



# SIANÓW - PUCHAR POMORZA NORDIC WALKING - BAŁTYCKI TOUR NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW  
Data: 2017-05-01  
Miejsce: Sianów  
Dystans: 10 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 1.666km	Start_All 3.332km	Start_All 5km	Start_All 6.666km	Start_All 8.332km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>KLICZKA Kamil</b>	<b>175</b>	SANPROBI SZCZECIN	M40-49	1			00:00:14	00:10:33	00:21:16	00:32:09	00:43:00	00:53:41	<b>01:03:56.75</b>	<b>01:04:11.65</b>		6:23	9.4 (100%)
2	<b>NIECHWIEJCZYK Piotr</b>	<b>191</b>	UNIA MIAST	M40-49	2			00:00:15	00:10:31	00:21:16	00:32:10	00:43:00	00:53:42	<b>01:04:23.25</b>	<b>01:04:38.60</b>	+00:00:26 (0.7%)	6:26	9.3 (98.9%)
3	<b>NAKONIECZNY Grzegorz</b>	<b>189</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	M40-49	3	1		00:00:15	00:10:40	00:21:50	00:33:03	00:44:11	00:55:28	<b>01:07:10.10</b>	<b>01:07:25.60</b>	+00:03:13 (4.8%)	6:43	8.9 (94.7%)
4	<b>KUŚMIEREK Jan</b>	<b>183</b>	BŁĘKITNI DZIEMIANY	M40-49	4			00:00:16	00:11:10	00:22:35	00:34:07	00:45:33	00:56:58	<b>01:08:01.80</b>	<b>01:08:17.90</b>	+00:04:05 (6.0%)	6:48	8.8 (93.6%)
5	<b>BOGACKI Sławek</b>	<b>154</b>	ENERGA NW TEAM	M40-49	5			00:00:17	00:11:06	00:22:33	00:34:04	00:45:29	00:56:54	<b>01:08:02.40</b>	<b>01:08:19.85</b>	+00:04:05 (6.0%)	6:48	8.8 (93.6%)
6	<b>WARUSZEWSKI Karol</b>	<b>213</b>	BIEGAJĄCY TCZEW	M40-49	6			00:00:17	00:11:17	00:22:47	00:34:20	00:45:49	00:57:11	<b>01:08:11.15</b>	<b>01:08:28.90</b>	+00:04:14 (6.2%)	6:49	8.8 (93.6%)
7	<b>NACZK Leonard</b>	<b>188</b>	DYNAMIC	M40-49	7			00:00:16	00:11:21	00:22:52	00:34:33	00:46:07	00:57:24	<b>01:08:34.65</b>	<b>01:08:51.35</b>	+00:04:37 (6.8%)	6:51	8.7 (92.6%)
8	<b>RACZYŃSKI Kazimierz</b>	<b>223</b>	LINUX MAGAZINE TEAM / FACE NORDIC WALKING TEAM	M40-49	8			00:00:16	00:11:04	00:22:37	00:34:08	00:45:49	00:57:23	<b>01:08:47.60</b>	<b>01:09:03.80</b>	+00:04:50 (7.0%)	6:52	8.7 (92.6%)
9	<b>PAŁUBICKI Marcin</b>	<b>194</b>		M40-49	9			00:00:15	00:12:35	00:25:37	00:38:39	00:51:28	01:04:09	<b>01:16:35.80</b>	<b>01:16:51.15</b>	+00:12:39 (16.5%)	7:39	7.8 (83.0%)
10	<b>WECHTA Paweł</b>	<b>225</b>	KS METRACO POLKOWICE	M40-49	10			00:00:17	00:12:29	00:25:23	00:38:07	00:51:26	01:04:48	<b>01:18:18.15</b>	<b>01:18:35.20</b>	+00:14:21 (18.3%)	7:49	7.7 (81.9%)
11	<b>CZAKIERT Marek</b>	<b>157</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M40-49	11			00:00:16	00:13:00	00:26:32	00:39:52	00:53:27	01:07:41	<b>01:21:58.35</b>	<b>01:22:15.10</b>	+00:18:01 (22.0%)	8:11	7.3 (77.7%)
12	<b>BORUCZYŃSKI Dariusz</b>	<b>155</b>		M40-49	12			00:00:15	00:14:14	00:29:18	00:44:10	00:58:51	01:13:39	<b>01:28:34.90</b>	<b>01:28:50.80</b>	+00:24:38 (27.8%)	8:51	6.8 (72.3%)

Znaleziono 12 wynik(ów)