



**Wydarzenie:** Supermaraton Gór Stołowych  
**Organizator:** Fundacja Maratony Górskie  
**Data:** 2023-06-24  
**Miejsce:** Karłów  
**Dystans:** 54.7 km

## SGS ULTRA 54KM

B4SPORT  
INTELEKTUALNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slavny 13.9km	Slavny 22.9km	Pasterka 33.7km	Parking 40.9km	Błędne Skały 47.7km	Czas netto 54.7km	Czas brutto 54.7km	Różn	Tempo min/km	Tempo km/h
1	<b>BOULKHALF Abdellatif</b>	<b>1330</b>	KB WIKON NOWA SÓL	M-30	1	01:14:47	02:07:17	03:01:14	03:50:28		<b>05:16:13.55</b>	<b>05:16:13.55</b>		5:46	10.4 (100%)
2	<b>NEHRING Karol</b>	<b>1346</b>		M-20	1	01:15:03	02:08:39	03:03:04	03:53:10	04:31:14	<b>05:22:50.30</b>	<b>05:22:50.30</b>	+00:06:36 (2.0%)	5:54	10.2 (98.1%)
3	<b>KOMRAUS Krzysztof</b>	<b>1076</b>	PRESSGLASS - BIEGAMI I WSPIERAMY	M-30	2	02:08:40		03:03:05	03:53:12	04:31:18	<b>05:22:55.90</b>	<b>05:22:55.90</b>	+00:06:42 (2.1%)	5:54	10.2 (98.1%)
4	<b>PAWŁOWSKI Arkadiusz</b>	<b>1309</b>	ROCK&RUN.PL	M-30	3	01:20:58	02:17:48	03:14:12	04:05:58	04:41:08	<b>05:31:14.80</b>	<b>05:31:14.80</b>	+00:15:01 (4.5%)	6:03	9.9 (95.2%)
5	<b>KOZIEŁ Tomasz</b>	<b>1349</b>	BPM TEAM KUDOWIANKA RUN	M-40	1	01:19:58	02:21:29	03:24:24	04:21:58	05:08:21	<b>06:06:16.45</b>	<b>06:06:16.45</b>	+00:50:02 (13.7%)	6:41	9 (86.5%)
6	<b>TRĄMPCZYŃSKI Jakub</b>	<b>1295</b>	AW - SZYBCIEJ - TEAM	M-30	4	01:25:19	02:28:05	03:29:02	04:24:58	05:10:22	<b>06:06:33.70</b>	<b>06:06:33.70</b>	+00:50:20 (13.7%)	6:42	9 (86.5%)
7	<b>MIKEŠOVÁ Jana</b>	<b>1148</b>	SALMING CZ	K-30	1	01:24:20	02:27:32	03:30:07	04:29:05	05:11:06	<b>06:07:50.90</b>	<b>06:07:50.90</b>	+00:51:37 (14.0%)	6:43	8.9 (85.6%)
8	<b>WÓJCIK Paweł</b>	<b>1180</b>	ZADYSZKA OŚWIĘCIM	M-20	2	01:28:06	02:35:12	03:37:54	04:34:20	05:14:18	<b>06:08:10.50</b>	<b>06:08:10.50</b>	+00:51:56 (14.1%)	6:43	8.9 (85.6%)
9	<b>RYŁKO Krzysztof</b>	<b>1124</b>	ZADYSZKA OŚWIĘCIM / KS KANDAHAR	M-50	1	01:26:39	02:30:13	03:34:20	04:34:19	05:14:19	<b>06:10:49.30</b>	<b>06:10:49.30</b>	+00:54:35 (14.7%)	6:46	8.9 (85.6%)
10	<b>ŚLANDA Maciej</b>	<b>1001</b>	KS JANUSZE	M-30	5	01:22:47	02:27:30	03:29:02	04:29:58	05:16:04	<b>06:16:17.30</b>	<b>06:16:17.30</b>	+01:00:03 (16.0%)	6:52	8.7 (83.7%)
11	<b>GORCZYŃSKI Norbert</b>	<b>1107</b>	KUDOWIANKA RUN	M-20	3	01:23:18	02:28:57	03:33:09	04:32:47	05:15:41	<b>06:17:34.75</b>	<b>06:17:34.75</b>	+01:01:21 (16.2%)	6:54	8.7 (83.7%)
12	<b>KOLÁŘ Petr</b>	<b>1174</b>	RUN KANICE	M-30	6	01:32:22	02:36:35	03:39:05	04:36:50	05:19:26	<b>06:19:23.35</b>	<b>06:19:23.35</b>	+01:03:09 (16.6%)	6:56	8.7 (83.7%)
13	<b>HYŻY Piotr</b>	<b>1118</b>	BONNIE & CLYDE	M-40	2	01:29:06	02:33:59	03:39:04	04:36:58	05:21:01	<b>06:21:44.40</b>	<b>06:21:44.40</b>	+01:05:30 (17.2%)	6:58	8.6 (82.7%)
14	<b>BUCZKOWSKI Krzysztof</b>	<b>1311</b>		M-20	4	01:29:50	02:39:46	03:43:05	04:43:16	05:30:46	<b>06:29:33.40</b>	<b>06:29:33.40</b>	+01:13:19 (18.8%)	7:07	8.4 (80.8%)
15	<b>HOŁOWNIA Tomasz</b>	<b>1300</b>	GRUPA BIEGOWA BEZ GRANIC	M-40	3	01:28:07	02:32:31	03:37:16	04:41:37	05:27:49	<b>06:30:00.20</b>	<b>06:30:00.20</b>	+01:13:46 (18.9%)	7:07	8.4 (80.8%)
16	<b>KRUPA Marcin</b>	<b>1240</b>	AKTYWNA NOWA RUDA	M-40	4	01:18:58	02:21:11	03:26:24	04:29:58	05:20:07	<b>06:31:24.95</b>	<b>06:31:24.95</b>	+01:15:11 (19.2%)	7:09	8.4 (80.8%)
17	<b>NOGA Angelika</b>	<b>1238</b>		K-20	1	01:31:35	02:40:02	03:46:02	04:46:24	05:31:10	<b>06:35:34.10</b>	<b>06:35:34.10</b>	+01:19:20 (20.1%)	7:13	8.3 (79.8%)
18	<b>JARZĘBOWICZ Paweł</b>	<b>1122</b>	ZADYSZKA OŚWIĘCIM	M-40	5	01:32:21	02:41:21	03:44:11	04:44:03	05:31:21	<b>06:35:58.35</b>	<b>06:35:58.35</b>	+01:19:44 (20.1%)	7:14	8.3 (79.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slavny				Błędne	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						13.9km	22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	netto 54.7km	brutto 54.7km			
19	ZYCH Katarzyna	1117	BONNIE & CLYDE	K-40	1	01:32:20	02:40:22	03:47:36	04:48:47	05:34:32	<b>06:36:36.55</b>	<b>06:36:36.55</b>	+01:20:23 (20.3%)	7:15	8.3 (79.8%)
20	STACHURA Damian	1273	ULTRASTACH	M-30	7	01:24:03	02:30:37	03:40:10	04:48:21	05:34:50	<b>06:38:52.25</b>	<b>06:38:52.25</b>	+01:22:38 (20.7%)	7:17	8.2 (78.8%)
21	CEBULA Grzegorz	1286		M-50	2	01:24:17	02:30:25	03:40:12	04:48:29	05:35:22	<b>06:39:21.80</b>	<b>06:39:21.80</b>	+01:23:08 (20.8%)	7:18	8.2 (78.8%)
22	JESIOŁOWSKI Michał	1237	AZS AWF KRAKÓW MASTERS	M-30	8	01:24:42	02:31:38	03:38:55	04:47:49	05:39:48	<b>06:48:22.95</b>	<b>06:48:22.95</b>	+01:32:09 (22.6%)	7:27	8 (76.9%)
23	DASZEWSKI Filip	1325		M-20	5	01:30:03	02:39:57	03:47:48	04:52:55	05:43:20	<b>06:52:07.10</b>	<b>06:52:07.10</b>	+01:35:53 (23.3%)	7:32	8 (76.9%)
24	NYKIEL Mariusz	1296	SOCIOS SILESIA	M-30	9	01:27:58	02:33:32	03:43:53	04:50:49	05:48:56	<b>06:52:47.25</b>	<b>06:52:47.25</b>	+01:36:33 (23.4%)	7:32	8 (76.9%)
25	ZOŁA Piotr	1105	PIODZO EXTREME	M-30	10	01:32:36	02:41:09	03:47:43	04:54:48	05:45:00	<b>06:54:56.05</b>	<b>06:54:56.05</b>	+01:38:42 (23.8%)	7:35	7.9 (76.0%)
26	SZYDLIK Arkadiusz	1026	DOGOŃ GRODZISK MAZOWIECKI	M-40	6	01:25:19	02:33:59	03:44:22	04:57:08	05:49:46	<b>06:56:46.20</b>	<b>06:56:46.20</b>	+01:40:32 (24.1%)	7:37	7.9 (76.0%)
27	KOZIEŁ Piotr	1290	DOGOŃ GRODZISK MAZOWIECKI	M-40	7	01:30:39	02:40:26	03:50:40	05:01:05	05:52:32	<b>06:57:14.25</b>	<b>06:57:14.25</b>	+01:41:00 (24.2%)	7:37	7.9 (76.0%)
28	DARCHUK Oleksandr	1204	TRIFAMILY.PL	M-40	8	01:39:12	02:48:52	04:01:55	05:08:13	05:54:49	<b>06:59:55.50</b>	<b>06:59:55.50</b>	+01:43:41 (24.7%)	7:40	7.8 (75.0%)
29	KUŹMIAK Stanisław	1279	ULTRA SPAM ŻARY	M-40	9	01:37:44	02:48:45	04:02:02	05:08:32	05:56:05	<b>06:59:56.65</b>	<b>06:59:56.65</b>	+01:43:43 (24.7%)	7:40	7.8 (75.0%)
30	TRĄBCZYŃSKI Michał	1242	KB SZAMOTUŁY	M-40	10	01:32:32	02:41:33	03:52:02	05:04:36	05:56:36	<b>07:06:52.40</b>	<b>07:06:52.40</b>	+01:50:38 (25.9%)	7:48	7.7 (74.0%)
31	GRACZ Paweł	1205	ULTRA DIABŁY TEAM LUBRZA	M-40	11	01:27:28	02:37:03	03:51:40	05:05:20	05:56:40	<b>07:06:53.80</b>	<b>07:06:53.80</b>	+01:50:40 (25.9%)	7:48	7.7 (74.0%)
32	PIEKARCZYK Paweł	1199	STAJNIAK TEAM	M-30	11	01:30:44	02:41:01	03:55:16	05:09:05	05:59:58	<b>07:06:59.00</b>	<b>07:06:59.00</b>	+01:50:45 (25.9%)	7:48	7.7 (74.0%)
33	SADOWSKA Jagoda	1006	#YOLOTEAMKRK	K-30	2	01:46:19	02:57:13	04:10:16	05:15:55	06:03:22	<b>07:07:10.45</b>	<b>07:07:10.45</b>	+01:50:56 (26.0%)	7:48	7.7 (74.0%)
34	WYSOCZAŃSKI Adrian	1282	PIETRZYKOWICE	M-40	12	01:30:38	02:45:08	04:01:36	05:10:11	06:00:35	<b>07:09:39.40</b>	<b>07:09:39.40</b>	+01:53:25 (26.4%)	7:51	7.6 (73.1%)
35	ZIĘBORAK Szymon	1185		M-30	12	01:31:17	02:44:18	04:03:44	05:16:21	06:05:35	<b>07:12:20.30</b>	<b>07:12:20.30</b>	+01:56:06 (26.9%)	7:54	7.6 (73.1%)
36	NIEMIRO Dominika	1251	JAGODOWO-KALINOWY TEAM	K-30	3	01:35:45	02:51:50	04:04:21	05:15:17	06:05:32	<b>07:16:35.40</b>	<b>07:16:35.40</b>	+02:00:21 (27.6%)	7:58	7.5 (72.1%)
37	PAŹUCHA Wojciech	1248		M-40	13	01:37:47	02:51:10	04:04:22	05:15:27	06:06:28	<b>07:16:36.20</b>	<b>07:16:36.20</b>	+02:00:22 (27.6%)	7:58	7.5 (72.1%)
38	TOPA Mateusz	1333		M-30	13	01:31:19	02:41:40	03:56:53	05:12:56	06:04:24	<b>07:17:26.70</b>	<b>07:17:26.70</b>	+02:01:13 (27.7%)	7:59	7.5 (72.1%)
39	RUTKOWSKI Michał	1102		M-30	14	01:38:27	02:52:16	04:05:17	05:15:07	06:06:17	<b>07:17:27.30</b>	<b>07:17:27.30</b>	+02:01:13 (27.7%)	7:59	7.5 (72.1%)
40	PASTUŁA Łukasz	1013		M-40	14	01:41:24	02:59:21	04:11:55	05:23:30	06:12:47	<b>07:17:28.50</b>	<b>07:17:28.50</b>	+02:01:14 (27.7%)	7:59	7.5 (72.1%)
41	BERLINIEC Marcin	1347	EPIC ULTRA TEAM	M-30	15	01:37:45	02:48:56	04:03:59	05:16:31	06:10:14	<b>07:19:19.60</b>	<b>07:19:19.60</b>	+02:03:06 (28.0%)	8:01	7.5 (72.1%)
42	BONIKOWSKI Tomasz	1145		M-50	3	01:37:52	02:52:05	04:08:10	05:19:35	06:10:07	<b>07:19:34.80</b>	<b>07:19:34.80</b>	+02:03:21 (28.1%)	8:02	7.5 (72.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						Błędne	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Slavny 13.9km	Slavny 22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km				
43	<b>PASZKOWSKI Piotr</b>	<b>1005</b>	WKURW_TEAM	M-40	15	01:28:57	02:41:39	03:59:20	05:13:48	06:11:02	<b>07:22:40.80</b>	<b>07:22:40.80</b>	+02:06:27 (28.6%)	8:05	7.4 (71.2%)	
44	<b>GOLONKA Paweł</b>	<b>1071</b>	KB WIKON NOWA SÓL	M-40	16	01:46:40	02:59:16	04:13:20	05:25:49	06:15:27	<b>07:22:46.10</b>	<b>07:22:46.10</b>	+02:06:32 (28.6%)	8:05	7.4 (71.2%)	
45	<b>GOLAŃSKI Maciej</b>	<b>1172</b>	POZRUNIACY	M-40	17	01:46:42	03:02:34	04:16:44	05:25:45	06:18:01	<b>07:22:55.05</b>	<b>07:22:55.05</b>	+02:06:41 (28.6%)	8:05	7.4 (71.2%)	
46	<b>KOPYRA Piotr</b>	<b>1099</b>	POCOMITOBYŁO	M-40	18	01:37:29	02:48:54	04:01:48	05:15:27	06:10:47	<b>07:24:06.00</b>	<b>07:24:06.00</b>	+02:07:52 (28.8%)	8:07	7.4 (71.2%)	
47	<b>PALUSZKIEWICZ Robert</b>	<b>1331</b>		M-40	19	01:42:43	02:56:36	04:11:53	05:21:29	06:11:42	<b>07:24:47.70</b>	<b>07:24:47.70</b>	+02:08:34 (28.9%)	8:07	7.4 (71.2%)	
48	<b>SIEMASZKO Daniel</b>	<b>1200</b>		M-40	20	01:40:28	02:54:28	04:08:43	05:17:29	06:11:23	<b>07:25:01.75</b>	<b>07:25:01.75</b>	+02:08:48 (28.9%)	8:08	7.4 (71.2%)	
49	<b>DROPEK Sławomir</b>	<b>1225</b>	PAN KOPYTO	M-30	16	01:32:18	02:43:51	04:01:15	05:18:06	06:11:49	<b>07:25:02.20</b>	<b>07:25:02.20</b>	+02:08:48 (28.9%)	8:08	7.4 (71.2%)	
50	<b>WINIARSKI Jarosław</b>	<b>1303</b>	S.C.REP ARVATO	M-40	21	01:39:00	02:50:58	04:05:19	05:17:50	06:11:39	<b>07:25:02.40</b>	<b>07:25:02.40</b>	+02:08:48 (28.9%)	8:08	7.4 (71.2%)	
51	<b>STEPAK Włodzimierz</b>	<b>1188</b>	KB AKTYWNI KONIN	M-50	4	01:41:35	02:55:22	04:09:57	05:20:32	06:16:17	<b>07:25:03.35</b>	<b>07:25:03.35</b>	+02:08:49 (28.9%)	8:08	7.4 (71.2%)	
52	<b>DOMINIAK Artur</b>	<b>1011</b>		M-40	22	01:43:20	02:58:13	04:12:58	05:25:43	06:18:07	<b>07:25:37.60</b>	<b>07:25:37.60</b>	+02:09:24 (29.0%)	8:08	7.4 (71.2%)	
53	<b>CZOSNOWSKI Krzysztof</b>	<b>1339</b>	KB HERMES GRYFINO	M-40	23	01:31:55	02:45:06	03:57:01	05:12:49	06:10:19	<b>07:25:43.70</b>	<b>07:25:43.70</b>	+02:09:30 (29.1%)	8:08	7.4 (71.2%)	
54	<b>BONECKI Sylwester</b>	<b>1053</b>	K. S. META	M-40	24	01:38:26	02:55:17	04:13:32	05:23:24	06:15:13	<b>07:26:58.95</b>	<b>07:26:58.95</b>	+02:10:45 (29.3%)	8:10	7.3 (70.2%)	
55	<b>GOŁEK Robert</b>	<b>1221</b>		M-40	25	01:32:43	02:48:58	04:10:00	05:27:29	06:22:33	<b>07:27:03.50</b>	<b>07:27:03.50</b>	+02:10:49 (29.3%)	8:10	7.3 (70.2%)	
56	<b>ŚWIERCZEK Grzegorz</b>	<b>1025</b>		M-50	5	01:39:36	02:57:48	04:13:48	05:25:43	06:18:05	<b>07:28:32.75</b>	<b>07:28:32.75</b>	+02:12:19 (29.5%)	8:11	7.3 (70.2%)	
57	<b>GĄSZCZAK Mariusz</b>	<b>1111</b>	STAJNIAK TEAM KS LENIWIEC	M-40	26	01:38:28	02:50:36	04:06:04		06:15:38	<b>07:28:50.65</b>	<b>07:28:50.65</b>	+02:12:37 (29.5%)	8:12	7.3 (70.2%)	
58	<b>SOBCZAK Aleksandra</b>	<b>1245</b>		K-30	4	01:38:47	02:54:27	04:15:01	05:26:08	06:20:30	<b>07:29:47.40</b>	<b>07:29:47.40</b>	+02:13:33 (29.7%)	8:13	7.3 (70.2%)	
59	<b>JADZIEWICZ Jakub</b>	<b>1319</b>	PRORUNNING	M-40	27	01:37:46	02:50:44	04:10:02	05:22:04	06:16:47	<b>07:30:33.90</b>	<b>07:30:33.90</b>	+02:14:20 (29.8%)	8:14	7.3 (70.2%)	
60	<b>ZUCHLKE Tomasz</b>	<b>1228</b>		M-40	28	01:35:54	02:28:56	04:06:24	05:16:58	06:10:38	<b>07:30:42.00</b>	<b>07:30:42.00</b>	+02:14:28 (29.8%)	8:14	7.3 (70.2%)	
61	<b>KUREK Michał</b>	<b>1073</b>	WOLSKI KOLEKTYW BIEGOWY	M-30	17	01:38:45	02:54:51	04:08:52	05:22:41	06:16:10	<b>07:30:42.20</b>	<b>07:30:42.20</b>	+02:14:28 (29.8%)	8:14	7.3 (70.2%)	
62	<b>WOCH Agnieszka</b>	<b>1045</b>		K-50	1				05:42:58	06:22:53	<b>07:31:38.00</b>	<b>07:31:38.00</b>	+02:15:24 (30.0%)	8:15	7.3 (70.2%)	
63	<b>KIJEK Andrzej</b>	<b>1291</b>		M-30	18	01:35:34	02:51:29	04:08:02	05:20:34	06:17:00	<b>07:32:18.95</b>	<b>07:32:18.95</b>	+02:16:05 (30.1%)	8:16	7.3 (70.2%)	
64	<b>RAMOTOWSKI Marcin</b>	<b>1241</b>		M-40	29	01:41:31	02:57:45	04:15:47	05:30:53	06:22:41	<b>07:33:26.50</b>	<b>07:33:26.50</b>	+02:17:12 (30.3%)	8:17	7.2 (69.2%)	
65	<b>MALIGRANDA Mariusz</b>	<b>1249</b>	POZNAŃ	M-30	19	01:41:31	02:57:57	04:13:43	05:27:00	06:22:34	<b>07:33:58.30</b>	<b>07:33:58.30</b>	+02:17:44 (30.3%)	8:17	7.2 (69.2%)	
66	<b>BUJOK Grzegorz</b>	<b>1096</b>	FANTASTIC TEAM	M-40	30	01:45:35	03:08:18	04:25:33	05:36:02	06:25:33	<b>07:34:03.80</b>	<b>07:34:03.80</b>	+02:17:50 (30.4%)	8:18	7.2 (69.2%)	
67	<b>MURAWSKI Maciej</b>	<b>1104</b>	MIKITEAM	M-40	31	02:51:07		04:09:44	05:27:06	06:22:21	<b>07:35:45.65</b>	<b>07:35:45.65</b>	+02:19:32 (30.6%)	8:19	7.2 (69.2%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						Błędne	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Slavny 13.9km	Slavny 22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km				
68	<b>PABIN Paweł</b>	<b>1128</b>	#PABINY	M-30	20	01:40:49	02:54:49	04:08:49	05:22:36	06:19:58	<b>07:36:19.10</b>	<b>07:36:19.10</b>	+02:20:05 (30.7%)	8:20	7.2 (69.2%)	
69	<b>GRUMBIANIN Paulina</b>	<b>1191</b>	DREAM RUN/LOGWIN	K-50	2	01:40:01	02:58:06	04:15:43	05:28:24	06:23:01	<b>07:37:00.00</b>	<b>07:37:00.00</b>	+02:20:46 (30.8%)	8:21	7.2 (69.2%)	
70	<b>MAŁACHOWSKI Mariusz</b>	<b>1184</b>	RUNDOMSKO	M-40	32	01:40:26	02:58:28	04:12:58	05:28:12	06:23:34	<b>07:37:27.15</b>	<b>07:37:27.15</b>	+02:21:13 (30.9%)	8:21	7.2 (69.2%)	
71	<b>KUTRZYK Przemysław</b>	<b>1068</b>	STREFA BIEGACZA NATALIA SADOWSKA	M-40	33	01:37:59	02:55:52	04:17:42	05:30:51	06:24:54	<b>07:37:41.30</b>	<b>07:37:41.30</b>	+02:21:27 (30.9%)	8:22	7.2 (69.2%)	
72	<b>WOŁOSZYN Piotr</b>	<b>1265</b>	ŁUBUDUBU	M-40	34	01:37:43	02:54:42	04:13:14	05:30:57	06:27:58	<b>07:38:13.85</b>	<b>07:38:13.85</b>	+02:22:00 (31.0%)	8:22	7.2 (69.2%)	
73	<b>WAWRZYNIAK Małgorzata</b>	<b>1232</b>	#BIEGIEMWLAS	K-40	2	01:47:07	03:09:10	04:25:41	05:40:18	06:30:07	<b>07:38:29.95</b>	<b>07:38:29.95</b>	+02:22:16 (31.0%)	8:22	7.2 (69.2%)	
74	<b>MASARCZYK Szymon</b>	<b>1113</b>		M-30	21	01:37:40	02:48:50	04:08:03	05:28:20	06:22:58	<b>07:39:28.55</b>	<b>07:39:28.55</b>	+02:23:15 (31.2%)	8:23	7.1 (68.3%)	
75	<b>BANASIAK Marcin</b>	<b>1223</b>		M-40	35	01:51:41	03:11:26	04:22:11	05:33:20	06:27:56	<b>07:40:58.75</b>	<b>07:40:58.75</b>	+02:24:45 (31.4%)	8:25	7.1 (68.3%)	
76	<b>KLIMEK Mateusz</b>	<b>1244</b>		M-40	36	01:47:58	03:10:42	04:24:19	05:37:49	06:30:30	<b>07:41:11.20</b>	<b>07:41:11.20</b>	+02:24:57 (31.4%)	8:25	7.1 (68.3%)	
77	<b>ŚWIAT Paweł</b>	<b>1166</b>	RNB TEAM POLANICA ZDRÓJ	M-30	22	01:55:35	03:18:31	04:37:49	05:47:28	06:36:15	<b>07:42:24.05</b>	<b>07:42:24.05</b>	+02:26:10 (31.6%)	8:27	7.1 (68.3%)	
78	<b>BARWICKI Marcin</b>	<b>1214</b>		M-40	37	01:45:20	03:07:01	04:27:28	05:44:06	06:35:20	<b>07:43:12.45</b>	<b>07:43:12.45</b>	+02:26:58 (31.7%)	8:28	7.1 (68.3%)	
79	<b>KUCHARSKI Adrian</b>	<b>1350</b>	ZEFKA RUNNERS / PRZEDWOJEWSKI TEAM	M-30	23	01:37:09	02:55:45	04:15:58	05:33:54	06:28:59	<b>07:44:12.75</b>	<b>07:44:12.75</b>	+02:27:59 (31.9%)	8:29	7.1 (68.3%)	
80	<b>FRYSIAK Artur</b>	<b>1224</b>	WIELUŃ TRAIL	M-50	6	01:44:39	03:07:37	04:26:17	05:42:32	06:32:37	<b>07:44:15.35</b>	<b>07:44:15.35</b>	+02:28:01 (31.9%)	8:29	7.1 (68.3%)	
81	<b>ŁYCZKO Anna</b>	<b>1159</b>	STREFA FIT	K-30	5	01:42:35	03:06:18	04:25:38	05:39:36	06:35:10	<b>07:44:37.75</b>	<b>07:44:37.75</b>	+02:28:24 (31.9%)	8:29	7.1 (68.3%)	
82	<b>SCHWARZ Marek</b>	<b>1215</b>	PRO366	M-30	24	01:42:39	03:02:27	04:22:08	05:40:56	06:34:49	<b>07:44:57.90</b>	<b>07:44:57.90</b>	+02:28:44 (32.0%)	8:30	7.1 (68.3%)	
83	<b>ZAJĄCZKOWSKI Paweł</b>	<b>1024</b>	POWER TRAINING	M-30	25	01:40:19	02:59:40	04:15:27	05:36:26	06:34:42	<b>07:45:42.25</b>	<b>07:45:42.25</b>	+02:29:28 (32.1%)	8:30	7 (67.3%)	
84	<b>POGOCKI Piotr</b>	<b>1138</b>		M-40	38	01:48:16	03:02:36	04:21:11	05:35:17	06:31:23	<b>07:45:46.85</b>	<b>07:45:46.85</b>	+02:29:33 (32.1%)	8:30	7 (67.3%)	
85	<b>WOJCIECHOWICZ Jacek</b>	<b>1142</b>	PASJA TEAM	M-40	39	01:50:12	03:07:59	04:25:11	05:40:29	06:35:32	<b>07:45:51.35</b>	<b>07:45:51.35</b>	+02:29:37 (32.1%)	8:30	7 (67.3%)	
86	<b>DWORNIKOWSKI Zbigniew</b>	<b>1260</b>		M-50	7	01:34:20	02:54:40	04:17:22	05:31:26	06:28:06	<b>07:45:51.95</b>	<b>07:45:51.95</b>	+02:29:38 (32.1%)	8:30	7 (67.3%)	
87	<b>KASPERSKI Grzegorz</b>	<b>1313</b>	ANTONTEAM	M-40	40	01:39:03	02:55:25	04:15:28	05:34:15	06:31:05	<b>07:47:22.80</b>	<b>07:47:22.80</b>	+02:31:09 (32.3%)	8:32	7 (67.3%)	
88	<b>BISOWSKI Mariusz</b>	<b>1322</b>		M-40	41	01:42:56	03:01:55	04:21:33	05:37:43	06:33:53	<b>07:47:54.85</b>	<b>07:47:54.85</b>	+02:31:41 (32.4%)	8:33	7 (67.3%)	
89	<b>WEJMAN Dariusz</b>	<b>1162</b>		M-40	42	01:51:10	03:12:22	04:30:57	05:48:12	06:40:42	<b>07:50:23.50</b>	<b>07:50:23.50</b>	+02:34:09 (32.8%)	8:35	7 (67.3%)	
90	<b>SOBOLEWSKI Jakub</b>	<b>1340</b>	BRACTWO BIEGOWE BGK	M-40	43	01:15:08	01:42:36	04:25:01	05:51:16	06:43:33	<b>07:50:52.90</b>	<b>07:50:52.90</b>	+02:34:39 (32.8%)	8:36	7 (67.3%)	
91	<b>STELMACH Krzysztof</b>	<b>1227</b>		M-40	44	01:46:17	03:07:36	04:26:18	05:42:58	06:35:57	<b>07:50:56.60</b>	<b>07:50:56.60</b>	+02:34:43 (32.9%)	8:36	7 (67.3%)	
92	<b>KOSTERA Tomasz</b>	<b>1345</b>	VEGE RUNNERS	M-40	45	01:43:10	03:00:34	04:19:10	05:37:01	06:33:54	<b>07:53:47.80</b>	<b>07:53:47.80</b>	+02:37:34 (33.3%)	8:39	6.9 (66.3%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slawny				Błędne	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						13.9km	22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km			
93	<b>PELSZYNSKI Pawel</b>	<b>1144</b>		M-30	26	01:46:04	03:05:30	04:27:43	05:45:02	06:41:15	<b>07:53:50.90</b>	<b>07:53:50.90</b>	+02:37:37 (33.3%)	8:39	6.9 (66.3%)
94	<b>CHORAZKIEWICZ Damian</b>	<b>1234</b>		M-30	27	01:44:41	03:04:17	04:25:22	05:42:25	06:36:24	<b>07:54:30.00</b>	<b>07:54:30.00</b>	+02:38:16 (33.4%)	8:40	6.9 (66.3%)
95	<b>KOVAR Petr</b>	<b>1196</b>	KANICE	M-30	28	01:44:09	02:58:06	04:15:08	05:40:27	06:37:34	<b>07:54:33.75</b>	<b>07:54:33.75</b>	+02:38:20 (33.4%)	8:40	6.9 (66.3%)
96	<b>GOSTYŃSKI Krzysztof</b>	<b>1083</b>	RUCZAJ ULTRA TEAM	M-40	46	01:51:41	03:12:55	04:27:44	05:46:10	06:46:12	<b>07:54:35.10</b>	<b>07:54:35.10</b>	+02:38:21 (33.4%)	8:40	6.9 (66.3%)
97	<b>WYLEŻEK Mateusz</b>	<b>1253</b>	CARBON SILESIA SPORT	M-30	29	01:48:39	03:07:50	04:26:33	05:44:49	06:40:47	<b>07:54:49.95</b>	<b>07:54:49.95</b>	+02:38:36 (33.4%)	8:40	6.9 (66.3%)
98	<b>SZARAPANOWSKI Damian</b>	<b>1143</b>	ULTRA DIABŁY TEAM LUBRZA	M-40	47	01:39:08	02:59:34	04:22:21	05:43:34	06:41:08	<b>07:55:40.60</b>	<b>07:55:40.60</b>	+02:39:27 (33.5%)	8:41	6.9 (66.3%)
99	<b>WOJCIECHOWSKI Krzysztof</b>	<b>1044</b>	RADLINIOKI W BIEGU	M-40	48	01:48:43	03:19:06	04:37:05	05:53:16	06:46:56	<b>07:56:19.75</b>	<b>07:56:19.75</b>	+02:40:06 (33.6%)	8:42	6.9 (66.3%)
100	<b>MARTEKLAS Jan</b>	<b>1028</b>	NIGHT RUNNERS WROCŁAW	M-30	30	01:50:02	03:11:21	04:28:51	05:49:00	06:45:12	<b>07:57:06.75</b>	<b>07:57:06.75</b>	+02:40:53 (33.7%)	8:43	6.9 (66.3%)
101	<b>MAZUR Marek</b>	<b>1250</b>		M-40	49	01:51:42	03:19:29	04:34:15	05:46:19	06:41:57	<b>07:57:16.40</b>	<b>07:57:16.40</b>	+02:41:02 (33.7%)	8:43	6.9 (66.3%)
102	<b>BARAŃSKI Piotr</b>	<b>1193</b>		M-40	50	01:46:38	03:09:30	04:37:14	05:50:55	06:45:20	<b>07:57:34.90</b>	<b>07:57:34.90</b>	+02:41:21 (33.8%)	8:43	6.9 (66.3%)
103	<b>GRUDNIEWSKI Patryk</b>	<b>1203</b>		M-40	51	01:38:15	02:54:22	04:18:29	05:41:08	06:39:32	<b>07:58:53.85</b>	<b>07:58:53.85</b>	+02:42:40 (34.0%)	8:45	6.9 (66.3%)
104	<b>BŁASZCZYK Łukasz</b>	<b>1281</b>		M-30	31	01:47:12	03:15:04	04:26:59	05:46:58	06:42:35	<b>07:59:48.65</b>	<b>07:59:48.65</b>	+02:43:35 (34.1%)	8:46	6.8 (65.4%)
105	<b>MIESZKIAN Krystian</b>	<b>1314</b>		M-40	52	01:47:53	03:06:20	04:25:34	05:51:02	06:50:00	<b>08:01:40.15</b>	<b>08:01:40.15</b>	+02:45:26 (34.3%)	8:48	6.8 (65.4%)
106	<b>WASILEWSKI Marcin</b>	<b>1034</b>		M-30	32	01:42:58	03:01:42	04:25:23	05:48:54	06:44:42	<b>08:02:35.70</b>	<b>08:02:35.70</b>	+02:46:22 (34.5%)	8:49	6.8 (65.4%)
107	<b>LISIAKIEWICZ Bartosz</b>	<b>1334</b>		M-40	53	01:44:49	03:05:35	04:24:53	05:40:05	06:40:52	<b>08:03:27.70</b>	<b>08:03:27.70</b>	+02:47:14 (34.6%)	8:50	6.8 (65.4%)
108	<b>KLUZ Anna</b>	<b>1100</b>	FANTASTIC TEAM	K-40	3	01:50:56	03:16:03	04:47:13	06:00:26	06:54:24	<b>08:03:45.40</b>	<b>08:03:45.40</b>	+02:47:31 (34.6%)	8:50	6.8 (65.4%)
109	<b>MAKARENKOV Sergii</b>	<b>1052</b>	DOGOŃ GRODZISK MAZOWIECKI	M-30	33	01:44:14	03:10:19	04:32:15	05:52:27	06:53:48	<b>08:05:22.15</b>	<b>08:05:22.15</b>	+02:49:08 (34.8%)	8:52	6.8 (65.4%)
110	<b>ANIOŁEK Michał</b>	<b>1278</b>	RUN OR DIE	M-30	34	01:42:49	03:02:35	04:24:49	05:48:57	06:46:47	<b>08:06:34.10</b>	<b>08:06:34.10</b>	+02:50:20 (35.0%)	8:53	6.7 (64.4%)
111	<b>RUCIŃSKI Arkadiusz</b>	<b>1079</b>		M-40	54	01:50:33	03:13:11	04:36:53	05:53:58	06:49:23	<b>08:07:39.90</b>	<b>08:07:39.90</b>	+02:51:26 (35.2%)	8:54	6.7 (64.4%)
112	<b>CHMIEL Joanna</b>	<b>1254</b>	JOANNA&TEDDY	K-30	6	01:49:02	03:16:43	04:41:23	05:58:10	06:55:15	<b>08:08:03.25</b>	<b>08:08:03.25</b>	+02:51:49 (35.2%)	8:55	6.7 (64.4%)
113	<b>MENDELSKI Paweł</b>	<b>1344</b>		M-30	35	01:49:06	03:14:07	04:35:06	05:53:07	06:51:50	<b>08:09:31.80</b>	<b>08:09:31.80</b>	+02:53:18 (35.4%)	8:56	6.7 (64.4%)
114	<b>DAWIDZIAK Arkadiusz</b>	<b>1082</b>	GARMIN WROCŁAW	M-30	36	01:43:19	03:07:45	04:32:09	05:50:53	06:51:53	<b>08:09:42.65</b>	<b>08:09:42.65</b>	+02:53:29 (35.4%)	8:57	6.7 (64.4%)
115	<b>MIERCZAK Dawid</b>	<b>1306</b>	PENDOLINO TEAM	M-30	37	01:44:59	03:10:08	04:32:16	05:58:40	06:57:20	<b>08:13:18.40</b>	<b>08:13:18.40</b>	+02:57:04 (35.9%)	9:01	6.7 (64.4%)
116	<b>SUDUŁ Jarek</b>	<b>1336</b>	WIERZBICKI RUNNING PROJECT A	M-50	8	01:51:08	03:17:46	04:36:50	06:01:56	06:57:57	<b>08:13:34.40</b>	<b>08:13:34.40</b>	+02:57:20 (35.9%)	9:01	6.6 (63.5%)
117	<b>DEMYDA Michał</b>	<b>1229</b>	FUNDACJA "KWITNAĆA POLSKA"	M-30	38	01:45:45	03:01:49	04:18:29	05:50:23	06:53:27	<b>08:14:01.70</b>	<b>08:14:01.70</b>	+02:57:48 (36.0%)	9:01	6.6 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat					Błędne	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Slavny 13.9km	Slavny 22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km			
118	<b>BLASZCZYK Jakub</b>	<b>1312</b>		M-40	55	01:47:17	03:15:04	04:41:28	05:58:12	06:55:36	<b>08:14:13.25</b>	<b>08:14:13.25</b>	+02:57:59 (36.0%)	9:02	6.6 (63.5%)
119	<b>SZARADOWSKI Piotr</b>	<b>1235</b>	AW - SZYBCIEJ - TEAM	M-50	9	01:49:57	03:10:35	04:41:04	05:58:09	06:54:27	<b>08:14:51.90</b>	<b>08:14:51.90</b>	+02:58:38 (36.1%)	9:02	6.6 (63.5%)
120	<b>PASZKIEL Artur</b>	<b>1275</b>	LUDZ	M-50	10	01:43:08	03:05:01	04:32:27		06:52:43	<b>08:14:53.80</b>	<b>08:14:53.80</b>	+02:58:40 (36.1%)	9:02	6.6 (63.5%)
121	<b>GRZĄDKA Anna</b>	<b>1321</b>		K-30	7	01:46:26	03:08:16	04:33:21	05:54:18	06:54:59	<b>08:15:03.50</b>	<b>08:15:03.50</b>	+02:58:49 (36.1%)	9:03	6.6 (63.5%)
122	<b>ROZMIAREK Przemysław</b>	<b>1009</b>	BIEGAJĄCE KREJZOLE	M-40	56	01:46:46	03:09:59	04:31:20	05:50:41	06:52:48	<b>08:15:05.60</b>	<b>08:15:05.60</b>	+02:58:52 (36.1%)	9:03	6.6 (63.5%)
123	<b>PIECHOTA Rafał</b>	<b>1239</b>		M-40	57	01:44:08	03:07:06	04:26:29	05:52:43	06:53:55	<b>08:15:25.50</b>	<b>08:15:25.50</b>	+02:59:11 (36.2%)	9:03	6.6 (63.5%)
124	<b>CHWIEJ Marcin</b>	<b>1069</b>	BIEGACZE ŚWINOUJŚCIE	M-40	58	01:42:38	03:10:39	04:36:30	05:54:57	06:54:17	<b>08:15:30.75</b>	<b>08:15:30.75</b>	+02:59:17 (36.2%)	9:03	6.6 (63.5%)
125	<b>BUJALSKI Szymon</b>	<b>1338</b>		M-40	59	01:48:45	03:09:10	04:29:58	05:45:31	06:46:23	<b>08:15:36.55</b>	<b>08:15:36.55</b>	+02:59:23 (36.2%)	9:03	6.6 (63.5%)
126	<b>LUBELCZYK Grzegorz</b>	<b>1089</b>	SPELEOCLUB WROCŁAW	M-50	11	01:51:08	03:11:24	04:36:46	05:57:21	06:54:31	<b>08:16:06.80</b>	<b>08:16:06.80</b>	+02:59:53 (36.3%)	9:04	6.6 (63.5%)
127	<b>SROKA Marcin</b>	<b>1098</b>	WLKP MOUNTAINS ULTRA	M-40	60	01:49:04	03:16:15	04:36:28	06:04:26	07:03:02	<b>08:16:40.10</b>	<b>08:16:40.10</b>	+03:00:26 (36.3%)	9:04	6.6 (63.5%)
128	<b>WOJCIESZAK Katarzyna</b>	<b>1036</b>	ŚCO BIEGA	K-40	4	01:49:50	03:17:26	04:42:43	06:03:54	06:57:47	<b>08:17:16.15</b>	<b>08:17:16.15</b>	+03:01:02 (36.4%)	9:05	6.6 (63.5%)
129	<b>MUSIAŁ Ewelina</b>	<b>1297</b>	LECĘ BO CHCE	K-40	5	01:49:50	03:17:29	04:42:44	06:03:54	06:57:47	<b>08:17:16.25</b>	<b>08:17:16.25</b>	+03:01:02 (36.4%)	9:05	6.6 (63.5%)
130	<b>PAŁCZYŃSKI Paweł</b>	<b>1010</b>	LG I PB	M-40	61	01:54:11	03:17:11	04:39:02	06:01:26	07:03:00	<b>08:18:10.50</b>	<b>08:18:10.50</b>	+03:01:56 (36.5%)	9:06	6.6 (63.5%)
131	<b>MYTNIK Wojciech</b>	<b>1038</b>	ENDURANCE TAEM	M-40	62	01:54:21	03:23:05	04:45:31	05:58:45	06:55:57	<b>08:18:37.10</b>	<b>08:18:37.10</b>	+03:02:23 (36.6%)	9:06	6.6 (63.5%)
132	<b>JAKUSZEK Paweł</b>	<b>1269</b>	CEGIELNIA PIASKI	M-40	63	01:45:34	03:10:12	04:33:11	05:58:58	06:59:15	<b>08:18:53.35</b>	<b>08:18:53.35</b>	+03:02:39 (36.6%)	9:07	6.6 (63.5%)
133	<b>JAKUSZEK Krzysztof</b>	<b>1270</b>	CEGIELNIA PIASKI	M-40	64	01:45:26	03:10:12	04:33:08	05:58:59	06:59:14	<b>08:18:53.45</b>	<b>08:18:53.45</b>	+03:02:39 (36.6%)	9:07	6.6 (63.5%)
134	<b>SURDACKI Piotr</b>	<b>1094</b>		M-40	65	01:49:00	03:15:26	04:39:21	06:03:09	07:03:25	<b>08:19:59.85</b>	<b>08:19:59.85</b>	+03:03:46 (36.8%)	9:08	6.6 (63.5%)
135	<b>ZABOROWSKI Robert</b>	<b>1175</b>	MARATOŃCZYK DĘBICA	M-60	1	01:45:56	03:10:07	04:31:07	05:55:04	06:56:30	<b>08:20:36.85</b>	<b>08:20:36.85</b>	+03:04:23 (36.8%)	9:09	6.6 (63.5%)
136	<b>URBASEK Łukasz</b>	<b>1133</b>		M-40	66	01:57:21	03:26:20	04:53:31	06:14:52	07:12:17	<b>08:20:45.75</b>	<b>08:20:45.75</b>	+03:04:32 (36.9%)	9:09	6.6 (63.5%)
137	<b>KRZYŻAŃSKI Mieszko</b>	<b>1267</b>		M-20	6	03:19:11		04:41:18	06:00:11	07:01:43	<b>08:22:03.25</b>	<b>08:22:03.25</b>	+03:05:49 (37.0%)	9:10	6.5 (62.5%)
138	<b>GRZYBOWSKA Karolina</b>	<b>1152</b>	LEKKOATLETYKA STAL PLESZEW	K-40	6	01:52:50	03:20:24	04:46:08	06:04:47	07:01:51	<b>08:24:06.30</b>	<b>08:24:06.30</b>	+03:07:52 (37.3%)	9:12	6.5 (62.5%)
139	<b>ŚWIERK Piotr</b>	<b>1268</b>	RADLINIOKI W BIEGU	M-40	67	01:47:10	03:20:01	04:36:19	06:05:16	07:05:19	<b>08:24:13.10</b>	<b>08:24:13.10</b>	+03:07:59 (37.3%)	9:13	6.5 (62.5%)
140	<b>FIGEL Michał</b>	<b>1119</b>	MIKI TEAM	M-40	68	01:51:22	03:18:39	04:43:55	06:03:31	07:02:54	<b>08:25:27.10</b>	<b>08:25:27.10</b>	+03:09:13 (37.4%)	9:14	6.5 (62.5%)
141	<b>SITEK Arkadiusz</b>	<b>1054</b>	AKTYWNI WĘGRÓW	M-40	69	01:47:28	03:10:50	04:35:46	05:59:29	06:57:17	<b>08:25:37.55</b>	<b>08:25:37.55</b>	+03:09:24 (37.5%)	9:14	6.5 (62.5%)
142	<b>KOZŁOWSKI Rafał</b>	<b>1283</b>	RUNNERS KONIN	M-40	70	01:49:53	03:19:23	04:45:47	06:05:44	07:05:23	<b>08:26:45.35</b>	<b>08:26:45.35</b>	+03:10:31 (37.6%)	9:15	6.5 (62.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						Błędne	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Slavny 13.9km	Slavny 22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km				
143	<b>SZACH Andrzej</b>	<b>1167</b>	22KBPG	M-40	71	01:50:31	03:17:23	04:39:55	06:09:08	07:10:06	<b>08:28:50.05</b>	<b>08:28:50.05</b>	+03:12:36 (37.9%)	9:18	6.5 (62.5%)	
144	<b>PARZONKA Paweł</b>	<b>1153</b>	KS LENIWIEC	M-50	12	01:50:06	03:13:19	04:38:28	06:01:57	07:01:38	<b>08:28:57.75</b>	<b>08:28:57.75</b>	+03:12:44 (37.9%)	9:18	6.4 (61.5%)	
145	<b>MALESA Tomasz</b>	<b>1293</b>		M-30	39	01:47:35	03:13:49	04:43:33	06:07:25	07:09:51	<b>08:30:08.85</b>	<b>08:30:08.85</b>	+03:13:55 (38.0%)	9:19	6.4 (61.5%)	
146	<b>MEISSNER Paweł</b>	<b>1137</b>	TIGERS TEAM	M-40	72	01:47:29	03:15:07	04:41:24	06:06:58	07:09:10	<b>08:30:52.80</b>	<b>08:30:52.80</b>	+03:14:39 (38.1%)	9:20	6.4 (61.5%)	
147	<b>POLIWKA Adam</b>	<b>1109</b>	DALEKO JESZCZE??? TEAM	M-30	40	01:46:41	03:08:46	04:37:11	06:04:45	07:05:17	<b>08:31:08.70</b>	<b>08:31:08.70</b>	+03:14:55 (38.1%)	9:20	6.4 (61.5%)	
148	<b>CZARNECKI Marcin</b>	<b>1320</b>		M-30	41	01:47:36	03:12:02	04:39:07	06:09:27	07:09:55	<b>08:32:35.45</b>	<b>08:32:35.45</b>	+03:16:21 (38.3%)	9:22	6.4 (61.5%)	
149	<b>MARKOWSKI Marek</b>	<b>1266</b>	KS LENIWIEC	M-40	73	03:21:08		04:57:47	06:22:07	07:20:19	<b>08:32:47.15</b>	<b>08:32:47.15</b>	+03:16:33 (38.3%)	9:22	6.4 (61.5%)	
150	<b>KUBIK Jarosław</b>	<b>1284</b>	KOŁO BIEGA	M-40	74	01:50:33	03:15:59	04:45:54	06:14:47	07:17:07	<b>08:33:23.05</b>	<b>08:33:23.05</b>	+03:17:09 (38.4%)	9:23	6.4 (61.5%)	
151	<b>RZEPNIEWSKI Łukasz</b>	<b>1216</b>		M-40	75	01:45:29	03:06:58	04:36:49	06:03:23	07:03:48	<b>08:33:26.50</b>	<b>08:33:26.50</b>	+03:17:12 (38.4%)	9:23	6.4 (61.5%)	
151	<b>KŁÓDKIEWICZ Marcin</b>	<b>1220</b>		M-30	42	01:44:18	03:06:58	04:36:49	06:03:21	07:03:48	<b>08:33:26.50</b>	<b>08:33:26.50</b>	+03:17:12 (38.4%)	9:23	6.4 (61.5%)	
153	<b>ROŚLICKI Jarosław</b>	<b>1018</b>	DTR BIEGA/MARIO TEAM/UBEZPIECZENIA DLA AKTYWNYCH	M-40	76	01:43:03	03:09:33	04:40:01	06:03:43	07:06:59	<b>08:33:58.20</b>	<b>08:33:58.20</b>	+03:17:44 (38.5%)	9:23	6.4 (61.5%)	
154	<b>SYCHOWSKI Dawid</b>	<b>1020</b>		M-30	43	01:47:38	03:17:17	04:42:53	06:05:41	07:07:08	<b>08:33:58.65</b>	<b>08:33:58.65</b>	+03:17:45 (38.5%)	9:23	6.4 (61.5%)	
155	<b>DOMAŃSKI Henryk</b>	<b>1121</b>	STAN UMYSŁU LEWIN BIEGA	M-50	13	01:42:51	03:11:02	04:38:50	06:05:43	07:09:28	<b>08:37:08.55</b>	<b>08:37:08.55</b>	+03:20:55 (38.9%)	9:27	6.3 (60.6%)	
156	<b>KRZYŻIŃSKA Sylwia</b>	<b>1106</b>	DOGOŃ GRODZISK MAZOWIECKI	K-40	7	01:57:51	03:31:37	04:57:35	06:18:21	07:16:45	<b>08:37:15.65</b>	<b>08:37:15.65</b>	+03:21:02 (38.9%)	9:27	6.3 (60.6%)	
157	<b>RUDEK Marcin</b>	<b>1332</b>	HAPPY RUNNERS	M-40	77	01:42:52	03:05:06	04:31:19	05:59:34	07:08:28	<b>08:37:38.70</b>	<b>08:37:38.70</b>	+03:21:25 (38.9%)	9:27	6.3 (60.6%)	
158	<b>JANGAS Andrzej</b>	<b>1158</b>		M-50	14	01:51:36	03:24:01	04:52:41	06:16:31	07:15:28	<b>08:37:40.50</b>	<b>08:37:40.50</b>	+03:21:26 (38.9%)	9:27	6.3 (60.6%)	
159	<b>POKRYWKA Arkadiusz</b>	<b>1017</b>		M-40	78	01:52:07	03:16:42	04:39:45	06:06:02	07:11:18	<b>08:38:27.20</b>	<b>08:38:27.20</b>	+03:22:13 (39.0%)	9:28	6.3 (60.6%)	
160	<b>SUCHANEK Radosław</b>	<b>1176</b>		M-50	15	01:50:13	03:19:09	04:46:23	06:10:51	07:12:20	<b>08:38:36.90</b>	<b>08:38:36.90</b>	+03:22:23 (39.0%)	9:28	6.3 (60.6%)	
161	<b>LIPIŃSKI Paweł</b>	<b>1110</b>		M-40	79	01:54:02		04:46:16	06:17:02	07:17:35	<b>08:38:37.60</b>	<b>08:38:37.60</b>	+03:22:24 (39.0%)	9:28	6.3 (60.6%)	
162	<b>SAMOLAK Maciek</b>	<b>1066</b>	NSK RUNS	M-40	80	01:51:33	03:24:53	04:53:00	06:17:08	07:21:11	<b>08:38:38.10</b>	<b>08:38:38.10</b>	+03:22:24 (39.0%)	9:28	6.3 (60.6%)	
163	<b>JASICKI Krzysztof</b>	<b>1217</b>	RUNHOGS TYCHY	M-40	81	02:03:59	03:37:00	05:02:31	06:28:14	07:25:58	<b>08:40:05.10</b>	<b>08:40:05.10</b>	+03:23:51 (39.2%)	9:30	6.3 (60.6%)	
164	<b>CZECH Marcin</b>	<b>1329</b>		M-20	7	01:49:56	03:12:12	04:40:15	06:09:26	07:11:51	<b>08:40:05.30</b>	<b>08:40:05.30</b>	+03:23:51 (39.2%)	9:30	6.3 (60.6%)	
165	<b>KOGUT Maciej</b>	<b>1316</b>		M-40	82	01:35:56	02:52:04	04:21:54	06:03:23	07:22:55	<b>08:40:23.90</b>	<b>08:40:23.90</b>	+03:24:10 (39.2%)	9:30	6.3 (60.6%)	
166	<b>KUROWSKI Aleksander</b>	<b>1065</b>		M-40	83	01:51:26	03:24:55	04:53:04	06:17:04	07:21:10	<b>08:41:13.80</b>	<b>08:41:13.80</b>	+03:25:00 (39.3%)	9:31	6.3 (60.6%)	
167	<b>ŻYGIĘŁO Monika</b>	<b>1077</b>		K-40	8	01:54:10	03:24:48	04:53:08	06:18:33	07:19:46	<b>08:41:15.85</b>	<b>08:41:15.85</b>	+03:25:02 (39.3%)	9:31	6.3 (60.6%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat					Błędne	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Slavny 13.9km	Slavny 22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	netto 54.7km	brutto 54.7km			
168	<b>KORBUT Radosław</b>	<b>1042</b>		M-40	84	01:50:34	03:21:10	04:50:55	06:19:58	07:19:47	<b>08:41:17.10</b>	<b>08:41:17.10</b>	+03:25:03 (39.3%)	9:31	6.3 (60.6%)
169	<b>JANUSZ Krzysztof</b>	<b>1012</b>		M-40	85	01:46:45	03:08:53	04:30:19	05:58:14	07:07:21	<b>08:41:31.50</b>	<b>08:41:31.50</b>	+03:25:17 (39.4%)	9:32	6.3 (60.6%)
170	<b>PAWLAK Jarosław</b>	<b>1165</b>	DROGA DO ULTRA	M-50	16	01:50:07	03:16:27	04:42:38	06:07:47	07:10:33	<b>08:41:39.70</b>	<b>08:41:39.70</b>	+03:25:26 (39.4%)	9:32	6.3 (60.6%)
171	<b>BASTER Krzysztof</b>	<b>1348</b>	MATNER RUNNIG TEAM	M-50	17	01:39:09	03:01:08	04:28:46	05:59:04	07:00:31	<b>08:41:41.10</b>	<b>08:41:41.10</b>	+03:25:27 (39.4%)	9:32	6.3 (60.6%)
172	<b>LENART Joanna</b>	<b>1247</b>	ZADYSZKA OŚWIĘCIM	K-50	3	02:02:52	03:31:56	04:59:59	06:23:02	07:22:51	<b>08:42:30.00</b>	<b>08:42:30.00</b>	+03:26:16 (39.5%)	9:33	6.3 (60.6%)
173	<b>LENART Artur</b>	<b>1246</b>	ZADYSZKA OŚWIĘCIM	M-50	18	02:02:51	03:31:57	04:59:58	06:23:03	07:22:50	<b>08:42:30.20</b>	<b>08:42:30.20</b>	+03:26:16 (39.5%)	9:33	6.3 (60.6%)
174	<b>WOJCIESZYŃSKI Tomasz</b>	<b>1264</b>	BBL GORZÓW	M-40	86	01:49:21	03:17:45	04:42:34	06:17:05	07:19:35	<b>08:43:47.10</b>	<b>08:43:47.10</b>	+03:27:33 (39.6%)	9:34	6.3 (60.6%)
175	<b>PILIPCZUK Paweł</b>	<b>1335</b>		M-40	87	01:49:09	03:18:45	04:46:25	06:14:04	07:19:15	<b>08:46:30.15</b>	<b>08:46:30.15</b>	+03:30:16 (39.9%)	9:37	6.2 (59.6%)
176	<b>KILIŃSKI Jacek</b>	<b>1305</b>		M-50	19	01:45:04	03:13:50	04:47:34	06:15:59	07:17:28	<b>08:47:00.00</b>	<b>08:47:00.00</b>	+03:30:46 (40.0%)	9:38	6.2 (59.6%)
177	<b>ZIELIŃSKA Iwona</b>	<b>1140</b>	WKB MARATOŃCZYK WŁOCLAWEK	K-50	4	01:52:54	03:25:23	04:56:01		07:19:29	<b>08:48:32.60</b>	<b>08:48:32.60</b>	+03:32:19 (40.2%)	9:39	6.2 (59.6%)
178	<b>WÓJCIK Jacek</b>	<b>1064</b>		M-50	20	02:03:57	03:39:01	05:12:39		07:30:00	<b>08:49:37.40</b>	<b>08:49:37.40</b>	+03:33:23 (40.3%)	9:40	6.2 (59.6%)
179	<b>GÓRSKI Krzysztof</b>	<b>1088</b>	GRUNTMAR RUN TEAM	M-40	88	01:51:45	03:19:50	04:57:15	06:27:23	07:30:38	<b>08:50:00.45</b>	<b>08:50:00.45</b>	+03:33:46 (40.3%)	9:41	6.2 (59.6%)
180	<b>LEWANDOWSKI Grzegorz</b>	<b>1258</b>	GOLENIÓW	M-40	89	01:55:12	03:26:26	04:53:10	06:23:16	07:26:38	<b>08:50:20.15</b>	<b>08:50:20.15</b>	+03:34:06 (40.4%)	9:41	6.2 (59.6%)
181	<b>STROJEK Grzegorz</b>	<b>1219</b>		M-40	90	01:51:38	03:26:43	05:00:36	06:30:32	07:30:14	<b>08:50:33.90</b>	<b>08:50:33.90</b>	+03:34:20 (40.4%)	9:41	6.2 (59.6%)
182	<b>STARZYŃSKI Tomek</b>	<b>1007</b>		M-40	91	01:50:39	03:21:23	04:46:54	06:20:49	07:26:29	<b>08:52:12.40</b>	<b>08:52:12.40</b>	+03:35:58 (40.6%)	9:43	6.2 (59.6%)
183	<b>FARION Marzena</b>	<b>1127</b>	THE FARIONS	K-40	9	01:46:13	03:18:26	04:54:40	06:27:22	07:31:32	<b>08:54:41.45</b>	<b>08:54:41.45</b>	+03:38:27 (40.9%)	9:46	6.1 (58.7%)
184	<b>MAŁKOWSKI Bogdan</b>	<b>1037</b>	SPARTANIE DZIECIOM	M-50	21	01:48:28	03:29:42	04:56:57	06:26:53	07:26:49	<b>08:54:48.75</b>	<b>08:54:48.75</b>	+03:38:35 (40.9%)	9:46	6.1 (58.7%)
185	<b>NITA Michał</b>	<b>1198</b>	PIECHOTĄ PO SCHODACH	M-30	44	01:50:57	03:22:42	04:55:39	06:26:25	07:31:07	<b>08:54:55.55</b>	<b>08:54:55.55</b>	+03:38:42 (40.9%)	9:46	6.1 (58.7%)
186	<b>KĘDZIELEWSKI Łukasz</b>	<b>1298</b>	WIECZORNE BIEGANIE W SZCZECINIE	M-40	92	01:53:09	03:23:13	04:49:03	06:25:36	07:29:21	<b>08:55:34.05</b>	<b>08:55:34.05</b>	+03:39:20 (41.0%)	9:47	6.1 (58.7%)
187	<b>KONDRACKI Jacek</b>	<b>1195</b>	KUNA W AGREŚCIE	M-40	93	01:54:08	03:30:04	04:54:46	06:28:00	07:32:34	<b>08:55:37.25</b>	<b>08:55:37.25</b>	+03:39:23 (41.0%)	9:47	6.1 (58.7%)
188	<b>NIEWIADOMSKI Marek</b>	<b>1072</b>	CROSS KRAPKOWICE	M-30	45	01:57:06	03:25:34	04:56:59	06:23:58	07:29:12	<b>08:55:56.35</b>	<b>08:55:56.35</b>	+03:39:42 (41.0%)	9:47	6.1 (58.7%)
189	<b>GOS Piotr</b>	<b>1008</b>	#BIEGIEMWLAS/NARAMOWICE BIEGAJĄ	M-40	94	01:51:07		05:05:06	06:35:17	07:35:25	<b>08:56:11.10</b>	<b>08:56:11.10</b>	+03:39:57 (41.0%)	9:48	6.1 (58.7%)
190	<b>WASZAK Rafał</b>	<b>1230</b>		M-30	46	01:46:40	03:12:38	04:49:44	06:21:59	07:25:41	<b>08:56:22.80</b>	<b>08:56:22.80</b>	+03:40:09 (41.0%)	9:48	6.1 (58.7%)
191	<b>RADWANSKI Tomasz</b>	<b>1257</b>	PIECHOTA PO SCHODACH	M-40	95	01:54:27	03:29:45	04:59:19	06:38:31	07:40:08	<b>08:57:00.00</b>	<b>08:57:00.00</b>	+03:40:46 (41.1%)	9:49	6.1 (58.7%)
192	<b>GOŁOWICZ Ania</b>	<b>1351</b>		K-30	8	01:50:38	03:23:56	04:56:58	06:19:33	07:26:23	<b>08:57:40.50</b>	<b>08:57:40.50</b>	+03:41:26 (41.2%)	9:49	6.1 (58.7%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slavny					Błędne	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						13.9km	22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km				
193	JASIŃSKI Daniel	1132	PIECHOTĄ PO SCHODACH	M-40	96	01:54:27	03:24:51	04:51:05	06:22:53	07:25:03	<b>08:58:31.85</b>	<b>08:58:31.85</b>	+03:42:18 (41.3%)	9:50	6.1 (58.7%)	
194	WIECZOREK Maksymilian	1259	DROADER	M-30	47	01:57:33	03:31:38	05:03:37	06:29:26	07:31:51	<b>08:58:58.60</b>	<b>08:58:58.60</b>	+03:42:45 (41.3%)	9:51	6.1 (58.7%)	
195	DOLATA Maciej	1030	#BIEGIEMWLAS	M-40	97	02:05:41	03:41:25	05:07:53	06:34:02	07:35:27	<b>08:59:15.20</b>	<b>08:59:15.20</b>	+03:43:01 (41.4%)	9:51	6.1 (58.7%)	
196	POPPEK Dorota	1093	FANTASTIC TEAM	K-40	10	01:51:00	03:22:37	04:50:59	06:20:47	07:28:13	<b>08:59:35.95</b>	<b>08:59:35.95</b>	+03:43:22 (41.4%)	9:51	6.1 (58.7%)	
197	KARPIŃSKI Rafał	1130		M-40	98	01:57:18	03:30:01	04:59:23	06:28:48	07:32:52	<b>09:01:23.30</b>	<b>09:01:23.30</b>	+03:45:09 (41.6%)	9:53	6.1 (58.7%)	
198	ŻABIAREK Tomasz	1317		M-40	99	01:55:43	03:29:50	05:00:04	06:31:46	07:37:18	<b>09:01:23.50</b>	<b>09:01:23.50</b>	+03:45:09 (41.6%)	9:53	6.1 (58.7%)	
199	GÓRKA Rafał	1141		M-20	8	01:51:15	03:25:33	04:54:58	06:36:00	07:40:29	<b>09:03:20.70</b>	<b>09:03:20.70</b>	+03:47:07 (41.8%)	9:55	6 (57.7%)	
200	LEDNICKI Michał	1341	ARVATO S.C. REP	M-40	100	02:01:19	03:39:20	05:08:42	06:37:56	07:39:50	<b>09:04:00.50</b>	<b>09:04:00.50</b>	+03:47:46 (41.9%)	9:56	6 (57.7%)	
201	KLIMECKI Krzysztof	1085	NSK RUNS	M-30	48	02:02:52	03:31:12	04:59:41	06:32:59	07:36:05	<b>09:05:23.20</b>	<b>09:05:23.20</b>	+03:49:09 (42.0%)	9:58	6 (57.7%)	
202	WOJCIECHOWSKI Adam	1302		M-20	9	01:55:59	03:23:01	04:53:44	06:23:07	07:31:22	<b>09:06:25.40</b>	<b>09:06:25.40</b>	+03:50:11 (42.1%)	9:59	6 (57.7%)	
203	MALOTTA Konrad	1187		M-40	101	02:02:57	03:40:29	05:19:03	06:45:24	07:45:35	<b>09:06:47.20</b>	<b>09:06:47.20</b>	+03:50:33 (42.2%)	9:59	6 (57.7%)	
204	KANIEWSKA Agnieszka	1289		K-40	11	02:02:00	03:40:07	05:10:09	06:40:13	07:42:39	<b>09:07:56.60</b>	<b>09:07:56.60</b>	+03:51:43 (42.3%)	10:01	6 (57.7%)	
205	RYCHEL-MANTUR Dominika	1046		K-30	9	01:51:46	03:26:15	04:56:30	06:31:52	07:38:02	<b>09:08:50.85</b>	<b>09:08:50.85</b>	+03:52:37 (42.4%)	10:02	6 (57.7%)	
206	JARZĘBOWICZ Adam	1112	YAZOMB	M-40	102	01:54:02	03:32:20	05:05:28	06:37:52	07:41:40	<b>09:09:25.75</b>	<b>09:09:25.75</b>	+03:53:12 (42.4%)	10:02	6 (57.7%)	
206	JARZĘBOWICZ Iwona	1114	YAZOMB	K-40	12	01:54:04	03:32:00	05:05:29	06:37:36	07:41:05	<b>09:09:25.75</b>	<b>09:09:25.75</b>	+03:53:12 (42.4%)	10:02	6 (57.7%)	
208	GÓRSKI Marcin	1022		M-40	103	02:01:34	03:35:22	05:07:49	06:41:39	07:44:07	<b>09:11:09.70</b>	<b>09:11:09.70</b>	+03:54:56 (42.6%)	10:04	6 (57.7%)	
209	JARUZEL Robert	1095	SKL STARGARD	M-40	104	01:50:30	03:29:40	05:08:02	06:43:35	07:49:38	<b>09:11:21.85</b>	<b>09:11:21.85</b>	+03:55:08 (42.6%)	10:04	6 (57.7%)	
210	GRZELAK Justyna	1324	MARATON LESZNO	K-40	13	02:04:11	03:40:38	05:10:21	06:41:01	07:46:49	<b>09:14:12.10</b>	<b>09:14:12.10</b>	+03:57:58 (42.9%)	10:07	5.9 (56.7%)	
211	SZYMANIK Paweł	1043		M-50	22	01:55:33	03:36:29	05:08:53	06:39:34	07:49:59	<b>09:14:21.80</b>	<b>09:14:21.80</b>	+03:58:08 (43.0%)	10:08	5.9 (56.7%)	
212	URBAŃSKA-DYMEK Agnieszka	1160	WKURW_TEAM	K-30	10	02:05:34	03:51:21	05:24:28	06:49:25	07:48:54	<b>09:14:40.20</b>	<b>09:14:40.20</b>	+03:58:26 (43.0%)	10:08	5.9 (56.7%)	
213	MIERZEJEWSKI Robert	1070	CENTRUM SZKOLENIA WOJSK LĄDOWYCH	M-50	23	01:59:31	03:39:00	05:06:36	06:38:32	07:48:30	<b>09:15:02.65</b>	<b>09:15:02.65</b>	+03:58:49 (43.0%)	10:08	5.9 (56.7%)	
214	PASTWA Grzegorz	1209		M-30	49	02:04:44	03:38:15	05:15:32	06:48:55	07:55:18	<b>09:24:30.60</b>	<b>09:24:30.60</b>	+04:08:17 (44.0%)	10:19	5.8 (55.8%)	
215	BIELAWSKI Dariusz	1212	HAPPY RUNNERS	M-40	105	01:54:12	03:33:55	05:04:45	06:43:21	07:53:00	<b>09:24:33.05</b>	<b>09:24:33.05</b>	+04:08:19 (44.0%)	10:19	5.8 (55.8%)	
216	MACEK Marcin	1032	DOGOŃ GRODZISK MAZOWIECKI	M-40	106	02:01:27	03:38:49	05:15:31	06:45:14	07:52:05	<b>09:25:25.90</b>	<b>09:25:25.90</b>	+04:09:12 (44.1%)	10:20	5.8 (55.8%)	
217	KIKUT Karol	1243		M-30	50	02:05:42	03:41:03	05:10:52	06:42:38	07:51:54	<b>09:25:27.30</b>	<b>09:25:27.30</b>	+04:09:13 (44.1%)	10:20	5.8 (55.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat						Błędne	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Slavny 13.9km	Slavny 22.9km	Pasterka 33.7km	Parking 40.9km	47.7km	54.7km	54.7km				
218	<b>KOWALCZUK Michał</b>	<b>1323</b>	MARTA_MILAN_ADAŚ	M-40	107	01:50:36	03:21:38	04:57:02	06:37:12	07:44:06	<b>09:26:35.25</b>	<b>09:26:35.25</b>	+04:10:21 (44.2%)	10:21	5.8 (55.8%)	
219	<b>BISKUP Rafał</b>	<b>1075</b>		M-50	24	02:03:14	03:41:29	05:17:27	06:53:24	08:01:04	<b>09:28:01.60</b>	<b>09:28:01.60</b>	+04:11:48 (44.3%)	10:23	5.8 (55.8%)	
220	<b>ZAJĄC Andrzej</b>	<b>1233</b>		M-30	51	01:50:26	03:19:52	05:03:43	06:40:24	07:53:24	<b>09:28:56.75</b>	<b>09:28:56.75</b>	+04:12:43 (44.4%)	10:24	5.8 (55.8%)	
221	<b>SZWARC Grzegorz</b>	<b>1308</b>	S.C. REP ARVATO	M-30	52	01:55:59	03:21:09	04:52:09	06:25:25	07:39:51	<b>09:29:26.20</b>	<b>09:29:26.20</b>	+04:13:12 (44.5%)	10:24	5.8 (55.8%)	
222	<b>FLORKIEWICZ Sławomir</b>	<b>1194</b>		M-50	25	01:48:36	03:26:46	05:02:23	06:40:51	07:52:18	<b>09:30:51.05</b>	<b>09:30:51.05</b>	+04:14:37 (44.6%)	10:26	5.7 (54.8%)	
223	<b>WIŚNIEWSKI Robert</b>	<b>1003</b>	PGB SPORTOWA PACZKA	M-50	26	01:57:19	03:39:36	05:15:43	06:54:55	08:00:57	<b>09:30:55.60</b>	<b>09:30:55.60</b>	+04:14:42 (44.6%)	10:26	5.7 (54.8%)	
224	<b>PATEREK Agata</b>	<b>1149</b>		K-50	5	02:05:28	03:49:16	05:28:05	07:03:19	08:08:49	<b>09:34:25.25</b>	<b>09:34:25.25</b>	+04:18:11 (44.9%)	10:30	5.7 (54.8%)	
225	<b>FICEK Paweł</b>	<b>1353</b>	BIEGNĘ ZA WODZEM I ZA JEGO MATKĄ	M-40	108	01:51:10	03:31:16	05:08:16	06:57:29	08:07:59	<b>09:34:38.10</b>	<b>09:34:38.10</b>	+04:18:24 (45.0%)	10:30	5.7 (54.8%)	
226	<b>DAWID Mirosław</b>	<b>1059</b>	BIEGNĘ ZA WODZEM	M-50	27	01:51:12	03:31:16	05:08:16	06:57:26	08:08:00	<b>09:34:38.30</b>	<b>09:34:38.30</b>	+04:18:24 (45.0%)	10:30	5.7 (54.8%)	
227	<b>MIKOŁAJCZYK Jarosław</b>	<b>1131</b>		M-40	109	02:04:41	03:46:55	05:20:18	06:51:39	08:00:57	<b>09:35:11.30</b>	<b>09:35:11.30</b>	+04:18:57 (45.0%)	10:30	5.7 (54.8%)	
228	<b>FELKEL Ewa</b>	<b>1285</b>	PIĄTKOWO NA BIEGOWO	K-50	6	02:01:59	03:47:13	05:24:44	07:04:00	08:08:43	<b>09:35:36.30</b>	<b>09:35:36.30</b>	+04:19:22 (45.1%)	10:31	5.7 (54.8%)	
229	<b>BUDZIŃSKI Krzysztof</b>	<b>1337</b>	STOWARZYSZENIE SPORTOWE FENIKS PRZY EL OPOLE	M-50	28	02:05:24	03:48:44	05:24:27	06:58:30	08:05:17	<b>09:36:03.70</b>	<b>09:36:03.70</b>	+04:19:50 (45.1%)	10:31	5.7 (54.8%)	
230	<b>SZCZEŚNIAK Mariusz</b>	<b>1014</b>	WY-BIEGANI SZCZECIN	M-40	110	01:55:47	03:38:02	05:15:43	06:54:52	08:00:58	<b>09:37:01.20</b>	<b>09:37:01.20</b>	+04:20:47 (45.2%)	10:32	5.7 (54.8%)	
231	<b>BURCHARDT Sławomir</b>	<b>1091</b>	CSWLĄD POZNAŃ	M-50	29	02:03:17	03:39:13	05:21:50	06:57:28	08:04:55	<b>09:37:02.20</b>	<b>09:37:02.20</b>	+04:20:48 (45.2%)	10:32	5.7 (54.8%)	
232	<b>KLIMOWSKI Daniel</b>	<b>1101</b>	FANTASTIC TEAM	M-40	111	01:52:00	03:27:51	05:12:00	06:54:03	08:01:07	<b>09:38:20.40</b>	<b>09:38:20.40</b>	+04:22:06 (45.3%)	10:34	5.7 (54.8%)	
233	<b>JACHYMSKI Jacek</b>	<b>1050</b>	AKADEMICKI KLUB GÓRSKI W ŁODZI	M-60	2	02:06:24	03:42:12	05:20:17	07:01:41	08:08:46	<b>09:38:25.20</b>	<b>09:38:25.20</b>	+04:22:11 (45.3%)	10:34	5.7 (54.8%)	
234	<b>ORZECZOWSKA Agnieszka</b>	<b>1327</b>		K-40	14	02:04:53	03:39:17	05:19:57	06:52:10	08:01:36	<b>09:38:30.40</b>	<b>09:38:30.40</b>	+04:22:16 (45.3%)	10:34	5.7 (54.8%)	
235	<b>JEZIORNY Ryszard</b>	<b>1294</b>	WIELUŃ -BIEGA	M-60	3	02:08:55	03:53:36	05:34:35	07:11:03	08:11:05	<b>09:38:32.80</b>	<b>09:38:32.80</b>	+04:22:19 (45.3%)	10:34	5.7 (54.8%)	
236	<b>SAMBORSKA Anna</b>	<b>1328</b>	ROSSMANN	K-30	11	02:05:34	03:47:35	05:25:18	06:58:54	08:04:29	<b>09:38:33.95</b>	<b>09:38:33.95</b>	+04:22:20 (45.3%)	10:34	5.7 (54.8%)	
237	<b>RAJTAR Robert</b>	<b>1261</b>	BRYGADA RR	M-40	112	02:11:07	03:52:58	05:26:27	07:02:43	08:12:35	<b>09:38:36.55</b>	<b>09:38:36.55</b>	+04:22:23 (45.3%)	10:34	5.7 (54.8%)	
238	<b>SIWEK Sebastian</b>	<b>1063</b>	SZOMBIERKI RUNNERS	M-50	30	02:05:51	03:50:03	05:27:01	06:59:54	08:10:30	<b>09:41:31.30</b>	<b>09:41:31.30</b>	+04:25:17 (45.6%)	10:37	5.6 (53.8%)	
239	<b>GŁUSZKO Krzysztof</b>	<b>1039</b>	MIRA TEAM	M-60	4	01:58:10	03:30:08	05:05:27	06:49:32	08:06:45	<b>09:44:36.80</b>	<b>09:44:36.80</b>	+04:28:23 (45.9%)	10:41	5.6 (53.8%)	
240	<b>KOWALCZYK Magda</b>	<b>1342</b>	WARRIORS ŁÓDŹ	K-30	12	02:05:07	03:53:36	05:37:46	07:18:11	08:18:41	<b>09:44:43.65</b>	<b>09:44:43.65</b>	+04:28:30 (45.9%)	10:41	5.6 (53.8%)	
241	<b>GAŁKA Robert</b>	<b>1156</b>	GRLTEAM74	M-40	113	02:02:27	03:51:39	05:27:11	07:05:59	08:14:08	<b>09:46:33.30</b>	<b>09:46:33.30</b>	+04:30:19 (46.1%)	10:43	5.6 (53.8%)	
242	<b>TWARDZIK Wojciech</b>	<b>1097</b>	FANTASTIC TEAM	M-40	114	01:54:37	03:33:03	05:11:32	06:58:15	08:11:27	<b>09:47:21.45</b>	<b>09:47:21.45</b>	+04:31:07 (46.2%)	10:44	5.6 (53.8%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slavny				Błędne	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						13.9km	22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km			
243	<b>BOBROWSKI Damian</b>	<b>1226</b>		M-30	53	03:27:47		05:11:46	06:54:55	08:08:10	<b>09:49:41.90</b>	<b>09:49:41.90</b>	+04:33:28 (46.4%)	10:46	5.6 (53.8%)
244	<b>BADURA Wojtek</b>	<b>1155</b>	KS KANDAHAR	M-50	31	02:05:14	03:45:26	05:19:57	06:59:44	08:14:49	<b>09:49:45.35</b>	<b>09:49:45.35</b>	+04:33:31 (46.4%)	10:46	5.6 (53.8%)
245	<b>SUBDA Robert</b>	<b>1178</b>		M-50	32	02:04:26	03:49:26	05:31:48	07:09:24	08:18:52	<b>09:50:29.65</b>	<b>09:50:29.65</b>	+04:34:16 (46.4%)	10:47	5.6 (53.8%)
246	<b>SZERMENT Magdalena</b>	<b>1048</b>	MAZURTEAM	K-40	15	02:05:22	03:59:20	05:39:11	07:13:50	08:18:17	<b>09:50:37.80</b>	<b>09:50:37.80</b>	+04:34:24 (46.5%)	10:47	5.6 (53.8%)
247	<b>GOLEK Seweryn Golek</b>	<b>1019</b>	POLACY BIEGAJA W UK	M-40	115	01:52:57	03:31:11	05:06:29	06:52:03	08:09:41	<b>09:53:40.95</b>	<b>09:53:40.95</b>	+04:37:27 (46.7%)	10:51	5.5 (52.9%)
248	<b>MICHALAK Jacek</b>	<b>1136</b>		M-60	5	02:11:07	03:49:47	05:26:29	07:05:11	08:13:22	<b>09:54:36.60</b>	<b>09:54:36.60</b>	+04:38:23 (46.8%)	10:52	5.5 (52.9%)
249	<b>JARCZYŃSKA-DOMINIK Jola</b>	<b>1164</b>	AKTYWNI WĘGRÓW	K-40	16	02:00:59	03:52:00	05:30:20	07:14:30	08:20:13	<b>09:54:47.20</b>	<b>09:54:47.20</b>	+04:38:33 (46.8%)	10:52	5.5 (52.9%)
250	<b>ZAPĄŁOWSKA Jolanta</b>	<b>1056</b>	SLOW JOGGING SIEDLCE	K-60	1	02:01:03	03:51:58	05:30:18	07:14:28	08:20:11	<b>09:54:47.30</b>	<b>09:54:47.30</b>	+04:38:33 (46.8%)	10:52	5.5 (52.9%)
251	<b>SIKORSKI Grzegorz</b>	<b>1060</b>		M-50	33	02:06:44	03:46:27	05:34:27	07:12:03	08:21:32	<b>09:56:29.90</b>	<b>09:56:29.90</b>	+04:40:16 (47.0%)	10:54	5.5 (52.9%)
252	<b>KOZACZYŃSKA Agnieszka</b>	<b>1288</b>	JANIKOWO NA SPORTOWO	K-40	17	02:08:51	03:56:10	05:36:16	07:14:18	08:23:19	<b>09:56:52.50</b>	<b>09:56:52.50</b>	+04:40:38 (47.0%)	10:54	5.5 (52.9%)
253	<b>FILIPOWICZ Dominik</b>	<b>1080</b>		M-30	54	02:04:51	03:47:30	05:27:22	07:03:46	08:18:15	<b>10:00:14.95</b>	<b>10:00:14.95</b>	+04:44:01 (47.3%)	10:58	5.5 (52.9%)
254	<b>DOŚPIAŁ Krzysztof</b>	<b>1304</b>	PIECHOTĄ PO SCHODACH	M-40	116	02:04:48	03:53:36	05:37:36	07:18:48	08:23:30	<b>10:02:56.50</b>	<b>10:02:56.50</b>	+04:46:42 (47.6%)	11:01	5.4 (51.9%)
255	<b>KAJA Robert</b>	<b>1276</b>	WIELUŃ BIEGA	M-50	34	02:09:01	03:53:34	05:34:35	07:14:26	08:27:20	<b>10:04:58.80</b>	<b>10:04:58.80</b>	+04:48:45 (47.7%)	11:03	5.4 (51.9%)
256	<b>MIREK Waldemar</b>	<b>1116</b>	EAST RUN	M-60	6	01:59:46	03:42:45	05:34:35	07:12:42	08:27:33	<b>10:04:59.20</b>	<b>10:04:59.20</b>	+04:48:45 (47.7%)	11:03	5.4 (51.9%)
257	<b>JARZĘBOWSKI Piotr</b>	<b>1190</b>		M-40	117	02:01:18	03:39:09	05:25:07	07:14:01	08:27:45	<b>10:05:19.20</b>	<b>10:05:19.20</b>	+04:49:05 (47.8%)	11:03	5.4 (51.9%)
258	<b>STACHURA Rafał</b>	<b>1171</b>		M-50	35	02:15:00	04:02:51	05:39:55	07:12:50	08:23:35	<b>10:05:40.00</b>	<b>10:05:40.00</b>	+04:49:26 (47.8%)	11:04	5.4 (51.9%)
259	<b>KOCHMAŃSKI Jakub</b>	<b>1139</b>		M-40	118	02:15:38	04:02:51	05:40:00	07:12:35	08:23:23	<b>10:06:09.80</b>	<b>10:06:09.80</b>	+04:49:56 (47.8%)	11:04	5.4 (51.9%)
260	<b>KOSTYK Grzegorz</b>	<b>1081</b>		M-40	119	02:08:55	03:47:31	05:27:52	07:09:49	08:18:24	<b>10:07:02.85</b>	<b>10:07:02.85</b>	+04:50:49 (47.9%)	11:05	5.4 (51.9%)
261	<b>ŻARSKI Jarosław</b>	<b>1206</b>	FUDU SPORT TEAM	M-50	36	02:06:01	03:55:24	05:34:23	07:03:10	08:32:41	<b>10:08:38.15</b>	<b>10:08:38.15</b>	+04:52:24 (48.0%)	11:07	5.4 (51.9%)
262	<b>CHWAŁOWSKA Agnieszka</b>	<b>1207</b>	FUDU&CO. SPORT TEAM	K-40	18	02:08:32	03:55:19	05:36:54	07:20:14	08:32:41	<b>10:09:56.95</b>	<b>10:09:56.95</b>	+04:53:43 (48.2%)	11:09	5.4 (51.9%)
263	<b>LENKIEWICZ Aleksander</b>	<b>1274</b>	WKURW_TEAM	M-40	120	02:07:12	03:55:55	05:35:56	07:20:17	08:29:04	<b>10:10:56.70</b>	<b>10:10:56.70</b>	+04:54:43 (48.2%)	11:10	5.4 (51.9%)
264	<b>ŁAKOMY Krzysztof</b>	<b>1074</b>		M-30	55	01:15:04	02:02:53	05:24:56	07:09:20	08:24:24	<b>10:11:01.55</b>	<b>10:11:01.55</b>	+04:54:48 (48.2%)	11:10	5.4 (51.9%)
265	<b>KOSINSKI Olek</b>	<b>1218</b>	PIASECZNO RUNNING	M-30	56	02:02:56	03:52:20	05:24:57	07:09:22	08:24:21	<b>10:11:03.40</b>	<b>10:11:03.40</b>	+04:54:49 (48.2%)	11:10	5.4 (51.9%)
266	<b>MURAWSKA Joanna</b>	<b>1103</b>	MIKITEAM	K-40	19	02:06:14	03:50:28	05:31:17	07:11:43	08:27:08	<b>10:12:13.05</b>	<b>10:12:13.05</b>	+04:55:59 (48.3%)	11:11	5.4 (51.9%)
267	<b>KUBASIEWICZ Paweł</b>	<b>1252</b>	BEZNAPIŃY	M-50	37	01:55:54	03:47:29	05:33:43	07:11:46	08:23:28	<b>10:13:14.75</b>	<b>10:13:14.75</b>	+04:57:01 (48.4%)	11:12	5.4 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slavny				Błędne	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						13.9km	22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km			
268	JURDZIAK Jakub	1146		M-40	121	02:08:05	03:53:18	05:40:27	07:14:14	08:27:18	<b>10:13:31.10</b>	<b>10:13:31.10</b>	+04:57:17 (48.5%)	11:12	5.3 (51.0%)
269	JURDZIAK Karolina	1147		K-40	20	02:08:04	03:53:18	05:40:27	07:14:15	08:27:18	<b>10:13:31.20</b>	<b>10:13:31.20</b>	+04:57:17 (48.5%)	11:12	5.3 (51.0%)
270	KOWALSKA Dorota	1126	KB KAMIEŃ POMORSKI	K-50	7	02:06:42	04:01:09	05:44:20	07:24:38	08:34:17	<b>10:14:55.45</b>	<b>10:14:55.45</b>	+04:58:41 (48.6%)	11:14	5.3 (51.0%)
271	KOWALSKI Zdzisław	1125	KB KAMIEŃ POMORSKI	M-60	7	02:06:41	04:01:09	05:44:19	07:24:38	08:34:15	<b>10:14:56.25</b>	<b>10:14:56.25</b>	+04:58:42 (48.6%)	11:14	5.3 (51.0%)
272	SOBOL Magdalena	1135		K-40	21	02:14:55	04:03:42	05:46:12	07:18:18	08:35:53	<b>10:16:55.30</b>	<b>10:16:55.30</b>	+05:00:41 (48.7%)	11:16	5.3 (51.0%)
273	KOŁODZIEJCZAK Beata	1181	SOCHO TEAM	K-50	8	02:10:34	03:56:06	05:42:15	07:29:52	08:44:46	<b>10:20:41.85</b>	<b>10:20:41.85</b>	+05:04:28 (49.1%)	11:20	5.3 (51.0%)
274	GŁOWACKA Renata	1177	ULTRA PIOTRKÓW	K-50	9	02:05:57	03:55:52	05:44:17	07:32:35	08:43:19	<b>10:23:54.75</b>	<b>10:23:54.75</b>	+05:07:41 (49.3%)	11:24	5.3 (51.0%)
275	RADOMSKI Wojciech	1272		M-30	57	02:04:38	04:14:37	05:59:38	07:37:25	08:49:55	<b>10:24:58.35</b>	<b>10:24:58.35</b>	+05:08:44 (49.4%)	11:25	5.3 (51.0%)
276	SZERMENT Eryk	1186	MAZURTEAM	M-40	122	02:05:18	03:59:38	05:39:17	07:21:21	08:39:14	<b>10:26:00.35</b>	<b>10:26:00.35</b>	+05:09:46 (49.5%)	11:26	5.2 (50.0%)
277	BIŁGORAJSKI Adam	1201		M-20	10	02:03:27	03:54:33	05:39:00	07:24:25	08:41:32	<b>10:27:20.15</b>	<b>10:27:20.15</b>	+05:11:06 (49.6%)	11:28	5.2 (50.0%)
277	GRELECKI Grzegorz	1202		M-20	10	02:03:26	03:54:32	05:38:49	07:22:17	08:41:29	<b>10:27:20.15</b>	<b>10:27:20.15</b>	+05:11:06 (49.6%)	11:28	5.2 (50.0%)
279	RECLIK Jacek	1299	SMAKI BIEGANIA	M-50	38	02:14:48	04:09:17	05:47:42	07:32:44	08:47:18	<b>10:27:51.60</b>	<b>10:27:51.60</b>	+05:11:38 (49.6%)	11:28	5.2 (50.0%)
280	STUPIŃSKA-TOMALA Monika	1179		K-40	22	02:14:48	04:09:16	05:47:36	07:32:43	08:47:14	<b>10:27:51.70</b>	<b>10:27:51.70</b>	+05:11:38 (49.6%)	11:28	5.2 (50.0%)
281	MAJEWICZ Damian	1157		M-30	58	02:04:56	03:51:54	05:28:39	07:19:06	08:40:28	<b>10:28:54.70</b>	<b>10:28:54.70</b>	+05:12:41 (49.7%)	11:29	5.2 (50.0%)
282	KADECKI Marek	1318		M-50	39	02:18:23	04:08:19	05:49:25	07:35:21	08:51:47	<b>10:33:22.05</b>	<b>10:33:22.05</b>	+05:17:08 (50.1%)	11:34	5.2 (50.0%)
283	BERNAS-KUJAWIŃSKA Magdalena	1023	HRT	K-40	23	02:06:07	04:00:37	05:41:59	07:37:28	08:53:33	<b>10:34:34.00</b>	<b>10:34:34.00</b>	+05:18:20 (50.2%)	11:36	5.2 (50.0%)
284	WOŁOWIEC Krzysztof	1197	LABORATORYJNIE.PL	M-40	123	02:00:48	03:44:26	05:31:29	07:23:03	08:42:48	<b>10:35:03.55</b>	<b>10:35:03.55</b>	+05:18:50 (50.2%)	11:36	5.2 (50.0%)
285	GONTARZ Olga	1031		K-30	13	02:08:24	03:54:00	05:37:20	07:23:47	08:44:28	<b>10:38:49.10</b>	<b>10:38:49.10</b>	+05:22:35 (50.5%)	11:40	5.1 (49.0%)
286	KAWKA Rafał	1086	KBKS RADOMSKO	M-30	59	02:13:17	04:07:18	05:50:53	07:36:27	08:52:46	<b>10:38:49.30</b>	<b>10:38:49.30</b>	+05:22:35 (50.5%)	11:40	5.1 (49.0%)
287	PYTLARCZYK Piotr	1168	KLUB BIEGACZA WARTA	M-50	40	02:09:05	03:54:25	05:36:00	07:22:12	08:45:53	<b>10:38:52.75</b>	<b>10:38:52.75</b>	+05:22:39 (50.5%)	11:40	5.1 (49.0%)
288	TABISZ Marlena	1310		K-40	24	02:18:18	04:07:27	05:46:49	07:35:08	08:50:22	<b>10:39:24.55</b>	<b>10:39:24.55</b>	+05:23:11 (50.5%)	11:41	5.1 (49.0%)
289	SIEDLIK Małgorzata	1033	ZAGRODA PODGÓRZE	K-30	14	02:09:50	03:54:00	05:37:28	07:24:28	08:44:41	<b>10:41:38.95</b>	<b>10:41:38.95</b>	+05:25:25 (50.7%)	11:43	5.1 (49.0%)
290	SADOWSKI Przemysław	1129		M-30	60	02:35:16	04:15:59	05:59:29	07:51:20	09:01:09	<b>10:41:39.55</b>	<b>10:41:39.55</b>	+05:25:26 (50.7%)	11:43	5.1 (49.0%)
291	KUCHARSKI Adam	1256		M-40	124	02:10:32	03:55:12	05:38:39	07:28:44	08:50:27	<b>10:42:32.10</b>	<b>10:42:32.10</b>	+05:26:18 (50.8%)	11:44	5.1 (49.0%)
292	JĘDRZEJCZAK Anna	1255		K-50	10	02:10:31	03:55:11	05:38:39	07:28:44	08:50:27	<b>10:42:32.30</b>	<b>10:42:32.30</b>	+05:26:18 (50.8%)	11:44	5.1 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slavny				Błędne	Czas		Różn	Tempo min/km	Tempo km/h
						13.9km	22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	netto 54.7km	brutto 54.7km			
293	<b>WIŚNIEWSKI Bartosz</b>	<b>1182</b>		M-30	61	02:03:01	03:52:43	05:37:54	07:35:39	08:54:40	<b>10:45:36.60</b>	<b>10:45:36.60</b>	+05:29:23 (51.0%)	11:48	5.1 (49.0%)
294	<b>SKIBA Anna</b>	<b>1301</b>		K-40	25	02:18:39	04:15:43	06:01:25	07:47:12	08:58:02	<b>10:50:09.25</b>	<b>10:50:09.25</b>	+05:33:55 (51.4%)	11:53	5 (48.1%)
295	<b>RENDAK Marcin</b>	<b>1307</b>		M-50	41	02:14:44	04:14:24	06:03:44	07:46:23	09:01:31	<b>10:50:15.85</b>	<b>10:50:15.85</b>	+05:34:02 (51.4%)	11:53	5 (48.1%)
296	<b>MRUCZYŃSKA-PIETRUCZANIS Katarzyna</b>	<b>1040</b>	DEVI HIMAL TEAM/ AKTYWNI WĘGRÓW	K-40	26	02:19:18	04:06:35	05:51:06	07:45:29	09:00:55	<b>10:52:12.00</b>	<b>10:52:12.00</b>	+05:35:58 (51.5%)	11:55	5 (48.1%)
297	<b>PORĘBSKI Zbigniew</b>	<b>1173</b>	QUATTRO	M-50	42	02:08:56	04:05:04	05:50:28	07:46:01	09:00:32	<b>10:53:03.55</b>	<b>10:53:03.55</b>	+05:36:50 (51.6%)	11:56	5 (48.1%)
298	<b>KAZULA Sebastian</b>	<b>1236</b>	HAPPY RUNNERS	M-40	125	02:09:07	04:15:55	05:57:56	07:47:13	09:09:41	<b>10:54:39.95</b>	<b>10:54:39.95</b>	+05:38:26 (51.7%)	11:58	5 (48.1%)
299	<b>KUŚ Tomasz</b>	<b>1169</b>	HAPPY RUNNERS	M-30	62	02:14:42	04:15:55	05:57:58	07:50:27	09:09:43	<b>10:56:10.40</b>	<b>10:56:10.40</b>	+05:39:56 (51.8%)	11:59	5 (48.1%)
300	<b>JASTRZĘBSKI Rafał</b>	<b>1015</b>	EASYRUN RACIBÓRZ	M-40	126	02:14:50	04:01:08	05:55:22	07:47:42	09:09:55	<b>10:56:19.30</b>	<b>10:56:19.30</b>	+05:40:05 (51.8%)	11:59	5 (48.1%)
301	<b>KUCIERSKI Lukasz</b>	<b>1343</b>	FANTASTIC ANIA	M-40	127			04:40:22		07:10:35				9:01	6.6 (63.5%)
<b>Przekroczony limit czasu: 11:00:00</b>															
	<b>RAJKOWSKI Tomasz</b>	<b>1287</b>		M-30		02:22:39 DNF	04:19:43 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOŹNIAK Paweł</b>	<b>1041</b>	AW-SZYBCIEJ-TEAM	M-40		01:32:35 DNF	02:47:25 DNF	04:15:32 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JAKUBCZAK Konrad</b>	<b>1115</b>	DEBEŚCIAK	M-40		01:38:13 DNF	03:00:44 DNF	04:33:38 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PETA Rafał</b>	<b>1058</b>	ZWIADOWCY	M-40		01:46:50 DNF	03:12:09 DNF	04:41:47 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZACHARYASZ Miłosz</b>	<b>1315</b>	#KOCHAMMONICZKE	M-30		01:50:35 DNF	03:27:14 DNF	05:07:51 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MASTALERSKI Dariusz</b>	<b>1210</b>		M-40		02:20:17 DNF	04:19:40 DNF	06:09:22 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ORACKA Agnieszka</b>	<b>1211</b>		K-40		02:21:01 DNF	04:19:21 DNF	06:09:23 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIŚNIEWSKA Anna</b>	<b>1271</b>		K-30		02:05:02 DNF	03:55:21 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DWORNIKOWSKA Beata</b>	<b>1262</b>		K-40		02:18:56 DNF	04:18:27 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GŁUSZCZAK Jerzy</b>	<b>1035</b>		M-60		02:33:49 DNF	04:30:03 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SIWIASZCZYK Tomasz</b>	<b>1067</b>		M-40		02:31:00 DNF	04:31:12 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁUKOWIAK Krzysztof</b>	<b>1277</b>	RUN OR DIE	M-30		01:43:10 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WANDEL Piotr</b>	<b>1231</b>	NOA	M-50		01:49:46 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TOL Kamil</b>	<b>1189</b>	KUNA W AGREŚCIE	M-30		01:57:09 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZAJĄC Krzysztof</b>	<b>1002</b>	WKURW_TEAM/BEZULTRADZIKI/ZAJĄCEHASAJĄCE	M-40		03:09:44 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slavny 13.9km	Slavny 22.9km	Pasterka 33.7km	Parking 40.9km	Błędne Skały 47.7km	Czas netto 54.7km	Czas brutto 54.7km	Różn	Tempo min/km	Tempo km/h
	<b>ZAJĄC Andrzej</b>	<b>1000</b>	DRUŻYNA SZPIKU	M-40		DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 317 wynik(ów)