

# RZEŹNIK ULTRA 2016 - 100KM

B4SPORT

**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-05-21  
**Miejsce:** Cisna  
**Dystans:** 100 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.7km	38.8km	48.9km	71km	92km	Czas netto 103km	Czas brutto 103km	Różn	Tempo min/km	Tempo km/h
1	<b>ĆWIK Iwona</b>	<b>1033</b>		K30	1	02:03:45	05:06:26	05:58:22	09:57:03	13:16:29	<b>14:38:21.90</b>	<b>14:38:21.90</b>		8:31	7 (100%)
2	<b>BENEDYKCIŃSKA Katarzyna</b>	<b>1218</b>	SMOK TRÓJGŁOWY	K30	2	02:10:34	05:11:54	06:08:47	11:00:00	14:44:42	<b>16:21:53.80</b>	<b>16:21:53.80</b>	+01:43:31 (10.5%)	9:31	6.3 (90.0%)
3	<b>JANERKA MORON Marzka</b>	<b>1316</b>	DZIABNIĘCI	K30	3	02:16:05	05:36:11	06:40:03	11:12:34	14:48:34	<b>16:25:25.60</b>	<b>16:25:25.60</b>	+01:47:03 (10.9%)	9:34	6.3 (90.0%)
4	<b>POLAK Ewa</b>	<b>1308</b>	TKS BÓBR	K30	4	02:15:55	05:42:34	06:38:24	11:14:38	15:00:51	<b>16:30:40.40</b>	<b>16:30:40.40</b>	+01:52:18 (11.3%)	9:37	6.2 (88.6%)
5	<b>WOSKOWSKA Magdalena</b>	<b>1133</b>	RAFAKO	K30	5	02:33:04	06:12:44	07:19:46	12:04:56	15:46:55	<b>17:35:33.65</b>	<b>17:35:33.65</b>	+02:57:11 (16.8%)	10:14	5.9 (84.3%)
6	<b>BŁASIAK Renata</b>	<b>1000</b>	PRZEWODNIK BESKIDZKI	K30	6	02:14:22	05:38:17	06:43:39	11:37:18	15:58:24	<b>17:43:39.20</b>	<b>17:43:39.20</b>	+03:05:17 (17.4%)	10:19	5.8 (82.9%)
7	<b>CHRZAŚCIK Anna</b>	<b>1537</b>	REHMEDICA, HARMONIA FITNESS	K30	7	02:37:34	06:23:27	07:30:42	12:21:15	16:17:56	<b>18:04:25.90</b>	<b>18:04:25.90</b>	+03:26:04 (19.0%)	10:31	5.7 (81.4%)
8	<b>SOKÓŁ Sylwia</b>	<b>1533</b>		K30	8	02:38:37	06:21:54	07:33:19	12:32:33	17:01:22	<b>18:23:54.65</b>	<b>18:23:54.65</b>	+03:45:32 (20.4%)	10:43	5.6 (80.0%)
9	<b>DOMINIAK Klaudia</b>	<b>1022</b>	BIKEBOARD	K30	9	02:28:09	06:10:15	07:17:56	11:56:21	16:41:55	<b>18:29:13.70</b>	<b>18:29:13.70</b>	+03:50:51 (20.8%)	10:46	5.6 (80.0%)
10	<b>RUTKOWSKA Małgorzata</b>	<b>1436</b>		K30	10	02:28:58	06:21:07	07:28:07	12:15:54	17:03:47	<b>19:06:24.35</b>	<b>19:06:24.35</b>	+04:28:02 (23.4%)	11:07	5.4 (77.1%)
11	<b>CIEŚLAK Dominika</b>	<b>1435</b>		K30	11	02:29:42	06:23:42	07:29:33	12:54:16	17:42:43	<b>19:38:36.35</b>	<b>19:38:36.35</b>	+05:00:14 (25.5%)	11:26	5.2 (74.3%)
12	<b>CHRZANOWSKA Barbara</b>	<b>1462</b>	CSIR AGATSU / ZDZIERAJ KAPCIE	K30	12	02:36:46	06:53:25	08:01:18	13:37:22	18:01:03	<b>19:56:51.50</b>	<b>19:56:51.50</b>	+05:18:29 (26.6%)	11:37	5.2 (74.3%)

Znaleziono 12 wynik(ów)