

SGS LABIRYNT RUN 4KM

B4SPORT



Wydarzenie: Supermaraton Gór Stołowych
Organizator: Fundacja Maratony Górskie
Data: 2023-06-23
Miejsce: Karłów
Dystans: 4 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
1	BRÝDL Pavel	3047	SALOMON CZ	OPEN	1	00:21:16.40	00:21:16.40		5:19	11.3 (100%)
2	BONIEC Radosław	3044	NADLEŚNICTWO LIPINKI/AW SZYBCIEJ TEAM	OPEN	2	00:21:45.05	00:21:45.05	+00:00:28 (2.2%)	5:26	11 (97.3%)
3	SZYMAŃCZUK Jacek	3015	#BIEGIEMWLAS/NARAMOWICE BIEGAJĄ	OPEN	3	00:21:47.10	00:21:47.10	+00:00:30 (2.3%)	5:26	11 (97.3%)
4	SADZIK Robert	3054	NEOPROFIL	OPEN	4	00:22:37.70	00:22:37.70	+00:01:21 (6.0%)	5:39	10.6 (93.8%)
5	KAMIŃSKI Artur	3004	PRZEDWOJEWSKI TEAM / KS BODZANÓW-NOWY ŚWIĘTÓW	OPEN	5	00:24:19.00	00:24:19.00	+00:03:02 (12.5%)	6:04	9.9 (87.6%)
6	ŚWIĄTKOWSKI Paweł	3012		OPEN	6	00:24:48.50	00:24:48.50	+00:03:32 (14.2%)	6:12	9.7 (85.8%)
7	TOMASIAK Natalia	3042	SALOMON TEAM	OPEN Kobiet	1	00:25:02.45	00:25:02.45	+00:03:46 (15.0%)	6:15	9.6 (85.0%)
8	BIELECKI Sławomir	3018	NARAMOWICE BIEGAJĄ	OPEN	7	00:25:21.00	00:25:21.00	+00:04:04 (16.1%)	6:20	9.5 (84.1%)
9	FERENC-SZMUC Edyta	3040	KUDOWIANKA RUN	OPEN Kobiet	2	00:25:41.00	00:25:41.00	+00:04:24 (17.2%)	6:25	9.3 (82.3%)
10	KURASZ Szymon	3033	NKB CHYŻY NOWY TOMYŚL	OPEN	8	00:25:42.20	00:25:42.20	+00:04:25 (17.2%)	6:25	9.3 (82.3%)
11	BABIŃSKA-POPIŁKA Ewelina	3019		OPEN Kobiet	3	00:25:59.05	00:25:59.05	+00:04:42 (18.1%)	6:29	9.2 (81.4%)
12	KŁAKOWICZ Mariusz	3041		OPEN	9	00:26:12.90	00:26:12.90	+00:04:56 (18.9%)	6:33	9.2 (81.4%)
13	BONIKOWSKI Tomasz	3050		OPEN	10	00:26:55.35	00:26:55.35	+00:05:38 (21.0%)	6:43	8.9 (78.8%)
14	BUSS Jakub	3049	KUDOWIANKA RUN	OPEN	11	00:27:41.75	00:27:41.75	+00:06:25 (23.2%)	6:55	8.7 (77.0%)
15	GILEWSKI Artur	3057	CYKLON PROAL TEAM	OPEN	12	00:28:23.75	00:28:23.75	+00:07:07 (25.1%)	7:05	8.5 (75.2%)
16	STASZEWSKI Dariusz	3066		OPEN	13	00:28:39.85	00:28:39.85	+00:07:23 (25.8%)	7:09	8.4 (74.3%)
17	PIATEK Michał	3022		OPEN	14	00:29:45.15	00:29:45.15	+00:08:28 (28.5%)	7:26	8.1 (71.7%)
18	SALIŃSKI Bartosz	3067		OPEN	15	00:30:10.40	00:30:10.40	+00:08:54 (29.5%)	7:32	8 (70.8%)
19	MAZIAREK Adela	3032		OPEN Kobiet	4	00:30:29.15	00:30:29.15	+00:09:12 (30.2%)	7:37	7.9 (69.9%)
20	MAZIAREK Michał	3037		OPEN	16	00:30:53.10	00:30:53.10	+00:09:36 (31.1%)	7:43	7.8 (69.0%)
21	STANKIEWICZ Anna	3035	DOGOŃ GRODZISK MAZOWIECKI	OPEN Kobiet	5	00:30:58.15	00:30:58.15	+00:09:41 (31.3%)	7:44	7.8 (69.0%)
22	ZAJĄC Nicole	3064		OPEN Kobiet	6	00:31:05.05	00:31:05.05	+00:09:48 (31.6%)	7:46	7.7 (68.1%)
23	SZAL Małgorzata	3053	TENIS CENTRUM AS	OPEN Kobiet	7	00:31:30.30	00:31:30.30	+00:10:13 (32.5%)	7:52	7.6 (67.3%)
24	CHEŁCHOWSKI Mateusz	3039		OPEN	17	00:31:32.60	00:31:32.60	+00:10:16 (32.6%)	7:53	7.6 (67.3%)
25	CZEKALSKA Magdalena	3002	NARAMOWICE BIEGAJĄ	OPEN Kobiet	8	00:32:21.00	00:32:21.00	+00:11:04 (34.2%)	8:05	7.4 (65.5%)
26	GILEWSKA Renata	3058	CYKLON PROAL TEAM	OPEN Kobiet	9	00:32:58.45	00:32:58.45	+00:11:42 (35.5%)	8:14	7.3 (64.6%)
27	MAZIAKOWSKA Agnieszka	3065	MYWEEK.PL	OPEN Kobiet	10	00:33:19.55	00:33:19.55	+00:12:03 (36.2%)	8:19	7.2 (63.7%)
28	CHEŁCHOWSKA Katarzyna	3000		OPEN Kobiet	11	00:33:36.25	00:33:36.25	+00:12:19 (36.7%)	8:24	7.1 (62.8%)
29	KAPUŚCIŃSKA Agnieszka	3029		OPEN Kobiet	12	00:34:15.70	00:34:15.70	+00:12:59 (37.9%)	8:33	7 (61.9%)

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30	NOWAK Marta	3003	NARAMOWICE BIEGAJĄ	OPEN Kobiet	13	00:34:19.25	00:34:19.25	+00:13:02 (38.0%)	8:34	7 (61.9%)
31	MICHAŁOWSKI Jan	3026	KB HERMES GRYFINO	OPEN	18	00:34:52.90	00:34:52.90	+00:13:36 (39.0%)	8:43	6.9 (61.1%)
32	KULAK Paweł	3048		OPEN	19	00:35:21.55	00:35:21.55	+00:14:05 (39.8%)	8:50	6.8 (60.2%)
33	RÓŻAŃSKA Magdalena	3001		OPEN Kobiet	14	00:37:31.85	00:37:31.85	+00:16:15 (43.3%)	9:22	6.4 (56.6%)
34	BRZEZIŃSKI Andrzej	3036	LANRUNS	OPEN	20	00:37:38.95	00:37:38.95	+00:16:22 (43.5%)	9:24	6.4 (56.6%)
35	JACKOWSKA Roksana	3062		OPEN Kobiet	15	00:37:52.25	00:37:52.25	+00:16:35 (43.8%)	9:28	6.3 (55.8%)
35	OBSTARCZYK Daria	3061		OPEN Kobiet	15	00:37:52.25	00:37:52.25	+00:16:35 (43.8%)	9:28	6.3 (55.8%)
37	KARPIŃSKI Rafał	3014		OPEN	21	00:38:05.40	00:38:05.40	+00:16:49 (44.1%)	9:31	6.3 (55.8%)
38	PTAK Monika	3013		OPEN Kobiet	17	00:38:05.70	00:38:05.70	+00:16:49 (44.2%)	9:31	6.3 (55.8%)
39	DOSKOCZ Elżbieta	3060		OPEN Kobiet	18	00:38:10.10	00:38:10.10	+00:16:53 (44.3%)	9:32	6.3 (55.8%)
40	JANUSZ Tomasz	3011		OPEN	22	00:38:22.05	00:38:22.05	+00:17:05 (44.6%)	9:35	6.3 (55.8%)
41	BONIEC Aleksander	3045	NADLEŚNICTWO LIPINKI	OPEN	23	00:38:38.55	00:38:38.55	+00:17:22 (44.9%)	9:39	6.2 (54.9%)
42	KARAŚ Magda	3007		OPEN Kobiet	19	00:40:03.70	00:40:03.70	+00:18:47 (46.9%)	10:00	6 (53.1%)
43	TRZASKO Ania	3046	ADIDAS RUNNERS WARSAW	OPEN Kobiet	20	00:40:05.45	00:40:05.45	+00:18:49 (46.9%)	10:01	6 (53.1%)
44	ZAJĄC Andrzej	3006		OPEN	24	00:40:07.20	00:40:07.20	+00:18:50 (47.0%)	10:01	6 (53.1%)
45	SZYMANIK Paweł	3043		OPEN	25	00:40:08.00	00:40:08.00	+00:18:51 (47.0%)	10:02	6 (53.1%)
46	PRUSZANOW Marcin	3025	KB HERMES GRYFINO	OPEN	26	00:40:14.70	00:40:14.70	+00:18:58 (47.1%)	10:03	6 (53.1%)
47	SZLACHCIKOWSKI Bartosz	3059		OPEN	27	00:40:36.60	00:40:36.60	+00:19:20 (47.6%)	10:09	5.9 (52.2%)
48	BANAŚ Natalia	3055		OPEN Kobiet	21	00:41:00.65	00:41:00.65	+00:19:44 (48.1%)	10:15	5.9 (52.2%)
49	POGORZELSKI Adam	3052	EVERYFACEOF_RUNNING	OPEN	28	00:43:14.00	00:43:14.00	+00:21:57 (50.8%)	10:48	5.6 (49.6%)
50	BENTKOWSKI Jacek	3063		OPEN	29	00:46:55.70	00:46:55.70	+00:25:39 (54.7%)	11:43	5.1 (45.1%)
51	ZAJĄCZKOWSKI Wojciech	3005	POWER TRAINING	OPEN	30	00:49:56.80	00:49:56.80	+00:28:40 (57.4%)	12:29	4.8 (42.5%)
51	ZAJĄCZKOWSKI Paweł	3008	POWER TRAINING	OPEN	30	00:49:56.80	00:49:56.80	+00:28:40 (57.4%)	12:29	4.8 (42.5%)
53	MĄDRA Hanna	3038	AKTYWNI RAZEM	OPEN Kobiet	22	00:49:59.30	00:49:59.30	+00:28:42 (57.4%)	12:29	4.8 (42.5%)
54	KĄŁUSKI Jan	3017	AKTYWNI RAZEM	OPEN	32	00:54:40.20	00:54:40.20	+00:33:23 (61.1%)	13:40	4.4 (38.9%)
55	KONIECZNA Karolina	3016		OPEN Kobiet	23	00:55:24.50	00:55:24.50	+00:34:08 (61.6%)	13:51	4.3 (38.1%)
56	POPEK Maciej	3009	PARKRUN SŁODOWO WŁOCLAWEK	OPEN	33	00:55:37.80	00:55:37.80	+00:34:21 (61.8%)	13:54	4.3 (38.1%)
57	OKRÓJ-POPEK Aneta	3010	PARKRUN SŁODOWO WŁOCLAWEK	OPEN Kobiet	24	00:55:38.25	00:55:38.25	+00:34:21 (61.8%)	13:54	4.3 (38.1%)
58	BARTKOWIAK Izabela	3021	AKTYWNI RAZEM	OPEN Kobiet	25	01:06:15.80	01:06:15.80	+00:44:59 (67.9%)	16:33	3.6 (31.9%)
59	MOSLER Martyna	3034		OPEN Kobiet	26	01:19:10.70	01:19:10.70	+00:57:54 (73.1%)	19:47	3 (26.5%)
60	FLORKIEWICZ Sławomir	3027		OPEN	34	01:19:12.55	01:19:12.55	+00:57:56 (73.1%)	19:48	3 (26.5%)

Znaleziono 60 wynik(ów)