



SILESIA HIGHLAND MARATHON - 10 KM

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Qualifit
2016-07-30
Nowa Wieś
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DALEWSKA Dalia	259		K30	1	00:00:02	00:47:02.00	00:47:04.65		4:42	12.8 (100%)
2	STAŃCZYK Agnieszka	265	O CO BIEGA W KALETACH	K30	2	00:00:07	00:55:41.00	00:55:48.20	+00:08:39 (15.5%)	5:34	10.8 (84.4%)
3	CENIAWSKA Ewa	220		K30	3	00:00:09	00:55:57.00	00:56:06.95	+00:08:55 (15.9%)	5:35	10.7 (83.6%)
4	CICHON Joanna	225	BRAK	K30	4	00:00:04	00:58:56.80	00:59:01.55	+00:11:54 (20.2%)	5:53	10.2 (79.7%)
5	PYKA Monika	83		K30	5	00:00:07	01:01:15.50	01:01:22.50	+00:14:13 (23.2%)	6:07	9.8 (76.6%)
6	KUŁAKOWSKA Monika	42	W POGONI ZA DUCHEM	K30	6	00:00:09	01:02:08.15	01:02:17.85	+00:15:06 (24.3%)	6:12	9.7 (75.8%)
7	SMOLARCCZYK Agnieszka	234		K30	7	00:00:17	01:04:29.00	01:04:46.50	+00:17:27 (27.1%)	6:26	9.3 (72.7%)
8	BUJOCZEK Magdalena	21	RUNAWAYS	K30	8	00:00:13	01:04:52.10	01:05:05.50	+00:17:50 (27.5%)	6:29	9.2 (71.9%)
9	JARZĘBOWSKA Marlena	36	W POGONI ZA DUCHEM	K30	9	00:00:09	01:05:36.00	01:05:45.55	+00:18:34 (28.3%)	6:33	9.1 (71.1%)
10	PREJS Beata Marta	56	NIGHT RUNNERS	K30	10	00:00:13	01:07:28.85	01:07:42.55	+00:20:26 (30.3%)	6:44	8.9 (69.5%)
11	ZAWADZKA Anna	6		K30	11	00:00:17	01:08:41.65	01:08:59.10	+00:21:39 (31.5%)	6:52	8.7 (68.0%)
12	KOCOT Patrycja	249		K30	12	00:00:13	01:09:09.20	01:09:22.95	+00:22:07 (32.0%)	6:54	8.7 (68.0%)
13	WOJDAS Izabela			K30	13	00:00:09	01:09:33.75	01:09:43.10	+00:22:31 (32.4%)	6:57	8.6 (67.2%)
14	MAZAN Justyna	214		K30	14	00:00:18	01:09:39.50	01:09:58.15	+00:22:37 (32.5%)	6:58	8.6 (67.2%)
15	PIOTROWSKA-TRONINA Joanna	108	TRNX TRIATHLON TEAM	K30	15	00:00:17	01:11:08.25	01:11:25.75	+00:24:06 (33.9%)	7:06	8.4 (65.6%)
16	MAREK Ewa	62		K30	16	00:00:17	01:24:12.25	01:24:29.75	+00:37:10 (44.1%)	8:25	7.1 (55.5%)
17	KRAWCZYK Marta	65		K30	17	00:00:12	01:25:14.90	01:25:27.75	+00:38:12 (44.8%)	8:31	7 (54.7%)
18	JANIGA Beata	75	W POGONI ZA DUCHEM	K30	18	00:00:13	01:41:29.40	01:41:43.05	+00:54:27 (53.7%)	10:09	5.9 (46.1%)

Znaleziono 18 wynik(ów)