



SGS LIGHT PÓŁMARATON 23KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Supermaraton Gór Stołowych 2021
Organizator: Fundacja Maratony Górskie
Data: 2021-06-27
Miejsce: Kartów
Dystans: 23 km

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pasterka 14.4km	Czas netto 23.6km	Różn	Tempo min/km	Tempo km/h
1	SERAFIN Ewelina	265		K-40	1	01:41:09	03:09:33.05		8:01	7.5 (100%)
2	BILCZEWSKA Monika	13		K-40	2	01:43:29	03:14:30.85	+00:04:57 (2.6%)	8:14	7.3 (97.3%)
3	BARTMAŃSKA Mirosława	346	KRÓLOWE RUNNINGU	K-40	3	01:45:28	03:16:01.70	+00:06:28 (3.3%)	8:18	7.2 (96.0%)
4	KOWALSKA-WALIŚ Agnieszka	252	DOGOŃ GRODZISK MAZOWIECKI	K-40	4	01:44:15	03:19:11.15	+00:09:38 (4.8%)	8:26	7.1 (94.7%)
5	ŁAŻEWSKA Sylwia	95		K-40	5	01:50:18	03:24:35.85	+00:15:02 (7.4%)	8:40	6.9 (92.0%)
6	REDEK Sylwia	192	TEAM ZABIEGANEDNI	K-40	6	01:51:17	03:25:46.60	+00:16:13 (7.9%)	8:43	6.9 (92.0%)
7	ORTYL Ewelina	549		K-40	7	01:50:48	03:30:50.45	+00:21:17 (10.1%)	8:56	6.7 (89.3%)
8	KUCHCIŃSKA Monika	509		K-40	8	01:53:47	03:31:16.30	+00:21:43 (10.3%)	8:57	6.7 (89.3%)
9	DYR Dorota	416		K-40	9	01:53:58	03:32:12.70	+00:22:39 (10.7%)	8:59	6.7 (89.3%)
10	CZARNOTA Dorota	363	WYBIEGAJ SIEBIE	K-40	10	01:51:57	03:35:39.40	+00:26:06 (12.1%)	9:08	6.6 (88.0%)
11	JANDY Honorata	35	RUN&CROSS SZAMOTUŁY	K-40	11	01:54:52	03:35:43.75	+00:26:10 (12.1%)	9:08	6.6 (88.0%)
12	BIŃCZARSKA Monika	83	WKB WŁOCŁAWEK	K-40	12	01:55:24	03:35:46.15	+00:26:13 (12.2%)	9:08	6.6 (88.0%)
13	MYŚLICKA-PIWKO Marta	352	KRÓLOWE RUNNINGU	K-40	13	01:53:00	03:36:34.20	+00:27:01 (12.5%)	9:10	6.5 (86.7%)
14	KRZESIŃSKA Renata	333		K-40	14	01:57:58	03:40:58.40	+00:31:25 (14.2%)	9:21	6.4 (85.3%)
15	KOWALCZYK-GROCHLA Agata	296		K-40	15	01:56:57	03:41:03.55	+00:31:30 (14.3%)	9:21	6.4 (85.3%)
16	CENDER Magdalena	495	DOGOŃ GRODZISK MAZOWIECKI	K-40	16	01:52:47	03:41:34.65	+00:32:01 (14.5%)	9:23	6.4 (85.3%)
17	HORODYŃSKA Mirosława	521		K-40	17	01:57:08	03:41:42.95	+00:32:09 (14.5%)	9:23	6.4 (85.3%)
18	WINIECKA Ewa	131	PARKRUN SŁODOWO WŁOCŁAWEK	K-40	18	01:57:37	03:42:15.40	+00:32:42 (14.7%)	9:25	6.4 (85.3%)
19	POCHWAŁA Justyna	219	NATALIA TOMASIAK GÓRSKI STYL TEAM	K-40	19	01:59:20	03:42:20.45	+00:32:47 (14.7%)	9:25	6.4 (85.3%)
20	WRÓBLEWSKA Olga	308	VEGE RUNNERS	K-40	20	01:58:57	03:43:37.75	+00:34:04 (15.2%)	9:28	6.3 (84.0%)
21	POLÁŠKOVÁ Pavlína	339		K-40	21	01:59:01	03:44:26.20	+00:34:53 (15.5%)	9:30	6.3 (84.0%)
22	DOBROCHOWSKA Ilona	338	STRZEGOMSKA DWUNASTKA	K-40	22	01:56:44	03:44:34.95	+00:35:01 (15.6%)	9:30	6.3 (84.0%)
23	RÓŻAŃSKA Magdalena	94		K-40	23	02:03:08	03:45:41.85	+00:36:08 (16.0%)	9:33	6.3 (84.0%)
24	PAPROCKA Natalia	69		K-40	24	02:00:25	03:47:07.35	+00:37:34 (16.5%)	9:37	6.2 (82.7%)
25	GUZIŃSKA Aleksandra	174		K-40	25	02:00:30	03:47:22.10	+00:37:49 (16.6%)	9:38	6.2 (82.7%)
26	CZECH Dorota	49		K-40	26	02:00:01	03:51:12.60	+00:41:39 (18.0%)	9:47	6.1 (81.3%)
27	CICHOŃ Elżbieta	522	STRZEGOMSKA DWUNASTKA	K-40	27	02:07:38	03:51:24.70	+00:41:51 (18.1%)	9:48	6.1 (81.3%)
28	CZERWIŃSKA Magdalena	400	RESHAPE RUNNERS	K-40	28	01:59:48	03:53:50.15	+00:44:17 (18.9%)	9:54	6.1 (81.3%)
29	BARTOSZEWSKA Katarzyna	320		K-40	29	02:02:25	03:53:52.15	+00:44:19 (19.0%)	9:54	6.1 (81.3%)

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30	WÓJCIK Kamila	318	LACHO TEAM	K-40	30	02:03:14	03:53:57.05	+00:44:24 (19.0%)	9:54	6.1 (81.3%)
31	GDOWSKA Ewa	328		K-40	31	02:06:26	03:54:03.75	+00:44:30 (19.0%)	9:55	6 (80.0%)
32	FELKEL Ewa	244	PIĄTKOWO NA BIEGOWO	K-40	32	02:02:51	03:54:19.40	+00:44:46 (19.1%)	9:55	6 (80.0%)
33	OLEJNICZAK Agnieszka	514		K-40	33	02:05:57	03:58:57.40	+00:49:24 (20.7%)	10:07	5.9 (78.7%)
34	NOWAKOWSKA Beata	388	RACEFIGHTER GOSIR DĘBE WIELKIE	K-40	34	02:03:03	03:59:22.35	+00:49:49 (20.8%)	10:08	5.9 (78.7%)
35	NOWAKOWSKA Ewelina	513		K-40	35	02:10:24	04:02:22.50	+00:52:49 (21.8%)	10:16	5.8 (77.3%)
36	WASZCZYSZYN Bożena	181	I LOVE PRZYLESIE	K-40	36	02:03:48	04:05:29.05	+00:55:56 (22.8%)	10:24	5.8 (77.3%)
37	RADOMSKA Urszula	227	I LOVE PRZYLESIE	K-40	37	02:03:48	04:05:29.50	+00:55:56 (22.8%)	10:24	5.8 (77.3%)
38	MAJEWSKA Wioleta	234	STRZEGOMSKA DWUNASTKA	K-40	38	02:07:44	04:06:01.30	+00:56:28 (23.0%)	10:25	5.8 (77.3%)
39	TUREK Karolina	384	RUCHAWĘ MISIE Z BIAŁEGO DOMKU	K-40	39	02:10:03	04:06:55.20	+00:57:22 (23.2%)	10:27	5.7 (76.0%)
40	WEYNA Anna	383	BIAŁY DOMEK BIEGA	K-40	40	02:10:01	04:06:55.30	+00:57:22 (23.2%)	10:27	5.7 (76.0%)
41	SYPKO-KUBICKA Katarzyna	96	KOZŁOWICKI CROSS SIS FABRYKA ZMIAN	K-40	41	02:07:11	04:07:36.50	+00:58:03 (23.4%)	10:29	5.7 (76.0%)
42	KRZEWSKA Edyta	422	RACEFIGHTER GOSIR DĘBE WIELKIE	K-40	42	02:04:04	04:10:22.60	+01:00:49 (24.3%)	10:36	5.7 (76.0%)
43	KARŁOWSKA Olga	269		K-40	43	02:08:17	04:10:24.15	+01:00:51 (24.3%)	10:36	5.7 (76.0%)
44	SERWIK Agnieszka	368		K-40	44	02:22:37	04:10:24.95	+01:00:51 (24.3%)	10:36	5.7 (76.0%)
45	PANYŁO Małgorzata	201		K-40	45	01:57:28	04:10:29.05	+01:00:56 (24.3%)	10:36	5.7 (76.0%)
46	URBANIAK Izabela	489		K-40	46	02:12:03	04:10:45.40	+01:01:12 (24.4%)	10:37	5.6 (74.7%)
47	GÓRCZAK Urszula	193	I LOVE PRZYLESIE	K-40	47	02:05:27	04:12:07.85	+01:02:34 (24.8%)	10:40	5.6 (74.7%)
48	GOŁUCH Joanna	524		K-40	48	02:08:13	04:12:51.35	+01:03:18 (25.0%)	10:42	5.6 (74.7%)
49	KWIATKOWSKA Marta	316		K-40	49	02:06:05	04:13:36.20	+01:04:03 (25.3%)	10:44	5.6 (74.7%)
50	KOCHANOWSKA Anna	111	CZEWARUNTIM	K-40	50	02:09:29	04:17:28.20	+01:07:55 (26.4%)	10:54	5.5 (73.3%)
51	JEZIERSKA Karina	256	12TRI.PL / TEAM ZABIEGANEDNI	K-40	51	02:13:27	04:18:36.35	+01:09:03 (26.7%)	10:57	5.5 (73.3%)
52	NOWAK Marta	186	NARAMOWICE BIEGAJĄ	K-40	52	02:18:00	04:21:46.65	+01:12:13 (27.6%)	11:05	5.4 (72.0%)
53	MISIOREK Emilia	43	RUNIFORFUNI NSAS	K-40	53	02:13:24	04:22:46.95	+01:13:13 (27.9%)	11:08	5.4 (72.0%)
54	GOMULKIEWICZ Dorota	47	RUNIFORFUNI NSAS	K-40	54	02:13:26	04:22:49.70	+01:13:16 (27.9%)	11:08	5.4 (72.0%)
55	KOZAK Ewa	410	KOZAKI	K-40	55	02:20:39	04:24:11.25	+01:14:38 (28.3%)	11:11	5.4 (72.0%)
56	SZYMCAK Marta	91	PIEKIELNIE ZGRANI	K-40	56	02:12:02	04:27:26.70	+01:17:53 (29.1%)	11:19	5.3 (70.7%)
57	GRACZYK Magdalena	335		K-40	57	02:15:42	04:27:48.85	+01:18:15 (29.2%)	11:20	5.3 (70.7%)
58	CZEKAŁA Magda	32	RUN&CROSS SZAMOTUŁY	K-40	58	02:15:56	04:30:54.35	+01:21:21 (30.0%)	11:28	5.2 (69.3%)
59	JAWORSKA Magdalena	196	GB WIELKOPOLSCY BIEGACZE/ TEAM KGB	K-40	59	02:19:14	04:31:59.00	+01:22:25 (30.3%)	11:31	5.2 (69.3%)
60	WOJTYSIAK Dorota	212		K-40	60	02:23:04	04:36:42.90	+01:27:09 (31.5%)	11:43	5.1 (68.0%)
61	KUSIEWICZ Agnieszka	379	PUSZCZYK BUKOWY	K-40	61	02:15:44	04:37:13.05	+01:27:40 (31.6%)	11:44	5.1 (68.0%)
62	PERKA Barbara	204		K-40	62	02:25:16	04:37:22.95	+01:27:49 (31.7%)	11:45	5.1 (68.0%)
63	ANTOSZ Monika	2		K-40	63	02:25:31	04:39:19.45	+01:29:46 (32.1%)	11:50	5.1 (68.0%)
64	WITKOWSKA-KOPKA Kaja	195		K-40	64	02:27:51	04:40:29.10	+01:30:56 (32.4%)	11:53	5 (66.7%)
65	GESS Magdalena	436	ZABIEGANI GOLENIÓW	K-40	65	02:19:19	04:40:32.65	+01:30:59 (32.4%)	11:53	5 (66.7%)
66	PACHOLSKA Justyna	142	GOLENIÓW	K-40	66	02:19:50	04:42:01.30	+01:32:28 (32.8%)	11:56	5 (66.7%)
67	FEDYCZKOWSKA Justyna	237	STRZEGOMSKA DWUNASTKA	K-40	67	02:17:11	04:45:34.05	+01:36:01 (33.6%)	12:06	5 (66.7%)
68	HAJDUK Danuta	238		K-40	68	02:23:17	04:45:35.95	+01:36:02 (33.6%)	12:06	5 (66.7%)
69	WIŚNIEWSKA Dorota	428		K-40	69	02:29:15	04:50:23.90	+01:40:50 (34.7%)	12:18	4.9 (65.3%)
70	GASIK Wioletta	552	POLSKA STOWARZYSZENIE SPORTOWE SŁOŃCA JURY	K-40	70	02:32:47	04:50:50.95	+01:41:17 (34.8%)	12:19	4.9 (65.3%)
71	BEDNARSKA KOZIOŁ Danuta	231	WKURW_TEAM	K-40	71	02:26:16	04:51:10.90	+01:41:37 (34.9%)	12:20	4.9 (65.3%)
72	HULEWICZ Wiola	70	PIEKIELNIE ZGRANI	K-40	72	02:24:22	04:53:00.95	+01:43:27 (35.3%)	12:24	4.8 (64.0%)
73	BARTOSIEWICZ Marta	145		K-40	73	02:32:13	04:53:49.40	+01:44:16 (35.5%)	12:26	4.8 (64.0%)

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74	BORECKA Ola	170		K-40	74	02:29:08	04:55:32.05	+01:45:59 (35.9%)	12:31	4.8 (64.0%)
75	DUDEK Mariola	147	STRZEGOMSKA DWUNASTKA	K-40	75	02:31:12	05:00:19.50	+01:50:46 (36.9%)	12:43	4.7 (62.7%)
76	NIEDZIAŁKOWSKA Monika	504		K-40	76	02:45:13	05:10:24.10	+02:00:51 (38.9%)	13:09	4.6 (61.3%)
77	STASIAK Monika	505		K-40	77	02:45:08	05:11:08.75	+02:01:35 (39.1%)	13:11	4.6 (61.3%)
78	KOZA Agnieszka	386	ZRYW PARZYMIECHY	K-40	78	02:51:43	05:27:35.75	+02:18:02 (42.1%)	13:52	4.3 (57.3%)
79	FUDAŁA Anna	93		K-40	79	02:43:46	05:35:11.10	+02:25:38 (43.4%)	14:12	4.2 (56.0%)
	KOSMALA Monika	487	ROWEROWA NORKA	K-40		02:59:45 DNF	DNF		-	- (0.0%)

Znaleziono 80 wynik(ów)