



SKRWILNO - PUCHAR ZIEMI DOBRZYŃSKIEJ NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-07-31
Miejsce: Skrwilno
Dystans: 10 km



Klasyfikacja: M40-49

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 2.5km | 5km | 7.5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|----------------------|-----------|------|----------------|-----------------|----------------|----------|----------|----------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 1 | WARUSZEWSKI Karol | 475 | BIEGAJĄCY TCZEW | M40-49 | 1 | | | 00:03:49 | 00:18:14 | 00:36:56 | 00:55:26 | 01:13:37.05 | 01:17:26.25 | | 7:21 | 8.2 (100%) |
| 2 | KRZYŻANOWSKI Robert | 484 | | M40-49 | 2 | | | 00:03:48 | 00:18:16 | 00:37:01 | 00:56:26 | 01:15:58.95 | 01:19:47.05 | +00:02:21 (3.1%) | 7:35 | 7.9 (96.3%) |
| 3 | BUJNICKI Marcin | 463 | | M40-49 | 3 | | | 00:03:48 | 00:19:35 | 00:39:53 | 01:00:41 | 01:22:20.85 | 01:26:09.25 | +00:08:43 (10.6%) | 8:14 | 7.3 (89.0%) |
| 4 | NOWAKOWSKI Adam | 488 | | M40-49 | 4 | | | 00:03:48 | 00:19:58 | 00:41:03 | 01:02:34 | 01:25:16.95 | 01:29:05.65 | +00:11:39 (13.7%) | 8:31 | 7 (85.4%) |
| 5 | STRZELECKI Sebastian | 474 | SAILING TEAM FERAJNA | M40-49 | 5 | | | 00:03:49 | 00:20:50 | 00:42:46 | 01:04:51 | 01:26:27.05 | 01:30:16.05 | +00:12:50 (14.8%) | 8:38 | 6.9 (84.1%) |
| 6 | BIŃCZYK Jacek | 485 | | M40-49 | 6 | | | 00:03:49 | 00:21:49 | 00:43:13 | 01:04:44 | 01:26:30.35 | 01:30:19.75 | +00:12:53 (14.9%) | 8:39 | 6.9 (84.1%) |

Znaleziono 6 wynik(ów)