b>09:54:45.50</b>	+04:07:37 (41.6%)	11:20	5.3 (58.2%)
169	<b>ADAMIAK Marcin</b>	<b>1066</b>	EVERRUN	M40	50	01:33:56	04:27:29	06:22:45	08:05:04		<b>09:54:42.85</b>	<b>09:54:49.45</b>	+04:07:41 (41.6%)	11:20	5.3 (58.2%)
170	<b>KAWALEC Krystian</b>	<b>1317</b>	MARCIN ŚWIERC TEAM	M40	51	01:27:06	04:22:18	06:21:44	08:10:16		<b>09:55:07.85</b>	<b>09:55:17.75</b>	+04:08:09 (41.7%)	11:21	5.3 (58.2%)
171	<b>IDZIOR Tomasz</b>	<b>1119</b>		M20	19	01:32:03	04:18:07	06:13:07	08:07:43		<b>09:55:06.25</b>	<b>09:55:19.50</b>	+04:08:11 (41.7%)	11:21	5.3 (58.2%)
172	<b>HOŁÓWKA Sławomir</b>	<b>1231</b>	LACHO TEAM KRAKÓW	M40	52	01:34:31	04:20:57	06:14:47	08:03:33		<b>09:55:15.05</b>	<b>09:55:27.00</b>	+04:08:18 (41.7%)	11:21	5.3 (58.2%)
173	<b>GOKIERT-SKRENTNA Justyna</b>	<b>1259</b>		K40	10	01:39:29	04:27:22	06:24:07	08:10:16		<b>09:55:22.65</b>	<b>09:55:46.55</b>	+04:08:38 (41.7%)	11:21	5.3 (58.2%)
174	<b>MASŁOWSKI Michał</b>	<b>1507</b>		M40	53	01:30:10	04:09:08	06:21:26	08:11:25		<b>09:55:54.45</b>	<b>09:56:14.65</b>	+04:09:06 (41.8%)	11:22	5.3 (58.2%)
175	<b>MELLER Wojciech</b>	<b>1379</b>	DRUŻYNA WILKA	M40	54	01:37:37	04:11:09	06:10:30	08:04:46		<b>09:56:15.00</b>	<b>09:56:34.50</b>	+04:09:26 (41.8%)	11:22	5.3 (58.2%)
176	<b>LASKOWSKI Piotr</b>	<b>1449</b>		M40	55	01:29:37	04:16:16	06:32:09	08:13:45		<b>09:57:33.10</b>	<b>09:58:03.80</b>	+04:10:55 (42.0%)	11:24	5.3 (58.2%)
177	<b>ZAPIÓR Maciej</b>	<b>1089</b>	COLD BEER TEAM	M20	20	01:35:45	04:35:28	06:27:23	08:17:14		<b>09:58:17.55</b>	<b>09:58:29.65</b>	+04:11:21 (42.0%)	11:25	5.3 (58.2%)
178	<b>JASNOWSKI Michał</b>	<b>1148</b>		M30	69	01:26:44	04:18:54	06:17:38	08:14:26		<b>09:59:51.40</b>	<b>10:00:21.30</b>	+04:13:13 (42.2%)	11:26	5.2 (57.1%)
179	<b>BROMBOSZCZ Karol</b>	<b>1136</b>	TRUCHTACZ-MYSŁOWICE	M60	4	01:37:14	04:32:09	06:27:22	08:17:11		<b>10:00:23.50</b>	<b>10:00:36.60</b>	+04:13:28 (42.2%)	11:27	5.2 (57.1%)
180	<b>MATUSIEWICZ Michał</b>	<b>1364</b>	#CISNIJWIEPRZA	M30	70	01:45:04	04:41:42	06:30:13	08:17:57		<b>10:02:28.80</b>	<b>10:03:02.30</b>	+04:15:54 (42.4%)	11:29	5.2 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
181	<b>WRÓBEL Paweł</b>	<b>1058</b>	MKS SIECHNICE	M30	71	01:30:06	04:22:15	06:12:12	08:04:37		<b>10:03:30.90</b>	<b>10:03:41.65</b>	+04:16:33 (42.5%)	11:31	5.2 (57.1%)
182	<b>MAJTKOWSKI Marcin</b>	<b>1028</b>		M30	72	01:37:42	04:26:46	06:19:45	08:10:34		<b>10:04:02.20</b>	<b>10:04:29.00</b>	+04:17:20 (42.6%)	11:31	5.2 (57.1%)
183	<b>GINTER Grzegorz</b>	<b>1258</b>	AZS COLLEGIUM MEDICUM UJ	M30	73	01:41:35	04:34:22	06:23:36	08:18:09		<b>10:04:53.65</b>	<b>10:05:05.30</b>	+04:17:57 (42.6%)	11:32	5.2 (57.1%)
184	<b>SZYMEL Jacek</b>	<b>1186</b>	HUSARIA RACE TEAM	M30	74	01:36:41	04:15:31	06:18:01	08:07:43		<b>10:04:33.65</b>	<b>10:05:09.55</b>	+04:18:01 (42.6%)	11:32	5.2 (57.1%)
185	<b>KWAŚNIEWSKI Rafał</b>	<b>1455</b>	SZWLA STARGARD	M30	75	01:33:42	04:20:43	06:22:24	08:17:46		<b>10:05:31.05</b>	<b>10:05:47.30</b>	+04:18:39 (42.7%)	11:33	5.2 (57.1%)
186	<b>GADOMSKI Dariusz</b>	<b>1369</b>		M50	7	01:40:46	04:37:56	06:33:51	08:18:17		<b>10:05:18.75</b>	<b>10:05:50.60</b>	+04:18:42 (42.7%)	11:33	5.2 (57.1%)
187	<b>PAMUŁA Krystian</b>	<b>1039</b>	SRTG NIEPOŁOMICE	M30	76	01:42:25	04:35:33	06:18:13	08:10:59		<b>10:06:28.50</b>	<b>10:07:08.35</b>	+04:20:00 (42.8%)	11:34	5.2 (57.1%)
188	<b>ŚLÓSARSKI Szymon</b>	<b>1171</b>	CB163	M30	77	01:44:19	04:36:10	06:29:59	08:19:43		<b>10:07:03.80</b>	<b>10:07:49.00</b>	+04:20:40 (42.9%)	11:35	5.2 (57.1%)
189	<b>PURGAL Magdalena</b>	<b>1157</b>	HUMAN&HUNTER RUNNERS TEAM	K30	13	01:39:21	04:32:22	06:25:47	08:10:16		<b>10:07:10.15</b>	<b>10:07:49.10</b>	+04:20:41 (42.9%)	11:35	5.2 (57.1%)
190	<b>SŁOMKA Michał</b>	<b>1040</b>		M20	21	01:32:46	04:21:08	06:14:21	08:11:30		<b>10:07:51.00</b>	<b>10:07:58.70</b>	+04:20:50 (42.9%)	11:36	5.2 (57.1%)
191	<b>HABA Konrad</b>	<b>1452</b>		M30	78	01:35:23	04:25:39	06:22:49	08:12:20		<b>10:07:44.85</b>	<b>10:08:00.35</b>	+04:20:52 (42.9%)	11:35	5.2 (57.1%)
192	<b>BUDZIŃSKI Krzysztof</b>	<b>1339</b>	STOWARZYSZENIE SPORTOWE FENIKS PRZY ELEKTROWNI OPOLE	M50	8	01:25:07	04:18:37	06:20:40	08:08:10		<b>10:12:08.30</b>	<b>10:12:23.65</b>	+04:25:15 (43.3%)	11:40	5.1 (56.0%)
193	<b>KOSZAŁKA Marcin</b>	<b>1341</b>	PRATT AND WHITNEY RZESZÓW	M20	22	01:41:31	04:20:10	06:20:34	08:08:04		<b>10:12:02.10</b>	<b>10:12:23.70</b>	+04:25:15 (43.3%)	11:40	5.1 (56.0%)
194	<b>NOWAK Krzysztof</b>	<b>1291</b>		M40	56	01:38:14	04:35:41	06:26:04	08:14:50		<b>10:11:45.10</b>	<b>10:12:26.10</b>	+04:25:18 (43.3%)	11:40	5.1 (56.0%)
195	<b>KUSZ Janusz</b>	<b>1030</b>		M40	57	01:37:12	04:27:28	06:25:39	08:16:58		<b>10:12:50.60</b>	<b>10:13:15.60</b>	+04:26:07 (43.4%)	11:41	5.1 (56.0%)
196	<b>PIETRZYK Paweł</b>	<b>1318</b>	NO NAME	M40	58	01:54:17	04:37:00	06:27:01	08:22:08		<b>10:12:39.90</b>	<b>10:13:21.05</b>	+04:26:13 (43.4%)	11:41	5.1 (56.0%)
197	<b>BONCOL Wojciech</b>	<b>1203</b>		M30	79		04:34:00	06:33:36	08:19:09		<b>10:12:38.05</b>	<b>10:13:22.95</b>	+04:26:14 (43.4%)	11:41	5.1 (56.0%)
198	<b>RÓŻYCKI Ryszard</b>	<b>1526</b>		M60	5	01:41:22	04:41:25	06:32:59	08:24:25		<b>10:13:36.70</b>	<b>10:13:49.55</b>	+04:26:41 (43.4%)	11:42	5.1 (56.0%)
199	<b>RÓŻYCKA Elżbieta</b>	<b>1525</b>		K40	11	01:41:20	04:41:17	06:32:57	08:24:22		<b>10:13:36.45</b>	<b>10:13:49.75</b>	+04:26:41 (43.4%)	11:42	5.1 (56.0%)
200	<b>LOMBARSKI Łukasz</b>	<b>1428</b>	SSW TEAM KROŚNICE	M30	80	01:26:18	04:26:07	06:22:13	08:19:55		<b>10:13:51.60</b>	<b>10:13:58.40</b>	+04:26:50 (43.5%)	11:42	5.1 (56.0%)
201	<b>RZECZKOWSKI Maciej</b>	<b>1114</b>		M50	9	01:34:01	04:27:09	06:30:04	08:21:51		<b>10:13:45.10</b>	<b>10:14:01.10</b>	+04:26:53 (43.5%)	11:42	5.1 (56.0%)
202	<b>WILIŃSKI Kamil</b>	<b>1436</b>		M30	81	01:34:56	04:47:30	06:41:45	08:26:48		<b>10:14:01.55</b>	<b>10:14:25.20</b>	+04:27:17 (43.5%)	11:43	5.1 (56.0%)
203	<b>BOROWIEC Mariusz</b>	<b>1430</b>	RUN RUN OLESZYCE	M40	59	01:36:21	04:41:49	06:41:54	08:29:59		<b>10:14:41.20</b>	<b>10:15:03.30</b>	+04:27:55 (43.6%)	11:43	5.1 (56.0%)
204	<b>ŁYSIAK Bartek</b>	<b>1229</b>		M30	82	01:37:48	04:22:07	06:18:53	08:10:06		<b>10:14:49.75</b>	<b>10:15:12.00</b>	+04:28:03 (43.6%)	11:44	5.1 (56.0%)
205	<b>WÓJCIK Rafał</b>	<b>1462</b>		M20	23	01:28:08	04:06:07	05:51:22	07:44:11		<b>10:15:02.15</b>	<b>10:15:18.10</b>	+04:28:10 (43.6%)	11:44	5.1 (56.0%)
206	<b>WITKOWSKI Krzysztof</b>	<b>1431</b>	KOPALNIA MOCY TARNOBRZEG	M40	60	01:34:05	04:32:11	06:21:16	08:13:49		<b>10:15:20.90</b>	<b>10:15:36.35</b>	+04:28:28 (43.6%)	11:44	5.1 (56.0%)
207	<b>DOMIN Daniel</b>	<b>1274</b>	MULTIPLIER TEAM	M30	83	01:34:57	04:30:41	06:31:00	08:26:47		<b>10:16:35.40</b>	<b>10:16:59.35</b>	+04:29:51 (43.7%)	11:46	5.1 (56.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
208	<b>SWORCZUK Paweł</b>	<b>1283</b>		M30	84	01:34:57	04:30:43	06:30:58	08:26:46		<b>10:16:35.40</b>	<b>10:16:59.80</b>	+04:29:51 (43.7%)	11:46	5.1 (56.0%)
209	<b>DZIERŻEŃSKA Monika</b>	<b>1257</b>		K40	12	01:42:37	04:47:45	06:42:36	08:27:33		<b>10:16:35.90</b>	<b>10:17:01.65</b>	+04:29:53 (43.7%)	11:46	5.1 (56.0%)
210	<b>BUCZEK Jerzy</b>	<b>1345</b>	1963	M50	10	01:34:52	04:29:39	06:23:25	08:15:41		<b>10:17:04.20</b>	<b>10:17:35.60</b>	+04:30:27 (43.8%)	11:46	5.1 (56.0%)
211	<b>LUC Adam</b>	<b>1199</b>	BIEGUSIEM.PL	M40	61	01:32:00	04:24:24	06:20:51	08:17:31		<b>10:18:01.70</b>	<b>10:18:06.30</b>	+04:30:58 (43.8%)	11:47	5.1 (56.0%)
212	<b>MAŚLANKIEWICZ Bartłomiej</b>	<b>1036</b>	POSITIVE ENERGY	M20	24	01:33:52	04:29:03	06:23:15	08:21:42		<b>10:18:35.40</b>	<b>10:19:13.05</b>	+04:32:05 (43.9%)	11:48	5.1 (56.0%)
213	<b>ZUBIK Michal</b>	<b>1245</b>	LUBELSKA GRUPA TRIATHLONU	M40	62	01:31:43	04:17:09	06:16:07	08:09:48		<b>10:19:55.60</b>	<b>10:20:21.00</b>	+04:33:12 (44.0%)	11:49	5.1 (56.0%)
214	<b>GREŃDA Jarek</b>	<b>1260</b>		M40	63	01:30:07	04:29:05	06:33:14	08:22:12		<b>10:20:04.00</b>	<b>10:20:21.30</b>	+04:33:13 (44.0%)	11:50	5.1 (56.0%)
215	<b>KUSIO Wojciech</b>	<b>1135</b>		M20	25	01:36:29	04:17:31	06:17:13	08:16:34		<b>10:19:56.75</b>	<b>10:20:42.35</b>	+04:33:34 (44.1%)	11:49	5.1 (56.0%)
216	<b>PŁASKOCIŃSKI Robert</b>	<b>1361</b>	PRO-RUN	M40	64		04:43:30	06:39:44	08:28:44		<b>10:19:57.40</b>	<b>10:20:53.70</b>	+04:33:45 (44.1%)	11:49	5.1 (56.0%)
217	<b>MICHOŃ Kacper</b>	<b>1012</b>	NIGHTRUNNERS	M20	26	01:43:09	04:29:37	06:26:39	08:22:44		<b>10:21:08.20</b>	<b>10:21:38.80</b>	+04:34:30 (44.2%)	11:51	5.1 (56.0%)
218	<b>CHMARA Rafał</b>	<b>1054</b>	AMBAR	M40	65	01:39:28	04:33:45	06:30:04	08:19:45		<b>10:20:55.55</b>	<b>10:21:41.05</b>	+04:34:33 (44.2%)	11:50	5.1 (56.0%)
219	<b>GALA Kamila</b>	<b>1392</b>	NAPRZÓD MŁOCINY/ MARATHON BROTHERS	K30	14	01:33:02	04:27:47	06:19:45	08:17:47		<b>10:23:37.05</b>	<b>10:24:15.70</b>	+04:37:07 (44.4%)	11:54	5 (54.9%)
220	<b>WÓJCICKI Adam</b>	<b>1187</b>		M30	85	01:43:46	04:36:10	06:32:38	08:22:14		<b>10:23:28.50</b>	<b>10:24:15.80</b>	+04:37:07 (44.4%)	11:53	5 (54.9%)
221	<b>BARSZCZ Bartosz</b>	<b>1344</b>	GAMBLERS RUNNING	M30	86	01:39:32	04:30:15	06:30:02	08:20:30		<b>10:23:35.90</b>	<b>10:24:23.80</b>	+04:37:15 (44.4%)	11:54	5 (54.9%)
222	<b>ZAJĄC Paweł</b>	<b>1471</b>		M30	87	01:36:57	04:36:50	06:30:16	08:20:43		<b>10:24:03.20</b>	<b>10:24:37.60</b>	+04:37:29 (44.4%)	11:54	5 (54.9%)
223	<b>DOROCIAK Wioletta</b>	<b>1048</b>	IKS ATAK ELBLĄG	K40	13	01:32:49	04:34:46	06:29:04	08:20:55		<b>10:24:22.00</b>	<b>10:24:38.00</b>	+04:37:29 (44.4%)	11:54	5 (54.9%)
224	<b>PASISZ Daniel</b>	<b>1161</b>		M30	88	01:34:20	04:37:23	06:41:24	08:36:05		<b>10:24:34.50</b>	<b>10:24:41.15</b>	+04:37:33 (44.4%)	11:55	5 (54.9%)
225	<b>NOWAK Tomasz</b>	<b>1223</b>		M30	89		04:39:59		08:25:33		<b>10:24:44.85</b>	<b>10:25:28.85</b>	+04:38:20 (44.5%)	11:55	5 (54.9%)
226	<b>KAMIŃSKI Krzysztof</b>	<b>1327</b>		M30	90	01:34:02	04:05:51	05:53:01	08:09:13		<b>10:25:20.95</b>	<b>10:25:31.55</b>	+04:38:23 (44.5%)	11:56	5 (54.9%)
227	<b>NAWROT Waldek</b>	<b>1322</b>	J U V E R U N	M40	66	01:40:00	04:35:59	06:32:33	08:24:59		<b>10:25:05.40</b>	<b>10:25:39.45</b>	+04:38:31 (44.5%)	11:55	5 (54.9%)
228	<b>BUDYCH-GÓRZNA Magdalena</b>	<b>1158</b>	GO! GOWARZEWO	K40	14	01:49:05	04:54:07	06:43:01	08:31:04		<b>10:25:45.80</b>	<b>10:26:11.20</b>	+04:39:03 (44.6%)	11:56	5 (54.9%)
229	<b>NOWICKI Artur</b>	<b>1434</b>	SPORTCZESNA	M50	11	01:32:00	04:30:26	06:27:23	08:34:30		<b>10:25:57.20</b>	<b>10:26:29.50</b>	+04:39:21 (44.6%)	11:56	5 (54.9%)
230	<b>WEINBERG Kamil</b>	<b>1528</b>	BIEGIEM PO PIWO/DROGA DO ULTRA	M40	67	01:31:07	04:48:05	06:49:07	08:51:44		<b>10:26:47.65</b>	<b>10:27:30.20</b>	+04:40:22 (44.7%)	11:57	5 (54.9%)
231	<b>JACKOWSKI Jacek</b>	<b>1512</b>	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M40	68	01:47:50	04:57:14	06:51:49	08:32:49		<b>10:27:41.80</b>	<b>10:27:51.50</b>	+04:40:43 (44.7%)	11:58	5 (54.9%)
232	<b>JUSZCZAK Marcin</b>	<b>1107</b>		M40	69	01:35:39	04:37:34	06:37:28	08:28:48		<b>10:27:58.40</b>	<b>10:28:23.60</b>	+04:41:15 (44.8%)	11:59	5 (54.9%)
233	<b>ORZESZYNA Łukasz</b>	<b>1014</b>	DRUŻYNA ORZECHA ŻYRARDÓW	M30	91	01:38:42	04:47:12	06:42:03	08:39:21		<b>10:28:10.85</b>	<b>10:28:43.80</b>	+04:41:35 (44.8%)	11:59	5 (54.9%)
234	<b>KŁOSIŃSKI Rafał</b>	<b>1137</b>	RACEFIGHTER	M40	70	01:30:28	04:09:22	06:38:14	08:29:28		<b>10:28:31.00</b>	<b>10:28:48.55</b>	+04:41:40 (44.8%)	11:59	5 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
235	<b>SIEPIOŁA Cezary</b>	<b>1153</b>	LEŚNY CROSS	M40	71	01:40:11	04:27:40	06:23:37	08:20:33		<b>10:28:29.50</b>	<b>10:28:49.55</b>	+04:41:41 (44.8%)	11:59	5 (54.9%)
236	<b>ROWICKI Jarosław</b>	<b>1154</b>	LEŚNY CROSS	M40	72	01:40:08	04:27:44	06:23:38	08:20:34		<b>10:28:29.75</b>	<b>10:28:49.85</b>	+04:41:41 (44.8%)	11:59	5 (54.9%)
237	<b>PEŁKA Michał</b>	<b>1175</b>	PAYROLL TEAM	M30	92	01:30:53	04:26:45	06:31:06	08:21:46		<b>10:29:46.70</b>	<b>10:30:35.55</b>	+04:43:27 (45.0%)	12:01	5 (54.9%)
238	<b>KUCIŃSKA Magdalena</b>	<b>1038</b>		K30	15	01:43:32	04:37:14	06:25:51	08:17:40		<b>10:30:15.80</b>	<b>10:30:45.50</b>	+04:43:37 (45.0%)	12:01	5 (54.9%)
239	<b>SOWA Maciej</b>	<b>1221</b>	SZAKALE BAŁUT ŁÓDŹ	M50	12	01:32:02	04:34:27	06:30:48	08:28:41		<b>10:30:37.65</b>	<b>10:30:56.65</b>	+04:43:48 (45.0%)	12:02	5 (54.9%)
240	<b>HYJEK Elżbieta</b>	<b>1313</b>		K40	15	01:52:10	04:38:09	06:28:13	08:20:37		<b>10:31:46.85</b>	<b>10:32:01.45</b>	+04:44:53 (45.1%)	12:03	5 (54.9%)
241	<b>BIJATOWSKI Adrian</b>	<b>1435</b>		M30	93	01:39:04	04:25:00	06:30:25	08:26:54		<b>10:32:30.60</b>	<b>10:32:58.75</b>	+04:45:50 (45.2%)	12:04	5 (54.9%)
242	<b>KRZYŻOWSKI Hubert</b>	<b>1197</b>		M30	94	01:38:27	04:22:18	06:26:57	08:26:30		<b>10:32:32.25</b>	<b>10:32:58.90</b>	+04:45:50 (45.2%)	12:04	5 (54.9%)
243	<b>TUCHOWSKI Janusz</b>	<b>1085</b>		M40	73	01:34:06	04:40:29	06:42:48	08:40:34		<b>10:33:02.10</b>	<b>10:33:02.10</b>	+04:45:54 (45.2%)	12:04	5 (54.9%)
244	<b>BAZIUK Aneta</b>	<b>1198</b>	DZIKA SIKORA	K40	16		04:44:11	06:40:07	08:32:49		<b>10:34:17.70</b>	<b>10:34:47.10</b>	+04:47:39 (45.3%)	12:06	5 (54.9%)
245	<b>FIGIEL Bartosz</b>	<b>1336</b>		M30	95	01:44:13	04:43:26	06:41:15	08:38:38		<b>10:34:07.95</b>	<b>10:34:48.35</b>	+04:47:40 (45.3%)	12:06	5 (54.9%)
246	<b>MASIUKIEWICZ Jacek</b>	<b>1515</b>	SPIKA U.T	M30	96	01:26:49	04:38:50	06:44:43	08:43:23		<b>10:34:37.40</b>	<b>10:34:55.60</b>	+04:47:47 (45.3%)	12:06	5 (54.9%)
247	<b>KULIK Karolina</b>	<b>1516</b>	SPIKA U.T	K20	4	01:26:56	04:38:59	06:44:44	08:43:25		<b>10:34:37.90</b>	<b>10:34:55.80</b>	+04:47:47 (45.3%)	12:06	5 (54.9%)
248	<b>MACIĄG Andrzej</b>	<b>1287</b>	DZIKIE MUSTANGI	M40	74	01:29:42	04:28:17	06:35:40	08:32:36		<b>10:35:56.55</b>	<b>10:36:01.35</b>	+04:48:53 (45.4%)	12:08	4.9 (53.8%)
249	<b>DOŁŻAŃSKA Sandra</b>	<b>1123</b>	UKL ÓSEMKA POLICE	K30	16	01:39:54	04:36:03	06:26:50	08:23:30		<b>10:36:44.60</b>	<b>10:36:57.55</b>	+04:49:49 (45.5%)	12:09	4.9 (53.8%)
250	<b>SADOWSKI Tomasz</b>	<b>1134</b>	GDYNIA BABIE DOŁY	M40	75	01:37:27	04:51:38	06:50:13	08:49:07		<b>10:36:52.10</b>	<b>10:36:58.45</b>	+04:49:50 (45.5%)	12:09	4.9 (53.8%)
251	<b>KRÓLIKOWSKA Emilia</b>	<b>1212</b>		K30	17		04:47:30	06:45:08	08:35:38		<b>10:36:37.15</b>	<b>10:37:23.75</b>	+04:50:15 (45.5%)	12:08	4.9 (53.8%)
252	<b>LESZCZYŃSKA Kamila</b>	<b>1121</b>		K20	5		04:47:31	06:45:09	08:35:38		<b>10:36:37.85</b>	<b>10:37:24.35</b>	+04:50:16 (45.5%)	12:08	4.9 (53.8%)
253	<b>ZAJĄCZKOWSKI Michał</b>	<b>1167</b>	BIEGAM Z TRENING ULTRASA :)	M30	97	01:48:06	04:44:38	06:38:29	08:27:34		<b>10:37:09.50</b>	<b>10:37:42.70</b>	+04:50:34 (45.6%)	12:09	4.9 (53.8%)
254	<b>SOKULSKI Marcin</b>	<b>1006</b>	KASZANKI	M30	98	01:42:56	04:40:56	06:44:44	08:38:29		<b>10:37:34.70</b>	<b>10:38:02.25</b>	+04:50:54 (45.6%)	12:10	4.9 (53.8%)
255	<b>FLORCZAK Bartosz</b>	<b>1019</b>		M20	27	01:28:40	04:33:15	06:45:34	08:45:23		<b>10:38:02.55</b>	<b>10:38:13.75</b>	+04:51:05 (45.6%)	12:10	4.9 (53.8%)
256	<b>MILEWSKI Lukasz</b>	<b>1511</b>	12BZ	M30	99	01:34:40	04:27:30	06:32:08	08:35:05		<b>10:37:37.95</b>	<b>10:38:14.40</b>	+04:51:06 (45.6%)	12:10	4.9 (53.8%)
257	<b>NOWAK Mariusz</b>	<b>1070</b>		M30	100	01:39:49	04:27:10	06:27:21	08:32:18		<b>10:38:45.70</b>	<b>10:39:04.10</b>	+04:51:56 (45.7%)	12:11	4.9 (53.8%)
258	<b>WILK Adam</b>	<b>1424</b>		M40	76	01:41:45	04:37:13	06:41:13	08:33:59		<b>10:38:56.55</b>	<b>10:39:10.05</b>	+04:52:02 (45.7%)	12:11	4.9 (53.8%)
259	<b>SZYSZŁOWSKI Waldemar</b>	<b>1305</b>		M30	101	01:34:21	04:50:20	06:48:38	08:36:41		<b>10:39:06.70</b>	<b>10:39:34.10</b>	+04:52:26 (45.7%)	12:11	4.9 (53.8%)
260	<b>GALUS Jacek</b>	<b>1120</b>		M40	77		04:51:50	06:52:41	08:43:44		<b>10:38:54.10</b>	<b>10:39:40.45</b>	+04:52:32 (45.7%)	12:11	4.9 (53.8%)
261	<b>POTĘGA Izabela</b>	<b>1052</b>	GO APTIV	K30	18	01:39:02	04:48:34	06:46:51	08:41:23		<b>10:40:04.80</b>	<b>10:40:08.95</b>	+04:53:00 (45.8%)	12:12	4.9 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
262	KONKEL Marcin	1444		M40	78		04:40:12	06:39:53	08:38:56		10:41:08.65	10:41:25.50	+04:54:17 (45.9%)	12:14	4.9 (53.8%)
263	SZTUBA Robert	1472	CAŁE ŻYCIE MU ZAWDZIĘCZAM	M40	79	01:43:07	04:33:27	06:30:04	08:33:24		10:41:43.55	10:41:58.15	+04:54:50 (45.9%)	12:14	4.9 (53.8%)
264	PODWYSOCKA Dominika	1103		K30	19	01:42:03	04:47:49	06:45:02	08:39:14		10:42:10.60	10:42:21.45	+04:55:13 (46.0%)	12:15	4.9 (53.8%)
265	SMOLUCH Ryszard	1346		M40	80	01:50:50	04:53:39	06:43:49	08:37:56		10:44:11.20	10:45:01.10	+04:57:53 (46.2%)	12:17	4.9 (53.8%)
266	KOPACKI Grzegorz	19 X	BG	M30	102	01:32:42	04:27:19	06:30:50	08:29:50		10:44:41.75	10:45:01.80	+04:57:53 (46.2%)	12:18	4.9 (53.8%)
267	WNENT Bartosz	1523	SIŁAOGRA.PL	M30	103	01:39:24	04:51:16	06:45:55	08:42:43		10:44:23.10	10:45:02.70	+04:57:54 (46.2%)	12:17	4.9 (53.8%)
268	SCIEPKO Dominik	1319	NO NAME	M30	104	01:54:31	04:47:32	06:43:11	08:34:36		10:44:35.90	10:45:16.80	+04:58:08 (46.2%)	12:18	4.9 (53.8%)
269	OLSZEWSKI Jarosław	1026	NIGHT RUNNERS	M50	13		04:46:42	06:49:00	08:52:49		10:44:51.40	10:45:20.60	+04:58:12 (46.2%)	12:18	4.9 (53.8%)
270	MAŁEK Wojciech	1384		M40	81	01:45:05	04:47:40	06:51:46	08:49:16		10:47:06.50	10:47:33.75	+05:00:25 (46.4%)	12:20	4.9 (53.8%)
271	ABULEWICZ Wojciech	1080	TRENINGSTUDIO17	M50	14	01:44:43	04:51:08	06:46:39	08:46:10		10:47:21.50	10:47:38.25	+05:00:30 (46.4%)	12:21	4.9 (53.8%)
272	IWANICKI Władysław	1403		M60	6	01:40:16	04:39:27	06:39:31	08:48:17		10:47:11.70	10:47:45.50	+05:00:37 (46.4%)	12:21	4.9 (53.8%)
273	CYPRYŚ Joanna	1437	DECTHLON RZESZÓW	K20	6	01:48:23	04:44:34	06:42:04	08:40:36		10:47:38.90	10:48:18.40	+05:01:10 (46.5%)	12:21	4.9 (53.8%)
274	SOŚNIA Wojciech	1104	PIĘKNI I BESTIE	M40	82	01:31:05	04:47:59	06:45:02	08:42:24		10:48:38.50	10:48:44.10	+05:01:36 (46.5%)	12:22	4.8 (52.7%)
275	MILCZAREK Magdalena	1032		K30	20	01:43:17	04:47:06	06:54:53	08:46:16		10:48:16.05	10:48:48.40	+05:01:40 (46.5%)	12:22	4.8 (52.7%)
276	STAWARZ Paweł	1165	ELITE RUNNERS CLUB	M50	15	01:39:43	04:57:34	06:49:18	08:47:54		10:49:03.25	10:49:22.55	+05:02:14 (46.5%)	12:23	4.8 (52.7%)
277	KĘTRZYŃSKI Filip	1017	WKURW_TEAM / ZABIEGANI MIELEC	M20	28	01:43:15	04:42:28	06:43:43	08:37:59		10:48:50.55	10:49:32.05	+05:02:24 (46.6%)	12:22	4.8 (52.7%)
278	CYLKE Marcin	1022		M30	105	01:41:27	04:44:53	06:44:06	08:47:25		10:48:56.55	10:49:39.30	+05:02:31 (46.6%)	12:23	4.8 (52.7%)
279	ZAJĄC Łukasz	1485	KOMPARIO TEAM	M20	29	01:39:37	04:37:14	06:41:34	08:43:10		10:49:43.90	10:50:05.65	+05:02:57 (46.6%)	12:23	4.8 (52.7%)
280	SMARZEWSKA Justyna	1237		K40	17	01:43:39	04:40:34	06:31:06	08:32:56		10:50:10.45	10:50:38.95	+05:03:30 (46.6%)	12:24	4.8 (52.7%)
281	DĄBROWSKI Michał	1425	TEAM ZABIEGANEDNI	M40	83	01:41:00	04:42:22	06:39:23	08:32:52		10:50:08.65	10:50:39.15	+05:03:31 (46.6%)	12:24	4.8 (52.7%)
282	OSTROWSKI Jarek	1368		M40	84	01:40:40	04:44:36	06:46:03	08:45:13		10:50:54.85	10:51:31.60	+05:04:23 (46.7%)	12:25	4.8 (52.7%)
283	SZAFRAN Bartosz	1244	MARTINI LITE	M20	30	01:34:04	04:36:04	06:41:53	08:44:44		10:51:23.00	10:51:33.55	+05:04:25 (46.7%)	12:25	4.8 (52.7%)
284	MIERZWA Maciej	1196	MARTINI LITE	M20	31	01:34:10	04:37:03	06:42:03	08:44:54		10:51:33.60	10:51:33.60	+05:04:25 (46.7%)	12:26	4.8 (52.7%)
285	GRENDA Krzysztof	1294		M40	85	01:30:07	04:36:17	06:39:10	08:48:49		10:51:17.70	10:51:35.25	+05:04:27 (46.7%)	12:25	4.8 (52.7%)
286	SZEREMETA Grzegorz	1395	CIDRY LOTAJOM	M40	86	01:41:20	04:40:52	06:47:03	08:46:00		10:51:29.60	10:51:45.70	+05:04:37 (46.7%)	12:25	4.8 (52.7%)
287	HUZAREWICZ Henryk	1396	CIDRY LOTAJOM	M40	87	01:41:25	04:46:22	06:47:04	08:46:03		10:51:30.05	10:51:46.35	+05:04:38 (46.7%)	12:25	4.8 (52.7%)
288	ŁUCHNIAK Kuba	1188	HUSARIA RACE TEAM	M20	32		04:38:16	06:50:21	08:42:20		10:51:03.60	10:51:49.30	+05:04:41 (46.7%)	12:25	4.8 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
289	<b>PĘKSYK Miłosz</b>	<b>1102</b>		M20	33	01:43:55	04:36:52	06:34:48	08:33:26		<b>10:51:45.05</b>	<b>10:52:14.85</b>	+05:05:06 (46.8%)	12:26	4.8 (52.7%)
290	<b>KOŚCIELNIAK Maksymilian</b>	<b>1250</b>	-	M20	34	01:43:54	04:36:47	06:34:45	08:33:22		<b>10:51:45.75</b>	<b>10:52:15.15</b>	+05:05:07 (46.8%)	12:26	4.8 (52.7%)
291	<b>TOPOŁOWSKI Michał</b>	<b>1206</b>		M20	35	01:48:30	04:52:08	06:47:04	08:40:34		<b>10:52:05.35</b>	<b>10:52:55.90</b>	+05:05:47 (46.8%)	12:26	4.8 (52.7%)
292	<b>BURKIEWICZ-SLIWA Bernadetta</b>	<b>1478</b>		K30	21	01:48:26	04:52:14	06:54:44	08:55:09		<b>10:52:45.85</b>	<b>10:53:17.85</b>	+05:06:09 (46.9%)	12:27	4.8 (52.7%)
293	<b>KUŚ Jakub</b>	<b>1477</b>		M20	36	01:48:26	04:52:15	06:54:45	08:55:10		<b>10:52:45.85</b>	<b>10:53:18.30</b>	+05:06:10 (46.9%)	12:27	4.8 (52.7%)
294	<b>PIETRYKOWSKI Norbert</b>	<b>1330</b>	VITALABO	M40	88	01:48:09	04:48:04	06:48:25	08:49:19		<b>10:53:00.35</b>	<b>10:53:22.70</b>	+05:06:14 (46.9%)	12:27	4.8 (52.7%)
295	<b>LICHON Jacek</b>	<b>1279</b>	INFINITY RUNNER'S TEAM GRYBÓW	M30	106	01:43:13	04:47:19	06:48:38	08:51:08		<b>10:56:15.70</b>	<b>10:56:25.20</b>	+05:09:17 (47.1%)	12:31	4.8 (52.7%)
296	<b>DURLAK Paweł</b>	<b>1282</b>	INFINITY RUNNER'S TEAM GRYBÓW	M40	89	01:43:10	04:48:52	06:49:03	08:50:36		<b>10:56:17.20</b>	<b>10:56:26.50</b>	+05:09:18 (47.1%)	12:31	4.8 (52.7%)
297	<b>LICHON Wojtek</b>	<b>1278</b>	INFINITY RUNNER'S TEAM GRYBÓW	M40	90	01:43:07	04:48:19	06:49:01	08:51:34		<b>10:56:18.40</b>	<b>10:56:29.00</b>	+05:09:20 (47.1%)	12:31	4.8 (52.7%)
298	<b>DRYGAJLO Tomasz</b>	<b>1180</b>		M30	107		04:52:30	06:58:34	09:01:55		<b>10:56:39.10</b>	<b>10:57:23.15</b>	+05:10:15 (47.2%)	12:31	4.8 (52.7%)
299	<b>BIRULA Michał</b>	<b>1133</b>	XRUNNERS	M30	108	01:47:43	04:44:44	06:45:06	08:46:14		<b>10:57:28.15</b>	<b>10:58:03.50</b>	+05:10:55 (47.2%)	12:32	4.8 (52.7%)
300	<b>FUŁCZYŃSKA - OSTAPOWICZ Małgorzata</b>	<b>1141</b>		K30	22	01:50:57	04:53:52	06:45:06	08:46:14		<b>10:58:54.95</b>	<b>10:59:30.15</b>	+05:12:22 (47.4%)	12:34	4.8 (52.7%)
301	<b>MATUSZEWSKA Małgorzata</b>	<b>1185</b>	RUNNER'S POWER	K40	18	01:47:33	04:57:12	07:10:32	09:02:07		<b>10:58:52.00</b>	<b>10:59:30.45</b>	+05:12:22 (47.4%)	12:34	4.8 (52.7%)
302	<b>KACZMAREK Mirosław</b>	<b>1195</b>		M20	37	01:48:08	04:57:14	07:10:32	09:02:47		<b>10:58:52.10</b>	<b>10:59:30.50</b>	+05:12:22 (47.4%)	12:34	4.8 (52.7%)
303	<b>SZYSZKOWSKI Włodzimierz</b>	<b>1214</b>	DUKE NUKEM PRINCE OF WARSAW	M50	16	01:54:02	04:54:05	06:48:31	08:49:06		<b>10:58:44.00</b>	<b>10:59:33.30</b>	+05:12:25 (47.4%)	12:34	4.8 (52.7%)
304	<b>KASEJA Kacper</b>	<b>1142</b>		M20	38	01:50:01	04:54:48	06:51:31	09:00:57		<b>11:00:17.25</b>	<b>11:01:06.55</b>	+05:13:58 (47.5%)	12:36	4.8 (52.7%)
305	<b>CIURA Rafał</b>	<b>1205</b>	AGDHOME.PL BIEGAMY!	M40	91	01:37:18	04:45:27	06:51:28	08:50:30		<b>11:02:45.10</b>	<b>11:03:18.55</b>	+05:16:10 (47.7%)	12:38	4.7 (51.6%)
306	<b>BAŁAGA Marcin</b>	<b>1524</b>		M40	92	01:49:09	04:54:45	06:48:26	08:55:16		<b>11:04:24.70</b>	<b>11:05:11.00</b>	+05:18:02 (47.8%)	12:40	4.7 (51.6%)
307	<b>GRUCHAŁA Łukasz</b>	<b>1132</b>		M20	39	01:48:28	04:52:12	06:59:15	09:04:55		<b>11:05:49.95</b>	<b>11:06:40.35</b>	+05:19:32 (47.9%)	12:42	4.7 (51.6%)
308	<b>ŁANIEWSKI Łukasz</b>	<b>1340</b>	PSZCZÓŁKOWSKI TEAM	M30	109		04:57:27	07:02:31	09:01:18		<b>11:07:18.35</b>	<b>11:07:50.85</b>	+05:20:42 (48.0%)	12:44	4.7 (51.6%)
309	<b>CHUDY Michał</b>	<b>1441</b>		M30	110	01:43:08	04:39:01	06:50:51	09:01:08		<b>11:10:36.60</b>	<b>11:11:12.85</b>	+05:24:04 (48.3%)	12:47	4.7 (51.6%)
310	<b>DZIEWONSKI Konrad</b>	<b>1459</b>		M40	93	01:49:17		06:53:30	08:53:09		<b>11:12:24.55</b>	<b>11:12:58.95</b>	+05:25:50 (48.4%)	12:49	4.7 (51.6%)
311	<b>WOJCIECHOWSKA Małgorzata</b>	<b>1097</b>	VIKING TRAINING CENTER	K40	19	01:39:13	04:52:56	06:54:51	09:10:06		<b>11:12:56.75</b>	<b>11:13:35.45</b>	+05:26:27 (48.5%)	12:50	4.7 (51.6%)
312	<b>BARCZEWSKA Agnieszka</b>	<b>1302</b>	FC MI SIĘ NIE CHCE	K30	23	01:41:22	04:58:05	07:10:52	09:03:47		<b>11:15:22.15</b>	<b>11:15:35.75</b>	+05:28:27 (48.6%)	12:53	4.7 (51.6%)
313	<b>WÓJTOWICZ Paweł</b>	<b>1065</b>		M40	94	01:42:10	04:49:11	06:44:54	09:18:29		<b>11:15:14.80</b>	<b>11:15:58.40</b>	+05:28:50 (48.6%)	12:53	4.7 (51.6%)
314	<b>BŁĄŻKO Maciej</b>	<b>1234</b>	PRZYSZŁOŚĆ ZACZYNA SIĘ DZIŚ!	M30	111	01:54:43	04:54:40	06:54:59	09:11:26		<b>11:15:24.45</b>	<b>11:15:59.15</b>	+05:28:51 (48.6%)	12:53	4.7 (51.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka Zubracze Roztoki Przyslup				Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h	
						9.68km	25km	33.7km	42.8km		netto 52.4km	brutto 52.4km			Różn
315	KOŁAKOWSKA Olga	1514		K20	7	01:40:51	04:52:39	07:00:42	09:11:44		11:15:22.55	11:16:04.30	+05:28:56 (48.7%)	12:53	4.7 (51.6%)
316	WOLOSZYK Sebastian	1100		M30	112	01:44:45	04:47:23	06:55:19	08:54:42		11:17:45.05	11:18:03.45	+05:30:55 (48.8%)	12:56	4.6 (50.5%)
317	SKORUPINSKA Katarzyna	1172	KBBOLESŁAWIEC, GOOGLE PAE TEAM	K40	20		04:57:31	07:00:04	09:02:23		11:17:34.40	11:18:05.30	+05:30:57 (48.8%)	12:55	4.6 (50.5%)
318	WIĄCEK Krzysztof	1248	POWIELARNIA MADAS	M50	17	01:43:28	04:55:28	07:07:09	09:09:04		11:19:55.75	11:20:19.15	+05:33:11 (49.0%)	12:58	4.6 (50.5%)
319	STACHYRA Andrzej	1112	LSB	M50	18	01:32:15	04:52:40	06:52:38	09:02:00		11:19:51.10	11:20:21.25	+05:33:13 (49.0%)	12:58	4.6 (50.5%)
320	DZIAŁO Agnieszka	1312		K30	24	01:52:12	04:56:30	07:08:04	09:06:47		11:20:56.30	11:21:10.40	+05:34:02 (49.0%)	12:59	4.6 (50.5%)
321	KUCIŃSKI Marcin	1405	FORMA NA SZCZYT	M30	113	01:32:16	04:56:21	06:57:09	09:08:59		11:27:52.90	11:28:18.00	+05:41:09 (49.6%)	13:07	4.6 (50.5%)
322	GŁUSZKO Justyna	1491	SOLINA TEAM	K30	25	01:38:44	04:44:57	06:41:31	08:41:18	00:30:00	11:28:27.30	11:28:30.70	+05:41:22 (49.6%)	12:33	4.8 (52.7%)
323	AUGUST Ryszard	1209	KOLEGA MARKA I KAJTKA	M50	19		04:56:59	07:16:20	09:18:12		11:28:36.75	11:29:26.95	+05:42:18 (49.7%)	13:08	4.6 (50.5%)
<b>Przekroczony limit czasu: 11:30:00</b>															
324	KLICZEWSKA Katarzyna	1118		K40	21	01:35:36	04:47:21	06:54:23	09:09:05		11:35:23.30	11:35:36.50	+05:48:28 (50.1%)	13:16	4.5 (49.5%)
325	RYBCZYŃSKI Przemysław	1225		M50	20		04:55:11	06:57:52	09:20:28		11:36:54.15	11:37:08.45	+05:50:00 (50.2%)	13:17	4.5 (49.5%)
326	KUREK Staszek	1264		M40	95	01:37:36	04:58:32	07:09:10	09:18:37		11:37:03.45	11:37:11.40	+05:50:03 (50.2%)	13:18	4.5 (49.5%)
327	GASINSKI Krzysztof	1098	PIĘKNI I BESTIE	M30	114	01:31:08	04:48:10	07:01:32	09:08:57		11:38:11.20	11:38:16.90	+05:51:08 (50.3%)	13:19	4.5 (49.5%)
328	NOWAKOWSKI Mirosław	1370		M40	96	01:41:13	04:46:33	06:56:43	09:21:02		11:38:07.45	11:38:28.75	+05:51:20 (50.3%)	13:19	4.5 (49.5%)
329	BUDZYNSKI Jan	1533		M20	40	01:40:52	04:56:32	07:23:09	09:28:08		11:39:52.15	11:40:34.10	+05:53:26 (50.4%)	13:21	4.5 (49.5%)
330	DĄBROWSKA Katarzyna	1266	PANORAMA OBIEKTY SPORTOWE	K30	26	01:44:00	04:57:40	07:16:28	09:20:04		11:48:34.05	11:49:17.20	+06:02:09 (51.1%)	13:31	4.4 (48.4%)
331	WODNICKI Rafał	1233		M40	97	01:38:13	04:54:13	07:23:33	09:30:56		11:51:50.85	11:52:08.50	+06:05:00 (51.3%)	13:35	4.4 (48.4%)
332	PLUTA Sebastian	1315	DZIKIE MUSTANGI	M40	98	01:36:21	04:39:13	06:50:48	09:18:26		11:54:33.40	11:54:55.30	+06:07:47 (51.4%)	13:38	4.4 (48.4%)
333	BOGDANOW Andrzej	1027	ORANGE POLSKA	M50	21	01:33:16	04:55:59	07:28:12	09:28:39		11:54:54.85	11:55:10.50	+06:08:02 (51.5%)	13:38	4.4 (48.4%)
334	DOMARADZKA Violetta	1475		K40	22	01:29:58	04:22:59	06:47:46	09:17:17		12:18:05.25	12:18:17.65	+06:31:09 (53.0%)	14:05	4.3 (47.3%)
	SZOSTEK Filip	1271	JW 2420	M30		01:26:25 DNF	04:13:18 DNF	06:09:12 DNF	08:00:58 DNF		DNF	DNF	-	-	- (0.0%)
	PONCYLIUSZ Marcin	1224		M30		01:54:59 DNF	04:56:53 DNF	06:48:13 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	KISIELEWSKI Konrad	1504	KROK PO KROKU	M40		01:47:51 DNF	04:51:10 DNF	07:03:58 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	JACKOWSKA Ewa	1513	JAROSŁAWSKA GRUPA BIEGOWA 'SOKÓŁ'	K40		DNF	04:56:31 DNF	07:08:37 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	WARKOCZ Marcin	1191	KILL BILL	M30		01:54:09 DNF	04:57:09 DNF	07:27:20 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	HOWANIEC-SIWEK Anna	1192	KILL BILL	K30		01:54:08 DNF	04:57:04 DNF	07:27:24 DNF	DNF		DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas netto	Czas brutto	Różn	Tempo	Tempo
						9.68km	25km	33.7km	42.8km	bonifikata	52.4km	52.4km		min/km	km/h
	<b>NOSAL Tomasz</b>	<b>1005</b>		M30		01:05:15 DNF	02:46:52 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIĘCH Piotr</b>	<b>1217</b>		M30		01:29:34 DNF	03:48:06 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MARKOWSKI Artur</b>	<b>1168</b>		M50		01:21:12 DNF	03:50:48 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOŹNIAK Marek</b>	<b>2110</b>	ABOVE2000	M30		01:21:22 DNF	04:18:23 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PAKOSIŃSKI Wojtek</b>	<b>1277</b>	INFINITY RUNNER'S TEAM GRYBÓW	M40		01:29:40 DNF	04:20:58 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROSIK Robert</b>	<b>1349</b>	ROBERTROSIK	M30		01:30:46 DNF	04:22:08 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BOROWSKI Tomasz</b>	<b>1464</b>	HAMER MIASTKO	M50		01:30:45 DNF	04:22:09 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>HOSS Jan</b>	<b>1023</b>		M30		01:33:50 DNF	04:28:24 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIELGOCKI Artur</b>	<b>1351</b>		M30		01:35:39 DNF	04:29:52 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BUSZEWSKI Jakub</b>	<b>1473</b>	NO PIE, NO SLEDGEHAMMER TEAM	M30		01:38:10 DNF	04:30:18 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZCZEPAŃSKI Marcin</b>	<b>1076</b>	EVERRUN	M40		01:33:56 DNF	04:39:48 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MATUSZ Tadeusz</b>	<b>1105</b>		M40		DNF	04:40:38 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STAWOWY Maciej</b>	<b>1021</b>	#PIWONAMECIE	M30		01:32:34 DNF	04:44:45 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PISAREK Karol</b>	<b>1367</b>		M30		01:40:45 DNF	04:50:41 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MATYJASIAK Konrad</b>	<b>1090</b>	RRC WILANÓW	M40		01:29:34 DNF	04:53:06 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>UJMA Paweł</b>	<b>1347</b>	INTERAUTO	M40		01:39:36 DNF	04:54:04 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STRAMEK Wojciech</b>	<b>1440</b>		M20		DNF	04:55:36 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SOKOŁOWSKI Tomasz</b>	<b>1439</b>		M20		DNF	04:55:38 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BORKOWSKI Michał</b>	<b>1249</b>	CB163	M30		01:54:03 DNF	04:57:12 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOPYŚĆ Jarosław</b>	<b>1492</b>	PSZCZÓŁKOWSKI TEAM	M40		DNF	04:57:24 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PRZYŁUDZKI Janusz</b>	<b>1303</b>		M60		01:51:09 DNF	04:57:45 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WITKOWSKI Sławomir</b>	<b>1238</b>	THE RUNNERS ŚWIECIE	M40		01:49:02 DNF	04:58:21 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MARKIEWICZ Tomasz</b>	<b>1486</b>	TIGRES DEL PAPA	M30		01:50:04 DNF	04:58:29 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>LAJCZAK Jakub</b>	<b>1494</b>		M30		DNF	04:59:14 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BIENIECKA Anna</b>	<b>1002</b>	OTK RZEZNIK	K40		01:16:46 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GŁUSZEK Tomasz</b>	<b>1189</b>		M30		01:20:18 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOJTANOWSKA Karolina</b>	<b>1101</b>	DREAMCHASER TEAM	K20		01:27:44 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas netto	Czas brutto	Różn	Tempo	Tempo
						9.68km	25km	33.7km	42.8km	bonifikata	52.4km	52.4km		min/km	km/h
	<b>JUSZCZAK Mateusz</b>	<b>1126</b>		M20		01:35:40 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZIELSKI Adam</b>	<b>1034</b>	PRAWDZIWA STAL	M30		01:37:52 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PSZONAK Tomasz</b>	<b>1363</b>		M20		01:38:53 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>POPLAWSKI Arkadiusz</b>	<b>1060</b>	CZARNE OWCE HIPOLITÓW	M40		01:39:41 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STACHYRA Bartłomiej</b>	<b>1113</b>	ŁĘCZNA BIEGA	M20		01:39:46 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GRZEŚKIEWICZ Tomasz</b>	<b>1450</b>	ODPOCZYWAMWBIEGU.PL	M40		01:40:43 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KUCHMECKI Maciej</b>	<b>1261</b>		M30		01:42:58 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BUŁAT Adam</b>	<b>1442</b>		M30		01:43:09 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GOŁĄBIEWSKI Jarek</b>	<b>1236</b>		M50		01:43:42 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOŹNIAK Jarosław</b>	<b>1353</b>		M40		01:43:56 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BAUCZ Daniel</b>	<b>1354</b>		M40		01:43:57 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>AMBO Rafał</b>	<b>1262</b>	R.AMBO	M20		01:44:06 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PROCHOWSKA Beata</b>	<b>1263</b>	R.AMBO	K40		01:44:08 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>POKROPIŃSKI Rafał</b>	<b>1216</b>	T-MOBILE SPORT TEAM	M30		01:44:31 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOŁOCH Krzysztof</b>	<b>1031</b>	NIGHT RUNNERS	M20		01:44:34 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MAZERSKI Grzegorz</b>	<b>1243</b>		M40		01:45:13 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>POPLAWSKI Krystian</b>	<b>1453</b>		M20		01:47:45 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DYRCZ Dawid</b>	<b>1288</b>	PMKW	M20		01:48:08 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DUDEK Marcin</b>	<b>1110</b>		M30		01:48:17 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KARCZYŃSKA Joanna</b>	<b>1456</b>	BIEGANIE=POMAGANIE FAMILI ULTRA TEAM	K40		01:48:17 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SOBCZYK Barbara</b>	<b>1323</b>	HUSARIA RACE TEAM	K20		01:48:51 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RYTYCH Grzegorz</b>	<b>1181</b>	DROGA DO ULTRA	M30		01:48:52 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BEDNAREK Michał</b>	<b>1381</b>		M30		01:48:53 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GÓRZNY Łukasz</b>	<b>1159</b>	GO! GOWARZEWO	M40		01:49:06 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PILUJSKI Michał</b>	<b>1240</b>		M30		01:49:09 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>HARNIK Michał</b>	<b>1432</b>	KOPALNIA MOCY	M30		01:49:44 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NAWROCKI Wojciech</b>	<b>1426</b>		M40		01:49:53 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas netto	Czas brutto	Różn	Tempo	Tempo
						9.68km	25km	33.7km	42.8km	bonifikata	52.4km	52.4km		min/km	km/h
	<b>CZEKALSKI Mariusz</b>	<b>1394</b>	BBL OSTROŁĘKA		M40	01:50:13 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BESZTAK Piotr</b>	<b>1421</b>			M30	01:51:18 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WACHNIENKO Błażej</b>	<b>1145</b>	KGHM COPI RUN		M20	01:51:20 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STANISŁAWSKI Tomasz</b>	<b>1111</b>	KLUB BIEGACZA RTV EURO AGD		M40	01:52:12 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZEWCZYK Katarzyna</b>	<b>1454</b>	MONKEYS' TEAM		K40	01:52:31 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRUSZEWSKA Emilia</b>	<b>1333</b>			K30	01:52:34 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BINEK Katarzyna</b>	<b>1016</b>	NIGHT RUNNERS		K30	01:52:35 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŻABKO Aleksandra</b>	<b>1020</b>	NIGHT RUNNERS POZNAŃ		K20	01:52:36 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁASKI Krzysztof</b>	<b>1529</b>	BIEGIEM PO PIWO		M50	01:52:40 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FRANKOWSKI Dariusz</b>	<b>1106</b>	SZAMANI W TRANSIE		M40	01:52:55 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOWALCZYK Alan</b>	<b>1399</b>			M30	01:53:02 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KNAJP Kinga</b>	<b>1242</b>			K30	01:53:14 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KORBA Ewa</b>	<b>1246</b>	RUNNING 5		K40	01:53:45 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZELAĞ Michał</b>	<b>1265</b>			M30	01:53:55 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DUDEK Michał</b>	<b>1174</b>	JURATRIL MFS		M40	01:53:55 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WUJDA Magdalena</b>	<b>1334</b>	J U V E R U N		K30	01:54:15 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MIŁOSZ Bartłomiej</b>	<b>1009</b>	KASZANKI		M50	01:54:17 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TOKARZ Paweł</b>	<b>1413</b>	TKKF SOKÓŁ		M40	01:54:35 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DASZCZYŃSKI Adam</b>	<b>1163</b>	ADASKO TEAM		M40	01:54:40 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KANIEWSKI Michał</b>	<b>1164</b>	DZIKIDZIKTEAM		M20	01:54:49 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PRUSZCZAK Dominika</b>	<b>1115</b>			K30	01:54:59 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MONGIRD Anna</b>	<b>1476</b>			K30	01:55:08 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SYGUŁA Katarzyna</b>	<b>1035</b>	KB MCKIS JAWORZNO		K40	01:55:20 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>LESZKO Tomasz</b>	<b>1332</b>	AKADEMIABIEGACZA.PL S.L. SALOS-WODNA ŁÓDŹ		M40	01:55:36 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MATOGA Lucyna</b>	<b>1501</b>	M&C		K50	01:57:01 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BUBICZ Krzysztof</b>	<b>1447</b>	WKURW_TEAM		M30	01:57:03 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NOWAK Adrian</b>	<b>1147</b>			M30	01:57:46 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Tempo	Tempo
						9.68km	25km	33.7km	42.8km	bonifikata	netto	brutto		
	<b>ZIĘNTEK Wojtek</b>	<b>1059</b>		M40		01:57:47 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>JABŁOŃSKI Kazimierz</b>	<b>1391</b>		M60		01:57:48 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>LISIECKI Jakub</b>	<b>1286</b>	UCIEKINIERZY	M20		01:57:50 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>GARDZIEJEWSKA Agnieszka</b>	<b>1311</b>		K30		01:57:53 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>JĘDRZEJCZAK Sławomir</b>	<b>1042</b>		M40		01:57:57 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>CHORBIŃSKI Krystian</b>	<b>1281</b>		M30		01:58:00 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>PELCZAR Jakub</b>	<b>1285</b>		M30		01:58:01 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>NIECHOĆKO Agata</b>	<b>1149</b>	UCIEKINIERZY	K40		01:58:26 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>BALCEWICZ Alfred</b>	<b>1117</b>	BIEGNIJ Z PROSERVICE	M20		01:59:13 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>JEDLIŃSKA Izabela</b>	<b>1519</b>	MARATOŃCZYK DĘBICA	K30		01:59:54 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>BILSKI Piotr</b>	<b>1383</b>	TĘCZA	M30		02:00:43 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>URBAŃCZYK Marcin</b>	<b>1389</b>	PRESONALTRIATHLON	M30		02:01:28 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>ZABOROWSKA-SOŁTYS Małgorzata</b>	<b>1150</b>		K40		02:01:35 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>SOŁTYS Krzysztof</b>	<b>1151</b>		M40		02:01:37 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>LAMCHA Anna</b>	<b>1355</b>	GRUPA BIEGOWA 65	K40		02:02:36 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>RĘKOSIEWICZ-TOKARZ Monika</b>	<b>1412</b>	TKKF SOKÓŁ	K40		02:03:03 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>KARAŚ Magdalena</b>	<b>1316</b>		K20		02:04:38 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>CHOROŚ Sylwia</b>	<b>1314</b>		K30		02:04:39 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>KLAMCZYŃSKI Grzegorz</b>	<b>1420</b>	ULTRA RUNNERS	M20		02:05:08 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>GOLA Tomasz</b>	<b>1397</b>		M40		02:10:19 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>TARNOWSKA Małgorzata</b>	<b>1215</b>	WSZYSTKOOBIEGANIU.PL	K30		02:15:57 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>BUDZISZ Rajmund</b>	<b>1321</b>		M30		02:21:09 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>TRZCINSKI Jakub</b>	<b>1446</b>		M20		02:47:32 DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>MICHNIEWSKI Piotr</b>	<b>1204</b>	GIT EKIPA	M30		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>MAJEWSKI Wiesław</b>	<b>1184</b>	MARMEL TORUŃ	M50		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>STOŁOWSKI Robert</b>	<b>1298</b>	KS DEBIUT WIELEŃ	M40		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przysłup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
	<b>KSIĘŻAK Sylwester</b>	<b>1179</b>	EXCELLENT HOUSE TEAM	M30		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ZAPIÓR Marek</b>	<b>1331</b>	ZET	M50		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>PROCNER Marcin</b>	<b>1469</b>	BRAK	M40		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STONOGA Tomasz</b>	<b>1241</b>	KITE&RUN FAN	M40		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>ĆWIRZEŃ Marcin</b>	<b>1358</b>	RMF4 RACING TEAM	M30		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MARKUSIK Paweł</b>	<b>1202</b>		M30		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>HALEK Przemek</b>	<b>1178</b>		M30		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>STEC Iwona</b>	<b>1226</b>		K20		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MATUSZEWSKI Artur</b>	<b>1037</b>		M40		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>MALUŚKIEWICZ Grzegorz</b>	<b>1219</b>		M30		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)
	<b>KUBASIEWICZ Paweł</b>	<b>1373</b>	BEZNAPINY	M50		DNF	DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Znaleziono 458 wynik(ów)