

SGS LABIRYNT RUN 4KM

B4SPORT



**SUPERMARATON
GÓR
STOŁOWYCH**

Wydarzenie: Supermaraton Gór Stołowych 2021
Organizator: Fundacja Maratony Górskie
Data: 2021-06-25
Miejsce: Karłów
Dystans: 4 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Różn	Tempo min/km	Tempo km/h
1	BRÝDL Pavel	15	MUAY RUNNING TEAM	OPEN	1	00:20:48.30		5:12	11.5 (100%)
2	JUREK Michał	9	RMT TEAM PRO	OPEN	2	00:21:13.55	+00:00:25 (2.0%)	5:18	11.3 (98.3%)
3	SADZIK Robert	115	NEOPROFIL	OPEN	3	00:21:39.90	+00:00:51 (4.0%)	5:24	11.1 (96.5%)
4	WRZESZCZ Mariusz	72	PRZEDWOJEWSKI TEAM	OPEN	4	00:22:03.65	+00:01:15 (5.7%)	5:30	10.9 (94.8%)
5	KMIECIK Tomasz	104	GOPR SUDETY	OPEN	5	00:22:13.00	+00:01:24 (6.4%)	5:33	10.8 (93.9%)
6	KRUPA Marcin	36	AKTYWNA NOWA RUDA	OPEN	6	00:22:15.85	+00:01:27 (6.6%)	5:33	10.8 (93.9%)
7	SZPARGAŁA Bartłomiej	111	MAD RUNNERS	OPEN	7	00:23:05.20	+00:02:16 (9.9%)	5:46	10.4 (90.4%)
8	TRACZYŃSKI Daniel	119	MAD RUNNERS	OPEN	8	00:23:10.05	+00:02:21 (10.2%)	5:47	10.4 (90.4%)
9	MAJCHRZAK Maciej	51	140MINUT.PL	OPEN	9	00:23:22.05	+00:02:33 (11.0%)	5:50	10.3 (89.6%)
10	LASKOWSKI Marcin	103	MAD RUNNES	OPEN	10	00:23:25.30	+00:02:37 (11.2%)	5:51	10.2 (88.7%)
11	BEDNARSKI Adrian	101		OPEN	11	00:24:28.05	+00:03:39 (15.0%)	6:07	9.8 (85.2%)
12	HOŁYST Andrzej	19	GT RAT	OPEN	12	00:24:42.40	+00:03:54 (15.8%)	6:10	9.7 (84.3%)
13	DERENCZ Michał	99		OPEN	13	00:24:51.95	+00:04:03 (16.3%)	6:12	9.7 (84.3%)
14	KONARSKI Maciej	79	DOGOŃ GRODZISK MAZOWIECKI	OPEN	14	00:26:16.85	+00:05:28 (20.8%)	6:34	9.1 (79.1%)
15	BIECUSZEK Tomasz	39	AKTYWNA NOWA RUDA	OPEN	15	00:26:33.15	+00:05:44 (21.6%)	6:38	9 (78.3%)
16	KOWALCZYK Paweł	113	KĘCKIE HARPAGANY	OPEN	16	00:27:26.15	+00:06:37 (24.2%)	6:51	8.7 (75.7%)
17	BABIŃSKA Ewelina	46		OPEN KOBIEC	1	00:27:37.40	+00:06:49 (24.7%)	6:54	8.7 (75.7%)
18	ŚLADCZYK Dominik	84	MKST ITF	OPEN	17	00:27:38.80	+00:06:50 (24.7%)	6:54	8.7 (75.7%)
19	TOMASIK Andrzej	94		OPEN	18	00:27:39.15	+00:06:50 (24.8%)	6:54	8.7 (75.7%)
20	KUBIAK Karolina	26		OPEN KOBIEC	2	00:28:20.80	+00:07:32 (26.6%)	7:05	8.5 (73.9%)
21	MALUNG Jarosław	108	NADLEŚNICTWO ŚWIERADÓW	OPEN	19	00:28:21.00	+00:07:32 (26.6%)	7:05	8.5 (73.9%)
22	BINKOWSKI Marcin	3	WĘŻE W POMIDORACH	OPEN	20	00:28:45.35	+00:07:57 (27.6%)	7:11	8.3 (72.2%)
23	SZARANIEC Sebastian	11	T-MOBILE SPORT TEAM	OPEN	21	00:28:51.10	+00:08:02 (27.9%)	7:12	8.3 (72.2%)
24	FUKS Szymon	12	T-MOBILE SPORT TEAM / MCBIEGACZE	OPEN	22	00:28:51.25	+00:08:02 (27.9%)	7:12	8.3 (72.2%)
25	MAZIAREK Adela	24		OPEN KOBIEC	3	00:29:30.35	+00:08:42 (29.5%)	7:22	8.1 (70.4%)
26	GRZYWACZ Karol	66		OPEN	23	00:29:40.25	+00:08:51 (29.9%)	7:25	8.1 (70.4%)
27	UPTAS Tomasz	30	FITNESS & SQUASH COMPLEX	OPEN	24	00:29:47.80	+00:08:59 (30.2%)	7:26	8.1 (70.4%)
28	MAZIAKOWSKA Agnieszka	55	MYWEEK	OPEN KOBIEC	4	00:29:59.80	+00:09:11 (30.6%)	7:29	8 (69.6%)
29	SIWEK Grzegorz	89	LANRUNS	OPEN	25	00:30:06.40	+00:09:18 (30.9%)	7:31	8 (69.6%)

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30	KUBAŚ Dawid	116	NADLEŚNICTWO ZDROJE	OPEN	26	00:30:14.60	+00:09:26 (31.2%)	7:33	7.9 (68.7%)
31	ČERVENÝ David	16	ERIKA COPY SHOP	OPEN	27	00:30:18.10	+00:09:29 (31.3%)	7:34	7.9 (68.7%)
32	ZIMNY Tomasz	82		OPEN	28	00:30:31.55	+00:09:43 (31.8%)	7:37	7.9 (68.7%)
33	ŽGIET-ROGALA Monika	102	PARK NARODOWY GÓR STOŁOWYCH	OPEN KOBIEC	5	00:31:03.25	+00:10:14 (33.0%)	7:45	7.7 (67.0%)
34	LAZAROWICZ Krzysztof	44		OPEN	29	00:31:04.35	+00:10:16 (33.0%)	7:46	7.7 (67.0%)
35	ZBYRYT Marek	50	AKTYWNA NOWA RUDA	OPEN	30	00:31:04.45	+00:10:16 (33.0%)	7:46	7.7 (67.0%)
36	MAZIAREK Michał	74		OPEN	31	00:31:08.85	+00:10:20 (33.2%)	7:47	7.7 (67.0%)
37	PIELAK Kasia	107	BIEGIEMPRZEŻYCIE M&K	OPEN KOBIEC	6	00:31:28.05	+00:10:39 (33.9%)	7:52	7.6 (66.1%)
38	GODŁOZA Anita	81		OPEN KOBIEC	7	00:31:31.45	+00:10:43 (34.0%)	7:52	7.6 (66.1%)
39	ŁUKASZ Tekieła	110		OPEN	32	00:31:32.15	+00:10:43 (34.0%)	7:53	7.6 (66.1%)
40	UPTAS Ewa	69	FITNESS & SQUASH	OPEN KOBIEC	8	00:32:00.80	+00:11:12 (35.0%)	8:00	7.5 (65.2%)
41	KIRSZA Stanisław	93		OPEN	33	00:32:41.65	+00:11:53 (36.4%)	8:10	7.3 (63.5%)
42	ORŁOWSKA Olga	87		OPEN KOBIEC	9	00:33:17.50	+00:12:29 (37.5%)	8:19	7.2 (62.6%)
43	KOWALSKI Adrian	56		OPEN	34	00:33:25.30	+00:12:37 (37.7%)	8:21	7.2 (62.6%)
44	TELEJKO Zbigniew	92	ORZESZEK TEAM	OPEN	35	00:34:08.85	+00:13:20 (39.1%)	8:32	7 (60.9%)
45	BRZEZIŃSKI Andrzej	37		OPEN	36	00:34:12.35	+00:13:24 (39.2%)	8:33	7 (60.9%)
46	KORNAŚ Marcin	106	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	OPEN	37	00:34:57.20	+00:14:08 (40.5%)	8:44	6.9 (60.0%)
47	DZIEDZIC Paweł	60		OPEN	38	00:36:37.40	+00:15:49 (43.2%)	9:09	6.6 (57.4%)
48	SZATAN Jowita	32		OPEN KOBIEC	10	00:36:52.95	+00:16:04 (43.6%)	9:13	6.5 (56.5%)
49	KMIECIK Roma	54	KUDOWIANKA RUN	OPEN KOBIEC	11	00:36:57.35	+00:16:09 (43.7%)	9:14	6.5 (56.5%)
50	FRĄCKOWIAK Dominik	8		OPEN	39	00:37:04.40	+00:16:16 (43.9%)	9:16	6.5 (56.5%)
51	MAJ Magdalena	13	GRAŻYŃKI OCR	OPEN KOBIEC	12	00:37:19.50	+00:16:31 (44.3%)	9:19	6.4 (55.7%)
52	WASZCZYSZYN Robert	109	I LOVE PRZYLESIE	OPEN	40	00:37:44.50	+00:16:56 (44.9%)	9:26	6.4 (55.7%)
53	SEROCZYŃSKA Ewa	91	PARKRUN SŁODOWO WŁOCLAWEK	OPEN KOBIEC	13	00:37:48.70	+00:17:00 (45.0%)	9:27	6.3 (54.8%)
54	RÓŻAŃSKA Magdalena	25		OPEN KOBIEC	14	00:37:49.70	+00:17:01 (45.0%)	9:27	6.3 (54.8%)
55	FAJNAS Katarzyna	95	DANFOSS / DOGOŃ GRODZISK MAZOWIECKI	OPEN KOBIEC	15	00:38:17.50	+00:17:29 (45.7%)	9:34	6.3 (54.8%)
56	PRZEDASZEK Łukasz	6	2 OREL DZIWNÓW	OPEN	41	00:38:17.90	+00:17:29 (45.7%)	9:34	6.3 (54.8%)
57	SZYMANIK Paweł	61		OPEN	42	00:38:17.95	+00:17:29 (45.7%)	9:34	6.3 (54.8%)
58	PRUCHNIEWICZ Adam	96	DANFOSS / DOGOŃ GRODZISK MAZOWIECKI	OPEN	43	00:38:18.55	+00:17:30 (45.7%)	9:34	6.3 (54.8%)
59	SIEDLIK Małgorzata	86	SPORTOWA INICJATYWA	OPEN KOBIEC	16	00:38:23.85	+00:17:35 (45.8%)	9:35	6.3 (54.8%)
60	GRZEGORZEWSKA Marlena	68	DAISYPLESS	OPEN KOBIEC	17	00:38:25.45	+00:17:37 (45.9%)	9:36	6.2 (53.9%)
61	WEBER Agata	98	VELO ŁOSIE NA SZOSIE	OPEN KOBIEC	18	00:38:26.85	+00:17:38 (45.9%)	9:36	6.2 (53.9%)
62	BECHTA Damian	58	ADIDAS RUNNERS WARSAW	OPEN	44	00:38:34.05	+00:17:45 (46.1%)	9:38	6.2 (53.9%)
63	BECHTA Katarzyna	59	BRAC TWO BIEGOWE BGK	OPEN KOBIEC	19	00:38:35.75	+00:17:47 (46.1%)	9:38	6.2 (53.9%)
64	KRZESINSKA Renata	62		OPEN KOBIEC	20	00:38:36.50	+00:17:48 (46.1%)	9:39	6.2 (53.9%)
65	SZOPIAK Marek	118	I LOVE PRZYLESIE	OPEN	45	00:38:48.50	+00:18:00 (46.4%)	9:42	6.2 (53.9%)
66	SZOPIAK Katarzyna	117	I LOVE PRZYLESIE	OPEN KOBIEC	21	00:38:49.00	+00:18:00 (46.4%)	9:42	6.2 (53.9%)
67	JAKUBOWSKA Katarzyna	114	NADLEŚNICTWO GÓRA ŚL.	OPEN KOBIEC	22	00:38:51.60	+00:18:03 (46.5%)	9:42	6.2 (53.9%)
68	KOWALEWSKA Anna	2	KOBIEC Y W BIEGU	OPEN KOBIEC	23	00:39:01.60	+00:18:13 (46.7%)	9:45	6.2 (53.9%)
69	NOWACKA Agata	90	PARKRUN SŁODOWO WŁOCLAWEK	OPEN KOBIEC	24	00:40:07.55	+00:19:19 (48.2%)	10:01	6 (52.2%)
70	KOBIERECKA Monika	105		OPEN KOBIEC	25	00:40:22.15	+00:19:33 (48.5%)	10:05	5.9 (51.3%)
71	KARCZEWSKA Julita	76	JULKA BIEGA	OPEN KOBIEC	26	00:40:24.25	+00:19:35 (48.5%)	10:06	5.9 (51.3%)
72	WESOŁOWSKI Damian	70	TOMASZÓW MAZ.	OPEN	46	00:40:52.25	+00:20:03 (49.1%)	10:13	5.9 (51.3%)
73	WILMAŃSKI Dariusz	47	PARKRUN SŁODOWO WŁOCLAWEK	OPEN	47	00:41:16.05	+00:20:27 (49.6%)	10:19	5.8 (50.4%)

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74	STELMACH Paulina	10		OPEN KOBIET	27	00:42:05.00	+00:21:16 (50.6%)	10:31	5.7 (49.6%)
75	PERKA Barbara	35		OPEN KOBIET	28	00:42:07.65	+00:21:19 (50.6%)	10:31	5.7 (49.6%)
76	CITORA Monika	80		OPEN KOBIET	29	00:42:30.25	+00:21:41 (51.1%)	10:37	5.6 (48.7%)
77	SYPKO-KUBICKA Katarzyna	18	KOZŁOWICKI CROSS SIS FABRYKA ZMIAN	OPEN KOBIET	30	00:42:32.85	+00:21:44 (51.1%)	10:38	5.6 (48.7%)
78	KUBICKI Mariusz	27	KOZŁOWICKI CROSS SIS FABRYKA ZMIAN	OPEN	48	00:42:33.55	+00:21:45 (51.1%)	10:38	5.6 (48.7%)
79	PROCAK Anna	77		OPEN KOBIET	31	00:42:36.90	+00:21:48 (51.2%)	10:39	5.6 (48.7%)
80	NOWICKA-GAŁASZKIEWICZ Katarzyna	53	LINDON TEAM	OPEN KOBIET	32	00:42:58.95	+00:22:10 (51.6%)	10:44	5.6 (48.7%)
81	DULIASZ Cezary	112	NIGHT RUNNERS KRAKÓW	OPEN	49	00:43:29.35	+00:22:41 (52.2%)	10:52	5.5 (47.8%)
82	KOWALSKA Gabriela	29	BIEGAJĄCY ŚWIDNIK	OPEN KOBIET	33	00:45:59.40	+00:25:11 (54.8%)	11:29	5.2 (45.2%)
83	CHWIAŁKOWSKA Elżbieta	23		OPEN KOBIET	34	00:46:03.90	+00:25:15 (54.8%)	11:30	5.2 (45.2%)
84	PIETROWSKI Mariusz	17		OPEN	50	00:47:39.85	+00:26:51 (56.4%)	11:54	5 (43.5%)
85	PIETROWSKA Hallik	21	KTOŚTAKI BIEGAJĄ	OPEN KOBIET	35	00:47:40.00	+00:26:51 (56.4%)	11:55	5 (43.5%)
86	KOKOCIŃSKA Anna	65	HURAGAN JÓZEFOWO	OPEN KOBIET	36	00:51:23.60	+00:30:35 (59.5%)	12:50	4.7 (40.9%)
87	PRZYK Krzysztof	78	RUN-LOG.COM	OPEN	51	00:51:26.45	+00:30:38 (59.6%)	12:51	4.7 (40.9%)
88	HULBOJ Marlena	42		OPEN KOBIET	37	00:52:02.70	+00:31:14 (60.0%)	13:00	4.6 (40.0%)
89	JABŁCZYŃSKA Katarzyna	64	HURAGAN JÓZEFOWO	OPEN KOBIET	38	00:56:35.10	+00:35:46 (63.2%)	14:08	4.2 (36.5%)
90	RUŁKA-JABŁCZYŃSKA Anna	63	HURAGAN JÓZEFOWO	OPEN KOBIET	39	00:56:35.60	+00:35:47 (63.2%)	14:08	4.2 (36.5%)
91	LEŚNIEWSKI Sławomir	40	PARKRUN SŁODOWO, WŁOCŁAWEK	OPEN	52	01:02:49.90	+00:42:01 (66.9%)	15:42	3.8 (33.0%)
92	WINIECKA Ewa	33	PARKRUN SŁODOWO WŁOCŁAWEK	OPEN KOBIET	40	01:02:56.15	+00:42:07 (66.9%)	15:44	3.8 (33.0%)
93	OKRÓJ-POPEK Aneta	20	PARKRUN SŁODOWO WŁOCŁAWEK	OPEN KOBIET	41	01:02:56.70	+00:42:08 (66.9%)	15:44	3.8 (33.0%)
94	POPEK Maciej	14	PARKRUN SŁODOWO WŁOCŁAWEK	OPEN	53	01:02:57.10	+00:42:08 (67.0%)	15:44	3.8 (33.0%)
95	BOROWSKA-TOMCZYK Anna	45	TRAINING LAB	OPEN KOBIET	42	01:06:10.80	+00:45:22 (68.6%)	16:32	3.6 (31.3%)

Znaleziono 95 wynik(ów)