



SGS ULTRA 50KM

B4SPORT

Event: Supermaraton Gór Stołowych 2021
Organiser: Fundacja Maratony Górskie
Date: 2021-06-26
Place: Kartów
Distance: 50 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-40

Place	Participant	Number	Club	Category	MCat	Pasterka 14.4km	Parking Kształna Łąka 27.3km	Batorow 37.9km	Net time 50km	Gap	Pace min/km	Pace km/h
1	RUTKOWSKI Dawid	488	GRIZZLYTEAM/140MINUT.PL	M-40	1	01:15:57	02:35:27	03:37:05	05:18:06.85		6:21	9.4 (100%)
2	BARTOSZEWSKI Grzegorz	403	LITWIN TRIATHLON TEAM	M-40	2	01:23:07	02:45:55	03:54:13	05:30:20.50	+00:12:13 (3.7%)	6:36	9.1 (96.8%)
3	STOLARZ Piotr	411		M-40	3	01:17:22	02:43:30	03:53:07	05:32:33.90	+00:14:27 (4.3%)	6:39	9 (95.7%)
4	MAJER Janusz	544		M-40	4	01:19:41	02:43:58	03:53:08	05:33:57.05	+00:15:50 (4.7%)	6:40	9 (95.7%)
5	CZUWAJ Andrzej	89	ZADYSZKA OŚWIĘCIM	M-40	5	01:21:54	02:49:24	03:58:33	05:39:30.40	+00:21:23 (6.3%)	6:47	8.8 (93.6%)
6	PERYKASZA Paweł	56	GRUPALUKTRNS.PL	M-40	6	01:21:48	02:51:32	04:05:30	05:46:51.45	+00:28:44 (8.3%)	6:56	8.6 (91.5%)
7	ŻURAWSKI Sławomir	428	PGBSPORTOWAPACZKA	M-40	7	01:21:09	02:46:25	03:58:29	05:49:48.95	+00:31:42 (9.1%)	6:59	8.6 (91.5%)
8	RYLKO Krzysztof	389	KS KANDAHAR/ZADYSZKA OŚWIĘCIM	M-40	8	01:27:03	02:57:37	04:09:22	05:51:32.30	+00:33:25 (9.5%)	7:01	8.5 (90.4%)
9	MORAWA Mateusz	402	LACHO TEAM	M-40	9	01:23:33	02:50:35	04:09:01	05:58:13.90	+00:40:07 (11.2%)	7:09	8.4 (89.4%)
10	BURZYŃSKI Sebastian	310		M-40	10	01:26:34	02:56:38	04:12:28	06:01:01.25	+00:42:54 (11.9%)	7:13	8.3 (88.3%)
11	TOPOLSKI Marcin	483	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M-40	11	01:29:30	02:59:09	04:14:18	06:01:46.20	+00:43:39 (12.1%)	7:14	8.3 (88.3%)
12	KOSTERKIEWICZ Marcin	39	KOSTER I FAMILIA TEAM	M-40	12	01:23:47	02:49:41	04:19:49	06:08:07.95	+00:50:01 (13.6%)	7:21	8.1 (86.2%)
13	TARNOWSKI Maciej	331	MM POWER / KOLIBER TEAM	M-40	13	01:23:14	02:59:40	04:21:40	06:11:07.05	+00:53:00 (14.3%)	7:25	8.1 (86.2%)
14	WŁODARCZYK Jarosław	220	KARKONOSZ RUNNING TEAM	M-40	14	01:26:08	02:56:59	04:20:00	06:12:41.90	+00:54:35 (14.6%)	7:27	8 (85.1%)
15	FUDAŁA Patrycjusz	70	KM PSP KATOWICE	M-40	15	01:31:08	03:02:51	04:18:04	06:13:20.00	+00:55:13 (14.8%)	7:28	8 (85.1%)

Place	Participant	Number	Club	Category	MCat	Pasterka	Parking	Batorow	Net	Gap	Pace	Pace
						14.4km	Kształtna Łąka		time			
						27.3km	37.9km	50km			min/km	km/h
16	BANASZEK Adam	183	BIEGUSIEM.PL	M-40	16	01:30:00	03:02:15	04:18:14	06:13:31.40	+00:55:24 (14.8%)	7:28	8 (85.1%)
17	WINIECKI Tomasz	217		M-40	17	01:35:18	03:13:28	04:34:14	06:17:55.05	+00:59:48 (15.8%)	7:33	7.9 (84.0%)
18	NOWINOWSKI Andrzej	313	KB MARATON TUREK	M-40	18	01:32:03	03:14:23	04:33:30	06:18:46.20	+01:00:39 (16.0%)	7:34	7.9 (84.0%)
19	WROBLEWSKI Konrad	208		M-40	19	01:32:52	03:07:58	04:26:52	06:19:19.00	+01:01:12 (16.1%)	7:35	7.9 (84.0%)
20	BEKAS Marcin	474		M-40	20	01:30:18	03:06:29	04:26:23	06:21:25.70	+01:03:18 (16.6%)	7:37	7.9 (84.0%)
21	ADAM Piotr	229	WROCLAW MARATHON TEAM	M-40	21	01:26:27	02:59:49	04:25:10	06:22:50.20	+01:04:43 (16.9%)	7:39	7.8 (83.0%)
22	MILER Marcin	355	06 KLEOFAS	M-40	22	01:25:33	03:00:11	04:25:55	06:25:21.30	+01:07:14 (17.4%)	7:42	7.8 (83.0%)
23	MÓJTA Grzegorz	506	KOŁO BIEGA	M-40	23	01:31:51	03:11:43	04:32:12	06:25:22.35	+01:07:15 (17.5%)	7:42	7.8 (83.0%)
24	CZOSNOWSKI Krzysztof	143	KB HERMES GRYFINO	M-40	24	01:26:36	02:59:44	04:15:23	06:27:00.90	+01:08:54 (17.8%)	7:44	7.8 (83.0%)
25	KARPOWICZ Rafal	475		M-40	25	01:24:53	03:00:55	04:28:05	06:30:46.15	+01:12:39 (18.6%)	7:48	7.7 (81.9%)
26	BOGACZ Tomasz	51	KĘCKIE HARPAGANY	M-40	26	01:28:35	03:06:40	04:31:04	06:31:37.20	+01:13:30 (18.8%)	7:49	7.7 (81.9%)
27	KOWALSKI Daniel	238	BIEGAJĄCY ŚWIDNIK	M-40	27	01:32:25	03:11:59	04:33:50	06:33:01.90	+01:14:55 (19.1%)	7:51	7.6 (80.9%)
28	WOSZEK Tomasz	480	RUNNING.CHEF TEAM	M-40	28	01:37:26	03:15:43	04:36:27	06:33:42.40	+01:15:35 (19.2%)	7:52	7.6 (80.9%)
29	PAPROCKI Krzysztof	125		M-40	29	01:36:32	03:16:57	04:40:52	06:35:05.30	+01:16:58 (19.5%)	7:54	7.6 (80.9%)
30	BARANOWSKI Jacek	447	JACEKBIEGA RUNNING TEAM	M-40	30	01:36:29	03:20:17	04:45:23	06:37:14.90	+01:19:08 (19.9%)	7:56	7.6 (80.9%)
31	POCHYLSKI Przemysław	223	ZGRUPKA TEAM	M-40	31	01:37:55	03:21:10	04:48:25	06:39:42.90	+01:21:36 (20.4%)	7:59	7.5 (79.8%)
32	PAŁKA Michał	372	#SLIMAKIBARCIN	M-40	32	01:41:24	03:21:16	04:43:47	06:39:52.15	+01:21:45 (20.4%)	7:59	7.5 (79.8%)
33	CICHOSZ Krzysztof	518	KRASNOSTAWSKA GRUPA ZBIEGÓW I PODBIEGÓW	M-40	33	01:34:15	03:13:30	04:35:26	06:42:39.80	+01:24:32 (21.0%)	8:03	7.5 (79.8%)
34	KONOPKA Bartosz	530	BIEGAMBOLUBIĘ	M-40	34	01:32:01	03:10:06	04:36:22	06:42:49.75	+01:24:42 (21.0%)	8:03	7.4 (78.7%)
35	PAŻUCHA Wojciech	283	NAPĘDZANY PIEROGAMI	M-40	35	01:33:29	03:13:15	04:39:43	06:42:50.00	+01:24:43 (21.0%)	8:03	7.4 (78.7%)
36	WEŁNIAK Bogusław	112	MOGILNO TEAM	M-40	36	01:37:27	03:17:06	04:39:32	06:43:41.20	+01:25:34 (21.2%)	8:04	7.4 (78.7%)
37	LASOCKI Marcin	314	12TRI.PL / TEAM ZABIEGANEDNI	M-40	37	01:26:38	03:08:35	04:34:24	06:44:08.35	+01:26:01 (21.3%)	8:04	7.4 (78.7%)
38	PIETRZAK Paweł	275	DOGOŃ GRODZISK MAZOWIECKI	M-40	38	01:33:15	03:11:55	04:34:01	06:44:38.30	+01:26:31 (21.4%)	8:05	7.4 (78.7%)

Place	Participant	Number	Club	Category	MCat	Pasterka	Parking	Batorow	Net	Gap	Pace	Pace
						14.4km	Kształtna Łąka 27.3km		time 50km			
39	KOŁODZIEJ Zbigniew	17	KĘCKIE HARPAGANY	M-40	39	01:40:03	03:21:32	04:45:55	06:46:39.30	+01:28:32 (21.8%)	8:07	7.4 (78.7%)
40	GOSTYŃSKI Krzysztof	464	RUCZAJ ULTRA TEAM	M-40	40	01:33:02	03:15:48	04:43:25	06:47:18.50	+01:29:11 (21.9%)	8:08	7.4 (78.7%)
41	KMAK Sławek	59		M-40	41	01:37:12	03:18:37	04:42:01	06:49:11.40	+01:31:04 (22.3%)	8:11	7.3 (77.7%)
42	GÓRNY Robert	130	TIM JEST TIM	M-40	42	01:32:21	03:13:19	04:37:21	06:51:36.10	+01:33:29 (22.7%)	8:13	7.3 (77.7%)
43	KAMIŃSKI Marek	131	180 MINUT	M-40	43	01:42:13	03:29:14	04:58:58	06:59:30.20	+01:41:23 (24.2%)	8:23	7.2 (76.6%)
44	KOWALCZYK Paweł	107	KĘCKIE HARPAGANY	M-40	44	01:32:14	03:15:44	04:48:13	07:00:42.70	+01:42:35 (24.4%)	8:24	7.1 (75.5%)
45	CZYŚCIAK Krzysztof	539	KB SOBÓTKA	M-40	45	01:38:38	03:27:55	04:59:17	07:02:08.55	+01:44:01 (24.6%)	8:26	7.1 (75.5%)
46	GESS Mariusz	466	CZUBY Z GOLENIOWA	M-40	46	01:33:46	03:15:31	04:44:18	07:03:37.75	+01:45:30 (24.9%)	8:28	7.1 (75.5%)
47	ANDRZEJEWSKI Tomasz	522	MOGILNO TEAM	M-40	47	01:38:13	03:22:00	04:52:19	07:03:50.15	+01:45:43 (24.9%)	8:28	7.1 (75.5%)
48	WEŁNIAK Przemysław	139	MOGILNO TEAM	M-40	48	01:37:30	03:25:14	04:52:19	07:05:06.75	+01:46:59 (25.2%)	8:30	7.1 (75.5%)
49	MORITZ Rafał	227	#SLIMAKIBARCIN	M-40	49	01:44:26	03:33:20	05:00:14	07:05:11.50	+01:47:04 (25.2%)	8:30	7.1 (75.5%)
50	BIŃCZARSKI Patryk	74		M-40	50	01:41:28	03:33:27	05:00:43	07:05:46.90	+01:47:40 (25.3%)	8:30	7 (74.5%)
51	WOJCIEZEK Andrzej	150	GEMINI POLSKA TEAM	M-40	51	01:39:10	03:27:36	05:00:36	07:07:41.35	+01:49:34 (25.6%)	8:33	7 (74.5%)
52	URBANIEC Dariusz	549		M-40	52	01:32:13	03:20:23	04:54:57	07:07:58.20	+01:49:51 (25.7%)	8:33	7 (74.5%)
53	GASIK Leszek	57	STOWARZYSZENIE SPORTOWE „SŁOŃCA JURY,,	M-40	53	01:32:16	03:20:26	04:54:58	07:07:58.30	+01:49:51 (25.7%)	8:33	7 (74.5%)
54	LUBECKI Tomasz	161	ZADYSZKA OŚWIĘCIM	M-40	54	01:35:28	03:21:53	04:53:41	07:09:27.35	+01:51:20 (25.9%)	8:35	7 (74.5%)
55	TOKARZ Robert	316		M-40	55	01:38:40	03:31:20	05:03:24	07:09:44.60	+01:51:37 (26.0%)	8:35	7 (74.5%)
56	ZAGÓRSKI Krzysztof	365		M-40	56	01:42:32	03:34:24	05:00:49	07:09:49.60	+01:51:42 (26.0%)	8:35	7 (74.5%)
57	BUDZICH Wojciech	336	KB TKKF PROMYK CIECHANÓW	M-40	57	01:38:20	03:27:35	05:00:29	07:10:36.55	+01:52:29 (26.1%)	8:36	7 (74.5%)
58	WIERZBIŃSKI Karol	215	ULTRADZICZKI I ULTRALISICZKI	M-40	58	01:36:42	03:27:02	05:02:17	07:11:25.80	+01:53:18 (26.3%)	8:37	7 (74.5%)
59	KAROLAK Ryszard	267		M-40	59	01:41:20	03:27:44	05:05:32	07:13:04.65	+01:54:57 (26.5%)	8:39	6.9 (73.4%)
60	JAKUBCZAK Konrad	3	DEBEŚCIAK ADIDAS RUNNERS	M-40	60	01:31:23	03:12:51	04:47:07	07:14:36.50	+01:56:29 (26.8%)	8:41	6.9 (73.4%)
61	GRACZYK Marcin	407		M-40	61	01:44:32	03:38:47	05:14:44	07:17:17.10	+01:59:10 (27.3%)	8:44	6.9 (73.4%)

Place	Participant	Number	Club	Category	MCat	Parking		Batorow 37.9km	Net time 50km	Gap	Pace min/km	Pace km/h
						Pasterka 14.4km	Kształtna Łąka 27.3km					
62	GRUNWALD Artur	358		M-40	62	01:39:38	03:37:28	05:10:25	07:18:01.45	+01:59:54 (27.4%)	8:45	6.8 (72.3%)
63	BŁĘDOWSKI Mariusz	66	AAC FORD AUTO STYL WŁOCŁAWEK TEAM	M-40	63	01:39:39	03:37:29	05:10:26	07:18:18.10	+02:00:11 (27.4%)	8:45	6.8 (72.3%)
64	MAGIERA Grzegorz	491	KGHM ZG RUN	M-40	64	01:31:39	03:21:06	04:59:08	07:18:42.05	+02:00:35 (27.5%)	8:46	6.8 (72.3%)
65	ZIELIŃSKI Paweł	439	RUCH IZBICA	M-40	65	01:39:58	03:26:31	04:59:12	07:19:09.70	+02:01:02 (27.6%)	8:46	6.8 (72.3%)
66	BILCZEWSKI Michał	13	KĘCKIE HARPAGANY	M-40	66	01:35:34	03:22:45	04:58:42	07:19:30.65	+02:01:23 (27.6%)	8:47	6.8 (72.3%)
67	BIECHOŃSKI Jarosław	87		M-40	67	01:45:00	03:35:34	05:06:15	07:21:31.95	+02:03:25 (28.0%)	8:49	6.8 (72.3%)
68	BŁACHNO Marcin	135	ANIOŁKI CHARLIEGO	M-40	68	01:46:13	03:40:20	05:17:28	07:22:15.00	+02:04:08 (28.1%)	8:50	6.8 (72.3%)
69	SAMEREK Dariusz	2	MARMEL TORUŃ	M-40	69	01:40:59	03:27:40	05:01:38	07:23:02.80	+02:04:55 (28.2%)	8:51	6.8 (72.3%)
70	SAMSON Robert	102	SUNCHASER TRAILRUNNING TEAM	M-40	70	01:42:40	03:35:35	05:09:50	07:23:55.70	+02:05:48 (28.3%)	8:52	6.8 (72.3%)
71	KIEDOWSKI Artur	486		M-40	71	01:49:47	03:47:04	05:22:21	07:25:44.10	+02:07:37 (28.6%)	8:54	6.7 (71.3%)
72	JARUS Andrzej	95	WKURW_TEAM	M-40	72	01:41:43	03:32:27	05:08:51	07:26:36.45	+02:08:29 (28.8%)	8:55	6.7 (71.3%)
73	GAJEWSKI Jacek	330	DOGOŃ GRODZISK MAZOWIECKI	M-40	73	01:47:10	03:39:14	05:19:50	07:29:07.80	+02:11:00 (29.2%)	8:58	6.7 (71.3%)
74	KOPKA Tomasz	252		M-40	74	01:44:42	03:39:41	05:14:04	07:29:28.40	+02:11:21 (29.2%)	8:59	6.7 (71.3%)
75	FUKS Szymon	149	T-MOBILE SPORT TEAM / MCBIEGACZE	M-40	75	01:38:37	03:27:40	05:10:53	07:30:09.70	+02:12:02 (29.3%)	9:00	6.7 (71.3%)
76	SKOLMOWSKI Marcin	512	BUSHIDO	M-40	76	01:44:57	03:38:17	05:15:11	07:30:25.70	+02:12:18 (29.4%)	9:00	6.7 (71.3%)
77	KRZEPKOWSKI Radosław	240	ADIDAS RUNNERS WARSAW	M-40	77	01:44:41	03:38:03	05:15:49	07:30:53.65	+02:12:46 (29.4%)	9:01	6.7 (71.3%)
78	BINKOWSKI Marcin	23	WĘŻE W POMIDORACH	M-40	78	01:48:40	03:40:56	05:15:17	07:32:14.70	+02:14:07 (29.7%)	9:02	6.6 (70.2%)
79	JÓŻWIAK Artur	245	MOGILNO TEAM	M-40	79	01:39:54	03:35:52	05:13:43	07:32:46.10	+02:14:39 (29.7%)	9:03	6.6 (70.2%)
80	FRANKIEWICZ Jakub	132	ANIOŁKI CHARLIEGO	M-40	80	01:46:13	03:41:34	05:18:53	07:33:14.20	+02:15:07 (29.8%)	9:03	6.6 (70.2%)
81	GRZEGORZEWSKI Konrad	235	4FITER	M-40	81	01:44:40	03:38:27	05:19:56	07:34:36.40	+02:16:29 (30.0%)	9:05	6.6 (70.2%)
82	POKRYWKA Arkadiusz	418	4FITER	M-40	82	01:44:39	03:39:05	05:19:59	07:35:07.30	+02:17:00 (30.1%)	9:06	6.6 (70.2%)
83	WIATER Tomasz	33		M-40	83	01:45:37	03:34:55	05:13:36	07:35:36.65	+02:17:29 (30.2%)	9:06	6.6 (70.2%)
84	BEDNARCZYK Jakub	81	BV	M-40	84	01:42:03	03:37:22	05:15:52	07:36:10.00	+02:18:03 (30.3%)	9:07	6.6 (70.2%)

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						14.4km	Kształtna Łąka 27.3km		time 50km			
85	GĄSZCZAK Mariusz	216	KS LENIWIEC	M-40	85	01:46:00	03:44:39	05:25:47	07:37:38.10	+02:19:31 (30.5%)	9:09	6.6 (70.2%)
86	NARUCKI Wojciech	253		M-40	86	01:42:44	03:35:26	05:10:31	07:37:47.95	+02:19:41 (30.5%)	9:09	6.6 (70.2%)
87	POBIEGŁO Artur	496		M-40	87	01:38:40	03:31:47	05:17:07	07:39:55.55	+02:21:48 (30.8%)	9:11	6.5 (69.1%)
88	CHŁAP Ireneusz	168	HUSARIA SUDETY	M-40	88	01:48:22	03:40:00	05:15:48	07:42:18.95	+02:24:12 (31.2%)	9:14	6.5 (69.1%)
89	GOŹDZIEWSKI Adam	516		M-40	89	01:45:07	03:47:27	05:27:34	07:42:23.70	+02:24:16 (31.2%)	9:14	6.5 (69.1%)
90	ZIELIŃSKI Robert	513		M-40	90	01:49:31	03:49:24	05:24:50	07:42:42.80	+02:24:35 (31.3%)	9:15	6.5 (69.1%)
91	PARZONKA Paweł	388	KS LENIWIEC	M-40	91	01:45:55	03:44:39	05:26:16	07:43:09.65	+02:25:02 (31.3%)	9:15	6.5 (69.1%)
92	GÓRALSKI Piotr	249		M-40	92	01:41:42	03:40:12	05:20:56	07:45:45.55	+02:27:38 (31.7%)	9:18	6.4 (68.1%)
93	KROK Jacek	446		M-40	93	01:42:20	03:38:55	05:19:46	07:49:27.30	+02:31:20 (32.2%)	9:23	6.4 (68.1%)
94	KORBUT Radosław	162		M-40	94	01:50:53	03:52:27	05:34:22	07:50:23.00	+02:32:16 (32.4%)	9:24	6.4 (68.1%)
95	WEREMJEWICZ Marcin Wiktor	127		M-40	95	01:43:18	03:37:14	05:17:26	07:53:51.65	+02:35:44 (32.9%)	9:28	6.3 (67.0%)
96	CZARNECKI Krzysztof	88		M-40	96	01:54:30	03:54:01	05:34:53	07:58:33.60	+02:40:26 (33.5%)	9:34	6.3 (67.0%)
97	JAŚKIEWICZ Rafał	122		M-40	97	01:41:53	03:42:56	05:27:02	08:02:14.60	+02:44:07 (34.0%)	9:38	6.2 (66.0%)
98	KADŁUBOWSKI Piotr	218	KOTWICA BRZEG / RUN100LOVE	M-40	98	01:44:09	03:42:50	05:36:18	08:03:22.90	+02:45:16 (34.2%)	9:40	6.2 (66.0%)
99	ROŚLICKI Jarosław	295	UBEZPIECZENIA DLA AKTYWNYCH/OBORYGENI	M-40	99	01:43:10	03:42:27	05:29:44	08:04:25.30	+02:46:18 (34.3%)	9:41	6.2 (66.0%)
100	MICHAŁOWSKI Tomasz	16		M-40	100	01:45:18	03:47:56	05:33:45	08:05:06.40	+02:46:59 (34.4%)	9:42	6.2 (66.0%)
101	TĘCZA Robert	187		M-40	101	01:52:03	03:54:29	05:40:59	08:15:24.70	+02:57:17 (35.8%)	9:54	6.1 (64.9%)
102	GOS Piotr	156		M-40	102	01:48:21	03:55:41	05:43:15	08:17:17.70	+02:59:10 (36.0%)	9:56	6 (63.8%)
103	SZYMCZAK Marcin	273		M-40	103	01:55:58	04:04:11	05:52:23	08:19:00.50	+03:00:53 (36.3%)	9:58	6 (63.8%)
104	TARASKA Marcin	548		M-40	104	01:48:52	03:49:00	05:41:54	08:19:38.15	+03:01:31 (36.3%)	9:59	6 (63.8%)
105	NAWROT Artur	167		M-40	105	01:37:56	03:40:30	05:33:54	08:19:46.75	+03:01:39 (36.3%)	9:59	6 (63.8%)
106	SIKORA Michał	69	RUNNERS TEAM QUIBL	M-40	106	01:46:04	03:55:16	05:51:32	08:20:22.25	+03:02:15 (36.4%)	10:00	6 (63.8%)
107	WAŁEK Piotr	172		M-40	107	01:49:04	03:59:46	05:49:37	08:21:57.75	+03:03:50 (36.6%)	10:02	6 (63.8%)

Place	Participant	Number	Club	Category	MCat	Pasterka	Parking	Batorow	Net	Gap	Pace	Pace
						14.4km	Kształtna Łąka 27.3km		time 50km			
108	SKRZYPIŃSKI Arkadiusz	344	PSI PATROL	M-40	108	01:54:04	03:58:20	05:51:12	08:25:26.45	+03:07:19 (37.1%)	10:06	5.9 (62.8%)
109	JASICKI Krzysztof	291	RUNHOGS TYCHY	M-40	109	01:56:48	04:06:36	05:56:59	08:26:14.50	+03:08:07 (37.2%)	10:07	5.9 (62.8%)
110	PIDANTY Grzegorz	154	ZHR STRZEGOM	M-40	110	01:51:06	04:02:39	05:52:59	08:27:02.35	+03:08:55 (37.3%)	10:08	5.9 (62.8%)
111	MIGDAŁ Adrian	120		M-40	111	01:54:26	04:03:56	05:51:17	08:28:30.55	+03:10:23 (37.4%)	10:10	5.9 (62.8%)
112	RADOMSKI Artur	288	I LOVE PRZYLESIE	M-40	112	01:53:59	04:07:55	05:55:12	08:30:37.00	+03:12:30 (37.7%)	10:12	5.9 (62.8%)
113	MAREK Jacek	363		M-40	113	01:52:45	04:07:55	05:55:13	08:30:37.55	+03:12:30 (37.7%)	10:12	5.9 (62.8%)
114	DEIGSLER Przemysław	400		M-40	114	01:48:59	04:01:04	05:56:21	08:31:43.15	+03:13:36 (37.8%)	10:14	5.9 (62.8%)
115	ROGÓRZ Andrzej	98		M-40	115	01:49:29	03:56:38	05:53:20	08:32:22.15	+03:14:15 (37.9%)	10:14	5.9 (62.8%)
116	SZMAJDOWICZ Paweł	205	FACHDOM TEAM	M-40	116	01:43:40	03:52:26	05:46:02	08:33:00.80	+03:14:53 (38.0%)	10:15	5.8 (61.7%)
117	LEWANDOWSKI Leszek	75	POWSTAŃCY Z KANAPY	M-40	117	01:57:23	04:09:50	05:53:42	08:34:44.65	+03:16:37 (38.2%)	10:17	5.8 (61.7%)
118	FILIPEK Przemysław	494	KB MCKIS JAWORZNO	M-40	118	01:51:18	04:03:43	05:55:29	08:35:17.50	+03:17:10 (38.3%)	10:18	5.8 (61.7%)
119	HOMENDA Przemysław	348		M-40	119	01:53:32	04:07:47	06:02:27	08:36:17.55	+03:18:10 (38.4%)	10:19	5.8 (61.7%)
120	MARĆ Artur	473	PTT TARNÓW	M-40	120	01:54:12	04:07:24	05:57:02	08:37:35.95	+03:19:29 (38.5%)	10:21	5.8 (61.7%)
121	SAMOLAK Maciek	325		M-40	121	01:50:43	04:00:21	05:52:31	08:39:44.65	+03:21:37 (38.8%)	10:23	5.8 (61.7%)
122	BOSAK Przemysław	165	MAGOREX	M-40	122	01:52:29	04:00:44	05:49:30	08:39:59.20	+03:21:52 (38.8%)	10:23	5.8 (61.7%)
123	SUPEŁ Jacek	237	NIEZRZESZONY	M-40	123	01:52:08	04:00:30	05:50:41	08:41:21.95	+03:23:15 (39.0%)	10:25	5.8 (61.7%)
124	RADZIWOŃ Krzysiek	431	GRUPA NIENACHALNIE HEROICZNA	M-40	124	02:01:43	04:25:32	06:13:46	08:43:29.70	+03:25:22 (39.2%)	10:28	5.7 (60.6%)
125	KUROWSKI Aleksander	323		M-40	125	01:50:46	04:00:17	05:52:34	08:43:53.40	+03:25:46 (39.3%)	10:28	5.7 (60.6%)
126	GOCAŁ Marek	470		M-40	126	01:50:25	04:02:05	06:05:03	08:44:42.95	+03:26:36 (39.4%)	10:29	5.7 (60.6%)
127	BUBICZ Krzysztof	354	BIEGAJĄCY ŚWIDNIK	M-40	127	01:53:42	04:12:43	06:08:16	08:45:45.65	+03:27:38 (39.5%)	10:30	5.7 (60.6%)
128	JASIŃSKI Marcin	410		M-40	128	01:49:03	03:56:29	05:57:24	08:48:30.15	+03:30:23 (39.8%)	10:34	5.7 (60.6%)
129	SOSZYŃSKI Piotr	535	GAZELE NA STARCIE	M-40	129	01:57:25	04:08:20	06:06:49	08:50:09.80	+03:32:02 (40.0%)	10:36	5.7 (60.6%)
130	ROZWADOWSKI Robert	268	DRUŻYNA SZPIKU	M-40	130	01:46:14	03:57:40	05:58:00	08:50:24.90	+03:32:18 (40.0%)	10:36	5.7 (60.6%)

Place	Participant	Number	Club	Category	MCat	Pasterka	Parking	Batorow	Net	Gap	Pace	Pace
						14.4km	Kształtna Łąka 27.3km		time 50km			
131	GÓRSKI Marcin	128		M-40	131	02:01:10	04:16:37	06:11:59	08:54:11.75	+03:36:04 (40.4%)	10:41	5.6 (59.6%)
132	STELMACH Damian	86	DOGOŃ GRODZISK MAZOWIECKI	M-40	132	02:24:26	04:28:39	06:15:52	08:59:52.15	+03:41:45 (41.1%)	10:47	5.6 (59.6%)
133	LIS Mirosław	239		M-40	133	02:00:35	04:15:58	06:12:43	09:01:48.20	+03:43:41 (41.3%)	10:50	5.5 (58.5%)
134	SZEWCZYK Mariusz	293	#KUBAPIECHTEAM	M-40	134	01:56:24	04:11:29	06:05:48	09:01:48.90	+03:43:42 (41.3%)	10:50	5.5 (58.5%)
135	MICHALSKI Adam	445		M-40	135	02:03:50	04:28:46	06:33:11	09:04:13.80	+03:46:06 (41.5%)	10:53	5.5 (58.5%)
136	BAKOWSKI Tomasz	15	AUTOLIV RUN TEAM OŁAWA	M-40	136	01:57:45	04:21:35	06:22:12	09:12:27.30	+03:54:20 (42.4%)	11:02	5.4 (57.4%)
137	KULDANEK Marcin	63	DOGOŃ GRODZISK MAZOWIECKI	M-40	137	02:03:29	04:32:23	06:28:26	09:15:31.70	+03:57:24 (42.7%)	11:06	5.4 (57.4%)
138	WRÓBEL Sebastian	100	GEMINI TEAM	M-40	138	01:57:39	04:16:50	06:22:10	09:17:39.45	+03:59:32 (43.0%)	11:09	5.4 (57.4%)
139	ZYDORCZAK Mateusz	58		M-40	139	01:53:02	04:03:31	06:18:19	09:19:46.70	+04:01:39 (43.2%)	11:11	5.4 (57.4%)
140	MARCINIAK Maciej	114	MM-PROJEKT	M-40	140	02:04:17	04:26:51	06:28:50	09:23:05.00	+04:04:58 (43.5%)	11:15	5.3 (56.4%)
141	BOŻKIEWICZ Jacek	94		M-40	141	02:03:44	04:26:31	06:32:11	09:33:22.30	+04:15:15 (44.5%)	11:28	5.2 (55.3%)
142	DABROWSKI Michal	71	ULTRAPOŚLADACH / TEAM ZABIEGANEDNI	M-40	142	02:03:09	04:44:08	06:51:39	09:40:07.05	+04:22:00 (45.2%)	11:36	5.2 (55.3%)
143	KUNCEWICZ Sławomir	64	CHATKABIEGACZA	M-40	143	02:08:47	04:33:46	06:52:14	09:42:36.20	+04:24:29 (45.4%)	11:39	5.1 (54.3%)
144	MACIOŁ Sebastian	364	TTA BIERUŃ	M-40	144	01:57:34	04:32:00	06:40:38	09:44:01.90	+04:25:55 (45.5%)	11:40	5.1 (54.3%)
145	PLASZCZAK Jarosław	108	PIEKIELNIE ZGRANI	M-40	145	01:56:26	04:19:46	06:36:05	09:44:25.30	+04:26:18 (45.6%)	11:41	5.1 (54.3%)
146	KOWALSKI Wojciech	521	KLUB MOGILNO TEAM	M-40	146	02:06:19	04:39:59	06:54:03	09:46:25.30	+04:28:18 (45.8%)	11:43	5.1 (54.3%)
147	PRZESPOLEWSKI Rafał	123	ULTRA WIEŚ STUDZIENIEC	M-40	147	02:07:06	04:42:49	06:52:57	09:48:30.45	+04:30:23 (45.9%)	11:46	5.1 (54.3%)
148	KORNAŚ Marcin	230	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M-40	148	02:13:02	04:46:52	07:01:20	09:50:59.80	+04:32:52 (46.2%)	11:49	5.1 (54.3%)
149	MIERZEJEWSKI Robert	259	CENTRUM SZKOLENIA WOJSK LĄDOWYCH	M-40	149	01:55:49	04:09:28	06:19:45	09:52:31.80	+04:34:24 (46.3%)	11:51	5.1 (54.3%)
150	MARUSZAK Darek	477	DOGOŃ GRODZISK MAZOWIECKI	M-40	150	01:53:58	04:08:53	06:26:28	09:53:29.00	+04:35:22 (46.4%)	11:52	5.1 (54.3%)
151	RAJEK Sebastian	244		M-40	151	02:05:23	04:37:49	06:56:04	09:55:21.05	+04:37:14 (46.6%)	11:54	5 (53.2%)
152	JUDKOWIAK Michał	12		M-40	152	02:03:20	04:43:43	06:55:36	10:05:58.25	+04:47:51 (47.5%)	12:07	5 (53.2%)
153	BANAŚ Marcin	386		M-40	153	02:07:23	04:47:52	07:07:48	10:06:38.55	+04:48:31 (47.6%)	12:07	4.9 (52.1%)

Place	Participant	Number	Club	Category	MCat	Pasterka 14.4km	Parking Kształtna Łąka 27.3km	Batorow 37.9km	Net time 50km	Gap	Pace min/km	Pace km/h
154	DUDEK Krzysztof	195	STRZEGOMSKA DWUNASTKA	M-40	154	02:12:50	04:53:55	07:12:05	10:08:05.90	+04:49:59 (47.7%)	12:09	4.9 (52.1%)
155	SMORAŃIEWICZ Marcin	212		M-40	155	02:27:08	05:04:46	07:19:10	10:16:47.80	+04:58:40 (48.4%)	12:20	4.9 (52.1%)
156	ZAJĄC Andrzej	105	DRUŻYNA SZPIKU	M-40	156	02:11:38	04:51:19	07:10:06	10:21:56.30	+05:03:49 (48.9%)	12:26	4.8 (51.1%)
157	KOWALCZYK Dariusz	49	LUCKY LUZERS	M-40	157	02:07:48	04:48:35	07:14:00	10:23:37.80	+05:05:30 (49.0%)	12:28	4.8 (51.1%)
158	SULIGA Paweł	141		M-40	158	02:03:44	04:29:02	06:43:30	10:26:17.75	+05:08:10 (49.2%)	12:31	4.8 (51.1%)
159	MASTALERSKI Dariusz	531	65 BATALION PIECHOTY LEKKIEJ	M-40	159	02:23:25	05:18:43	07:38:46	10:42:47.35	+05:24:40 (50.5%)	12:51	4.7 (50.0%)
160	KRUSZKA Stanisław	159		M-40	160	02:09:33	05:13:44	07:51:32	10:59:40.00	+05:41:33 (51.8%)	13:11	4.5 (47.9%)
161	ZAJĄC Krzysztof	213	BEZULTRADZIKI/WKURW_TEAM	M-40	161	02:23:04	05:22:50	08:00:14	11:28:22.85	+06:10:16 (53.8%)	13:46	4.4 (46.8%)
	WOŹNIAK Waldemar	538	EBIEGI.PL	M-40		02:01:40 DNF	04:22:44 DNF	06:40:57 DNF	DNF		-	- (0.0%)
	MERTAS Dominik	41		M-40		02:16:28 DNF	04:51:25 DNF	07:09:51 DNF	DNF		-	- (0.0%)
	BOŚ Grzegorz	417	CIASTKI RUNNING TEAM	M-40		02:25:25 DNF	05:08:06 DNF	08:11:21 DNF	DNF		-	- (0.0%)
	MUCHAJER Dawid	270	CSWŁĄD POZNAŃ	M-40		01:48:54 DNF	04:01:35 DNF	DNF	DNF		-	- (0.0%)
	SZARANIEC Sebastian	91	T-MOBILE SPORT TEAM	M-40		01:46:22 DNF	DNF	DNF	DNF		-	- (0.0%)

Total 166 results.