



# SGS ULTRA 50KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

**Event:** Supermaraton Gór Stołowych 2021  
**Organiser:** Fundacja Maratony Górskie  
**Date:** 2021-06-26  
**Place:** Kartów  
**Distance:** 50 km

Classification: M-60

| Place | Participant         | Number | Club                           | Category | MCat | Pasterka<br>14.4km | Parking Kształtna Łąka<br>27.3km | Batorow<br>37.9km | Net<br>time<br>50km | Gap               | Pace<br>min/km | Pace<br>km/h |
|-------|---------------------|--------|--------------------------------|----------|------|--------------------|----------------------------------|-------------------|---------------------|-------------------|----------------|--------------|
| 1     | ZIMNY Tomasz        | 255    |                                | M-60     | 1    | 01:40:34           | 03:29:36                         | 04:58:17          | <b>07:01:28.85</b>  |                   | 8:25           | 7.1 (100%)   |
| 2     | CIUPEK Jerzy        | 356    |                                | M-60     | 2    | 01:33:23           | 03:19:10                         | 04:58:20          | <b>07:18:46.65</b>  | +00:17:17 (3.9%)  | 8:46           | 6.8 (95.8%)  |
| 3     | KOWALSKI Andrzej    | 318    |                                | M-60     | 3    | 01:40:39           | 03:34:37                         | 05:08:46          | <b>07:20:05.90</b>  | +00:18:37 (4.2%)  | 8:48           | 6.8 (95.8%)  |
| 4     | ZIELENDĄ Andrzej    | 36     | WOLSZTYŃSKI KLUB BIEGOWY       | M-60     | 4    | 01:47:19           | 03:41:56                         | 05:17:21          | <b>07:28:35.60</b>  | +00:27:06 (6.0%)  | 8:58           | 6.7 (94.4%)  |
| 5     | TURLEJ Dariusz      | 463    | KONDYCJA                       | M-60     | 5    | 01:56:38           | 04:00:14                         | 05:38:15          | <b>07:51:16.55</b>  | +00:49:47 (10.6%) | 9:25           | 6.4 (90.1%)  |
| 6     | JACHYMSKI Jacek     | 374    | AKADEMICKI KLUB GÓRSKI W ŁODZI | M-60     | 6    | 01:49:50           | 03:48:16                         | 05:34:56          | <b>08:04:37.25</b>  | +01:03:08 (13.0%) | 9:41           | 6.2 (87.3%)  |
| 7     | MATYSZKOWICZ Janusz | 304    | GONIMY                         | M-60     | 7    | 02:00:03           | 04:11:01                         | 05:58:22          | <b>08:26:54.35</b>  | +01:25:25 (16.9%) | 10:08          | 5.9 (83.1%)  |
| 8     | JABŁCZYŃSKI Paweł   | 332    | HURAGAN JÓZEFOWO               | M-60     | 8    | 01:54:37           | 04:08:20                         | 05:57:32          | <b>08:39:18.10</b>  | +01:37:49 (18.8%) | 10:23          | 5.8 (81.7%)  |
| 9     | WALIGÓRSKI Ryszard  | 34     | WOLSZTYŃSKI KLUB BIEGOWY       | M-60     | 9    | 01:58:31           | 04:04:58                         | 05:44:54          | <b>08:55:23.00</b>  | +01:53:54 (21.3%) | 10:42          | 5.6 (78.9%)  |
| 10    | MIREK Waldemar      | 173    | EASY RUN                       | M-60     | 10   | 01:59:46           | 04:26:09                         | 06:25:23          | <b>09:14:30.90</b>  | +02:13:02 (24.0%) | 11:05          | 5.4 (76.1%)  |
| 11    | KWIECIEŃ Zbigniew   | 393    | FAUDANA                        | M-60     | 11   | 02:13:42           | 04:41:08                         | 06:39:19          | <b>09:32:49.25</b>  | +02:31:20 (26.4%) | 11:27          | 5.2 (73.2%)  |
| 12    | GŁUSZCZAK Jerzy     | 346    |                                | M-60     | 12   | 02:09:00           | 04:38:47                         | 06:59:51          | <b>10:03:37.05</b>  | +03:02:08 (30.2%) | 12:04          | 5 (70.4%)    |
| 13    | RZEPKA Mirek        | 375    |                                | M-60     | 13   | 02:30:22           | 05:33:39                         | 08:07:07          | <b>11:26:03.05</b>  | +04:24:34 (38.6%) | 13:43          | 4.4 (62.0%)  |

Total 13 results.