

SIANOWSKA 5

Organizator: Urząd Gminy Sianów, Ranking Biegaczy
Data: 2021-08-28
Miejsce: Sianów
Dystans: 5 km



Klasyfikacja: OPEN -M

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------|-------|----------------------------|-----------|------|----------------|-----------------|-------------------|--------------|--------------|
| 1 | WALEŃSKI Michał | 187 | TKKF KOSZALIN | OPEN -M | 1 | 00:18:58.91 | 00:18:58.91 | | 3:47 | 15.8 (100%) |
| 2 | SKLORZ Paweł | 195 | | OPEN -M | 2 | 00:19:20.48 | 00:19:20.48 | +00:00:21 (1.9%) | 3:52 | 15.5 (98.1%) |
| 3 | POLAK Szymon | 209 | ROZBIEGANY KOSZALIN | OPEN -M | 3 | 00:19:23.35 | 00:19:23.35 | +00:00:24 (2.1%) | 3:52 | 15.5 (98.1%) |
| 4 | ZWOLIŃSKI Jan | 171 | TKKF KOSZALIN | OPEN -M | 4 | 00:19:37.25 | 00:19:37.25 | +00:00:38 (3.3%) | 3:55 | 15.3 (96.8%) |
| 5 | WOJNIUSZ Adrian | 113 | ZASTOPIJ | OPEN -M | 5 | 00:19:45.24 | 00:19:45.24 | +00:00:46 (3.9%) | 3:57 | 15.2 (96.2%) |
| 6 | KOZIEŁ Paweł | 194 | | OPEN -M | 6 | 00:20:06.31 | 00:20:06.31 | +00:01:07 (5.6%) | 4:01 | 14.9 (94.3%) |
| 7 | SMOŁUCH Marcin | 180 | KB BRYZA POSTOMINO | OPEN -M | 7 | 00:20:12.59 | 00:20:12.59 | +00:01:13 (6.1%) | 4:02 | 14.9 (94.3%) |
| 8 | MAĆKOWIAK Krzysztof | 166 | | OPEN -M | 8 | 00:20:50.14 | 00:20:50.14 | +00:01:51 (8.9%) | 4:10 | 14.4 (91.1%) |
| 9 | BARUOWICZ Grzegorz | 139 | KB BRYZA POSTOMINO | OPEN -M | 9 | 00:21:45.13 | 00:21:45.13 | +00:02:46 (12.7%) | 4:21 | 13.8 (87.3%) |
| 10 | MITUNIEWICZ Adrian | 162 | BIEGOLAS | OPEN -M | 10 | 00:21:48.09 | 00:21:48.09 | +00:02:49 (12.9%) | 4:21 | 13.8 (87.3%) |
| 11 | BEDNARZ Sebastian | 206 | | OPEN -M | 11 | 00:21:49.22 | 00:21:49.22 | +00:02:50 (13.0%) | 4:21 | 13.8 (87.3%) |
| 12 | SZCZUBLEWSKI Martin | 214 | BIEGOLAS/KORONA / KOSZALIN | OPEN -M | 12 | 00:22:28.79 | 00:22:28.79 | +00:03:29 (15.6%) | 4:29 | 13.4 (84.8%) |
| 13 | KRUPIŃSKI Krzysztof | 165 | E-UROLOG.EU KOSZALIN | OPEN -M | 13 | 00:22:30.82 | 00:22:30.82 | +00:03:31 (15.7%) | 4:30 | 13.3 (84.2%) |
| 14 | MILEWSKI Tomasz | 211 | | OPEN -M | 14 | 00:22:32.57 | 00:22:32.57 | +00:03:33 (15.8%) | 4:30 | 13.3 (84.2%) |
| 15 | WAWRZYN Grzegorz | 145 | | OPEN -M | 15 | 00:22:49.64 | 00:22:49.64 | +00:03:50 (16.8%) | 4:33 | 13.1 (82.9%) |
| 16 | SZCZYPEK Arkadiusz | 224 | | OPEN -M | 16 | 00:22:59.72 | 00:22:59.72 | +00:04:00 (17.5%) | 4:35 | 13.1 (82.9%) |
| 17 | KOZŁOWICZ Krzysztof | 164 | | OPEN -M | 17 | 00:23:01.53 | 00:23:01.53 | +00:04:02 (17.6%) | 4:36 | 13 (82.3%) |
| 18 | KRUK Marcin | 178 | | OPEN -M | 18 | 00:23:15.87 | 00:23:15.87 | +00:04:16 (18.4%) | 4:39 | 12.9 (81.6%) |
| 19 | HOREGLAD Paweł | 193 | | OPEN -M | 19 | 00:23:23.50 | 00:23:23.50 | +00:04:24 (18.9%) | 4:40 | 12.8 (81.0%) |
| 20 | WERSOCKI Artur | 120 | | OPEN -M | 20 | 00:23:23.57 | 00:23:23.57 | +00:04:24 (18.9%) | 4:40 | 12.8 (81.0%) |
| 21 | ORDA Marcin | 179 | | OPEN -M | 21 | 00:23:39.37 | 00:23:39.37 | +00:04:40 (19.8%) | 4:43 | 12.7 (80.4%) |
| 22 | ROGAŁA Jacek | 118 | ZASTOPIJ | OPEN -M | 22 | 00:23:43.75 | 00:23:43.75 | +00:04:44 (20.0%) | 4:44 | 12.6 (79.7%) |
| 23 | KLENIEWSKI Piotr | 200 | | OPEN -M | 23 | 00:23:56.35 | 00:23:56.35 | +00:04:57 (20.7%) | 4:47 | 12.5 (79.1%) |
| 24 | ZIELIŃSKI Michał | 222 | | OPEN -M | 24 | 00:23:59.16 | 00:23:59.16 | +00:05:00 (20.9%) | 4:47 | 12.5 (79.1%) |
| 25 | PANCERZYŃSKI Łukasz | 170 | | OPEN -M | 25 | 00:24:01.40 | 00:24:01.40 | +00:05:02 (21.0%) | 4:48 | 12.5 (79.1%) |
| 26 | RUTKOWSKI Ryszard | 205 | RUNKING.INFO | OPEN -M | 26 | 00:24:02.96 | 00:24:02.96 | +00:05:04 (21.1%) | 4:48 | 12.5 (79.1%) |

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|-----|-------------------------------|------------|---------------------|-----------|------|--------------------|--------------------|-------------------|--------------|--------------|
| 27 | KILAR Tomasz | 111 | | OPEN -M | 27 | 00:24:06.22 | 00:24:06.22 | +00:05:07 (21.2%) | 4:49 | 12.4 (78.5%) |
| 28 | NOREK Tomek | 213 | | OPEN -M | 28 | 00:24:14.66 | 00:24:14.66 | +00:05:15 (21.7%) | 4:50 | 12.4 (78.5%) |
| 29 | PIECHOTA Robert | 204 | ROZBIEGANY KOSZALIN | OPEN -M | 29 | 00:24:32.68 | 00:24:32.68 | +00:05:33 (22.7%) | 4:54 | 12.2 (77.2%) |
| 30 | KUPCZAK Damian | 134 | | OPEN -M | 30 | 00:25:00.37 | 00:25:00.37 | +00:06:01 (24.1%) | 5:00 | 12 (75.9%) |
| 31 | SOBIENIAK Maciej | 172 | | OPEN -M | 31 | 00:25:02.00 | 00:25:02.00 | +00:06:03 (24.2%) | 5:00 | 12 (75.9%) |
| 32 | GARNCAREK Paweł | 159 | BIEGOLAS | OPEN -M | 32 | 00:25:13.26 | 00:25:13.26 | +00:06:14 (24.7%) | 5:02 | 11.9 (75.3%) |
| 33 | NAWROCKI Michał | 186 | | OPEN -M | 33 | 00:25:17.65 | 00:25:17.65 | +00:06:18 (25.0%) | 5:03 | 11.9 (75.3%) |
| 34 | ANGRYS Maciej | 116 | ZASTOPUJ | OPEN -M | 34 | 00:25:38.60 | 00:25:38.60 | +00:06:39 (26.0%) | 5:07 | 11.7 (74.1%) |
| 35 | RUTKOWSKI Artur | 125 | RUNKING.INFO | OPEN -M | 35 | 00:25:43.38 | 00:25:43.38 | +00:06:44 (26.2%) | 5:08 | 11.7 (74.1%) |
| 36 | GUTOWSKI Marek | 181 | | OPEN -M | 36 | 00:25:59.61 | 00:25:59.61 | +00:07:00 (27.0%) | 5:11 | 11.5 (72.8%) |
| 37 | KOZŁOWIECKI Waldemar | 215 | TKKF KOSZALIN | OPEN -M | 37 | 00:26:12.80 | 00:26:12.80 | +00:07:13 (27.6%) | 5:14 | 11.5 (72.8%) |
| 38 | KAMYK Piotr | 199 | BIEGOLAS | OPEN -M | 38 | 00:26:15.30 | 00:26:15.30 | +00:07:16 (27.7%) | 5:15 | 11.4 (72.2%) |
| 39 | KONKEL Łukasz | 169 | | OPEN -M | 39 | 00:26:26.62 | 00:26:26.62 | +00:07:27 (28.2%) | 5:17 | 11.3 (71.5%) |
| 40 | JUSZCZAK Krzysztof | 163 | | OPEN -M | 40 | 00:26:42.82 | 00:26:42.82 | +00:07:43 (28.9%) | 5:20 | 11.2 (70.9%) |
| 41 | ANGRYS Maciej | 226 | | OPEN -M | 41 | 00:27:07.91 | 00:27:07.91 | +00:08:09 (30.0%) | 5:25 | 11.1 (70.3%) |
| 42 | GREMBLEWSKI Dariusz | 137 | | OPEN -M | 42 | 00:27:09.48 | 00:27:09.48 | +00:08:10 (30.1%) | 5:25 | 11 (69.6%) |
| 43 | KĘSIK Michał | 185 | | OPEN -M | 43 | 00:27:57.03 | 00:27:57.03 | +00:08:58 (32.1%) | 5:35 | 10.7 (67.7%) |
| 44 | GAWIECKI Piotr | 198 | ROZBIEGANY KOSZALIN | OPEN -M | 44 | 00:28:06.22 | 00:28:06.22 | +00:09:07 (32.5%) | 5:37 | 10.7 (67.7%) |
| 45 | DOBOSZ Jarosław | 152 | | OPEN -M | 45 | 00:28:14.79 | 00:28:14.79 | +00:09:15 (32.8%) | 5:38 | 10.6 (67.1%) |
| 46 | ROGALA Jacek | 228 | | OPEN -M | 46 | 00:28:31.40 | 00:28:31.40 | +00:09:32 (33.5%) | 5:42 | 10.5 (66.5%) |
| 47 | DOGIEL Jacek | 151 | JUDO GWARDIA | OPEN -M | 47 | 00:28:36.12 | 00:28:36.12 | +00:09:37 (33.6%) | 5:43 | 10.5 (66.5%) |
| 48 | KUBALSKI Filip | 142 | | OPEN -M | 48 | 00:28:46.14 | 00:28:46.14 | +00:09:47 (34.0%) | 5:45 | 10.4 (65.8%) |
| 49 | SAMORAJCZYK Piotr | 225 | | OPEN -M | 49 | 00:28:56.43 | 00:28:56.43 | +00:09:57 (34.4%) | 5:47 | 10.4 (65.8%) |
| 50 | SZCZYPEK Arkadiusz | 114 | ZASTOPUJ | OPEN -M | 50 | 00:30:02.03 | 00:30:02.03 | +00:11:03 (36.8%) | 6:00 | 10 (63.3%) |
| 51 | KAZIMIEROWICZ Radosław | 201 | | OPEN -M | 51 | 00:30:02.31 | 00:30:02.31 | +00:11:03 (36.8%) | 6:00 | 10 (63.3%) |
| 52 | GRABAREK Kacper | 155 | | OPEN -M | 52 | 00:30:18.13 | 00:30:18.13 | +00:11:19 (37.4%) | 6:03 | 9.9 (62.7%) |
| 53 | GŁOWACKI Włodzimierz | 218 | | OPEN -M | 53 | 00:30:42.66 | 00:30:42.66 | +00:11:43 (38.2%) | 6:08 | 9.8 (62.0%) |
| 54 | DOBOSZ Michał | 184 | | OPEN -M | 54 | 00:31:30.83 | 00:31:30.83 | +00:12:31 (39.8%) | 6:18 | 9.5 (60.1%) |
| 55 | HARASYM Daniel | 223 | | OPEN -M | 55 | 00:33:00.62 | 00:33:00.62 | +00:14:01 (42.5%) | 6:36 | 9.1 (57.6%) |
| 56 | WALKOWIAK Dariusz | 138 | | OPEN -M | 56 | 00:33:12.82 | 00:33:12.82 | +00:14:13 (42.8%) | 6:38 | 9 (57.0%) |
| 57 | SAMURAJCZYK Piotr | 115 | ZASTOPUJ | OPEN -M | 57 | 00:35:26.51 | 00:35:26.51 | +00:16:27 (46.4%) | 7:05 | 8.5 (53.8%) |
| 58 | HARASYM Michał | 127 | | OPEN -M | 58 | 00:40:45.63 | 00:40:45.63 | +00:21:46 (53.4%) | 8:09 | 7.4 (46.8%) |
| 59 | KACPRZAK Igor | 124 | | OPEN -M | 59 | 00:42:21.20 | 00:42:21.20 | +00:23:22 (55.2%) | 8:28 | 7.1 (44.9%) |
| 60 | PAŁASZ Karolina | 229 | | OPEN -M | 60 | 00:43:33.76 | 00:43:33.76 | +00:24:34 (56.4%) | 8:42 | 6.9 (43.7%) |
| 61 | JURALEWICZ Paweł | 117 | ZASTOPUJ | OPEN -M | 61 | 00:43:33.96 | 00:43:33.96 | +00:24:35 (56.4%) | 8:42 | 6.9 (43.7%) |
| 62 | JURALEWICZ Paweł | 227 | | OPEN -M | 62 | 00:45:30.88 | 00:45:30.88 | +00:26:31 (58.3%) | 9:06 | 6.6 (41.8%) |
| 63 | DRUSZCZ Patryk | 128 | | OPEN -M | 63 | 00:45:32.41 | 00:45:32.41 | +00:26:33 (58.3%) | 9:06 | 6.6 (41.8%) |
| 64 | KACPRZAK Sebastian | 126 | | OPEN -M | 64 | 00:51:17.02 | 00:51:17.02 | +00:32:18 (63.0%) | 10:15 | 5.8 (36.7%) |

Znaleziono 64 wynik(ów)