



Wydarzenie: VII FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-05-28
Miejsce: Cisna
Dystans: 47.6 km

RZEŹNIK SKY

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Orlik 1 23km	Orlik 2 23.2km	Czas netto 47.6km	Różn	Tempo min/km	Tempo km/h
1	LEWANDOWSKA Edyta	2553	ONRUNNING TEAM	K40	1	02:30:26	02:31:54	05:51:03.00		7:22	8.1 (100%)
2	ZAJĄC Katarzyna	2514	4K TEAM TARNÓW ULTRAFUN ML	K40	2	02:49:58	02:52:14	06:41:55.25	+00:50:52 (12.7%)	8:26	7.1 (87.7%)
3	GAWLEWICZ Krystyna	2580	GAWĘŁKI TEAM	K40	3	02:56:04	02:58:21	06:45:30.70	+00:54:27 (13.4%)	8:31	7 (86.4%)
4	BIENIECKA Anna	2335	BIEG RZEŹNIKA	K40	4	03:00:46	03:02:29	07:04:59.15	+01:13:56 (17.4%)	8:55	6.7 (82.7%)
5	TURSKA Agnieszka	2328	DUDYCZ RUN	K40	5	03:25:02	03:32:12	08:01:41.95	+02:10:38 (27.1%)	10:07	5.9 (72.8%)
6	WALERJAN-RUSEK Agnieszka	2149	AZS AWF KRAKÓW MASTERS	K40	6	03:21:58	03:31:59	08:05:26.55	+02:14:23 (27.7%)	10:11	5.9 (72.8%)
7	WOJCIECHOWSKA Małgorzata	2396	VIKING TRAINING CENTER TYCHY	K40	7	03:19:06	03:25:55	08:10:39.15	+02:19:36 (28.5%)	10:18	5.8 (71.6%)
8	ADAMOWICZ Agnieszka	2001	ZWOLEŃNICY BIEGANIA	K40	8	03:43:42	03:47:01	08:21:38.00	+02:30:35 (30.0%)	10:32	5.7 (70.4%)
9	PILECKA Małgorzata	2374	RUNEDA	K40	9	03:26:50	03:40:25	08:23:10.00	+02:32:07 (30.2%)	10:34	5.7 (70.4%)
10	NOWAK Anna	2101	RUNONLINE.PL	K40	10	03:34:48	03:38:28	08:24:38.00	+02:33:35 (30.4%)	10:36	5.7 (70.4%)
11	LEŚNIAK-POPIEL Marta	2361	DZIEWCZYNY Z SANOKA	K40	11	03:56:23	04:02:29	08:37:19.65	+02:46:16 (32.1%)	10:52	5.5 (67.9%)
12	CEBRAT Ewa	2336	DZIEWCZYNY Z SANOKA	K40	12	03:56:24	04:02:31	08:37:19.90	+02:46:16 (32.1%)	10:52	5.5 (67.9%)
13	KRZYZIŃSKA Sylwia	2358	DOGOŃ GRODZISK MAZOWIECKI	K40	13	03:50:06	04:00:26	08:58:08.20	+03:07:05 (34.8%)	11:18	5.3 (65.4%)
14	SZNAJDER Joanna	2144	REJMAN KAZAŁ, -)	K40	14	03:58:57	04:16:37	09:09:23.80	+03:18:20 (36.1%)	11:32	5.2 (64.2%)
15	KOCZUR Tamara	2244	MYSZKÓW BIEGA	K40	15	03:57:42	04:17:36	09:11:57.95	+03:20:54 (36.4%)	11:35	5.2 (64.2%)
16	CUDNIK Agnieszka	2021	KTUKOL GŁUCHOŁAZY	K40	16	04:00:06	04:16:37	09:18:11.45	+03:27:08 (37.1%)	11:43	5.1 (63.0%)
17	NICIEJA Anna	2099		K40	17	03:59:06	04:04:31	09:19:24.20	+03:28:21 (37.2%)	11:45	5.1 (63.0%)
18	TRZOSIŃSKA Katarzyna	2223	BORKI TEAM	K40	18	04:07:13	04:14:57	09:19:57.95	+03:28:54 (37.3%)	11:45	5.1 (63.0%)
19	HERBEC-LABOCHA Magdalena	2045		K40	19	03:55:25	03:58:20	09:20:26.30	+03:29:23 (37.4%)	11:46	5.1 (63.0%)
20	PARZYCH Katarzyna	2461	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K40	20	03:54:30	04:00:01	09:24:29.55	+03:33:26 (37.8%)	11:51	5.1 (63.0%)
21	KASPERCZYK Aleksandra	2060		K40	21	04:00:07	04:18:15	09:29:36.05	+03:38:33 (38.4%)	11:57	5 (61.7%)
22	KOSEWSKA Monika	2438	SFORA BMK	K40	22	04:21:57	04:34:19	09:48:03.15	+03:57:00 (40.3%)	12:21	4.9 (60.5%)
23	SZCZYPLIŃSKA Anna	2486	SFORA BMK	K40	23	04:04:16	04:30:52	10:05:00.40	+04:13:57 (42.0%)	12:42	4.7 (58.0%)
24	ADAMCZYK Ilona	2000	KB BIAŁA BIEGA	K40	24	04:08:31	04:21:30	10:07:43.30	+04:16:40 (42.2%)	12:46	4.7 (58.0%)
25	BĄCZEK Agata	2531		K40	25	04:03:23	04:22:43	10:11:37.80	+04:20:34 (42.6%)	12:50	4.7 (58.0%)
26	PANEK Agata	2530	GRUPA JURA.PL	K40	26	04:03:24	04:22:48	10:11:37.85	+04:20:34 (42.6%)	12:50	4.7 (58.0%)
27	GRUCA-MACIĄŻEK Magdalena	2344	GRUPA JURA PL	K40	27	04:04:21	04:22:43	10:11:38.40	+04:20:35 (42.6%)	12:50	4.7 (58.0%)
28	RYSIŃSKA Magda	2126		K40	28	04:12:11	04:28:20	10:13:20.90	+04:22:17 (42.8%)	12:53	4.7 (58.0%)
29	ORZECHOWSKA Agnieszka	2540		K40	29	04:13:55	04:26:27	10:20:56.50	+04:29:53 (43.5%)	13:02	4.6 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Orlik		Czas netto 47.6km	Różn	Tempo min/km	Tempo km/h
						23km	23.2km				
30	SROCZYŃSKA Justyna	2387	OSTRESROKI	K40	30	04:14:50	04:28:22	10:26:26.80	+04:35:23 (44.0%)	13:09	4.6 (56.8%)
31	STANKOWSKA Justyna	2389	KIJKOWE TRZEMESZNO	K40	31	04:04:01	04:14:17	10:30:59.85	+04:39:56 (44.4%)	13:15	4.5 (55.6%)
32	WÓJTOWICZ Izabela	2162		K40	32	04:20:18	04:28:25	10:33:02.60	+04:41:59 (44.5%)	13:17	4.5 (55.6%)
33	KAMIŃSKA Ewa	2432	SPRINTEX TEAM	K40	33	03:42:23	04:15:56	10:43:49.80	+04:52:46 (45.5%)	13:31	4.4 (54.3%)
34	JEZIERSKA Katarzyna	2189	SUPADUPAFLY	K40	34	04:33:33	04:52:41	10:44:04.40	+04:53:01 (45.5%)	13:31	4.4 (54.3%)
35	KOZAKIEWICZ Aneta	2068	ZWOLEŃNICY BIEGANIA	K40	35	04:01:15	04:07:43	10:52:13.75	+05:01:10 (46.2%)	13:42	4.4 (54.3%)
36	BACZYŃSKA Aneta	2229	YULO RUN TEAM SIEDLCE	K40	36	04:30:56	04:45:31	10:53:49.10	+05:02:46 (46.3%)	13:44	4.4 (54.3%)
37	GUTT Marlena	2042		K40	37	04:30:43	04:52:10	10:56:54.50	+05:05:51 (46.6%)	13:48	4.3 (53.1%)
38	RADZIWNOWICZ Adriana	2123		K40	38	04:42:24	05:08:53	11:02:07.15	+05:11:04 (47.0%)	13:54	4.3 (53.1%)
39	BIAŁECKA Sylwia	2334	EVERRUN	K40	39	04:25:57	04:46:00	11:07:56.45	+05:16:53 (47.4%)	14:01	4.3 (53.1%)
40	PŁUCIENNICZAK Barbara	2207		K40	40	04:34:04	04:45:39	11:12:47.05	+05:21:44 (47.8%)	14:08	4.2 (51.9%)
41	KURAS-SMOLNIK Magdalena	2195	SIERADZBIEGA.PL	K40	41	04:54:44	04:59:58	11:21:47.45	+05:30:44 (48.5%)	14:19	4.2 (51.9%)
42	WĄGRODZKA Małgorzata	2150		K40	42	04:30:48	05:00:11	11:30:35.05	+05:39:32 (49.2%)	14:30	4.1 (50.6%)
43	PAWŁOWSKA-LIS Marusia	2111		K40	43	04:53:54	05:03:03	11:31:19.95	+05:40:16 (49.2%)	14:31	4.1 (50.6%)
44	KALINOWSKA Małgorzata	2054		K40	44	04:53:54	05:03:07	11:31:20.10	+05:40:17 (49.2%)	14:31	4.1 (50.6%)
45	KSIĘŻOPOLSKA Małgorzata	2570		K40	45	04:33:51	04:48:33	11:35:41.05	+05:44:38 (49.5%)	14:36	4.1 (50.6%)
46	GÓRECKA Anna	2038	ORANGE POLSKA	K40	46	04:42:16	05:08:45	11:44:16.45	+05:53:13 (50.2%)	14:47	4.1 (50.6%)
47	DROSIK - KWAŚNIEWSKA Anna	2180		K40	47	05:10:22	05:14:14	12:02:48.30	+06:11:45 (51.4%)	15:11	4 (49.4%)
48	DONIEC Katarzyna	2179	AGARUN	K40	48	04:53:37	05:00:18	12:03:30.40	+06:12:27 (51.5%)	15:11	3.9 (48.1%)
49	BURZ-PARADOWSKA Jowita	2014	BYLE DO METY	K40	49	05:06:20	05:16:28	12:12:47.95	+06:21:44 (52.1%)	15:23	3.9 (48.1%)
50	JUSZCZYK Małgorzata	2190	NIEPOŁOMICE BIEGAJA	K40	50	05:07:53	05:27:47	12:18:01.50	+06:26:58 (52.4%)	15:30	3.9 (48.1%)
51	CZARNOCKA Joanna	2285	ROZBIEGANY SULEJÓWEK	K40	51	05:17:54	05:47:09	12:25:00.25	+06:33:57 (52.9%)	15:39	3.8 (46.9%)
52	GÓRKA Jolanta	2236	SUSKA GRUPA BIEGOWA	K40	52	04:52:51	05:08:07	12:26:03.00	+06:35:00 (52.9%)	15:40	3.8 (46.9%)
53	WEILAND Emila	2393		K40	53	04:57:21	05:27:29	12:28:37.90	+06:37:34 (53.1%)	15:43	3.8 (46.9%)
54	KOŚCIELNIAK Dagmara	2353	CZERWONACKIE KIJANKI	K40	54	05:27:51	05:42:19	12:47:05.65	+06:56:02 (54.2%)	16:06	3.7 (45.7%)
55	SKROŃSKA Monika	2214	WYBIEGAJ SIEBIE	K40	55	05:19:24	05:31:34	12:52:14.10	+07:01:11 (54.5%)	16:13	3.7 (45.7%)
56	KOZAK Beata	2193	WYBIEGAJ SIEBIE	K40	56	05:19:22	05:31:42	12:52:14.30	+07:01:11 (54.5%)	16:13	3.7 (45.7%)
57	FORMELA Justyna	2410		K40	57	05:09:35	05:27:21	13:37:58.00	+07:46:55 (57.1%)	17:11	3.5 (43.2%)
58	SYGUŁA Katarzyna	2307	WKURW_TEAM	K40	58	06:18:16	06:35:00	13:53:26.95	+08:02:23 (57.9%)	17:30	3.4 (42.0%)
59	MUSIAŁ Bożena	2098	WARTKIE PIERONY	K40	59	06:13:14	06:25:19	14:17:46.25	+08:26:43 (59.1%)	18:01	3.3 (40.7%)
60	LESISZ Katarzyna	2078	WARTKIE PIERONY	K40	60	06:13:16	06:25:22	14:17:47.30	+08:26:44 (59.1%)	18:01	3.3 (40.7%)
61	PAWŁOWSKA Danuta	2110	WKURW_TEAM	K40	61	06:30:03	26:03:37	34:48:27.30	+28:57:24 (83.2%)	43:52	1.4 (17.3%)
	WINICKA Daria	2499		K40		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 62 wynik(ów)