



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY 2019  
FUNDACJA PROFIT MARATON  
2019-07-13  
Sobieszów  
71 km

## SIEDEMDZIESIĄT Z HAKIEM

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kark_Przelec 16.1km	Bacowka_Karpacz 27.5km	Dom_Slaski 32km	Karpacz 37km	Kark_Przelec 53.9km	Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
1	<b>WITEK Andrzej</b>	<b>1433</b>	140MINUT.PL / WROCLAWSKIE ITEN	M20	1	01:49:39	02:51:45		03:52:48	05:48:29	<b>07:14:06.10</b>	<b>07:14:08.70</b>		6:06	9.8 (100%)
2	<b>WŁODARKIEWICZ Dominik</b>	<b>1457</b>	DYNAFIT POLSKA	M40	1	01:50:36	02:55:41	03:36:06	04:03:47	06:11:50	<b>07:40:51.40</b>	<b>07:40:54.00</b>	+00:26:45 (5.8%)	6:29	9.2 (93.9%)
3	<b>KOBYŁECKI Michał</b>	<b>1332</b>	PROCOM SYSTEM TEAM	M20	2	01:56:10	03:06:44	03:51:10	04:17:05	06:26:52	<b>07:53:16.95</b>	<b>07:53:21.35</b>	+00:39:12 (8.3%)	6:39	9 (91.8%)
4	<b>SADOWSKI Paweł</b>	<b>1396</b>	HUSARIA ZNAD BOBRU	M20	3	01:50:33	02:58:25		04:14:37	06:31:39	<b>07:58:35.05</b>	<b>07:58:40.75</b>	+00:44:32 (9.3%)	6:44	8.9 (90.8%)
5	<b>STOLARZ Piotr</b>	<b>1472</b>	AKYWNA DĄBROWA	M40	2	01:56:56	03:11:09	04:02:03	04:31:04	06:56:27	<b>08:38:21.25</b>	<b>08:38:25.55</b>	+01:24:16 (16.3%)	7:18	8.2 (83.7%)
6	<b>MIEDZIEJEWSKI Andrzej</b>	<b>1379</b>	WPRUNNING PRUSZKÓW	M30	1	02:01:53	03:19:00		04:40:21	07:04:08	<b>08:40:43.65</b>	<b>08:40:46.60</b>	+01:26:37 (16.6%)	7:20	8.2 (83.7%)
7	<b>BARCZYK Mariusz</b>	<b>1461</b>	OLKUSZBIEGA	M40	3	02:01:18	03:19:07	04:06:55	04:38:26	07:12:49	<b>08:58:39.30</b>	<b>08:58:43.35</b>	+01:44:34 (19.4%)	7:35	7.9 (80.6%)
8	<b>ŁYJAK Błażej</b>	<b>1467</b>	RATEMYTRAIL	M40	4	02:03:08	03:21:02	04:08:08	04:40:07	07:07:26	<b>08:59:11.50</b>	<b>08:59:15.80</b>	+01:45:07 (19.5%)	7:35	7.9 (80.6%)
9	<b>NIEZGÓDKA Tomasz</b>	<b>1462</b>	ZAŁOGA GÓRSKA	M40	5	02:13:12	03:34:02	04:26:42	04:54:42	07:28:35	<b>09:06:49.05</b>	<b>09:06:53.95</b>	+01:52:45 (20.6%)	7:42	7.8 (79.6%)
10	<b>KRAKOWIAK Rafał</b>	<b>1342</b>	KRAKOWIAKTEAM	M30	2	02:03:41	03:24:37	04:13:37	04:48:32	07:23:33	<b>09:13:52.90</b>	<b>09:13:57.50</b>	+01:59:48 (21.6%)	7:48	7.7 (78.6%)
11	<b>SZABŁOWSKA Iwona</b>	<b>1416</b>	STRASZYN ULTRA TEAM	K30	1	02:05:32	03:26:25	04:16:30	04:51:29	07:29:32	<b>09:14:24.05</b>	<b>09:14:27.70</b>	+02:00:19 (21.7%)	7:48	7.7 (78.6%)
12	<b>WIŚNIEWSKI Paweł</b>	<b>1346</b>	KARKONOSZ RUNNING TEAM	M30	3	02:02:56	03:23:14	04:14:32	04:49:06	07:26:50	<b>09:15:14.00</b>	<b>09:15:19.15</b>	+02:01:10 (21.8%)	7:49	7.7 (78.6%)
13	<b>NAJBERG Michał</b>	<b>1443</b>	BYLEDOBIEC ANIN	M30	4	02:05:08	03:25:20	04:16:25	04:50:16	07:30:31	<b>09:16:54.20</b>	<b>09:16:57.05</b>	+02:02:48 (22.0%)	7:50	7.6 (77.6%)
14	<b>BIENIEK Grzegorz</b>	<b>1360</b>	APEX.INFO	M30	5	02:13:59		04:24:25	04:55:38	07:33:47	<b>09:18:17.95</b>	<b>09:18:22.45</b>	+02:04:13 (22.2%)	7:51	7.6 (77.6%)
15	<b>MADAJ Zuzanna</b>	<b>1344</b>	MADGOLD TEAM	K20	1	02:11:36	03:34:58	04:22:52	04:57:16	07:28:29	<b>09:18:35.75</b>	<b>09:18:44.95</b>	+02:04:36 (22.3%)	7:52	7.6 (77.6%)
16	<b>MOCZULSKA Małgorzata</b>	<b>1336</b>	KARKONOSZ RUNNING TEAM	K40	1	02:10:26	03:31:54	04:20:32	04:54:47	07:36:07	<b>09:21:15.65</b>	<b>09:21:18.60</b>	+02:07:09 (22.7%)	7:54	7.6 (77.6%)
17	<b>KOGUT Stanisław</b>	<b>1430</b>	BIEGOWA ŚWIDNICA	M30	6	02:10:25	03:32:14	04:23:12	04:52:07	07:36:02	<b>09:21:16.65</b>	<b>09:21:19.80</b>	+02:07:11 (22.7%)	7:54	7.6 (77.6%)
18	<b>JANUSZKO Krzysztof</b>	<b>1408</b>	ŻELAZNA ŚWIDNICA	M30	7	02:14:01			04:54:43	07:31:54	<b>09:29:16.75</b>	<b>09:29:19.65</b>	+02:15:10 (23.7%)	8:01	7.5 (76.5%)
19	<b>ŻEGOTA Łukasz</b>	<b>1338</b>	RAZEM TRENUJEMY SPORT	M30	8	01:59:58	03:18:38	04:07:03	04:44:16	07:33:23	<b>09:29:40.15</b>	<b>09:29:55.75</b>	+02:15:47 (23.8%)	8:01	7.5 (76.5%)
20	<b>TOPOLSKI Marcin</b>	<b>1392</b>	CZŁOWIEK KTÓRY NIE BOI SIĘ CHUCKA NORRISA	M40	6	02:09:20	03:32:02	04:21:16	04:56:49	07:37:32	<b>09:30:45.20</b>	<b>09:30:49.90</b>	+02:16:41 (23.9%)	8:02	7.5 (76.5%)
21	<b>BIEGASIEWICZ Monika</b>	<b>1454</b>		K40	2	02:11:21	03:40:24		05:08:55	07:46:01	<b>09:35:42.15</b>	<b>09:35:45.30</b>	+02:21:36 (24.6%)	8:06	7.4 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kark_Przelecz					Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
						16.1km	Bacowka_Karpacz 27.5km	Dom_Slaski 32km	Karpacz 37km	Kark_Przelecz 53.9km					
22	<b>NOWACKA Marlena</b>	<b>1419</b>	JAN-MAR.PL	K40	3	02:12:14	03:40:47	04:33:02	05:07:07	07:51:43	<b>09:39:24.15</b>	<b>09:39:28.55</b>	+02:25:19 (25.1%)	8:09	7.4 (75.5%)
23	<b>ROSZAK Robert</b>	<b>1399</b>	OSP ŚREM	M40	7	02:10:00			05:03:18	07:44:09	<b>09:48:26.95</b>	<b>09:48:29.45</b>	+02:34:20 (26.2%)	8:17	7.2 (73.5%)
24	<b>WOJTASZEK Jacek</b>	<b>1366</b>	BERSERKER'S TEAM	M40	8	02:04:31	03:27:42		04:56:15	07:51:01	<b>09:49:59.85</b>	<b>09:50:06.75</b>	+02:35:58 (26.4%)	8:18	7.2 (73.5%)
25	<b>CHOROSTKOWSKI Bartosz</b>	<b>1303</b>	CHATA BIEGACZA K34 ZAKAOPANE	M30	9	02:15:07	03:40:16	04:33:47	05:06:26	07:59:44	<b>09:51:46.30</b>	<b>09:51:51.20</b>	+02:37:42 (26.6%)	8:20	7.2 (73.5%)
26	<b>MATYJA Adam</b>	<b>1388</b>		M30	10	02:19:17	03:43:13	04:35:18	05:08:18	07:59:37	<b>10:03:16.60</b>	<b>10:03:20.25</b>	+02:49:11 (28.0%)	8:29	7.1 (72.4%)
27	<b>SZYNWELSKI Tomasz</b>	<b>1387</b>		M40	9	02:11:40	03:39:44		05:14:33	08:19:09	<b>10:06:22.15</b>	<b>10:06:28.55</b>	+02:52:19 (28.4%)	8:32	7 (71.4%)
28	<b>GRABOŚ Nina</b>	<b>1394</b>		K40	4	02:28:05	03:57:46	04:54:49	05:30:53	08:19:42	<b>10:09:19.85</b>	<b>10:09:26.75</b>	+02:55:18 (28.8%)	8:34	7 (71.4%)
29	<b>MRÓWKA Leszek</b>	<b>1300</b>		M40	10	02:18:42	03:48:59	04:44:41	05:20:43	08:17:49	<b>10:16:34.60</b>	<b>10:16:42.25</b>	+03:02:33 (29.6%)	8:41	6.9 (70.4%)
30	<b>SIWOŃ Ewa</b>	<b>1368</b>	SMASHING PĄPKINS	K40	5	02:20:36	03:53:30	04:47:24	05:26:57	08:24:27	<b>10:23:48.60</b>	<b>10:23:56.15</b>	+03:09:47 (30.4%)	8:47	6.8 (69.4%)
31	<b>MENDYKA Łukasz</b>	<b>1445</b>	KB AKTYWNI ŚRODA WLKP.	M30	11	02:24:08	03:57:14	04:53:20	05:30:41	08:35:07	<b>10:28:33.45</b>	<b>10:28:40.35</b>	+03:14:31 (30.9%)	8:51	6.8 (69.4%)
32	<b>ZIMNY Tomasz</b>	<b>1321</b>		M60	1	02:19:02	03:52:20	04:50:15	05:30:42	08:34:44	<b>10:31:57.65</b>	<b>10:32:02.95</b>	+03:17:54 (31.3%)	8:54	6.7 (68.4%)
33	<b>SKÓRA Anastazja</b>	<b>1385</b>		K20	2	02:29:42	04:10:07	05:07:36	05:41:54	08:36:56	<b>10:32:23.55</b>	<b>10:32:23.55</b>	+03:18:14 (31.3%)	8:54	6.7 (68.4%)
34	<b>KRUSZEWSKI Filip</b>	<b>1398</b>		M30	12	02:22:08	03:53:18	04:48:03	05:26:07	08:32:46	<b>10:36:54.05</b>	<b>10:36:54.05</b>	+03:22:45 (31.8%)	8:58	6.7 (68.4%)
35	<b>NOWAKOWSKI Paweł</b>	<b>1339</b>	SAINT-GOBAIN SQUAD	M40	11	02:11:56	03:42:30	04:45:45	05:24:11	08:28:50	<b>10:41:44.30</b>	<b>10:41:54.90</b>	+03:27:46 (32.4%)	9:02	6.6 (67.3%)
36	<b>OSOWSKI Wojtek</b>	<b>1329</b>		M40	12	02:14:55	03:44:27	04:42:05	05:24:35	08:28:42	<b>10:44:16.20</b>	<b>10:44:26.70</b>	+03:30:18 (32.6%)	9:04	6.6 (67.3%)
37	<b>SIEKLUCKI Robert</b>	<b>1400</b>	KREATIVSPORT	M40	13	02:17:06	03:56:00		05:32:23	08:32:31	<b>10:48:04.65</b>	<b>10:48:16.05</b>	+03:34:07 (33.0%)	9:07	6.6 (67.3%)
38	<b>STAWIŃSKI Piotr</b>	<b>1334</b>	12TRI	M30	13	02:14:55	03:44:19	04:42:13	05:21:02	08:37:19	<b>10:51:43.85</b>	<b>10:51:54.95</b>	+03:37:46 (33.4%)	9:10	6.5 (66.3%)
39	<b>ADAMSKI Krzysztof</b>	<b>1422</b>		M30	14	02:12:33		04:42:32	05:24:33	08:43:53	<b>10:51:58.85</b>	<b>10:52:07.85</b>	+03:37:59 (33.4%)	9:10	6.5 (66.3%)
40	<b>KUKUĆ-KWAPISZEWSKA Anna</b>	<b>1455</b>		K40	6	02:25:56	04:02:51	04:56:50	05:42:10	08:49:54	<b>10:55:56.05</b>	<b>10:56:02.50</b>	+03:41:53 (33.8%)	9:14	6.5 (66.3%)
41	<b>CIEPLIK Dawid</b>	<b>1367</b>		M20	4	02:18:18	03:51:00		05:32:23	08:54:14	<b>10:58:27.80</b>	<b>10:58:36.40</b>	+03:44:27 (34.1%)	9:16	6.5 (66.3%)
42	<b>PARA Przemysław</b>	<b>1404</b>	LESZNO LIMITU RUNNERS	M30	15	02:18:16	03:55:24	04:54:40	05:35:28	08:54:12	<b>10:59:19.60</b>	<b>10:59:30.00</b>	+03:45:21 (34.2%)	9:17	6.5 (66.3%)
43	<b>OKIENCZUK Radek</b>	<b>1434</b>		M30	16	02:31:17	04:17:59		05:56:48	08:58:42	<b>11:00:41.20</b>	<b>11:00:47.00</b>	+03:46:38 (34.3%)	9:18	6.4 (65.3%)
44	<b>KIJEWSKI Zbigniew</b>	<b>1438</b>		M30	17	02:23:11	03:58:55	04:59:49	05:41:23	08:46:50	<b>11:00:46.70</b>	<b>11:00:51.00</b>	+03:46:42 (34.3%)	9:18	6.4 (65.3%)
45	<b>KUBIAK Marcin</b>	<b>1354</b>		M40	14	02:17:49	03:50:02	04:53:04	05:29:27	08:56:45	<b>11:06:25.20</b>	<b>11:06:32.25</b>	+03:52:23 (34.9%)	9:23	6.4 (65.3%)
46	<b>SWIERK Seweryn</b>	<b>1405</b>	DRÄXLMAIER	M40	15	02:18:16	03:56:08	04:56:29	05:37:16	08:53:32	<b>11:07:10.60</b>	<b>11:07:20.40</b>	+03:53:11 (34.9%)	9:23	6.4 (65.3%)
47	<b>FAJKS Marcin</b>	<b>1460</b>	BIEGOWYWIRUS	M30	18	02:02:01	03:31:05	04:31:51	05:07:14	08:28:50	<b>11:10:48.55</b>	<b>11:10:53.20</b>	+03:56:44 (35.3%)	9:26	6.4 (65.3%)
48	<b>MEDEJSZO Mariusz</b>	<b>1435</b>	NOWOSOLSKA GRUPA BIEGOWA	M40	16	02:33:36	04:26:58		06:04:14	09:16:18	<b>11:16:58.70</b>	<b>11:17:03.20</b>	+04:02:54 (35.9%)	9:32	6.3 (64.3%)
49	<b>RYŻEWSKI Krzysztof</b>	<b>1453</b>	QUADIMODO RACING	M40	17	02:26:07	04:06:57	05:09:01	05:54:15	09:11:21	<b>11:17:11.90</b>	<b>11:17:18.45</b>	+04:03:09 (35.9%)	9:32	6.3 (64.3%)
50	<b>BADZIAĞ Damian</b>	<b>1353</b>	KLUB 42,2 LĘBORK/SMASHING PĄPKINS	M30	19	02:25:20	04:00:48	05:01:50	05:38:44	09:04:24	<b>11:17:38.60</b>	<b>11:17:48.15</b>	+04:03:39 (35.9%)	9:32	6.3 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kark_Przelecz					Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
						16.1km	27.5km	32km	37km	53.9km					
51	<b>SZMECHTIG-GAUDEN Ewa</b>	<b>1421</b>	PODGÓRZ TORUŃ	K40	7	02:24:43	03:57:41	04:55:14	05:40:08	08:55:21	<b>11:18:23.95</b>	<b>11:18:28.60</b>	+04:04:19 (36.0%)	9:33	6.3 (64.3%)
52	<b>KUCZYŃSKI Rafał</b>	<b>1311</b>	LUBIŃSKIE CHARAKTERY	M40	18	02:15:09	03:53:17	04:48:13	05:34:52	08:55:24	<b>11:19:06.05</b>	<b>11:19:12.00</b>	+04:05:03 (36.1%)	9:33	6.3 (64.3%)
53	<b>STACHURA Damian</b>	<b>1315</b>		M30	20	02:15:06	03:53:19	04:48:09	05:34:49	08:55:24	<b>11:19:06.05</b>	<b>11:19:12.15</b>	+04:05:03 (36.1%)	9:33	6.3 (64.3%)
54	<b>SZELIGOWSKI Jarosław</b>	<b>1383</b>		M30	21	02:24:24	03:59:56	05:01:36	05:40:43	09:04:24	<b>11:19:27.75</b>	<b>11:19:39.20</b>	+04:05:30 (36.1%)	9:34	6.3 (64.3%)
55	<b>WOJCIECHOWICZ Leszek</b>	<b>1319</b>		M30	22	02:31:32	04:15:25	05:12:48	05:52:09	09:07:48	<b>11:20:38.75</b>	<b>11:20:44.25</b>	+04:06:35 (36.2%)	9:35	6.3 (64.3%)
56	<b>KASZKOWIAK Bogumil</b>	<b>1389</b>	WRONKI	M40	19	02:36:23	04:16:54		06:01:30	09:05:03	<b>11:21:11.25</b>	<b>11:21:22.65</b>	+04:07:13 (36.3%)	9:35	6.3 (64.3%)
57	<b>KOŚLACZ Tomasz</b>	<b>1450</b>		M40	20	02:26:50	04:07:06	05:03:06	05:41:57	09:03:36	<b>11:22:17.20</b>	<b>11:22:24.10</b>	+04:08:15 (36.4%)	9:36	6.2 (63.3%)
58	<b>WINCENCIAK Krzysiek</b>	<b>1409</b>	ESKADRA KRAKÓW	M30	23	02:32:12	04:19:27	05:34:48	06:14:05	09:26:56	<b>11:23:08.40</b>	<b>11:23:19.40</b>	+04:09:10 (36.5%)	9:37	6.2 (63.3%)
59	<b>SKRZYPIŃSKA Olga</b>	<b>1302</b>	CHATA BIEGACZA K34 ZAKOPANE	K30	2	02:26:56	04:10:16	05:12:59	05:58:47	09:16:11	<b>11:23:35.90</b>	<b>11:23:41.90</b>	+04:09:33 (36.5%)	9:37	6.2 (63.3%)
60	<b>AZAREWICZ Grzegorz</b>	<b>1448</b>		M40	21	02:22:32	04:04:56	04:26:40	05:41:29	09:04:47	<b>11:27:51.55</b>	<b>11:28:01.45</b>	+04:13:52 (36.9%)	9:41	6.2 (63.3%)
61	<b>FUŁAWKA Łukasz</b>	<b>1347</b>	KB TKKF JAWORZANIE	M30	24	02:36:19	04:17:49	05:20:51	06:06:55	09:27:27	<b>11:29:36.85</b>	<b>11:29:42.95</b>	+04:15:34 (37.1%)	9:42	6.2 (63.3%)
62	<b>ŚPICA Leszek</b>	<b>1380</b>	RECEPTA NA ZDROWIE	M50	1	02:24:14	04:06:27	05:10:51	05:57:47	09:16:19	<b>11:30:05.30</b>	<b>11:30:14.50</b>	+04:16:05 (37.1%)	9:43	6.2 (63.3%)
63	<b>WOŁOSZYN Mariusz</b>	<b>1341</b>		M50	2	02:31:14	04:11:50	05:14:04	05:54:43	09:04:50	<b>11:32:15.20</b>	<b>11:32:23.60</b>	+04:18:14 (37.3%)	9:45	6.2 (63.3%)
64	<b>POPŁAWSKI Krzysztof</b>	<b>1427</b>		M30	25	02:18:41	03:55:35	04:49:47	05:40:58	09:12:33	<b>11:37:43.70</b>	<b>11:37:48.35</b>	+04:23:39 (37.8%)	9:49	6.1 (62.2%)
65	<b>GREGOR Błażej</b>	<b>1428</b>	SPWLAD POZNAŃ	M30	26	02:18:41	03:55:40	04:50:08	05:40:59	09:12:33	<b>11:37:45.05</b>	<b>11:37:49.70</b>	+04:23:41 (37.8%)	9:49	6.1 (62.2%)
66	<b>ŚWIERK Przemysław</b>	<b>1373</b>	ULTRA DIABŁY TEAM	M40	22	02:39:55	04:24:05		06:07:13	09:26:01	<b>11:37:54.40</b>	<b>11:38:12.75</b>	+04:24:04 (37.8%)	9:49	6.1 (62.2%)
67	<b>KOZŁOWSKI Wojciech</b>	<b>1470</b>		M50	3	02:27:56	04:05:27		05:53:33	09:10:30	<b>11:38:34.20</b>	<b>11:38:40.35</b>	+04:24:31 (37.9%)	9:50	6.1 (62.2%)
68	<b>GRUMBANIN Paulina</b>	<b>1451</b>		K40	8	02:32:21	04:15:38	05:17:00	06:00:08	09:27:07	<b>11:38:53.35</b>	<b>11:38:57.55</b>	+04:24:48 (37.9%)	9:50	6.1 (62.2%)
69	<b>LEWANDOWSKI Dawid</b>	<b>1343</b>	FSW TEAM	M30	27	02:39:55	04:24:10		06:07:35	09:36:59	<b>11:41:03.10</b>	<b>11:41:20.25</b>	+04:27:11 (38.1%)	9:52	6.1 (62.2%)
70	<b>MILESZKO Wojciech</b>	<b>1320</b>	ULTRA DIABŁY	M30	28	02:39:50	04:24:11		06:09:40	09:36:55	<b>11:40:57.35</b>	<b>11:41:20.75</b>	+04:27:12 (38.1%)	9:52	6.1 (62.2%)
71	<b>URBAN Rafał</b>	<b>1423</b>		M40	23	02:34:17	04:17:22	05:20:47	06:06:56	09:26:25	<b>11:41:33.05</b>	<b>11:41:48.95</b>	+04:27:40 (38.1%)	9:52	6.1 (62.2%)
72	<b>PIASECKA Monika</b>	<b>1359</b>	DREAM RUN	K40	9	02:37:01	04:27:48	05:28:30	06:15:25	09:36:32	<b>11:42:31.75</b>	<b>11:42:40.20</b>	+04:28:31 (38.2%)	9:53	6.1 (62.2%)
73	<b>PRUCIAK Krzysztof</b>	<b>1403</b>	LECYMY DURS	M30	29	02:22:21	03:58:49	04:55:21	05:37:38	08:58:43	<b>11:48:08.15</b>	<b>11:48:12.95</b>	+04:34:04 (38.7%)	9:58	6 (61.2%)
74	<b>SĄDEL Bogdan</b>	<b>1464</b>	PULSARSPORT.PL	M40	24	02:24:13	04:02:15	05:03:11	05:47:48	09:22:05	<b>11:49:40.15</b>	<b>11:49:48.80</b>	+04:35:40 (38.8%)	9:59	6 (61.2%)
75	<b>MIROŚLAW Kopacz</b>	<b>1436</b>		M60	2	02:31:32	04:21:14		06:07:14	09:30:50	<b>11:52:51.35</b>	<b>11:53:03.65</b>	+04:38:54 (39.1%)	10:02	6 (61.2%)
76	<b>TURLEJ Dariusz</b>	<b>1304</b>		M60	3	02:44:33	04:36:11		06:23:51	09:47:11	<b>11:53:51.00</b>	<b>11:53:59.60</b>	+04:39:50 (39.2%)	10:03	6 (61.2%)
77	<b>ADAMUS Jakub</b>	<b>1378</b>		M20	5	02:31:32	04:16:42	05:17:51	06:01:31	09:36:38	<b>11:54:03.00</b>	<b>11:54:08.40</b>	+04:39:59 (39.2%)	10:03	6 (61.2%)
78	<b>LACHOWICZ Jacek</b>	<b>1444</b>		M40	25	02:38:25	04:25:32		06:05:54	09:30:06	<b>11:54:30.95</b>	<b>11:54:36.10</b>	+04:40:27 (39.2%)	10:03	6 (61.2%)
79	<b>FREJ Marcin</b>	<b>1337</b>	ZABIEGANI.TV	M30	30	02:38:18	04:25:20		06:05:49	09:29:58	<b>11:54:22.65</b>	<b>11:54:36.25</b>	+04:40:27 (39.2%)	10:03	6 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kark_Przelecz					Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
						16.1km	27.5km	32km	37km	53.9km					
80	<b>LANGE Szymon</b>	<b>1313</b>	RUNNER'S POWER	M40	26	02:33:30	04:16:08	05:16:06	05:58:55	09:36:34	<b>12:01:15.80</b>	<b>12:01:23.35</b>	+04:47:14 (39.8%)	10:09	5.9 (60.2%)
80	<b>RZYHA Hubert</b>	<b>1459</b>	RUNNER'S POWER	M30	31	02:33:30	04:16:13	05:16:04	05:58:57	09:36:36	<b>12:01:15.45</b>	<b>12:01:23.35</b>	+04:47:14 (39.8%)	10:09	5.9 (60.2%)
82	<b>JAKUSZEK Krzysztof</b>	<b>1356</b>	CEGIELNIA PIASKI	M40	27	02:23:54	04:12:51	05:19:54	06:00:48	09:28:17	<b>12:02:54.20</b>	<b>12:03:12.20</b>	+04:49:03 (40.0%)	10:10	5.9 (60.2%)
83	<b>JAKUSZEK Paweł</b>	<b>1358</b>	CEGIELNIA PIASKI	M40	28	02:23:53	04:13:01	05:19:58	06:00:45	09:28:18	<b>12:02:55.10</b>	<b>12:03:12.55</b>	+04:49:03 (40.0%)	10:10	5.9 (60.2%)
84	<b>WUJEK Marcin</b>	<b>1447</b>	MUAY RUNINNG TEAM	M40	29	02:23:54	04:12:56	05:20:34	06:00:44	09:28:17	<b>12:02:56.10</b>	<b>12:03:13.25</b>	+04:49:04 (40.0%)	10:10	5.9 (60.2%)
85	<b>SZKOP Wojciech</b>	<b>1402</b>	BLACK LABRADOR TEAM CZĘSTOCHOWA	M40	30	02:22:32	04:00:29	05:12:15	05:58:28	09:37:42	<b>12:05:36.70</b>	<b>12:05:39.90</b>	+04:51:31 (40.2%)	10:13	5.9 (60.2%)
86	<b>BEDNARCZYK Bogusław</b>	<b>1442</b>	PRO-RUN WROCŁAW	M50	4	02:36:24	03:42:54		06:24:23	09:36:31	<b>12:05:48.50</b>	<b>12:06:00.15</b>	+04:51:51 (40.2%)	10:13	5.9 (60.2%)
87	<b>LECH Paweł</b>	<b>1382</b>		M30	32	02:43:45	04:24:50	05:26:22	06:07:05	09:56:59	<b>12:11:24.75</b>	<b>12:11:39.20</b>	+04:57:30 (40.7%)	10:18	5.8 (59.2%)
88	<b>KUBOWICZ Zbigniew</b>	<b>1412</b>		M50	5	02:37:28	04:26:12		06:13:52	09:51:00	<b>12:13:03.15</b>	<b>12:13:23.70</b>	+04:59:15 (40.8%)	10:19	5.8 (59.2%)
89	<b>GRZEGRZÓŁKA Mariusz</b>	<b>1362</b>		M30	33	02:40:23	04:27:32		06:26:37	10:07:02	<b>12:20:21.75</b>	<b>12:20:33.45</b>	+05:06:24 (41.4%)	10:25	5.8 (59.2%)
90	<b>LEWANDOWSKI Paweł</b>	<b>1331</b>	WPIP	M30	34	02:29:00	04:10:30	05:12:09	05:56:27	09:34:29	<b>12:27:04.50</b>	<b>12:27:22.90</b>	+05:13:14 (41.9%)	10:31	5.7 (58.2%)
91	<b>GROCHOWSKI Wojciech</b>	<b>1469</b>	KW WARSZAWA	M30	35	02:38:50	04:25:53		06:07:22	09:42:37	<b>12:32:32.65</b>	<b>12:32:54.65</b>	+05:18:45 (42.3%)	10:35	5.7 (58.2%)
92	<b>NOSZCZYK Tomasz</b>	<b>1390</b>	#ULTRARUNNINGTOMMY	M20	6	02:36:38	04:25:47	05:32:07	06:24:23	10:00:41	<b>12:42:27.50</b>	<b>12:42:35.15</b>	+05:28:26 (43.1%)	10:44	5.6 (57.1%)
93	<b>MUSIAL Radosław</b>	<b>1301</b>		M40	31	02:36:36	04:26:44		06:44:37	10:12:31	<b>12:42:48.50</b>	<b>12:42:59.45</b>	+05:28:50 (43.1%)	10:44	5.6 (57.1%)
94	<b>TREGUB Igor</b>	<b>1446</b>	KUKURUDZA	M30	36	02:34:34	04:21:23	05:27:10	06:10:22	10:07:38	<b>12:46:28.40</b>	<b>12:46:36.45</b>	+05:32:27 (43.4%)	10:47	5.6 (57.1%)
95	<b>MELNYK Ivan</b>	<b>1452</b>	KUKURUDZA	M30	37	02:34:35	04:21:31	05:27:20	06:10:25	10:07:38	<b>12:46:29.20</b>	<b>12:46:36.70</b>	+05:32:28 (43.4%)	10:47	5.6 (57.1%)
96	<b>PRZERWA-BECH Jolanta</b>	<b>1335</b>		K40	10	03:05:09	04:50:05		06:32:16	10:20:52	<b>12:46:37.55</b>	<b>12:46:50.85</b>	+05:32:42 (43.4%)	10:47	5.6 (57.1%)
97	<b>BOCIĄGA Paweł</b>	<b>1328</b>	SZWAGRY. PL	M40	32	02:38:59	04:45:28		06:35:26	10:19:01	<b>12:52:33.55</b>	<b>12:52:48.15</b>	+05:38:39 (43.8%)	10:52	5.5 (56.1%)
98	<b>SYNOWIEC Grzegorz</b>	<b>1361</b>		M40	33	02:36:54	04:33:55	05:35:12	06:24:06	10:17:50	<b>12:55:06.75</b>	<b>12:55:20.30</b>	+05:41:11 (44.0%)	10:55	5.5 (56.1%)
99	<b>KŁOCZKO Marcin</b>	<b>1386</b>		M30	38	02:33:25	04:25:30	05:33:24	06:24:57	10:19:01	<b>12:56:07.00</b>	<b>12:56:20.30</b>	+05:42:11 (44.1%)	10:55	5.5 (56.1%)
100	<b>IZDEBSKI Mariusz</b>	<b>1456</b>	OSV TEAM	M40	34	02:46:02	04:40:25		06:37:42	10:31:59	<b>13:05:14.90</b>	<b>13:05:19.70</b>	+05:51:11 (44.7%)	11:03	5.4 (55.1%)
101	<b>DREJARZ-KACZMAREK Anna</b>	<b>1426</b>		K40	11	02:50:07	04:54:05		07:05:59	11:07:45	<b>13:17:01.15</b>	<b>13:17:05.15</b>	+06:02:56 (45.5%)	11:13	5.3 (54.1%)
102	<b>KOISZEWSKI Krzysztof</b>	<b>1364</b>	STOWARZYSZENIE 42,2 LĘBORK	M40	35	02:34:52	04:38:31		06:32:51	10:39:31	<b>13:17:29.70</b>	<b>13:17:39.15</b>	+06:03:30 (45.6%)	11:13	5.3 (54.1%)
103	<b>WĄTROBA Marek</b>	<b>1322</b>		M30	39	02:34:53	04:38:35		06:30:39	10:39:31	<b>13:17:30.75</b>	<b>13:17:39.40</b>	+06:03:30 (45.6%)	11:13	5.3 (54.1%)
104	<b>KOŻYCKOWSKI Marcin</b>	<b>1411</b>	42,2	M30	40	02:36:40	04:38:40		06:30:39	10:39:31	<b>13:17:30.30</b>	<b>13:17:39.90</b>	+06:03:31 (45.6%)	11:13	5.3 (54.1%)
105	<b>WYSOCKI Tomasz</b>	<b>1323</b>	OCHAJORUN&FRIENDS	M40	36	02:45:27	04:45:34		06:49:22	10:40:00	<b>13:18:24.15</b>	<b>13:18:27.85</b>	+06:04:19 (45.6%)	11:14	5.3 (54.1%)
106	<b>ARENDET Michał</b>	<b>1465</b>		M30	41	02:37:23	04:34:52	05:35:04	06:30:36	10:23:17	<b>13:24:42.05</b>	<b>13:24:51.35</b>	+06:10:42 (46.1%)	11:20	5.3 (54.1%)
107	<b>OSTASZEWSKI Arkadiusz</b>	<b>1384</b>		M40	37	02:32:23	04:24:06	05:30:33	06:34:06	10:24:22	<b>13:26:05.10</b>	<b>13:26:11.65</b>	+06:12:02 (46.1%)	11:21	5.3 (54.1%)
108	<b>KAMZOL Roman</b>	<b>1440</b>		M50	6	02:43:39	04:38:43		06:38:52	10:40:22	<b>13:33:33.25</b>	<b>13:33:47.90</b>	+06:19:39 (46.7%)	11:27	5.2 (53.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kark_Przelec		Bacowka_Karpacz	Dom_Slaski	Karpacz	Kark_Przelec	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						16.1km	27.5km	32km	37km	53.9km	71km	71km				
109	WOJCIECHOWSKI Waldemar	1374	KB BRZEZIŃSKIE DZIKI	M40	38	02:47:26	04:48:44			06:48:24	10:44:26	13:37:23.35	13:37:33.85	+06:23:25 (46.9%)	11:30	5.2 (53.1%)
110	ARKUSZYŃSKA Beata	1306	TIME4RUNNING	K40	12	02:45:58	04:58:07			07:00:28	10:46:58	13:37:35.20	13:37:43.75	+06:23:35 (46.9%)	11:30	5.2 (53.1%)
111	ULATOWSKI Andrzej	1365		M40	39	02:43:36	04:44:39			06:45:07	10:51:24	13:37:43.15	13:37:53.25	+06:23:44 (46.9%)	11:31	5.2 (53.1%)
112	TRZECIAK Andrzej	1349	KGHM COPI RUN	M40	40	02:39:14	04:39:33			06:41:49	10:52:36	13:43:25.20	13:43:37.20	+06:29:28 (47.3%)	11:35	5.2 (53.1%)
113	JĘDRZEJCZAK Artur	1463		M30	42	02:38:25	04:29:04	05:33:13		06:25:06	10:25:05	13:44:40.15	13:44:46.85	+06:30:38 (47.4%)	11:36	5.2 (53.1%)
114	WITKA Piotr	1327	ŁEBA MORS POLAND	M50	7	02:45:25	04:51:19			07:00:05	10:53:09	13:47:29.80	13:47:38.00	+06:33:29 (47.5%)	11:39	5.1 (52.0%)
115	WITKA Grażyna	1314	AGOGA-GYM LĘBORK	K50	1	02:45:26	04:51:28			07:00:04	10:53:10	13:47:29.60	13:47:38.05	+06:33:29 (47.5%)	11:39	5.1 (52.0%)
116	KUBIAK Jarosław	1312		M40	41	02:39:05	04:41:52			06:38:04	10:49:50	13:51:40.85	13:51:53.15	+06:37:44 (47.8%)	11:42	5.1 (52.0%)
117	MOŻUCH Maciej	1376		M40	42	02:39:04	04:41:44			06:38:03	10:49:49	13:51:39.50	13:51:53.45	+06:37:44 (47.8%)	11:42	5.1 (52.0%)
118	ŁUCZAK Przemek	1305		M40	43	02:29:13	04:18:08	05:23:26		06:15:08	10:23:41	13:56:00.15	13:56:09.65	+06:42:00 (48.1%)	11:46	5.1 (52.0%)
119	KWAŚNIEWSKI Rafał	1429	SZWLA STARGARD	M30	43	02:40:34	04:27:11			06:15:12	10:13:05	13:56:23.65	13:56:34.25	+06:42:25 (48.1%)	11:46	5.1 (52.0%)
120	BUKOWY Błażej	1471	ABSOLUTNI AMATORZY	M30	44	02:48:04	04:52:41			06:54:10	11:07:03	13:57:17.55	13:57:37.95	+06:43:29 (48.2%)	11:47	5.1 (52.0%)
121	BUKOWY Marta	1466	ABSOLUTNI AMATORZY	K30	3	02:48:23	04:52:54			06:54:21	11:07:13	13:57:17.05	13:57:38.15	+06:43:29 (48.2%)	11:47	5.1 (52.0%)
122	PROŃCZUK Adam	1439	WEHICOOL	M50	8	02:58:14	04:58:51			07:01:46	11:03:08	13:58:24.50	13:58:42.50	+06:44:33 (48.2%)	11:48	5.1 (52.0%)
123	CZERWIŃSKI Wojciech	1372		M30	45	02:48:14	04:48:10			06:55:44	11:12:42	13:59:25.85	13:59:38.25	+06:45:29 (48.3%)	11:49	5.1 (52.0%)
124	KOTYNIA Krzysztof	1393	KLUB BIEGACZA BRZEZIŃSKIE DZIKI/PIETRZYK RUNNING TEAM	M50	9	02:49:19	05:04:10			07:24:25	11:24:30	14:04:08.00	14:04:18.70	+06:50:10 (48.6%)	11:53	5 (51.0%)
125	ERNANDES Kamilla	1350		K40	13	02:54:20	05:03:18			07:16:28	11:30:54	14:12:21.45	14:12:36.60	+06:58:27 (49.1%)	12:00	5 (51.0%)
126	MACKIEWICZ Katarzyna	1326	ULTRA DIABŁY TEAM LUBRZA	K40	14	02:54:27	05:03:25			07:22:42	11:31:07	14:12:24.55	14:12:38.80	+06:58:30 (49.1%)	12:00	5 (51.0%)
127	CHELIŃSKA Magdalena	1432		K30	4	03:01:41	05:17:09			07:32:26	11:23:51	14:15:50.75	14:15:57.25	+07:01:48 (49.3%)	12:03	5 (51.0%)
128	GARAS Eliza	1417	KB GEPARD MUROWANA GOŚLINA	K30	5	03:01:41	05:17:28			07:32:24	11:23:53	14:17:26.30	14:17:32.90	+07:03:24 (49.4%)	12:04	5 (51.0%)
129	ANDRZEJEWICZ Paweł	1340		M40	44	03:03:14	05:17:09			07:25:59	11:40:09	14:24:13.15	14:24:26.70	+07:10:18 (49.8%)	12:10	4.9 (50.0%)
130	NOWAKOWSKI Sławomir	1414	SKARYMAKERSI SKARYSZEWSKIE CIACHA	M40	45	03:03:20	05:17:16			07:26:01	11:40:12	14:24:15.75	14:24:27.15	+07:10:18 (49.8%)	12:10	4.9 (50.0%)
131	SZYMAŃSKI Jacek	1458	PARKRUN SKIERNIEWICE	M40	46	02:51:44	04:58:09			07:02:32	11:23:48	14:36:51.25	14:37:04.00	+07:22:55 (50.5%)	12:21	4.9 (50.0%)
132	AUGUSTYŃIAK Jakub	1318		M30	46	02:51:49	05:06:31			07:26:11	11:44:32	14:37:58.65	14:38:14.75	+07:24:06 (50.6%)	12:21	4.9 (50.0%)
133	BEDNARCZYK Daria	1355		K40	15	03:01:04	05:02:43			07:08:55	11:26:33	14:38:25.35	14:38:33.60	+07:24:24 (50.6%)	12:22	4.8 (49.0%)
134	MAŚLANKIEWICZ Katarzyna	1352		K40	16	02:52:26	04:59:39			07:15:59	11:25:18	14:46:35.75	14:46:46.10	+07:32:37 (51.0%)	12:29	4.8 (49.0%)
135	NAWROT Artur	1420		M30	47	02:52:26	05:03:01			07:29:19	12:01:19	14:49:55.80	14:50:00.85	+07:35:52 (51.2%)	12:32	4.8 (49.0%)
136	IWAN Krzysztof	1391		M40	47	02:59:46	05:19:33			07:34:57	11:49:54	14:55:56.10	14:56:08.40	+07:41:59 (51.6%)	12:37	4.8 (49.0%)
137	KITA Ewa	1369		K50	2	03:22:49	05:39:19			07:52:06	12:06:28	15:00:46.00	15:00:56.05	+07:46:47 (51.8%)	12:41	4.7 (48.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Kark_Przelec					Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
						16.1km	Bacowka_Karpacz 27.5km	Dom_Slaski 32km	Karpacz 37km	Kark_Przelec 53.9km					
138	<b>CATALIN Cirstea</b>	<b>1468</b>		M20	7	03:05:32	05:25:57		07:36:04	11:33:19	<b>15:09:08.70</b>	<b>15:09:08.70</b>	+07:55:00 (52.2%)	12:48	4.7 (48.0%)
139	<b>TUTAK Tomasz</b>	<b>1324</b>	KLUB 42,2 LĘBORK	M40	48	03:01:33	05:23:20		07:53:55	12:08:50	<b>15:11:48.05</b>	<b>15:11:56.50</b>	+07:57:47 (52.4%)	12:50	4.7 (48.0%)
140	<b>RYCHLIKOWSKI Paweł</b>	<b>1413</b>		M40	49	03:06:33	05:22:28		07:41:51	12:08:52	<b>15:31:34.95</b>	<b>15:31:45.20</b>	+08:17:36 (53.4%)	13:07	4.6 (46.9%)
141	<b>CAL Piotr</b>	<b>1377</b>	ULTRA DIABŁY TEAM LUBRZA	M50	10	02:41:00	04:32:58		07:04:18	11:54:28	<b>15:32:48.20</b>	<b>15:33:06.60</b>	+08:18:57 (53.5%)	13:08	4.6 (46.9%)
142	<b>ZYWERT Mateusz</b>	<b>1348</b>		M30	48	02:40:55	04:32:51		07:04:01	11:54:28	<b>15:32:47.20</b>	<b>15:33:07.15</b>	+08:18:58 (53.5%)	13:08	4.6 (46.9%)
143	<b>SOKOŁOWSKI Artur</b>	<b>1371</b>	DZIADY OCR	M40	50	03:08:01	05:32:17		07:53:37	12:25:54	<b>15:40:27.75</b>	<b>15:40:34.35</b>	+08:26:25 (53.8%)	13:14	4.5 (45.9%)
144	<b>JEKOT Marta</b>	<b>1395</b>		K30	6	02:22:26	03:53:26	04:43:36	05:20:39	08:15:48			+02:27:22	9:11	6.5 (66.3%)
145	<b>WIECZOREK Ola</b>	<b>1370</b>		K20	3	02:36:38	04:25:41	05:32:19	06:24:24				+02:31:40	10:23	5.8 (59.2%)
146	<b>KUCZ Tomasz</b>	<b>1310</b>		M40	51	02:48:45	04:49:50		07:09:04				+03:16:31	11:35	5.2 (53.1%)
147	<b>MARCINOWSKI Arek</b>	<b>1407</b>	FUNDACJA PAŁAC STRUGA	M50	11	03:48:08	06:11:37		08:31:27				+04:45:28	13:49	4.3 (43.9%)
148	<b>OLSZEWSKI Krzysztof</b>	<b>1401</b>		M50	12	03:59:41	06:25:40		09:18:02				+05:25:21	15:04	4 (40.8%)
	<b>KOLANKO Mateusz</b>	<b>1357</b>	SOBAS TEAM	M30		01:57:19 DNF	03:11:19 DNF	04:03:15 DNF	04:35:13 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZALEWSKI Karol</b>	<b>1449</b>	JA TRENUJE	M40		02:04:02 DNF	03:24:49 DNF	04:20:19 DNF	05:01:56 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>TERZONI Christian</b>	<b>1431</b>	MARCIN ŚWIERC TEAM	M30		DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 151 wynik(ów)