

RZEŹNIK ULTRA 2016 - 100KM

B4SPORT

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-05-21
Miejsce: Cisna
Dystans: 100 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 17.7km | 38.8km | 48.9km | 71km | 92km | Czas netto 103km | Czas brutto 103km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-------------|-----------------------------------|-----------|------|----------|----------|----------|----------|----------|--------------------|--------------------|----------------------|--------------|----------------|
| 1 | ĆWIK Iwona | 1033 | | K30 | 1 | 02:03:45 | 05:06:26 | 05:58:22 | 09:57:03 | 13:16:29 | 14:38:21.90 | 14:38:21.90 | | 8:31 | 7 (100%) |
| 2 | BENEDYKCIŃSKA Katarzyna | 1218 | SMOK TRÓJGŁOWY | K30 | 2 | 02:10:34 | 05:11:54 | 06:08:47 | 11:00:00 | 14:44:42 | 16:21:53.80 | 16:21:53.80 | +01:43:31 (10.5%) | 9:31 | 6.3 (90.0%) |
| 3 | JANERKA MORON Marzka | 1316 | DZIABNIĘCI | K30 | 3 | 02:16:05 | 05:36:11 | 06:40:03 | 11:12:34 | 14:48:34 | 16:25:25.60 | 16:25:25.60 | +01:47:03 (10.9%) | 9:34 | 6.3 (90.0%) |
| 4 | POLAK Ewa | 1308 | TKS BÓBR | K30 | 4 | 02:15:55 | 05:42:34 | 06:38:24 | 11:14:38 | 15:00:51 | 16:30:40.40 | 16:30:40.40 | +01:52:18 (11.3%) | 9:37 | 6.2 (88.6%) |
| 5 | KSIĘŻNIK Dorota | 1139 | | K40 | 1 | 02:27:33 | 06:03:08 | 07:03:45 | 12:00:30 | 15:42:48 | 17:24:54.85 | 17:24:54.85 | +02:46:32 (15.9%) | 10:08 | 5.9 (84.3%) |
| 6 | WOSKOWSKA Magdalena | 1133 | RAFAKO | K30 | 5 | 02:33:04 | 06:12:44 | 07:19:46 | 12:04:56 | 15:46:55 | 17:35:33.65 | 17:35:33.65 | +02:57:11 (16.8%) | 10:14 | 5.9 (84.3%) |
| 7 | BŁASIAK Renata | 1000 | PRZEWODNIK BESKIDZKI | K30 | 6 | 02:14:22 | 05:38:17 | 06:43:39 | 11:37:18 | 15:58:24 | 17:43:39.20 | 17:43:39.20 | +03:05:17 (17.4%) | 10:19 | 5.8 (82.9%) |
| 8 | CHRZAŚCIK Anna | 1537 | REHMEDICA, HARMONIA FITNESS | K30 | 7 | 02:37:34 | 06:23:27 | 07:30:42 | 12:21:15 | 16:17:56 | 18:04:25.90 | 18:04:25.90 | +03:26:04 (19.0%) | 10:31 | 5.7 (81.4%) |
| 9 | MACIOSZEK Krystyna | 1266 | | K20 | 1 | 02:37:36 | 06:35:10 | 07:44:13 | 12:29:17 | 16:30:21 | 18:07:33.40 | 18:07:33.40 | +03:29:11 (19.2%) | 10:33 | 5.7 (81.4%) |
| 10 | BILNIK Monika | 1470 | KLA ZABIEGANI CZĘSTOCHOWA | K40 | 2 | 02:27:36 | 06:24:06 | 07:28:14 | 12:32:17 | 16:34:52 | 18:14:48.65 | 18:14:48.65 | +03:36:26 (19.8%) | 10:37 | 5.6 (80.0%) |
| 11 | SOKÓŁ Sylwia | 1533 | | K30 | 8 | 02:38:37 | 06:21:54 | 07:33:19 | 12:32:33 | 17:01:22 | 18:23:54.65 | 18:23:54.65 | +03:45:32 (20.4%) | 10:43 | 5.6 (80.0%) |
| 12 | DOMINIAK Klaudia | 1022 | BIKEBOARD | K30 | 9 | 02:28:09 | 06:10:15 | 07:17:56 | 11:56:21 | 16:41:55 | 18:29:13.70 | 18:29:13.70 | +03:50:51 (20.8%) | 10:46 | 5.6 (80.0%) |
| 13 | RUTKOWSKA Małgorzata | 1436 | | K30 | 10 | 02:28:58 | 06:21:07 | 07:28:07 | 12:15:54 | 17:03:47 | 19:06:24.35 | 19:06:24.35 | +04:28:02 (23.4%) | 11:07 | 5.4 (77.1%) |
| 14 | CIEŚLAK Dominika | 1435 | | K30 | 11 | 02:29:42 | 06:23:42 | 07:29:33 | 12:54:16 | 17:42:43 | 19:38:36.35 | 19:38:36.35 | +05:00:14 (25.5%) | 11:26 | 5.2 (74.3%) |
| 15 | MASIULANIEC Agata | 1108 | BIEGOWYSWIAT.PL/ SKLEPBIEGOWY.COM | K20 | 2 | 02:44:40 | 06:55:45 | 08:08:46 | 13:41:33 | 17:55:29 | 19:44:03.90 | 19:44:03.90 | +05:05:42 (25.8%) | 11:29 | 5.2 (74.3%) |
| 16 | WACHOWSKA Alina | 1499 | SMOK TRÓJGŁOWY | K50 | 1 | 02:34:18 | 06:45:05 | 07:55:34 | 13:29:53 | 17:54:55 | 19:48:53.80 | 19:48:53.80 | +05:10:31 (26.1%) | 11:32 | 5.2 (74.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | 17.7km | 38.8km | 48.9km | 71km | 92km | Czas netto 103km | Czas brutto 103km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------------|-------------------------------|-----------|------|-----------------|-----------------|-----------------|-----------------|----------|--------------------|--------------------|----------------------|--------------|----------------|
| 17 | CHRZANOWSKA Barbara | 1462 | CSIR AGATSU / ZDZIERAJ KAPCIE | K30 | 12 | 02:36:46 | 06:53:25 | 08:01:18 | 13:37:22 | 18:01:03 | 19:56:51.50 | 19:56:51.50 | +05:18:29 (26.6%) | 11:37 | 5.2 (74.3%) |
| 18 | JĘDRZEJOWSKA-DEC Anna | 1013 | OTK RZEŹNIK | K40 | 3 | 02:32:10 | 06:48:51 | 07:56:39 | 13:39:03 | 18:09:36 | 20:10:19.15 | 20:10:19.15 | +05:31:57 (27.4%) | 11:45 | 5.1 (72.9%) |
| 19 | SYPNIEWSKA Hanna | 1438 | SPARTANIE DZIECIOM | K60 | 1 | 02:47:01 | 07:14:47 | 08:22:49 | 14:30:42 | 19:33:54 | 21:16:48.35 | 21:16:48.35 | +06:38:26 (31.2%) | 12:23 | 4.8 (68.6%) |
| | PAŁKOWSKA Agata | 1102 | RUNNING OBSESSION TEAM | K40 | | 02:46:07 DNF | 07:01:39 DNF | 08:22:59 DNF | 16:34:42 DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | RÓŻANKOWSKA Aleksandra | 1273 | STRZELBY Z BRIXTON | K40 | | 02:46:08 DNF | 07:02:33 DNF | 08:25:28 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | BRZEZOWSKA Beata | 1487 | ALBATROSY | K40 | | 02:52:20 DNF | 07:11:59 DNF | 08:26:43 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | JACKOWSKA Ewa | 1089 | JGB 'SOKÓŁ' JAROSŁAW | K40 | | 02:53:18 DNF | DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |
| | WRÓBEL Agnieszka | 1100 | WWW.GO HARDORGOHOME.PL | K20 | | DNF | DNF | DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 24 wynik(ów)