

RZEŹNIK SKY 2019

B4SPORT

Wydarzenie: V FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-06-20
Miejsce: Cisna
Dystans: 52.5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przysłup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
1	MISIAK Bartosz	1000	ALPIN SPORT HOKA ONE ONE TEAM	M30	1	00:57:59	02:30:19	03:31:02	04:35:18		05:47:06.30	05:47:08.05		6:37	9.1 (100%)
2	PIECH Kacper	1001	ASICS FRONTRUNNER POLAND/ETAPOWA TRIADA	M20	1	00:58:52	02:36:14	03:43:48	04:49:18		05:58:25.25	05:58:26.35	+00:11:18 (3.2%)	6:50	8.8 (96.7%)
3	HUZIOR Piotr	1527	ATTIQ/SALMING	M40	1	01:05:35	02:52:27	03:57:58	05:03:14		06:09:11.15	06:09:12.45	+00:22:04 (6.0%)	7:02	8.5 (93.4%)
4	MOCZEK Tomasz	1301	CROSS STRACEŃCÓW TEAM	M40	2	01:05:34	02:56:49	04:08:00	05:17:06		06:25:21.95	06:25:25.65	+00:38:17 (9.9%)	7:21	8.2 (90.1%)
5	ŻORNIAK Mateusz	1078	MEGA FASON SIENIAWA	M30	2	01:06:17	02:54:25	04:08:22	05:17:53		06:32:10.50	06:32:12.80	+00:45:04 (11.5%)	7:29	8 (87.9%)
6	SYCHOWICZ Daniel	1082		M40	3	01:05:21	02:58:11	04:11:24	05:26:30		06:38:06.90	06:38:08.45	+00:51:00 (12.8%)	7:35	7.9 (86.8%)
7	SZWAJA Mateusz	1532	OTK RZEZNIK	M20	2	01:07:01	03:03:40	04:18:40	05:37:57		06:56:29.10	06:56:30.40	+01:09:22 (16.7%)	7:56	7.5 (82.4%)
8	BADOWSKI Aleksander	1247	TEAM MOUNTAIN FUEL POLSKA	M30	3	01:01:18	02:48:42	04:05:06	05:35:44		06:58:50.15	06:58:51.60	+01:11:43 (17.1%)	7:59	7.5 (82.4%)
9	KAPAON Łazarz	1128	CAZZO CLUB RUNNING TEAM	M20	3	01:05:20	03:05:29	04:22:06	05:40:41		07:00:51.70	07:00:54.20	+01:13:46 (17.5%)	8:01	7.5 (82.4%)
10	KOSTERKIEWICZ Marcin	1290	KOSTER I FAMILIA	M40	4	01:07:26	03:03:16	04:22:26	05:41:06		07:01:58.15	07:01:59.85	+01:14:51 (17.7%)	8:03	7.5 (82.4%)
11	SAWICKI Szymon	1408	TKN TATRA TEAM	M40	5	01:06:07	02:55:56	04:15:58	05:40:08		07:08:39.95	07:08:42.55	+01:21:34 (19.0%)	8:10	7.3 (80.2%)
12	TOPOLSKI Marcin	1072	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M40	6	01:17:19	03:15:45	04:34:14	05:50:03		07:09:41.30	07:09:45.40	+01:22:37 (19.2%)	8:12	7.3 (80.2%)
13	DUCKI Piotr	1535	OTK RZEZNIK	M30	4	01:11:28	03:07:33	04:28:16	05:50:47		07:11:11.15	07:11:14.30	+01:24:06 (19.5%)	8:13	7.3 (80.2%)
14	BOTKIEWICZ Jarosław	1297		M40	7	01:06:01	03:06:50	04:27:35	05:49:06		07:11:57.55	07:12:03.75	+01:24:55 (19.7%)	8:14	7.3 (80.2%)
15	KAPAON Aleksander	1131	CAZZO CLUB RUNNING TEAM	M20	4	01:09:26	03:13:23	04:35:12	05:54:44		07:17:29.30	07:17:38.20	+01:30:30 (20.7%)	8:20	7.2 (79.1%)
16	CAŁKA Bartłomiej	1329	INOBE	M30	5	01:15:02	03:21:08	04:43:25	06:01:08		07:18:54.90	07:18:59.65	+01:31:51 (20.9%)	8:22	7.2 (79.1%)
17	MACHALSKI Sebastian	1050		M40	8	01:16:49	03:18:07	04:39:49	06:00:42		07:23:25.90	07:23:35.80	+01:36:27 (21.7%)	8:27	7.1 (78.0%)
18	DUDEK Mirosław	1088	SNG WILD DUCKS	M30	6	01:08:16	03:09:39	04:37:02	06:00:48		07:24:39.15	07:24:41.90	+01:37:33 (21.9%)	8:29	7.1 (78.0%)
19	ZARZYŃSKI Artur	1194	MPK WYBIEGANIE	M40	9	01:09:55	03:11:11	04:36:58	06:04:46		07:31:26.20	07:31:27.80	+01:44:19 (23.1%)	8:36	7 (76.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km	bonifikata	52.4km	52.4km			
20	NIKITINA Tatiana	1481	TRAIL RUNNING SCHOOL	K30	1	01:16:17	03:25:39	04:48:24	06:08:55		07:33:20.70	07:33:23.20	+01:46:15 (23.4%)	8:39	6.9 (75.8%)
21	SIEMASZKO Wojtek	1499		M40	10	01:20:29	03:30:52	04:57:57	06:15:09		07:33:21.25	07:33:25.95	+01:46:17 (23.4%)	8:39	6.9 (75.8%)
22	CUDZICH Mirosław	1422	SYMPTOM	M40	11	01:15:37	03:23:27	04:47:18	06:08:21		07:33:28.40	07:33:31.80	+01:46:23 (23.5%)	8:39	6.9 (75.8%)
23	POPIEL Andrzej	1390	POPSMART.PL	M30	7	01:16:31	03:24:57	04:49:03	06:11:36		07:33:32.50	07:33:35.15	+01:46:27 (23.5%)	8:39	6.9 (75.8%)
24	DUDA Konrad	1143		M30	8	01:13:50	03:16:36	04:40:50	06:08:32		07:37:07.40	07:37:13.25	+01:50:05 (24.1%)	8:43	6.9 (75.8%)
25	SNARSKI Bogdan	1495	ALBATROSY	M40	12	01:16:25	03:23:27	04:50:16	06:18:34		07:38:42.10	07:38:44.05	+01:51:36 (24.3%)	8:45	6.9 (75.8%)
26	KRAJEWSKI Wojtek	1296		M40	13	01:17:28	03:27:14	04:53:34	06:16:55		07:39:40.90	07:39:46.15	+01:52:38 (24.5%)	8:46	6.8 (74.7%)
27	PODGÓRSKI Bogusz	1375	CZARNAMILA	M30	9	01:08:07	03:10:01	04:35:42	06:11:50		07:40:15.50	07:40:23.30	+01:53:15 (24.6%)	8:47	6.8 (74.7%)
28	GÓRYŃSKI Rafał	1235	EKO OKNA RUNNERS	M20	5	01:09:52	03:16:27	04:44:53	06:11:21		07:40:45.00	07:40:50.55	+01:53:42 (24.7%)	8:47	6.8 (74.7%)
29	KOZYRA Paweł	1073	TEAMMOUNTAINFUEL RUNNERPAWCISLAW	M20	6	01:07:55	03:00:39	04:25:56	05:51:08		07:41:30.25	07:41:32.10	+01:54:24 (24.8%)	8:48	6.8 (74.7%)
30	ANDRZEJEWSKA Magdalena	7 X	RETRO TEAM KOZICE	K40	1	01:16:02	03:26:06	04:50:17	06:15:28		07:42:22.45	07:42:25.30	+01:55:17 (24.9%)	8:49	6.8 (74.7%)
31	WRONA Mariusz	1489		M40	14	01:15:48	03:27:07	04:58:47	06:21:57		07:43:04.75	07:43:08.90	+01:56:00 (25.0%)	8:50	6.8 (74.7%)
32	GOC Milan	1376	SOUTH WEST ROAD RUNNERS	M40	15	01:27:30	03:40:54	05:06:50	06:24:45		07:42:56.70	07:43:13.40	+01:56:05 (25.1%)	8:50	6.8 (74.7%)
33	WOŹNIAK Radosław	1190	SKAWINA BIEGA	M30	10	01:13:41	03:21:31	04:50:33	06:17:12		07:46:29.55	07:46:35.25	+01:59:27 (25.6%)	8:54	6.7 (73.6%)
34	OBERLAN-MARON Joanna	1252		K40	2	01:23:05	03:31:30	04:56:03	06:18:38		07:46:20.00	07:46:53.05	+01:59:45 (25.6%)	8:53	6.7 (73.6%)
35	PETRYNA Jagoda	1146	NOA	K30	2	01:16:54	03:27:21	04:52:48	06:20:05		07:48:12.65	07:48:13.90	+02:01:05 (25.9%)	8:56	6.7 (73.6%)
36	PYTLOS Marcin	1470		M30	11	01:16:27	03:29:53	04:58:15	06:18:49		07:49:39.60	07:49:42.25	+02:02:34 (26.1%)	8:57	6.7 (73.6%)
37	MIELOCH Tamara	1502		K40	3	01:15:18	03:30:53	05:00:30	06:24:58		07:50:32.30	07:50:35.60	+02:03:27 (26.2%)	8:58	6.7 (73.6%)
38	SIEMIENIEC Marcin	1152	NOA WILD RUNNERS	M30	12	01:13:45	03:25:53	04:52:19	06:17:31		07:50:40.85	07:50:42.00	+02:03:33 (26.3%)	8:58	6.7 (73.6%)
39	KUBICZAK Jan	1378	PARUM CANIS DELTA	M30	13	01:08:01	03:13:26	04:50:13	06:21:26		07:50:23.95	07:50:43.40	+02:03:35 (26.3%)	8:58	6.7 (73.6%)
40	BASAĞ Marek	1122		M30	14	01:20:11	03:29:14	04:58:49	06:26:03		07:53:29.05	07:53:55.20	+02:06:47 (26.8%)	9:02	6.6 (72.5%)
41	LUBAŃSKI Robert	1484		M50	1	01:13:48	03:25:14	04:56:30	06:25:39		07:54:14.20	07:54:18.70	+02:07:10 (26.8%)	9:03	6.6 (72.5%)
42	SIEMIĄTKOWSKA Katarzyna	1239		K30	3	01:18:59	03:33:01	05:01:21	06:28:26		07:56:02.25	07:56:10.05	+02:09:02 (27.1%)	9:05	6.6 (72.5%)
43	ZAWADZKI Andrzej	1289	MKS SIECHNICE	M30	15	01:12:19	03:24:57	04:58:38	06:25:42		07:56:01.25	07:56:10.55	+02:09:02 (27.1%)	9:05	6.6 (72.5%)
44	KWIATKOWSKI Michael	1074		M30	16	01:09:56	03:13:54	04:44:13	06:14:18		07:57:53.95	07:57:55.70	+02:10:47 (27.4%)	9:07	6.6 (72.5%)
45	CIEŚLIK Sebastian	1497		M30	17	01:21:45	03:19:38	04:42:25	06:03:54	00:30:00	07:57:20.35	07:58:05.10	+02:10:57 (27.4%)	8:32	7 (76.9%)
46	NOWACKI Piotr	1480		M40	16	01:13:29	03:25:20	04:53:56	06:25:44		07:59:12.30	07:59:36.70	+02:12:28 (27.6%)	9:08	6.6 (72.5%)

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						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
47	GANIEVA Aigul	1482	TRAIRUNNINGCLUB	K30	4	01:21:10	03:36:07	05:01:47	06:26:19		07:59:50.40	07:59:52.85	+02:12:44 (27.7%)	9:09	6.6 (72.5%)
48	DAJEK Łukasz	1208		M30	18	01:19:46	03:31:43	05:08:29	06:38:11		08:00:28.15	08:01:05.30	+02:13:57 (27.8%)	9:10	6.5 (71.4%)
49	STACHURSKI Paweł	1487		M30	19	01:15:31	03:34:56	05:08:19	06:35:55		08:01:33.60	08:01:48.60	+02:14:40 (28.0%)	9:11	6.5 (71.4%)
50	PŁOSKONKA Jakub	1508		M20	7	01:16:29	03:21:44	05:01:43	06:28:21		08:02:03.80	08:02:20.95	+02:15:12 (28.0%)	9:11	6.5 (71.4%)
51	SEMENIUK Piotr	1255	WESOŁA	M40	17	01:16:32	03:22:33	04:53:11	06:21:53		08:02:17.75	08:02:24.10	+02:15:16 (28.0%)	9:12	6.5 (71.4%)
52	LITWIN Bartłomiej	1324	WKURW_TEAM	M30	20	01:23:13	03:41:55	05:13:43	06:41:14		08:04:03.65	08:04:27.60	+02:17:19 (28.3%)	9:14	6.5 (71.4%)
53	LASEK Leszek	1357		M50	2	01:19:15	03:37:35	05:12:35	06:37:46		08:04:54.75	08:04:57.55	+02:17:49 (28.4%)	9:15	6.5 (71.4%)
54	PIĄTEK Beata	1479	ULTRA ŁAŃCUT/TRENINGFIZJOTERAPIA.PL	K30	5	01:30:25	03:51:34	05:19:12	06:41:18		08:06:42.90	08:06:46.00	+02:19:37 (28.7%)	9:17	6.5 (71.4%)
55	CHOJNACKI Wiktor	1270		M30	21	01:13:38	03:25:02	04:57:27	06:30:35		08:08:01.55	08:08:13.05	+02:21:05 (28.9%)	9:18	6.4 (70.3%)
56	KOPEL Rafał	1222	7	M30	22	01:12:24	03:28:09	05:00:16	06:36:00		08:10:05.70	08:10:11.55	+02:23:03 (29.2%)	9:21	6.4 (70.3%)
57	BONIKOWSKI Tomasz	1218		M40	18	01:21:44	03:42:56	05:15:01	06:44:17		08:10:03.70	08:10:11.90	+02:23:03 (29.2%)	9:21	6.4 (70.3%)
58	NOWICKI Tomasz	1108		M30	23	01:26:06	03:42:06	05:15:05	06:45:41		08:16:24.45	08:16:34.90	+02:29:26 (30.1%)	9:28	6.3 (69.2%)
59	WRÓBLEWSKI Mateusz	1407		M20	8	01:18:23	03:35:47	05:07:27	06:44:09		08:17:10.40	08:17:21.75	+02:30:13 (30.2%)	9:29	6.3 (69.2%)
60	PRZYDANEK Karol	1096		M30	24	01:09:21	03:27:02	05:07:06	06:47:05		08:19:32.40	08:19:34.60	+02:32:26 (30.5%)	9:31	6.3 (69.2%)
61	FURTEK Iwona	1232	LACHO TEAM	K30	6	01:21:43	03:32:52	05:02:05	06:45:36		08:20:17.20	08:20:29.05	+02:33:21 (30.6%)	9:32	6.3 (69.2%)
62	PRZYBYLSKA Katarzyna	1359		K20	1	01:34:00	03:56:08	05:22:27	06:49:15		08:21:10.25	08:21:23.45	+02:34:15 (30.8%)	9:33	6.3 (69.2%)
63	GOLAS Grażyna	1024	DUDYCZ RUN	K40	4	01:26:00	03:52:12	05:25:48	06:54:21		08:21:23.90	08:21:36.45	+02:34:28 (30.8%)	9:34	6.3 (69.2%)
64	SAWICKI Marcin	1409		M30	25	01:17:55	03:37:29	05:14:56	06:52:03		08:22:21.30	08:22:25.30	+02:35:17 (30.9%)	9:35	6.3 (69.2%)
65	MIKUŚKIEWICZ Piotr	1144	WKURW_TEAM	M30	26	01:32:57	03:52:56	05:29:48	06:55:51		08:22:13.70	08:22:29.20	+02:35:21 (30.9%)	9:35	6.3 (69.2%)
66	CIEŚLIK Sławomir	1069		M20	9	01:18:12	03:22:54	04:56:51	06:45:27		08:24:04.85	08:24:19.55	+02:37:11 (31.2%)	9:37	6.2 (68.1%)
67	SADOWSKI Rafał	1520	KB SPARTAKUS	M30	27	01:16:35	03:31:50	05:17:17	06:50:55		08:24:10.25	08:24:20.50	+02:37:12 (31.2%)	9:37	6.2 (68.1%)
68	STASZCZAK Łukasz	1251	TRI TEAM LUBAŃ	M40	19	01:06:03	03:12:18	04:56:30	06:46:58		08:24:59.95	08:25:05.25	+02:37:57 (31.3%)	9:38	6.2 (68.1%)
69	KRAWCZYK Adriana	1013		K30	7	01:20:39	03:41:03	05:19:01	06:49:40		08:25:09.00	08:25:14.90	+02:38:06 (31.3%)	9:38	6.2 (68.1%)
70	DĄBKOWSKI Wojciech	1531	DĄBEKTEAM	M30	28	01:24:56	03:42:17	05:18:39	06:52:27		08:25:15.70	08:25:38.45	+02:38:30 (31.3%)	9:38	6.2 (68.1%)
71	ŻBIK Bartosz	1365	SMART THERAPY	M30	29	01:24:49	03:45:47	05:22:34	06:54:28		08:27:24.75	08:27:34.35	+02:40:26 (31.6%)	9:41	6.2 (68.1%)
72	NOWAK Karol	1517	16 BPD	M20	10	01:29:43	03:53:24	05:26:26	06:58:25		08:28:22.95	08:28:44.20	+02:41:36 (31.8%)	9:42	6.2 (68.1%)
73	MIKOŁAJCZYK Robert	1041	DRUŻYNA ORZECHA ŻYRARDÓW	M40	20	01:12:57	03:21:52	04:59:55	06:45:50		08:28:45.70	08:29:06.70	+02:41:58 (31.8%)	9:42	6.2 (68.1%)

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						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
74	GOC Paweł	1292		M30	30	01:12:56	03:13:51	04:48:02	06:51:24		08:29:08.90	08:29:16.25	+02:42:08 (31.8%)	9:42	6.2 (68.1%)
75	MICHALCZYK Paweł	1362		M40	21	01:18:40	03:43:32	05:18:38	06:53:52		08:29:25.75	08:29:34.10	+02:42:26 (31.9%)	9:43	6.2 (68.1%)
76	GRONO Krzysztof	1414	V-MAX ADAMÓW	M40	22	01:17:56	03:37:27	05:14:56	06:51:51		08:31:54.15	08:31:58.45	+02:44:50 (32.2%)	9:46	6.1 (67.0%)
77	GROSFELD Karol	1335	ZABIEGANI CZĘSTOCHOWA	M30	31	01:24:38	03:43:20	05:15:24	06:52:19		08:32:37.85	08:32:53.20	+02:45:45 (32.3%)	9:46	6.1 (67.0%)
78	SZPUNAR Marek	1398		M40	23	01:27:48	03:57:40	05:39:02	07:07:31		08:33:00.90	08:33:40.15	+02:46:32 (32.4%)	9:47	6.1 (67.0%)
79	SIKORA Łukasz	1211	GRUPA NOMAX	M30	32	01:27:56	03:56:33	05:37:41	07:10:04		08:34:13.20	08:34:28.05	+02:47:20 (32.5%)	9:48	6.1 (67.0%)
80	HYRNIK Wojciech	1417		M30	33	01:20:14	03:45:50	05:22:37	06:58:35		08:37:59.00	08:38:07.80	+02:50:59 (33.0%)	9:53	6.1 (67.0%)
81	IDZIAK Jakub	1166		M20	11	01:26:22	03:48:55	05:21:38	06:58:37		08:38:43.40	08:38:51.15	+02:51:43 (33.1%)	9:53	6.1 (67.0%)
82	SUDNIK Krzysztof	1093		M30	34	01:26:02	03:47:32	05:29:55	07:07:50		08:40:23.55	08:40:46.70	+02:53:38 (33.3%)	9:55	6 (65.9%)
83	SIKORA Bożka	1025	TKKF UKLEJNA MYŚLENICE	K30	8	01:26:13	03:55:25	05:34:21	07:06:50		08:41:14.45	08:41:20.60	+02:54:12 (33.4%)	9:56	6 (65.9%)
84	DAMPS Sylwester	1404		M40	24	01:26:01	03:52:52	05:26:18	07:00:13		08:41:08.60	08:41:21.30	+02:54:13 (33.4%)	9:56	6 (65.9%)
85	KLAPPHOLZ Adriana	1004	BIEGIEM PRZEZ CHYBIE	K40	5	01:27:13	04:01:46	05:41:38	07:12:58		08:42:37.50	08:42:40.90	+02:55:32 (33.6%)	9:58	6 (65.9%)
86	BARCZYK Andrzej	1448	BARCZYK WOLBROM	M40	25	01:27:54	04:01:02	05:39:29	07:10:48		08:42:13.65	08:42:41.90	+02:55:33 (33.6%)	9:57	6 (65.9%)
87	BIELOV Yuriy	1534		M20	12	01:14:27	03:46:52	05:26:29	06:59:42		08:42:30.30	08:42:48.70	+02:55:40 (33.6%)	9:58	6 (65.9%)
88	KIERNICKI Łukasz	1083	FUN&RUN	M30	35	01:29:59	03:55:59	05:32:04	07:06:06		08:44:26.05	08:44:46.90	+02:57:38 (33.9%)	10:00	6 (65.9%)
89	KOWALSKI Łukasz	1160		M30	36	01:29:21	03:57:13	05:37:01	07:09:16		08:45:39.05	08:46:26.95	+02:59:18 (34.1%)	10:01	6 (65.9%)
90	SZYMCZAK Łukasz	1427	SSW TEAM KROŚNICE	M30	37	01:26:17	03:51:38	05:26:42	07:05:47		08:46:29.65	08:46:36.75	+02:59:28 (34.1%)	10:02	6 (65.9%)
91	WARĘCKA Kasia	1320		K20	2	01:28:47	04:04:51	05:44:39	07:13:15		08:48:28.85	08:48:33.85	+03:01:25 (34.3%)	10:05	5.9 (64.8%)
92	ZAJĄC Paweł	1488		M30	38	01:24:59	03:45:34	05:25:51	07:03:47		08:49:00.65	08:49:36.25	+03:02:28 (34.5%)	10:05	5.9 (64.8%)
93	KOCIUMBAS Bartosz	1045	KB SOBÓTKA	M40	26	01:25:41	03:45:05	05:29:34	07:07:36		08:49:27.60	08:50:09.85	+03:03:01 (34.5%)	10:06	5.9 (64.8%)
94	POROWSKI Waldek	1276		M40	27	01:25:41	03:46:17	05:30:02	07:07:32		08:49:28.15	08:50:10.25	+03:03:02 (34.5%)	10:06	5.9 (64.8%)
95	MAJCHROWSKI Jacek	1155	CKB TARNOBRZEG	M40	28	01:22:02	04:02:40	05:36:59	07:12:11		08:50:15.25	08:50:29.45	+03:03:21 (34.6%)	10:07	5.9 (64.8%)
96	KRUPA Piotr	1433	KOPALNIA MOCY	M30	39	01:29:13	03:57:49	05:36:57	07:12:16		08:50:14.65	08:50:30.95	+03:03:22 (34.6%)	10:07	5.9 (64.8%)
97	MOLTZAN Zbigniew	1338	CROSSFIT TORUŃ	M40	29	01:33:04	04:12:33	05:55:39	07:27:17		08:50:08.55	08:50:32.25	+03:03:24 (34.6%)	10:07	5.9 (64.8%)
98	GRUPA Jarek	1307	SZWLA	M30	40	01:20:39	03:54:45	05:30:16	07:07:09		08:51:08.80	08:51:11.45	+03:04:03 (34.6%)	10:08	5.9 (64.8%)
99	SEKUŁA Mirek	1081	INFINITY RUNNER'S TEAM GRYBÓW	M40	30	01:25:46	04:02:24	05:43:33	07:19:52		08:51:31.65	08:51:40.05	+03:04:32 (34.7%)	10:08	5.9 (64.8%)
100	STARZYK Sebastian	1079	OCR TEAM DĘBICA	M30	41	01:29:27	04:05:11	05:46:45	07:24:08		08:50:43.15	08:52:10.65	+03:05:02 (34.8%)	10:07	5.9 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
101	BŁAKAŁA Tomasz	1490		M40	31	01:19:10	03:44:24	05:30:41	07:11:10		08:52:12.55	08:52:19.30	+03:05:11 (34.8%)	10:09	5.9 (64.8%)
102	STOPYRA Urszula	1401		K20	3	01:27:48	03:57:27	05:39:00	07:15:41		08:51:49.50	08:52:28.50	+03:05:20 (34.8%)	10:08	5.9 (64.8%)
103	DĄBROWA Piotr	1183	DECATHLON	M30	42	01:26:00	03:51:02	05:28:51	07:08:48		08:52:44.35	08:52:50.20	+03:05:42 (34.9%)	10:10	5.9 (64.8%)
104	JANKOWSKI Adrian	413 X	BIRELL ISOTONIC TEAM	M30	43	01:27:00	03:54:48	05:42:28	07:19:45		08:52:52.15	08:53:02.30	+03:05:54 (34.9%)	10:10	5.9 (64.8%)
105	PACHO Sylwester	1387	PAPIKI	M40	32	01:15:54	03:36:37	05:15:15	06:48:38	00:30:00	08:54:40.90	08:54:42.20	+03:07:34 (35.1%)	9:37	6.2 (68.1%)
106	OCHYRA Konrad	1348	SOLINA TEAM	M20	13	01:17:04	03:36:04	05:25:04	07:09:05		08:55:38.45	08:55:41.95	+03:08:33 (35.2%)	10:13	5.9 (64.8%)
107	DŁUGAJ Andrzej	1350		M40	33	01:31:11	03:56:18	05:33:41	07:13:07		08:55:28.85	08:55:52.10	+03:08:44 (35.2%)	10:13	5.9 (64.8%)
108	OLBERT Ireneusz	1423	PCC ULTRA RUNNERS	M40	34	01:16:37	03:39:19	05:26:04	07:11:31		08:56:12.40	08:56:16.10	+03:09:08 (35.3%)	10:13	5.9 (64.8%)
109	KOPEĆ Paweł	1267	RZESZOWSKIE GAZELE I GEPARDY	M30	44	01:25:12	03:57:23	05:44:47	07:22:05		08:56:47.65	08:57:08.50	+03:10:00 (35.4%)	10:14	5.9 (64.8%)
110	MAZURKIEWICZ Maks	1077	KS BERO / FORFIT	M30	45	01:39:06	04:13:26	05:48:38	07:24:23		08:59:54.00	09:00:37.30	+03:13:29 (35.8%)	10:18	5.8 (63.7%)
111	SKURATKO Adrian	1253	RONAL POLSKA RUN	M30	46	01:12:30	03:46:14	05:40:10	07:25:32		09:01:53.30	09:02:00.25	+03:14:52 (36.0%)	10:20	5.8 (63.7%)
112	FOGT Monika	1496		K40	6	01:31:16	04:05:07	05:49:49	07:31:38		09:02:29.05	09:02:37.95	+03:15:29 (36.0%)	10:21	5.8 (63.7%)
113	SUWEZDA Jacek	1393		M50	3	01:30:42	04:06:44	05:51:05	07:26:37		09:03:51.60	09:04:32.15	+03:17:24 (36.3%)	10:22	5.8 (63.7%)
114	MELLER Joanna	1380	DRUŻYNA WILKA	K40	7	01:37:37	04:11:11	05:53:16	07:28:27		09:06:45.45	09:07:04.75	+03:19:56 (36.5%)	10:26	5.8 (63.7%)
115	AUGUSTYNIAK Marek	1213	KOLEGA RYŚKA	M50	4	01:29:28	03:58:23	05:42:57	07:26:29		09:07:54.90	09:08:44.45	+03:21:36 (36.7%)	10:27	5.7 (62.6%)
116	GRUNWALD Sebastian	1468		M40	35		04:29:55	06:10:01	07:38:18		09:09:14.30	09:09:51.20	+03:22:43 (36.9%)	10:28	5.7 (62.6%)
117	JARZĄB Marcin	1046		M30	47	01:36:07	04:07:29	05:57:13	07:34:20		09:11:27.85	09:11:44.30	+03:24:36 (37.1%)	10:31	5.7 (62.6%)
118	PRZYBYLSKI Piotr	1360		M40	36	01:34:00	04:08:44	05:52:28	07:34:11		09:11:33.75	09:11:47.35	+03:24:39 (37.1%)	10:31	5.7 (62.6%)
119	POPŁAWSKA Katarzyna	1061	CZARNE OWCE HIPOLITÓW/MPK WYBIEGANIE	K40	8	01:30:52	04:07:19	05:53:04	07:32:49		09:11:24.90	09:12:04.40	+03:24:56 (37.1%)	10:31	5.7 (62.6%)
120	OKRUTNIAK Sławomir	1053		M30	48	01:31:33	04:04:22	05:43:30	07:31:15		09:13:05.40	09:13:08.80	+03:26:00 (37.2%)	10:33	5.7 (62.6%)
121	URBANIK Łukasz	1500	KITA TEAM	M40	37	01:22:56	04:09:12	06:01:43	07:42:32		09:12:56.90	09:13:15.50	+03:26:07 (37.3%)	10:33	5.7 (62.6%)
122	MAGOŃ Łukasz	1227	HUSARIA RACE TEAM	M30	49	01:36:06	04:06:05	05:52:45	07:33:00		09:14:20.05	09:14:56.80	+03:27:48 (37.4%)	10:34	5.7 (62.6%)
123	BORYS Andrzej	1537		M40	38	01:20:08	03:45:29	05:41:59	07:29:06		09:15:16.95	09:16:05.15	+03:28:57 (37.6%)	10:35	5.7 (62.6%)
124	FEDORCZAK Jacek	1127		M30	50	01:42:44	04:25:24	06:05:12	07:41:34		09:15:39.45	09:16:13.75	+03:29:05 (37.6%)	10:36	5.7 (62.6%)
125	GASIK Leszek	1156	HUMAN&HUNTER RUNNERS TEAM	M40	39	01:23:41	04:07:55	05:51:05	07:35:23		09:15:36.40	09:16:15.30	+03:29:07 (37.6%)	10:36	5.7 (62.6%)
126	NOWAK Agnieszka	1182	CB163	K30	9	01:39:29	04:16:27	05:59:12	07:39:10		09:15:32.50	09:16:17.50	+03:29:09 (37.6%)	10:36	5.7 (62.6%)
127	KOWALCZYK Mariusz	1451	WOLFPACK	M40	40	01:42:07	04:08:36	05:59:02	07:38:58		09:18:25.20	09:19:21.90	+03:32:13 (37.9%)	10:39	5.6 (61.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
128	GLEBOCKI Konrad	1474		M40	41	01:22:57	03:58:09	05:48:01	07:31:58		09:20:39.50	09:20:47.20	+03:33:39 (38.1%)	10:41	5.6 (61.5%)
129	URBANEK Patryk	1518		M20	14	01:13:49	03:51:32	05:51:22	07:40:44		09:21:07.10	09:21:09.35	+03:34:01 (38.1%)	10:42	5.6 (61.5%)
130	BERTINO Francesco	1125	CAZZO CLUB RUNNING TEAM	M20	15	01:25:06	04:09:04	05:54:43	07:39:49		09:21:08.85	09:21:19.40	+03:34:11 (38.2%)	10:42	5.6 (61.5%)
131	POŚNIK Tomek	1200	WORKFIT ADVENTURE TEAM	M40	42	01:32:37	04:09:57	05:56:11	07:43:57		09:21:57.30	09:22:30.45	+03:35:22 (38.3%)	10:43	5.6 (61.5%)
132	SOWA Paweł	1170		M40	43	01:29:06	04:06:16	05:51:53	07:38:46		09:22:40.65	09:22:52.15	+03:35:44 (38.3%)	10:44	5.6 (61.5%)
133	DASZCZUK Tomasz	1308		M40	44	01:47:28	04:28:30	06:11:41	07:46:46		09:22:14.50	09:23:02.85	+03:35:54 (38.3%)	10:43	5.6 (61.5%)
134	PORĘBA Eugeniusz	1505		M50	5	01:32:11	04:16:17	06:12:35	07:52:50		09:25:48.15	09:26:05.00	+03:38:56 (38.7%)	10:47	5.6 (61.5%)
135	GAWIN Krzysztof	162 Y	HARDCORY	M30	51	01:33:09	04:22:08	06:10:51	07:53:41		09:27:31.25	09:27:38.65	+03:40:30 (38.8%)	10:49	5.5 (60.4%)
136	TUREK Maciej	1010	#PIWONAMECIE	M30	52	01:32:50	04:27:52	06:10:24	07:55:29		09:27:29.25	09:27:50.90	+03:40:42 (38.9%)	10:49	5.5 (60.4%)
137	KĄKOL Łukasz	1521		M30	53	01:38:53	04:21:17	06:18:13	08:02:15		09:27:32.90	09:27:51.90	+03:40:43 (38.9%)	10:49	5.5 (60.4%)
137	ŚWIĘCICKI Marcin	1522		M40	45	01:38:54	04:21:16	06:18:13	08:02:17		09:27:32.85	09:27:51.90	+03:40:43 (38.9%)	10:49	5.5 (60.4%)
139	BARAŃCZAK Kamil	1438		M30	54	01:20:27	03:51:22	05:26:13	07:05:12	00:30:00	09:31:14.35	09:31:57.25	+03:44:49 (39.3%)	10:19	5.8 (63.7%)
140	DROŹDZIEL Mariusz	1466		M30	55	01:32:47	04:10:24	05:56:22	07:32:47		09:31:40.60	09:32:18.40	+03:45:10 (39.3%)	10:54	5.5 (60.4%)
141	PAŁACHA Anna	1169	TAKLUBIĘ SANDOMIERZ/TSA	K40	9	01:33:37	04:22:09	06:09:18	07:53:21		09:33:00.85	09:33:15.25	+03:46:07 (39.4%)	10:56	5.5 (60.4%)
142	BEDNAREK Piotr	1210		M20	16	01:18:23	03:42:30	05:42:08	07:34:46		09:33:07.90	09:33:19.70	+03:46:11 (39.5%)	10:56	5.5 (60.4%)
143	MATYSIAK Łukasz	1443		M30	56	01:25:23	04:01:35	05:45:10	07:39:39		09:34:52.95	09:35:05.00	+03:47:56 (39.6%)	10:58	5.5 (60.4%)
144	JASIŃSKI Marcin	1483		M40	46	01:25:19	03:54:38	05:50:31	07:39:46		09:37:27.75	09:37:33.00	+03:50:24 (39.9%)	11:01	5.4 (59.3%)
145	ŚLIWIŃSKI Andrzej	1493		M60	1	01:32:13	04:22:27	06:21:41	08:14:42		09:38:33.50	09:38:49.25	+03:51:41 (40.0%)	11:02	5.4 (59.3%)
146	SIWIEC Stanisław	1018		M60	2	01:29:55	04:26:41	06:11:52	07:51:26		09:39:24.10	09:39:27.50	+03:52:19 (40.1%)	11:03	5.4 (59.3%)
147	KUCHARSKI Paweł	1536	PLANETA NISKO	M40	47	01:33:08	04:16:44	06:08:20	07:53:42		09:39:30.60	09:39:40.55	+03:52:32 (40.1%)	11:03	5.4 (59.3%)
148	WAŃKOWICZ Adrian	1063		M30	57	01:29:56	04:06:04	06:03:30	07:51:27		09:39:20.50	09:39:41.45	+03:52:33 (40.1%)	11:03	5.4 (59.3%)
149	GRUCA Ryszard	1388	PAPIKI	M50	6	01:33:20	04:27:36	06:17:02	07:57:49		09:40:13.80	09:40:22.45	+03:53:14 (40.2%)	11:04	5.4 (59.3%)
150	FRĄCZEK Krzysztof	1044		M30	58	01:26:56	04:06:14	05:54:25	07:41:36		09:42:42.20	09:42:47.25	+03:55:39 (40.4%)	11:07	5.4 (59.3%)
151	MILCZAREK Marcin	1029		M30	59	01:32:36	04:07:33	06:04:10	07:50:13		09:42:29.50	09:43:02.00	+03:55:53 (40.5%)	11:06	5.4 (59.3%)
152	PELA Dariusz	1463		M30	60	01:30:45	04:02:11	06:09:17	07:53:33		09:43:33.85	09:43:49.50	+03:56:41 (40.5%)	11:08	5.4 (59.3%)
153	RYGIEL Grzegorz	1506		M30	61	01:27:57	04:11:49	06:05:21	07:53:05		09:44:23.35	09:44:41.75	+03:57:33 (40.6%)	11:09	5.4 (59.3%)
154	WIECZOREK Piotr	1099		M30	62	01:44:46	04:25:21	06:16:27	07:57:19		09:44:07.20	09:44:53.90	+03:57:45 (40.7%)	11:08	5.4 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
155	SZYMALA-LIPKA Magdalena	1007		K30	10	01:33:33	04:18:05	06:14:13	08:00:18		09:45:07.85	09:45:11.75	+03:58:03 (40.7%)	11:10	5.4 (59.3%)
156	SZUBERT Dariusz	1372	MIRAZ RACE TEAM	M20	17	01:25:07	03:56:20	05:48:06	07:44:55		09:45:12.85	09:45:20.25	+03:58:12 (40.7%)	11:10	5.4 (59.3%)
157	KAMIŃSKI Daniel	1304		M30	63	01:29:50	04:24:16	06:12:56	07:57:05		09:45:31.60	09:45:43.90	+03:58:35 (40.7%)	11:10	5.4 (59.3%)
158	PIERZCHALSKA Julia	1091	ABOVE 2000	K30	11	01:29:20	04:13:43	06:11:12	07:58:40		09:46:06.35	09:46:13.50	+03:59:05 (40.8%)	11:11	5.4 (59.3%)
159	WÓJCIK Paweł	1419	KASZUBSKIE DZIKI	M20	18	01:31:30	04:16:50	06:05:05	07:58:12		09:48:44.15	09:49:21.40	+04:02:13 (41.1%)	11:14	5.3 (58.2%)
160	OSTROWSKI Marcin	1109	PZU SPORT TEAM	M30	64	01:40:39	04:33:16	06:21:07	07:58:17		09:48:56.45	09:49:23.15	+04:02:15 (41.1%)	11:14	5.3 (58.2%)
161	WOŹNICA Adrian	1207	GRUPA NOMAX	M30	65	01:43:44	04:25:19	06:08:44	07:55:30		09:48:40.90	09:49:23.50	+04:02:15 (41.1%)	11:14	5.3 (58.2%)
162	ZYGMUNT Paweł	1220		M40	48	01:27:20	04:04:02	05:48:52	07:44:33		09:50:33.20	09:50:40.00	+04:03:31 (41.2%)	11:16	5.3 (58.2%)
163	KMITA Krzysztof	1201		M30	66	01:24:40	04:04:05	05:55:23	07:51:10		09:53:18.20	09:53:30.50	+04:06:22 (41.5%)	11:19	5.3 (58.2%)
164	KASKA-ŁOBODOWSKA Ewelina	1530	RACEFIGHTER	K30	12	01:30:30	04:09:20	06:20:45	08:04:51		09:53:43.40	09:54:00.85	+04:06:52 (41.6%)	11:19	5.3 (58.2%)
165	ROJEK Maciej	1371		M30	67	01:32:02	04:18:10	06:13:07	08:08:54		09:53:48.00	09:54:01.80	+04:06:53 (41.6%)	11:19	5.3 (58.2%)
166	ZIĘBA Tomasz	1467	JACEKBIEGA RUNNING TEAM	M40	49	01:40:00	04:37:02	06:31:09	08:24:06		09:53:32.95	09:54:10.35	+04:07:02 (41.6%)	11:19	5.3 (58.2%)
167	TURLEJ Dariusz	1173	KONDYCJA	M60	3	01:43:32	04:36:31	06:21:48	08:04:11		09:53:46.20	09:54:15.30	+04:07:07 (41.6%)	11:19	5.3 (58.2%)
168	BONIKOWSKI Mateusz	1509		M30	68	01:26:13	04:19:36	06:18:09	08:10:16		09:54:36.55	09:54:45.50	+04:07:37 (41.6%)	11:20	5.3 (58.2%)
169	ADAMIAK Marcin	1066	EVERRUN	M40	50	01:33:56	04:27:29	06:22:45	08:05:04		09:54:42.85	09:54:49.45	+04:07:41 (41.6%)	11:20	5.3 (58.2%)
170	KAWALEC Krystian	1317	MARCIN ŚWIERC TEAM	M40	51	01:27:06	04:22:18	06:21:44	08:10:16		09:55:07.85	09:55:17.75	+04:08:09 (41.7%)	11:21	5.3 (58.2%)
171	IDZIOR Tomasz	1119		M20	19	01:32:03	04:18:07	06:13:07	08:07:43		09:55:06.25	09:55:19.50	+04:08:11 (41.7%)	11:21	5.3 (58.2%)
172	HOŁÓWKA Sławomir	1231	LACHO TEAM KRAKÓW	M40	52	01:34:31	04:20:57	06:14:47	08:03:33		09:55:15.05	09:55:27.00	+04:08:18 (41.7%)	11:21	5.3 (58.2%)
173	GOKIERT-SKRENTNA Justyna	1259		K40	10	01:39:29	04:27:22	06:24:07	08:10:16		09:55:22.65	09:55:46.55	+04:08:38 (41.7%)	11:21	5.3 (58.2%)
174	MASŁOWSKI Michał	1507		M40	53	01:30:10	04:09:08	06:21:26	08:11:25		09:55:54.45	09:56:14.65	+04:09:06 (41.8%)	11:22	5.3 (58.2%)
175	MELLER Wojciech	1379	DRUŻYNA WILKA	M40	54	01:37:37	04:11:09	06:10:30	08:04:46		09:56:15.00	09:56:34.50	+04:09:26 (41.8%)	11:22	5.3 (58.2%)
176	LASKOWSKI Piotr	1449		M40	55	01:29:37	04:16:16	06:32:09	08:13:45		09:57:33.10	09:58:03.80	+04:10:55 (42.0%)	11:24	5.3 (58.2%)
177	ZAPIÓR Maciej	1089	COLD BEER TEAM	M20	20	01:35:45	04:35:28	06:27:23	08:17:14		09:58:17.55	09:58:29.65	+04:11:21 (42.0%)	11:25	5.3 (58.2%)
178	JASNOWSKI Michał	1148		M30	69	01:26:44	04:18:54	06:17:38	08:14:26		09:59:51.40	10:00:21.30	+04:13:13 (42.2%)	11:26	5.2 (57.1%)
179	BROMBOSZCZ Karol	1136	TRUCHTACZ-MYSŁOWICE	M60	4	01:37:14	04:32:09	06:27:22	08:17:11		10:00:23.50	10:00:36.60	+04:13:28 (42.2%)	11:27	5.2 (57.1%)
180	MATUSIEWICZ Michał	1364	#CISNIJWIEPRZA	M30	70	01:45:04	04:41:42	06:30:13	08:17:57		10:02:28.80	10:03:02.30	+04:15:54 (42.4%)	11:29	5.2 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
181	WRÓBEL Paweł	1058	MKS SIECHNICE	M30	71	01:30:06	04:22:15	06:12:12	08:04:37		10:03:30.90	10:03:41.65	+04:16:33 (42.5%)	11:31	5.2 (57.1%)
182	MAJTKOWSKI Marcin	1028		M30	72	01:37:42	04:26:46	06:19:45	08:10:34		10:04:02.20	10:04:29.00	+04:17:20 (42.6%)	11:31	5.2 (57.1%)
183	GINTER Grzegorz	1258	AZS COLLEGIUM MEDICUM UJ	M30	73	01:41:35	04:34:22	06:23:36	08:18:09		10:04:53.65	10:05:05.30	+04:17:57 (42.6%)	11:32	5.2 (57.1%)
184	SZYMEL Jacek	1186	HUSARIA RACE TEAM	M30	74	01:36:41	04:15:31	06:18:01	08:07:43		10:04:33.65	10:05:09.55	+04:18:01 (42.6%)	11:32	5.2 (57.1%)
185	KWAŚNIEWSKI Rafał	1455	SZWLA STARGARD	M30	75	01:33:42	04:20:43	06:22:24	08:17:46		10:05:31.05	10:05:47.30	+04:18:39 (42.7%)	11:33	5.2 (57.1%)
186	GADOMSKI Dariusz	1369		M50	7	01:40:46	04:37:56	06:33:51	08:18:17		10:05:18.75	10:05:50.60	+04:18:42 (42.7%)	11:33	5.2 (57.1%)
187	PAMUŁA Krystian	1039	SRTG NIEPOŁOMICE	M30	76	01:42:25	04:35:33	06:18:13	08:10:59		10:06:28.50	10:07:08.35	+04:20:00 (42.8%)	11:34	5.2 (57.1%)
188	ŚLÓSARSKI Szymon	1171	CB163	M30	77	01:44:19	04:36:10	06:29:59	08:19:43		10:07:03.80	10:07:49.00	+04:20:40 (42.9%)	11:35	5.2 (57.1%)
189	PURGAL Magdalena	1157	HUMAN&HUNTER RUNNERS TEAM	K30	13	01:39:21	04:32:22	06:25:47	08:10:16		10:07:10.15	10:07:49.10	+04:20:41 (42.9%)	11:35	5.2 (57.1%)
190	SŁOMKA Michał	1040		M20	21	01:32:46	04:21:08	06:14:21	08:11:30		10:07:51.00	10:07:58.70	+04:20:50 (42.9%)	11:36	5.2 (57.1%)
191	HABA Konrad	1452		M30	78	01:35:23	04:25:39	06:22:49	08:12:20		10:07:44.85	10:08:00.35	+04:20:52 (42.9%)	11:35	5.2 (57.1%)
192	BUDZIŃSKI Krzysztof	1339	STOWARZYSZENIE SPORTOWE FENIKS PRZY ELEKTROWNI OPOLE	M50	8	01:25:07	04:18:37	06:20:40	08:08:10		10:12:08.30	10:12:23.65	+04:25:15 (43.3%)	11:40	5.1 (56.0%)
193	KOSZAŁKA Marcin	1341	PRATT AND WHITNEY RZESZÓW	M20	22	01:41:31	04:20:10	06:20:34	08:08:04		10:12:02.10	10:12:23.70	+04:25:15 (43.3%)	11:40	5.1 (56.0%)
194	NOWAK Krzysztof	1291		M40	56	01:38:14	04:35:41	06:26:04	08:14:50		10:11:45.10	10:12:26.10	+04:25:18 (43.3%)	11:40	5.1 (56.0%)
195	KUSZ Janusz	1030		M40	57	01:37:12	04:27:28	06:25:39	08:16:58		10:12:50.60	10:13:15.60	+04:26:07 (43.4%)	11:41	5.1 (56.0%)
196	PIETRZYK Paweł	1318	NO NAME	M40	58	01:54:17	04:37:00	06:27:01	08:22:08		10:12:39.90	10:13:21.05	+04:26:13 (43.4%)	11:41	5.1 (56.0%)
197	BONCOL Wojciech	1203		M30	79		04:34:00	06:33:36	08:19:09		10:12:38.05	10:13:22.95	+04:26:14 (43.4%)	11:41	5.1 (56.0%)
198	RÓŻYCKI Ryszard	1526		M60	5	01:41:22	04:41:25	06:32:59	08:24:25		10:13:36.70	10:13:49.55	+04:26:41 (43.4%)	11:42	5.1 (56.0%)
199	RÓŻYCKA Elżbieta	1525		K40	11	01:41:20	04:41:17	06:32:57	08:24:22		10:13:36.45	10:13:49.75	+04:26:41 (43.4%)	11:42	5.1 (56.0%)
200	LOMBARSKI Łukasz	1428	SSW TEAM KROŚNICE	M30	80	01:26:18	04:26:07	06:22:13	08:19:55		10:13:51.60	10:13:58.40	+04:26:50 (43.5%)	11:42	5.1 (56.0%)
201	RZECZKOWSKI Maciej	1114		M50	9	01:34:01	04:27:09	06:30:04	08:21:51		10:13:45.10	10:14:01.10	+04:26:53 (43.5%)	11:42	5.1 (56.0%)
202	WILIŃSKI Kamil	1436		M30	81	01:34:56	04:47:30	06:41:45	08:26:48		10:14:01.55	10:14:25.20	+04:27:17 (43.5%)	11:43	5.1 (56.0%)
203	BOROWIEC Mariusz	1430	RUN RUN OLESZYCE	M40	59	01:36:21	04:41:49	06:41:54	08:29:59		10:14:41.20	10:15:03.30	+04:27:55 (43.6%)	11:43	5.1 (56.0%)
204	ŁYSIAK Bartek	1229		M30	82	01:37:48	04:22:07	06:18:53	08:10:06		10:14:49.75	10:15:12.00	+04:28:03 (43.6%)	11:44	5.1 (56.0%)
205	WÓJCIK Rafał	1462		M20	23	01:28:08	04:06:07	05:51:22	07:44:11		10:15:02.15	10:15:18.10	+04:28:10 (43.6%)	11:44	5.1 (56.0%)
206	WITKOWSKI Krzysztof	1431	KOPALNIA MOCY TARNOBRZEG	M40	60	01:34:05	04:32:11	06:21:16	08:13:49		10:15:20.90	10:15:36.35	+04:28:28 (43.6%)	11:44	5.1 (56.0%)
207	DOMIN Daniel	1274	MULTIPLIER TEAM	M30	83	01:34:57	04:30:41	06:31:00	08:26:47		10:16:35.40	10:16:59.35	+04:29:51 (43.7%)	11:46	5.1 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
208	SWORCZUK Paweł	1283		M30	84	01:34:57	04:30:43	06:30:58	08:26:46		10:16:35.40	10:16:59.80	+04:29:51 (43.7%)	11:46	5.1 (56.0%)
209	DZIERŻEŃSKA Monika	1257		K40	12	01:42:37	04:47:45	06:42:36	08:27:33		10:16:35.90	10:17:01.65	+04:29:53 (43.7%)	11:46	5.1 (56.0%)
210	BUCZEK Jerzy	1345	1963	M50	10	01:34:52	04:29:39	06:23:25	08:15:41		10:17:04.20	10:17:35.60	+04:30:27 (43.8%)	11:46	5.1 (56.0%)
211	LUC Adam	1199	BIEGUSIEM.PL	M40	61	01:32:00	04:24:24	06:20:51	08:17:31		10:18:01.70	10:18:06.30	+04:30:58 (43.8%)	11:47	5.1 (56.0%)
212	MAŚLANKIEWICZ Bartłomiej	1036	POSITIVE ENERGY	M20	24	01:33:52	04:29:03	06:23:15	08:21:42		10:18:35.40	10:19:13.05	+04:32:05 (43.9%)	11:48	5.1 (56.0%)
213	ZUBIK Michal	1245	LUBELSKA GRUPA TRIATHLONU	M40	62	01:31:43	04:17:09	06:16:07	08:09:48		10:19:55.60	10:20:21.00	+04:33:12 (44.0%)	11:49	5.1 (56.0%)
214	GREŃDA Jarek	1260		M40	63	01:30:07	04:29:05	06:33:14	08:22:12		10:20:04.00	10:20:21.30	+04:33:13 (44.0%)	11:50	5.1 (56.0%)
215	KUSIO Wojciech	1135		M20	25	01:36:29	04:17:31	06:17:13	08:16:34		10:19:56.75	10:20:42.35	+04:33:34 (44.1%)	11:49	5.1 (56.0%)
216	PŁASKOCIŃSKI Robert	1361	PRO-RUN	M40	64		04:43:30	06:39:44	08:28:44		10:19:57.40	10:20:53.70	+04:33:45 (44.1%)	11:49	5.1 (56.0%)
217	MICHOŃ Kacper	1012	NIGHTRUNNERS	M20	26	01:43:09	04:29:37	06:26:39	08:22:44		10:21:08.20	10:21:38.80	+04:34:30 (44.2%)	11:51	5.1 (56.0%)
218	CHMARA Rafał	1054	AMBAR	M40	65	01:39:28	04:33:45	06:30:04	08:19:45		10:20:55.55	10:21:41.05	+04:34:33 (44.2%)	11:50	5.1 (56.0%)
219	GALA Kamila	1392	NAPRZÓD MŁOCINY/ MARATHON BROTHERS	K30	14	01:33:02	04:27:47	06:19:45	08:17:47		10:23:37.05	10:24:15.70	+04:37:07 (44.4%)	11:54	5 (54.9%)
220	WÓJCICKI Adam	1187		M30	85	01:43:46	04:36:10	06:32:38	08:22:14		10:23:28.50	10:24:15.80	+04:37:07 (44.4%)	11:53	5 (54.9%)
221	BARSZCZ Bartosz	1344	GAMBLERS RUNNING	M30	86	01:39:32	04:30:15	06:30:02	08:20:30		10:23:35.90	10:24:23.80	+04:37:15 (44.4%)	11:54	5 (54.9%)
222	ZAJĄC Paweł	1471		M30	87	01:36:57	04:36:50	06:30:16	08:20:43		10:24:03.20	10:24:37.60	+04:37:29 (44.4%)	11:54	5 (54.9%)
223	DOROCIAK Wioletta	1048	IKS ATAK ELBLĄG	K40	13	01:32:49	04:34:46	06:29:04	08:20:55		10:24:22.00	10:24:38.00	+04:37:29 (44.4%)	11:54	5 (54.9%)
224	PASISZ Daniel	1161		M30	88	01:34:20	04:37:23	06:41:24	08:36:05		10:24:34.50	10:24:41.15	+04:37:33 (44.4%)	11:55	5 (54.9%)
225	NOWAK Tomasz	1223		M30	89		04:39:59		08:25:33		10:24:44.85	10:25:28.85	+04:38:20 (44.5%)	11:55	5 (54.9%)
226	KAMIŃSKI Krzysztof	1327		M30	90	01:34:02	04:05:51	05:53:01	08:09:13		10:25:20.95	10:25:31.55	+04:38:23 (44.5%)	11:56	5 (54.9%)
227	NAWROT Waldek	1322	J U V E R U N	M40	66	01:40:00	04:35:59	06:32:33	08:24:59		10:25:05.40	10:25:39.45	+04:38:31 (44.5%)	11:55	5 (54.9%)
228	BUDYCH-GÓRZNA Magdalena	1158	GO! GOWARZEWO	K40	14	01:49:05	04:54:07	06:43:01	08:31:04		10:25:45.80	10:26:11.20	+04:39:03 (44.6%)	11:56	5 (54.9%)
229	NOWICKI Artur	1434	SPORTCZESNA	M50	11	01:32:00	04:30:26	06:27:23	08:34:30		10:25:57.20	10:26:29.50	+04:39:21 (44.6%)	11:56	5 (54.9%)
230	WEINBERG Kamil	1528	BIEGIEM PO PIWO/DROGA DO ULTRA	M40	67	01:31:07	04:48:05	06:49:07	08:51:44		10:26:47.65	10:27:30.20	+04:40:22 (44.7%)	11:57	5 (54.9%)
231	JACKOWSKI Jacek	1512	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M40	68	01:47:50	04:57:14	06:51:49	08:32:49		10:27:41.80	10:27:51.50	+04:40:43 (44.7%)	11:58	5 (54.9%)
232	JUSZCZAK Marcin	1107		M40	69	01:35:39	04:37:34	06:37:28	08:28:48		10:27:58.40	10:28:23.60	+04:41:15 (44.8%)	11:59	5 (54.9%)
233	ORZESZYNA Łukasz	1014	DRUŻYNA ORZECHA ŻYRARDÓW	M30	91	01:38:42	04:47:12	06:42:03	08:39:21		10:28:10.85	10:28:43.80	+04:41:35 (44.8%)	11:59	5 (54.9%)
234	KŁOSIŃSKI Rafał	1137	RACEFIGHTER	M40	70	01:30:28	04:09:22	06:38:14	08:29:28		10:28:31.00	10:28:48.55	+04:41:40 (44.8%)	11:59	5 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
235	SIEPIOŁA Cezary	1153	LEŚNY CROSS	M40	71	01:40:11	04:27:40	06:23:37	08:20:33		10:28:29.50	10:28:49.55	+04:41:41 (44.8%)	11:59	5 (54.9%)
236	ROWICKI Jarosław	1154	LEŚNY CROSS	M40	72	01:40:08	04:27:44	06:23:38	08:20:34		10:28:29.75	10:28:49.85	+04:41:41 (44.8%)	11:59	5 (54.9%)
237	PEŁKA Michał	1175	PAYROLL TEAM	M30	92	01:30:53	04:26:45	06:31:06	08:21:46		10:29:46.70	10:30:35.55	+04:43:27 (45.0%)	12:01	5 (54.9%)
238	KUCIŃSKA Magdalena	1038		K30	15	01:43:32	04:37:14	06:25:51	08:17:40		10:30:15.80	10:30:45.50	+04:43:37 (45.0%)	12:01	5 (54.9%)
239	SOWA Maciej	1221	SZAKALE BAŁUT ŁÓDŹ	M50	12	01:32:02	04:34:27	06:30:48	08:28:41		10:30:37.65	10:30:56.65	+04:43:48 (45.0%)	12:02	5 (54.9%)
240	HYJEK Elżbieta	1313		K40	15	01:52:10	04:38:09	06:28:13	08:20:37		10:31:46.85	10:32:01.45	+04:44:53 (45.1%)	12:03	5 (54.9%)
241	BIJATOWSKI Adrian	1435		M30	93	01:39:04	04:25:00	06:30:25	08:26:54		10:32:30.60	10:32:58.75	+04:45:50 (45.2%)	12:04	5 (54.9%)
242	KRZYŻOWSKI Hubert	1197		M30	94	01:38:27	04:22:18	06:26:57	08:26:30		10:32:32.25	10:32:58.90	+04:45:50 (45.2%)	12:04	5 (54.9%)
243	TUCHOWSKI Janusz	1085		M40	73	01:34:06	04:40:29	06:42:48	08:40:34		10:33:02.10	10:33:02.10	+04:45:54 (45.2%)	12:04	5 (54.9%)
244	BAZIUK Aneta	1198	DZIKA SIKORA	K40	16		04:44:11	06:40:07	08:32:49		10:34:17.70	10:34:47.10	+04:47:39 (45.3%)	12:06	5 (54.9%)
245	FIGIEL Bartosz	1336		M30	95	01:44:13	04:43:26	06:41:15	08:38:38		10:34:07.95	10:34:48.35	+04:47:40 (45.3%)	12:06	5 (54.9%)
246	MASIUKIEWICZ Jacek	1515	SPIKA U.T	M30	96	01:26:49	04:38:50	06:44:43	08:43:23		10:34:37.40	10:34:55.60	+04:47:47 (45.3%)	12:06	5 (54.9%)
247	KULIK Karolina	1516	SPIKA U.T	K20	4	01:26:56	04:38:59	06:44:44	08:43:25		10:34:37.90	10:34:55.80	+04:47:47 (45.3%)	12:06	5 (54.9%)
248	MACIĄG Andrzej	1287	DZIKIE MUSTANGI	M40	74	01:29:42	04:28:17	06:35:40	08:32:36		10:35:56.55	10:36:01.35	+04:48:53 (45.4%)	12:08	4.9 (53.8%)
249	DOŁŻAŃSKA Sandra	1123	UKL ÓSEMKA POLICE	K30	16	01:39:54	04:36:03	06:26:50	08:23:30		10:36:44.60	10:36:57.55	+04:49:49 (45.5%)	12:09	4.9 (53.8%)
250	SADOWSKI Tomasz	1134	GDYNIA BABIE DOŁY	M40	75	01:37:27	04:51:38	06:50:13	08:49:07		10:36:52.10	10:36:58.45	+04:49:50 (45.5%)	12:09	4.9 (53.8%)
251	KRÓLIKOWSKA Emilia	1212		K30	17		04:47:30	06:45:08	08:35:38		10:36:37.15	10:37:23.75	+04:50:15 (45.5%)	12:08	4.9 (53.8%)
252	LESZCZYŃSKA Kamila	1121		K20	5		04:47:31	06:45:09	08:35:38		10:36:37.85	10:37:24.35	+04:50:16 (45.5%)	12:08	4.9 (53.8%)
253	ZAJĄCZKOWSKI Michał	1167	BIEGAM Z TRENING ULTRASA :)	M30	97	01:48:06	04:44:38	06:38:29	08:27:34		10:37:09.50	10:37:42.70	+04:50:34 (45.6%)	12:09	4.9 (53.8%)
254	SOKULSKI Marcin	1006	KASZANKI	M30	98	01:42:56	04:40:56	06:44:44	08:38:29		10:37:34.70	10:38:02.25	+04:50:54 (45.6%)	12:10	4.9 (53.8%)
255	FLORCZAK Bartosz	1019		M20	27	01:28:40	04:33:15	06:45:34	08:45:23		10:38:02.55	10:38:13.75	+04:51:05 (45.6%)	12:10	4.9 (53.8%)
256	MILEWSKI Lukasz	1511	12BZ	M30	99	01:34:40	04:27:30	06:32:08	08:35:05		10:37:37.95	10:38:14.40	+04:51:06 (45.6%)	12:10	4.9 (53.8%)
257	NOWAK Mariusz	1070		M30	100	01:39:49	04:27:10	06:27:21	08:32:18		10:38:45.70	10:39:04.10	+04:51:56 (45.7%)	12:11	4.9 (53.8%)
258	WILK Adam	1424		M40	76	01:41:45	04:37:13	06:41:13	08:33:59		10:38:56.55	10:39:10.05	+04:52:02 (45.7%)	12:11	4.9 (53.8%)
259	SZYSZŁOWSKI Waldemar	1305		M30	101	01:34:21	04:50:20	06:48:38	08:36:41		10:39:06.70	10:39:34.10	+04:52:26 (45.7%)	12:11	4.9 (53.8%)
260	GALUS Jacek	1120		M40	77		04:51:50	06:52:41	08:43:44		10:38:54.10	10:39:40.45	+04:52:32 (45.7%)	12:11	4.9 (53.8%)
261	POTEĘGA Izabela	1052	GO APTIV	K30	18	01:39:02	04:48:34	06:46:51	08:41:23		10:40:04.80	10:40:08.95	+04:53:00 (45.8%)	12:12	4.9 (53.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
262	KONKEL Marcin	1444		M40	78		04:40:12	06:39:53	08:38:56		10:41:08.65	10:41:25.50	+04:54:17 (45.9%)	12:14	4.9 (53.8%)
263	SZTUBA Robert	1472	CAŁE ŻYCIE MU ZAWDZIĘCZAM	M40	79	01:43:07	04:33:27	06:30:04	08:33:24		10:41:43.55	10:41:58.15	+04:54:50 (45.9%)	12:14	4.9 (53.8%)
264	PODWYSOCKA Dominika	1103		K30	19	01:42:03	04:47:49	06:45:02	08:39:14		10:42:10.60	10:42:21.45	+04:55:13 (46.0%)	12:15	4.9 (53.8%)
265	SMOLUCH Ryszard	1346		M40	80	01:50:50	04:53:39	06:43:49	08:37:56		10:44:11.20	10:45:01.10	+04:57:53 (46.2%)	12:17	4.9 (53.8%)
266	KOPACKI Grzegorz	19 X	BG	M30	102	01:32:42	04:27:19	06:30:50	08:29:50		10:44:41.75	10:45:01.80	+04:57:53 (46.2%)	12:18	4.9 (53.8%)
267	WNENT Bartosz	1523	SIŁAOGRA.PL	M30	103	01:39:24	04:51:16	06:45:55	08:42:43		10:44:23.10	10:45:02.70	+04:57:54 (46.2%)	12:17	4.9 (53.8%)
268	SCIEPKO Dominik	1319	NO NAME	M30	104	01:54:31	04:47:32	06:43:11	08:34:36		10:44:35.90	10:45:16.80	+04:58:08 (46.2%)	12:18	4.9 (53.8%)
269	OLSZEWSKI Jarosław	1026	NIGHT RUNNERS	M50	13		04:46:42	06:49:00	08:52:49		10:44:51.40	10:45:20.60	+04:58:12 (46.2%)	12:18	4.9 (53.8%)
270	MAŁEK Wojciech	1384		M40	81	01:45:05	04:47:40	06:51:46	08:49:16		10:47:06.50	10:47:33.75	+05:00:25 (46.4%)	12:20	4.9 (53.8%)
271	ABULEWICZ Wojciech	1080	TRENINGSTUDIO17	M50	14	01:44:43	04:51:08	06:46:39	08:46:10		10:47:21.50	10:47:38.25	+05:00:30 (46.4%)	12:21	4.9 (53.8%)
272	IWANICKI Władysław	1403		M60	6	01:40:16	04:39:27	06:39:31	08:48:17		10:47:11.70	10:47:45.50	+05:00:37 (46.4%)	12:21	4.9 (53.8%)
273	CYPRYŚ Joanna	1437	DECTHLON RZESZÓW	K20	6	01:48:23	04:44:34	06:42:04	08:40:36		10:47:38.90	10:48:18.40	+05:01:10 (46.5%)	12:21	4.9 (53.8%)
274	SOŚNIA Wojciech	1104	PIĘKNI I BESTIE	M40	82	01:31:05	04:47:59	06:45:02	08:42:24		10:48:38.50	10:48:44.10	+05:01:36 (46.5%)	12:22	4.8 (52.7%)
275	MILCZAREK Magdalena	1032		K30	20	01:43:17	04:47:06	06:54:53	08:46:16		10:48:16.05	10:48:48.40	+05:01:40 (46.5%)	12:22	4.8 (52.7%)
276	STAWARZ Paweł	1165	ELITE RUNNERS CLUB	M50	15	01:39:43	04:57:34	06:49:18	08:47:54		10:49:03.25	10:49:22.55	+05:02:14 (46.5%)	12:23	4.8 (52.7%)
277	KĘTRZYŃSKI Filip	1017	WKURW_TEAM / ZABIEGANI MIELEC	M20	28	01:43:15	04:42:28	06:43:43	08:37:59		10:48:50.55	10:49:32.05	+05:02:24 (46.6%)	12:22	4.8 (52.7%)
278	CYLKE Marcin	1022		M30	105	01:41:27	04:44:53	06:44:06	08:47:25		10:48:56.55	10:49:39.30	+05:02:31 (46.6%)	12:23	4.8 (52.7%)
279	ZAJĄC Łukasz	1485	KOMPARIO TEAM	M20	29	01:39:37	04:37:14	06:41:34	08:43:10		10:49:43.90	10:50:05.65	+05:02:57 (46.6%)	12:23	4.8 (52.7%)
280	SMARZEWSKA Justyna	1237		K40	17	01:43:39	04:40:34	06:31:06	08:32:56		10:50:10.45	10:50:38.95	+05:03:30 (46.6%)	12:24	4.8 (52.7%)
281	DĄBROWSKI Michał	1425	TEAM ZABIEGANEDNI	M40	83	01:41:00	04:42:22	06:39:23	08:32:52		10:50:08.65	10:50:39.15	+05:03:31 (46.6%)	12:24	4.8 (52.7%)
282	OSTROWSKI Jarek	1368		M40	84	01:40:40	04:44:36	06:46:03	08:45:13		10:50:54.85	10:51:31.60	+05:04:23 (46.7%)	12:25	4.8 (52.7%)
283	SZAFRAN Bartosz	1244	MARTINI LITE	M20	30	01:34:04	04:36:04	06:41:53	08:44:44		10:51:23.00	10:51:33.55	+05:04:25 (46.7%)	12:25	4.8 (52.7%)
284	MIERZWA Maciej	1196	MARTINI LITE	M20	31	01:34:10	04:37:03	06:42:03	08:44:54		10:51:33.60	10:51:33.60	+05:04:25 (46.7%)	12:26	4.8 (52.7%)
285	GRENDA Krzysztof	1294		M40	85	01:30:07	04:36:17	06:39:10	08:48:49		10:51:17.70	10:51:35.25	+05:04:27 (46.7%)	12:25	4.8 (52.7%)
286	SZEREMETA Grzegorz	1395	CIDRY LOTAJOM	M40	86	01:41:20	04:40:52	06:47:03	08:46:00		10:51:29.60	10:51:45.70	+05:04:37 (46.7%)	12:25	4.8 (52.7%)
287	HUZAREWICZ Henryk	1396	CIDRY LOTAJOM	M40	87	01:41:25	04:46:22	06:47:04	08:46:03		10:51:30.05	10:51:46.35	+05:04:38 (46.7%)	12:25	4.8 (52.7%)
288	ŁUCHNIAK Kuba	1188	HUSARIA RACE TEAM	M20	32		04:38:16	06:50:21	08:42:20		10:51:03.60	10:51:49.30	+05:04:41 (46.7%)	12:25	4.8 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
289	PĘKSYK Miłosz	1102		M20	33	01:43:55	04:36:52	06:34:48	08:33:26		10:51:45.05	10:52:14.85	+05:05:06 (46.8%)	12:26	4.8 (52.7%)
290	KOŚCIELNIAK Maksymilian	1250	-	M20	34	01:43:54	04:36:47	06:34:45	08:33:22		10:51:45.75	10:52:15.15	+05:05:07 (46.8%)	12:26	4.8 (52.7%)
291	TOPOŁOWSKI Michał	1206		M20	35	01:48:30	04:52:08	06:47:04	08:40:34		10:52:05.35	10:52:55.90	+05:05:47 (46.8%)	12:26	4.8 (52.7%)
292	BURKIEWICZ-SLIWA Bernadetta	1478		K30	21	01:48:26	04:52:14	06:54:44	08:55:09		10:52:45.85	10:53:17.85	+05:06:09 (46.9%)	12:27	4.8 (52.7%)
293	KUŚ Jakub	1477		M20	36	01:48:26	04:52:15	06:54:45	08:55:10		10:52:45.85	10:53:18.30	+05:06:10 (46.9%)	12:27	4.8 (52.7%)
294	PIETRYKOWSKI Norbert	1330	VITALABO	M40	88	01:48:09	04:48:04	06:48:25	08:49:19		10:53:00.35	10:53:22.70	+05:06:14 (46.9%)	12:27	4.8 (52.7%)
295	LICHON Jacek	1279	INFINITY RUNNER'S TEAM GRYBÓW	M30	106	01:43:13	04:47:19	06:48:38	08:51:08		10:56:15.70	10:56:25.20	+05:09:17 (47.1%)	12:31	4.8 (52.7%)
296	DURLAK Paweł	1282	INFINITY RUNNER'S TEAM GRYBÓW	M40	89	01:43:10	04:48:52	06:49:03	08:50:36		10:56:17.20	10:56:26.50	+05:09:18 (47.1%)	12:31	4.8 (52.7%)
297	LICHON Wojtek	1278	INFINITY RUNNER'S TEAM GRYBÓW	M40	90	01:43:07	04:48:19	06:49:01	08:51:34		10:56:18.40	10:56:29.00	+05:09:20 (47.1%)	12:31	4.8 (52.7%)
298	DRYGAJLO Tomasz	1180		M30	107		04:52:30	06:58:34	09:01:55		10:56:39.10	10:57:23.15	+05:10:15 (47.2%)	12:31	4.8 (52.7%)
299	BIRULA Michał	1133	XRUNNERS	M30	108	01:47:43	04:44:44	06:45:06	08:46:14		10:57:28.15	10:58:03.50	+05:10:55 (47.2%)	12:32	4.8 (52.7%)
300	FUŁCZYŃSKA - OSTAPOWICZ Małgorzata	1141		K30	22	01:50:57	04:53:52	06:45:06	08:46:14		10:58:54.95	10:59:30.15	+05:12:22 (47.4%)	12:34	4.8 (52.7%)
301	MATUSZEWSKA Małgorzata	1185	RUNNER'S POWER	K40	18	01:47:33	04:57:12	07:10:32	09:02:07		10:58:52.00	10:59:30.45	+05:12:22 (47.4%)	12:34	4.8 (52.7%)
302	KACZMAREK Mirosław	1195		M20	37	01:48:08	04:57:14	07:10:32	09:02:47		10:58:52.10	10:59:30.50	+05:12:22 (47.4%)	12:34	4.8 (52.7%)
303	SZYSZKOWSKI Włodzimierz	1214	DUKE NUKEM PRINCE OF WARSAW	M50	16	01:54:02	04:54:05	06:48:31	08:49:06		10:58:44.00	10:59:33.30	+05:12:25 (47.4%)	12:34	4.8 (52.7%)
304	KASEJA Kacper	1142		M20	38	01:50:01	04:54:48	06:51:31	09:00:57		11:00:17.25	11:01:06.55	+05:13:58 (47.5%)	12:36	4.8 (52.7%)
305	CIURA Rafał	1205	AGDHOME.PL BIEGAMY!	M40	91	01:37:18	04:45:27	06:51:28	08:50:30		11:02:45.10	11:03:18.55	+05:16:10 (47.7%)	12:38	4.7 (51.6%)
306	BAŁAGA Marcin	1524		M40	92	01:49:09	04:54:45	06:48:26	08:55:16		11:04:24.70	11:05:11.00	+05:18:02 (47.8%)	12:40	4.7 (51.6%)
307	GRUCHAŁA Łukasz	1132		M20	39	01:48:28	04:52:12	06:59:15	09:04:55		11:05:49.95	11:06:40.35	+05:19:32 (47.9%)	12:42	4.7 (51.6%)
308	ŁANIEWSKI Łukasz	1340	PSZCZÓŁKOWSKI TEAM	M30	109		04:57:27	07:02:31	09:01:18		11:07:18.35	11:07:50.85	+05:20:42 (48.0%)	12:44	4.7 (51.6%)
309	CHUDY Michał	1441		M30	110	01:43:08	04:39:01	06:50:51	09:01:08		11:10:36.60	11:11:12.85	+05:24:04 (48.3%)	12:47	4.7 (51.6%)
310	DZIEWONSKI Konrad	1459		M40	93	01:49:17		06:53:30	08:53:09		11:12:24.55	11:12:58.95	+05:25:50 (48.4%)	12:49	4.7 (51.6%)
311	WOJCIECHOWSKA Małgorzata	1097	VIKING TRAINING CENTER	K40	19	01:39:13	04:52:56	06:54:51	09:10:06		11:12:56.75	11:13:35.45	+05:26:27 (48.5%)	12:50	4.7 (51.6%)
312	BARCZEWSKA Agnieszka	1302	FC MI SIĘ NIE CHCE	K30	23	01:41:22	04:58:05	07:10:52	09:03:47		11:15:22.15	11:15:35.75	+05:28:27 (48.6%)	12:53	4.7 (51.6%)
313	WÓJTOWICZ Paweł	1065		M40	94	01:42:10	04:49:11	06:44:54	09:18:29		11:15:14.80	11:15:58.40	+05:28:50 (48.6%)	12:53	4.7 (51.6%)
314	BŁĄŻKO Maciej	1234	PRZYSZŁOŚĆ ZACZYNA SIĘ DZIŚ!	M30	111	01:54:43	04:54:40	06:54:59	09:11:26		11:15:24.45	11:15:59.15	+05:28:51 (48.6%)	12:53	4.7 (51.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/ bonifikata	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						9.68km	25km	33.7km	42.8km		52.4km	52.4km			
315	KOŁAKOWSKA Olga	1514		K20	7	01:40:51	04:52:39	07:00:42	09:11:44		11:15:22.55	11:16:04.30	+05:28:56 (48.7%)	12:53	4.7 (51.6%)
316	WOLOSZYK Sebastian	1100		M30	112	01:44:45	04:47:23	06:55:19	08:54:42		11:17:45.05	11:18:03.45	+05:30:55 (48.8%)	12:56	4.6 (50.5%)
317	SKORUPINSKA Katarzyna	1172	KBBOLESŁAWIEC, GOOGLE PAE TEAM	K40	20		04:57:31	07:00:04	09:02:23		11:17:34.40	11:18:05.30	+05:30:57 (48.8%)	12:55	4.6 (50.5%)
318	WIĄCEK Krzysztof	1248	POWIELARNIA MADAS	M50	17	01:43:28	04:55:28	07:07:09	09:09:04		11:19:55.75	11:20:19.15	+05:33:11 (49.0%)	12:58	4.6 (50.5%)
319	STACHYRA Andrzej	1112	LSB	M50	18	01:32:15	04:52:40	06:52:38	09:02:00		11:19:51.10	11:20:21.25	+05:33:13 (49.0%)	12:58	4.6 (50.5%)
320	DZIAŁO Agnieszka	1312		K30	24	01:52:12	04:56:30	07:08:04	09:06:47		11:20:56.30	11:21:10.40	+05:34:02 (49.0%)	12:59	4.6 (50.5%)
321	KUCIŃSKI Marcin	1405	FORMA NA SZCZYT	M30	113	01:32:16	04:56:21	06:57:09	09:08:59		11:27:52.90	11:28:18.00	+05:41:09 (49.6%)	13:07	4.6 (50.5%)
322	GŁUSZKO Justyna	1491	SOLINA TEAM	K30	25	01:38:44	04:44:57	06:41:31	08:41:18	00:30:00	11:28:27.30	11:28:30.70	+05:41:22 (49.6%)	12:33	4.8 (52.7%)
323	AUGUST Ryszard	1209	KOLEGA MARKA I KAJTKA	M50	19		04:56:59	07:16:20	09:18:12		11:28:36.75	11:29:26.95	+05:42:18 (49.7%)	13:08	4.6 (50.5%)
Przekroczony limit czasu: 11:30:00															
324	KLICZEWSKA Katarzyna	1118		K40	21	01:35:36	04:47:21	06:54:23	09:09:05		11:35:23.30	11:35:36.50	+05:48:28 (50.1%)	13:16	4.5 (49.5%)
325	RYBCZYŃSKI Przemysław	1225		M50	20		04:55:11	06:57:52	09:20:28		11:36:54.15	11:37:08.45	+05:50:00 (50.2%)	13:17	4.5 (49.5%)
326	KUREK Staszek	1264		M40	95	01:37:36	04:58:32	07:09:10	09:18:37		11:37:03.45	11:37:11.40	+05:50:03 (50.2%)	13:18	4.5 (49.5%)
327	GASINSKI Krzysztof	1098	PIĘKNI I BESTIE	M30	114	01:31:08	04:48:10	07:01:32	09:08:57		11:38:11.20	11:38:16.90	+05:51:08 (50.3%)	13:19	4.5 (49.5%)
328	NOWAKOWSKI Mirosław	1370		M40	96	01:41:13	04:46:33	06:56:43	09:21:02		11:38:07.45	11:38:28.75	+05:51:20 (50.3%)	13:19	4.5 (49.5%)
329	BUDZYNSKI Jan	1533		M20	40	01:40:52	04:56:32	07:23:09	09:28:08		11:39:52.15	11:40:34.10	+05:53:26 (50.4%)	13:21	4.5 (49.5%)
330	DĄBROWSKA Katarzyna	1266	PANORAMA OBIEKTY SPORTOWE	K30	26	01:44:00	04:57:40	07:16:28	09:20:04		11:48:34.05	11:49:17.20	+06:02:09 (51.1%)	13:31	4.4 (48.4%)
331	WODNICKI Rafał	1233		M40	97	01:38:13	04:54:13	07:23:33	09:30:56		11:51:50.85	11:52:08.50	+06:05:00 (51.3%)	13:35	4.4 (48.4%)
332	PLUTA Sebastian	1315	DZIKIE MUSTANGI	M40	98	01:36:21	04:39:13	06:50:48	09:18:26		11:54:33.40	11:54:55.30	+06:07:47 (51.4%)	13:38	4.4 (48.4%)
333	BOGDANOW Andrzej	1027	ORANGE POLSKA	M50	21	01:33:16	04:55:59	07:28:12	09:28:39		11:54:54.85	11:55:10.50	+06:08:02 (51.5%)	13:38	4.4 (48.4%)
334	DOMARADZKA Violetta	1475		K40	22	01:29:58	04:22:59	06:47:46	09:17:17		12:18:05.25	12:18:17.65	+06:31:09 (53.0%)	14:05	4.3 (47.3%)
	SZOSTEK Filip	1271	JW 2420	M30		01:26:25 DNF	04:13:18 DNF	06:09:12 DNF	08:00:58 DNF		DNF	DNF	-	-	- (0.0%)
	PONCYLIUSZ Marcin	1224		M30		01:54:59 DNF	04:56:53 DNF	06:48:13 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	KISIELEWSKI Konrad	1504	KROK PO KROKU	M40		01:47:51 DNF	04:51:10 DNF	07:03:58 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	JACKOWSKA Ewa	1513	JAROSŁAWSKA GRUPA BIEGOWA 'SOKÓŁ'	K40		DNF	04:56:31 DNF	07:08:37 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	WARKOCZ Marcin	1191	KILL BILL	M30		01:54:09 DNF	04:57:09 DNF	07:27:20 DNF	DNF		DNF	DNF	-	-	- (0.0%)
	HOWANIEC-SIWEK Anna	1192	KILL BILL	K30		01:54:08 DNF	04:57:04 DNF	07:27:24 DNF	DNF		DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas netto	Czas brutto	Różn	Tempo	Tempo
						9.68km	25km	33.7km	42.8km	bonifikata	52.4km	52.4km		min/km	km/h
	NOSAL Tomasz	1005		M30		01:05:15 DNF	02:46:52 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WIĘCH Piotr	1217		M30		01:29:34 DNF	03:48:06 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MARKOWSKI Artur	1168		M50		01:21:12 DNF	03:50:48 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WOŹNIAK Marek	2110	ABOVE2000	M30		01:21:22 DNF	04:18:23 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PAKOSIŃSKI Wojtek	1277	INFINITY RUNNER'S TEAM GRYBÓW	M40		01:29:40 DNF	04:20:58 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ROSIK Robert	1349	ROBERTROSIK	M30		01:30:46 DNF	04:22:08 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BOROWSKI Tomasz	1464	HAMER MIASTKO	M50		01:30:45 DNF	04:22:09 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	HOSS Jan	1023		M30		01:33:50 DNF	04:28:24 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WIELGOCKI Artur	1351		M30		01:35:39 DNF	04:29:52 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BUSZEWSKI Jakub	1473	NO PIE, NO SLEDGEHAMMER TEAM	M30		01:38:10 DNF	04:30:18 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SZCZEPAŃSKI Marcin	1076	EVERRUN	M40		01:33:56 DNF	04:39:48 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MATUSZ Tadeusz	1105		M40		DNF	04:40:38 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STAWOWY Maciej	1021	#PIWONAMECIE	M30		01:32:34 DNF	04:44:45 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PISAREK Karol	1367		M30		01:40:45 DNF	04:50:41 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MATYJASIAK Konrad	1090	RRC WILANÓW	M40		01:29:34 DNF	04:53:06 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	UJMA Paweł	1347	INTERAUTO	M40		01:39:36 DNF	04:54:04 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STRAMEK Wojciech	1440		M20		DNF	04:55:36 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SOKOŁOWSKI Tomasz	1439		M20		DNF	04:55:38 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BORKOWSKI Michał	1249	CB163	M30		01:54:03 DNF	04:57:12 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KOPYŚĆ Jarosław	1492	PSZCZÓŁKOWSKI TEAM	M40		DNF	04:57:24 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PRZYŁUDZKI Janusz	1303		M60		01:51:09 DNF	04:57:45 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WITKOWSKI Sławomir	1238	THE RUNNERS ŚWIECIE	M40		01:49:02 DNF	04:58:21 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MARKIEWICZ Tomasz	1486	TIGRES DEL PAPA	M30		01:50:04 DNF	04:58:29 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	LAJCZAK Jakub	1494		M30		DNF	04:59:14 DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BIENIECKA Anna	1002	OTK RZEZNIK	K40		01:16:46 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	GŁUSZEK Tomasz	1189		M30		01:20:18 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WOJTANOWSKA Karolina	1101	DREAMCHASER TEAM	K20		01:27:44 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas netto	Czas brutto	Różn	Tempo	Tempo
						9.68km	25km	33.7km	42.8km	bonifikata	52.4km	52.4km		min/km	km/h
	JUSZCZAK Mateusz	1126		M20		01:35:40 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ZIELSKI Adam	1034	PRAWDZIWA STAL	M30		01:37:52 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PSZONAK Tomasz	1363		M20		01:38:53 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	POPLAWSKI Arkadiusz	1060	CZARNE OWCE HIPOLITÓW	M40		01:39:41 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STACHYRA Bartłomiej	1113	ŁĘCZNA BIEGA	M20		01:39:46 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	GRZEŚKIEWICZ Tomasz	1450	ODPOCZYWAMWBIEGU.PL	M40		01:40:43 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KUCHMECKI Maciej	1261		M30		01:42:58 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BUŁAT Adam	1442		M30		01:43:09 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	GOŁĄBIEWSKI Jarek	1236		M50		01:43:42 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WOŹNIAK Jarosław	1353		M40		01:43:56 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BAUCZ Daniel	1354		M40		01:43:57 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	AMBO Rafał	1262	R.AMBO	M20		01:44:06 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PROCHOWSKA Beata	1263	R.AMBO	K40		01:44:08 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	POKROPIŃSKI Rafał	1216	T-MOBILE SPORT TEAM	M30		01:44:31 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KOŁOCH Krzysztof	1031	NIGHT RUNNERS	M20		01:44:34 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MAZERSKI Grzegorz	1243		M40		01:45:13 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	POPLAWSKI Krystian	1453		M20		01:47:45 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	DYRCZ Dawid	1288	PMKW	M20		01:48:08 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	DUDEK Marcin	1110		M30		01:48:17 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KARCZYŃSKA Joanna	1456	BIEGANIE=POMAGANIE FAMILI ULTRA TEAM	K40		01:48:17 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SOBCZYK Barbara	1323	HUSARIA RACE TEAM	K20		01:48:51 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	RYTYCH Grzegorz	1181	DROGA DO ULTRA	M30		01:48:52 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BEDNAREK Michał	1381		M30		01:48:53 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	GÓRZNY Łukasz	1159	GO! GOWARZEWO	M40		01:49:06 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PILUJSKI Michał	1240		M30		01:49:09 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	HARNIK Michał	1432	KOPALNIA MOCY	M30		01:49:44 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	NAWROCKI Wojciech	1426		M40		01:49:53 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas netto	Czas brutto	Różn	Tempo	Tempo
						9.68km	25km	33.7km	42.8km	bonifikata	52.4km	52.4km		min/km	km/h
	CZEKALSKI Mariusz	1394	BBL OSTROŁĘKA		M40	01:50:13 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BESZTAK Piotr	1421			M30	01:51:18 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WACHNIENKO Błażej	1145	KGHM COPI RUN		M20	01:51:20 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STANISŁAWSKI Tomasz	1111	KLUB BIEGACZA RTV EURO AGD		M40	01:52:12 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SZEWczyk Katarzyna	1454	MONKEYS' TEAM		K40	01:52:31 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KRUSZEWSKA Emilia	1333			K30	01:52:34 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BINEK Katarzyna	1016	NIGHT RUNNERS		K30	01:52:35 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ŻABKO Aleksandra	1020	NIGHT RUNNERS POZNAŃ		K20	01:52:36 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ŁASKI Krzysztof	1529	BIEGIEM PO PIWO		M50	01:52:40 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	FRANKOWSKI Dariusz	1106	SZAMANI W TRANSIE		M40	01:52:55 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KOWALCZYK Alan	1399			M30	01:53:02 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KNAJP Kinga	1242			K30	01:53:14 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KORBA Ewa	1246	RUNNING 5		K40	01:53:45 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SZELAĞ Michał	1265			M30	01:53:55 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	DUDEK Michał	1174	JURATRIL MFS		M40	01:53:55 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	WUJDA Magdalena	1334	J U V E R U N		K30	01:54:15 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MIŁOSZ Bartłomiej	1009	KASZANKI		M50	01:54:17 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	TOKARZ Paweł	1413	TKKF SOKÓŁ		M40	01:54:35 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	DASZCZYŃSKI Adam	1163	ADASKO TEAM		M40	01:54:40 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KANIEWSKI Michał	1164	DZIKIDZIKTEAM		M20	01:54:49 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PRUSZCZAK Dominika	1115			K30	01:54:59 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MONGIRD Anna	1476			K30	01:55:08 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	SYGUŁA Katarzyna	1035	KB MCKIS JAWORZNO		K40	01:55:20 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	LESZKO Tomasz	1332	AKADEMIABIEGACZA.PL S.L. SALOS-WODNA ŁÓDŹ		M40	01:55:36 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MATOGA Lucyna	1501	M&C		K50	01:57:01 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	BUBICZ Krzysztof	1447	WKURW_TEAM		M30	01:57:03 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	NOWAK Adrian	1147			M30	01:57:46 DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka	Zubracze	Roztoki	Przyslup	Kara/	Czas	Czas	Tempo	Tempo
						9.68km	25km	33.7km	42.8km	bonifikata	netto	brutto		
	ZIĘNTEK Wojtek	1059		M40		01:57:47 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	JABŁOŃSKI Kazimierz	1391		M60		01:57:48 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	LISIECKI Jakub	1286	UCIEKINIERZY	M20		01:57:50 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	GARDZIEJEWSKA Agnieszka	1311		K30		01:57:53 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	JĘDRZEJCZAK Sławomir	1042		M40		01:57:57 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	CHORBIŃSKI Krystian	1281		M30		01:58:00 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	PELCZAR Jakub	1285		M30		01:58:01 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	NIECHOĆKO Agata	1149	UCIEKINIERZY	K40		01:58:26 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	BALCEWICZ Alfred	1117	BIEGNIJ Z PROSERVICE	M20		01:59:13 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	JEDLIŃSKA Izabela	1519	MARATOŃCZYK DĘBICA	K30		01:59:54 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	BILSKI Piotr	1383	TĘCZA	M30		02:00:43 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	URBAŃCZYK Marcin	1389	PRESONALTRIATHLON	M30		02:01:28 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	ZABOROWSKA-SOŁTYS Małgorzata	1150		K40		02:01:35 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	SOŁTYS Krzysztof	1151		M40		02:01:37 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	LAMCHA Anna	1355	GRUPA BIEGOWA 65	K40		02:02:36 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	RĘKOSIEWICZ-TOKARZ Monika	1412	TKKF SOKÓŁ	K40		02:03:03 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	KARAŚ Magdalena	1316		K20		02:04:38 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	CHOROŚ Sylwia	1314		K30		02:04:39 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	KLAMCZYŃSKI Grzegorz	1420	ULTRA RUNNERS	M20		02:05:08 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	GOLA Tomasz	1397		M40		02:10:19 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	TARNOWSKA Małgorzata	1215	WSZYSTKOOBIEGANIU.PL	K30		02:15:57 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	BUDZISZ Rajmund	1321		M30		02:21:09 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	TRZCINSKI Jakub	1446		M20		02:47:32 DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	MICHNIEWSKI Piotr	1204	GIT EKIPA	M30		DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	MAJEWSKI Wiesław	1184	MARMEL TORUŃ	M50		DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)
	STOŁOWSKI Robert	1298	KS DEBIUT WIELEŃ	M40		DNF	DNF	DNF	DNF		DNF	DNF	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lopienka 9.68km	Zubracze 25km	Roztoki 33.7km	Przyslup 42.8km	Kara/ bonifikata	Czas netto 52.4km	Czas brutto 52.4km	Różn	Tempo min/km	Tempo km/h
	KSIĘŻAK Sylwester	1179	EXCELLENT HOUSE TEAM	M30		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ZAPIÓR Marek	1331	ZET	M50		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	PROCNER Marcin	1469	BRAK	M40		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STONOGA Tomasz	1241	KITE&RUN FAN	M40		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	ĆWIRZEŃ Marcin	1358	RMF4 RACING TEAM	M30		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MARKUSIK Paweł	1202		M30		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	HALEK Przemek	1178		M30		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	STEC Iwona	1226		K20		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MATUSZEWSKI Artur	1037		M40		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	MALUŚKIEWICZ Grzegorz	1219		M30		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)
	KUBASIEWICZ Paweł	1373	BEZNAPINY	M50		DNF	DNF	DNF	DNF		DNF	DNF		-	- (0.0%)

Znaleziono 458 wynik(ów)