



SUPERMARATON
GÓR
STOŁOWYCH

Wydarzenie: Supermaraton Gór Stołowych 2022
Organizator: Fundacja Maratony Górskie
Data: 2022-06-25
Miejsce: Karlów
Dystans: 54.7 km

SGS ULTRA 54KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

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INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czechy 13.9km	Czechy 22.9km	Pasterka 33.7km	Parking 40.9km	Błędne Skały 47.7km	Czas netto 54.7km	Czas brutto 54.7km	Różn	Tempo min/km	Tempo km/h
1	KOŁECKA Patrycja	209	PIĄTKOWO NA BIEGOWO	K-40	1	01:34:36	02:50:11	04:03:23	05:18:17	06:10:17	07:17:42.30	07:17:47.65		8:00	7.5 (100%)
2	ŁAMPIKA Kinga	272	NIGHT RUNNERS WROCŁAW	K-40	2	01:38:55	02:57:00	04:13:10	05:22:14	06:12:44	07:22:42.80	07:22:50.60	+00:05:02 (1.1%)	8:05	7.4 (98.7%)
3	KRYM Katarzyna	236	HERCOG RUNNING TEAM	K-40	3	01:39:22	02:57:41	04:13:56	05:22:57	06:14:07	07:22:50.20	07:22:57.40	+00:05:09 (1.2%)	8:05	7.4 (98.7%)
4	GRABOŚ Nina	127		K-40	4	01:38:10	02:58:34	04:17:55	05:33:16	06:26:15	07:34:10.35	07:34:34.10	+00:16:46 (3.7%)	8:18	7.2 (96.0%)
5	KOŚCIELNIAK Wioletta	218	RUNNERS TEAM NYSA	K-40	5	01:36:44	02:52:17	04:12:13	05:25:31	06:22:48	07:46:21.40	07:46:44.50	+00:28:56 (6.2%)	8:31	7 (93.3%)
6	HAKKE Gosia	140	BIEGAMDLAZDROWIA.PL	K-40	6	01:47:24	03:08:06	04:28:33	05:41:52	06:34:52	07:45:30.10	07:47:02.50	+00:29:14 (6.3%)	8:30	7.1 (94.7%)
7	AUGUSTYNIAK Małgorzata	5		K-40	7	01:39:00	03:00:34	04:18:49	05:37:09	06:31:15	07:47:21.20	07:47:30.20	+00:29:42 (6.4%)	8:32	7 (93.3%)
8	GRUMBANIN Paulina	130	LOGWIN	K-40	8	01:37:15	03:00:22	04:24:34	05:47:48	06:44:58	07:58:48.75	07:58:55.15	+00:41:07 (8.6%)	8:45	6.9 (92.0%)
9	KANIEWSKA Agnieszka	185	DRUŻYNA SZPIKU	K-40	9	01:47:21	03:12:45	04:33:35	05:53:17	06:50:32	08:03:46.85	08:03:51.40	+00:46:03 (9.5%)	8:50	6.8 (90.7%)
10	CHRAPLEWSKA Karolina	56		K-40	10	01:49:50	03:16:24	04:42:46	05:59:54	06:54:52	08:08:40.45	08:08:49.45	+00:51:01 (10.4%)	8:56	6.7 (89.3%)
11	GŁOWACKA Edyta	108	#SOBASTEAM	K-40	11	01:45:43	03:16:45	04:43:41	06:05:16	07:00:01	08:18:16.75	08:18:28.65	+01:00:41 (12.2%)	9:06	6.6 (88.0%)
12	KUBIAK Karolina	241		K-40	12	01:51:48	03:21:12	04:56:52	06:18:35	07:21:40	08:35:49.40	08:36:03.20	+01:18:15 (15.2%)	9:25	6.4 (85.3%)
13	WOJTKOWIAK Renata	530	PIĄTKOWO NA BIEGOWO	K-40	13	01:54:18	03:30:17	05:01:14	06:27:41	07:26:03	08:43:22.90	08:43:44.50	+01:25:56 (16.4%)	9:34	6.3 (84.0%)
14	KOWALSKA Justyna	223	MORSY OŚNO LUBUSKIE	K-40	14	01:55:01	03:31:24	05:00:54	06:28:51	07:25:35	08:44:06.00	08:45:26.70	+01:27:39 (16.7%)	9:34	6.3 (84.0%)
15	WIZA Anna	522		K-40	15	01:55:51	03:33:35	05:01:03	06:30:33	07:29:10	08:45:44.20	08:46:15.55	+01:28:27 (16.8%)	9:36	6.2 (82.7%)
16	FLORCZAK Sylwia	96	SZAKALE BAŁUT ŁÓDŹ	K-40	16	01:54:41	03:28:47	04:56:34	06:26:01	07:25:39	08:45:37.65	08:46:24.60	+01:28:36 (16.8%)	9:36	6.2 (82.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędné					Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Czechy 13.9km	Czechy 22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	54.7km	54.7km			
17	KLUZ Anna	200	FANTASTIC TEAM	K-40	17	02:01:57	03:39:03	05:14:14	06:36:16	07:31:16	08:46:57.80	08:47:30.45	+01:29:42 (17.0%)	9:38	6.2 (82.7%)
18	HREK Marta	145		K-40	18	01:46:39	03:22:24	04:54:55	06:25:58	07:27:38	08:50:21.70	08:50:32.85	+01:32:45 (17.5%)	9:41	6.2 (82.7%)
19	FARION Marzena	93		K-40	19	01:46:48	03:19:19	04:54:55	06:26:19	07:29:12	08:56:53.35	08:57:27.20	+01:39:39 (18.5%)	9:48	6.1 (81.3%)
20	KRZYŻIŃSKA Sylwia	240	DOGOŃ GRODZISK MAZOWIECKI	K-40	20	01:59:20	03:10:40	05:04:20	06:32:20	07:35:18	08:59:15.30	08:59:33.30	+01:41:45 (18.9%)	9:51	6.1 (81.3%)
21	ŻYGIĘŁO Monika	552	CH10	K-40	21	02:03:10	03:42:02	05:13:13	06:42:19	07:46:18	09:08:23.70	09:09:54.70	+01:52:07 (20.4%)	10:01	6 (80.0%)
22	MARKOWSKA Ewa	291	SZAKALE BAŁUT ŁÓDŹ	K-40	22	01:58:53	03:29:32	05:00:34	06:35:45	07:43:31	09:13:54.40	09:14:33.90	+01:56:46 (21.1%)	10:07	5.9 (78.7%)
23	JARUZEL Ewa	162	SZWLASTARGARD	K-40	23	01:48:15	03:46:44	05:21:52	06:53:15	07:54:42	09:17:16.00	09:17:20.20	+01:59:32 (21.4%)	10:11	5.9 (78.7%)
24	KUSZTELSKA Lucyna	253	WLKP MOUNTAINS ULTRA	K-40	24	01:54:03	03:35:05	05:06:52	06:44:46	07:49:03	09:22:53.80	09:23:45.10	+02:05:57 (22.3%)	10:17	5.8 (77.3%)
25	TOMASZEWSKA Ewa	479		K-40	25	02:01:21	03:47:34	05:21:31	06:55:34	08:04:38	09:27:46.35	09:28:04.60	+02:10:16 (22.9%)	10:22	5.8 (77.3%)
26	CZURYŃSKA Wiolka	69	TRENUJĘ Z WIOLKĄ	K-40	26	01:50:42	03:32:25	05:11:03	06:51:45	08:00:46	09:27:59.65	09:29:27.25	+02:11:39 (23.1%)	10:23	5.8 (77.3%)
27	SIKORSKA Agnieszka	416		K-40	27	01:59:19	03:35:17	05:09:25	06:43:48	07:55:56	09:31:59.30	09:33:12.65	+02:15:25 (23.6%)	10:27	5.7 (76.0%)
28	KOZDRÓJ Wioletta	227	DOGOŃ GRODZISK MAZOWIECKI	K-40	28	02:00:25	03:43:24	05:24:15	07:02:24	08:05:49	09:33:26.40	09:33:36.50	+02:15:48 (23.7%)	10:28	5.7 (76.0%)
29	POPPEK Dorota	375	FANTASTIC TEAM	K-40	29	02:02:01	03:39:03	05:17:18	06:53:36	08:01:56	09:35:34.95	09:36:08.40	+02:18:20 (24.0%)	10:31	5.7 (76.0%)
30	RUDOL Magdalena	555	PRONATURA	K-40	30	01:59:36	03:43:14	05:16:54	06:54:42	07:59:43	09:37:26.70	09:38:44.00	+02:20:56 (24.4%)	10:33	5.7 (76.0%)
31	JÓZEFczyk Justyna	170		K-40	31	02:05:31	04:00:40	05:39:01	07:16:05	08:17:10	09:39:16.85	09:39:45.20	+02:21:57 (24.5%)	10:35	5.7 (76.0%)
32	PAUL Violetta	357	BP RUNNING TEAM GLIWICE	K-40	32	01:58:51	03:40:38	05:16:24	06:56:09	08:05:20	09:41:21.10	09:41:51.95	+02:24:04 (24.8%)	10:37	5.6 (74.7%)
33	JAGIEŁŁO Joanna	152	RUN TEAM MILEJÓW	K-40	33	01:55:00	03:40:12	05:20:35	07:05:49	08:16:15	09:43:44.55	09:44:08.70	+02:26:21 (25.1%)	10:40	5.6 (74.7%)
34	PRUCHNIEWSKA Agnieszka	380		K-40	34	01:55:09	03:37:32	05:26:00	07:08:06	08:16:04	09:44:12.15	09:44:35.55	+02:26:47 (25.1%)	10:40	5.6 (74.7%)
35	SERAFIN Ewelina	412		K-40	35	01:51:34	03:12:51	05:02:42	06:47:34	08:09:19	09:48:58.40	09:49:36.50	+02:31:48 (25.7%)	10:46	5.6 (74.7%)
36	FAJNAS Katarzyna	92	DOGOŃ GRODZISK MAZOWIECKI / DANFOSS	K-40	36	01:57:00	03:38:45	05:24:12	07:02:42	08:11:38	09:50:20.05	09:50:31.35	+02:32:43 (25.9%)	10:47	5.6 (74.7%)
37	WOJCIESZAK Klaudia	526	BRAVEHEARTS LEGIONOWO	K-40	37	01:53:53	03:35:44	05:13:59	06:58:07	08:11:36	09:50:18.30	09:50:32.10	+02:32:44 (25.9%)	10:47	5.6 (74.7%)
38	KOPYCZYŃSKA Aleksandra	213		K-40	38	02:01:55	03:42:40	05:29:03	07:06:07	08:15:28	09:49:45.95	09:50:54.90	+02:33:07 (25.9%)	10:46	5.6 (74.7%)
39	DOŁĘGA Anna	79	ZABIEGANA MAMA	K-40	39	02:04:41	03:52:22	05:36:17	07:12:10	08:19:28	09:51:06.50	09:51:26.00	+02:33:38 (26.0%)	10:48	5.6 (74.7%)
40	KOCZOROWSKA Anna	206	TEAM ZABIEGANEDNI	K-40	40	02:01:32	03:48:41	05:30:33	07:09:14	08:20:35	09:56:36.65	09:57:08.30	+02:39:20 (26.7%)	10:54	5.5 (73.3%)

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						Czechy 13.9km	Czechy 22.9km	Pasterka 33.7km	Parking 40.9km	Skały 47.7km	netto 54.7km	brutto 54.7km				
41	KADZIDŁOWSKA Aleksandra	179	EVERRUN	K-40	41	02:04:36	03:52:57	05:37:19	07:21:17	08:29:30	09:59:47.85	10:00:24.40	+02:42:36 (27.1%)	10:57	5.5 (73.3%)	
42	KALISZEWICZ Ewa	180		K-40	42	02:18:40	04:14:33	05:43:57	07:17:08	08:26:24	10:00:12.90	10:01:49.65	+02:44:02 (27.3%)	10:58	5.5 (73.3%)	
43	DYR Dorota	87		K-40	43	01:59:42	04:01:46	05:41:48	07:21:31	08:32:04	10:01:52.85	10:02:13.50	+02:44:25 (27.3%)	11:00	5.5 (73.3%)	
44	KUNKEL Anna	249	PGB SPORTOWA PACZKA	K-40	44	01:59:52	04:01:38	05:41:45	07:21:31	08:32:08	10:01:54.25	10:02:13.65	+02:44:26 (27.3%)	11:00	5.5 (73.3%)	
45	DALECKA Dorota	71		K-40	45	01:59:28	04:01:47	05:41:43	07:21:31	08:32:07	10:01:55.45	10:02:14.00	+02:44:26 (27.3%)	11:00	5.5 (73.3%)	
46	CZEKALSKA Magdalena	64	NARAMOWICE BIEGAJĄ	K-40	46	02:00:10	03:46:03	05:30:24	07:16:38	08:29:29	10:01:41.05	10:02:18.85	+02:44:31 (27.3%)	10:59	5.5 (73.3%)	
47	WIERZBIŃSKA Edyta	511	ULTRADZICZKI I ULTRALISICZKI	K-40	47	02:04:47	03:56:24	05:35:39	07:23:41	08:32:08	10:04:28.40	10:05:47.50	+02:47:59 (27.7%)	11:03	5.4 (72.0%)	
48	WALCZAK Agnieszka	496	PKO BP SA	K-40	48	01:55:55	03:41:53	05:33:55	07:19:16	08:34:50	10:09:55.15	10:10:02.65	+02:52:15 (28.2%)	11:09	5.4 (72.0%)	
49	BARCZAK Katarzyna	17	RUN TEAM MILEJÓW	K-40	49	02:03:12	03:54:08	05:38:07	07:24:30	08:35:08	10:11:16.00	10:11:41.90	+02:53:54 (28.4%)	11:10	5.4 (72.0%)	
50	TYŃSKA - SITEK Aleksandra	489	DROGA DO ULTRA	K-40	50	02:07:00	03:57:12	05:37:09	07:20:35	08:34:08	10:11:56.25	10:13:14.65	+02:55:27 (28.6%)	11:11	5.4 (72.0%)	
51	BALCERZAK Krysia	10	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	K-40	51	02:22:23	04:15:49	05:57:04	07:29:30	08:40:51	10:16:40.25	10:18:08.75	+03:00:21 (29.2%)	11:16	5.3 (70.7%)	
52	DUTKOWIAK Aleksandra	86	PIĄTKOWO NA BIEGOWO	K-40	52	02:06:02	03:13:06	05:39:49	07:26:53	08:41:25	10:25:47.95	10:25:47.95	+03:08:00 (30.0%)	11:26	5.2 (69.3%)	
53	FELKEL Ewa	94	PIATKOWO NA BIEGOWO	K-40	53	02:05:16	04:00:46	05:39:02	07:26:42	08:40:58	10:25:20.85	10:25:48.70	+03:08:01 (30.0%)	11:25	5.2 (69.3%)	
54	CZERNIAK Agnieszka	65	PIĄTKOWO NA BIEGOWO - POZNAŃ	K-40	54	02:05:40	04:00:39	05:39:24	07:26:29	08:41:05	10:25:24.05	10:25:48.95	+03:08:01 (30.0%)	11:25	5.2 (69.3%)	
55	WINIECKA Ewa	518	IRON HOUSE TRIATHLON WŁOCŁAWEK	K-40	55	02:05:22	03:51:55	05:35:59	07:20:51	08:42:41	10:28:47.10	10:29:27.90	+03:11:40 (30.4%)	11:29	5.2 (69.3%)	
56	DOJS Aleksandra	78	NIGHT RUNNERS	K-40	56	02:21:59	04:09:05	05:48:30	07:38:12	08:53:40	10:31:01.60	10:31:53.80	+03:14:06 (30.7%)	11:32	5.2 (69.3%)	
57	SZATKOWSKA Kasia	457	DOGOŃ GRODZISK MAZOWIECKI	K-40	57	02:04:36	04:00:15	05:48:07	07:36:29	08:51:50	10:32:32.00	10:32:51.10	+03:15:03 (30.8%)	11:33	5.2 (69.3%)	
58	PANEK Agata	351	GRUPA JURA.PL	K-40	58	02:10:49	03:56:51	05:41:16	07:34:29	08:54:53	10:34:08.80	10:35:08.40	+03:17:20 (31.1%)	11:35	5.2 (69.3%)	
59	JUSZCZAK Natalia	172	WRODZINIESIŁA	K-40	59	02:09:56	04:08:59	05:47:49	07:36:54	08:53:33	10:35:20.00	10:35:23.50	+03:17:35 (31.1%)	11:36	5.2 (69.3%)	
60	SZABLA Magdalena	454		K-40	60	02:11:19	04:03:26	05:49:02	07:48:16	09:08:33	10:49:52.25	10:50:36.80	+03:32:49 (32.7%)	11:52	5.1 (68.0%)	
Przekroczony limit czasu: 11:00:00																
LIM	JAGODZIŃSKA Paulina	154	ZABIEGANI MIELEC	K-40		02:16:55	04:16:09	06:01:34	07:56:47	09:16:33	11:03:30.25	11:04:46.65		0:00	4.9 (65.3%)	
LIM	SULIGA Wioletta	446	AUGUSTEAM	K-40		02:22:08	04:21:25	06:08:13	07:57:56	09:17:23	11:03:57.45	11:04:46.80		0:00	4.9 (65.3%)	
LIM	KOTLICKA Beata	219	FUDU	K-40		02:25:38	04:29:42	06:15:06	08:14:47	09:37:24	11:28:50.20	11:29:29.50		0:00	4.8 (64.0%)	
	GRADKOWSKA Małgorzata	128		K-40		02:33:48 DNF	04:20:51 DNF	05:56:08 DNF	07:26:48 DNF	DNF	DNF	DNF		-	- (0.0%)	

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	KARASEK Magdalena	186		K-40		02:11:42 DNF	04:03:29 DNF	05:49:04 DNF	07:48:30 DNF	DNF	DNF	DNF		-	- (0.0%)
	FRIEZE Tatiana	99	ULTRALANSIARA	K-40		02:23:04 DNF	04:24:29 DNF	06:23:06 DNF	08:09:29 DNF	DNF	DNF	DNF		-	- (0.0%)
	TRZCINA Agata	483		K-40		02:13:34 DNF	04:07:05 DNF	05:57:25 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	BIAŁECKA Sylwia	24	EVERRUN	K-40		02:25:21 DNF	04:29:15 DNF	06:24:00 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ROMANOWICZ Katarzyna	399	PODKOWA BIEGA	K-40		02:33:46 DNF	04:33:42 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	WEBER Agata	506	VELO ŁOSIE NA SZOSIE	K-40		02:40:03 DNF	04:43:25 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ORACKA Agnieszka	341	64 BATALION LEKKIEJ PIECHOTY W POMIECHÓWKU	K-40		02:38:11 DNF	04:47:37 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 71 wynik(ów)