

RZEŹNIK ULTRA 2016 - 100KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Organiser: Fundacja Bieg Rzeźnika
Date: 2016-05-21
Place: Cisna
Distance: 100 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Classification: M30

Place	Participant	Number	Club	Category	MCat	17.7km	38.8km	48.9km	71km	92km	Net time 103km	Czas brutto 103km	Gap	Pace min/km	Pace km/h
1	HRYNIÓW Łukasz	1401	BIEG OPOLSKI	M30	1	01:44:38	04:21:56	05:09:31	09:04:17	12:21:03	13:39:07.00	13:39:07.00		7:57	7.5 (100%)
2	PAJĄK Łukasz	1544		M30	2	02:01:46	05:01:28	05:58:56	09:51:00	13:01:09	14:11:24.70	14:11:24.70	+00:32:17 (3.8%)	8:15	7.3 (97.3%)
3	KOT Rafał	1573	WAY BEHIND HORIZON	M30	3	02:00:50	05:08:37	06:07:06	10:06:38	13:37:07	15:07:28.40	15:07:28.40	+01:28:21 (9.7%)	8:48	6.8 (90.7%)
4	SMOLEŃ Marcin	1076		M30	4	02:08:34	05:12:02	06:18:16	10:28:34	13:59:10	15:22:27.95	15:22:27.95	+01:43:20 (11.2%)	8:57	6.7 (89.3%)
5	WASILEWSKI Krzysztof	1406		M30	5	02:06:34	05:08:42	06:08:09	10:25:26	13:51:41	15:23:27.80	15:23:27.80	+01:44:20 (11.3%)	8:57	6.7 (89.3%)
6	SIGNERSKI Remigiusz	1122	X TEAM KLUB SPORTOWY XTRI.PL	M30	6	02:15:57	05:33:48	06:32:38	10:57:27	14:26:40	15:51:27.80	15:51:27.80	+02:12:20 (13.9%)	9:14	6.5 (86.7%)
7	KOCZWARA Tomek	1005		M30	7	02:04:50	04:46:28	05:39:37	10:36:31	14:22:54	15:56:12.40	15:56:12.40	+02:17:05 (14.3%)	9:17	6.5 (86.7%)
8	ŚLIWKA Cezary	1132	DWAJ ZGRYŹLIWI TETRYCY	M30	8	02:06:21	05:11:02	06:08:10	10:28:33	14:22:48	16:07:01.60	16:07:01.60	+02:27:54 (15.3%)	9:23	6.4 (85.3%)
9	ŚCIUBEŁ Michał	1131	DWAJ ZGRYŹLIWI TETRYCY	M30	9	02:06:22	05:11:02	06:08:09	10:28:33	14:22:47	16:07:01.85	16:07:01.85	+02:27:54 (15.3%)	9:23	6.4 (85.3%)
10	SKOWROŃSKI Rafał	1525		M30	10	02:07:32	05:19:39	06:14:34	10:48:53	14:37:24	16:09:36.65	16:09:36.65	+02:30:29 (15.5%)	9:24	6.4 (85.3%)
11	MAKOWSKI Maciej	1061	KORONA PABIANICE	M30	11	02:20:19	05:43:41	06:40:30	11:11:59	14:42:42	16:12:38.80	16:12:38.80	+02:33:31 (15.8%)	9:26	6.4 (85.3%)
12	SOBLIK Łukasz	1442		M30	12	02:06:47	05:28:01	06:26:20	10:38:44	14:30:20	16:18:26.20	16:18:26.20	+02:39:19 (16.3%)	9:29	6.3 (84.0%)
13	CIEPLIK Łukasz	1235	RUNRECORD.PL / NAVIGATORIA	M30	13	02:13:51	05:37:51	06:36:29	11:12:12	14:40:28	16:19:59.05	16:19:59.05	+02:40:52 (16.4%)	9:30	6.3 (84.0%)
14	KĘPOWICZ Marcin	1116		M30	14	02:09:44	05:17:52	06:16:15	10:31:43	14:26:15	16:28:11.35	16:28:11.35	+02:49:04 (17.1%)	9:35	6.3 (84.0%)
15	TUSZKANOW Grzegorz	1240	TUCHOL TEAM	M30	15	02:17:44	05:33:57	06:33:20	11:10:00	14:53:13	16:28:23.50	16:28:23.50	+02:49:16 (17.1%)	9:35	6.3 (84.0%)
16	WOLNY-DUNST Tomasz	1400	OIRP GDAŃSK / PONIEWIERKA	M30	16	02:28:44	06:10:27	07:22:46	11:41:55	15:00:09	16:29:03.60	16:29:03.60	+02:49:56 (17.2%)	9:36	6.2 (82.7%)
17	KANIA Piotr	1053		M30	17	02:09:53	05:33:28	06:32:50	11:02:55	14:55:56	16:30:06.60	16:30:06.60	+02:50:59 (17.3%)	9:36	6.2 (82.7%)

Place	Participant	Number	Club	Category	MCat	17.7km	38.8km	48.9km	71km	92km	Net time 103km	Czas brutto 103km	Gap	Pace min/km	Pace km/h
18	ZMORZYŃSKI Jakub	1114		M30	18	02:14:01	05:30:53	06:29:38	11:12:51	14:48:35	16:30:22.95	16:30:22.95	+02:51:15 (17.3%)	9:36	6.2 (82.7%)
19	LISIECKI Bartosz	1312		M30	19	02:09:25	05:24:31	06:23:20	10:57:16	14:44:45	16:36:58.90	16:36:58.90	+02:57:51 (17.8%)	9:40	6.2 (82.7%)
20	SZYMAŃSKI Arkadiusz	1242	KB ERGO	M30	20	02:11:09	05:38:25	06:30:22	11:30:55	15:08:56	16:44:11.15	16:44:11.15	+03:05:04 (18.4%)	9:44	6.2 (82.7%)
21	KOWALIK Andrzej	1037	BIEG OPOLSKI	M30	21	01:51:32	04:49:42	05:48:18	11:01:44	14:59:46	16:45:52.10	16:45:52.10	+03:06:45 (18.6%)	9:45	6.1 (81.3%)
22	BARTOSZ Marek	1160		M30	22	02:15:17	05:33:26	06:33:21	11:03:57	15:05:29	16:46:25.05	16:46:25.05	+03:07:18 (18.6%)	9:46	6.1 (81.3%)
23	SZEFER Maciej	1519	VICTORIA ŻYTNO	M30	23	02:25:03	05:50:49	06:52:57	11:27:32	15:21:31	16:53:22.05	16:53:22.05	+03:14:15 (19.2%)	9:50	6.1 (81.3%)
24	LUBOWICKI Łukasz	1243	40-LATEK TYCHY	M30	24	02:16:22	05:35:09	06:39:31	11:28:04	15:07:27	16:53:24.65	16:53:24.65	+03:14:17 (19.2%)	9:50	6.1 (81.3%)
25	SZKODA Dariusz	1476	LP-HP!!!	M30	25	02:10:37	05:44:20	06:52:02	11:36:23	15:37:48	17:24:55.90	17:24:55.90	+03:45:48 (21.6%)	10:08	5.9 (78.7%)
26	SZUKAŁA Damian	1135	ŻARY RUNNERS TEAM	M30	26	02:10:37	05:55:03	06:54:08	11:37:08	15:37:48	17:24:55.95	17:24:55.95	+03:45:48 (21.6%)	10:08	5.9 (78.7%)
27	GRYGIERZEC Grzegorz	1546		M30	27	02:22:00	05:51:08	06:59:01	11:50:30	15:49:32	17:29:17.90	17:29:17.90	+03:50:10 (21.9%)	10:11	5.9 (78.7%)
28	GANC Marcin	1321		M30	28	02:16:51	06:11:50	07:19:13	11:58:04	15:50:38	17:32:27.95	17:32:27.95	+03:53:20 (22.2%)	10:13	5.9 (78.7%)
29	KLINIK Paweł	1137	RAFAKO	M30	29	02:33:04	06:12:43	07:19:45	12:04:50	15:46:55	17:35:18.55	17:35:18.55	+03:56:11 (22.4%)	10:14	5.9 (78.7%)
30	KOLAŃCZYK Filip	1314		M30	30	02:13:08	05:49:30	06:48:27	11:54:11	16:00:11	17:37:22.85	17:37:22.85	+03:58:15 (22.5%)	10:15	5.8 (77.3%)
31	LACHOWICZ Przemysław	1176		M30	31	02:34:08	06:10:21	07:14:02	12:04:26	16:17:22	17:39:50.20	17:39:50.20	+04:00:43 (22.7%)	10:17	5.8 (77.3%)
32	KOLMAJER Rafał	1486	RUN BYDGOSZCZ	M30	32	02:19:02	05:56:51	07:00:50	11:46:02	15:58:24	17:45:47.65	17:45:47.65	+04:06:40 (23.1%)	10:20	5.8 (77.3%)
33	APANASIEWICZ Bartosz	1203	RUNSPACE.PL	M30	33	02:19:02	05:56:51	07:00:51	11:46:03	15:58:22	17:45:49.05	17:45:49.05	+04:06:42 (23.1%)	10:20	5.8 (77.3%)
34	OLAWIŃSKI Karol	1045	TRIATHLON MIETKÓW TEAM	M30	34	02:23:22	06:01:40	07:03:52	11:44:24	16:02:35	17:47:18.45	17:47:18.45	+04:08:11 (23.3%)	10:21	5.8 (77.3%)
35	JODKO-NARKIEWICZ Adam	1069	DALEKO JESZCZE?	M30	35	02:20:59	05:43:21	06:40:26	11:38:24	15:48:09	17:58:27.40	17:58:27.40	+04:19:20 (24.0%)	10:28	5.7 (76.0%)
36	KAPUSTA Paweł	1128		M30	36	02:15:50	05:56:26	06:58:58	11:46:21	15:48:08	17:58:27.80	17:58:27.80	+04:19:20 (24.0%)	10:28	5.7 (76.0%)
37	CZYŻKOWSKI Rafał	1492	CHŁOPAKI Z NIZIN	M30	37	02:08:33	05:05:36	06:06:59	11:32:29	15:44:52	17:58:28.10	17:58:28.10	+04:19:21 (24.0%)	10:28	5.7 (76.0%)
38	FOLAND Bogumił	1461	SPARTA	M30	38	02:12:15	05:39:18	06:53:01	12:15:23	16:27:26	17:59:05.70	17:59:05.70	+04:19:58 (24.1%)	10:28	5.7 (76.0%)
39	MAŃKOWSKI Krzysztof	1075	12TRI.PL MAKERUNEASIER	M30	39	02:20:04	06:20:01	07:23:43	12:05:40	16:04:37	18:00:29.70	18:00:29.70	+04:21:22 (24.2%)	10:29	5.7 (76.0%)
40	ŁUBIEŃSKI Wojciech	1248		M30	40	02:28:36	06:05:44	07:16:57	12:41:43	16:35:51	18:03:19.85	18:03:19.85	+04:24:12 (24.4%)	10:31	5.7 (76.0%)
41	DĄBROWSKI Karol	1448	W POGONI ZA DUCHEM	M30	41	02:18:29	06:03:05	07:15:20	12:02:45	16:15:48	18:04:19.20	18:04:19.20	+04:25:12 (24.5%)	10:31	5.7 (76.0%)

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42	LACHERA Marek	1008	W POGONI ZA DUCHEM	M30	42	02:23:54	06:06:29	07:14:54	12:05:08	16:17:56	18:04:27.15	18:04:27.15	+04:25:20 (24.5%)	10:31	5.7 (76.0%)
43	CIOCH Paweł	1269	PLOTSERWIS TEAM	M30	43	02:37:35	06:35:08	07:45:43	12:36:56	16:36:42	18:05:09.70	18:05:09.70	+04:26:02 (24.5%)	10:32	5.7 (76.0%)
44	KATNER Cezary	1071		M30	44	02:30:37	06:11:18	07:11:27	12:03:03	16:33:38	18:11:04.45	18:11:04.45	+04:31:57 (24.9%)	10:35	5.7 (76.0%)
45	BARANOWSKI Michał	1201		M30	45	02:30:41	06:11:17	07:12:14	12:03:17	16:33:39	18:19:39.50	18:19:39.50	+04:40:32 (25.5%)	10:40	5.6 (74.7%)
46	PAJDOSZ Rafał	1149	KB BIAŁA BIEGA	M30	46	02:15:20	05:46:01	06:47:42	12:05:06	16:17:38	18:23:43.15	18:23:43.15	+04:44:36 (25.8%)	10:42	5.6 (74.7%)
47	SĘK Tomasz	1311		M30	47	02:10:35	06:01:21	07:06:08	12:14:49	16:40:27	18:30:35.10	18:30:35.10	+04:51:28 (26.2%)	10:46	5.6 (74.7%)
48	SZYPOWSKI Marcin	1156	KOSZALIN	M30	48	02:34:33	06:11:40	07:18:53	12:21:34	16:57:13	18:34:48.00	18:34:48.00	+04:55:41 (26.5%)	10:49	5.5 (73.3%)
49	SIEMIŃSKI Radosław	1550		M30	49	02:33:54	06:17:54	07:28:45	12:25:21	16:39:34	18:37:07.30	18:37:07.30	+04:58:00 (26.7%)	10:50	5.5 (73.3%)
50	SAMBOR Mariusz	1099	WUJEK BIEGA	M30	50	02:26:13	06:10:30	07:14:02	12:28:49	16:53:12	18:40:45.50	18:40:45.50	+05:01:38 (26.9%)	10:52	5.5 (73.3%)
51	BRODOWSKI Michał	1403		M30	51	02:29:46	06:25:46	07:28:44	12:49:17	16:53:58	18:43:15.15	18:43:15.15	+05:04:08 (27.1%)	10:54	5.5 (73.3%)
52	PELPLIŃSKI Piotr	1250	INTEL RUNNERS	M30	52	02:22:55	07:04:53	08:07:04	13:18:52	17:09:40	18:45:28.65	18:45:28.65	+05:06:21 (27.2%)	10:55	5.5 (73.3%)
53	WAWRZYŃIAK Michał	1264	KLUB BIEGACZA WARTA	M30	53	02:27:42	06:21:39	07:19:15	12:28:58	16:58:32	18:50:51.70	18:50:51.70	+05:11:44 (27.6%)	10:58	5.5 (73.3%)
54	WAJDA Grzegorz	1180	KW GLIWICE	M30	54	02:05:44	06:07:26	07:14:21	12:04:24	17:06:47	18:54:50.20	18:54:50.20	+05:15:43 (27.8%)	11:01	5.4 (72.0%)
55	ZASŁONKA Konrad	1050		M30	55	02:27:40	06:12:50	07:26:33	12:35:49	16:47:36	19:02:30.55	19:02:30.55	+05:23:23 (28.3%)	11:05	5.4 (72.0%)
56	MUSZYŃSKI Krzysztof	1143		M30	56	02:27:41	06:12:50	07:26:34	12:28:48	16:44:16	19:02:31.05	19:02:31.05	+05:23:24 (28.3%)	11:05	5.4 (72.0%)
57	WIĄCEK Mirosław	1198	WATER TEAM	M30	57	02:35:36	06:51:13	08:01:14	13:21:58	17:30:23	19:03:49.10	19:03:49.10	+05:24:42 (28.4%)	11:06	5.4 (72.0%)
58	NOWAKOWSKI Paweł	1123	MOJEULTRABIEGANIE.PL	M30	58	02:15:41	06:07:05	07:14:21	12:28:41	17:16:55	19:09:14.35	19:09:14.35	+05:30:07 (28.7%)	11:09	5.4 (72.0%)
59	ZUBOWICZ Jakub	1280	ŻWAWĘ ŻUBRY	M30	59	02:41:41	06:38:04	07:54:08	12:50:18	17:02:31	19:10:24.80	19:10:24.80	+05:31:17 (28.8%)	11:10	5.4 (72.0%)
60	JANECKA Artur	1127		M30	60	02:21:31	06:34:53	07:50:06	12:51:42	17:39:32	19:22:50.40	19:22:50.40	+05:43:43 (29.6%)	11:17	5.3 (70.7%)
61	DUDEK Bartłomiej	1540	12TRI.PL	M30	61	02:43:12	06:55:29	08:05:12	13:28:00	17:39:35	19:22:50.85	19:22:50.85	+05:43:43 (29.6%)	11:17	5.3 (70.7%)
62	PILECKI Maciej	1009		M30	62	02:27:17	06:20:38	07:23:58	12:50:56	17:47:10	19:37:23.80	19:37:23.80	+05:58:16 (30.4%)	11:25	5.2 (69.3%)
63	ZIEMBA Przemysław	1191	BRACIK ZIEMBA TEAM	M30	63	02:15:27	06:31:36	07:53:26	13:08:52	17:39:03	19:41:59.65	19:41:59.65	+06:02:52 (30.7%)	11:28	5.2 (69.3%)
64	KORDOWICZ Łukasz	1439	BIŁGORAJ ULTRA TRAIL	M30	64	02:34:32	06:32:27	07:39:01	12:38:00	17:03:47	19:42:16.45	19:42:16.45	+06:03:09 (30.7%)	11:28	5.2 (69.3%)
65	KOBELUK Damian	1468	BIŁGORAJ ULTRA TRAIL	M30	65	02:34:32	06:32:31	07:39:04	12:48:17	17:25:02	19:42:20.60	19:42:20.60	+06:03:13 (30.7%)	11:28	5.2 (69.3%)

Place	Participant	Number	Club	Category	MCat	17.7km	38.8km	48.9km	71km	92km	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
											103km	103km			
66	ZAJĄC Filip	1066	GÓRAL ŚWIĘTOKRZYSKI / SK KICKBOXING KIELCE	M30	66	02:24:10	06:14:31	07:30:47	12:58:06	17:37:28	19:42:28.60	19:42:28.60	+06:03:21 (30.7%)	11:28	5.2 (69.3%)
67	JAWORSKI Marcin	1051	JAWORSKI TEAM	M30	67	02:14:12	05:58:34	07:06:23	12:21:37	17:51:38	19:48:30.85	19:48:30.85	+06:09:23 (31.1%)	11:32	5.2 (69.3%)
68	PAWŁOWSKI Arkadiusz	1084		M30	68	02:23:58	05:55:02	06:54:40	11:44:25	17:06:41	19:49:29.90	19:49:29.90	+06:10:22 (31.1%)	11:32	5.2 (69.3%)
69	WIERZBOWSKI Krzysztof	1036	MOTOINTEGRATOR.PL	M30	69	02:23:26	06:35:11	07:42:26	13:15:15	17:50:53	19:53:14.45	19:53:14.45	+06:14:07 (31.4%)	11:35	5.2 (69.3%)
70	TOPOLSKI Piotr	1168		M30	70	02:26:57	06:18:28	07:38:19	13:14:55	17:50:53	19:53:14.55	19:53:14.55	+06:14:07 (31.4%)	11:35	5.2 (69.3%)
71	WYSOCKI Damian	1450	CSIR AGATSU	M30	71	02:36:46	06:53:21	08:00:52	13:37:25	18:01:05	19:56:51.70	19:56:51.70	+06:17:44 (31.6%)	11:37	5.2 (69.3%)
72	ZYCH Wiktor	1557		M30	72	02:42:48	06:47:27	07:53:16	13:35:38	17:55:20	19:57:00.35	19:57:00.35	+06:17:53 (31.6%)	11:37	5.2 (69.3%)
73	BOGACZYK Krzysztof	1057		M30	73	02:11:33	07:00:12	08:00:55	13:25:28	18:02:00	20:00:07.35	20:00:07.35	+06:21:00 (31.7%)	11:39	5.1 (68.0%)
74	GORGOL Tomasz	1200	RUN BYDGOSZCZ	M30	74	02:21:30	06:19:15	07:25:00	13:13:40	18:03:37	20:01:36.05	20:01:36.05	+06:22:29 (31.8%)	11:39	5.1 (68.0%)
75	ZAGDAŃSKI Robert	1423		M30	75	02:40:57	06:41:43	07:52:06	13:28:25	17:51:01	20:02:26.50	20:02:26.50	+06:23:19 (31.9%)	11:40	5.1 (68.0%)
76	ŚLĄCZKA Arkadiusz	1416	FINISZ RYMANÓW	M30	76	02:40:56	06:41:41	07:52:10	13:23:11	17:50:59	20:02:28.05	20:02:28.05	+06:23:21 (31.9%)	11:40	5.1 (68.0%)
77	KRZYSZTOŃ Piotr	1178	GMP LASY / KRAŚNIK	M30	77	02:38:51	06:46:51	07:53:36	13:15:37	17:55:13	20:03:06.50	20:03:06.50	+06:23:59 (31.9%)	11:40	5.1 (68.0%)
78	BALAWEJDER Marcin	1225		M30	78	02:41:29	06:54:04	08:01:32	13:18:04	17:55:25	20:03:09.35	20:03:09.35	+06:24:02 (31.9%)	11:40	5.1 (68.0%)
79	CIEŚLAK Krzysztof	1469	CIEMNA STRONA MOCY	M30	79	02:44:45	06:55:34	07:58:58	13:38:58	17:55:26	20:03:26.75	20:03:26.75	+06:24:19 (31.9%)	11:41	5.1 (68.0%)
80	CIEŚLAK Jakub	1483	TERVIS	M30	80	02:44:44	06:55:35	07:58:57	13:38:55	17:55:23	20:03:26.85	20:03:26.85	+06:24:19 (31.9%)	11:41	5.1 (68.0%)
81	HABA Konrad	1425	K2B	M30	81	02:33:22	06:47:56	08:04:29	13:29:52	17:56:05	20:04:51.70	20:04:51.70	+06:25:44 (32.0%)	11:41	5.1 (68.0%)
82	MAŃKOWSKI Leszek	1348	EDIFICATOR/BELTRANI	M30	82	02:33:22	06:47:56	08:04:26	13:33:33	17:56:06	20:04:53.95	20:04:53.95	+06:25:46 (32.0%)	11:41	5.1 (68.0%)
83	SADY Piotr	1101	ANTYGRAWITACJA	M30	83	02:43:39	06:54:12	08:04:50	13:36:27	18:11:56	20:13:08.50	20:13:08.50	+06:34:01 (32.5%)	11:46	5.1 (68.0%)
84	NÓŻKA Andrzej	1142	LP -HP !!!	M30	84	02:33:03	06:41:39	08:05:52	13:45:07	18:30:13	20:14:01.50	20:14:01.50	+06:34:54 (32.5%)	11:47	5.1 (68.0%)
85	DĄBSKI Grzegorz	1183		M30	85	02:31:18	07:00:54	08:09:03	13:56:23	18:31:11	20:51:43.30	20:51:43.30	+07:12:36 (34.6%)	12:09	4.9 (65.3%)
86	KAJMOWICZ Łukasz	1538		M30	86	02:44:00	06:55:22	08:19:31	13:56:29	18:46:37	21:07:21.85	21:07:21.85	+07:28:14 (35.4%)	12:18	4.9 (65.3%)
87	MAŁKOWSKI Krzysztof	1052	NATURAL-BORN-RUNNERS.PL	M30	87	02:34:55	06:46:25	07:58:56	13:53:24	19:24:35	21:35:20.45	21:35:20.45	+07:56:13 (36.8%)	12:34	4.8 (64.0%)
	PRAŻMOWSKI Piotr	1222	AM NAT	M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PIELECKI Bartek	1414	KS GEPARD ŻUKCZYN	M30		02:37:04 DNF	06:28:56 DNF	07:43:42 DNF	12:34:52 DNF	DNF	DNF	DNF		-	- (0.0%)

Place	Participant	Number	Club	Category	MCat	17.7km	38.8km	48.9km	71km	92km	Net time 103km	Czas brutto 103km	Gap	Pace min/km	Pace km/h
	RZECHOWSKI Filip	1524	BIGYELLOWFOOT ADVENTURE TEAM	M30		02:13:12 DNF	06:07:12 DNF	07:09:38 DNF	12:45:09 DNF	DNF	DNF	DNF	-	-	(0.0%)
	SYGOCKI Konrad	1297	BIEGAM NA TARCHOMINIE	M30		02:38:30 DNF	06:54:26 DNF	08:10:38 DNF	13:23:10 DNF	DNF	DNF	DNF	-	-	(0.0%)
	SOKÓŁ Tomasz	1535		M30		02:38:37 DNF	06:24:58 DNF	07:41:07 DNF	13:25:23 DNF	DNF	DNF	DNF	-	-	(0.0%)
	KUNA Piotr	1541	REHABILITANCI.ORG.PL	M30		02:49:12 DNF	06:39:41 DNF	07:51:38 DNF	13:25:45 DNF	DNF	DNF	DNF	-	-	(0.0%)
	JASKULSKI Karol	1315		M30		02:33:23 DNF	06:47:59 DNF	07:56:37 DNF	13:38:56 DNF	DNF	DNF	DNF	-	-	(0.0%)
	CHYLEWSKI Paweł	1518	ZIELONY DOM	M30		02:48:40 DNF	06:54:17 DNF	08:04:49 DNF	13:41:10 DNF	DNF	DNF	DNF	-	-	(0.0%)
	GÓRNIAK Jan	1516	JAN PAWEŁ	M30		02:48:45 DNF	06:54:17 DNF	08:04:49 DNF	13:41:10 DNF	DNF	DNF	DNF	-	-	(0.0%)
	KRUK Grzegorz	1480	ALIOR RUNNING TEAM	M30		02:37:05 DNF	06:58:43 DNF	08:12:49 DNF	14:16:42 DNF	DNF	DNF	DNF	-	-	(0.0%)
	TARNOWSKI Krzysztof	1130	KW LUBLIN	M30		02:31:16 DNF	06:53:55 DNF	08:10:48 DNF	14:23:49 DNF	DNF	DNF	DNF	-	-	(0.0%)
	ŚWIECZKA Jarosław	1473	WARSAW AIRPORT RUNNERS	M30		02:32:28 DNF	06:58:38 DNF	08:11:50 DNF	14:29:42 DNF	DNF	DNF	DNF	-	-	(0.0%)
	KALINOWSKI Sławomir	1452	GREENSKY	M30		02:44:56 DNF	06:58:41 DNF	08:14:34 DNF	14:41:42 DNF	DNF	DNF	DNF	-	-	(0.0%)
	ŁAZAREK Daniel	1471	KAWALER WIECZOROWĄ PORĄ	M30		02:33:03 DNF	06:59:37 DNF	08:14:32 DNF	15:02:42 DNF	DNF	DNF	DNF	-	-	(0.0%)
	JÓZEFOWICZ Krzysztof	1472		M30		02:53:30 DNF	07:03:09 DNF	08:19:22 DNF	15:04:42 DNF	DNF	DNF	DNF	-	-	(0.0%)
	KALATA Łukasz	1522	CSAIU TORUŃ	M30		02:40:56 DNF	06:55:25 DNF	08:21:19 DNF	15:09:42 DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOZERA Waldemar	1291		M30		02:28:02 DNF	06:53:52 DNF	08:05:56 DNF	16:45:42 DNF	DNF	DNF	DNF	-	-	(0.0%)
	POŁCZYŃSKI Paweł	1427	STALOWA ŁYDA	M30		02:43:48 DNF	06:38:04 DNF	08:01:24 DNF	17:48:42 DNF	DNF	DNF	DNF	-	-	(0.0%)
	ZWOLIŃSKI Łukasz	1136	OTK RZEŹNIK	M30		02:20:16 DNF	06:08:15 DNF	07:18:41 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	POMIERSKI Karol	1224	KIZ	M30		02:27:33 DNF	06:10:05 DNF	07:22:40 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	FABIŃSKI Marcin	1041	LUŻNA GUMA	M30		02:24:08 DNF	06:09:12 DNF	07:23:45 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	POMIERSKI Zbigniew	1223	KIZ	M30		02:27:33 DNF	06:17:30 DNF	07:23:47 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ROGACZ Piotr	1152	SZAKALE	M30		02:37:32 DNF	06:28:05 DNF	07:31:53 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DOLIŃSKI Adam	1278	KB LEGIONOWO	M30		02:22:30 DNF	06:52:11 DNF	07:46:53 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DYMEK Karol	1451		M30		02:32:28 DNF	06:58:02 DNF	08:11:50 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SIWIEC Tomasz	1455	BIEGNĘ DLA MARCINA	M30		02:45:48 DNF	07:14:45 DNF	08:42:44 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Place	Participant	Number	Club	Category	MCat	17.7km	38.8km	48.9km	71km	92km	Net time 103km	Czas brutto 103km	Gap	Pace min/km	Pace km/h
	GMYS Tomasz	1449		M30		02:31:35 DNF	07:17:26 DNF	08:43:43 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BIZOŃ Michał	1446	WWW.RUNSPACE.PL	M30		02:27:09 DNF	07:17:24 DNF	08:43:44 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NOGA Łukasz	1167	ZDZIERAJ KAPCIE WWW.AGATSU.PL	M30		02:38:35 DNF	07:14:38 DNF	08:45:27 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KAMIŃSKI Krystian	1420	STARA PIŁA	M30		02:45:02 DNF	07:14:44 DNF	08:47:49 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	GŁOWACKI Arek	1510		M30		02:14:34 DNF	06:18:39 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PUZOŃ Robert	1575		M30		02:11:28 DNF	06:34:11 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NIEDZIELA Michał	1513		M30		02:37:23 DNF	06:54:34 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	CZARNECKI Paweł	1539	KM PSP RADOM	M30		02:37:46 DNF	07:19:49 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	JEREMICZ Marcin	1402	ELAVON POLAND	M30		02:41:29 DNF	07:20:13 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	POLAK Bartosz	1163	KUCHNIA FUNKCJONALNA	M30		02:10:33 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAŁEK Łukasz	1454		M30		02:18:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	EBERT Adam	1304		M30		02:28:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WERNER Kamil	1058	BIEGAM NA TARCHOMINIE	M30		02:31:34 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	REAUD Julien	1055	FRAPOL RAZEM!	M30		02:38:26 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KALKA Kamil	1554		M30		02:44:28 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BUSZ Jacek	1407	ELAVON POLAND	M30		02:44:46 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NOWAK Piotr	1411	BRACIA N	M30		02:47:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	NOWAK Paweł	1418	BRACIA N	M30		02:47:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	RYZNDAR Łukasz	1332	NIEZRZESZONY	M30		02:49:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SZKUTA Michał	1429	NKB CHYŻY NOWY TOMYŚL	M30		02:54:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ORDZIEJEWSKI Dominik	1460		M30		02:54:56 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MAZIEC Dariusz	1430	NKB CHYŻY NOWY TOMYŚL	M30		02:58:36 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	PIEPRZAK Andrzej	1081	PARKÓWKA	M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BŁACHOWICZ Tomasz	1079	WIERUNSZÓW	M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Place	Participant	Number	Club	Category	MCat	17.7km	38.8km	48.9km	71km	92km	Net time 103km	Czas brutto 103km	Gap	Pace min/km	Pace km/h
	WEĞIERSKI Wojtek	1428		M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ZOLTEK Adam	1552		M30		DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Total 139 results.