



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY
Fundacja Szczyt za szczytem
2024-09-07
Sobieszów
72 km

SIEDEMDZIESIĄT Z HAKIEM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami 6km	Trzy Jawory 10km	Odrodzenie 24km	Karpacz 38km	Odrodzenie 51km	Droga pod Reglami 64km	Czas netto 72km	Czas brutto 72km	Różn	Tempo min/km	Tempo km/h
1	OTRĘBA Maciej	1112		M40	1	00:32:14	00:57:06	02:33:28	03:56:03	05:33:32	07:04:30	07:45:55.15	07:45:55.15		6:28	9.3 (100%)
2	JAKIMIUK Daniel	1023	AURORA RUNNING TEAM	M30	1	00:31:41	00:55:35	02:30:00	03:55:39	05:32:14	07:06:33	07:47:56.20	07:47:56.20	+00:02:01 (0.4%)	6:29	9.2 (98.9%)
3	GÓRAK Przemysław	1018	BLACK HAT PRO	M40	2	00:31:41	00:56:15	02:33:43	03:55:44	05:39:51	07:15:45	08:00:13.70	08:00:13.70	+00:14:18 (3.0%)	6:40	9 (96.8%)
4	KOPCEWICZ Tomasz	1033		M40	3	00:33:24	00:59:24	02:39:31	04:03:51	05:59:39	07:50:04	08:39:54.80	08:39:54.80	+00:53:59 (10.4%)	7:13	8.3 (89.2%)
5	MIKEŠOVÁ Jana	1053	SALMING CZ	K30	1	00:34:04	01:01:04	02:44:13	04:13:42	06:06:21	07:55:42	08:41:11.60	08:41:11.60	+00:55:16 (10.6%)	7:14	8.3 (89.2%)
6	MUCHACZOW Jacek	1056	TS REGLE SZKLARSKA POREBA	M40	4	00:35:29	01:03:10	02:44:39	04:12:02	06:07:23	07:57:55	08:51:43.00	08:51:43.00	+01:05:47 (12.4%)	7:23	8.1 (87.1%)
6	KOSAL Maciej	1034	KTS JELENIA GÓRA	M40	4	00:35:28	01:03:10	02:44:34	04:11:54	06:07:17	07:57:46	08:51:43.00	08:51:43.00	+01:05:47 (12.4%)	7:23	8.1 (87.1%)
8	WIŚNIEWSKI Paweł	1092	ULTRAKOTLINA TEAM	M40	6	00:38:00	01:06:08	02:55:14	04:33:43	06:39:44	08:40:31	09:35:09.00	09:35:09.00	+01:49:13 (19.0%)	7:59	7.5 (80.6%)
9	BIEGAŃSKI Marcin	1005	TRIMP	M30	2	00:36:31	01:04:24	02:49:05	04:19:35	06:24:53	08:28:54	09:35:12.85	09:35:12.85	+01:49:17 (19.0%)	7:59	7.5 (80.6%)
10	PIETRZAK Konrad	1063	AURORA RUNNING TEAM	M30	3	00:36:12	01:04:19	02:46:14	04:18:43	06:26:56	08:41:48	09:40:23.30	09:40:23.30	+01:54:28 (19.7%)	8:03	7.4 (79.6%)
11	FISZER Sebastian	1014	LESZ NO LIMITS RUNNERS	M40	7	00:34:17	01:00:59	02:53:42	04:33:38	06:45:36	08:51:20	09:40:58.60	09:40:58.60	+01:55:03 (19.8%)	8:04	7.4 (79.6%)
12	RINK Jan	1070		M40	8	00:36:19	01:03:49	02:53:35	04:25:34	06:39:52	08:48:43	09:43:23.90	09:43:23.90	+01:57:28 (20.1%)	8:06	7.4 (79.6%)
13	DAJEK Łukasz	1010		M40	9	00:37:41	01:06:09	02:59:07	04:37:13	06:56:00	08:53:22	09:47:24.70	09:47:24.70	+02:01:29 (20.7%)	8:09	7.4 (79.6%)
14	WOJNAROWICZ Paweł	1094		M30	4	00:37:25	01:05:52	02:59:12	04:41:02	06:56:29	08:56:04	09:48:15.15	09:48:15.15	+02:02:20 (20.8%)	8:10	7.3 (78.5%)
15	MIKRUT Remigiusz	1054	9TE WZGÓRZE CHEŁMNO	M40	10	00:38:53	01:11:48	03:05:45	04:49:42	06:58:39	09:00:09	09:58:09.55	09:58:09.55	+02:12:14 (22.1%)	8:18	7.2 (77.4%)
16	LISIECKI Tomasz	1111		M40	11	00:39:52	01:08:55				09:08:04	10:06:40.45	10:06:40.45	+02:20:45 (23.2%)	8:25	7.1 (76.3%)
17	KOZŁOWSKI Wojciech	1106		M50	1	00:44:37	01:21:04	03:58:59				10:11:33.20	10:11:33.20	+02:25:38 (23.8%)	8:29	7.1 (76.3%)
18	CARUK Damian	1009	PGN NIERUCHOMOŚCI	M40	12	00:37:12	01:05:52	03:06:39	04:52:24	07:11:06	09:16:25	10:14:52.50	10:14:52.50	+02:28:57 (24.2%)	8:32	7 (75.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami					Droga pod Reglami		Czas netto 72km	Czas brutto 72km	Różn	Tempo min/km	Tempo km/h
						6km	Trzy 10km	Odrodzenie 24km	Karpacz 38km	Odrodzenie 51km	64km	72km					
19	KASZKOWIAK Bogumil	1031	WRONKI	M40	13	00:43:42	01:17:59	03:25:20	05:12:37	07:35:25	09:38:50	10:26:12.55	10:26:12.55	+02:40:17 (25.6%)	8:41	6.9 (74.2%)	
20	PALIWODA Sławek	1062	ITPROJEKT BYDGOSZCZ	M30	5	00:36:22	01:04:46	03:04:32	04:45:27	07:00:04	09:21:32	10:30:03.00	10:30:03.00	+02:44:07 (26.1%)	8:45	6.9 (74.2%)	
21	BUKOWIŃSKI Damian	1008	TRAIL IS OUR WAY	M40	14	00:40:25	01:16:39	03:21:48	05:13:34	07:32:50	09:43:58	10:37:29.25	10:37:29.25	+02:51:34 (26.9%)	8:51	6.8 (73.1%)	
22	KANIA Marcin	1030	#TEAMKOSTERA	M18	1	00:40:52	01:12:56	03:12:51	04:59:42	07:20:44	09:43:21	10:44:45.10	10:44:45.10	+02:58:49 (27.7%)	8:57	6.7 (72.0%)	
23	ZBOROWSKI Marcin	1098	ULTRA DIABŁY TEAM LUBRZA	M30	6	00:43:31	01:15:12	03:24:23	05:13:40	07:34:20	09:50:30	10:47:29.40	10:47:29.40	+03:01:34 (28.0%)	8:59	6.7 (72.0%)	
24	WĘGLEWICZ Maciej	1089	BIEGOLAS KOSZALIN	M30	7	00:39:37	01:11:14	03:12:01	04:59:51	07:23:10	09:49:15	10:48:21.40	10:48:21.40	+03:02:26 (28.1%)	9:00	6.7 (72.0%)	
25	STERNIK Tomasz	1079	PASJA TEAM	M40	15	00:39:38	01:11:15	03:11:54	04:59:39	07:23:06	09:49:15	10:48:21.70	10:48:21.70	+03:02:26 (28.1%)	9:00	6.7 (72.0%)	
26	PYZIK Ewa	1069	MATNER RUNNING TEAM	K40	1	00:41:57	01:14:43	03:25:57	05:20:06	07:42:48	09:56:45	10:56:32.30	10:56:32.30	+03:10:37 (29.0%)	9:07	6.6 (71.0%)	
27	MAJEWSKI Michał	1048	SPIN FORCE RUNNERS	M40	16	00:37:47	01:06:10	03:07:32	04:58:14	07:26:18	09:53:07	11:02:40.15	11:02:40.15	+03:16:45 (29.7%)	9:12	6.5 (69.9%)	
28	KACZMARCZYK Piotr	1029	SOLPARK KLESZCZÓW	M40	17	00:41:55	01:14:50	03:24:01	05:12:41	07:49:18	10:04:15	11:03:37.70	11:03:37.70	+03:17:42 (29.8%)	9:13	6.5 (69.9%)	
29	DRAGANEK Ewelina	1013		K40	2	00:42:03	01:14:45	03:27:01	05:25:30	07:56:01	10:07:41	11:06:35.95	11:06:35.95	+03:20:40 (30.1%)	9:15	6.5 (69.9%)	
30	WICZKOWSKI Konrad	1090		M30	8	00:37:36	01:07:55	03:12:30	05:24:11	07:40:34	10:12:53	11:07:42.80	11:07:42.80	+03:21:47 (30.2%)	9:16	6.5 (69.9%)	
31	LEWANDOWSKI Bartłomiej	1044	MMUU	M40	18	00:41:17	01:11:05	03:16:12	05:09:57	07:40:44	10:07:53	11:12:26.55	11:12:26.55	+03:26:31 (30.7%)	9:20	6.4 (68.8%)	
32	KOPACZ Katarzyna	1102		K40	3	00:41:02	01:14:46	03:23:54	05:20:09	07:52:26	10:06:41	11:17:36.90	11:17:36.90	+03:31:41 (31.2%)	9:24	6.4 (68.8%)	
33	JĘDZURA Daniel	1027		M40	19	00:39:16	01:09:45	03:13:13	05:10:05	07:41:05	10:06:56	11:17:42.15	11:17:42.15	+03:31:47 (31.3%)	9:24	6.4 (68.8%)	
34	MAZUR Anna	1051	ULTRANQA	K40	4	00:41:57	01:14:57	03:29:01	05:26:57	08:03:41	10:19:17	11:18:39.85	11:18:39.85	+03:32:44 (31.3%)	9:25	6.4 (68.8%)	
35	SADOWSKI Krzysztof	1074		M18	2	00:39:15	01:07:45	03:06:26	04:53:40	07:45:26	10:18:49	11:28:15.60	11:28:15.60	+03:42:20 (32.3%)	9:33	6.3 (67.7%)	
36	LIPOWICZ Łukasz	1045		M40	20	00:41:46	01:11:33	03:21:56	05:20:50	07:53:05	10:24:36	11:33:09.65	11:33:09.65	+03:47:14 (32.8%)	9:37	6.2 (66.7%)	
37	POCHROŃ Marcin	1067		M30	9	00:47:00	01:19:00	03:35:01	05:43:31	08:16:15	10:48:50	11:42:02.35	11:42:02.35	+03:56:07 (33.6%)	9:45	6.2 (66.7%)	
38	GAŚCZAK Mariusz	1016		M40	21	00:41:18	01:14:53	03:26:47	05:29:05	08:06:53	10:37:53	11:44:06.10	11:44:06.10	+03:58:10 (33.8%)	9:46	6.1 (65.6%)	
39	TOPA Mateusz	1108		M30	10	00:37:46	01:06:24	03:15:17	05:13:07	07:52:20	10:48:32	11:46:47.85	11:46:47.85	+04:00:52 (34.1%)	9:48	6.1 (65.6%)	
40	GILEWICZ-RACHOWSKA Jagoda	1017	MAKSFLY	K30	2	00:43:05	01:17:48	03:35:05	05:41:50	08:15:29	10:48:38	11:47:29.35	11:47:29.35	+04:01:34 (34.1%)	9:49	6.1 (65.6%)	
41	BEDNARZ Krzysztof	1104	TS REGLE	M40	22	00:37:41	01:06:32	03:19:36	05:16:10	08:06:05	10:47:09	11:50:06.10	11:50:06.10	+04:04:10 (34.4%)	9:51	6.1 (65.6%)	
42	JANKOWSKI Krzysztof	1024		M30	11	00:41:31	01:14:49	03:20:24	05:23:20	08:03:16	10:45:55	11:51:36.15	11:51:36.15	+04:05:41 (34.5%)	9:53	6.1 (65.6%)	
43	WALUŚKIEWICZ Artur	1087	SOLA FIDE	M50	2	00:43:57	01:19:18	03:37:25	05:39:15	08:16:41	10:55:12	11:57:26.15	11:57:26.15	+04:11:31 (35.1%)	9:57	6 (64.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami					Droga pod Reglami		Czas netto 72km	Czas brutto 72km	Różn	Tempo min/km	Tempo km/h
						6km	Trzy 10km	Odrodzenie 24km	Karpacz 38km	Odrodzenie 51km	64km	72km					
44	KOWALSKI Andrzej	1035		M60	1	00:45:53	01:21:27	03:39:11	05:45:06	08:29:34	10:58:13	12:02:43.75	12:02:43.75	+04:16:48 (35.5%)	10:02	6 (64.5%)	
45	ANTKIEWICZ Kamil	1103		M30	12	00:43:41	01:19:31	03:30:16	05:34:17	08:18:46	10:57:04	12:05:56.75	12:05:56.75	+04:20:01 (35.8%)	10:04	6 (64.5%)	
46	WAWRZUSIAK Dawid	1088		M40	23	00:46:47	01:23:44	03:37:53	05:41:24	08:19:31	11:07:15	12:05:58.35	12:05:58.35	+04:20:03 (35.8%)	10:04	6 (64.5%)	
47	ABRAMOWICZ Agata	1001		K30	3	00:44:29	01:19:53	03:40:07	05:45:21	08:31:10	11:07:09	12:10:33.60	12:10:33.60	+04:24:38 (36.2%)	10:08	5.9 (63.4%)	
48	BIAŁEK Mirosław	1004	WRONIECKI KLUB BIEGACZA	M40	24	00:44:42	01:18:43	03:34:53	05:40:16	08:27:28	11:06:31	12:13:20.90	12:13:20.90	+04:27:25 (36.5%)	10:11	5.9 (63.4%)	
49	NOWICKI Zbigniew	1059		M50	3	00:47:00	01:22:26	03:48:35	06:06:47	08:50:23	11:17:53	12:14:35.50	12:14:35.50	+04:28:40 (36.6%)	10:12	5.9 (63.4%)	
50	SZERMENT Eryk	1081	BBL GORZÓW WIELKOPOLSKI	M40	25	00:47:39	01:23:53	03:51:10	05:57:16	08:50:21	11:15:38	12:18:55.95	12:18:55.95	+04:33:00 (36.9%)	10:15	5.8 (62.4%)	
51	MARCINIAK Rafał	1050	8A.PL	M30	13	00:46:39	01:25:20	03:54:39	05:57:11	08:31:12	11:17:08	12:20:29.20	12:20:29.20	+04:34:34 (37.1%)	10:17	5.8 (62.4%)	
52	BRONOWSKA Justyna	1006		K40	5	00:44:47	01:21:34	03:39:07	05:40:39	08:29:38	11:11:23	12:23:46.00	12:23:46.00	+04:37:50 (37.4%)	10:19	5.8 (62.4%)	
53	GRODZKI Tomasz	1019	ULTRASSCZYOR	M50	4	00:47:42	01:24:35	03:37:56	05:41:20	08:27:32	11:16:12	12:23:55.30	12:23:55.30	+04:38:00 (37.4%)	10:19	5.8 (62.4%)	
54	PRUSIEWICZ Bartosz	1068	SPACEPRINT.PL	M30	14	00:44:48	01:19:23	03:38:09	05:44:24	08:31:17	11:15:21	12:25:49.10	12:25:49.10	+04:39:53 (37.5%)	10:21	5.8 (62.4%)	
55	HANISZEWSKI Mateusz	1021		M30	15	00:41:17	01:11:57	03:25:13	05:31:24	08:34:39	11:26:35	12:28:49.20	12:28:49.20	+04:42:54 (37.8%)	10:24	5.8 (62.4%)	
56	KOZIOŁ Krzysztof	1037		M40	26	00:44:09	01:19:57	03:41:59	05:49:40	08:32:44	11:18:00	12:29:29.90	12:29:29.90	+04:43:34 (37.8%)	10:24	5.8 (62.4%)	
57	JUROSZEK Józef	1028		M40	27	00:47:37	01:28:34	03:44:12	05:50:20	08:43:06	11:24:27	12:38:00.80	12:38:00.80	+04:52:05 (38.5%)	10:31	5.7 (61.3%)	
58	PIOTROWICZ Michał	1064	ORTHOS TEAM	M30	16	00:45:04	01:21:07	03:32:48	05:34:14	08:29:41	11:32:38	12:50:35.75	12:50:35.75	+05:04:40 (39.5%)	10:42	5.6 (60.2%)	
59	ZMELONEK Piotr	1101	TOWARZYSTWO WISŁA DLA WARSZAWY	M50	5	00:48:53	01:28:28	03:42:33	05:50:24	08:48:09	11:40:02	12:50:40.30	12:50:40.30	+05:04:45 (39.5%)	10:42	5.6 (60.2%)	
60	ZIELIŃSKA Justyna	1099	KS.POSNANIA TRIATHLON	K40	6	00:47:03	01:23:57	03:51:43	06:01:27	08:58:18	11:45:39	12:54:59.40	12:54:59.40	+05:09:04 (39.9%)	10:45	5.6 (60.2%)	
61	IWASZCZYSZYN Tomasz	1022	RMT TEAM & PRZYJACIELE / RATEMYTRAIL.COM	M30	17	00:42:56	01:19:57	03:35:19	05:39:28	08:29:44	11:37:39	12:56:36.10	12:56:36.10	+05:10:40 (40.0%)	10:47	5.6 (60.2%)	
62	KWIECIŃSKA Małgorzata	1041	BRAVEHEARTS LEGIONOWO	K30	4	00:50:34	01:35:03	04:04:15	06:13:47	09:07:36	11:55:15	13:01:56.55	13:01:56.55	+05:16:01 (40.4%)	10:51	5.5 (59.1%)	
63	MUCHA Artur	1107	ENERGY MARKETS	M30	18	00:44:39	01:22:04	03:48:30	05:59:44	08:53:05	11:55:35	13:03:10.10	13:03:10.10	+05:17:14 (40.5%)	10:52	5.5 (59.1%)	
64	LEBODA Katarzyna	1042	WILD DOGS TEAM	K30	5	00:41:56	01:17:19	03:25:09	05:26:54	08:06:14	11:25:02	13:04:20.40	13:04:20.40	+05:18:25 (40.6%)	10:53	5.5 (59.1%)	
65	WALCZAK Łukasz	1086	BYLE DO PRZODUQ	M30	19	00:48:46	01:25:18	03:57:27		09:24:07	12:01:46	13:13:19.80	13:13:19.80	+05:27:24 (41.3%)	11:01	5.4 (58.1%)	
66	PINCZEWSKI Patrik	1109		M50	6	00:50:57	01:33:15	04:04:11	06:32:02	09:21:26	12:17:08	13:19:07.85	13:19:07.85	+05:33:12 (41.7%)	11:05	5.4 (58.1%)	
67	SIKORSKI Dariusz	1076	INSERT TEAM	M40	28	00:44:44	01:19:55	03:35:32	05:45:17	08:41:29	11:59:05	13:24:47.35	13:24:47.35	+05:38:52 (42.1%)	11:10	5.4 (58.1%)	
68	MANEL Mariusz	1049	DRUŻYNA SZPIKU	M50	7	00:46:15	01:23:39	03:48:38	06:06:50	09:11:52	12:15:02	13:30:31.50	13:30:31.50	+05:44:36 (42.5%)	11:15	5.3 (57.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami					Droga pod Reglami		Czas netto 72km	Czas brutto 72km	Różn	Tempo min/km	Tempo km/h
						6km	Trzy Jawory 10km	Odrodzenie 24km	Karpacz 38km	Odrodzenie 51km	64km	72km					
69	RYCERSKI Rafał	1071	GRZĄDZIEL TEAM	M40	29	00:41:34	01:15:43	03:35:11	05:54:37	09:12:38	12:27:26	13:38:18.60	13:38:18.60	+05:52:23 (43.1%)	11:21	5.3 (57.0%)	
70	LEWANDOWSKI Rafał	1043	SPC	M40	30	00:44:45	01:18:08	03:41:40	06:01:38	09:00:00	12:11:07	13:40:22.00	13:40:22.00	+05:54:26 (43.2%)	11:23	5.3 (57.0%)	
71	MICHALAK Violetta	1052	LEŚNE SZEPTUCHY	K50	1	00:45:47	01:21:04	03:54:29	06:18:19	09:32:48	12:35:13	13:44:03.25	13:44:03.25	+05:58:08 (43.5%)	11:26	5.2 (55.9%)	
71	GARSTKA Zbigniew	1015	LEŚNE DZIADY TEAM	M40	31	00:45:47	01:21:04	03:54:35	06:18:15	09:32:45	12:35:13	13:44:03.25	13:44:03.25	+05:58:08 (43.5%)	11:26	5.2 (55.9%)	
73	BUDYCH-GÓRZNA Magdalena	1007		K40	7	00:44:42	01:20:40	03:50:55	06:11:42	09:28:38	12:35:41	13:47:54.65	13:47:54.65	+06:01:59 (43.7%)	11:29	5.2 (55.9%)	
74	KRUZEL Rafał	1039	BIEGOWE MISIE	M50	8	00:49:40	01:30:59	04:15:00	06:40:38	09:41:06	12:34:08	13:47:54.80	13:47:54.80	+06:01:59 (43.7%)	11:29	5.2 (55.9%)	
75	PIWOWARSKI Paweł	1066	VULCAN JAWOR	M50	9	00:47:38	01:28:35	04:09:28	06:25:10	09:24:01	12:35:40	13:47:54.90	13:47:54.90	+06:01:59 (43.7%)	11:29	5.2 (55.9%)	
76	PIWOŃSKA Agnieszka	1065		K50	2	00:50:36	01:35:03	04:17:22		09:45:50	12:43:46	13:53:49.30	13:53:49.30	+06:07:54 (44.1%)	11:34	5.2 (55.9%)	
77	JASKÓLSKI Jan	1026		M40	32	00:49:41	01:37:23	04:00:20	06:35:04	09:52:44	12:55:47	13:58:21.20	13:58:21.20	+06:12:26 (44.4%)	11:38	5.2 (55.9%)	
78	ORŁOWSKA Beata	1061	BIEGOLAS KOSZALIN-KOŁOBRZEG	K50	3	00:45:46	01:24:53	04:00:14	06:27:04	09:49:50	12:44:11	13:59:53.60	13:59:53.60	+06:13:58 (44.5%)	11:39	5.1 (54.8%)	
79	KROCZYŃSKI Sławomir	1038	BIEGOLAS KOSZALIN-KOŁOBRZEG	M60	2	00:45:45	01:24:57	04:00:18	06:26:35	09:49:46	12:44:11	13:59:53.75	13:59:53.75	+06:13:58 (44.5%)	11:39	5.1 (54.8%)	
80	SZARANIEC Sebastian	1080	AW - SZYBCIEJ - TEAM / MCBIEGACZE	M40	33	00:44:42	01:20:06	03:40:13	05:59:54	09:16:56	12:38:49	14:01:03.60	14:01:03.60	+06:15:08 (44.6%)	11:40	5.1 (54.8%)	
81	ZIÓŁEK Rafał	1100		M30	20	00:42:18	01:15:53	03:32:54	05:50:30	09:28:43	12:38:51	14:01:04.95	14:01:04.95	+06:15:09 (44.6%)	11:40	5.1 (54.8%)	
82	WAJDA Maciej	1110	SPELEOCLUB WROCŁAW	M40	34	00:53:16	01:31:51	04:02:55	06:30:47	09:44:49	12:51:11	14:15:57.20	14:15:57.20	+06:30:02 (45.6%)	11:53	5 (53.8%)	
83	WÓJCIK Łukasz	1096		M40	35	00:48:54	01:28:31	03:52:21	06:11:17	09:35:51	12:53:55	14:17:03.15	14:17:03.15	+06:31:08 (45.6%)	11:54	5 (53.8%)	
84	ŁATWIŃSKI Mateusz	1046	KAMIL LEŚNIAK TEAM	M18	3	00:44:38	01:19:38	03:44:22	06:03:06	09:24:04	12:59:23	14:33:18.15	14:33:18.15	+06:47:23 (46.6%)	12:07	4.9 (52.7%)	
85	JANKOWSKI Adam	1025	ULTRAWAY.PL RUNNING TEAM	M30	21	00:47:34	01:27:29	04:04:01	06:41:22	10:19:05	13:21:38	14:36:16.00	14:36:16.00	+06:50:20 (46.8%)	12:10	4.9 (52.7%)	
86	WREMBEL Przemysław	1097		M40	36	00:46:31	01:25:24	04:09:35	06:40:40	10:09:48	13:34:48	15:01:44.20	15:01:44.20	+07:15:49 (48.3%)	12:31	4.8 (51.6%)	
87	NOWAKOWSKI Mirosław	1058		M50	10	00:49:58	01:29:11	04:09:23	06:44:58	10:11:14	13:34:53	15:02:15.95	15:02:15.95	+07:16:20 (48.4%)	12:31	4.8 (51.6%)	
88	MITASZEWSKI Przemysław	1055	VULCAN JAWOR	M40	37	00:47:38	01:28:35	04:09:32	06:44:47	10:11:53	13:35:17	15:02:16.00	15:02:16.00	+07:16:20 (48.4%)	12:31	4.8 (51.6%)	
89	STEFANIAK Emilia	1078		K40	8	00:50:48	01:35:48	04:21:17	07:03:22		13:45:07	15:10:05.30	15:10:05.30	+07:24:10 (48.8%)	12:38	4.7 (50.5%)	
90	ŚLUSAREK Grzegorz	1083	PONADWSZYSTKO	M40	38	00:50:02	01:30:38	04:04:57	06:41:12	10:19:33	13:45:12	15:10:05.80	15:10:05.80	+07:24:10 (48.8%)	12:38	4.7 (50.5%)	
91	KOZIEŁ Tadeusz	1036	SZCZĘŚCIARZ BIEGA	M30	22	00:50:35	01:35:04	04:17:19	06:44:21	09:55:26	13:24:02	15:17:15.75	15:17:15.75	+07:31:20 (49.2%)	12:44	4.7 (50.5%)	
92	SKRZYPCZAK Rafał	1077		M40	39	00:49:41	01:37:22		06:55:49		13:54:40	15:27:10.40	15:27:10.40	+07:41:15 (49.7%)	12:52	4.7 (50.5%)	
93	KLÓSKA Katarzyna	1032		K40	9	00:51:27	01:34:58	04:46:23	07:44:20	11:08:01	14:13:52	15:39:56.35	15:39:56.35	+07:54:01 (50.4%)	13:03	4.6 (49.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Droga pod Reglami					Droga pod Reglami		Czas netto 72km	Czas brutto 72km	Różn	Tempo min/km	Tempo km/h
						6km	Trzy 10km	Odrodzenie 24km	Karpacz 38km	Odrodzenie 51km	64km	72km					
94	SZYMANKIEWICZ Edyta	1082	CROSS STRACENÓW TEAM	K50	4	00:50:37	01:35:05	04:21:36	07:08:23	10:45:41	14:14:40	15:49:48.60	15:49:48.60	+08:03:53 (50.9%)	13:11	4.5 (48.4%)	
95	WOLNIEWICZ Marcin	1095		M40	40	00:47:15	01:25:25	04:04:21	06:40:05	10:15:23	14:15:04	15:50:36.70	15:50:36.70	+08:04:41 (51.0%)	13:12	4.5 (48.4%)	
96	GWOŹDZIEWICZ Tomasz	1113		M40	41	00:49:38	01:33:50	04:34:52	07:34:35	11:06:39	14:19:55	15:51:33.05	15:51:33.05	+08:05:37 (51.0%)	13:12	4.5 (48.4%)	
Przekroczony limit czasu: 16:00:00																	
97	WACHOWSKA Katarzyna	1085	SMOK TRÓJGŁOWY	K30	6	00:50:12	01:30:35	04:15:27	07:20:04	11:05:57	14:42:15	16:13:03.10	16:13:03.10	+08:27:07 (52.1%)	13:30	4.4 (47.3%)	
	ANKIEWICZ Stefan	1002	BRACTWO BIEGOWE BGK	M40		00:42:23 DNF	01:17:20 DNF	03:25:01 DNF	05:39:31 DNF	09:07:42 DNF	DNF	DNF	DNF	-	-	(0.0%)	
	WIKLIŃSKA Iga	1091		K18		00:43:21 DNF	01:17:22 DNF	03:36:30 DNF	05:44:39 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)	
	HALINIAK Marek	1020	NKB CHYŻY NOWY TOMYŚL	M40		00:45:12 DNF	01:20:52 DNF	04:09:39 DNF	07:08:14 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)	
	ŁUCZKÓW Andrzej	1047		M50		00:51:41 DNF	01:33:35 DNF	04:23:11 DNF	07:20:12 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)	
	DOMINIAK Marcin	1012		M50		00:44:43 DNF	01:22:11 DNF	03:52:02 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)	
	SADKOWSKI Arkadiusz	1073	ŁYSE PAŁY	M30		00:47:37 DNF	01:26:34 DNF	03:58:05 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)	
	WOJCIECHOWICZ Jacek	1093	PASJA TEAM	M40		00:39:41 DNF	01:11:14 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)	

Znaleziono 104 wynik(ów)