



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY 2021  
FUNDACJA PROFIT MARATON  
2021-09-04  
Sobieszów  
71 km

# SIEDEMDZIESIĄT Z HAKIEM

B4SPORT

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trzy Jawory 10km	Karpacz 38km	Droga pod Reglami 64km	Czas netto 71km	Różn	Tempo min/km	Tempo km/h
1	<b>DURKOWSKI Marcin</b>	<b>1282</b>	TOPO ATHLETIC POLAND	M30	1	00:54:34	03:44:23	06:54:58	<b>07:38:49.40</b>		6:27	9.3 (100%)
2	<b>SADOWSKI Paweł</b>	<b>1263</b>	DRÄXLMAIER	M30	2	00:54:35	03:45:05	06:57:19	<b>07:44:36.25</b>	+00:05:46 (1.2%)	6:32	9.2 (98.9%)
3	<b>GORZELAŃCZYK Jakub</b>	<b>1279</b>	MKS SIECHNICE	M30	3	00:54:37	03:49:25	07:09:41	<b>07:55:53.85</b>	+00:17:04 (3.6%)	6:42	9 (96.8%)
4	<b>OTRĘBA Maciej</b>	<b>1288</b>		M30	4	00:54:38	03:58:48	07:19:17	<b>08:07:36.80</b>	+00:28:47 (5.9%)	6:52	8.7 (93.5%)
5	<b>WOLEK Szymon</b>	<b>1251</b>		M30	5	00:54:33	03:59:15	07:25:01	<b>08:11:55.30</b>	+00:33:05 (6.7%)	6:55	8.7 (93.5%)
6	<b>SMOLIŃSKI Marcin</b>	<b>1202</b>	BIEGIEM PO MARZENIA TEAM/RUNPROGRESSTEAM	M30	6	00:58:03	03:59:06	07:35:52	<b>08:26:30.45</b>	+00:47:41 (9.4%)	7:08	8.4 (90.3%)
7	<b>DEMBSKI Paweł</b>	<b>1184</b>	PRZEDWOJEWSKI TEAM/RATE MY TRAIL PRO	M30	7	00:57:31	04:11:55	08:02:35	<b>09:00:37.80</b>	+01:21:48 (15.1%)	7:36	7.9 (84.9%)
8	<b>WIECZORKIEWICZ Zbigniew</b>	<b>1257</b>		M30	8	01:05:34	04:32:35	08:16:54	<b>09:08:37.10</b>	+01:29:47 (16.4%)	7:43	7.8 (83.9%)
9	<b>DAJEK Łukasz</b>	<b>1286</b>	JEDZIBIEGAJ.PL	M30	9	01:00:53	04:22:06	08:19:04	<b>09:11:50.85</b>	+01:33:01 (16.9%)	7:46	7.7 (82.8%)
10	<b>KRÓLEWICZ Michał</b>	<b>1287</b>		M30	10	01:03:02	04:17:29	08:15:47	<b>09:14:15.20</b>	+01:35:25 (17.2%)	7:48	7.7 (82.8%)
11	<b>FLOREK Katarzyna</b>	<b>1177</b>		K30	1	01:02:05	04:25:03	08:21:53	<b>09:15:28.65</b>	+01:36:39 (17.4%)	7:49	7.7 (82.8%)
12	<b>SKURATKO Adrian</b>	<b>1185</b>	RONAL POLSKA RUN	M30	11	01:02:33	04:25:32	08:28:44	<b>09:23:31.75</b>	+01:44:42 (18.6%)	7:56	7.6 (81.7%)
13	<b>ROSOLSKI Dawid</b>	<b>1291</b>		M30	12	01:02:13	04:26:07	08:28:46	<b>09:24:08.90</b>	+01:45:19 (18.7%)	7:56	7.6 (81.7%)
14	<b>MIŚTAK Jola</b>	<b>1196</b>		K30	2	01:03:38	04:31:30	08:31:58	<b>09:24:53.80</b>	+01:46:04 (18.8%)	7:57	7.5 (80.6%)
15	<b>GREIVELDINGER Gilles</b>	<b>1278</b>	ŚWIAT BIEGACZA FEHLAU RUN TEAM	M50	1	00:58:46	04:19:49	08:40:34	<b>09:32:19.15</b>	+01:53:29 (19.8%)	8:03	7.4 (79.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trzy Jawory		Droga pod Reglami		Czas netto		Tempo min/km	Tempo km/h
						10km	Karpacz 38km	64km	71km	Różn			
16	<b>BORUCKI Jakub</b>	<b>1252</b>	140MINUT.PL	M30	13	01:03:26	04:39:49	08:41:13	<b>09:33:27.60</b>	+01:54:38 (20.0%)	8:04	7.4 (79.6%)	
17	<b>ŁABUZ Sylwester</b>	<b>1103</b>	SOWIODZIKI	M30	14	01:01:54	04:41:34	08:46:15	<b>09:35:13.70</b>	+01:56:24 (20.2%)	8:06	7.4 (79.6%)	
18	<b>GRABOŚ Nina</b>	<b>1260</b>		K40	1	01:04:32	04:49:16	08:46:05	<b>09:39:15.55</b>	+02:00:26 (20.8%)	8:09	7.4 (79.6%)	
19	<b>DASZEWSKI Filip</b>	<b>1211</b>	FOXY FIT	M18	1	01:00:52	04:24:33	08:42:46	<b>09:40:09.60</b>	+02:01:20 (20.9%)	8:10	7.3 (78.5%)	
20	<b>WRÓBEL Damian</b>	<b>1199</b>		M30	15	00:57:03	04:31:27	08:45:08	<b>09:46:43.10</b>	+02:07:53 (21.8%)	8:15	7.3 (78.5%)	
21	<b>BEDNARCZYK Magdalena</b>	<b>1235</b>	STRZEGOMSKA DWUNASTKA	K30	3	01:02:35	04:33:21	08:48:28	<b>09:48:26.55</b>	+02:09:37 (22.0%)	8:17	7.2 (77.4%)	
22	<b>MOJEK Michał</b>	<b>1229</b>		M40	1	01:04:42	04:37:24	08:50:22	<b>09:49:17.20</b>	+02:10:27 (22.1%)	8:17	7.2 (77.4%)	
23	<b>WOJTASZEK Jacek</b>	<b>1168</b>		M40	2	01:03:07	04:33:00	09:00:28	<b>09:55:53.30</b>	+02:17:03 (23.0%)	8:23	7.1 (76.3%)	
24	<b>ANDRUSZKIEWICZ Paweł</b>	<b>1262</b>		M30	16	01:03:40	04:35:04	08:51:04	<b>09:59:06.85</b>	+02:20:17 (23.4%)	8:26	7.1 (76.3%)	
25	<b>RÓŻAŃSKI Mateusz</b>	<b>1152</b>		M40	3	01:03:17	04:42:13	08:56:32	<b>09:59:19.80</b>	+02:20:30 (23.4%)	8:26	7.1 (76.3%)	
26	<b>OSTAPSKI Kamil</b>	<b>1289</b>	VEGE RUNNERS	M30	17	01:07:12	05:03:39	09:15:21	<b>10:03:38.95</b>	+02:24:49 (24.0%)	8:30	7.1 (76.3%)	
27	<b>WŁODARCZYK Jarosław</b>	<b>1164</b>	KARKONOSZ RUNNING TEAM	M40	4	00:58:46	04:31:23	08:53:21	<b>10:05:21.50</b>	+02:26:32 (24.2%)	8:31	7 (75.3%)	
28	<b>SUPRYN Rafał</b>	<b>1243</b>		M40	5	01:04:51	04:48:58	09:12:18	<b>10:11:52.40</b>	+02:33:03 (25.0%)	8:37	7 (75.3%)	
29	<b>KAPŁOWSKI Jerzy</b>	<b>1176</b>		M40	6	01:13:42	05:09:16	09:14:57	<b>10:18:34.10</b>	+02:39:44 (25.8%)	8:42	6.9 (74.2%)	
30	<b>PAPROCKI Krzysztof</b>	<b>1271</b>		M40	7	01:07:11	05:06:49	09:23:25	<b>10:19:08.90</b>	+02:40:19 (25.9%)	8:43	6.9 (74.2%)	
31	<b>CHOJNACKI Leszek</b>	<b>1205</b>		M40	8	01:11:06	05:00:44	09:19:18	<b>10:25:56.65</b>	+02:47:07 (26.7%)	8:48	6.8 (73.1%)	
32	<b>SCHWITALLA Adrian</b>	<b>1206</b>		M40	9	01:05:13	05:01:47	09:32:36	<b>10:31:47.10</b>	+02:52:57 (27.4%)	8:53	6.7 (72.0%)	
33	<b>BEKAS Marcin</b>	<b>1246</b>		M40	10	01:05:53	05:01:40	09:34:13	<b>10:43:14.35</b>	+03:04:24 (28.7%)	9:03	6.6 (71.0%)	
34	<b>KOZŁOWSKI Leszek</b>	<b>1204</b>	LESZ NO LIMITS RUNNERS	M40	11	01:06:52	05:02:24	09:37:46	<b>10:47:48.15</b>	+03:08:58 (29.2%)	9:07	6.6 (71.0%)	
35	<b>SIOMA Konrad</b>	<b>1167</b>		M30	18	01:05:36	04:57:14	09:38:01	<b>10:48:40.60</b>	+03:09:51 (29.3%)	9:08	6.6 (71.0%)	
36	<b>JANCZ Tomasz</b>	<b>1225</b>		M40	12	01:06:29	04:58:11	09:41:22	<b>10:49:15.05</b>	+03:10:25 (29.3%)	9:08	6.6 (71.0%)	
37	<b>GURGACZ Tomasz</b>	<b>1174</b>		M40	13	01:11:56	05:10:28	09:49:17	<b>10:51:16.80</b>	+03:12:27 (29.6%)	9:10	6.5 (69.9%)	
38	<b>DYSARZ Przemysław</b>	<b>1212</b>		M40	14	01:12:28	05:10:19	09:47:30	<b>10:52:05.45</b>	+03:13:16 (29.6%)	9:11	6.5 (69.9%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trzy		Droga pod	Czas	Różn	Tempo min/km	Tempo km/h
						Jawory 10km	Karpacz 38km	Reglami 64km	netto 71km			
39	<b>KOMAR Ania</b>	<b>1160</b>		K40	2	01:11:06	05:02:25	09:43:32	<b>10:53:07.40</b>	+03:14:18 (29.7%)	9:11	6.5 (69.9%)
40	<b>KANIA Marcin</b>	<b>1272</b>	GŁOWĄ DO CZOŁA	M18	2	01:05:53	05:03:01	09:59:22	<b>11:06:14.55</b>	+03:27:25 (31.1%)	9:23	6.4 (68.8%)
41	<b>GUZERA Justyna</b>	<b>1250</b>	MATNER RUNNING TEAM	K30	4	01:08:38	05:07:51	10:01:50	<b>11:12:39.40</b>	+03:33:50 (31.8%)	9:28	6.3 (67.7%)
42	<b>PIECUCH Marcin</b>	<b>1242</b>		M30	19	01:05:52	05:23:29	10:09:59	<b>11:15:47.35</b>	+03:36:57 (32.1%)	9:31	6.3 (67.7%)
43	<b>GALA Grzegorz</b>	<b>1276</b>	SCHENKER TECHNOLOGY CENTER RUNNERS	M40	15	01:17:28	05:54:13	10:24:07	<b>11:15:51.45</b>	+03:37:02 (32.1%)	9:31	6.3 (67.7%)
44	<b>BORDYCH Andrzej</b>	<b>1201</b>	BOREL MARATHON TEAM	M40	16	01:08:52	05:12:01	10:07:49	<b>11:17:33.80</b>	+03:38:44 (32.3%)	9:32	6.3 (67.7%)
45	<b>KALEMBA Kamil</b>	<b>1166</b>		M30	20	01:03:56	05:03:35	10:03:01	<b>11:17:47.50</b>	+03:38:58 (32.3%)	9:32	6.3 (67.7%)
46	<b>KONIECZNA Paulina</b>	<b>1274</b>	CH10	K30	5	01:09:55	05:18:55	10:07:59	<b>11:18:00.30</b>	+03:39:10 (32.3%)	9:32	6.3 (67.7%)
47	<b>TENDAJ Marek</b>	<b>1207</b>		M30	21	01:02:57	05:07:45	10:07:08	<b>11:19:42.35</b>	+03:40:52 (32.5%)	9:34	6.3 (67.7%)
48	<b>SAJDUDA Adam</b>	<b>1195</b>		M18	3	01:11:09	05:04:08	10:10:13	<b>11:22:11.40</b>	+03:43:22 (32.7%)	9:36	6.2 (66.7%)
49	<b>PIETRZAK Jacek</b>	<b>1181</b>	WAKA/JAWAKA	M40	17	01:16:53	05:32:51	10:17:30	<b>11:22:28.30</b>	+03:43:38 (32.8%)	9:36	6.2 (66.7%)
50	<b>LASZCZYK Nadia</b>	<b>1198</b>		K30	6	01:21:32	05:48:06	10:25:32	<b>11:25:35.10</b>	+03:46:45 (33.1%)	9:39	6.2 (66.7%)
51	<b>SOBOLEWSKI Dariusz</b>	<b>1159</b>	BOREL MARATHON TEAM	M30	22	01:08:51	05:12:00	10:17:20	<b>11:26:35.70</b>	+03:47:46 (33.2%)	9:40	6.2 (66.7%)
52	<b>SZCZERBAKOWICZ Kamil</b>	<b>1108</b>		M30	23	01:12:34	05:14:42	10:20:21	<b>11:27:58.45</b>	+03:49:09 (33.3%)	9:41	6.2 (66.7%)
53	<b>PIWKO Mateusz</b>	<b>1220</b>		M30	24	01:25:53	05:41:28	10:40:14	<b>11:45:11.05</b>	+04:06:21 (34.9%)	9:55	6 (64.5%)
54	<b>KINCEL Krzysztof</b>	<b>1259</b>		M50	2	01:15:38	05:37:31	10:37:36	<b>11:45:30.80</b>	+04:06:41 (35.0%)	9:56	6 (64.5%)
55	<b>GAWLIK Marcin</b>	<b>1219</b>	MKS SIECHNICE	M40	18	01:15:43	05:26:26	10:38:22	<b>11:48:59.70</b>	+04:10:10 (35.3%)	9:59	6 (64.5%)
56	<b>FRYBEL Damian</b>	<b>1270</b>	WOLSZTYŃSKA AKADEMIA BEGOWA	M40	19	01:11:13	05:40:07	10:38:57	<b>11:50:33.10</b>	+04:11:43 (35.4%)	10:00	6 (64.5%)
57	<b>KLYSZCZ Michał</b>	<b>1193</b>	IZBICKO W BIEGU	M18	4	01:08:29	05:19:48	10:41:50	<b>11:58:51.05</b>	+04:20:01 (36.2%)	10:07	5.9 (63.4%)
58	<b>STALA-KONDRAKIEWICZ Katarzyna</b>	<b>1189</b>	KB HARCOWNIK JELCZ-LASKOWICE	K30	7	01:15:34	05:46:44	10:48:06	<b>12:04:17.45</b>	+04:25:28 (36.7%)	10:12	5.9 (63.4%)
59	<b>PIOTROWSKI Michał</b>	<b>1161</b>	#ŻEBERKATEAM	M40	20	01:09:44	05:28:10	11:02:09	<b>12:10:21.00</b>	+04:31:31 (37.2%)	10:17	5.8 (62.4%)
60	<b>HELMECKI Dariusz</b>	<b>1284</b>		M50	3	01:28:48	05:45:25	11:04:20	<b>12:10:58.10</b>	+04:32:08 (37.2%)	10:17	5.8 (62.4%)
61	<b>TASZAREK Jakub</b>	<b>1107</b>		M40	21	01:09:57	05:42:26	11:06:04	<b>12:11:44.50</b>	+04:32:55 (37.3%)	10:18	5.8 (62.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trzy		Droga pod	Czas	Różn	Tempo min/km	Tempo km/h
						Jawory 10km	Karpacz 38km	Reglami 64km	netto 71km			
62	KIEDOWSKI Artur	1208		M40	22	01:30:39	05:59:47	11:06:04	<b>12:12:49.80</b>	+04:34:00 (37.4%)	10:19	5.8 (62.4%)
63	OSZCZĘDA Krzysztof	1215		M40	23	01:15:53	05:53:59	11:07:09	<b>12:14:27.25</b>	+04:35:37 (37.5%)	10:20	5.8 (62.4%)
64	TYCZYŃSKI Sławomir	1217	FILGROSOIL	M40	24	01:12:32	05:55:18	11:11:03	<b>12:17:56.80</b>	+04:39:07 (37.8%)	10:23	5.8 (62.4%)
65	NAGLAK Łukasz	1157	KOŹMIN BIEGA ULTRA RUNNERS	M30	25	01:16:35	05:55:59	11:18:02	<b>12:24:25.00</b>	+04:45:35 (38.4%)	10:29	5.7 (61.3%)
66	QUIRINI Ewa	1258		K30	8	01:23:33	06:05:19	11:18:16	<b>12:26:34.20</b>	+04:47:44 (38.5%)	10:30	5.7 (61.3%)
67	POLAŃSKI Paweł	1178	#KASZANIENAMOKA	M30	26	01:22:43	05:59:34	11:17:03	<b>12:30:12.20</b>	+04:51:22 (38.8%)	10:33	5.7 (61.3%)
68	GRABOWICZ Paweł	1241		M40	25	01:22:41	05:53:23	11:22:33	<b>12:30:26.05</b>	+04:51:36 (38.9%)	10:34	5.7 (61.3%)
69	BOMBA Alina	1165		K30	9	01:13:57	05:50:20	11:27:44	<b>12:37:38.50</b>	+04:58:49 (39.4%)	10:40	5.6 (60.2%)
70	TOMASZEK Sebastian	1104		M40	26	01:15:25	05:52:52	11:23:38	<b>12:40:21.50</b>	+05:01:32 (39.7%)	10:42	5.6 (60.2%)
71	KALINA Anna	1290		K18	1	01:23:49	05:58:34	11:26:50	<b>12:41:20.30</b>	+05:02:30 (39.7%)	10:43	5.6 (60.2%)
72	TYLMAN Piotr	1183	RUNDORFINA	M30	27	01:10:54	05:42:29	11:26:42	<b>12:42:55.50</b>	+05:04:06 (39.9%)	10:44	5.6 (60.2%)
73	LEBODA Katarzyna	1151	WILD DOGS TEAM	K30	10	01:15:29	05:45:52	11:31:18	<b>12:43:34.05</b>	+05:04:44 (39.9%)	10:45	5.6 (60.2%)
74	CHOROSTKOWSKI Bartosz	1172	CHATA BIEGACZA K34 ZAKOPANE	M30	28	01:13:24	05:42:45	11:34:32	<b>12:51:43.80</b>	+05:12:54 (40.5%)	10:52	5.5 (59.1%)
75	SZARADOWSKI Piotr	1256	BIEGOWA ŚWIDNICA	M40	27	01:21:22	05:58:03	11:37:56	<b>12:54:43.85</b>	+05:15:54 (40.8%)	10:54	5.5 (59.1%)
76	MEDEJSZO Mariusz	1261		M40	28	01:10:11	06:04:03	11:40:22	<b>12:54:44.90</b>	+05:15:55 (40.8%)	10:54	5.5 (59.1%)
77	BUDYCH-GÓRZNA Magdalena	1105		K40	3	01:12:16	05:58:50	11:37:03	<b>12:57:25.90</b>	+05:18:36 (41.0%)	10:56	5.5 (59.1%)
78	BRONIEWSKI Piotr	1182		M30	29	01:16:24	05:46:05	11:41:22	<b>12:59:18.65</b>	+05:20:29 (41.1%)	10:58	5.5 (59.1%)
79	JASINIAK Bartosz	1190		M30	30	01:16:24	05:46:10	11:41:23	<b>12:59:19.00</b>	+05:20:29 (41.1%)	10:58	5.5 (59.1%)
80	MODLISZEWSKI Dariusz	1226	ORANGE POLSKA	M40	29	01:11:54	05:59:38	11:46:52	<b>12:59:19.15</b>	+05:20:29 (41.1%)	10:58	5.5 (59.1%)
81	MATYSZKOWICZ Janusz	1233	GONIMY	M60	1	01:19:25	06:22:45	11:46:31	<b>13:00:05.95</b>	+05:21:16 (41.2%)	10:59	5.5 (59.1%)
82	PIENIĘŻNY Marek	1179	KOŹMIN BIEGA	M30	31	01:16:37	05:56:32	11:40:39	<b>13:00:23.25</b>	+05:21:33 (41.2%)	10:59	5.5 (59.1%)
83	PARZONKA Paweł	1265	KS LENIWIEC	M40	30	01:16:35	05:53:38	11:42:46	<b>13:03:14.90</b>	+05:24:25 (41.4%)	11:01	5.4 (58.1%)
84	GĄSZCZAK Mariusz	1170	KS LENIWIEC	M40	31	01:16:37	05:55:29	11:42:49	<b>13:03:16.85</b>	+05:24:27 (41.4%)	11:01	5.4 (58.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trzy		Droga pod	Czas	Różn	Tempo min/km	Tempo km/h
						Jawory 10km	Karpacz 38km	Reglami 64km	netto 71km			
85	<b>ROGÓRZ Andrzej</b>	<b>1173</b>	STOLFORM	M40	32	01:16:47	06:03:58	11:46:48	<b>13:03:23.75</b>	+05:24:34 (41.4%)	11:02	5.4 (58.1%)
86	<b>ANTKIEWICZ Kamil</b>	<b>1203</b>		M30	32	01:15:41	05:51:54	11:46:54	<b>13:04:09.05</b>	+05:25:19 (41.5%)	11:02	5.4 (58.1%)
87	<b>PUSZCZYKOWSKI Grzegorz</b>	<b>1154</b>		M50	4	01:15:48	05:57:15	11:50:07	<b>13:06:01.30</b>	+05:27:11 (41.6%)	11:04	5.4 (58.1%)
88	<b>PORAJ Paweł</b>	<b>1269</b>		M30	33	01:28:16	06:26:06	11:50:05	<b>13:06:07.05</b>	+05:27:17 (41.6%)	11:04	5.4 (58.1%)
89	<b>KOZŁOWSKI Wojciech</b>	<b>1171</b>		M50	5	01:11:03	05:37:38	11:28:43	<b>13:10:07.25</b>	+05:31:17 (41.9%)	11:07	5.4 (58.1%)
90	<b>DE ROSIER Marek</b>	<b>1267</b>		M18	5	01:17:18	06:13:19	11:50:07	<b>13:10:44.20</b>	+05:31:54 (42.0%)	11:08	5.4 (58.1%)
91	<b>SKORUPIŃSKA Katarzyna</b>	<b>1101</b>	SKORUPKI	K40	4	01:13:48	05:58:35	11:50:10	<b>13:13:07.30</b>	+05:34:17 (42.1%)	11:10	5.4 (58.1%)
92	<b>KOKOSZKA Marcin</b>	<b>1237</b>	ONE ON ONE TEAM	M40	33	01:20:22	06:16:13	12:00:59	<b>13:14:42.75</b>	+05:35:53 (42.3%)	11:11	5.4 (58.1%)
93	<b>KOZIOŁ Artur</b>	<b>1253</b>		M40	34	01:19:52	06:30:12	12:05:39	<b>13:16:35.95</b>	+05:37:46 (42.4%)	11:13	5.3 (57.0%)
94	<b>MILCZAREK Dominik</b>	<b>1275</b>		M40	35	01:17:30	05:56:07	11:46:54	<b>13:19:47.75</b>	+05:40:58 (42.6%)	11:15	5.3 (57.0%)
95	<b>NAPIERAŁA Katarzyna</b>	<b>1236</b>		K40	5	01:23:22	06:22:56	12:26:20	<b>13:33:12.30</b>	+05:54:22 (43.6%)	11:27	5.2 (55.9%)
96	<b>WINCZURA Leszek</b>	<b>1231</b>		M40	36	01:29:20	06:47:47	12:25:24	<b>13:34:13.20</b>	+05:55:23 (43.6%)	11:28	5.2 (55.9%)
97	<b>DAWIDOWICZ Marcin</b>	<b>1222</b>		M30	34	01:15:54	06:07:58	12:15:57	<b>13:36:27.75</b>	+05:57:38 (43.8%)	11:29	5.2 (55.9%)
98	<b>KNARA Ada</b>	<b>1221</b>	TRI MISSION	K30	11	01:15:56	06:08:16	12:16:34	<b>13:36:28.20</b>	+05:57:38 (43.8%)	11:29	5.2 (55.9%)
99	<b>ROLLA Dorian</b>	<b>1268</b>		M40	37	01:17:47	06:10:33	12:11:34	<b>13:37:26.90</b>	+05:58:37 (43.9%)	11:30	5.2 (55.9%)
100	<b>ŁUSZCZ Janusz</b>	<b>1238</b>	TŁUSTE KOTY	M50	6	01:13:32	06:04:21	12:20:09	<b>13:45:29.80</b>	+06:06:40 (44.4%)	11:37	5.2 (55.9%)
101	<b>ROZWADOWSKI Robert</b>	<b>1156</b>	DRUŻYNA SZPIKU	M40	38	01:20:12	06:17:34	12:33:57	<b>13:58:58.65</b>	+06:20:09 (45.3%)	11:48	5.1 (54.8%)
102	<b>RYBCZYŃSKI Przemek</b>	<b>1234</b>		M50	7	01:17:16	06:33:36	12:46:41	<b>14:06:39.45</b>	+06:27:50 (45.8%)	11:55	5 (53.8%)
103	<b>GŁADYSZ Robert</b>	<b>1266</b>	SCE24.PL	M40	39	01:17:18	06:33:38	12:46:49	<b>14:06:40.20</b>	+06:27:50 (45.8%)	11:55	5 (53.8%)
104	<b>GENDVILAITE Sonata</b>	<b>1249</b>	#UNBREAKABLE	K40	6	01:27:02	06:43:58	12:48:29	<b>14:07:05.95</b>	+06:28:16 (45.8%)	11:55	5 (53.8%)
105	<b>HEŁMECKI Marcin</b>	<b>1283</b>		M18	6	01:28:18	06:24:04	12:40:36	<b>14:07:27.75</b>	+06:28:38 (45.9%)	11:56	5 (53.8%)
106	<b>DRAŃKO Piotr</b>	<b>1188</b>		M30	35	01:09:52	06:05:08	12:48:07	<b>14:08:24.75</b>	+06:29:35 (45.9%)	11:56	5 (53.8%)
107	<b>MOLINSKA Marlena</b>	<b>1285</b>		K40	7	01:17:37	06:34:16	12:59:28	<b>14:24:09.55</b>	+06:45:20 (46.9%)	12:10	4.9 (52.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trzy		Droga pod	Czas	Różn	Tempo min/km	Tempo km/h
						Jawory 10km	Karpacz 38km	Reglami 64km	netto 71km			
108	ZACHEJA Jacek	1227		M40	40	01:17:36	06:14:00	12:50:53	<b>14:25:56.95</b>	+06:47:07 (47.0%)	12:11	4.9 (52.7%)
109	KOŁBUC Rafał	1169		M30	36	01:27:42	06:46:28	13:17:02	<b>14:53:43.35</b>	+07:14:53 (48.7%)	12:35	4.8 (51.6%)
110	RZEMIŃSKI Robert	1106		M50	8	01:21:45	06:37:43	13:30:39	<b>15:00:13.90</b>	+07:21:24 (49.0%)	12:40	4.7 (50.5%)
111	DEKIERT Agnieszka	1216		K40	8	01:23:57	06:54:15	13:29:52	<b>15:02:34.65</b>	+07:23:45 (49.2%)	12:42	4.7 (50.5%)
112	OCHNIO Ewa	1228	DALEKA DROGA	K40	9	01:30:11	06:50:56	13:37:04	<b>15:07:26.00</b>	+07:28:36 (49.4%)	12:46	4.7 (50.5%)
113	NOWAKOWSKI Mirosław	1162		M50	9	01:28:56	06:55:18	13:37:32	<b>15:07:27.50</b>	+07:28:38 (49.4%)	12:46	4.7 (50.5%)
114	NOWAKOWSKI Sławomir	1239		M40	41	01:23:11	07:07:27	13:43:22	<b>15:08:50.25</b>	+07:30:00 (49.5%)	12:48	4.7 (50.5%)
115	PASIEKA Tomasz	1194		M40	42	01:26:40	06:53:57	13:47:37	<b>15:14:40.85</b>	+07:35:51 (49.8%)	12:52	4.7 (50.5%)
116	ZYCH Marcin	1102		M40	43	01:16:00	06:07:58	13:36:06	<b>15:15:51.10</b>	+07:37:01 (49.9%)	12:53	4.7 (50.5%)
117	HOWIL Waldemar	1248		M40	44	01:28:02	06:51:00	13:47:11	<b>15:17:16.75</b>	+07:38:27 (50.0%)	12:55	4.6 (49.5%)
118	KLUZA-HOWIL Lila	1247	BIEGOWE KAIZEN	K40	10	01:28:04	06:50:51	13:47:06	<b>15:17:17.60</b>	+07:38:28 (50.0%)	12:55	4.6 (49.5%)
119	SZAJEK Arkadiusz	1254	ARVATO S.C. REP	M30	37	01:31:55	06:52:24	13:33:01	<b>15:22:16.85</b>	+07:43:27 (50.3%)	12:59	4.6 (49.5%)
120	KOZUBSKI Maciej	1244	ARVATO S.C. REP	M30	38	01:31:55	06:50:54	13:32:08	<b>15:22:17.60</b>	+07:43:28 (50.3%)	12:59	4.6 (49.5%)
121	SZULC Adam	1232	RADA PUCHACZY	M40	45	01:28:21	06:47:48	13:48:02	<b>15:23:09.80</b>	+07:44:20 (50.3%)	13:00	4.6 (49.5%)
122	KLÓSKA Katarzyna	1281	OSK RADAR	K30	12	01:18:48	06:41:41	13:35:45	<b>15:23:18.85</b>	+07:44:29 (50.3%)	13:00	4.6 (49.5%)
123	SYPNIEWSKI Krystian	1158		M40	46	01:18:26	06:49:56	13:50:44	<b>15:28:11.60</b>	+07:49:22 (50.6%)	13:04	4.6 (49.5%)
124	STRZELECKI Krzysztof	1192		M40	47	01:23:49	07:03:08	14:34:27	<b>16:17:15.10</b>	+08:38:25 (53.0%)	13:45	4.4 (47.3%)
125	MARCINIAK-HENC Aneta	1213		K40	11	01:28:14	07:28:47	14:43:29	<b>16:29:41.00</b>	+08:50:51 (53.6%)	13:56	4.3 (46.2%)
126	PLASZCZYK Bartłomiej	1218		M30	39	01:26:55	07:22:57	14:43:39	<b>16:29:50.35</b>	+08:51:00 (53.6%)	13:56	4.3 (46.2%)
127	GARBACZ Marek	1191		M40	48	01:23:46	07:06:16	14:59:05	<b>16:45:25.80</b>	+09:06:36 (54.4%)	14:09	4.2 (45.2%)
128	KAWAŁKO Ryszard	1292	WOLNY RYŚ ***** ***	M50	10	01:25:08	08:04:46	15:09:28	<b>16:45:58.35</b>	+09:07:08 (54.4%)	14:10	4.2 (45.2%)
	DZIĘCZKOWSKA-NIKLEWICZ Joanna	1175	ROKIETNICA BIEGA	K40		01:08:42 DNF	05:19:18 DNF	DNF	<b>DNF</b>	-	-	- (0.0%)
	OLSZEWSKI Michał	1299	MSPORTTEAM	M40		01:17:44 DNF	06:25:09 DNF	DNF	<b>DNF</b>	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Trzy Jawory 10km	Karpacz 38km	Droga pod Reglami 64km	Czas netto 71km	Różn	Tempo min/km	Tempo km/h
	<b>DĄBROWSKI Marcin</b>	<b>1245</b>		M40		01:15:33 DNF	06:41:31 DNF	DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STOŁOWSKI Robert</b>	<b>1155</b>	AMICA	M40		01:28:58 DNF	DNF	DNF	<b>DNF</b>	-	-	(0.0%)

Znaleziono 132 wynik(ów)