



**SUPERMARATON
GÓR
STOŁOWYCH**

SGS LIGHT 21KM

B4SPORT

Wydarzenie: Supermaraton Gór Stołowych
Organizator: Fundacja Maratony Górskie
Data: 2024-06-22
Miejsce: Kartów
Dystans: 23 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Błędne Skały 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	GÓRAL Karolina	2259	HEJ HEJ GÓRALU	K-30	1	00:45:18	01:22:28	02:13:41.30	02:13:41.30		6:21	9.4 (100%)
2	PERON Anita	2270		K-30	2	00:48:51	01:27:54	02:24:10.00	02:24:10.00	+00:10:28 (7.3%)	6:51	8.7 (92.6%)
3	SOBCZAK- PAŁASZEWSKA Karolina	2083		K-30	3	00:51:32	01:29:42	02:25:29.35	02:25:29.35	+00:11:48 (8.1%)	6:55	8.7 (92.6%)
4	BABIŃSKA-POPIŁKA Ewelina	2367		K-40	1	00:48:52	01:31:06	02:28:52.70	02:28:52.70	+00:15:11 (10.2%)	7:05	8.5 (90.4%)
5	SZYMAŃSKA Brygida	2348	EERLE SPORTSWEAR RUNNING TEAM / STRZEGOMSKA DWUNASTKA	K-30	4	00:55:28	01:37:24	02:33:43.45	02:33:43.45	+00:20:02 (13.0%)	7:19	8.2 (87.2%)
6	OKHRYM Olha	2042	#BIEGIEMWLAS	K-20	1	00:56:11	01:38:56	02:37:11.15	02:37:11.15	+00:23:29 (14.9%)	7:29	8 (85.1%)
7	NADOLSKA- BOCHEŃSKA Barbara	2351	SKS OBORNIKI	K-30	5	00:57:13	01:38:39	02:38:06.80	02:38:06.80	+00:24:25 (15.4%)	7:31	8 (85.1%)
8	BIHUN- GRYSZKIEWICZ Natalia	2233	ANNA HALSKA COACHING	K-30	6	00:53:04	01:45:14	02:40:54.20	02:40:54.20	+00:27:12 (16.9%)	7:39	7.8 (83.0%)
9	JAWORSKA Magdalena	2073	GB WIELKOPOLSCY BIEGACZE/TEAM HARD WORK BEATS TALENT	K-40	2	00:57:20	01:40:26	02:41:10.60	02:41:10.60	+00:27:29 (17.1%)	7:40	7.8 (83.0%)
10	KRAKOWSKA Anna	2264		K-30	7	00:55:44	01:39:40	02:43:14.25	02:43:14.25	+00:29:32 (18.1%)	7:46	7.7 (81.9%)
11	ORŁOWSKA Katarzyna	2328		K-30	8	00:59:07	01:43:24	02:44:22.00	02:44:22.00	+00:30:40 (18.7%)	7:49	7.7 (81.9%)
12	SZTYPKA Justyna	2129	WKB MARATOŃCZYK WŁOCLAWEK	K-40	3	00:58:07	01:42:52	02:45:08.60	02:45:08.60	+00:31:27 (19.0%)	7:51	7.6 (80.9%)
13	STACHOWIAK Kinga	2318		K-40	4	00:58:10	01:43:57	02:45:12.25	02:45:12.25	+00:31:30 (19.1%)	7:52	7.6 (80.9%)
14	ZACZYŃSKA-SKIBA Anna	2298	SALLER TEAM LEGNICA	K-40	5	00:59:22	01:44:00	02:47:48.55	02:47:48.55	+00:34:07 (20.3%)	7:59	7.5 (79.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Błędne Skały 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
15	WOJTKOWIAK Renata	2035	PIĄTKOWO NA BIEGOWO	K-50	1	00:59:02	01:44:41	02:48:24.55	02:48:24.55	+00:34:43 (20.6%)	8:01	7.5 (79.8%)
16	PRYŚKO-GROBELNA Małgorzata	2306	USTAW SIĘ NA BIEGANIE	K-30	9	01:01:34	01:46:51	02:48:36.90	02:48:36.90	+00:34:55 (20.7%)	8:01	7.5 (79.8%)
17	SZUKALSKA Milena	2255	DTR BIEGA MARIO TEAM	K-30	10	00:58:15	01:43:51	02:48:46.15	02:48:46.15	+00:35:04 (20.8%)	8:02	7.5 (79.8%)
18	MAZUR Monika	2209	KATCROSS	K-40	6	00:57:56	01:44:09	02:50:49.80	02:50:49.80	+00:37:08 (21.7%)	8:08	7.4 (78.7%)
19	PONIATOWSKA Justyna	2309	TEBIA RUNNERS	K-30	11	01:01:01	01:47:43	02:54:02.00	02:54:02.00	+00:40:20 (23.2%)	8:17	7.2 (76.6%)
20	PIECUCH Karolina	2067		K-30	12	01:01:21	01:49:21	02:55:54.60	02:55:54.60	+00:42:13 (24.0%)	8:22	7.2 (76.6%)
21	GRUDZIEN-JURKOWSKA Małgorzata	2196		K-40	7	01:01:37	01:50:26	02:56:31.60	02:56:31.60	+00:42:50 (24.3%)	8:24	7.1 (75.5%)
22	OPIAŁ Michalina	2262		K-30	13	01:02:23	01:50:56	02:58:26.55	02:58:26.55	+00:44:45 (25.1%)	8:29	7.1 (75.5%)
23	OLEJNIK Agnieszka	2350	ENDORFINY WĄSOSZ	K-40	8	01:06:38	01:54:58	03:01:05.70	03:01:05.70	+00:47:24 (26.2%)	8:37	7 (74.5%)
24	KRUPA Justyna	2106	AKTYWNA NOWA RUDA	K-40	9	01:01:13	01:52:05	03:02:44.60	03:02:44.60	+00:49:03 (26.8%)	8:42	6.9 (73.4%)
25	SOSNOWSKA-SMYK Joanna	2179	AUTOLIV RUN TEAM	K-40	10	01:01:36	01:51:50	03:03:20.95	03:03:20.95	+00:49:39 (27.1%)	8:43	6.9 (73.4%)
26	STASIŃSKA-KOSTOWSKA Wiktoria	2347		K-20	2	01:06:47	01:54:55	03:03:22.80	03:03:22.80	+00:49:41 (27.1%)	8:43	6.9 (73.4%)
27	SIKORA Malwina	2193	DROGA DO ULTRA	K-20	3	01:06:44	01:56:37	03:06:29.95	03:06:29.95	+00:52:48 (28.3%)	8:52	6.8 (72.3%)
28	WAWRZYNIAK Lidia	2235	WYPOŻYCZALNIA SKRZYDEŁ	K-50	2	01:05:08	01:55:44	03:08:15.20	03:08:15.20	+00:54:33 (29.0%)	8:57	6.7 (71.3%)
29	STOMAL Marzena	2226		K-40	11	01:07:28	01:57:28	03:09:06.15	03:09:06.15	+00:55:24 (29.3%)	9:00	6.7 (71.3%)
30	KRZYWICKA Martyna	2204	ZABIEGANI.COM.PL	K-20	4	01:06:46	01:58:57	03:10:25.40	03:10:25.40	+00:56:44 (29.8%)	9:04	6.6 (70.2%)
31	PAKULSKA-TOMZA Dorota	2010	SIŁA KOBIET	K-40	12	01:08:26	02:01:22	03:11:15.95	03:11:15.95	+00:57:34 (30.1%)	9:06	6.6 (70.2%)
32	GRABIAS-MAZUR Krystyna	2236	TRIATHLON DĄBROWA GÓRNICZA	K-40	13	01:05:30	01:56:36	03:12:35.50	03:12:35.50	+00:58:54 (30.6%)	9:10	6.5 (69.1%)
33	KUKOBNIKAVA Vitaliya	2164		K-30	14	01:11:41	02:03:05	03:14:07.65	03:14:07.65	+01:00:26 (31.1%)	9:14	6.5 (69.1%)
34	KRYSIAK Marlena	2044		K-30	15	01:10:52	02:02:41	03:15:06.85	03:15:06.85	+01:01:25 (31.5%)	9:17	6.5 (69.1%)
35	WESOŁEK Paula	2150	ADIDAS RUNNERS POZNAŃ	K-30	16	01:11:38	02:02:01	03:15:15.55	03:15:15.55	+01:01:34 (31.5%)	9:17	6.5 (69.1%)
36	CZUCHAJ Anna	2251		K-40	14	01:08:21	01:59:39	03:16:15.30	03:16:15.30	+01:02:34 (31.9%)	9:20	6.4 (68.1%)

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37	BURZYŃSKA Ewelina	2008	SIŁA KOBIEC	K-40	15	01:08:26	02:00:48	03:16:17.90	03:16:17.90	+01:02:36 (31.9%)	9:20	6.4 (68.1%)
38	SUWALSKA Julia	2241		K-30	17	01:10:57	02:01:40	03:17:41.50	03:17:41.50	+01:04:00 (32.4%)	9:24	6.4 (68.1%)
39	BARAN Paulina	2360		K-30	18	01:09:17	02:03:48	03:18:03.05	03:18:03.05	+01:04:21 (32.5%)	9:25	6.4 (68.1%)
40	ŁAMPIKA Kinga	2168	GOOD MOVE	K-40	16	01:12:05	02:06:02	03:18:15.00	03:18:15.00	+01:04:33 (32.6%)	9:26	6.4 (68.1%)
41	DZIARKOWSKA Edyta	2137	RUNCROSS ROZGARTY	K-40	17	01:08:49	02:02:39	03:18:25.55	03:18:25.55	+01:04:44 (32.6%)	9:26	6.4 (68.1%)
42	ANDRZEJEWSKA Anna	2163		K-40	18	01:06:31	02:02:23	03:20:56.10	03:20:56.10	+01:07:14 (33.5%)	9:34	6.3 (67.0%)
43	STYBEL Anna	2112	GORZOWSKASIŁA /PARKRUNGORZÓW/BBL LASY BOGDANIEC	K-30	19	01:08:36	02:05:00	03:20:58.40	03:20:58.40	+01:07:17 (33.5%)	9:34	6.3 (67.0%)
44	STOCHNIJ Katarzyna	2243	ING BANK ŚLĄSKI	K-40	19	01:12:34	02:05:02	03:21:36.60	03:21:36.60	+01:07:55 (33.7%)	9:36	6.3 (67.0%)
45	SUCHORSKA-PRZERWANEK Anna	2175		K-40	20	01:10:52	02:03:19	03:22:24.65	03:22:24.65	+01:08:43 (34.0%)	9:38	6.2 (66.0%)
46	JANOWSKA-JASICZAK Ewa	2032		K-30	20	01:13:12	02:07:18	03:22:44.40	03:22:44.40	+01:09:03 (34.1%)	9:39	6.2 (66.0%)
47	KAPUŚCIŃSKA Agnieszka	2185		K-30	21	01:15:54	02:10:13	03:24:13.70	03:24:13.70	+01:10:32 (34.5%)	9:43	6.2 (66.0%)
48	PAWLIKOWSKA Anna	2210		K-50	3	01:13:03	02:07:50	03:26:27.20	03:26:27.20	+01:12:45 (35.2%)	9:49	6.1 (64.9%)
49	KOZDRÓJ Wioletta	2028	DOGOŃ GRODZISK MAZOWIECKI/DŻAKARTA RUN TEAM	K-40	21	01:13:11	02:09:58	03:26:57.30	03:26:57.30	+01:13:16 (35.4%)	9:51	6.1 (64.9%)
50	ŠERKŠNAITĒ Odeta	2374	WILD SOULS	K-40	22	01:16:50	02:12:31	03:27:32.10	03:27:32.10	+01:13:50 (35.6%)	9:52	6.1 (64.9%)
51	FELKEL Ewa	2025	PIĄTKOWO NA BIEGOWO	K-50	4	01:15:09	02:12:38	03:27:33.35	03:27:33.35	+01:13:52 (35.6%)	9:53	6.1 (64.9%)
52	KWIATKOWSKA Marta	2153		K-40	23	01:12:19	02:06:00	03:27:56.75	03:27:56.75	+01:14:15 (35.7%)	9:54	6.1 (64.9%)
53	JAGODZIŃSKA Aleksandra	2154	JAGODA TEAM	K-40	24	01:14:18	02:09:32	03:28:48.90	03:28:48.90	+01:15:07 (36.0%)	9:56	6 (63.8%)
54	JACH Paulina	2205		K-30	22	01:16:18	02:10:59	03:29:24.30	03:29:24.30	+01:15:43 (36.2%)	9:58	6 (63.8%)
55	NAWROCKA Sylwia	2338	MAMA W BIEGU	K-50	5	01:15:07	02:11:33	03:29:34.70	03:29:34.70	+01:15:53 (36.2%)	9:58	6 (63.8%)
56	WIŚNIEWSKA Justyna	2335		K-40	25	01:13:55	02:11:34	03:30:08.00	03:30:08.00	+01:16:26 (36.4%)	10:00	6 (63.8%)
57	ŁAŻEWSKA Sylwia	2180		K-40	26	01:12:17	02:09:19	03:31:52.10	03:31:52.10	+01:18:10 (36.9%)	10:05	5.9 (62.8%)
58	BOROWSKA Iga	2051	TARNOWO PODGÓRNE BIEGA	K-20	5	01:17:31	02:12:54	03:32:15.80	03:32:15.80	+01:18:34 (37.0%)	10:06	5.9 (62.8%)
59	DUTKOWIAK Aleksandra	2232	PIĄTKOWO NA BIEGOWO	K-40	27	01:15:15	02:13:22	03:32:16.95	03:32:16.95	+01:18:35 (37.0%)	10:06	5.9 (62.8%)

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60	HEJNA Małgorzata	2303		K-50	6	01:12:16	02:10:02	03:33:06.50	03:33:06.50	+01:19:25 (37.3%)	10:08	5.9 (62.8%)
61	GNATOWICZ- CZARNOŁĘSKA Beata	2218	ZAKOCHAJ SIĘ W BIEGANIU	K-50	7	01:13:07	02:09:19	03:33:10.15	03:33:10.15	+01:19:28 (37.3%)	10:09	5.9 (62.8%)
62	KAMIŃSKA Sandra	2356	GRUPA OTMUCHÓW SPORT TEAM	K-30	23	01:14:35	02:11:30	03:33:19.30	03:33:19.30	+01:19:38 (37.3%)	10:09	5.9 (62.8%)
63	TROCKA Luiza	2258	TROCCY BIEGAJĄ	K-40	28	01:14:57	02:09:52	03:33:39.20	03:33:39.20	+01:19:57 (37.4%)	10:10	5.9 (62.8%)
64	JAKUBOWSKA Marta	2016		K-40	29	01:13:07	02:12:33	03:34:03.05	03:34:03.05	+01:20:21 (37.5%)	10:11	5.9 (62.8%)
65	KAŃDUŁA Klaudia	2266		K-40	30	01:16:32	02:15:06	03:35:08.45	03:35:08.45	+01:21:27 (37.9%)	10:14	5.9 (62.8%)
66	KACZOROWSKA Dorota	2156		K-40	31	01:19:11	02:13:52	03:35:31.90	03:35:31.90	+01:21:50 (38.0%)	10:15	5.8 (61.7%)
67	CHOŁUJ Małgorzata	2114		K-60	1	01:19:17	02:17:14	03:36:26.20	03:36:26.20	+01:22:44 (38.2%)	10:18	5.8 (61.7%)
68	SARNA Beata	2118		K-50	8	01:19:21	02:17:18	03:36:26.45	03:36:26.45	+01:22:45 (38.2%)	10:18	5.8 (61.7%)
69	MODERACKA Małgorzata	2096		K-30	24	01:16:47	02:14:59	03:36:50.05	03:36:50.05	+01:23:08 (38.3%)	10:19	5.8 (61.7%)
70	ZALEWSKA Ewa	2254		K-30	25	01:19:11	02:15:14	03:37:07.20	03:37:07.20	+01:23:25 (38.4%)	10:20	5.8 (61.7%)
71	MINIAJLUK- LEWANDOWSKA Kamila	2177		K-40	32	01:15:18	02:13:44	03:37:41.80	03:37:41.80	+01:24:00 (38.6%)	10:21	5.8 (61.7%)
72	WRÓBLEWSKA Anna	2223	KLUB BIEGACZA KAMIEŃ POMORSK	K-40	33	01:17:14	02:15:27	03:40:14.50	03:40:14.50	+01:26:33 (39.3%)	10:29	5.7 (60.6%)
73	MAŚNICA- SZYMAŃSKA Joanna	2212	WOLSZTYŃSKI KLUB BIEGOWY	K-40	34	01:09:01	02:13:41	03:42:11.20	03:42:11.20	+01:28:29 (39.8%)	10:34	5.7 (60.6%)
74	PLUTA Kinga	2041		K-20	6	01:15:25	02:16:23	03:42:30.20	03:42:30.20	+01:28:48 (39.9%)	10:35	5.7 (60.6%)
75	BŁASZCZYK Małgorzata	2007		K-30	26	01:19:02	02:16:31	03:43:37.60	03:43:37.60	+01:29:56 (40.2%)	10:38	5.6 (59.6%)
76	KACZYŃSKA- BRONISZ Justyna	2103	DUSZKI GORZÓW WLKP	K-40	35	01:16:25	02:17:15	03:43:40.65	03:43:40.65	+01:29:59 (40.2%)	10:39	5.6 (59.6%)
77	SAJKOWSKA Gabriela	2102	DUSZKI GORZÓW WLKP	K-50	9	01:16:18	02:17:02	03:43:40.80	03:43:40.80	+01:29:59 (40.2%)	10:39	5.6 (59.6%)
78	DUBIŃSKA Wioletta	2336	BBL ZDUŃSKA WOLA	K-40	36	01:15:57	02:15:18	03:44:27.10	03:44:27.10	+01:30:45 (40.4%)	10:41	5.6 (59.6%)
79	KRÓL-PIDANTY Marzena	2011		K-40	37	01:18:56	02:19:46	03:44:47.45	03:44:47.45	+01:31:06 (40.5%)	10:42	5.6 (59.6%)
80	PIEUCH Małgorzata	2040		K-60	2	01:19:59	02:20:02	03:46:08.00	03:46:08.00	+01:32:26 (40.9%)	10:46	5.6 (59.6%)
81	KONKIEWICZ Katarzyna	2366	ULTRAPYRY	K-50	10	01:24:34	02:24:34	03:48:20.05	03:48:20.05	+01:34:38 (41.5%)	10:52	5.5 (58.5%)

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82	BLACHA Małgorzata	2140		K-30	27	01:22:54	02:22:39	03:48:32.00	03:48:32.00	+01:34:50 (41.5%)	10:52	5.5 (58.5%)
83	NAPIERAŁA Katarzyna	2003		K-40	38	01:20:46	02:22:41	03:51:12.90	03:51:12.90	+01:37:31 (42.2%)	11:00	5.4 (57.4%)
84	APANOVA Ekaterina	2203		K-30	28	01:17:17	02:21:08	03:51:17.05	03:51:17.05	+01:37:35 (42.2%)	11:00	5.4 (57.4%)
85	KABZIŃSKA Dagmara	2047	UNIWERSYTECKI KLUB ALPINISTYCZNY	K-50	11	01:23:52	02:25:15	03:51:19.95	03:51:19.95	+01:37:38 (42.2%)	11:00	5.4 (57.4%)
86	OPASKA Katarzyna	2201		K-40	39	01:22:50	02:25:14	03:53:05.00	03:53:05.00	+01:39:23 (42.6%)	11:05	5.4 (57.4%)
87	SWICARZ Monika	2191		K-40	40	01:21:53	02:24:36	03:54:01.85	03:54:01.85	+01:40:20 (42.9%)	11:08	5.4 (57.4%)
88	WAŚIK Izabela	2037	BEMOWO BIEGA	K-50	12	01:23:49	02:27:14	03:54:56.80	03:54:56.80	+01:41:15 (43.1%)	11:11	5.4 (57.4%)
89	GUZIŃSKA Ola	2038	BIEGAM BO LUBIĘ ZĄBKI TEAM	K-40	41	01:23:50	02:27:15	03:54:58.25	03:54:58.25	+01:41:16 (43.1%)	11:11	5.4 (57.4%)
90	GONTARZ Olga	2090		K-30	29	01:21:06	02:28:10	03:55:57.60	03:55:57.60	+01:42:16 (43.3%)	11:14	5.3 (56.4%)
91	ŚRÓBKA Weronika	2295		K-30	30	01:21:51	02:25:09	03:56:13.30	03:56:13.30	+01:42:32 (43.4%)	11:14	5.3 (56.4%)
92	PLESIŃSKA Joanna	2136		K-30	31	01:29:34	02:29:10	03:56:38.50	03:56:38.50	+01:42:57 (43.5%)	11:16	5.3 (56.4%)
93	SIEDLIK Małgorzata	2089	SPORTOWA INICJATYWA	K-30	32	01:25:45	02:28:58	03:57:53.45	03:57:53.45	+01:44:12 (43.8%)	11:19	5.3 (56.4%)
94	SPACHACZ Agnieszka	2234		K-20	7	01:28:24	02:31:24	03:58:14.00	03:58:14.00	+01:44:32 (43.9%)	11:20	5.3 (56.4%)
95	MOSPINEK Ewa	2146	SZAKALE BAŁUT ŁÓDŹ	K-40	42	01:27:45	02:32:54	03:58:15.30	03:58:15.30	+01:44:34 (43.9%)	11:20	5.3 (56.4%)
96	BIRECKA Kamilla	2165		K-50	13	01:23:46	02:26:12	03:58:38.25	03:58:38.25	+01:44:56 (44.0%)	11:21	5.3 (56.4%)
97	FRANKIEWICZ Ludwika	2147		K-40	43	01:27:48	02:32:55	03:58:38.90	03:58:38.90	+01:44:57 (44.0%)	11:21	5.3 (56.4%)
98	KOZŁOWSKA Magdalena	2277	RUNNERS KONIN	K-40	44	01:24:52	02:28:51	04:01:37.70	04:01:37.70	+01:47:56 (44.7%)	11:30	5.2 (55.3%)
99	WALISZEWSKA Adrianna	2291	ROWERY MAŁGOŚKA	K-30	33	01:24:51	02:29:03	04:01:55.90	04:01:55.90	+01:48:14 (44.7%)	11:31	5.2 (55.3%)
100	JĘDRZEJEK Kinga	2095	HAPPY RUNNERS	K-40	45	01:24:47	02:32:24	04:05:02.90	04:05:02.90	+01:51:21 (45.4%)	11:40	5.1 (54.3%)
101	KOZIARSKA Ewa	2189		K-40	46	01:27:37	02:32:32	04:05:03.15	04:05:03.15	+01:51:21 (45.4%)	11:40	5.1 (54.3%)
102	JASTRZĘBSKA-DEM CZAR Aneta	2078		K-50	14	01:25:08	02:29:40	04:05:46.70	04:05:46.70	+01:52:05 (45.6%)	11:42	5.1 (54.3%)
103	ROSIŃSKA Agnieszka	2072	ŚWIERCZEWO RUN	K-40	47	01:25:09	02:31:05	04:06:08.70	04:06:08.70	+01:52:27 (45.7%)	11:43	5.1 (54.3%)
104	GIZELSKA Agnieszka	2084	PIĄTKOWO NA BIEGOWO	K-50	15	01:22:46	02:27:07	04:07:01.20	04:07:01.20	+01:53:19 (45.9%)	11:45	5.1 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking 7km	Błędne Skały 14km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
105	RĘKOSIEWICZ-TOKARZ Monika	2206	MONIKA RĘKOSIEWICZ- TOKARZ	K-40	48	01:28:51	02:36:18	04:07:03.75	04:07:03.75	+01:53:22 (45.9%)	11:45	5.1 (54.3%)
106	GOLISZ-FIORENZA Katarzyna	2267	MUD FOXES	K-30	34	01:28:19	02:33:26	04:09:02.30	04:09:02.30	+01:55:21 (46.3%)	11:51	5.1 (54.3%)
107	JARCZYNSKA Adriana	2269		K-40	49	01:31:10	02:38:32	04:09:19.70	04:09:19.70	+01:55:38 (46.4%)	11:52	5.1 (54.3%)
108	BIEŃ Katarzyna	2324		K-30	35	01:29:37	02:33:21	04:09:22.45	04:09:22.45	+01:55:41 (46.4%)	11:52	5.1 (54.3%)
109	KONIECZNY Izabella	2142		K-40	50	01:27:32	02:33:22	04:09:58.50	04:09:58.50	+01:56:17 (46.5%)	11:54	5 (53.2%)
110	ADAMIAK Marta	2228	RUN4GOLD	K-40	51	01:29:44	02:41:50	04:20:18.30	04:20:18.30	+02:06:37 (48.6%)	12:23	4.8 (51.1%)
111	WALENTYN Katarzyna	2019	RUNCROSS ROZGARTY	K-40	52	01:31:56	02:41:18	04:21:22.40	04:21:22.40	+02:07:41 (48.9%)	12:26	4.8 (51.1%)
112	PUCHAŁA Iwona	2217		K-60	3	01:29:40	02:38:22	04:21:23.60	04:21:23.60	+02:07:42 (48.9%)	12:26	4.8 (51.1%)
113	GŁOWACKA Karolina	2373		K-40	53	01:31:19	02:44:54	04:23:51.40	04:23:51.40	+02:10:10 (49.3%)	12:33	4.8 (51.1%)
114	BAK Tatiana	2127		K-30	36	01:35:32	02:45:00	04:26:00.45	04:26:00.45	+02:12:19 (49.7%)	12:40	4.7 (50.0%)
115	NIEWCZAS-STEFAŃSKA Agnieszka	2018		K-50	16	01:29:36	02:40:13	04:27:15.60	04:27:15.60	+02:13:34 (50.0%)	12:43	4.7 (50.0%)
116	SUTA Anna	2013		K-40	54	01:23:02	02:32:44	04:28:21.05	04:28:21.05	+02:14:39 (50.2%)	12:46	4.7 (50.0%)
117	SZKUDLARZ Agata	2012		K-40	55	01:28:14	02:40:02	04:28:21.10	04:28:21.10	+02:14:39 (50.2%)	12:46	4.7 (50.0%)
118	PRYSZCZEWSKA Katarzyna	2229		K-50	17	01:32:03	02:43:56	04:31:27.05	04:31:27.05	+02:17:45 (50.8%)	12:55	4.6 (48.9%)
119	ZAWADZKA Kinga	2353		K-40	56	01:34:43	02:48:57	04:32:22.35	04:32:22.35	+02:18:41 (50.9%)	12:58	4.6 (48.9%)
120	NOWAK - KASPRZAK Anna	2334		K-30	37	01:32:39	02:45:39	04:33:35.70	04:33:35.70	+02:19:54 (51.1%)	13:01	4.6 (48.9%)
121	ŁUCIÓW Agnieszka	2333		K-40	57	01:32:47	02:45:56	04:35:16.10	04:35:16.10	+02:21:34 (51.4%)	13:06	4.6 (48.9%)
122	DAWID Katarzyna	2299	HAPPY RUNNERS	K-50	18	01:31:35	02:46:45	04:37:18.00	04:37:18.00	+02:23:36 (51.8%)	13:12	4.5 (47.9%)
Przekroczony limit czasu: 05:00:00												
123	SYGUŁA Katarzyna	2023		K-50	19	01:49:47	03:11:58	05:04:42.80	05:04:42.80	+02:51:01 (56.1%)	14:30	4.1 (43.6%)
124	STAJER Małgorzata	2116		K-50	20	01:49:47	03:15:50	05:10:29.90	05:10:29.90	+02:56:48 (56.9%)	14:47	4.1 (43.6%)
125	KOSTULSKA Olga	2307	WKURW_TEAM	K-30	38	01:54:28	03:25:34	05:38:11.35	05:38:11.35	+03:24:30 (60.5%)	16:06	3.7 (39.4%)
126	BADOWSKA Katarzyna	2126		K-40	58					+00:00:20	366:40	0.2 (2.1%)

Znaleziono 126 wynik(ów)