



SGS ULTRA 50KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Event: Supermaraton Gór Stołowych 2021
Organiser: Fundacja Maratony Górskie
Date: 2021-06-26
Place: Kartów
Distance: 50 km

Classification: M-30

Place	Participant	Number	Club	Category	MCat	Pasterka 14.4km	Parking Kształtna Łąka 27.3km	Batorow 37.9km	Net time 50km	Gap	Pace min/km	Pace km/h
1	JUREK Michał	65	RMT TEAM PRO	M-30	1	01:14:02	02:32:17	03:36:04	04:57:38.95		5:57	10.1 (100%)
2	MARCINIAK Przemysław	533	NOA	M-30	2	01:10:53	02:27:31	03:31:01	05:02:01.95	+00:04:23 (1.5%)	6:02	9.9 (98.0%)
3	KROSNY Sebastian	545		M-30	3	01:21:15	02:43:28	03:52:29	05:34:19.90	+00:36:40 (11.0%)	6:41	9 (89.1%)
4	ADIJANS Kaspars	527		M-30	4	01:22:08	02:45:23	03:56:34	05:39:29.90	+00:41:50 (12.3%)	6:47	8.8 (87.1%)
5	WIECZOREK Łukasz	54	#NBRTEAM / VEGE RUNNERS	M-30	5	01:21:51	02:48:39	04:02:07	05:51:43.45	+00:54:04 (15.4%)	7:02	8.5 (84.2%)
6	MICHALSKI Piotrek	175		M-30	6	01:25:02	02:54:56	04:08:52	05:55:22.15	+00:57:43 (16.2%)	7:06	8.4 (83.2%)
7	WALCZAK Patryk	158		M-30	7	01:21:45	02:54:25	04:07:49	05:55:28.80	+00:57:49 (16.3%)	7:06	8.4 (83.2%)
8	NIEPALA Jacek	326	OBORYGENI	M-30	8	01:23:10	02:51:37	04:05:57	05:59:00.90	+01:01:21 (17.1%)	7:10	8.4 (83.2%)
9	KOCEMBA Kamil	360	KĘCKIE HARPAGANY	M-30	9	01:25:18	02:58:10	04:14:07	05:59:13.10	+01:01:34 (17.1%)	7:11	8.4 (83.2%)
10	KIELASZEWSKI Karol	542	LESZNO LIMITS RUNNERS	M-30	10	01:26:17	03:00:40	04:16:37	06:04:38.15	+01:06:59 (18.4%)	7:17	8.2 (81.2%)
11	WASILEWSKI Marcin	421		M-30	11	01:26:27	03:01:20	04:19:33	06:15:57.30	+01:18:18 (20.8%)	7:31	8 (79.2%)
12	GOLEC Ireneusz	438	VEGE RUNNERS	M-30	12	01:26:52	02:58:16	04:15:15	06:17:36.90	+01:19:57 (21.2%)	7:33	7.9 (78.2%)
13	KOZIEŁ Piotr	425	DOGOŃ GRODZISK MAZOWIECKI	M-30	13	01:29:08	03:05:16	04:25:04	06:23:01.05	+01:25:22 (22.3%)	7:39	7.8 (77.2%)
14	KACZMAREK Mateusz	80	-	M-30	14	01:33:13	03:08:59	04:29:45	06:23:12.65	+01:25:33 (22.3%)	7:39	7.8 (77.2%)
15	KRAWCZYK Karol	352	LENIWY INACZEJ	M-30	15	01:28:45	03:06:05	04:27:46	06:28:53.85	+01:31:14 (23.5%)	7:46	7.7 (76.2%)
16	OSTROWSKI Łukasz	299	STRZEGOMSKA DWUNASTKA	M-30	16	01:29:13	03:09:46	04:39:40	06:32:46.90	+01:35:07 (24.2%)	7:51	7.6 (75.2%)

Place	Participant	Number	Club	Category	MCat	Parking Kształtna		Batorow 37.9km	Net time 50km	Gap	Pace min/km	Pace km/h
						Pasterka 14.4km	Łąką 27.3km					
17	ŚLIWIŃSKI Rafał	61		M-30	17	01:34:24	03:09:04	04:28:58	06:34:31.55	+01:36:52 (24.6%)	7:53	7.6 (75.2%)
18	JANUSZEWSKI Andrzej	468		M-30	18	01:34:19	03:17:39	04:40:57	06:39:06.20	+01:41:27 (25.4%)	7:58	7.5 (74.3%)
19	MACZUGA Bartłomiej	284	MUSTANGI GLIWICE	M-30	19	01:31:32	03:11:28	04:37:25	06:43:04.95	+01:45:26 (26.2%)	8:03	7.4 (73.3%)
20	BASHFORD Marcus	177		M-30	20	01:30:50	03:12:58	04:39:15	06:43:59.85	+01:46:20 (26.3%)	8:04	7.4 (73.3%)
21	FEDORCZAK Jacek	307		M-30	21	01:31:18	03:13:23	04:40:32	06:49:15.00	+01:51:36 (27.3%)	8:11	7.3 (72.3%)
22	RZESZOT Łukasz	7	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ.	M-30	22	01:35:47	03:19:44	04:47:19	06:49:57.55	+01:52:18 (27.4%)	8:11	7.3 (72.3%)
23	PIECUCH Marcin	79		M-30	23	01:31:00	03:11:57	04:43:08	06:51:48.85	+01:54:09 (27.7%)	8:14	7.3 (72.3%)
24	LEWANDOWSKI Łukasz	228		M-30	24	01:36:17	03:20:10	04:53:25	06:53:17.00	+01:55:38 (28.0%)	8:15	7.3 (72.3%)
25	ROJEWSKI Paweł	292	EVERRUN	M-30	25	01:32:11	03:15:00	04:46:56	06:53:41.85	+01:56:02 (28.1%)	8:16	7.3 (72.3%)
26	HORAK Roland	368	KĘCKIE HARPAGANY	M-30	26	01:40:15	03:23:27	04:53:00	06:57:43.00	+02:00:04 (28.7%)	8:21	7.2 (71.3%)
27	POPRAWSK Pawel	546		M-30	27	01:36:47	03:21:02	04:54:38	07:01:21.75	+02:03:42 (29.4%)	8:25	7.1 (70.3%)
28	NAGLAK Łukasz	302	KOŹMIN BIEGA ULTRA RUNNERS	M-30	28	01:36:40	03:20:47	04:52:41	07:03:09.35	+02:05:30 (29.7%)	8:27	7.1 (70.3%)
29	LACHOWSKI Robert	294		M-30	29	01:32:29	03:15:08	04:47:02	07:03:22.80	+02:05:43 (29.7%)	8:28	7.1 (70.3%)
30	RUSOŁ Tomasz	328	TROPEM ULTRA	M-30	30	01:32:06	03:11:48	04:45:40	07:07:00.50	+02:09:21 (30.3%)	8:32	7 (69.3%)
31	MAZURKIEWICZ Jarosław	451	KS GRUCHA	M-30	31	01:41:21	03:27:41	05:05:28	07:13:16.80	+02:15:37 (31.3%)	8:39	6.9 (68.3%)
32	SZYDLIK Arkadiusz	82	DOGOŃ GRODZISK MAZOWIECKI	M-30	32	01:35:08	03:23:48	04:57:39	07:17:09.70	+02:19:30 (31.9%)	8:44	6.9 (68.3%)
33	WELTER Przemysław	148	KB SZAMOTUŁY	M-30	33	01:36:28	03:25:04	04:57:53	07:19:51.40	+02:22:12 (32.3%)	8:47	6.8 (67.3%)
34	URBANIAK Hubert	320	ROZBIEGANY RAWICZ	M-30	34	01:40:37	03:26:08	05:02:49	07:20:40.50	+02:23:01 (32.5%)	8:48	6.8 (67.3%)
35	BRODA Dominik	236		M-30	35	01:38:38	03:27:39	05:11:00	07:21:09.50	+02:23:30 (32.5%)	8:49	6.8 (67.3%)
36	JACHYMSKI Ignacy	370	AKG ŁÓDŹ	M-30	36	01:41:43	03:38:57	05:16:08	07:26:34.10	+02:28:55 (33.3%)	8:55	6.7 (66.3%)
37	RUSZCZEWSKI Andrzej	312	VEGE RUNNERS	M-30	37	01:39:10	03:33:06	05:14:02	07:27:47.25	+02:30:08 (33.5%)	8:57	6.7 (66.3%)
38	KWIATKOWSKI Wojciech	137	TSA SANDOMIERZ	M-30	38	01:48:05	03:44:10	05:21:57	07:28:18.90	+02:30:39 (33.6%)	8:57	6.7 (66.3%)
39	POPIELA Sebastian	19	OPTYK BARTKOWIAK TEAM	M-30	39	01:41:53	03:35:30	05:14:15	07:30:39.50	+02:33:00 (34.0%)	9:00	6.7 (66.3%)

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						Pasterka 14.4km	Łąką 27.3km					
40	DRÓŻDŻ Tomasz	124	CZEWARUN TIM	M-30	40	01:49:27	03:47:54	05:26:47	07:35:25.65	+02:37:46 (34.6%)	9:06	6.6 (65.3%)
41	MACIEJOWICZ Michał	377	NESSI TEAM	M-30	41	01:35:16	03:30:38	05:13:36	07:36:41.85	+02:39:02 (34.8%)	9:08	6.6 (65.3%)
42	WRÓBLEWSKI Wojciech	67		M-30	42	01:34:14	03:26:25	05:13:43	07:39:23.10	+02:41:44 (35.2%)	9:11	6.5 (64.4%)
43	TYŚ Radosław	487	NOWA RUDA BIEGA	M-30	43	01:44:08	03:43:02	05:20:32	07:42:13.40	+02:44:34 (35.6%)	9:14	6.5 (64.4%)
44	KARAWACKI Grzegorz	405	KĘCKIE HARPAGANY	M-30	44	01:38:26	03:34:54	05:23:06	07:47:31.50	+02:49:52 (36.3%)	9:21	6.4 (63.4%)
45	DUDEK Paweł	450	RUCH IZBICA	M-30	45	01:51:13	03:48:10	05:25:46	07:48:49.15	+02:51:10 (36.5%)	9:22	6.4 (63.4%)
46	NIKOLAJUK Robert	381		M-30	46	01:51:17	03:48:57	05:24:30	07:49:33.80	+02:51:54 (36.6%)	9:23	6.4 (63.4%)
47	SKWAREK Tomasz	300		M-30	47	01:56:51	03:54:02	05:32:07	07:51:04.25	+02:53:25 (36.8%)	9:25	6.4 (63.4%)
48	KURZYDŁO Marcin	394		M-30	48	01:44:28	03:49:51	05:41:46	07:56:26.45	+02:58:47 (37.5%)	9:31	6.3 (62.4%)
49	MIRKIEWICZ Marcin	436	#CZELADZBIEGA	M-30	49	02:01:38	04:06:17	05:47:34	07:58:05.00	+03:00:26 (37.7%)	9:33	6.3 (62.4%)
50	MENDYKA Łukasz	401	KB AKTYWNI ŚRODA WLKP.	M-30	50	01:53:59	04:02:13	05:41:13	07:58:11.45	+03:00:32 (37.8%)	9:33	6.3 (62.4%)
51	LATANOWICZ Bernard	547		M-30	51	01:43:59	03:39:35	05:23:55	08:07:01.70	+03:09:22 (38.9%)	9:44	6.2 (61.4%)
52	GRZYWACZ Karol	454		M-30	52	01:45:42	03:50:26	05:38:01	08:10:34.00	+03:12:55 (39.3%)	9:48	6.1 (60.4%)
53	ZIEWIEC Marcin	188		M-30	53	01:50:21	03:50:52	05:50:59	08:12:58.60	+03:15:19 (39.6%)	9:51	6.1 (60.4%)
54	CIERLAK Przemysław	443	BRZYSKI TRI TEAM	M-30	54	02:01:36	04:06:35	05:48:07	08:14:20.55	+03:16:41 (39.8%)	9:53	6.1 (60.4%)
55	JAWORSKI Paweł	53	TYMTRITEAM	M-30	55	01:50:19	03:55:47	05:41:39	08:15:02.25	+03:17:23 (39.9%)	9:54	6.1 (60.4%)
56	SUCHAN Andrzej	398	ENDORFINY WADOWICE	M-30	56	01:55:07	04:02:12	05:49:27	08:16:04.75	+03:18:25 (40.0%)	9:55	6 (59.4%)
57	SKAŁECKI Przemysław	362	ULTRASI	M-30	57	01:59:17	04:08:50	05:59:16	08:29:58.55	+03:32:19 (41.6%)	10:11	5.9 (58.4%)
58	SZCZABEL Krystian	414		M-30	58	01:43:37	03:52:20	05:45:59	08:32:58.95	+03:35:20 (42.0%)	10:15	5.8 (57.4%)
59	MAKARENKOV Sergii	180	DOGOŃ GRODZISK MAZOWIECKI	M-30	59	01:54:13	04:08:32	05:56:54	08:35:46.35	+03:38:07 (42.3%)	10:18	5.8 (57.4%)
60	PISAREK Karol	104	JB WARSAW	M-30	60	01:53:36	04:05:05	05:59:30	08:37:08.25	+03:39:29 (42.4%)	10:20	5.8 (57.4%)
61	DUCH Emil	62	JB WARSAW	M-30	61	01:53:35	04:05:07	05:59:30	08:37:08.65	+03:39:29 (42.4%)	10:20	5.8 (57.4%)
62	SMUGA Łukasz	144	SZEREGOWY BIEGACZ	M-30	62	02:03:00	04:18:15	06:15:12	08:41:12.35	+03:43:33 (42.9%)	10:25	5.8 (57.4%)

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						Pasterka 14.4km	Łąka 27.3km					
63	NOWAK Marcin	219	TIM JEST TIM	M-30	63	01:58:09	04:12:50	06:06:44	08:44:13.40	+03:46:34 (43.2%)	10:29	5.7 (56.4%)
64	STASZEWSKI Dariusz	489		M-30	64	02:00:26	04:20:54	06:12:18	08:52:06.30	+03:54:27 (44.1%)	10:38	5.6 (55.4%)
65	DOBROCHOWSKI Marek	258		M-30	65	01:57:34	04:13:04	06:15:15	09:08:26.35	+04:10:47 (45.7%)	10:58	5.5 (54.5%)
66	OSOWSKI Szymon	306		M-30	66	01:54:22	04:10:49	06:15:46	09:11:49.35	+04:14:10 (46.1%)	11:02	5.4 (53.5%)
67	JURKIEWICZ Dominik	519		M-30	67	01:56:01	04:16:11	06:18:27	09:14:49.55	+04:17:10 (46.4%)	11:05	5.4 (53.5%)
68	FRĄCKOWIAK Dominik	303		M-30	68	01:59:04	04:27:58	06:30:04	09:23:29.15	+04:25:50 (47.2%)	11:16	5.3 (52.5%)
69	CZOSKA Przemysław	419	JARBUD	M-30	69	02:20:44	04:57:25	07:07:13	10:01:07.50	+05:03:28 (50.5%)	12:01	5 (49.5%)
70	JAROSZ Michał	435	WGIM	M-30	70	02:25:18	05:13:50	07:39:33	10:40:46.85	+05:43:07 (53.5%)	12:48	4.7 (46.5%)
71	MIŚKIEWICZ Wojciech	83		M-30	71	02:35:43	05:41:14	08:12:33	11:31:57.65	+06:34:18 (57.0%)	13:50	4.3 (42.6%)
72	WIERZBOWY Przemek	502		M-30	72	01:21:44	DNF	DNF	DNF	+00:07:42	5:40	10.6 (105.0%)
	PROCHNO Piotr	495	ANWIL TEAM	M-30		DNF				-	-	- (0.0%)

Total 73 results.