



SGS LIGHT 21KM

B4SPORT

Event: Supermaraton Gór Stołowych 2022
Organiser: Fundacja Maratony Górskie
Date: 2022-06-26
Place: Kartów
Distance: 21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-20

Place	Participant	Number	Club	Category	MCat	Parking 7km	Błędne Skały 14km	Net time 21km	Czas brutto 21km	Gap	Pace min/km	Pace km/h
1	TELEJKO Łukasz	416	RUN BYDGOSZCZ	M-20	1	00:55:14	01:37:31	02:34:15.00	02:34:23.05		7:20	8.2 (100%)
2	MICHALAK Rafał	122		M-20	2	00:53:51	01:37:56	02:42:15.20	02:42:22.00	+00:07:58 (4.9%)	7:43	7.8 (95.1%)
3	GÓRECKI Krzysztof	266		M-20	3	01:03:03	01:47:49	02:51:24.55	02:51:58.75	+00:17:35 (10.2%)	8:09	7.4 (90.2%)
4	SKARŻYŃSKI Kamil	219	PLANYBIEGOWE.PL / WLKP MOUNTAINS ULTRA	M-20	4	01:01:31	01:48:39	02:54:01.95	02:54:11.05	+00:19:48 (11.4%)	8:17	7.2 (87.8%)
5	BIŁGORAJSKI Adam	392		M-20	5	01:08:32	01:59:08	03:01:56.75	03:02:52.20	+00:28:29 (15.6%)	8:39	6.9 (84.1%)
6	KUBCZAK Jan	425		M-20	6	01:07:36	02:05:05	03:13:12.85	03:13:31.15	+00:39:08 (20.2%)	9:12	6.5 (79.3%)
7	SZARSKI Jacek	256	KAPCIOCHY	M-20	7	01:13:42	02:07:46	03:20:07.10	03:21:28.90	+00:47:05 (23.4%)	9:31	6.3 (76.8%)
8	AKUTKO Dawid	439		M-20	8	01:14:40	02:07:49	03:22:27.45	03:23:19.40	+00:48:56 (24.1%)	9:38	6.2 (75.6%)
9	RYGUŁA Mikołaj	472		M-20	9	01:13:59	02:09:26	03:31:25.10	03:31:46.50	+00:57:23 (27.1%)	10:04	6 (73.2%)
10	GRELECKI Grzegorz	393		M-20	10	01:24:46	02:29:48	04:01:34.90	04:02:28.60	+01:28:05 (36.3%)	11:30	5.2 (63.4%)

Total 10 results.