



SUPERMARATON
GÓR
STOŁOWYCH

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Supermaraton Gór Stołowych
Fundacja Maratony Górskie
2024-06-22
Karłów
54.7 km

SGS ULTRA 54KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Slavny 1 13.9km	Slavny 2 22.9km	Pasterka 33.7km	Parking 40.9km	Błędne Skały 47.7km	Czas netto 54.7km	Czas brutto 54.7km	Różn	Tempo min/km	Tempo km/h
1	DAWID Katarzyna	1142		K-40	1	01:33:53	02:47:29	03:58:52	05:08:01	05:54:45	07:01:20.20	07:01:20.20		7:42	7.8 (100%)
2	MARZEC Karolina	1122	DZIKIE DZIKI GORZÓW	K-40	2	01:32:48	02:45:02	04:03:04	05:14:36	06:08:16	07:19:48.60	07:19:48.60	+00:18:28 (4.2%)	8:02	7.5 (96.2%)
3	KRÓLIKOWSKA Magdalena	1275		K-40	3	01:36:47	03:04:27	04:27:08	05:12:08	06:07:06	07:22:19.35	07:22:19.35	+00:20:59 (4.7%)	8:05	7.4 (94.9%)
4	BOGUCKA Emilia	1353	BROWAR FORTUNA TEAM / WLKP MOUNTAINS ULTRA	K-40	4	01:38:29	02:54:04	04:11:27	05:23:14	06:14:22	07:25:34.90	07:25:34.90	+00:24:14 (5.4%)	8:08	7.4 (94.9%)
5	WAWRZYNIAK Małgorzata	1018	#BIEGIEMWLAS	K-40	5	01:43:00	03:04:36	04:21:46	05:33:09	06:24:30	07:33:16.15	07:33:16.15	+00:31:55 (7.0%)	8:17	7.2 (92.3%)
6	BURZYŃSKA Iza	1245		K-40	6	01:46:11	03:05:48	04:23:10	05:35:23	06:30:38	07:44:36.90	07:44:36.90	+00:43:16 (9.3%)	8:29	7.1 (91.0%)
7	KRYM Katarzyna	1116	GOOD MOVE	K-40	7	01:40:18	03:00:44	04:21:22	05:34:49	06:32:46	07:46:46.65	07:46:46.65	+00:45:26 (9.7%)	8:31	7 (89.7%)
8	GRABOŚ Nina	1261		K-40	8	01:46:41	03:07:34	04:27:33	05:40:49	06:36:18	07:50:47.15	07:50:47.15	+00:49:26 (10.5%)	8:36	7 (89.7%)
9	KRZYŻIŃSKA Sylwia	1277	DOGOŃ GRODZISK MAZOWIECKI / DREAM RUN	K-40	9	01:48:17	03:16:34	04:39:53	05:56:29	06:49:38	08:01:50.60	08:01:50.60	+01:00:30 (12.6%)	8:48	6.8 (87.2%)
10	KARCZYŃSKA Eliza	1224	MARATOŃCZYK POZNAŃ	K-40	10	01:41:45	03:07:24	04:25:03	05:47:48	06:42:47	08:01:51.15	08:01:51.15	+01:00:30 (12.6%)	8:48	6.8 (87.2%)
11	KOWALSKA Monika	1225	DREAM RUN	K-40	11	01:47:07	03:13:14	04:30:43	05:48:50	06:43:12	08:02:38.35	08:02:38.35	+01:01:18 (12.7%)	8:49	6.8 (87.2%)
12	KLUZ Anna	1089	FANTASTIC TEAM	K-40	12	01:45:01	03:10:56	04:39:42	05:56:34	07:00:25	08:22:23.25	08:22:23.25	+01:21:03 (16.1%)	9:11	6.5 (83.3%)
13	KANIEWSKA Agnieszka	1238	DRUŻYNA SZPIKU	K-40	13	01:55:36	03:27:13	04:54:23	06:20:35	07:14:28	08:25:35.90	08:25:35.90	+01:24:15 (16.7%)	9:14	6.5 (83.3%)
14	KSIEZKA Joanna	1228	STRZEGOMSKA DWUNASTKA	K-40	14	01:51:27	03:17:56	04:45:41	06:06:47	07:05:52	08:25:41.75	08:25:41.75	+01:24:21 (16.7%)	9:14	6.5 (83.3%)
15	CHOMICZ-SZABLÓWSKA Anna	1318		K-40	15	01:48:48	03:17:47	04:42:11	06:09:56	07:15:04	08:37:58.50	08:37:58.50	+01:36:38 (18.7%)	9:28	6.3 (80.8%)
16	FARION Marzena	1081	THE FARIONS	K-40	16	01:49:06	03:15:43	04:47:11	06:13:30	07:14:57	08:38:29.10	08:38:29.10	+01:37:08 (18.7%)	9:28	6.3 (80.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Słavny		Pasterka	Parking	Błędne	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						1 13.9km	2 22.9km								
17	KRAJEWSKA Ewelina	1253	GRUPA BIEGOWA BEZ GRANIC	K-40	17	01:51:35	03:23:28	04:52:30	06:21:04	07:22:17	08:47:04.10	08:47:04.10	+01:45:43 (20.1%)	9:38	6.2 (79.5%)
18	KAROLAK Jolanta	1104	#KAROLAKTEAM	K-40	18	01:51:30	03:25:24	04:58:14	06:28:03	07:28:20	08:51:20.50	08:51:20.50	+01:50:00 (20.7%)	9:42	6.2 (79.5%)
19	KAŁAMAGA Agnieszka	1035	FUNKCJA DZIĘKI TOBIE ♥	K-40	19	01:51:31	03:25:24	04:54:34	06:23:27	07:28:36	08:55:51.40	08:55:51.40	+01:54:31 (21.4%)	9:47	6.1 (78.2%)
20	JARCZYŃSKA-DOMINIK Jola	1145	AKTYWNI WĘGRÓW	K-40	20	01:48:58	03:22:46	04:55:17	06:23:26	07:29:40	08:57:43.75	08:57:43.75	+01:56:23 (21.6%)	9:49	6.1 (78.2%)
21	SKRZYPCZAK Anna	1026	LS RECYCLING TEAM	K-40	21	01:56:47	03:32:34	05:12:36	06:39:21	07:42:16	09:02:20.45	09:02:20.45	+02:01:00 (22.3%)	9:54	6.1 (78.2%)
22	CZEKALSKA Magdalena	1134	NARAMOWICE BIEGAJĄ	K-40	22	01:55:47	03:38:06	05:11:06	06:45:55	07:52:55	09:24:40.90	09:24:40.90	+02:23:20 (25.4%)	10:19	5.8 (74.4%)
23	WANŻEWICZ Agnieszka	1152	UKS MUFLON DUSZNIKI-ZDRÓJ	K-40	23	01:53:20	03:20:05	04:57:24	06:29:17	07:40:24	09:27:08.30	09:27:08.30	+02:25:48 (25.7%)	10:22	5.8 (74.4%)
24	GIENIEC - CZUBA Róża	1326	BIEGANIE ZBLIŻA	K-40	24	02:03:30	03:43:42	05:13:19	06:49:23	07:59:40	09:31:35.60	09:31:35.60	+02:30:15 (26.3%)	10:26	5.7 (73.1%)
25	FOLAND Anna	1106	SZCZYT ZA SZCZYTEM	K-40	25	01:56:46	03:36:45	05:14:17	06:44:35	07:56:31	09:34:08.05	09:34:08.05	+02:32:47 (26.6%)	10:29	5.7 (73.1%)
26	NOWACZYŃSKA Katarzyna	1022	TEAM ZABIEGANEDNI	K-40	26	02:05:10	03:53:40	05:26:45	07:02:33	08:07:57	09:37:32.55	09:37:32.55	+02:36:12 (27.0%)	10:33	5.7 (73.1%)
27	GRZYWA Kinga	1236	PORUNNE FURGANIE	K-40	27	02:03:23	03:44:24	05:33:52	07:05:21	08:12:25	09:41:58.30	09:41:58.30	+02:40:38 (27.6%)	10:38	5.6 (71.8%)
28	FRANKOWSKA Katarzyna	1187	MISTRZOWSKI TRENING/PRO366	K-40	28	01:55:25	03:41:20	05:19:06	06:58:47	08:06:06	09:43:12.60	09:43:12.60	+02:41:52 (27.8%)	10:39	5.6 (71.8%)
29	KOPYDŁOWSKA-SŁAPA Anna	1129	PAWKO RUNNER TEAM	K-40	29	01:59:20	03:36:39	05:11:31	06:57:06	08:10:56	09:52:35.60	09:52:35.60	+02:51:15 (28.9%)	10:50	5.5 (70.5%)
30	URBAŃSKA Magdalena	1183	SZAKALE BAŁUT ŁÓDŹ	K-40	30	02:04:33	03:54:13	05:30:06	07:08:22	08:23:07	09:53:20.20	09:53:20.20	+02:52:00 (29.0%)	10:50	5.5 (70.5%)
31	TARCZYŃSKA Halina	1317		K-40	31	01:58:16	03:40:50	05:20:44	07:03:06	08:14:59	09:54:57.95	09:54:57.95	+02:53:37 (29.2%)	10:52	5.5 (70.5%)
32	WALIŃSKA Agata	1231	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	K-40	32	02:12:20	04:06:06	05:44:20	07:15:38	08:25:40	10:01:24.80	10:01:24.80	+03:00:04 (29.9%)	10:59	5.5 (70.5%)
33	BOBER Dorota	1151		K-40	33	01:50:37	03:32:49	05:12:59	07:07:58	08:25:36	10:15:28.75	10:15:28.75	+03:14:08 (31.5%)	11:15	5.3 (67.9%)
34	NOWAK Marta	1025	NARAMOWICE BIEGAJĄ	K-40	34	02:12:11	04:09:29	05:58:15	07:41:46	08:53:41	10:27:12.60	10:27:12.60	+03:25:52 (32.8%)	11:27	5.2 (66.7%)
35	OKONIEWSKA Agnieszka	1103		K-40	35	02:16:21	04:08:56	05:53:34	07:31:57	08:46:39	10:30:33.70	10:30:33.70	+03:29:13 (33.2%)	11:31	5.2 (66.7%)
36	PERMUS Agnieszka	1303		K-40	36	02:15:52		06:03:11	07:49:19	09:04:20	10:46:22.05	10:46:22.05	+03:45:01 (34.8%)	11:48	5.1 (65.4%)
37	BRZozowska Marlena	1072		K-40	37	02:01:37	03:47:54	05:42:02	07:26:54	08:50:42	10:48:42.05	10:48:42.05	+03:47:21 (35.0%)	11:51	5.1 (65.4%)
38	GOŹDZICKA Iwona	1066		K-40	38	02:11:59	04:09:03	05:59:16	07:55:28	09:08:15	10:52:02.95	10:52:02.95	+03:50:42 (35.4%)	11:55	5 (64.1%)
	JÓZEFIAK Beata	1329	WLKP MOUNTAINS ULTRA	K-40		01:52:53 DNF	03:30:58 DNF	05:30:39 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	SZYMALA-LIPKA Magdalena	1097	LIPKI RULEZ/MAGDY RULEZ	K-40		02:08:57 DNF	03:57:26 DNF	06:10:58 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

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	TABISZ Marlena	1316		K-40		02:29:34 DNF	04:28:45 DNF	06:24:05 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	MIELCAREK Anna	1099	NO EXCUSES	K-40		02:35:05 DNF	04:47:11 DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	KALINOWSKA Anna	1205	KLUB SPORTOWY ULTRA TEAM ŁÓDŹ	K-40		02:30:02 DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 43 wynik(ów)