



SKRWILNO - PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING - 10 KM

B4SPORT

Wydarzenie: PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING
Organizator: PFNW
Data: 2018-07-22
Miejsce: Skrwilno
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	STILLER Karol	33	KABEX PODKOWA JANÓW	M30-39	1			00:16:25	00:31:59	00:47:32	01:02:36.25		6:15	9.6 (100%)
2	MIELECKA Agnieszka	24	KS IDMAR RACING TEAM	K40-49	1			00:16:17	00:33:04	00:50:04	01:06:36.10	+00:03:59 (6.0%)	6:39	9 (93.8%)
3	HAŁAS Marcin	10	UNIA MIAST	M30-39	2			00:16:35	00:33:25	00:50:16	01:07:45.50	+00:05:09 (7.6%)	6:46	8.9 (92.7%)
4	SZARSZUNOWICZ Mariusz	35	KS METRACO POLKOWICE	M40-49	1			00:16:35	00:33:25	00:50:19	01:07:45.65	+00:05:09 (7.6%)	6:46	8.9 (92.7%)
5	BOGACKI Sławek	6	ULTRA VEGE WALKER - NORDIC WALKER	M40-49	2			00:16:40	00:33:52	00:51:07	01:08:28.65	+00:05:52 (8.6%)	6:50	8.8 (91.7%)
6	BIK Stanisław	4	KS METRACO POLKOWICE	M50-59	1			00:17:03	00:34:31	00:52:02	01:08:44.30	+00:06:08 (8.9%)	6:52	8.7 (90.6%)
7	SPYCHAŁA Lesław	31	CKZIU NYSA MECHANIK	M50-59	2			00:16:33	00:33:48	00:52:03	01:08:44.90	+00:06:08 (8.9%)	6:52	8.7 (90.6%)
8	JASIUKIEWICZ Jacek	12	POZYTYWNI DOBRE MIASTO	M50-59	3			00:16:53	00:34:21	00:52:06	01:09:31.35	+00:06:55 (10.0%)	6:57	8.6 (89.6%)
9	MŁYŃSKI Krzysztof	25	POZYTYWNI DOBRE MIASTO	M40-49	3			00:17:14	00:35:01	00:52:24	01:09:36.45	+00:07:00 (10.1%)	6:57	8.6 (89.6%)
10	ŚWISŁOCKI Bogdan	36	FACE NORDIC WALKING TEAM	M50-59	4			00:16:58	00:34:32	00:52:18	01:09:51.80	+00:07:15 (10.4%)	6:59	8.6 (89.6%)
11	JURCZAK Maciej	14	POZYTYWNI DOBRE MIASTO	M18-29	1			00:17:27	00:35:07	00:53:07	01:11:37.00	+00:09:00 (12.6%)	7:09	8.4 (87.5%)
12	BEM Małgorzata	3	POZYTYWNI DOBRE MIASTO	K40-49	2			00:17:53	00:35:48	00:53:47	01:11:41.90	+00:09:05 (12.7%)	7:10	8.4 (87.5%)
13	BUJNICKI Marcin	7	NORDIC WALKING PASŁĘK	M40-49	4			00:17:48	00:36:10	00:54:31	01:12:51.10	+00:10:14 (14.1%)	7:17	8.2 (85.4%)

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											netto 10km	Różn		
14	SZARSZUNOWICZ Anna	34	KS METRACO POLKOWICE	K30-39	1			00:17:25	00:35:28	00:53:50	01:12:58.90	+00:10:22 (14.2%)	7:17	8.2 (85.4%)
15	PACIORKOWSKI Paweł	29	FUNDACJA SZYBCIEJ WYZEJ DALEJ	M40-49	5			00:17:24	00:35:33	00:54:22	01:13:11.15	+00:10:34 (14.5%)	7:19	8.2 (85.4%)
16	KOCIMSKI Jan	17	KM AKTYWNI SOCHACZEW	M70+	1			00:17:47	00:36:00	00:54:37	01:13:31.70	+00:10:55 (14.9%)	7:21	8.2 (85.4%)
17	BANASZKIEWICZ Kasia	2		K50-59	1			00:17:51	00:36:09	00:55:08	01:14:12.70	+00:11:36 (15.6%)	7:25	8.1 (84.4%)
18	KULIG Henryk	19	K.S. ELBLĄSKIE WŁÓCZY-KIJE	M60-69	1			00:18:14	00:37:11	00:56:16	01:15:16.75	+00:12:40 (16.8%)	7:31	8 (83.3%)
19	LAJTER Jerzy	20	4RUN TEAM PIŁA	M60-69	2			00:18:35	00:37:19	00:56:24	01:15:23.05	+00:12:46 (17.0%)	7:32	8 (83.3%)
20	STAWNIAK Karol	32	KS METRACO POLKOWICE	M70+	2			00:18:39	00:37:26	00:56:22	01:15:54.75	+00:13:18 (17.5%)	7:35	7.9 (82.3%)
21	NOWAK Bartłomiej	26	SAILING TEAM FERAJNA	M40-49	6			00:18:27	00:37:27	00:56:46	01:16:15.65	+00:13:39 (17.9%)	7:37	7.9 (82.3%)
22	KOBIELA Daria	16	KABEX PODKOWA JANÓW	K18-29	1			00:18:56	00:38:00	00:57:06	01:16:17.00	+00:13:40 (17.9%)	7:37	7.9 (82.3%)
23	ZIELIŃSKA Jolanta	41	GOSIR OSIELSKO	K50-59	2			00:17:45	00:36:30	00:56:15	01:16:31.30	+00:13:55 (18.2%)	7:39	7.8 (81.3%)
24	KOŁPAK Jan	324	LKS-ZANTYR	M70+	3			00:18:44	00:37:46	00:57:04	01:16:32.75	+00:13:56 (18.2%)	7:39	7.8 (81.3%)
25	WIERZBA Lilla	39	PASJA NORDIC WALKING	K50-59	3			00:18:47	00:37:45	00:57:07	01:17:11.15	+00:14:34 (18.9%)	7:43	7.8 (81.3%)
26	KOSECKA Katarzyna	18	FORMA NA PIĄTKĘ NW	K50-59	4			00:18:53	00:38:26	00:58:43	01:19:02.65	+00:16:26 (20.8%)	7:54	7.6 (79.2%)
27	JEDYNAK Stanisław	13	PASJA NORDIC WALKING	M70+	4			00:19:21	00:39:27	00:59:57	01:20:18.45	+00:17:42 (22.0%)	8:01	7.5 (78.1%)
28	GWAREK Anita	9	PASJA NORDIC WALKING	K40-49	3			00:18:48	00:38:17	00:59:23	01:20:25.90	+00:17:49 (22.2%)	8:02	7.5 (78.1%)
29	TOMASZEWSKA Mariola	37		K50-59	5			00:19:36	00:39:40	01:00:04	01:20:31.40	+00:17:55 (22.3%)	8:03	7.5 (78.1%)
30	WEGIERA Grzegorz	38	ROXKIJE ROKIETNICA	M40-49	7			00:19:55	00:39:59	01:00:10	01:20:46.50	+00:18:10 (22.5%)	8:04	7.4 (77.1%)
31	ADAMOWICZ Andrzej	1		M70+	5			00:19:55	00:40:26	01:00:57	01:21:30.65	+00:18:54 (23.2%)	8:09	7.4 (77.1%)
32	BŁASZCZAK Stanisław	5		M70+	6			00:20:08	00:40:45	01:01:18	01:21:31.10	+00:18:54 (23.2%)	8:09	7.4 (77.1%)
33	MAŁKIEWICZ Jacek	21		M50-59	5			00:19:21	00:40:06	01:00:57	01:21:31.85	+00:18:55 (23.2%)	8:09	7.4 (77.1%)
34	WIĘCKOWSKI Janusz	40		M40-49	8			00:19:59	00:40:08	01:01:02	01:21:33.85	+00:18:57 (23.2%)	8:09	7.4 (77.1%)
35	CHOLEWKA Jolanta	8	MARSZ PO ZDROWIE POZNAŃ	K60-69	1			00:20:15	00:40:49	01:01:33	01:22:15.45	+00:19:39 (23.9%)	8:13	7.3 (76.0%)
36	POSTEK Danuta	30	MARSZ PO ZDROWIE POZNAŃ	K50-59	6			00:20:16	00:40:51	01:01:34	01:22:18.00	+00:19:41 (23.9%)	8:13	7.3 (76.0%)

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37	OMARSKA Grażyna	28	PASJA NORDIC WALKING	K60-69	2			00:20:17	00:40:52	01:01:36	01:22:19.60	+00:19:43 (24.0%)	8:14	7.3 (76.0%)
38	MARCZYK Jerzy Paweł	22	FACE NORDIC WALKING TEAM	M60-69	3			00:20:56	00:42:39	01:04:40	01:26:45.15	+00:24:08 (27.8%)	8:40	6.9 (71.9%)
39	TOMCZAK Ewa	206	----	K30-39	2			00:22:15	00:44:07	01:07:14	01:29:33.80	+00:26:57 (30.1%)	8:57	6.7 (69.8%)
40	KALENKIEWICZ Dariusz	15	K.S. ELBLĄSKIE WŁÓCZY-KIJE	M50-59	6			00:21:39	00:43:57	01:07:16	01:31:17.45	+00:28:41 (31.4%)	9:07	6.6 (68.8%)
41	DŁUGOKĘCKI Krzysztof	89		M60-69	4			00:21:52	00:43:57	01:07:17	01:31:18.80	+00:28:42 (31.4%)	9:07	6.6 (68.8%)

Znaleziono 41 wynik(ów)