



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY 2020  
FUNDACJA PROFIT MARATON  
2020-09-05  
Sobieszów  
71 km

## SIEDEMDZIESIĄT Z HAKIEM

B4SPORT

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Trzy			Droga pod		Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h	
							Jawory 10km	Kark_Przelec 24km	Karpacz 38km	Kark_Przelec 51km	Reglami 64km						Kara/ bonifikata
1	SAWICKI Piotr	1324		M40	1	00:12:54	00:59:16	02:43:59	04:14:04	06:10:01	07:47:46	<b>08:28:14.45</b>	<b>08:41:08.65</b>		7:09	8.4 (100%)	
2	KYCIA Piotr	1308		M40	2	00:28:53	01:06:40	02:57:22	04:32:32	06:34:09	08:27:25	-00:03:00	<b>09:14:36.00</b>	<b>09:43:30.00</b>	+00:46:21 (8.4%)	7:51	7.6 (90.5%)
3	ZALEWSKI Dariusz	1380	M.A.D.D.	M40	3	00:08:04	01:04:14	02:56:34	04:31:58	06:40:08	08:33:30	-00:02:00	<b>09:23:35.00</b>	<b>09:31:39.00</b>	+00:55:20 (9.8%)	7:57	7.5 (89.3%)
4	SZARAPANOWSKI Marcin	1335	ULTRA DIABŁY TEAM LUBRZA	M40	4	00:03:04	01:09:33	03:05:15	04:43:35	06:49:45	08:40:10	-00:02:00	<b>09:25:08.00</b>	<b>09:28:12.00</b>	+00:56:53 (10.1%)	7:59	7.5 (89.3%)
5	WOJTASZEK Jacek	1294		M40	5	00:19:00	01:06:21	02:51:14	04:26:02	06:51:11	08:47:30		<b>09:36:15.10</b>	<b>09:55:15.60</b>	+01:08:00 (11.8%)	8:06	7.4 (88.1%)
6	FARGANUS Robert	1270	ZABIEGANI Z LEŚNEJ	M40	6	00:11:04	01:08:06	03:01:07	04:33:57	06:41:03	08:51:14		<b>09:45:47.25</b>	<b>09:56:51.70</b>	+01:17:32 (13.2%)	8:15	7.3 (86.9%)
7	KOWCZYK Łukasz	1361	DRUŻYNA CHROBREGO	M40	7	00:19:05	01:08:10	03:05:33	04:44:46	07:12:36	09:40:25		<b>10:47:44.10</b>	<b>11:06:49.30</b>	+02:19:29 (21.5%)	9:07	6.6 (78.6%)
8	SZCZEPAŃSKI Andrzej	1429		M40	8	00:30:43	01:17:53	03:23:53	05:12:50	07:44:56	09:45:44		<b>10:54:53.40</b>	<b>11:25:36.75</b>	+02:26:38 (22.4%)	9:13	6.5 (77.4%)
9	SPECHT Mikołaj	1413		M40	9	00:12:14	01:12:42	03:23:07	05:16:50	07:55:17	10:07:29		<b>11:03:12.25</b>	<b>11:15:26.35</b>	+02:34:57 (23.4%)	9:20	6.4 (76.2%)
10	KOCJAN Paweł	1401	KB   LOVE ZIEMEK / NIGHT RUNNERS	M40	10	00:27:57	01:20:04	03:30:25	05:19:49	08:04:35	10:18:04		<b>11:11:38.85</b>	<b>11:39:36.05</b>	+02:43:24 (24.3%)	9:27	6.3 (75.0%)
11	POŁUBOK Kajetan	1337		M40	11	00:01:34	01:01:19	02:47:07	04:18:27	08:10:57	10:24:06		<b>11:11:47.85</b>	<b>11:13:22.40</b>	+02:43:33 (24.3%)	9:27	6.3 (75.0%)
12	ZIELIŃSKI Robert	1390	LUBOŃSKI KLUB BIEGACZA	M40	12	00:15:42	01:21:40	03:37:06	05:35:40	08:05:04	10:18:14		<b>11:15:18.85</b>	<b>11:31:01.65</b>	+02:47:04 (24.7%)	9:30	6.3 (75.0%)
13	WANSKI Michał	1356		M40	13	00:11:23	01:14:08	03:26:28	05:24:10	08:03:41	10:16:25		<b>11:15:21.40</b>	<b>11:26:45.05</b>	+02:47:06 (24.7%)	9:30	6.3 (75.0%)
14	MAZANKA Jakub	1339		M40	14	00:17:13	01:12:04	03:11:47	04:58:31	07:47:32	10:14:00		<b>11:17:39.20</b>	<b>11:34:52.70</b>	+02:49:24 (25.0%)	9:32	6.3 (75.0%)
15	KONIECZNY Maciej	1423	MK-CONNECT	M40	15	00:04:53	01:12:47	03:22:38	05:20:08	08:07:52	10:32:09		<b>11:35:39.65</b>	<b>11:40:33.50</b>	+03:07:25 (26.9%)	9:47	6.1 (72.6%)
16	GRZYWIŃSKI Bartosz	1304		M40	16	00:05:14	01:15:45	03:29:57	05:28:16	08:33:07	10:45:55		<b>11:43:16.65</b>	<b>11:48:30.95</b>	+03:15:02 (27.7%)	9:54	6.1 (72.6%)
17	IŁOWIECKI Dominik	1403	NBR TEAM	M40	17	00:28:32	01:10:09	03:26:34	05:32:11	08:35:24	10:41:48		<b>11:44:18.75</b>	<b>12:12:51.50</b>	+03:16:04 (27.8%)	9:55	6 (71.4%)
18	POLIWKA Mariusz	1439	FITNES PIEKARY	M40	18	00:19:22	01:16:09	03:38:04	05:45:31	08:33:12	10:47:35		<b>11:45:24.40</b>	<b>12:04:46.95</b>	+03:17:09 (28.0%)	9:56	6 (71.4%)
19	NOWACKI Michał	1261	MORSY POZNAŃ	M40	19	00:05:53	01:16:40	03:31:37	05:31:27	08:35:00	10:46:03		<b>11:49:07.15</b>	<b>11:55:01.00</b>	+03:20:52 (28.3%)	9:59	6 (71.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Trzy			Droga pod		Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
							Jawory 10km	Kark_Przelecz 24km	Karpacz 38km	Kark_Przelecz 51km	Reglami 64km					
20	<b>FRYBEL Damian</b>	<b>1354</b>	WOLSZTYŃSKA AKADEMIA BIEGOWA	M40	20	00:06:54	01:10:33	03:26:55	05:26:44	08:14:10	10:38:47	<b>11:51:39.90</b>	<b>11:58:34.15</b>	+03:23:25 (28.6%)	10:01	6 (71.4%)
21	<b>NEUFELD Marcin</b>	<b>1368</b>	INTEL RUNNERS / RUN-PASSION.PL	M40	21	00:01:54	01:10:47	03:21:32	05:20:31	08:30:02	10:51:24	<b>11:52:37.40</b>	<b>11:54:31.95</b>	+03:24:22 (28.7%)	10:02	6 (71.4%)
22	<b>JAKUBOWSKI Łukasz</b>	<b>1307</b>	KB KAMIEŃ POMORSKI	M40	22	00:16:23	01:17:23	03:34:58	05:40:44	08:36:21	10:53:11	<b>11:55:13.70</b>	<b>12:11:37.25</b>	+03:26:59 (28.9%)	10:04	6 (71.4%)
23	<b>PIETRZAK Jacek</b>	<b>1320</b>		M40	23	00:13:53	01:16:34	03:31:26	05:25:13	08:20:52	10:56:49	<b>11:59:14.25</b>	<b>12:13:07.70</b>	+03:30:59 (29.3%)	10:07	5.9 (70.2%)
24	<b>GARSTKA Zbigniew</b>	<b>1276</b>	WRONIECKI KLUB BIEGACZA	M40	24	00:04:33	01:14:29	03:32:42	05:35:29	08:34:18	10:58:32	<b>11:59:21.10</b>	<b>12:03:55.05</b>	+03:31:06 (29.3%)	10:07	5.9 (70.2%)
25	<b>SŁOWIŃSKI Damian</b>	<b>1388</b>	CITYZEN POZNAŃ	M40	25	00:27:46	01:20:16	03:44:34	05:51:54	08:34:47	11:00:19	<b>12:03:12.80</b>	<b>12:30:59.00</b>	+03:34:58 (29.7%)	10:11	5.9 (70.2%)
26	<b>SUDUŁ Jarosław</b>	<b>1374</b>	WIERZBICKI RUNNING PROJECT	M40	26	00:10:04	01:34:18	04:11:29	06:21:24	08:58:05	11:14:32	<b>12:11:18.50</b>	<b>12:21:22.85</b>	+03:43:04 (30.5%)	10:18	5.8 (69.0%)
27	<b>PARA Jakub</b>	<b>1277</b>	LESZNO LIMITS RUNNERS	M40	27	00:25:21	01:15:04	03:43:21	05:54:00	08:54:39	11:16:13	<b>12:12:48.70</b>	<b>12:38:10.50</b>	+03:44:34 (30.6%)	10:19	5.8 (69.0%)
28	<b>KSIĄŻKIEWICZ Tomasz</b>	<b>1400</b>	ULTRAS LEGIA	M40	28	00:11:14	01:19:34	03:36:39	05:43:20	08:43:37	11:17:07	<b>12:17:53.80</b>	<b>12:29:08.45</b>	+03:49:39 (31.1%)	10:23	5.8 (69.0%)
29	<b>SKRZEK Marcin</b>	<b>1382</b>	PRO-RUN WROCŁAW	M40	29	00:29:57	01:17:39	03:38:44	05:44:28	09:01:46	11:22:37	<b>12:25:55.00</b>	<b>12:55:52.05</b>	+03:57:40 (31.9%)	10:30	5.7 (67.9%)
30	<b>FUKS Szymon</b>	<b>1378</b>	MCBIEGACZE	M40	30	00:22:28	01:12:53	03:31:02	05:37:22	08:57:06	11:22:06	<b>12:27:07.55</b>	<b>12:49:36.00</b>	+03:58:53 (32.0%)	10:31	5.7 (67.9%)
31	<b>RYŻEWSKI Krzysztof</b>	<b>1333</b>	QUADIMODO RACING	M40	31	00:30:04	01:18:33	03:42:41	05:51:18	08:59:04	11:27:39	<b>12:29:44.45</b>	<b>12:59:49.40</b>	+04:01:30 (32.2%)	10:33	5.7 (67.9%)
32	<b>KOWALCZYK Grzegorz</b>	<b>1438</b>	ŻYCIE JAK MUZYKA	M40	32	00:15:23	01:18:02	03:42:11	05:58:45	08:49:29	11:30:08	<b>12:33:24.60</b>	<b>12:48:47.85</b>	+04:05:10 (32.5%)	10:36	5.7 (67.9%)
33	<b>KORYTEK Piotr</b>	<b>1331</b>	ART WITKOWO BIEGA	M40	33	00:14:13	01:19:31	03:36:27	05:42:41	08:31:12	11:27:35	<b>12:39:12.25</b>	<b>12:53:25.40</b>	+04:10:57 (33.1%)	10:41	5.6 (66.7%)
34	<b>PODSKARBI Dawid</b>	<b>1265</b>	GOD IS GOOD	M40	34	00:25:12	01:27:13	03:55:08	06:06:15	09:16:29	11:46:49	<b>12:52:30.00</b>	<b>13:17:42.05</b>	+04:24:15 (34.2%)	10:52	5.5 (65.5%)
35	<b>SUROWIEC Robert</b>	<b>1273</b>	GORZOWSKIE BIEGANIE CZWARTKOWE	M40	35	00:00:44	01:23:51	03:58:40	06:10:52	09:30:04	11:59:10	<b>13:04:05.60</b>	<b>13:04:50.35</b>	+04:35:51 (35.2%)	11:02	5.4 (64.3%)
36	<b>FILUT Łukasz</b>	<b>1349</b>		M40	36	00:17:33	01:14:22	03:38:42	05:43:10	09:17:39	12:00:13	<b>13:09:43.50</b>	<b>13:27:16.65</b>	+04:41:29 (35.6%)	11:07	5.4 (64.3%)
37	<b>KOZŁOWSKI Rafał</b>	<b>1329</b>	MAFIA TEAM KONIN	M40	37	00:22:05	01:26:11	04:03:11	06:26:52	09:29:56	12:09:39	<b>13:17:47.20</b>	<b>13:39:52.90</b>	+04:49:32 (36.3%)	11:14	5.3 (63.1%)
38	<b>KOBIERSKI Radek</b>	<b>1415</b>	POMAGAMYNATALII.PL	M40	38	00:28:44	01:38:38	04:12:58	06:34:07	09:42:14	12:08:24	<b>13:22:32.60</b>	<b>13:51:16.65</b>	+04:54:18 (36.7%)	11:18	5.3 (63.1%)
39	<b>SKRZYPCZAK Radosław</b>	<b>1357</b>	ROUNDSPACE.PL	M40	39	00:12:24	01:19:31	03:39:01	05:42:12	09:31:47	12:16:10	<b>13:30:17.55</b>	<b>13:42:42.35</b>	+05:02:03 (37.3%)	11:24	5.3 (63.1%)
40	<b>TETERYCZ Dariusz</b>	<b>1301</b>	GDZIE NOGI PONIOSĄ	M40	40	00:14:04	01:27:14	04:05:36	06:22:31	09:42:54	12:26:36	<b>13:33:36.80</b>	<b>13:47:41.30</b>	+05:05:22 (37.5%)	11:27	5.2 (61.9%)
41	<b>LIPIEC Łukasz</b>	<b>1257</b>		M40	41	00:02:04	01:17:17	03:47:33	06:05:40	09:32:41	12:21:07	<b>13:35:35.75</b>	<b>13:37:40.55</b>	+05:07:21 (37.7%)	11:29	5.2 (61.9%)
42	<b>CHUDYBA Michał</b>	<b>1365</b>		M40	42	00:14:54	01:22:30	04:03:20	06:27:40	09:39:27	12:18:29	<b>13:35:36.25</b>	<b>13:50:30.35</b>	+05:07:21 (37.7%)	11:29	5.2 (61.9%)
43	<b>BUJNOWSKI Rafał</b>	<b>1406</b>	PĘDZĄCE KAPCIE	M40	43	00:08:34	01:17:56	03:42:50	05:59:49	09:34:05	12:21:09	<b>13:36:04.05</b>	<b>13:44:38.10</b>	+05:07:49 (37.7%)	11:29	5.2 (61.9%)
44	<b>GRZELAK Daniel</b>	<b>1397</b>	MARATON LESZNO	M40	44	00:04:04	01:29:28	04:14:18	06:40:20	09:37:13	12:24:31	<b>13:39:14.15</b>	<b>13:43:18.95</b>	+05:10:59 (38.0%)	11:32	5.2 (61.9%)
45	<b>JARZEMBOWSKI Tomasz</b>	<b>1384</b>	WLKP MOUNTAINS ULTRA	M40	45	00:09:33	01:24:11	03:51:13	06:03:28	09:34:01	12:21:48	<b>13:40:31.15</b>	<b>13:50:04.45</b>	+05:12:16 (38.1%)	11:33	5.2 (61.9%)
46	<b>TOMASZEWSKI Dawid</b>	<b>1383</b>	WLKP MOUNTAINS ULTRA	M40	46	00:09:24	01:24:21	03:51:23	06:03:36	09:34:10	12:21:58	<b>13:40:40.65</b>	<b>13:50:04.65</b>	+05:12:26 (38.1%)	11:33	5.2 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Trzy					Droga pod Reglami 64km	Kara/ bonifikata	Czas netto 71km	Czas brutto 71km	Różn	Tempo min/km	Tempo km/h
							Jawory 10km	Kark_Przelec 24km	Karpacz 38km	Kark_Przelec 51km	64km							
47	<b>MARKOWSKI Piotr</b>	<b>1287</b>	MARKOTNESKOWRONKI	M40	47	00:05:43	01:20:00	03:59:22	06:28:23	09:51:14	12:34:56		<b>13:41:50.20</b>	<b>13:47:34.15</b>	+05:13:35 (38.2%)	11:34	5.2 (61.9%)	
48	<b>JAKUBOWSKI Paweł</b>	<b>1268</b>		M40	48	00:10:14	01:25:08	04:10:54	06:35:44	09:52:38	12:34:44		<b>13:46:51.05</b>	<b>13:57:05.95</b>	+05:18:36 (38.5%)	11:38	5.2 (61.9%)	
49	<b>MARKOWSKI Marek</b>	<b>1435</b>	KS LENIWIEC	M40	49	00:21:32	01:26:22	04:01:27	06:33:11	10:04:18	12:34:30		<b>13:47:16.05</b>	<b>14:08:48.95</b>	+05:19:01 (38.6%)	11:39	5.1 (60.7%)	
50	<b>KUCZ Tomasz</b>	<b>1300</b>		M40	50	00:10:24	01:26:20	04:11:30	06:46:18	10:38:27	12:50:05		<b>14:02:37.05</b>	<b>14:13:01.65</b>	+05:34:22 (39.7%)	11:52	5.1 (60.7%)	
51	<b>SZELAĞIEWICZ Arek</b>	<b>1364</b>		M40	51	00:01:03	01:24:18	04:04:42	06:26:42	10:11:07	13:07:21		<b>14:28:35.15</b>	<b>14:29:39.00</b>	+06:00:20 (41.5%)	12:14	4.9 (58.3%)	
52	<b>ROZWADOWSKI Robert</b>	<b>1379</b>	DRUŻYNA SZPIKU	M40	52	00:13:44	01:27:55	04:09:24	06:35:14	10:12:19	13:11:24		<b>14:31:26.90</b>	<b>14:45:11.25</b>	+06:03:12 (41.7%)	12:16	4.9 (58.3%)	
53	<b>PARZONKA Paweł</b>	<b>1328</b>	KS LENIWIEC	M40	53	00:21:18	01:26:38	04:01:38	06:33:24	10:36:51	13:27:33		<b>14:44:57.40</b>	<b>15:06:15.90</b>	+06:16:42 (42.6%)	12:27	4.8 (57.1%)	
54	<b>GĄSZCZAK Mariusz</b>	<b>1432</b>	KS LENIWIEC	M40	54	00:20:52	01:27:05	04:02:07	06:33:55	10:37:17	13:28:00		<b>14:45:23.50</b>	<b>15:06:15.90</b>	+06:17:09 (42.6%)	12:28	4.8 (57.1%)	
55	<b>TASZAREK Jakub</b>	<b>1325</b>		M40	55	00:12:43	01:18:31	03:59:24	06:25:31	10:32:16	13:32:26		<b>14:52:04.95</b>	<b>15:04:48.85</b>	+06:23:50 (43.0%)	12:33	4.8 (57.1%)	
56	<b>SZERSZEŃ Janusz</b>	<b>1252</b>	PIASECZNO RUNNING	M40	56	00:06:14	01:30:53	04:27:26	06:58:59	10:51:35	13:42:10		<b>15:08:12.25</b>	<b>15:14:26.90</b>	+06:39:57 (44.0%)	12:47	4.7 (56.0%)	
57	<b>HEJNA Łukasz</b>	<b>1347</b>		M40	57	00:23:11	01:38:20	04:40:17	07:11:59		13:55:19		<b>15:16:40.70</b>	<b>15:39:52.40</b>	+06:48:26 (44.6%)	12:54	4.6 (54.8%)	
58	<b>KOCH Piotr</b>	<b>1282</b>	ZROBIMTO.PL	M40	58	00:09:53	01:25:31	04:13:22	07:03:49	11:06:10	14:10:52		<b>15:23:50.60</b>	<b>15:33:44.55</b>	+06:55:36 (45.0%)	13:00	4.6 (54.8%)	
59	<b>NOWAKOWSKI Sławomir</b>	<b>1297</b>		M40	59	00:18:23	01:39:32	04:43:46	07:48:41		14:55:35		<b>16:18:05.85</b>	<b>16:36:28.90</b>	+07:49:51 (48.0%)	13:46	4.4 (52.4%)	
60	<b>KRZEWSKI Grzegorz</b>	<b>1316</b>		M40	60	00:18:14	01:39:42	04:43:53	07:48:45		14:55:43		<b>16:18:14.70</b>	<b>16:36:28.75</b>	+07:50:00 (48.0%)	13:46	4.4 (52.4%)	
61	<b>KARBOWSKI Jarosław</b>	<b>1312</b>	K.S.LENIWIEC	M40	61	00:20:45	01:27:11	04:07:14							+01:23:14	10:18	5.8 (69.0%)	
	<b>KASPRZYK Adrian</b>	<b>1437</b>	LESZ NO LIMITS RUNNERS	M40		DNF	01:29:19 DNF	04:14:12 DNF	06:52:32 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	
	<b>KLUCZYŃSKI Tomasz</b>	<b>1330</b>		M40		DNF	01:29:11 DNF	04:23:12 DNF	07:43:09 DNF	DNF	DNF		<b>DNF</b>	<b>DNF</b>		-	- (0.0%)	

Znaleziono 63 wynik(ów)