

# SGS LABIRYNT RUN 4KM

B4SPORT



**SUPERMARATON  
GÓR  
STOŁOWYCH**

**Wydarzenie:** Supermaraton Gór Stołowych 2020  
**Organizator:** Fundacja Maratony Górskie  
**Data:** 2020-06-26  
**Miejsce:** Karłów  
**Dystans:** 4 km

**B4SPORT**  
INTELEKTUJĄCE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Różn	Tempo min/km	Tempo km/h
1	<b>BRÝDL Pavel</b>	<b>45</b>	SALOMON CZ/WILLA SPA SCALIANO	OPEN	1	<b>00:20:34.35</b>		5:08	11.7 (100%)
2	<b>SADZIK Robert</b>	<b>102</b>	NEOPROFIL	OPEN	2	<b>00:21:50.50</b>	+00:01:16 (5.8%)	5:27	11 (94.0%)
3	<b>KRUPA Marcin</b>	<b>12</b>	AKTYWNA NOWA RUDA	OPEN	3	<b>00:23:21.10</b>	+00:02:46 (11.9%)	5:50	10.3 (88.0%)
4	<b>WRZESZCZ Mariusz</b>	<b>97</b>	NADLEŚNICTWO MIĘKINIA	OPEN	4	<b>00:23:32.30</b>	+00:02:57 (12.6%)	5:53	10.2 (87.2%)
5	<b>ZATOŃ Cezary</b>	<b>20</b>	TRIACTIV RIDLEY	OPEN	5	<b>00:23:52.90</b>	+00:03:18 (13.9%)	5:58	10 (85.5%)
6	<b>POCZĄTKO Łukasz</b>	<b>54</b>	KĘCKIE HARPAGANY	OPEN	6	<b>00:23:58.60</b>	+00:03:24 (14.2%)	5:59	10 (85.5%)
7	<b>ZAKOWICZ Paweł</b>	<b>101</b>	PIECHOTĄ PO SCHODACH - ŁÓDŹ	OPEN	7	<b>00:24:29.85</b>	+00:03:55 (16.0%)	6:07	9.8 (83.8%)
8	<b>ŁUCJANEK Andrzej</b>	<b>23</b>	KAJA TEAM	OPEN	8	<b>00:25:00.60</b>	+00:04:26 (17.7%)	6:15	9.6 (82.1%)
9	<b>LASKOWSKI Marcin</b>	<b>90</b>	MAD RUNNERS	OPEN	9	<b>00:25:07.70</b>	+00:04:33 (18.1%)	6:17	9.5 (81.2%)
10	<b>BALWIERCZAK Piotr</b>	<b>28</b>	NIGHT RUNNERS WROCŁAW / RATEMYTRAIL.COM	OPEN	10	<b>00:25:17.05</b>	+00:04:42 (18.6%)	6:19	9.5 (81.2%)
11	<b>WIATER Tomasz</b>	<b>80</b>		OPEN	11	<b>00:26:18.15</b>	+00:05:43 (21.8%)	6:34	9.1 (77.8%)
12	<b>PRZYBYŁ Piotr</b>	<b>66</b>	EASY RUNNERS	OPEN	12	<b>00:26:27.50</b>	+00:05:53 (22.2%)	6:36	9.1 (77.8%)
13	<b>GILEWSKI Artur</b>	<b>95</b>	KUDOWIANKACYKLONPROALTEAM	OPEN	13	<b>00:26:49.55</b>	+00:06:15 (23.3%)	6:42	8.9 (76.1%)
14	<b>KRZEŚNIEWSKI Marcin</b>	<b>86</b>	ROWEROWY ZAŁOM	OPEN	14	<b>00:27:00.00</b>	+00:06:25 (23.8%)	6:45	8.9 (76.1%)
15	<b>KOCEMBA Kamil</b>	<b>7</b>	KĘCKIE HARPAGANY	OPEN	15	<b>00:27:02.45</b>	+00:06:28 (23.9%)	6:45	8.9 (76.1%)
16	<b>PODBIELSKI Krystian</b>	<b>2</b>	KAJA TEAM	OPEN	16	<b>00:27:05.20</b>	+00:06:30 (24.0%)	6:46	8.9 (76.1%)
17	<b>ZBYRYT Marek</b>	<b>41</b>	AKTYWNA NOWA RUDA	OPEN	17	<b>00:27:36.40</b>	+00:07:02 (25.5%)	6:54	8.7 (74.4%)
18	<b>BIECUSZEK Tomasz</b>	<b>84</b>	AKTYWNA NOWA RUDA	OPEN	18	<b>00:27:51.40</b>	+00:07:17 (26.1%)	6:58	8.6 (73.5%)
19	<b>KUBAŚ Dawid</b>	<b>99</b>	NADLEŚNICTWO ZDROJE	OPEN	19	<b>00:29:01.80</b>	+00:08:27 (29.1%)	7:15	8.3 (70.9%)
20	<b>KUBIAK Karolina</b>	<b>31</b>	EXCALIBUR	OPEN KOBIEC	1	<b>00:29:19.10</b>	+00:08:44 (29.8%)	7:19	8.2 (70.1%)
21	<b>KOWALCZYK Paweł</b>	<b>9</b>	KĘCKIE HARPAGANY	OPEN	20	<b>00:29:26.70</b>	+00:08:52 (30.1%)	7:21	8.1 (69.2%)
22	<b>PASCHKE Roman</b>	<b>68</b>	SHIPCUP	OPEN	21	<b>00:30:01.00</b>	+00:09:26 (31.5%)	7:30	8 (68.4%)
23	<b>KUBICA Agnieszka</b>	<b>82</b>	KOTWICA BRZEG	OPEN KOBIEC	2	<b>00:30:18.85</b>	+00:09:44 (32.1%)	7:34	7.9 (67.5%)
24	<b>GRABIAS Aleksandra</b>	<b>98</b>	ŁĘBORSKI KLUB BIEGACZA IM. BRACI PETK	OPEN KOBIEC	3	<b>00:30:19.20</b>	+00:09:44 (32.1%)	7:34	7.9 (67.5%)
25	<b>STOLAREK Sebastian</b>	<b>26</b>	SPARTA RUNNERS	OPEN	22	<b>00:30:25.15</b>	+00:09:50 (32.4%)	7:36	7.9 (67.5%)
26	<b>SZUBARSKI Krzysztof</b>	<b>64</b>	PARKRUN CIESZYN	OPEN	23	<b>00:30:42.10</b>	+00:10:07 (33.0%)	7:40	7.8 (66.7%)
27	<b>ŁAMPIKA Kinga</b>	<b>96</b>	NIGHT RUNNERS WROCŁAW	OPEN KOBIEC	4	<b>00:30:51.80</b>	+00:10:17 (33.3%)	7:43	7.8 (66.7%)
28	<b>HOTAŁA Sylwia</b>	<b>104</b>	KUDOWIANKA RUN	OPEN KOBIEC	5	<b>00:31:06.20</b>	+00:10:31 (33.9%)	7:46	7.7 (65.8%)
29	<b>CZARNIECKI Daniel</b>	<b>52</b>	TIE	OPEN	24	<b>00:31:30.10</b>	+00:10:55 (34.7%)	7:52	7.6 (65.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Różn	Tempo min/km	Tempo km/h
30	<b>KADŁUBOWSKI Piotr</b>	<b>1</b>	SRC TEAM KOTWICA BRZEG	OPEN	25	<b>00:31:57.80</b>	+00:11:23 (35.6%)	7:59	7.5 (64.1%)
31	<b>LAZAROWICZ Krzysztof</b>	<b>15</b>		OPEN	26	<b>00:32:04.70</b>	+00:11:30 (35.9%)	8:01	7.5 (64.1%)
32	<b>MAZIAREK Michał</b>	<b>57</b>		OPEN	27	<b>00:32:43.85</b>	+00:12:09 (37.1%)	8:11	7.3 (62.4%)
33	<b>MAZIAKOWSKA Agnieszka</b>	<b>53</b>	TIE	OPEN KOBIET	6	<b>00:33:22.95</b>	+00:12:48 (38.4%)	8:20	7.2 (61.5%)
34	<b>CYRULEWSKA Malgorzata</b>	<b>24</b>	PAMSO RUN TEAM	OPEN KOBIET	7	<b>00:33:50.95</b>	+00:13:16 (39.2%)	8:27	7.1 (60.7%)
35	<b>KARAWACKI Grzegorz</b>	<b>8</b>	KĘCKIE HARPAGANY	OPEN	28	<b>00:33:52.75</b>	+00:13:18 (39.3%)	8:28	7.1 (60.7%)
36	<b>MAZIAREK Adela</b>	<b>44</b>		OPEN KOBIET	8	<b>00:34:47.35</b>	+00:14:13 (40.9%)	8:42	6.9 (59.0%)
37	<b>KUBIK Arkadiusz</b>	<b>85</b>		OPEN	29	<b>00:34:54.80</b>	+00:14:20 (41.1%)	8:43	6.9 (59.0%)
38	<b>KRĘŻOŁEK Anna</b>	<b>114</b>		OPEN KOBIET	9	<b>00:35:07.40</b>	+00:14:33 (41.4%)	8:47	6.8 (58.1%)
39	<b>URBAN Iwona</b>	<b>109</b>	42K	OPEN KOBIET	10	<b>00:35:15.40</b>	+00:14:41 (41.6%)	8:48	6.8 (58.1%)
40	<b>KORNAŚ Marcin</b>	<b>4</b>	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	OPEN	30	<b>00:35:30.95</b>	+00:14:56 (42.1%)	8:52	6.8 (58.1%)
41	<b>LESIEWICZ Jarosław</b>	<b>43</b>		OPEN	31	<b>00:35:34.05</b>	+00:14:59 (42.2%)	8:53	6.7 (57.3%)
42	<b>RESPONDEK Dariusz</b>	<b>56</b>		OPEN	32	<b>00:35:51.65</b>	+00:15:17 (42.6%)	8:58	6.7 (57.3%)
43	<b>ŁASKAWSKA Justyna</b>	<b>93</b>		OPEN KOBIET	11	<b>00:36:07.70</b>	+00:15:33 (43.1%)	9:02	6.6 (56.4%)
44	<b>GAJDA Piotr</b>	<b>11</b>	ORANGE POLSKA	OPEN	33	<b>00:36:17.15</b>	+00:15:42 (43.3%)	9:04	6.6 (56.4%)
45	<b>JĘDRZEJEWSKI Grzegorz</b>	<b>108</b>		OPEN	34	<b>00:36:29.90</b>	+00:15:55 (43.6%)	9:07	6.6 (56.4%)
46	<b>KUBICKI Mariusz</b>	<b>16</b>		OPEN	35	<b>00:36:30.60</b>	+00:15:56 (43.7%)	9:07	6.6 (56.4%)
47	<b>SYPKO- KUBICKA Katarzyna</b>	<b>19</b>		OPEN KOBIET	12	<b>00:36:40.35</b>	+00:16:06 (43.9%)	9:10	6.5 (55.6%)
48	<b>SKWAREK Agata</b>	<b>76</b>		OPEN KOBIET	13	<b>00:36:42.05</b>	+00:16:07 (43.9%)	9:10	6.5 (55.6%)
49	<b>BRZEZIŃSKI Andrzej</b>	<b>62</b>		OPEN	36	<b>00:37:03.85</b>	+00:16:29 (44.5%)	9:15	6.5 (55.6%)
50	<b>RAPACZ Mariusz</b>	<b>21</b>		OPEN	37	<b>00:37:31.20</b>	+00:16:56 (45.2%)	9:22	6.4 (54.7%)
51	<b>PERKA Basia</b>	<b>17</b>		OPEN KOBIET	14	<b>00:37:50.50</b>	+00:17:16 (45.6%)	9:27	6.3 (53.8%)
52	<b>KOZIOŁ Paweł</b>	<b>29</b>		OPEN	38	<b>00:37:52.45</b>	+00:17:18 (45.7%)	9:28	6.3 (53.8%)
53	<b>DZIWIEC-GUZYK Justyna</b>	<b>27</b>	MARELLI SOSNOWIEC POLAND	OPEN KOBIET	15	<b>00:38:02.20</b>	+00:17:27 (45.9%)	9:30	6.3 (53.8%)
54	<b>CHEŁCHOWSKA Katarzyna</b>	<b>110</b>		OPEN KOBIET	16	<b>00:39:03.80</b>	+00:18:29 (47.3%)	9:45	6.1 (52.1%)
55	<b>KUJDA Arkadiusz</b>	<b>91</b>	1 BRYGADA LOGISTYCZNA	OPEN	39	<b>00:39:11.60</b>	+00:18:37 (47.5%)	9:47	6.1 (52.1%)
56	<b>KUJDA Dorota</b>	<b>92</b>		OPEN KOBIET	17	<b>00:39:20.15</b>	+00:18:45 (47.7%)	9:50	6.1 (52.1%)
57	<b>MAZURKIEWICZ Jerzy</b>	<b>59</b>	NIGHT RUNNERS WROCŁAW	OPEN	40	<b>00:39:52.10</b>	+00:19:17 (48.4%)	9:58	6 (51.3%)
58	<b>MAŁEK Bartosz</b>	<b>111</b>	PARK NARODOWY GÓR STOŁOWYCH	OPEN	41	<b>00:40:43.90</b>	+00:20:09 (49.5%)	10:11	5.9 (50.4%)
59	<b>PIETRZYK Barbara</b>	<b>79</b>		OPEN KOBIET	18	<b>00:40:45.05</b>	+00:20:10 (49.5%)	10:11	5.9 (50.4%)
60	<b>NIEZGÓDKA Sylwia</b>	<b>42</b>	ZĄŁOGA GÓRSKA	OPEN KOBIET	19	<b>00:40:54.35</b>	+00:20:20 (49.7%)	10:13	5.9 (50.4%)
61	<b>BABIŃSKA Ewelina</b>	<b>94</b>		OPEN KOBIET	20	<b>00:41:53.05</b>	+00:21:18 (50.9%)	10:28	5.7 (48.7%)
62	<b>BABIŃSKA Malwina</b>	<b>88</b>		OPEN KOBIET	21	<b>00:42:11.95</b>	+00:21:37 (51.2%)	10:33	5.7 (48.7%)
63	<b>BŁACHNO Beata</b>	<b>89</b>	ANIOŁKI CHARLIEGO	OPEN KOBIET	22	<b>00:43:35.75</b>	+00:23:01 (52.8%)	10:54	5.5 (47.0%)
64	<b>PRZYBYŁ Jolanta</b>	<b>67</b>	EASY RUNNERS	OPEN KOBIET	23	<b>00:43:56.45</b>	+00:23:22 (53.2%)	10:59	5.5 (47.0%)
65	<b>JAKUBOWSKA Katarzyna</b>	<b>107</b>	NADLEŚNICTWO GÓRA ŚLĄSKA	OPEN KOBIET	24	<b>00:44:08.10</b>	+00:23:33 (53.4%)	11:02	5.4 (46.2%)
66	<b>NOWICKA-GAŁASZKIEWICZ Katarzyna</b>	<b>13</b>	LINDON TEAM	OPEN KOBIET	25	<b>00:45:01.50</b>	+00:24:27 (54.3%)	11:15	5.3 (45.3%)
67	<b>GAŁASZKIEWICZ Grzegorz</b>	<b>3</b>	LINDON TEAM	OPEN	42	<b>00:45:11.95</b>	+00:24:37 (54.5%)	11:18	5.3 (45.3%)
68	<b>STOLARZ Marta</b>	<b>14</b>		OPEN KOBIET	26	<b>00:45:27.15</b>	+00:24:52 (54.7%)	11:21	5.3 (45.3%)
69	<b>FEDOROWICZ Jowita</b>	<b>6</b>	KOTWICA BRZEG	OPEN KOBIET	27	<b>00:45:37.75</b>	+00:25:03 (54.9%)	11:24	5.3 (45.3%)
70	<b>ADAMCZYK-KRAWIEC Aldona</b>	<b>83</b>	KOTWICA BRZEG	OPEN KOBIET	28	<b>00:45:46.40</b>	+00:25:12 (55.1%)	11:26	5.2 (44.4%)
71	<b>ZYCH Magdalena</b>	<b>60</b>		OPEN KOBIET	29	<b>00:46:15.15</b>	+00:25:40 (55.5%)	11:33	5.2 (44.4%)
72	<b>KLOC Katarzyna</b>	<b>78</b>	PRECEL RACING TEAM	OPEN KOBIET	30	<b>00:47:01.95</b>	+00:26:27 (56.3%)	11:45	5.1 (43.6%)
73	<b>MICHALIK Katarzyna</b>	<b>77</b>	PRECEL RACING TEAM	OPEN KOBIET	31	<b>00:47:12.55</b>	+00:26:38 (56.4%)	11:48	5.1 (43.6%)

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74	<b>JAKUBOWSKI Bartomiej</b>	<b>103</b>	PARK NARODOWY GÓR STOŁOWYCH	OPEN	43	<b>00:47:24.85</b>	+00:26:50 (56.6%)	11:51	5.1 (43.6%)
75	<b>KASPRZYCKA-SZUBARSKA Katarzyna</b>	<b>65</b>	PARKRUN CIESZYN	OPEN KOBIET	32	<b>00:48:21.05</b>	+00:27:46 (57.5%)	12:05	5 (42.7%)
76	<b>FUGOWSKA Małgorzata</b>	<b>100</b>	PARK NARODOWY GÓR STOŁOWYCH	OPEN KOBIET	33	<b>00:49:48.65</b>	+00:29:14 (58.7%)	12:27	4.8 (41.0%)
77	<b>MALINOWSKA Katarzyna</b>	<b>55</b>		OPEN KOBIET	34	<b>00:50:13.15</b>	+00:29:38 (59.0%)	12:33	4.8 (41.0%)
78	<b>HOŁY Sylwia</b>	<b>63</b>		OPEN KOBIET	35	<b>00:51:00.90</b>	+00:30:26 (59.7%)	12:45	4.7 (40.2%)
79	<b>WITKOWSKA Ania</b>	<b>18</b>		OPEN KOBIET	36	<b>00:51:17.90</b>	+00:30:43 (59.9%)	12:49	4.7 (40.2%)
80	<b>GUZIAK Jerzy</b>	<b>106</b>	PARK NARODOWY GÓR STOŁOWYCH - PRACOWNIK	OPEN	44	<b>00:51:24.85</b>	+00:30:50 (60.0%)	12:51	4.7 (40.2%)
81	<b>SAWICKA Izabela</b>	<b>10</b>		OPEN KOBIET	37	<b>00:51:26.30</b>	+00:30:51 (60.0%)	12:51	4.7 (40.2%)
82	<b>SUDÓŁ Ewa</b>	<b>34</b>		OPEN KOBIET	38	<b>00:53:16.60</b>	+00:32:42 (61.4%)	13:19	4.5 (38.5%)
83	<b>SKIBIŃSKA Małgorzata</b>	<b>47</b>		OPEN KOBIET	39	<b>00:53:19.60</b>	+00:32:45 (61.4%)	13:19	4.5 (38.5%)
84	<b>KONOPACKI Grzegorz</b>	<b>72</b>	RÓŻOWE LANDRYNY	OPEN	45	<b>00:53:30.30</b>	+00:32:55 (61.6%)	13:22	4.5 (38.5%)
85	<b>GRZYB Michał</b>	<b>74</b>	RÓŻOWE LANDRYNY	OPEN	46	<b>00:53:42.75</b>	+00:33:08 (61.7%)	13:25	4.5 (38.5%)
86	<b>FAJNAS Katarzyna</b>	<b>113</b>	DOGOŃ GRODZISK MAZOWIECKI/DANFOSS	OPEN KOBIET	40	<b>00:53:44.70</b>	+00:33:10 (61.7%)	13:26	4.5 (38.5%)
87	<b>WOJTCZAK Olga</b>	<b>73</b>	RÓŻOWE LANDRYNY	OPEN KOBIET	41	<b>00:53:52.55</b>	+00:33:18 (61.8%)	13:28	4.5 (38.5%)
88	<b>MALORNA Gabriela</b>	<b>105</b>	PARK NARODOWY GÓR STOŁOWYCH - PRACOWNIK	OPEN KOBIET	42	<b>00:53:56.40</b>	+00:33:22 (61.9%)	13:29	4.4 (37.6%)
89	<b>PRUCHNIEWICZ Adam</b>	<b>112</b>	DOGOŃ GRODZISK MAZOWIECKI/DANFOSS	OPEN	47	<b>00:53:56.95</b>	+00:33:22 (61.9%)	13:29	4.4 (37.6%)
90	<b>KOŁOSZYC Joanna</b>	<b>81</b>	RÓŻOWE LANDRYNY	OPEN KOBIET	43	<b>00:54:03.25</b>	+00:33:28 (61.9%)	13:30	4.4 (37.6%)
91	<b>ROMAŃSKA Katarzyna</b>	<b>46</b>	#CZELADZBIEGA	OPEN KOBIET	44	<b>00:58:38.85</b>	+00:38:04 (64.9%)	14:39	4.1 (35.0%)
92	<b>SUJEWICZ Justyna</b>	<b>115</b>	PARK NARODOWY GÓR STOŁOWYCH - PRACOWNIK	OPEN KOBIET	45	<b>01:03:54.95</b>	+00:43:20 (67.8%)	15:58	3.8 (32.5%)

Znaleziono 92 wynik(ów)