



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY  
FUNDACJA PROFIT MARATON  
2023-09-02  
Sobieszów  
71 km

## SIEDEMDZIESIĄT Z HAKIEM

B4SPORT

**B4SPORT**  
INTELEGTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami				Droga pod Reglami		Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
						6km	Trzy Jawory 10km	Odrodzenie 24km	Karpacz 37km	Odrodzenie 51km	65km					
1	<b>BARTYZEL Marek</b>	<b>1004</b>		M40	1	00:35:59	01:01:39	02:51:49	04:31:30	06:35:25	08:33:46	<b>09:27:00.15</b>	<b>09:27:00.15</b>		7:59	7.5 (100%)
2	<b>MIKEŠOVÁ Jana</b>	<b>1061</b>	SALMING CZ	K30	1	00:36:24	01:38:50	03:26:57	05:00:29	06:50:55	08:40:30	<b>09:27:13.20</b>	<b>09:27:13.20</b>	+00:00:13 (0.0%)	7:59	7.5 (100%)
3	<b>MUCHACZOW Jacek</b>	<b>1064</b>	TS REGLE SZKLARSKA PORĘBA	M40	2	00:36:45	01:38:06	03:24:40	04:57:53	06:53:05	08:48:31	<b>09:30:51.05</b>	<b>09:30:51.05</b>	+00:03:50 (0.7%)	8:02	7.5 (100%)
4	<b>KOSAL Maciej</b>	<b>1042</b>		M40	3	00:36:45	01:38:06	03:24:34	04:57:48	06:52:53	08:48:31	<b>09:30:51.30</b>	<b>09:30:51.30</b>	+00:03:51 (0.7%)	8:02	7.5 (100%)
5	<b>OTREBA Maciej</b>	<b>1070</b>		M30	1	00:34:02	02:02:45	03:53:34	05:23:14	07:13:50	08:50:48	<b>09:35:41.95</b>	<b>09:35:41.95</b>	+00:08:41 (1.5%)	8:06	7.4 (98.7%)
6	<b>BIELIŃSKI Maciek</b>	<b>1006</b>		M30	2	00:35:43		03:48:33	05:17:52	07:09:28	08:54:13	<b>09:39:59.00</b>	<b>09:39:59.00</b>	+00:12:58 (2.2%)	8:10	7.3 (97.3%)
7	<b>DAJEK Łukasz</b>	<b>1015</b>		M40	4	00:38:28	01:37:48	03:32:26	05:11:42	07:13:40	09:14:35	<b>10:08:00.35</b>	<b>10:08:00.35</b>	+00:41:00 (6.7%)	8:33	7 (93.3%)
8	<b>ADLER Łukasz</b>	<b>1001</b>	LESZNO LIMITS RUNNERS	M30	3	00:37:36	02:02:13	03:51:02		07:24:21	09:21:40	<b>10:09:51.05</b>	<b>10:09:51.05</b>	+00:42:50 (7.0%)	8:35	7 (93.3%)
9	<b>SZONDA Istvan</b>	<b>1094</b>	ADVENTNI BEHANI	M40	5	00:38:07	01:17:49	03:18:09	05:00:42			<b>10:20:41.95</b>	<b>10:20:41.95</b>	+00:53:41 (8.7%)	8:44	6.9 (92.0%)
10	<b>KOPCEWICZ Tomasz</b>	<b>1041</b>		M30	4	00:34:33	02:01:41	03:58:05	05:35:59	07:35:00	09:35:12	<b>10:22:48.00</b>	<b>10:22:48.00</b>	+00:55:47 (9.0%)	8:46	6.8 (90.7%)
11	<b>SAJDUDA Adam</b>	<b>1080</b>	AW - SZYBCIEJ - TEAM	M30	5	00:36:28	01:38:12	03:27:04	05:03:38	07:24:29	09:37:31	<b>10:26:50.00</b>	<b>10:26:50.00</b>	+00:59:49 (9.5%)	8:49	6.8 (90.7%)
12	<b>RINK Jan</b>	<b>1078</b>		M40	6	00:36:48	01:36:47	03:41:07	05:35:12	07:50:34	09:49:57	<b>10:40:27.05</b>	<b>10:40:27.05</b>	+01:13:26 (11.5%)	9:01	6.7 (89.3%)
13	<b>SKUDLARSKI Jakub</b>	<b>1086</b>	PRO-RUN WROCŁAW	M30	6	00:47:47	01:19:44	03:36:04	05:27:34	07:39:19	09:47:47	<b>10:45:37.25</b>	<b>10:45:37.25</b>	+01:18:37 (12.2%)	9:05	6.6 (88.0%)
14	<b>BŁACHOWIAK Mariusz</b>	<b>1007</b>	AMBIT RACING TEAM/MARATON LESZNO	M50	1	00:42:33	01:13:04	03:20:18	05:10:00	07:26:10	09:50:23	<b>10:49:12.70</b>	<b>10:49:12.70</b>	+01:22:12 (12.7%)	9:08	6.6 (88.0%)
15	<b>MIKOŁAJCZYK Tomasz</b>	<b>1062</b>	EXPLORADOR TEAM	M40	7	00:44:17	01:12:34	03:26:24	05:19:06	07:40:09	09:53:38	<b>10:51:34.10</b>	<b>10:51:34.10</b>	+01:24:33 (13.0%)	9:10	6.5 (86.7%)
16	<b>PIWOWOŃSKI Paweł</b>	<b>1074</b>		M40	8	00:38:10	01:36:46	03:43:18	05:32:51	07:45:36	09:58:30	<b>10:51:49.60</b>	<b>10:51:49.60</b>	+01:24:49 (13.0%)	9:10	6.5 (86.7%)
17	<b>ŁUKAWSKI Krzysztof</b>	<b>1058</b>		M40	9	00:40:53	01:20:03	03:35:20	05:21:43	07:47:01	09:57:21	<b>10:53:22.15</b>	<b>10:53:22.15</b>	+01:26:22 (13.2%)	9:12	6.5 (86.7%)
18	<b>URBANIAK Piotr</b>	<b>1097</b>	CROCODIGY	M30	7	00:46:09	01:18:34	03:35:16	05:25:23	07:40:05	09:58:36	<b>10:55:20.30</b>	<b>10:55:20.30</b>	+01:28:20 (13.5%)	9:13	6.5 (86.7%)
19	<b>KUJAWSKA Agnieszka</b>	<b>1050</b>		K40	1	00:41:34	01:43:35	03:59:18	05:52:28	08:07:14	10:16:05	<b>11:11:45.00</b>	<b>11:11:45.00</b>	+01:44:44 (15.6%)	9:27	6.3 (84.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami					Droga pod Reglami		Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
						6km	Trzy 10km	Odrodzenie 24km	Karpacz 37km	Odrodzenie 51km	65km	71km					
20	<b>LUSZTAK Michał</b>	<b>1055</b>	ROGIEWICZ RUNNING TEAM	M18	1	00:44:18	01:13:48	03:31:47	05:21:07	07:34:53	10:05:45	<b>11:14:06.35</b>	<b>11:14:06.35</b>	+01:47:06 (15.9%)	9:29	6.3 (84.0%)	
21	<b>DRZEWIECKA Sylwia</b>	<b>1019</b>	RUN WITH TRENER DRZEWIECKA	K18	1	00:44:18	01:13:48	03:31:39	05:21:02	07:35:09	10:05:44	<b>11:14:06.90</b>	<b>11:14:06.90</b>	+01:47:06 (15.9%)	9:29	6.3 (84.0%)	
22	<b>KOZŁOWSKA Iwona</b>	<b>1044</b>	LESZ NO LIMITS RUNNERS	K50	1	00:45:36	01:17:41	03:39:27	05:43:20	08:03:31	10:16:05	<b>11:14:24.55</b>	<b>11:14:24.55</b>	+01:47:24 (15.9%)	9:29	6.3 (84.0%)	
23	<b>DUC-SYPOSZ Aureliusz</b>	<b>1020</b>		M40	10	00:41:25	01:46:33	03:53:57	05:42:32	08:02:08	10:18:53	<b>11:16:42.00</b>	<b>11:16:42.00</b>	+01:49:41 (16.2%)	9:31	6.3 (84.0%)	
24	<b>NIEZGÓDKA Tomasz</b>	<b>1105</b>	TEAM DFBG	M50	2	00:40:01	02:06:56	04:21:20	06:10:01	08:15:25	10:25:25	<b>11:18:43.05</b>	<b>11:18:43.05</b>	+01:51:42 (16.5%)	9:33	6.3 (84.0%)	
25	<b>SCHWARZ Marek</b>	<b>1082</b>	PRO366	M30	8	00:41:52	01:11:12	03:26:20	05:24:44	07:51:56	10:17:29	<b>11:19:23.95</b>	<b>11:19:23.95</b>	+01:52:23 (16.5%)	9:34	6.3 (84.0%)	
26	<b>BARSZCZYK Dawid</b>	<b>1003</b>		M30	9	00:36:50	01:36:52	03:42:52	05:36:48	08:02:14		<b>11:20:32.35</b>	<b>11:20:32.35</b>	+01:53:32 (16.7%)	9:35	6.3 (84.0%)	
27	<b>LASEK Mikołaj</b>	<b>1053</b>	PAN WUEFISTA	M30	10	00:44:03	01:14:13	03:26:16	05:24:52	07:49:36	10:17:34	<b>11:22:54.85</b>	<b>11:22:54.85</b>	+01:55:54 (17.0%)	9:37	6.2 (82.7%)	
28	<b>SZYMAŃSKI Paweł</b>	<b>1096</b>	FIZJOBIEGACZE SZCZECIN	M30	11	00:34:35	02:01:08	04:04:24	05:51:52	08:11:13	10:32:45	<b>11:23:13.50</b>	<b>11:23:13.50</b>	+01:56:13 (17.0%)	9:37	6.2 (82.7%)	
29	<b>KACZMAREK Jędrzej</b>	<b>1034</b>	KP PSP MILICZ	M18	2	00:43:55		03:33:30	05:26:08	08:02:11	10:32:49	<b>11:24:47.05</b>	<b>11:24:47.05</b>	+01:57:46 (17.2%)	9:38	6.2 (82.7%)	
30	<b>POCHROŃ Marcin</b>	<b>1075</b>		M30	12	00:41:39	01:39:50	03:50:30	05:48:22	08:06:47	10:32:18	<b>11:26:54.90</b>	<b>11:26:54.90</b>	+01:59:54 (17.5%)	9:40	6.2 (82.7%)	
31	<b>MURZYN Krysia</b>	<b>1065</b>	TO JA	K40	2	00:41:19	01:39:09	03:50:48	05:49:53	08:06:44	10:23:23	<b>11:29:57.40</b>	<b>11:29:57.40</b>	+02:02:57 (17.8%)	9:43	6.2 (82.7%)	
32	<b>ANKIEWICZ Stefan</b>	<b>1002</b>	CZYSTA AMATORKA	M40	11	00:43:48	01:13:23	03:20:27	05:17:01	07:48:04	10:23:07	<b>11:29:57.50</b>	<b>11:29:57.50</b>	+02:02:57 (17.8%)	9:43	6.2 (82.7%)	
33	<b>JEZIERSKI Tomasz</b>	<b>1032</b>		M40	12	00:38:02	02:06:23	04:21:23	06:16:17	08:23:39	10:35:46	<b>11:31:09.15</b>	<b>11:31:09.15</b>	+02:04:09 (18.0%)	9:44	6.2 (82.7%)	
34	<b>GILEWICZ-RACHOWSKA Jagoda</b>	<b>1022</b>	MAXFLY	K30	2	00:45:52	01:18:07	03:41:13	05:46:11	08:08:24	10:39:19	<b>11:37:59.90</b>	<b>11:37:59.90</b>	+02:10:59 (18.8%)	9:49	6.1 (81.3%)	
35	<b>SZYMAŃSKA Agata</b>	<b>1095</b>		K30	3	00:43:51	01:15:23	03:36:16	05:38:48	08:09:03	10:38:33	<b>11:40:09.00</b>	<b>11:40:09.00</b>	+02:13:08 (19.0%)	9:51	6.1 (81.3%)	
36	<b>PERKOWSKI Piotr</b>	<b>1072</b>	MONK SANDALS TEAM	M40	13	00:37:35	02:06:56	04:21:29	06:10:36	08:23:10	10:47:27	<b>11:41:33.70</b>	<b>11:41:33.70</b>	+02:14:33 (19.2%)	9:52	6.1 (81.3%)	
37	<b>SĘK Michał</b>	<b>1083</b>		M30	13	00:49:53	01:23:17	03:42:06	05:37:22	08:08:27	10:44:19	<b>11:44:46.75</b>	<b>11:44:46.75</b>	+02:17:46 (19.5%)	9:55	6 (80.0%)	
38	<b>BRONOWSKA Justyna</b>	<b>1008</b>		K40	3	00:46:00	01:19:42	03:36:24	05:38:37	08:07:20	10:39:41	<b>11:47:55.80</b>	<b>11:47:55.80</b>	+02:20:55 (19.9%)	9:58	6 (80.0%)	
39	<b>JANKOWSKI Marcin</b>	<b>1031</b>	FU FU FU TEAM	M40	14	00:37:20	02:04:59	04:25:05	06:20:27	08:37:31	10:59:52	<b>11:49:31.25</b>	<b>11:49:31.25</b>	+02:22:31 (20.1%)	9:59	6 (80.0%)	
40	<b>IWANEK Przemysław</b>	<b>1027</b>	PLANYBIEGOWE.PL / BLACK HAT ULTRA	M30	14	00:41:39	01:39:58	03:51:45	05:50:52	08:22:02	10:48:08	<b>11:49:35.20</b>	<b>11:49:35.20</b>	+02:22:35 (20.1%)	9:59	6 (80.0%)	
41	<b>SKRZYPIŃSKA Olga</b>	<b>1085</b>	HELIKON-TEX	K30	4	10:50:03						<b>11:52:59.65</b>	<b>11:52:59.65</b>	+02:25:59 (20.5%)	10:02	6 (80.0%)	
42	<b>ŁABĘDZKI Mariusz</b>	<b>1056</b>		M40	15	00:47:31	01:22:29	03:43:21	05:44:28	08:13:13	10:51:03	<b>11:55:09.85</b>	<b>11:55:09.85</b>	+02:28:09 (20.7%)	10:04	6 (80.0%)	
43	<b>GOLCZ Piotr</b>	<b>1023</b>		M50	3	00:37:26	02:02:35	04:07:38	06:02:43	08:33:39	10:59:14	<b>11:57:33.00</b>	<b>11:57:33.00</b>	+02:30:32 (21.0%)	10:06	5.9 (78.7%)	
44	<b>KOZŁOWSKI Leszek</b>	<b>1046</b>	LESZ NO LIMITS RUNNERS	M50	4	00:41:38	01:44:17	04:01:32	06:02:04	08:31:02	10:59:51	<b>11:57:33.25</b>	<b>11:57:33.25</b>	+02:30:33 (21.0%)	10:06	5.9 (78.7%)	
45	<b>SZARADOWSKI Marcin</b>	<b>1093</b>		M40	16	00:49:55	01:25:31	03:53:46	05:53:06	08:31:08	11:02:00	<b>12:09:42.35</b>	<b>12:09:42.35</b>	+02:42:42 (22.3%)	10:16	5.8 (77.3%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami					Droga pod Reglami		Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
						6km	10km	24km	37km	51km	65km	71km					
46	SOCHA Marcin	1087		M40	17	00:44:04	01:16:36	03:39:07	05:44:32	08:25:56	11:02:00	<b>12:09:44.95</b>	<b>12:09:44.95</b>	+02:42:44 (22.3%)	10:16	5.8 (77.3%)	
47	DOMARADZKA-KASZUBOWICZ Wiktoria	1018		K40	4	00:47:49	01:21:06	03:51:06	05:52:42	08:26:42	11:02:27	<b>12:13:17.75</b>	<b>12:13:17.75</b>	+02:46:17 (22.7%)	10:19	5.8 (77.3%)	
48	PODGRUSZECKI Michał	1076		M30	15	00:48:01	01:21:07	03:48:59	05:59:40	08:31:14	11:11:00	<b>12:15:44.30</b>	<b>12:15:44.30</b>	+02:48:44 (22.9%)	10:21	5.8 (77.3%)	
49	NOWAK Krzysztof	1066		M50	5	00:43:48	01:15:40	03:42:17	05:57:42	08:32:30	11:13:34	<b>12:18:15.65</b>	<b>12:18:15.65</b>	+02:51:15 (23.2%)	10:23	5.8 (77.3%)	
50	MROWCA Paweł	1063	KOLKA TEAM LUBAŃ	M30	16	00:45:35	01:18:26	03:33:15	05:44:44	08:29:31	11:10:26	<b>12:20:12.20</b>	<b>12:20:12.20</b>	+02:53:12 (23.4%)	10:25	5.8 (77.3%)	
51	SZAJEK Arkadiusz	1092	ARVATO S.C. REP	M30	17	00:45:32	01:19:33	03:40:39	05:56:26	08:37:38	11:20:10	<b>12:24:55.25</b>	<b>12:24:55.25</b>	+02:57:55 (23.9%)	10:29	5.7 (76.0%)	
52	KRZESZEWSKA Dorota	1048		K40	5	11:18:22						<b>12:27:16.00</b>	<b>12:27:16.00</b>	+03:00:15 (24.1%)	10:31	5.7 (76.0%)	
53	KLIMEK Arkadiusz	1039		M50	6	00:48:22	01:22:59	03:49:39	05:50:23	08:35:14	11:24:09	<b>12:35:32.70</b>	<b>12:35:32.70</b>	+03:08:32 (25.0%)	10:38	5.6 (74.7%)	
54	JANAS Kacper	1028		M30	18	00:49:52	01:25:25	03:59:10	06:07:04	08:56:46	11:34:43	<b>12:46:18.40</b>	<b>12:46:18.40</b>	+03:19:18 (26.0%)	10:47	5.6 (74.7%)	
54	SURDAKCI Piotr	1091		M40	18	00:49:52	01:25:24	03:59:13	06:07:16	08:56:58	11:34:43	<b>12:46:18.40</b>	<b>12:46:18.40</b>	+03:19:18 (26.0%)	10:47	5.6 (74.7%)	
56	GÓRA Grzegorz	1024		M30	19	00:38:24	02:07:45	04:37:38	06:57:27	09:56:27	11:44:09	<b>12:46:32.55</b>	<b>12:46:32.55</b>	+03:19:32 (26.0%)	10:47	5.6 (74.7%)	
57	WOJCIESZYŃSKI Tomasz	1106		M40	19	00:45:15	01:17:34	03:39:41	05:41:52	08:43:21	11:40:52	<b>12:47:06.75</b>	<b>12:47:06.75</b>	+03:20:06 (26.1%)	10:48	5.6 (74.7%)	
58	PYREK Krzysztof	1077	1 RBLOG	M40	20	00:39:38	02:08:11	04:30:34	06:36:56	09:04:37	11:48:19	<b>12:52:09.75</b>	<b>12:52:09.75</b>	+03:25:09 (26.6%)	10:52	5.5 (73.3%)	
59	OŹMINKOWSKA Aleksandra	1071	DIRTY SPARROWS	K30	5	00:45:15	01:18:09	03:51:20	06:07:55	08:56:08	11:57:11	<b>12:56:30.80</b>	<b>12:56:30.80</b>	+03:29:30 (27.0%)	10:56	5.5 (73.3%)	
60	ŁÓJ-KONIECZNA Edyta	1057	INFINITY GYM	K40	6	00:49:31	01:23:19	04:08:54	06:22:39	09:10:42	11:50:05	<b>12:58:09.65</b>	<b>12:58:09.65</b>	+03:31:09 (27.1%)	10:57	5.5 (73.3%)	
61	CEBRAT Ewa	1009		K40	7	00:47:49	01:21:06	03:58:49	06:21:23	09:11:52	11:55:08	<b>12:58:20.10</b>	<b>12:58:20.10</b>	+03:31:19 (27.2%)	10:57	5.5 (73.3%)	
62	FARION Marzena	1021	THE FARIONS	K40	8	00:49:30	01:24:28	03:55:48	06:16:10	09:12:18	11:56:17	<b>12:58:33.20</b>	<b>12:58:33.20</b>	+03:31:33 (27.2%)	10:57	5.5 (73.3%)	
63	STASZEWSKI Piotr	1089		M40	21	00:40:17	02:06:21	04:22:36	06:24:52	09:07:43	11:59:17	<b>13:05:09.80</b>	<b>13:05:09.80</b>	+03:38:09 (27.8%)	11:03	5.4 (72.0%)	
64	KURASZKIEWICZ Błażej	1051		M40	22	00:37:14	02:05:04	04:16:45	06:25:08	08:52:13	11:47:40	<b>13:08:11.30</b>	<b>13:08:11.30</b>	+03:41:11 (28.1%)	11:06	5.4 (72.0%)	
65	PIEKARZ Radosław	1073		M40	23	00:48:10	01:22:21	03:55:43	06:10:10	09:01:02	11:51:43	<b>13:09:53.95</b>	<b>13:09:53.95</b>	+03:42:53 (28.2%)	11:07	5.4 (72.0%)	
66	HRUSZOWIEC Paweł	1102	PAN COGITO S.C.	M50	7	00:49:50	01:21:07	03:51:41	06:05:59	08:46:07	11:41:24	<b>13:12:22.85</b>	<b>13:12:22.85</b>	+03:45:22 (28.4%)	11:09	5.4 (72.0%)	
67	KLIMECKI Łukasz	1038	KB INTREX POZNAŃ	M30	20	00:47:56	01:22:25	03:45:30	05:50:37	08:40:34	11:53:03	<b>13:12:58.45</b>	<b>13:12:58.45</b>	+03:45:58 (28.5%)	11:10	5.4 (72.0%)	
68	ZAWADKA Andrzej	1100		M50	8	12:03:05						<b>13:13:11.10</b>	<b>13:13:11.10</b>	+03:46:10 (28.5%)	11:10	5.4 (72.0%)	
69	SOSZYŃSKA-PSTROKOŃSKA Joanna	1104	PSTROLMOWSKIE	K40	9	00:50:25	01:26:42	04:00:08	06:17:34	09:08:42	12:06:05	<b>13:13:34.25</b>	<b>13:13:34.25</b>	+03:46:34 (28.6%)	11:10	5.4 (72.0%)	
70	DECHNIK Łukasz	1017	I W GÓRĘ I W DÓŁ	M40	24	12:04:14						<b>13:15:49.75</b>	<b>13:15:49.75</b>	+03:48:49 (28.8%)	11:12	5.4 (72.0%)	
71	GOŁOWICZ Ania	1103		K30	6	00:47:09	01:20:22	03:43:08	06:07:40	08:52:02	11:55:49	<b>13:16:30.60</b>	<b>13:16:30.60</b>	+03:49:30 (28.8%)	11:13	5.3 (70.7%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami					Droga pod Reglami		Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
						6km	Trzy 10km	Odrodzenie 24km	Karpacz 37km	Odrodzenie 51km	65km	71km					
72	<b>KOWALEWSKI Jarosław</b>	<b>1043</b>	PROJEKT1000UP	M50	9	00:46:14	01:19:06	03:47:18	06:07:45	09:09:44	12:15:53	<b>13:24:03.45</b>	<b>13:24:03.45</b>	+03:57:03 (29.5%)	11:19	5.3 (70.7%)	
73	<b>OLCZYK Andrzej</b>	<b>1067</b>		M50	10	12:23:58						<b>13:33:14.90</b>	<b>13:33:14.90</b>	+04:06:14 (30.3%)	11:27	5.2 (69.3%)	
74	<b>BIAŁA Marta</b>	<b>1005</b>	ULTRASY!	K40	10	00:45:51	01:20:40	03:53:19	06:15:40	09:09:10	12:23:36	<b>13:36:43.85</b>	<b>13:36:43.85</b>	+04:09:43 (30.6%)	11:30	5.2 (69.3%)	
75	<b>KROK Jacek</b>	<b>1047</b>	ULTRASY!	M40	25	00:45:51	01:20:41	03:53:21	06:15:33	09:09:41	12:23:36	<b>13:36:44.00</b>	<b>13:36:44.00</b>	+04:09:43 (30.6%)	11:30	5.2 (69.3%)	
76	<b>STRONIKOWSKI Kamil</b>	<b>1090</b>	DRUŻYNA STASIA	M40	26	00:52:50	01:29:53	03:59:43	06:15:18	09:08:35	12:19:27	<b>13:37:20.20</b>	<b>13:37:20.20</b>	+04:10:20 (30.6%)	11:30	5.2 (69.3%)	
77	<b>CZABAN Katarzyna</b>	<b>1013</b>	KULAM SIĘ JAK GUMIKLYJZY	K30	7	00:47:14	01:20:48	03:55:13	06:14:06	09:13:34	12:32:31	<b>13:51:13.05</b>	<b>13:51:13.05</b>	+04:24:12 (31.8%)	11:42	5.1 (68.0%)	
78	<b>CHLUDZIŃSKI Patryk</b>	<b>1010</b>	ARVATO S.C.REP	M40	27	00:45:33	01:19:34	03:51:09	06:16:14	09:35:28	12:40:26	<b>13:54:58.85</b>	<b>13:54:58.85</b>	+04:27:58 (32.1%)	11:45	5.1 (68.0%)	
79	<b>CIECHAŃSKI Michał</b>	<b>1011</b>	ZDARTE PODESZWY	M40	28	00:48:13	01:22:21	04:03:51	06:34:52	09:40:17	12:49:17	<b>14:07:51.55</b>	<b>14:07:51.55</b>	+04:40:51 (33.1%)	11:56	5 (66.7%)	
80	<b>JANIK Mateusz</b>	<b>1029</b>		M30	21	00:48:28	01:23:52	03:59:03	06:24:34	09:37:32	12:52:57	<b>14:09:57.80</b>	<b>14:09:57.80</b>	+04:42:57 (33.3%)	11:58	5 (66.7%)	
81	<b>JURKIEWICZ Dominik</b>	<b>1033</b>		M30	22	00:48:27	01:23:54	03:58:52	06:24:39	09:37:25	12:52:59	<b>14:09:57.85</b>	<b>14:09:57.85</b>	+04:42:57 (33.3%)	11:58	5 (66.7%)	
82	<b>ZALEWSKI Daniel</b>	<b>1099</b>	BIEGAMY RAZEM WLADYSLAWOWO	M18	3	00:37:29	02:08:13	04:51:15	07:07:52	10:12:18	13:19:50	<b>14:30:16.90</b>	<b>14:30:16.90</b>	+05:03:16 (34.8%)	12:15	4.9 (65.3%)	
83	<b>LECHKI Tomasz</b>	<b>1054</b>	WOŁÓW BIEGA	M50	11	00:49:50	01:25:25	04:04:21	06:31:18	10:01:15	13:20:59	<b>14:43:50.50</b>	<b>14:43:50.50</b>	+05:16:50 (35.8%)	12:26	4.8 (64.0%)	
84	<b>OSTROWSKI Wiesław</b>	<b>1069</b>		M50	12	00:49:52	01:25:26	04:04:28	06:31:27	10:01:19	13:20:59	<b>14:43:50.85</b>	<b>14:43:50.85</b>	+05:16:50 (35.8%)	12:26	4.8 (64.0%)	
85	<b>MICHAŁOWSKI Tomasz</b>	<b>1060</b>		M40	29	00:51:06	01:27:39	04:05:53	06:29:52	09:52:28	13:28:28	<b>14:46:37.35</b>	<b>14:46:37.35</b>	+05:19:37 (36.0%)	12:29	4.8 (64.0%)	
86	<b>KIERZEK Ewa</b>	<b>1036</b>	SZAKALE BAŁUT ŁÓDŹ	K40	11	00:52:51	01:33:41	04:33:17	07:06:20	10:12:48	13:23:57	<b>14:50:29.25</b>	<b>14:50:29.25</b>	+05:23:29 (36.3%)	12:32	4.8 (64.0%)	
87	<b>KIERZEK Artur</b>	<b>1035</b>	BIEGACZE KOSMOSU	M40	30	00:52:51	01:33:39	04:33:13	07:06:07	10:12:25	13:23:58	<b>14:50:29.65</b>	<b>14:50:29.65</b>	+05:23:29 (36.3%)	12:32	4.8 (64.0%)	
88	<b>KITLAS Dariusz</b>	<b>1037</b>	BSB	M50	13	00:51:18	01:28:10	04:21:34	07:03:29	10:04:11	13:38:30	<b>15:07:20.05</b>	<b>15:07:20.05</b>	+05:40:19 (37.5%)	12:46	4.7 (62.7%)	
89	<b>ZIELIŃSKI Tomasz</b>	<b>1101</b>	ULTRAPIOTRKÓW	M40	31	01:04:22	01:47:50	04:48:09	07:31:52	10:35:55	13:46:19	<b>15:15:05.95</b>	<b>15:15:05.95</b>	+05:48:05 (38.0%)	12:53	4.7 (62.7%)	
90	<b>SADEL Krzysztof</b>	<b>1081</b>		M50	14	00:57:13	01:36:22	04:37:18	07:16:29	10:32:28	13:58:07	<b>15:26:07.00</b>	<b>15:26:07.00</b>	+05:59:06 (38.8%)	13:02	4.6 (61.3%)	
91	<b>GÓRCZYŃSKI Rafał</b>	<b>1025</b>		M40	32	00:50:07	01:27:20	04:16:38	06:57:30	10:41:26	14:15:30	<b>15:37:28.25</b>	<b>15:37:28.25</b>	+06:10:28 (39.5%)	13:12	4.5 (60.0%)	
<b>Przekroczony limit czasu: 16:00:00</b>																	
92	<b>JANIK Przemysław</b>	<b>1030</b>		M30	23	00:55:23	01:39:43	11:29:44			14:51:24	<b>16:19:29.35</b>	<b>16:19:29.35</b>	+06:52:29 (42.1%)	13:47	4.3 (57.3%)	
93	<b>HOFFMANN Grzegorz</b>	<b>1026</b>		M40	33	00:54:56	01:37:30	04:52:03	07:54:55	11:30:50	15:02:45	<b>16:38:15.25</b>	<b>16:38:15.25</b>	+07:11:15 (43.2%)	14:03	4.3 (57.3%)	
94	<b>KLÓSKA Katarzyna</b>	<b>1040</b>		K40	12	00:55:18	01:36:56	05:06:57	08:01:40	11:46:02	15:41:04	<b>17:27:55.00</b>	<b>17:27:55.00</b>	+08:00:54 (45.9%)	14:45	4.1 (54.7%)	
95	<b>KOZŁOWSKI Wojciech</b>	<b>1045</b>		M50	15	00:45:16	01:18:07	03:48:26						+00:56:37	9:31	6.3 (84.0%)	
96	<b>CISZEWSKI Sebastian</b>	<b>1012</b>		M30	24	00:33:08								+	5:31	10.9 (145.3%)	
	<b>KRZYKANOWSKI Marcin</b>	<b>1049</b>	CENTRUM SPORTU GRABAREK	M40		DNF	01:23:51 DNF	03:51:53 DNF	06:17:44 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami					Droga pod Reglami		Różn	Tempo min/km	Tempo km/h
						6km	Trzy 10km	Odrodzenie 24km	Karpacz 37km	Odrodzenie 51km	65km	Czas netto 71km			
	<b>MATUSIAK Daniel</b>	<b>1059</b>	PUPPY CHARMS	M30		01:37:29 DNF	02:01:07 DNF	12:31:42 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>STACHOWIAK Adam</b>	<b>1088</b>	LESZNOLIMITSRUNNERS	M30		00:34:29 DNF	02:01:05 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)
	<b>SADOWSKI Paweł</b>	<b>1079</b>	DZIKIE CHORAĞWIE HUSARSKIE KORONY RUDAWSKIEJ	M30		00:34:03 DNF	02:05:07 DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>	-	- (0.0%)

Znaleziono 100 wynik(ów)