



# SILESIA HIGHLAND MARATHON - 10 KM

B4SPORT

**Organiser:**  
**Date:**  
**Place:**  
**Distance:**

Qualifit  
2016-07-30  
Nowa Wieś  
10 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Classification: [Gmina Mierzęcice](#)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>PALIGA Rafał</b>	<b>7</b>		M30	10	00:00:04	<b>00:51:46.50</b>	<b>00:51:51.25</b>		5:10	11.6 (100%)
2	<b>CICHOŃ Joanna</b>	<b>225</b>	BRAK	K30	4	00:00:04	<b>00:58:56.80</b>	<b>00:59:01.55</b>	+00:07:10 (12.2%)	5:53	10.2 (87.9%)
3	<b>ZOWADA Robert</b>	<b>59</b>		M40	12	00:00:11	<b>01:01:49.35</b>	<b>01:02:01.15</b>	+00:10:02 (16.3%)	6:11	9.7 (83.6%)
4	<b>GAJEWSKI Paweł</b>	<b>111</b>		M40	17	00:00:08	<b>01:07:05.70</b>	<b>01:07:14.45</b>	+00:15:19 (22.8%)	6:42	8.9 (76.7%)
5	<b>ŁOPIAN Michał</b>	<b>39</b>		M18	18	00:00:15	<b>01:09:01.60</b>	<b>01:09:16.75</b>	+00:17:15 (25.0%)	6:54	8.7 (75.0%)
6	<b>KOCOT Patrycja</b>	<b>249</b>		K30	12	00:00:13	<b>01:09:09.20</b>	<b>01:09:22.95</b>	+00:17:22 (25.1%)	6:54	8.7 (75.0%)
7	<b>WOJDAS Izabela</b>			K30	13	00:00:09	<b>01:09:33.75</b>	<b>01:09:43.10</b>	+00:17:47 (25.6%)	6:57	8.6 (74.1%)

Total 7 results.