

SGS LIGHT 21KM

B4SPORT



Wydarzenie: Supermaraton Gór Stołowych
Organizator: Fundacja Maratony Górskie
Data: 2023-06-25
Miejsce: Kartów
Dystans: 21 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Błędne Skały 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	BRÝDL Pavel	2257	SALOMON CZ	M-40	1	00:38:45	01:09:04	01:50:48.95	01:50:48.95		5:16	11.4 (100%)
2	GLAPIAK Damian	2240		M-40	2	00:38:46	01:10:24	01:56:24.85	01:56:24.85	+00:05:35 (4.8%)	5:32	10.8 (94.7%)
3	KAMIŃSKI Artur	2032	PRZEDWOJEWSKI TEAM / KS BODZANÓW-NOWY ŚWIĘTÓW	M-40	3	00:43:15	01:18:24	02:08:12.95	02:08:12.95	+00:17:24 (13.6%)	6:06	9.8 (86.0%)
4	KOŁODZIEJ Roman	2290	PERFEKTA KARLOWICE	M-40	4	00:44:39	01:20:27	02:09:19.95	02:09:19.95	+00:18:31 (14.3%)	6:09	9.7 (85.1%)
5	PŁAZA Radosław	2258	BARUNOWCE	M-40	5	00:47:50	01:26:25	02:21:43.50	02:21:43.50	+00:30:54 (21.8%)	6:44	8.9 (78.1%)
6	SZCZUPAK Dominik	2243	DZG RUNNERS ZGORZELEC	M-40	6	00:48:08	01:26:07	02:22:39.45	02:22:39.45	+00:31:50 (22.3%)	6:47	8.8 (77.2%)
7	CHAMAŁA Krzysztof	2102	WEEGREE	M-40	7	00:49:32	01:27:50	02:22:58.85	02:22:58.85	+00:32:09 (22.5%)	6:48	8.8 (77.2%)
8	ŚWIĄTKOWSKI Paweł	2069		M-40	8	00:48:09	01:26:55	02:24:08.50	02:24:08.50	+00:33:19 (23.1%)	6:51	8.7 (76.3%)
9	CIRKO Arkadiusz	2289	SMS ZAGŁĘBIE LUBIN	M-40	9	00:49:47	01:30:09	02:28:11.95	02:28:11.95	+00:37:23 (25.2%)	7:03	8.5 (74.6%)
10	WYROŚLAK Józef	2180		M-40	10	00:51:47	01:32:30	02:30:36.75	02:30:36.75	+00:39:47 (26.4%)	7:10	8.4 (73.7%)
11	GRZĄBA Szymon	2186		M-40	11	00:52:13	01:32:55	02:31:29.35	02:31:29.35	+00:40:40 (26.8%)	7:12	8.3 (72.8%)
12	KŁODNICKI Krzysztof	2150		M-40	12	00:53:58	01:35:07	02:34:35.60	02:34:35.60	+00:43:46 (28.3%)	7:21	8.2 (71.9%)
13	STRZECHOWSKI Dariusz	2200	RAJSPORT ACTIVE	M-40	13	00:55:40	01:38:02	02:38:59.05	02:38:59.05	+00:48:10 (30.3%)	7:34	7.9 (69.3%)
14	KAŃDUŁA Grzegorz	2184		M-40	14	00:56:46	01:39:28	02:39:02.80	02:39:02.80	+00:48:13 (30.3%)	7:34	7.9 (69.3%)
15	PONIATOWSKI Seweryn	2159		M-40	15	00:52:41	01:37:22	02:39:34.00	02:39:34.00	+00:48:45 (30.6%)	7:35	7.9 (69.3%)

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16	TROCKI Grzegorz	2219	TROCCYBIEGAJA	M-40	16	00:55:25	01:38:19	02:41:06.35	02:41:06.35	+00:50:17 (31.2%)	7:40	7.8 (68.4%)
17	CYBUL Marek	2002	TEAM DALIDALI	M-40	17	00:58:00	01:39:27	02:41:31.95	02:41:31.95	+00:50:43 (31.4%)	7:41	7.8 (68.4%)
18	IWANOWSKI Przemysław	2239	HANNA TEAM	M-40	18	00:51:32	01:34:55	02:43:56.20	02:43:56.20	+00:53:07 (32.4%)	7:48	7.7 (67.5%)
19	OLEJNIK Marcin	2264		M-40	19	00:57:54	01:43:47	02:45:15.80	02:45:15.80	+00:54:26 (32.9%)	7:52	7.6 (66.7%)
20	KOZŁOWSKI Przemek	2292	PIECHOTĄ PO SCHODACH	M-40	20	01:00:20	01:44:34	02:47:09.70	02:47:09.70	+00:56:20 (33.7%)	7:57	7.5 (65.8%)
21	KRUPIANIK Tomasz	2215		M-40	21	00:57:56	01:43:38	02:49:20.45	02:49:20.45	+00:58:31 (34.6%)	8:03	7.4 (64.9%)
22	PAWLAK Maciej	2286	TRIGYM SZCZECIN	M-40	22	00:53:51	01:41:49	02:51:13.60	02:51:13.60	+01:00:24 (35.3%)	8:09	7.4 (64.9%)
23	MARUSZAK Darek	2060	DOGOŃ GRODZISK MAZOWIECKI/DŻAKARTA RUN TEAM	M-40	23	00:57:14	01:45:03	02:52:22.70	02:52:22.70	+01:01:33 (35.7%)	8:12	7.3 (64.0%)
24	BORYCKI Artur	2278		M-40	24	01:01:48	01:47:50	02:53:03.50	02:53:03.50	+01:02:14 (36.0%)	8:14	7.3 (64.0%)
25	ZDANOWICZ Wojciech	2092	CZARNA ŁĄKA	M-40	25	00:57:28	01:43:57	02:53:42.90	02:53:42.90	+01:02:53 (36.2%)	8:16	7.3 (64.0%)
26	KUREK Paweł	2035	#WALKINGDAD	M-40	26	00:57:19	01:44:18	02:54:21.85	02:54:21.85	+01:03:32 (36.4%)	8:18	7.2 (63.2%)
27	MORÁVEK David	2313		M-40	27	01:02:39	01:48:10	02:55:05.00	02:55:05.00	+01:04:16 (36.7%)	8:20	7.2 (63.2%)
28	KOSTRZEWA Wojciech	2096	ZADYSZKA OŚWIĘCIM	M-40	28	00:58:24	01:45:49	02:55:16.15	02:55:16.15	+01:04:27 (36.8%)	8:20	7.2 (63.2%)
29	STANULA Krzysztof	2207	DOLNY ŚLĄSK	M-40	29	01:00:46	01:46:50	02:55:25.65	02:55:25.65	+01:04:36 (36.8%)	8:21	7.2 (63.2%)
30	PARDAŁA Wojciech	2029		M-40	30	00:59:00	01:45:04	02:56:01.10	02:56:01.10	+01:05:12 (37.0%)	8:22	7.2 (63.2%)
31	BANACH Artur	2296	NSZZ "SOLIDARNOŚĆ" W VWMP	M-40	31	00:58:14	01:45:41	02:56:23.50	02:56:23.50	+01:05:34 (37.2%)	8:23	7.1 (62.3%)
32	SZULC Marcin	2199		M-40	32	00:54:39	01:40:56	02:56:39.15	02:56:39.15	+01:05:50 (37.3%)	8:24	7.1 (62.3%)
33	GÓRECKI Marcin	2312	ALETEAM	M-40	33	01:02:15	01:51:30	02:57:35.70	02:57:35.70	+01:06:46 (37.6%)	8:27	7.1 (62.3%)
34	SAMBORSKI Bartosz	2304	ZĄLOGA GÓRSKA	M-40	34	01:01:31	01:49:31	02:58:06.05	02:58:06.05	+01:07:17 (37.8%)	8:28	7.1 (62.3%)
35	GRZYBOWSKI Robert	2062	MKJ POLICE	M-40	35	00:57:50	01:46:14	02:59:18.15	02:59:18.15	+01:08:29 (38.2%)	8:32	7 (61.4%)
36	WAWRZYNIAK Robert	2157	#BIEGIEMWLAS	M-40	36	01:06:33	01:53:40	03:01:52.25	03:01:52.25	+01:11:03 (39.1%)	8:39	6.9 (60.5%)
37	SZTYPKA Konrad	2081	WKB MARATOŃCZYK WŁOCŁAWEK	M-40	37	01:01:20	01:51:34	03:02:33.70	03:02:33.70	+01:11:44 (39.3%)	8:41	6.9 (60.5%)
38	MACKO Mariusz	2259		M-40	38	01:06:08	01:54:11	03:04:51.05	03:04:51.05	+01:14:02 (40.1%)	8:48	6.8 (59.6%)

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39	FISZER Jakub	2097	RUNCROSS ROZGARTY	M-40	39	01:04:28	01:53:57	03:06:50.30	03:06:50.30	+01:16:01 (40.7%)	8:53	6.7 (58.8%)
40	KRZESIMOWSKI Damian	2021		M-40	40	01:00:48	01:52:38	03:07:19.45	03:07:19.45	+01:16:30 (40.8%)	8:55	6.7 (58.8%)
41	NUREK Łukasz	2009	PIWNE BRZUSZKI RACE TEAM	M-40	41	01:04:05	01:54:18	03:08:10.65	03:08:10.65	+01:17:21 (41.1%)	8:57	6.7 (58.8%)
42	KRZYSZTOFOWICZ Andrzej	2295	ULTRASI	M-40	42	01:07:28	01:57:12	03:11:25.90	03:11:25.90	+01:20:36 (42.1%)	9:06	6.6 (57.9%)
43	OCHOCKI Marcin	2250	DZIK KOMANDO	M-40	43	01:03:45	01:57:00	03:12:52.00	03:12:52.00	+01:22:03 (42.5%)	9:11	6.5 (57.0%)
44	HYŻY Krzysztof	2282	PIWNE BRZUSZKI RACE TEAM	M-40	44	01:06:28	01:57:06	03:14:13.25	03:14:13.25	+01:23:24 (42.9%)	9:14	6.5 (57.0%)
45	KRAWIEC Piotr	2044		M-40	45	01:06:24	02:01:04	03:17:52.95	03:17:52.95	+01:27:04 (44.0%)	9:25	6.4 (56.1%)
46	KUBIAK Przemysław	2085	STRZEGOMSKA DWUNASTKA	M-40	46	01:13:47	02:04:31	03:21:34.65	03:21:34.65	+01:30:45 (45.0%)	9:35	6.3 (55.3%)
47	HAIDA Marcin	2053		M-40	47	01:12:44	02:05:09	03:22:48.75	03:22:48.75	+01:31:59 (45.4%)	9:39	6.2 (54.4%)
48	PAWIŃSKI Artur	2280	PAW-ART ARTUR PAWIŃSKI	M-40	48	01:09:02	02:04:41	03:23:26.25	03:23:26.25	+01:32:37 (45.5%)	9:41	6.2 (54.4%)
49	LING Robert	2064		M-40	49	01:16:11	02:09:41	03:23:49.65	03:23:49.65	+01:33:00 (45.6%)	9:42	6.2 (54.4%)
50	BADOWSKI Artur	2145		M-40	50	01:13:17	02:07:51	03:25:52.05	03:25:52.05	+01:35:03 (46.2%)	9:48	6.1 (53.5%)
51	ŻEMOJDZIN Marcin	2008	PIWNE BRZUSZKI RACE TEAM	M-40	51	01:07:34	02:01:57	03:26:46.65	03:26:46.65	+01:35:57 (46.4%)	9:50	6.1 (53.5%)
52	MAREK Paweł	2105		M-40	52	01:09:44	02:05:29	03:27:15.65	03:27:15.65	+01:36:26 (46.5%)	9:52	6.1 (53.5%)
53	CZEKALSKI Tomasz	2010	NARAMOWICE BIEGAJĄ	M-40	53	01:07:02	02:05:06	03:28:02.45	03:28:02.45	+01:37:13 (46.7%)	9:54	6.1 (53.5%)
54	POPEK Maciej	2045	PARKRUN SŁODOWO WŁOCLAWEK	M-40	54	01:16:38	02:11:50	03:32:44.05	03:32:44.05	+01:41:55 (47.9%)	10:07	5.9 (51.8%)
55	SIKORA Michał	2025		M-40	55	01:07:24	02:08:06	03:32:55.80	03:32:55.80	+01:42:06 (48.0%)	10:08	5.9 (51.8%)
56	KOZDRÓJ Marcin	2028		M-40	56	01:09:18	02:08:14	03:33:10.05	03:33:10.05	+01:42:21 (48.0%)	10:09	5.9 (51.8%)
57	DERBICH Mariusz	2217	FAMOT TEAM	M-40	57	01:15:05	02:11:35	03:33:37.10	03:33:37.10	+01:42:48 (48.1%)	10:10	5.9 (51.8%)
58	KULAK Paweł	2269		M-40	58	01:08:33	02:06:51	03:33:46.40	03:33:46.40	+01:42:57 (48.2%)	10:10	5.9 (51.8%)
59	ORŁOWSKI Daniel	2026	MILLSIDE DISTILLERY	M-40	59	01:13:28	02:09:24	03:34:08.10	03:34:08.10	+01:43:19 (48.2%)	10:11	5.9 (51.8%)
60	PATYRA Łukasz	2014		M-40	60	01:15:15	02:14:38	03:42:28.00	03:42:28.00	+01:51:39 (50.2%)	10:35	5.7 (50.0%)
61	JASNOWSKI Paweł	2173	COFFEE AND GO	M-40	61	01:19:31	02:18:37	03:42:30.40	03:42:30.40	+01:51:41 (50.2%)	10:35	5.7 (50.0%)

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62	GRABOWSKI Mariusz	2038	PEGA RUNNERS	M-40	62	01:15:16	02:14:36	03:44:18.20	03:44:18.20	+01:53:29 (50.6%)	10:40	5.6 (49.1%)
63	OSTROWSKI Łukasz	2241		M-40	63	01:17:57	02:16:54	03:47:49.45	03:47:49.45	+01:57:00 (51.4%)	10:50	5.5 (48.2%)
64	BORSKI Daniel	2226		M-40	64	01:14:39	02:17:31	03:48:52.30	03:48:52.30	+01:58:03 (51.6%)	10:53	5.5 (48.2%)
65	POGORZELEC Tomasz	2188		M-40	65	01:14:42	02:15:37	03:51:59.90	03:51:59.90	+02:01:10 (52.2%)	11:02	5.4 (47.4%)
66	MIŁKOWSKI Marcin	2179	POLSKA	M-40	66	01:19:07	02:23:42	03:54:37.70	03:54:37.70	+02:03:48 (52.8%)	11:10	5.4 (47.4%)
67	KARPIŃSKI Rafał	2072		M-40	67	01:20:28	02:23:59	03:55:31.55	03:55:31.55	+02:04:42 (52.9%)	11:12	5.3 (46.5%)
68	HELMAN Jarosław	2247	JAROSŁAW HELMAN	M-40	68	01:17:32	02:22:56	03:57:38.50	03:57:38.50	+02:06:49 (53.4%)	11:18	5.3 (46.5%)
69	PIETRZAK Radosław	2131	MILLSIDE DISTILLERY	M-40	69	01:13:00	02:14:01	03:57:46.50	03:57:46.50	+02:06:57 (53.4%)	11:19	5.3 (46.5%)
70	KAŁUSKI Jan	2075	AKTYWNI RAZEM	M-40	70	01:19:20	02:22:11	04:01:27.80	04:01:27.80	+02:10:38 (54.1%)	11:29	5.2 (45.6%)
71	KURASZ Szymon	2166	NKB CHYŻY NOWY TOMYŚL	M-40	71	01:19:12	02:28:28	04:05:43.95	04:05:43.95	+02:14:55 (54.9%)	11:42	5.1 (44.7%)
72	SARNOWSKI Maciej	2183	TKKF MPK POZNAŃ	M-40	72	01:29:36	02:38:46	04:23:27.00	04:23:27.00	+02:32:38 (57.9%)	12:32	4.8 (42.1%)
73	ADAMCZUK Piotr	2049		M-40	73	01:34:32	02:47:09	04:35:17.60	04:35:17.60	+02:44:28 (59.7%)	13:06	4.6 (40.4%)
74	LEŚKIEWICZ Michał	2090		M-40	74	01:39:59	02:57:52	04:39:15.60	04:39:15.60	+02:48:26 (60.3%)	13:17	4.5 (39.5%)
	CZARNIECKI Daniel	2160	TIE	M-40		01:10:11 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	PRZESPOLEWSKI Rafał	2094	LUDZIE Z WIOCHY	M-40		01:16:55 DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 76 wynik(ów)